Children & Youth Mental Health Services

24-HOUR CRISIS HOTLINES/INFORMATION

INFOLINE ......................................................................................................................... 211
Website .............................................................................................................................. www.infoline.org
Children’s Emergency Mobile Crisis Services ................................................................. 211
DCF Hotline ..................................................................................................................... 1-800-842-2288
CT Young adult website ................................................................................................. www.turningpointct.org
National Suicide Prevention Lifeline ................................................................................ 1-800-273-TALK (8255)

MENTAL HEALTH TREATMENT SERVICES

Catholic Charities (children, adolescents, families and adults) ........................................... 203-743-4412
CT Institute for Communities (CIFC) Community Health Center .................................. 203-797-8330
CT Junior Republic (CJR) (Danbury program) .................................................................. 203-797-8575
Assessment, individual therapy, respite, Multi-systemic Family Therapy
Additional services through Juvenile probation
Danbury Hospital Center for Child & Adolescent Treatment Services .......................... 203-830-6082
Danbury Youth Services .................................................................................................. 203-748-2936
Family & Children’s Aid ................................................................................................. 203-748-5689
Outpatient for children and adolescent, individual, family, groups
Parents’ support groups in English and Spanish
Newtown Youth and Family Services, Sandy Hook ......................................................... 203-270-4335
Wellmore: Intensive home-based services ...................................................................... 203-797-9778
Urgent care, counseling, referral/Emergency Mobile Psychiatric Services ......................... 211
Western CT Health Network:
Individual and Medication management through W. CT Medical Group ................. 203-791-5140
Center for Child and Adolescent Treatment Services: IOP for Adolescents .............. 203-830-6082

SUBSTANCE ABUSE TREATMENT SERVICES

Family & Children’s Aid: A Better Choice (ABC) Program (ages 13-18) ....................... 203-748-5689
Adolescent Outpatient Substance Abuse Treatment, Prevention and Education; Individual, family,
Parenting sessions, groups for male and female adolescents, Multi-family events

FAMILY SUPPORT

NAMI – Connecticut ........................................................................................................ 1-800-215-3021
FAVOR ............................................................................................................................... 860-563-3232

USEFUL WEBSITES

Access Health CT ............................................................................................................... www.accesshealthct.com
Autism Services and Resources Connecticut ................................................................. http://www.autismconnecticut.org
CT Clearinghouse ........................................................................................................... www.ctclearinghouse.org
CT Behavioral Health Website: (find services by type and by location) ....................... www.ct.networkofcare.org
CT Department of Children and Families........................................................................ www.ct.gov/dcf
Infoline ............................................................................................................................. www.infoline.org
National Alliance on Mental Illness (NAMI) .................................................................... www.nami.org
National Institute of Mental Health ................................................................................ www.nimh.nih.gov
Mental Health America .................................................................................................. www.mentalhealthamerica.net
National Federation of Families for Children’s Mental Health ........................................ www.ffcmh.org