SHERMAN COMMISSION ON AGING

Regular Monthly Meeting Minutes

Monday, 26 June 2017, 6:00 PM

Mallory Town Hall

Members Present: Chairman, J.Wey, R.Hudson, S.McMahon, E.Hayes, J.McRoberts, A.Jellen

Members Absent: J.Garcia

Also: L. Whitney, clerk, S. Berger

Call to Order: Chairman, J.Wey called the meeting to order at 6:00 PM

Approval of Minutes:**Correction added to 15 May 2017 minutes to reflect that the WHEELS senior driving service is used in New Milford, Bridgewater, Roxbury and Sherman.

Move to approve minutes with above correction by J.McRoberts

Seconded by: E.Hayes

Vote for: unanimous

Senior Center/Social Services Report:

S.Berger delivered the following report from B.Trott:

Attendance at the Senior Center activities show the need for more space. Seven new volunteers have been trained for the Reach Out Program. A survey has been prepared for seniors to assess the need for help with home repairs. J.McRoberts mentioned that this has been done before but then dropped. S.Berger did not know why the help with home repairs had been discontinued.

S.Berger reported that the Senior Center van is currently out of service as the AC is in need of service. It is under warranty but the service completion date is not yet known. S.Berger is organizing car pools and has had to cancel some rides.

The new Senior Center calendar is coming out in the Town Tribune this Thursday.

There will be a Luau dinner in New Milford on July 14, 2017 at the MAXX. Admission is $15.00

A teen has expressed interest in presenting a variety show at the Senior Center.

On 10/16/17 Commissioner Ritter will be speaking in New Milford at 10:30 AM.

S.Berger attended a conference which featured a keynote speaker who collects data regarding the positive effects of a Senior Center. The data tracks new members and collects information regarding the impact of the seniors' involvement in the Senior Center on the individual's overall health. Evidence based data makes it easier to show the benefits of an active Senior Center.
The Senior Center is also planning to begin a meal program where seniors can come for lunch at the Senior Center. This is scheduled to take place once a week beginning in the fall. This will provide seniors an alternative to eating alone. The menus will hopefully be provided in advance. Seniors will need to reserve a spot. The cost for lunch will be $2.50. The bus will be available to provide rides.

This will not eliminate the lunches at the American Pie.

S. Berger also made contact with a company that sells CT. coffee and teas. The products are individually packaged. They deliver, use and maintain their own machines.

S. Berger is investigating Tour Companies to provide tours for Sherman seniors that go beyond the trips currently offered.

Old Business:

R. Smith and M. McLachlan are scheduled to speak at the New Fairfield Senior Center on 6/29/17 at 6:30 PM. The Sherman COA will invite them to speak and answer questions at the Sherman firehouse in an event open to the public after the state budget is approved. This will ideally take place in July after the 17 July 2017 COA meeting. The event will be scheduled for early evening.

Art Show Update:

E. Hayes contacted 5 participants, 4 are confirmed for the show.

J. McRoberts has 5 confirmed participants and 2 possible participants.

S. McMahon has 1 confirmed participant and 1 possible participant.

J. Wey has 6 confirmed participants and 1 possible participant.

The COA is still looking for some less known talents from around town. Part time residents over age 55 are welcome. J. Wey and S. McMahon will send out flyers asking for interest in participation in the art show.

The library and the COA each need a liability release signed by all participants. R. Hudson presented the release for the library and one for the COA. The release forms will be available on the Senior Center website. The library release form includes their policy regarding the sale of any art work on display in the library, in which the library is due 30% commission from the sale. The library release is the primary document as the library is the venue for the art show.

Art work will be listed in a book at the show. The work will be numbered and the book will list, by those numbers: the artist, the title and medium of the piece, and a brief bio if the artist chooses to include one.

Set up for the art show will be on 18 Aug. 2017. Work can be dropped off at the library prior to that date.

The Senior Center will provide transportation to the art show on 22 Aug. 2017 and the artists will be invited on that day to meet with the seniors.

Date of Art Show reception is to be determined at the next meeting.
The flu vaccine offered this year will be the quadrivalent flu vaccine.

New Business:
Thursday, 29 June 2017 is Senior Night at the Sherman Playhouse. The production is HAIR.

Adjournment:

R. Hudson moved to adjourn the meeting at 7:00 PM
J. McRoberts seconded the motion
Meeting was unanimously adjourned
The next meeting will be 17 July 2017 at 6:00 PM

Respectfully submitted by,

Linda Whitney

Linda Whitney

26 June 2017