FOR IMMEDIATE RELEASE
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Contact: Megan Hoffman
Assistant to the Village Manager
(847) 461-1104
mhoffman@villageofglencoe.org

VILLAGE AND FAMILY SERVICE OF GLENCOE PARTNER TO
PROMOTE SUICIDE PREVENTION AWARENESS MONTH

(Glencoe, Illinois) — The Village of Glencoe and Family Service of Glencoe (FSG) have partnered to promote National Suicide Prevention Awareness Month throughout September. Together the organizations are working to help eliminate the stigma of suicide in our community by providing educational materials on the risk factors and warning signs of suicide, and by encouraging positive discussion around and the use of mental health resources.

The American Foundation for Suicide Prevention reports that over 44,000 Americans die by suicide each year, and in Illinois, one person dies by suicide every six hours. One in five Americans adults and children will experience a mental health condition in their lifetime, yet, many of those people who die by suicide never seek out or receive effective mental health services.

“Because of the stigma surrounding mental health and suicide, too many people who are struggling remain silent and never connect with the mental health treatment they need,” explained Kathy Livingston, LCSW, Clinical Director of Family Service of Glencoe. “Sometimes all it takes is one conversation from a friend, family member or colleague to help convince someone to seek professional help. It’s as easy as saying “I’m concerned about you” or “I’ve noticed you seem different lately, is everything okay?”

The message is simple: if you see something, say something. All community members are encouraged to take time this month to review the information and links to more resources available on the Family Service of Glencoe website at www.familyserviceofglencoe.org. Materials include lists of risk factors and warnings signs, and tips for starting those hard conversations.

The community is reminded that in emergencies call 911 or go directly to the nearest hospital emergency room. If in a crisis, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255) or text TALK to 74174.

Members of the media may contact Family Service of Glencoe Executive Director William Hansen at william@familyserviceofglencoe.org / (847) 835-5111 for more information.

ABOUT FAMILY SERVICE OF GLENCOE: Rooted in Glencoe for more than 100 years, Family Service of Glencoe strengthens our community through highly confidential services that prevent and treat emotional and psychological problems. Services include counseling to individuals and families; community education; crisis intervention; senior
housing assistance and more. To receive help or become a supporter of this non-profit organization, visit
www.familyserviceofglencoe.org.

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