FOR IMMEDIATE RELEASE

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VILLAGE AND FAMILY SERVICE OF GLENCOE PARTNER TO PROMOTE SUICIDE PREVENTION AWARENESS MONTH

Glencoe, Illinois — The Village of Glencoe and Family Service of Glencoe (FSG) have partnered once again to promote National Suicide Prevention Awareness Month throughout September. Together the organizations are working to help eliminate the stigma of suicide in our community by providing educational materials on the risk factors and warning signs of suicide, and by encouraging positive discussion around and the use of mental health resources.

The American Foundation for Suicide Prevention reports that death by suicide is currently the 11th leading cause of death in Illinois each year and that suicide is the 3rd leading cause of death for those ages 15 – 34 and, on average, one person dies by suicide every six hours in our state.

“Because of the stigma surrounding mental health and suicide, too many people who are struggling remain silent and never connect with the mental health treatment they need,” explained Kathy Livingston, LCSW, Clinical Director of Family Service of Glencoe. “Sometimes all it takes is one conversation from a friend, family member or colleague to help convince someone to seek professional help. It’s as easy as saying “I’m concerned about you” or “I’ve noticed you seem different lately, is everything okay?”

The message is simple: if you see something, say something. All community members are encouraged to take time this month to review the information and links to more resources available on the Family Service of Glencoe website at www.familyserviceofglencoe.org. Materials include lists of risk factors and warning signs, and tips for starting those hard conversations.

The community is reminded that in emergencies call 911 or go directly to the nearest hospital emergency room. If in a crisis, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255) or text TALK to 74174.

Members of the media may contact Family Service of Glencoe Director of Development and Communications at noe@familyserviceofglencoe.org / (847) 835-5111 for more information.

ABOUT FAMILY SERVICE OF GLENCOE: Rooted in Glencoe for more than 100 years, Family Service of Glencoe strengthens our community through highly confidential services that prevent and treat emotional and
psychological problems. Services include counseling to individuals and families; community education; crisis intervention; senior housing assistance and more. To receive help or become a supporter of this non-profit organization, visit www.familyserviceofglencoe.org.

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