



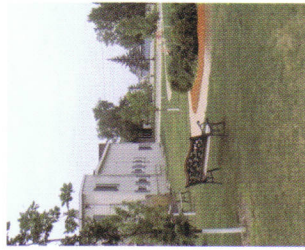
Welcome to

Gladstone

The city of Gladstone is located on the picturesque shores of Little Bay de Noc. Boasting a population of over 5,000, we have the small town quality and hospitality that the Upper Peninsula is known for. Our location offers our residents and visitors numerous activities along with fall color tours and warm summers making Gladstone a "Year Round Playground" with something for everyone.

DOWNTOWN

Gladstone offers a unique shopping experience with over 40 retailers located in our quaint Victorian business district. Located just a few blocks from the beautiful shores of Lake Michigan, downtown offers easy access to dining, shopping, entertainment and recreation.



SEASONAL ACTIVITIES abound in the City of Gladstone, your "Year Round Playground", with a variety for all ages and interests. In winter the Gladstone Sports Park features skiing, snowboarding and tubing while ice fishing is extremely popular on Little Bay de Noc. In summer live music and the Gladstone Farmers' Market are featured in Van Cleve Park. Autumn offers an opportunity to view the brilliant fall colors of the U.P. and in spring walleye and perch fishing tournaments take center stage.



Healthy Walking Tips—Step Off!

It takes approximately 20 steps to walk off one calorie. Here is a look at some of our favorite foods:

- Can of Pop 3,020 steps
- 10 French Fries 2,000 steps
- Slice of Pizza 6,900 steps
- Small Bags of Chips 2,800 steps
- Bag of M&M's 4,800 steps
- Super Big Gulp 12,000 steps
- Super-Sized Big Mac Meal 35,080 steps

A healthy adult should aim for 10,000 steps a day. Stepping it up to lose weight can not win the battle of the bulge alone. Sound nutrition and good exercise are the keys to success.

Information provided by the Delta County Health Department



Bicycle Safety Tips and Laws

As a general rule, bicyclists must obey the same traffic laws as vehicle drivers. The following laws and safety rules are important for bicyclists:

- Obey all traffic signals, pavement markings and directions.
- Use hand signals to let drivers know your intentions.
- Bicycling after dark is very hazardous. Bicycles must be equipped with a front light that reaches 500 feet and a rear, red reflector.
- Wearing light-colored, reflective clothing increases your visibility to others during the day and night.
- Learn to look over your shoulder without losing your balance.
- Biking may not be permitted on every road and trail. Check for bicycle restrictions on any new trail before starting out.
- Always lock your bicycle when it is parked. Register your bicycle with your local police department. Be sure to keep your bike's serial number in a safe place.

Contact Numbers

Public Safety 911 for emergency
Police 906-428-3131
Fire 906-428-4242
City Clerk 906-428-2311
Recreation Office 906-428-9222
Sports Park (Seasonal) 906-428-9130
Campground (Seasonal) 906-428-1211
Harbormaster (Seasonal)	... 906-428-2916



GLADSTONE
"Year Round Playground"

www.gladstonemi.org

City of

GLADSTONE

Parks & Trails



City of Gladstone

This map depicts paths that are low to moderate in difficulty. Not all are ADA accessible. Users assume risk for their own safety when using the routes indicated on this map.

WALKING & BIKING

Bluffs Edge Loop—1.4 miles. The higher elevation of this loop offers an outstanding scenic view of Little Bay de Noc. You can relax for a moment and take in the extraordinary view from one of the many benches and scenic overlooks along this path.

Delta Avenue Loop—1.75 miles. If you enjoy walking and shopping, you are sure to love walking along Delta Avenue. This loop explores all of the gems that are known as Gladstone's shops, restaurants, pocket parks, and historic city hall building.

The Highlands Loop—2.8 miles. This relaxing loop winds past the Gladstone Sports Park and offers a spectacular view of the city of Gladstone and Little Bay de Noc. Along your peaceful journey, you will see unspoiled nature at its finest.

Kipling Nature Preserve—3.4 miles. Blue Herons, mallards, and other animals are a common sight along this path that parallels Little Bay de Noc. Be sure and wave to those fishing along your way.

Saunders Point Wilderness Loop—2.2 miles. See wetlands and wildlife as you walk along the boardwalk that follows Little Bay de Noc. This path will also take you inland through the city's campground and past the 5th Street Park.

MUNICIPAL PARKS

East Buckeye Playground—Age appropriate 2-12 years.

5th Street Park—A charming neighborhood park that has swings, slides, basketball courts and a picnic area that will welcome any passerby.

Gladstone Sports Park—If you want to try a 1080, our half pipe is the place to be in the winter. It is complete with five ski / snowboard runs and three tubing runs. Baseball fields are located across the street.

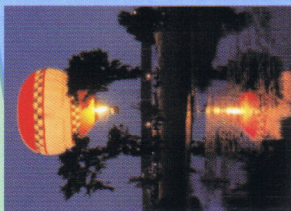
Pfotenhauer Park—Tennis courts and recreation center.

Veteran's Park—"Some Gave All" This park is dedicated to those who made the ultimate sacrifice. The granite wall lists all Delta County residents who died since the Spanish-American war.

West Buckeye Playground—Age appropriate 2-12 years.

Wintergreen Park—This is a quaint park for toddlers. It has a small slide, climbing structure, and picnic area.

PATH CONNECTORS



Balloons Over the Bay



Little Bay de Noc



Van Cleve Park

Saunders Point Wilderness Loop



10th Street Fishing Pier—Located at the mouth of the harbor, this structure allows fisherman the opportunity to fish deep waters without a boat.



Van Cleve Park—The jewel of Gladstone is the park that was home to the first "Robert Leather" wooden play structure in the U.P. The park has a guarded beach complete with restrooms, and indoor and outdoor showers. The harbor is fully functional and has fuel stations; public launch, pump out facility, and a harbor master available 12 hours of the day. The park also contains soft sand volleyball courts, baseball diamond, skate park, pavilions, and plenty of picture perfect space to laugh and play in.