



AUGUSTA, MAINE

# AGE-FRIENDLY RESOURCE GUIDE





**DOMAIN 1:** COMMUNITY SUPPORT & HEALTH SERVICES ..... 4

**DOMAIN 2:** TRANSPORTATION..... 10

**DOMAIN 3:** HOUSING..... 11

**DOMAIN 4:** SOCIAL PARTICIPATION & EDUCATION ..... 13

**DOMAIN 5:** OUTDOOR SPACES & BUILDINGS..... 14

**DOMAIN 6:** CIVIC PARTICIPATION & EMPLOYMENT ..... 15

**DOMAIN 7:** RESPECT & SOCIAL INCLUSION ..... 17

**DOMAIN 8:** COMMUNICATION & INFORMATION..... 18



AUGUSTA, MAINE  
**AGE-FRIENDLY  
RESOURCE GUIDE**



**Supporting the desire of older adults to remain in their communities as they age is a foundational goal of the AARP Network of Age-Friendly Communities.** An “age-friendly” community is a livable community, one that provides the services and supports that make the town, city or neighborhood a great place for people of all ages.

This resource guide was developed to support Age-Friendly communities in providing their residents with access to important resources. The guide is organized according to the “8 Domains of Livability” that have been found to be aspects of community life that are essential to the health and well-being of older adults.

We hope you will find this guide to be a useful and helpful tool that allows you to more easily connect to supports and services that will assist you in aging well in your community.



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## **CITY OF AUGUSTA RESOURCES**

### **PUBLIC SAFETY**

*IN AN EMERGENCY, CALL 911*

#### **Augusta Police Department**

*Programs of Note:* Coffee with a Cop; Prescription Drop Box; Fraud and scam prevention/awareness; Volunteers in Police Service Program

**33 Union Street  
Augusta, ME 04330  
207-626-2370  
TDD 207-626-3003  
Anonymous Tip Line:  
207-620-8009  
www.augustamaine.gov**

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#### **Augusta Fire Department**

**369 Water Street  
Augusta, ME 04330  
207-626-2421  
www.augustamaine.gov**

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### **HEALTH CARE (LOCAL CARE PROVIDERS)**

#### **MaineGeneral Medical Center Alfond Center for Health**

**35 Medical Center Parkway  
Augusta, ME 04330  
207-626-1000 to reach the  
switchboard  
www.mainegeneral.org/Pages/  
Care-and-Services-A-Z.aspx**

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#### **MaineGeneral Express Care**

**15 Enterprise Drive  
Augusta ME 04330  
207-621-8880**

[www.mainegeneral.org/pages/  
Care-and-Services-A-Z/Family-  
Medicine/MGMC-Express-Care.aspx](http://www.mainegeneral.org/pages/Care-and-Services-A-Z/Family-Medicine/MGMC-Express-Care.aspx)

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#### **Concentra Urgent Care**

**219 Capitol Street #2  
Augusta, ME 04330  
207-629-5005  
www.concentra.com/urgent-care-  
centers/maine/augusta-urgent-  
care**

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### **REHABILITATION SERVICES (PT, OT, & CHIROPRACTIC SERVICES)**

#### **MaineGeneral Medical Center Occupational & Physical Therapy**

**15 Enterprise Drive  
Augusta, ME 04330  
207-621-7500  
www.mainegeneral.org/Pages/  
Care-and-Services-A-Z.aspx**

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#### **Capitol City Chiropractor**

**66 Eastern Avenue  
Augusta, ME  
207-620-8291  
capitalcitychiro.net**

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#### **Southier Chiropractic Associates**

**46 Bangor Street  
Augusta, ME  
207-622-0131  
www.southierechiropractic.com**

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#### **Nadeau Chiropractic & Wellness Center**

**3 Health Drive  
(Located off Route 3)  
Augusta, ME 04330  
207-623-0720  
www.nadeauchiropractic.com**

### **BEHAVIORAL HEALTH & COUNSELING SERVICES**

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#### **Riverview Psychiatric Center**

**Maine DHHS  
250 Arsenal Street  
Augusta, ME  
*Available Programs:* Clinical  
evaluation, intensive residential  
treatment for significant mental  
health issues; follow-up treatment  
and recovery supports for patients  
and family members  
**207-624-4600  
www.maine.gov/dhhs/riverview****

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#### **MaineGeneral Outpatient Counseling**

**Augusta, ME 04330  
*Services:* Clinical assessment/  
evaluation; outpatient services;  
referral as needed to other MG  
programs, including in-patient  
detoxification and long term  
residential treatment, as needed  
**1-877-777-9393  
www.mainegeneral.org/  
Pages/Care-and-Services-A-Z/  
Mental-Health-and-Substance-  
Abuse/Outpatient-Treatment/  
MaineGeneral-Counseling.aspx****

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#### **Capitol Clubhouse**

**37 Stone Street  
Augusta, ME 04330  
*Services:* A local community center,  
linked to Kennebec Behavioral  
Health, offering people who  
have mental illness hope and  
opportunities to achieve their full  
potential  
**207-629-9080  
www.capitol-clubhouse.org****

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#### **Crisis and Counseling, Inc.**

**10 Caldwell Road  
Augusta, ME 04330  
*Services:* Crisis assessment, detox  
services, outpatient services,  
including the Later Life Counseling  
program provides senior-focused**

behavioral health services to adults aged 65 and older  
207-626-3448  
Crisis Phone Line: 1-888-568-1112  
crisisandcounseling.org

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### **Kennebec Behavioral Health**

**66 Stone Street**  
**Augusta, ME 04330**  
*Services:* Includes outpatient services; community integration services; independent, transitional, and supported housing  
207-626-3455  
www.kbhmaine.org

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### **Motivational Services, Inc.**

**71 Hospital Street**  
**Augusta, ME 04330**  
*Services:* Includes mental health care, residential living, supported living, case management and employment programs. Includes the LINC Wellness and Recovery Center at 38 Memorial Drive.  
207-626-3456  
mocomaine.com

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## HOME CARE & HOSPICE

### **Beacon Hospice**

**Commerce Drive**  
**Augusta, ME**  
1-800-467-7423  
www.beaconhospice.com

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### **Bridges Home Care**

**Spectrum Generations**  
**One Weston Court**  
**Augusta, ME 04330**  
1-888-865-2903  
Fax: 207-623-0815  
www.homehealthcareagencies.com/directory/me/augusta/bridges-home-care/55941

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### **Kennebec Pharmacy & Home Care**

**43 Leighton Road**  
**Augusta, ME 04330**  
**11 Medical Center Parkway**

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**Augusta, ME 04330**  
207-626-2726  
www.mainegeneral.org/Pages/Care-and-Services-A-Z/HomeCare-and-Hospice/Kennebec-Pharmacy-and-Home-Care.aspx

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### **MaineGeneral HomeCare & Hospice**

**10 Water Street, Waterville**  
1-800-670-6959  
www.mainegeneral.org/Pages/Care-and-Services-A-Z/HomeCare-and-Hospice.aspx

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### **Aging Excellence**

**183 State Street**  
**Augusta ME 04330**  
207-512-8894  
www.seniorsonthego.com

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### **Goold Health Systems, Inc.** *(Transitioning to Change Healthcare)*

**45 Commerce Drive, Suite 5**  
**PO Box 1090**  
**Augusta, ME 04330**  
1-800-609-7893  
changehealthcare.com/ghs

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### **Day Health & Respite Program Alzheimer's Care Center**

*Services:* Overnight respite and/or adult day services for individuals with Alzheimer's disease and their families, regardless of income level. Transportation to adult day services is provided.  
207-626-1770  
www.mainegeneral.org/Pages/Care-and-Services-A-Z/Seniors/Alzheimers-Care.aspx

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## DENTISTRY

### **Aspen Dental**

**102 Western Avenue**  
**Augusta, ME 04330**  
1-866-350-2474  
www.aspendental.com

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### **Bryant Dental Care**

**59 Davenport Street**  
**Augusta, ME 04330**  
207-621-1111  
www.bryantdentalcare.com

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### **Capitol Dental Care**

**278 State Street**  
**Augusta, ME 04330**  
207-622-9215  
capitoldentalme.com

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### **Dunn Dental Arts**

**221 Eastern Avenue #1**  
**Augusta, ME 04330**  
207-622-3144

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### **Evergreen Dental Associates**

**281 Western Avenue**  
**Augusta, ME 04330**  
207-622-0861  
www.evergreendental.net

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### **David Grody Dental**

**2689 North Belfast Avenue**  
**Augusta, ME 04330**  
207-494-5229  
www.davegrodydental.com

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### **Kennebec Valley Dental Center**

**269 Water Street #1**  
**Augusta, ME 04330**  
207-623-3400

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### **New England Denture Centers**

**12 Shuman Avenue, Suite 1**  
**Augusta, ME 04330**  
207-621-2904  
nedenturecenter.com/offices/augusta

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## EYE CARE

### **Smart EyeCare Center**

**255 Western Avenue**  
**Augusta, ME 04330**  
207-622-5800  
www.smarteyecare.com

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**Atlee Gleaton Eye Care**  
227 Eastern Avenue  
Augusta, ME 04330  
207-622-3185  
atleegleaton.com

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**Rodrigue EyeCare Center**  
58 State Street  
Augusta, ME 04330  
207-623-5099  
www.rodriqueeyecare.com

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## PHARMACY

**Kennebec Pharmacy  
& Home Care**  
43 Leighton Road  
Augusta ME 04330  
11 Medical Center Parkway  
Augusta, Maine 04330  
1(888) 463-8083 or 207-626-2726  
kennebecpharmacy.com

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**Shaw's Pharmacy**  
150 Western Avenue  
Augusta, ME 04330  
207-623-4520  
www.shaws.com/  
pharmacy/?gclid=CO\_  
rwZKYmtMCFRW2wAodi5  
UNJA&dclid=CMaY2ZK  
YmtMCFRdIAQodPYMJFg

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**Wal-Mart Pharmacy**  
201 Civic Center Drive,  
Augusta, ME 04330  
207-623-5144  
www.walmart.com

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**CVS Pharmacy – 3 Locations**

1. Target – 119 Crossing Way  
Augusta, ME 04330  
207-622-8001
2. 165 Capitol Street,  
Augusta, ME 04330  
207-623-1170
3. 2 Stone Street  
Augusta, ME 04330  
207-623-4181

www.cvs.com

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**Rite Aid – 2 Locations**

1. 83 Hospital Street  
Augusta, ME 04330  
207-623-1414
2. 2007 North Belfast Avenue  
Augusta, ME 04330  
207-622-2626

www.riteaid.com

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**Hannaford Pharmacy  
– 2 Locations**

1. 29 Whitten Road  
Augusta, ME 04330  
207-622-3148
2. 118 Cony Street  
Augusta, ME 04330  
207-621-2574

www.hannaford.com

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## FOOD ASSISTANCE

**Augusta Food Bank**  
9 Sumner Street  
Augusta, ME 04330  
*Services:* Food pantry, available for a  
portion of the day, four days a week  
207-622-5225  
www.augustafoodbank.org

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**Apostolic Church Food Bank**  
500 Western Avenue  
Augusta, ME 04330  
*Services:* Limited food provided,  
upon request, when available at  
the church  
207-622-1414

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**RiverRock Christian  
Fellowship Food Bank**  
65 River Road  
Chelsea, ME 04330  
*Services:* Food bank available  
part of the day on Monday and  
Wednesday  
207-622-7031  
riverrockfellowship.net

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**Salvation Army Food Bank**  
36 Eastern Avenue  
Augusta, ME 04330  
*Services:* Food bank available once  
a month. Initial referral is through  
local General Assistance office.  
207-623-3752  
nne.salvationarmy.org/Capital-  
Region

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**Spectrum Generations  
William S. Cohen Community  
Center Food Services**  
22 Town Farm Road  
Hallowell, ME 04347  
*Food Services:*

- > Home delivered meals (Meals  
on Wheels; Maine-ly Delivered  
Meals)
  - > AniMeals (food for pets)
  - > Commodities Supplemental  
Food Program (once a month)
  - > Community Dining (available  
weekdays from 11 a.m. – 12:30  
p.m. at the Cohen Center)  
207-626-7777  
www.spectrumgenerations.org/  
meals-wheels
- 

**Bread of Life Soup Kitchen**  
157 Water Street  
Augusta, ME 04330  
*Services:* Provides lunch, 6 days a  
week to low-income people  
207-621-2541  
www.mainebreadoflife.org/bolms-  
services/soup-kitchen/

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## KENNEBEC COUNTY RESOURCES

### PUBLIC SAFETY

**Kennebec County  
Sheriff's Office**  
125 State Street,  
Augusta, Maine 04330

*Available Programs:* Drug Take Back Program with AARP; Fraud and scam prevention/awareness; 207-623-3614  
[www.kennebecso.com](http://www.kennebecso.com)

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## AGING AND DISABILITY SERVICES

### MaineGeneral HomeCare & Hospice

10 Water Street  
Waterville, ME 04901  
1-800-670-6959

[www.mainegeneral.org/Pages/Care-and-Services-A-Z/HomeCare-and-Hospice.aspx](http://www.mainegeneral.org/Pages/Care-and-Services-A-Z/HomeCare-and-Hospice.aspx)

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### Spectrum Generations Cohen Center (Local Agency on Aging)

22 Town Farm Road  
Hallowell, ME 04347

*Services Summary:* Provides a single, coordinated system of information and access for all persons seeking long-term supports and services. Includes information about the complete spectrum of private and public long-term care options that can help aging adults make informed choices about living safely at home.

An overview of ADRC information topics provided to seniors, adults with disabilities, and caregivers:

- > Nutrition services
- > Dementia services
- > Caregiver services and supports
- > Legal and protective services
- > Medicare counseling
- > Money management

Of special interest: Spectrum provides training and consultation to people transitioning from Marketplace insurance to Medicare.

207-626-7777

[www.spectrumgenerations.org/service-map/kennebec](http://www.spectrumgenerations.org/service-map/kennebec)

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## STATE OF MAINE RESOURCES

### PUBLIC SAFETY

#### Maine State Police

45 Commerce Drive  
Augusta, ME 04330  
207-626-3800  
Emergency Contacts: 207-624-7076  
or 1-800-452-4664  
[www.maine.gov/dps/msp](http://www.maine.gov/dps/msp)

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### HEALTH CARE

#### Get Better Maine

*Services:* A program of the Maine Health Management Coalition (MHMC), which provides public information on Maine doctors and hospitals in order to allow people to make informed decisions about the care they receive. Their website offers comparative ratings on providers and hospitals in your area as well as health resources for consumers and caregivers.

207-844-8106

[www.getbettermaine.org](http://www.getbettermaine.org)

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#### Maine Alzheimer's Association

383 US Route One, Suite 2C  
Scarborough, ME 04074

*Services:* The Maine chapter of the Alzheimer's Association. Provides information and support for people with Alzheimer's disease and their caregivers. Operates a 24/7 toll-free help line.

207-772-0115

24/7 toll-free: 1-800-272-3900

[www.alz.org/maine](http://www.alz.org/maine)

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#### Maine Center for Disease Control and Prevention (CDC)

286 Water Street  
Key Plaza | 8th Floor  
Augusta, ME 04333

*Services:* Provides information on a wide range of health issues as well as resources for further assistance.

207-287-4397

[www.maine.gov/dhhs/mecdc](http://www.maine.gov/dhhs/mecdc)

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### DENTISTRY

#### University of New England Dental Clinic

1 College Street  
Portland, ME 04103  
207-221-4747

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#### Maine Dental Association – “Senior-Dent” Reduced Dental

Contact Spectrum Generations to apply

1-800-639-1553

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#### Maine Donated Dental Services PO Box 2282

Augusta, ME 04338-2282

*\*\*Applications currently not being accepted due to lengthy waitlists\*\**

1(800) 205-5615 or 207-620-8276

[dentallifeline.org/maine](http://dentallifeline.org/maine)

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### EYE SERVICES

#### Iris Network

189 Park Avenue  
Portland, ME 04102

*Services:* Low vision clinic; rehabilitation services; educational and training services for visually impaired people; employment opportunities; assistance finding other needed supports

1-800-715-0097 or

207-774-6273

[www.theiris.org](http://www.theiris.org)

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#### Guiding Eyes for the Blind (Guide Dog Program)

611 Granite Springs Road  
Yorktown Heights, NY 10598

1-800-942-0149 ext. 2222

[www.guidingeyes.org/about-us/contact-us](http://www.guidingeyes.org/about-us/contact-us)

**Maine Division for the Blind and Visually Impaired (DBVI)**  
**21 Enterprise Drive, Suite 2**  
**Augusta, ME 04333-0073**  
1(800) 760-1573 or 624-5120  
Maine Relay for TTY Users: 711  
[www.maine.gov/rehab/dbvi](http://www.maine.gov/rehab/dbvi)

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**ZenniOptical**  
*Services:* Affordable Eyeglasses  
[www.zennioptical.com](http://www.zennioptical.com)

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## HELP WITH HEALTH INSURANCE

### enroll207

**Maine Health Access Foundation**  
**150 Capitol Street, Suite 4**  
**Augusta, ME 04330**  
*Services:* A project of Maine Health Access Foundation that connects Mainers to certified assisters who can help review new options for health insurance through the Maine Health Insurance Marketplace.  
207-620-8266  
[www.enroll207.com](http://www.enroll207.com)

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### MaineCare

*Services:* MaineCare (Medicaid) is a joint federal and state health care program for people with low income and limited resources to pay for health care. Through the Medicaid Waiver program, older adults who are eligible for nursing home payments can receive medical and support services that enable them to continue living at home.  
207-287-3707  
[www.maine.gov/dhhs/mainecare.shtml](http://www.maine.gov/dhhs/mainecare.shtml)

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### State Health Insurance Program (SHIP)

*Services:* The Maine SHIP is a health insurance assistance program funded by the Centers for

Medicare and Medicaid Services (CMS). SHIP offers free health insurance counseling to those in Maine who have Medicare services, including:

- > Additional information on Medicare
  - > How to enroll in the Medicare Savings Program
  - > How to detect and report errors
  - > Obtaining insurance
- 1-877-353-3771 (local office)  
1-800-262-2232 (state office)  
[www.maine.gov/dhhs/oads/community-support/ship.html](http://www.maine.gov/dhhs/oads/community-support/ship.html)
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## BEHAVIORAL HEALTH RECOVERY SUPPORT SERVICES

***State Level Links to Individual Recovery Support Groups Across Maine:***

**Alcoholics Anonymous (AA)**  
**Central Service Office**  
**47 Portland Street**  
**Portland, ME 04101**  
207-774-3034  
[csoaamaine.org](http://csoaamaine.org)

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### AL-ANON

Support services for families and teens  
[www.maineafg.org](http://www.maineafg.org)

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**Narcotics Anonymous (NA)**  
Support services and groups  
[www.namaine.org](http://www.namaine.org)

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### Maine Alliance for Addiction Recovery (MAAR)

**295 Water Street, Suite 108**  
**Augusta, ME 04330**  
*Services include:* Online and phone-based recovery supports; training, education, and program development support opportunities

207-621-4111  
[maineallianceforaddictionrecovery.org](http://maineallianceforaddictionrecovery.org)

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### National Alliance on Mental Illness (NAMI-Maine)

**1 Bangor Street**  
**Augusta, ME 04330**  
*Services:* Toll-Free Help Line, mental health related training and educational programs; individual and family member support groups; respite services; other services.  
1-800-464-5767  
[www.namimaine.org](http://www.namimaine.org)

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## AGING AND DISABILITY SERVICES

### Adult Protective Services

**Office of Aging and Disability Services | SHS #11**  
**41 Anthony Avenue**  
**Augusta, ME 04333**  
*Services:* Provides education about and investigates allegations of elder abuse and neglect, including physical and sexual abuse, financial exploitation and emotional and verbal abuse. All reports are confidential.  
207-287-9200  
24-hour toll-free: 1-800-624-8404  
[www.maine.gov/dhhs/oads/apsguardianship](http://www.maine.gov/dhhs/oads/apsguardianship)

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### Elder Independence of Maine

**730 Center Street**  
**Auburn, ME 04210**  
*Services:* Connects people throughout Maine with home care services, provided by a network of 150 home care providers  
1-888-234-3920  
[www.seniorsplus.org/eim-care-coordination](http://www.seniorsplus.org/eim-care-coordination)

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## Home Care for Maine

**347 Maine Avenue  
Farmingdale, ME 04344**

*Services:* Personal care services, homemaking services (e.g., non-medical assistance with routine household tasks like dishes, making beds, laundry, dusting, shopping and transportation).

[www.homecareforme.org](http://www.homecareforme.org)

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## Maine Council on Aging

**Patti Marsh  
c/o Seniors Plus  
8 Falcon Road  
Lewiston, ME 04240**

**207-513-3738  
[mainecouncilonaging.org](http://mainecouncilonaging.org)**

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## Maine Veterans' Homes

**40 Civic Center Drive  
Augusta, ME 04330**

*Services:* Offers a complete range of long-term care and rehabilitative programs and services for veterans and their families.

**1-800-278-9494  
[www.maineveteranshomes.org](http://www.maineveteranshomes.org)**

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## HELP WITH PRESCRIPTION MEDICATIONS

### Maine Department of Health and Human Services

*Services:* Low-cost drug program for older adults and people with disabilities. For an application, contact the Maine Department of Human Services prescription drug information line:

**1-866-796-2463 or  
207-287-3707  
[www.maine.gov/dhhs/prescription\\_drugs.shtml](http://www.maine.gov/dhhs/prescription_drugs.shtml)**

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## HOME CARE AND HOSPICE

### Maine Hospice Council

**293 Water Street, Suite 303  
Augusta, ME 04330**

*Services:* Provides a list of hospice and home health services throughout Maine.

**207-626-0651  
[www.maineospicecouncil.org](http://www.maineospicecouncil.org)**

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## LONG-TERM CARE

### Maine Health Care Association

**317 State Street  
Augusta, ME 04330**

*Services:* Provides a description of long-term care facilities, as well as the option to enter your ZIP Code to find a facility near you.

**207-623-1146  
[www.mehca.org/find-facility](http://www.mehca.org/find-facility)**

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### Nursing Home Compare

*Services:* Provides detailed information about every Medicare- and Medicaid-certified nursing home in the country. Enter your ZIP Code to get comparative information on nursing homes in your area. Also provides information on other long-term care options.

**[www.medicare.gov/  
NursingHomeCompare/search.  
html](http://www.medicare.gov/NursingHomeCompare/search.html)**

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### Maine Long-Term Care Ombudsman

**61 Winthrop Street  
Augusta, Maine 04330**

*Services:* This program is a nonprofit agency whose mission is to advocate for quality of life and quality of care for long-term care consumers. Federal law and Maine law authorize staff to investigate complaints made by or on behalf of long-term care consumers and to assist consumers in exercising

their rights that are guaranteed by law. It is here to help with information, guidance and advocacy. Our services are free and confidential.

**1-800-499-0229 or 207-621-1079  
[www.maineombudsman.org](http://www.maineombudsman.org)**

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## NUTRITION SERVICES

### Maine Hunger Initiative

*Services:* A food program offering daily soup kitchens and food pantries to all ages with low-income needs. There are 80 food pantries and 3 soup kitchens in York & Cumberland counties.

**207-775-0026  
[www.preludestreet.org/what-wedo/  
advocacy-programs/mainehunger-  
initiative](http://www.preludestreet.org/what-wedo/advocacy-programs/mainehunger-initiative)**

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### Maine Senior FarmShare

*Services:* Program participants are qualified to receive a free share (\$50 worth) of first-quality, fresh, local produce from a Maine farm for 8 weeks during the growing season. Produce variety and deliver/pickup method will vary depending on farm of choice. To take part in this program, you must:

1. Be a Maine resident, 60 years or older (55, if Native American)
2. Not be an immediate family member or live in the same household as the farmer
3. Meet income guidelines (updated annually)

For more information contact your local Area Agency on Aging/ADRC: Spectrum Generations, Inc.

**1-877-353-3 771 or 207-287-7526  
[www.getrealmaine.com](http://www.getrealmaine.com)**

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**Supplemental Nutrition Assistance Program (SNAP)**  
**Office for Family Independence**  
**11 State House Station**  
**19 Union Street**  
**Augusta, ME 04333**

*Services:* Offers monthly nutritional financial assistance for people with low income, as well as nutritional education. Formerly known as Food Stamps program.

207-624-4168

[www.benefits.gov/benefits/benefit-details/1272](http://www.benefits.gov/benefits/benefit-details/1272)

## LGBT RESOURCE

**Open Door Transgender Health Care Maine Family Planning**  
**PO Box 587**

**Augusta, ME 04332-0587**

207-622-7524

[www.maine.familyplanning.org/page/958-881/transgender-health-care](http://www.maine.familyplanning.org/page/958-881/transgender-health-care)



## TRANSPORTATION

## CITY OF AUGUSTA RESOURCES

### TAXI SERVICES

**Al's Cab**

**162 Mount Vernon Avenue**

**Augusta, ME 04330**

207-622-5846

**Wicked Good Taxi**

**Augusta, ME**

207-623-2222

[www.wickedgoodtaxi.com](http://www.wickedgoodtaxi.com)

## KENNEBEC COUNTY RESOURCES

**Central Maine Private Transportation**

**657 Maine Avenue**

**Farmingdale, ME 04344-1549**

*Services:* Family-based transportation company that assists seniors and veterans to get to medical appointments and other related events.

207-213-6547 or 207-215-7089

[centralmainept.com/index.html](http://centralmainept.com/index.html)

**Kennebec Valley Community Action Program**

**22 Armory Street**

**Augusta, ME 04330**

Available programs include:

1. Kennebec/Somerset Explorer, a fixed route general public bus service
2. KV Van, a door-to-door paratransit van and volunteer driver program

207-622-4761

[www.kvcap.org/index.php?id=449](http://www.kvcap.org/index.php?id=449)

## STATE OF MAINE RESOURCES

### TRANSPORTATION

**Penquis Brokerage Transportation Services**

**262 Harlow Street**

**Bangor, ME 04402**

*Services:* Links MaineCare recipients, across four counties, including Kennebec County, with local transportation service providers to get people to service appointments

1-844-736-7847

[www.penquis.org/index.php?id=488&sub\\_id=3145](http://www.penquis.org/index.php?id=488&sub_id=3145)

**Non-Emergency Transportation (NET)**

*Services:* This is a MaineCare program that provides contact information for rides to covered services. For more information, contact MaineCare Member Services.

1-800-977-6740

[www.maine.gov/dhhs/oms/member/member\\_transportation.html](http://www.maine.gov/dhhs/oms/member/member_transportation.html)

**Rides in Sight**

*Services:* This program provides information about senior transportation options in local communities throughout the U.S. Information is available through the program's website, as well as a hotline that is available Monday-Friday, 8:00 a.m. to 8:00 p.m. Eastern time.

Hotline: 1-855-60-RIDES

[www.ridesinsight.org/Home/About](http://www.ridesinsight.org/Home/About)



## HOUSING

## CITY OF AUGUSTA RESOURCES

### LOCAL SENIOR HOUSING

***Affordable Options:***

**Arch Beta**

**3 Gray Birch Drive**

**Augusta, ME 04330**

*Service Notes:* Rents to: Elders 62+. Serves people with disabilities. Income-based rent.

**Barkan Management Company**

207-622-4908

[www.barkanco.com](http://www.barkanco.com)

**Capital Village****Leighton Road  
Augusta, ME 04330***Service Notes:* Rents to: Families/all ages. Rent-restricted unit**C&C Realty Management****207-621-7700****1-866-621-7705****www.ccrealtymanagement.com**

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**Cony Flatiron****110 Cony Street  
Augusta, ME 04330***Service Notes:* Rents to: 55+ Seniors. Rent-restricted Units**Stewart Property Management****207-622-2666****www.conyflatironapartments.com**

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**Chateau Cushnoc****36 Townsend Road  
Augusta, ME 04330***Service Notes:* Rents to: Elders 62+ and people with disabilities. Income-based rent**Elderly Hsg. Development and Operations (EHDOC)****207-622-4936****www.ehdoc.org**

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**Elm Street Group Home****14 Elm Street***Service Notes:* Rents to: Elders 62+ and people with disabilities. Income-based rent**Motivational Services****207-626-3465****www.mocomaine.org**

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**Glenridge Gardens****82 Glenridge Drive  
Augusta, ME 04330***Service Notes:* Rents to: Families/all ages. Income-based rent. Rent-restricted unit**Housing Management Resources, Inc.****207-622-5569****www.hmrproperties.com**

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**Greentree Apts.****New England Road  
Augusta, ME 04330***Service Notes:* Rents to: Elders 62+; people with disabilities; families/all ages. Income-based rent**Weston Associates Management****Co., Inc.****207-622-4261****www.waboston.com**

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**Hodgkins School Apartments****17 Malta Street  
Augusta, ME 04330***Service Notes:* Rents to: 55+ Seniors Rent-restricted Units**207-621-7700****C & C Realty Management****www.ccrealtymanagement.com**

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**John Marvin Tower****38 Townsend Street  
Augusta, ME 04330***Service Notes:* Rents to: Elders 62+ and people with disabilities. Income-based rent.**Elderly Hsg. Development & Operations (EHDOC)****207-622-4936****www.ehdoc.org**

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**Kennebec Plaza****Willow Street  
Augusta, ME 04330***Service Notes:* Rents to: Elders 62+ and people with disabilities. Income-based rent**Stewart Property Management, Inc.**  
**603-641-2163****www.stewartproperty.net**

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**Margaret Chase Smith House****7 Ridge Road  
Augusta, ME 04330***Service Notes:* Rents to: Elders 62+ and people with disabilities. Income-based rent**VOA Northern New England****207-373-1140 or 207-622-8870****www.voanne.org**

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**Orchard Hill****25 Ridge Road  
Augusta, ME 04330***Service Notes:* Rents to: Families/all ages. Income-based rent**Weston Associates Management****Co., Inc.****207-622-4261****www.waboston.com**

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**Pine View Estates****301 Capitol Street Extension  
Augusta, ME 04330***Service Notes:* Rents to: Families/all ages. Rent-restricted unit**C&C Realty Management****207-621-7700 or 1-866-621-7705****www.ccrealtymanagement.com**

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**Roncalli Apts.****144 State Street  
Augusta, ME 04330***Service Notes:* Rents to: Elders 62+. Income-based rent**Diocesan Bureau of Housing****207-512-4248****www.roncalliapartments.com**

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**Water Street Apts.****98 Water Street  
Augusta, ME 04330***Service Notes:* Rents to: Families/All ages. Rent-restricted unit**Realty Resources****1-800-338-8538****www.realtyresourcesmanagement.com**

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**Additional Senior Housing****Granite Hill Estates  
Independent Living****60 Balsam Drive  
Hallowell, ME 04347****1-888-321-1119****granitehillstates.com/  
independent-living**

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## LOCAL ASSISTED LIVING FACILITIES

### Granite Hill Estates Assisted Living

60 Balsam Drive

Hallowell, ME 04347

1-888-321-1119

[granitehillstates.com/assisted-living/](http://granitehillstates.com/assisted-living/)

### Inn at City Hall

1 Cony Street

Augusta, ME 04330

*Service Notes:* Rents to: Elders 62+ and people with disabilities. Income-based rent

Stewart Property Management, Inc.  
603-641-2163

[www.stewartproperty.net](http://www.stewartproperty.net)

### MaineGeneral Rehabilitation and Long Term Care

The Residence at Gray Birch

37 Gray Birch Drive

Augusta, ME 04330

207-621-7000

[www.maine-general.org/Pages/Care-and-Services-A-Z/Seniors/Long-Term-Care-Options/MaineGeneral-Rehabilitation-and-Long-Term-Care-at-Gray-Birch.aspx](http://www.maine-general.org/Pages/Care-and-Services-A-Z/Seniors/Long-Term-Care-Options/MaineGeneral-Rehabilitation-and-Long-Term-Care-at-Gray-Birch.aspx)

## KENNEBEC COUNTY RESOURCES

### Kennebec Valley Community Action Program

97 Water Street

Waterville, ME 04901-6339

*Services:* Assistance with a variety of programs including housing, fuel assistance, transportation, weatherization, and other basic needs. This includes:

- > Electric bill assistance
- > Heat assistance (emergency and other)

- > Energy and housing services home page
  - > Foreclosure prevention
  - > Heating system repairs
  - > Home buyer education
  - > Home repair program
- 207-859-1500  
[www.kvcap.org/index.php?id=446&sub\\_id=304](http://www.kvcap.org/index.php?id=446&sub_id=304)

## STATE OF MAINE RESOURCES

### HOUSING ASSISTANCE

#### Catholic Charities of Maine: Independent Support Services

307 Congress Street

PO Box 10660

Portland, ME 04104-6060

*Services include:* Homemaking services to assist elders and persons with disability to live in their own homes.

1-888-477-2263

[www.ccmaine.org](http://www.ccmaine.org)

#### Low Income Home Energy Assistance Program

MaineHousing

353 Water Street

Augusta, ME 04333

*Services:* Provides financial assistance for residents who are unable to pay utility bills. Weatherization resources also may be available.

1-800-452-4668 or 207-626-4600

[www.mainehousing.org](http://www.mainehousing.org)

### MaineHousing

353 Water Street

Augusta, ME 04333

*Services:* Provides grants or low-cost home improvement loans for health and safety related repairs and improvements. The program consists of a Home Repair Grant, Elderly Hardship grant and Septic Repair/Replacement loans.

1-800-452-4668 or 207-626-4600

[www.mainehousing.org](http://www.mainehousing.org)

### Rural Repair and Rehabilitation Loans and Grants

USDA Rural

Development State Office

967 Illinois Avenue

Bangor ME 04401

*Services:* The USDA's Very Low-Income Housing Repair program provides loans and grants to very low income homeowners to repair, improve, or modernize their dwellings or to remove health and safety hazards.

207-990-9160

[www.payingforseniorcare.com/home-modifications/usdaruralrepair-grant.html](http://www.payingforseniorcare.com/home-modifications/usdaruralrepair-grant.html)

## CHOOSING A SENIOR LIVING COMMUNITY

### Assisted Living Directory

*Services:* Provides a list of Maine's assisted living facilities and services.

1-866-333-6550

[www.assisted-living-directory.com/content/maine.htm](http://www.assisted-living-directory.com/content/maine.htm)



## SOCIAL PARTICIPATION AND EDUCATION

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### CITY OF AUGUSTA RESOURCES

#### Augusta Adult and Community Education

33 Union Street  
Augusta, ME 04330

*Services:* Adult education programs offer courses in 5 major categories:

- > Business & Skills Training
- > College Transitions
- > GED & High School Completion
- > Literacy
- > Personal Enrichment

In any economy, adult education courses are great choices because they are local, affordable, and are designed to fit within your schedule.

207-626-2470  
[augusta.maineadulted.org](http://augusta.maineadulted.org)

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#### Kaplan University 14 Marketplace Drive Augusta, ME 04330

*Programs:* Kaplan University is an institution of higher learning dedicated to providing innovative undergraduate, graduate, and continuing professional education. Our programs foster student learning with opportunities to launch, enhance, or change careers in today's diverse global society. The university is committed to general education, a student-centered service and support approach, and applied scholarship in a practical environment.

207-213-2500  
[www.kaplanuniversity.edu/](http://www.kaplanuniversity.edu/)

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#### Kennebec Valley YMCA

31 Union Street  
Augusta, ME 04330

*Services:* Offers a wide range of workout equipment, and classes, in studios and pools for active older adults

207-622-9622  
[kvymca.org](http://kvymca.org)

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#### Lithgow Public Library

45 Winthrop Street  
Augusta, ME 04330

*Available Programs:* includes educational opportunities offered through the Capital Read program

207-626-2415  
[www.lithgow.lib.me.us](http://www.lithgow.lib.me.us)

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#### University of Maine at Augusta Senior College

Office Address: UMA Campus,  
Farmhouse Building  
Community Drive  
Augusta, ME 04330

*Services:* Includes college courses, Granite Hill lecture series, Brown Bag lunches, Concerts at Jewett Hall, Forum on the Future, and other opportunities

207-621-3551  
[www.umasc.org](http://www.umasc.org)

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#### University of Maine at Augusta (all ages)

Community Drive  
Augusta, ME 04330

*Programs:* UMA offers a wide range of associate degree, baccalaureate, post-baccalaureate programs and certificate programs. If you are returning to college after many years, returning home from military service, seeking professional development required for a promotion, or transitioning to a new career, UMA is also the premiere university for all types of learners in Maine and beyond and has the lowest tuition rate in the

state for a bachelor's degree.

207-621-3551  
[www.uma.edu](http://www.uma.edu)

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### KENNEBEC COUNTY RESOURCES

#### Spectrum Generations Cohen Center

22 Town Farm Road  
Hallowell, ME 04347

*Social Participation Services:* Health education classes and workshops; fitness enhancement classes; and more

207-626-7777  
[www.spectrumgenerations.org/  
service-map/kennebec](http://www.spectrumgenerations.org/service-map/kennebec)

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### STATE OF MAINE RESOURCES

#### Maine Senior Guide

*Services:* Provides an online resource offering information on all things seniors, including a variety of social opportunities. Search by region or town to find entertainment events, social groups, senior education, and travel or recreational opportunities.

[maineseniorguide.com](http://maineseniorguide.com)



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## **CITY OF AUGUSTA RESOURCES**

### AUGUSTA AREA PARKS

#### *City of Augusta Parks Include:*

##### **Bicentennial Nature Park**

**3300 North Belfast Avenue**

*Features include:* Picnic area, swimming, boating, fishing, hiking

More information at: [www.augustamaine.gov/index.asp?Type=GALLERY&SEC=%7B71835D1C-B76-4258-86E5-78D14563E2AB%7D](http://www.augustamaine.gov/index.asp?Type=GALLERY&SEC=%7B71835D1C-B76-4258-86E5-78D14563E2AB%7D)

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##### **Calumet Playground**

**179 Northern Avenue, near the top of Sand Hill**

*Features include:* Pool, tennis courts, basketball court

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##### **Capital Park**

**Union Street**

*Features include:* Ball fields, track, playground

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##### **Cunningham Park**

**Corner of North Street and Bridge Street**

*Features include:* Playground, sprinkler, basketball court, benches

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##### **East Side Boat Landing**

**Howard Street**

*Features include:* Boat launching area, boat dock, playground. Linked to the Greenway trail, on the East side of the Kennebec River, from Ft. Western to the south.

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##### **Front Street Park**

**Behind 295 Water St, Post Office building**

*Features include:* Picnic areas and gazebo

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##### **Gage Street Park**

**48 Gage Street**

*Features include:* Playground

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##### **McCall's Playground**

**74 Eastern Avenue**

*Features include:* Playground, pool, basketball court

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##### **Mill Park**

**32 Northern Avenue**

*Features include:* Places to walk, petanque courts, kayak launch. Periodic public events on-site. Includes Augusta Dog Park.

More information at: [millparkat Augusta.weebly.com/about.html](http://millparkat Augusta.weebly.com/about.html)

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##### **Mount Vernon Playground**

**120 Mt. Vernon Avenue**

*Features include:* Playground, ball field

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##### **Savage Park**

**270 Riverside Drive**

*Features include:* Wooded area with trails, picnic tables, log amphitheater, large grass area

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##### **Williams Playground**

**Parking at 7 Quimby Street**

*Features include:* Playground, pool, basketball court, winter sliding, skate park

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##### **Youth Memorial Park**

**Behind the Buker Center  
22 Armory Street**

*Features include:* Tennis courts, playground, picnic area

### *Other Parks in Augusta*

##### **Capitol Park, State of Maine**

**1-55 Capitol Street**

**Augusta, ME 04330**

*Features include:* Walking areas, picnic tables, view of the Capitol Building; state-owned property

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### AUGUSTA WALKING TRAILS

#### *City of Augusta Parks Include:*

##### **Augusta Nature Center Trails**

**Entrance with parking lot at Hodgkin's Middle School**

**Malta Lane**

*Features include:* Trails along Whitney Brook, including walking, running, hiking, and (seasonal) skiing.

More information at: [www.augustanaturecenter.com](http://www.augustanaturecenter.com)

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##### **Bond Brook Recreation Area**

**Enter from: Tall Pines Way or Mount Hope Cemetery**

*Features include:* Hiking trails, mountain biking trails, skiing trails (in season)

More information at: [treadfest.org/about-bond-brook](http://treadfest.org/about-bond-brook)

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##### **Greenway Trail**

**Next to Fort Western, Cony Street**

*Features include:* Walking trail from Fort Western, along the east side of the Kennebec River to the Arsenal historic building

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##### **Pleasant Hill Park**

**Entrance and limited parking at the far end of the Pleasant Hill Road**

*Features include:* Hiking trails



## Kennebec River Rail Trail

### MSHA Parking Lot

353 Water Street,  
Augusta, ME 04330  
(northern entry point)

*Features include:* Paved trail that follows the Kennebec River south to Gardiner, ME. Can be entered at many points along the path.

More information at:  
[kennebecriverrailtrail.org](http://kennebecriverrailtrail.org)

## Viles Arboretum

153 Hospital Street  
Augusta, ME 04330

*Features include:* Botanical garden and arboretum. 5+ miles of trails.  
207-626-7989

More information at:  
[www.vilesarboretum.org/index.php/home](http://www.vilesarboretum.org/index.php/home)

## University of Maine at Augusta Community Drive

Augusta, ME 04330

*Features include:* Wide range of walking/hiking trails

More information at: [www.uma.edu/assets/docs/studentlife/hikingtrails.pdf](http://www.uma.edu/assets/docs/studentlife/hikingtrails.pdf)

## AUGUSTA HISTORIC SITES

### Old Fort Western

16 Cony Street  
Augusta, ME 04330

*Features include:* Protecting, preserving and interpreting the 1754 National Historic Landmark fort, store and house on the Kennebec River in Augusta, Maine  
207-626-2385

More information at:  
[www.oldfortwestern.org](http://www.oldfortwestern.org)

## AUGUSTA GOLF COURSES

### Western View Golf Club

130 Bolton Hill Road  
Augusta, ME 04330  
207-622-5309

[www.golflink.com/golfcourses/course.aspx?course=507445](http://www.golflink.com/golfcourses/course.aspx?course=507445)

### Quarry Run Disc Golf

225 Hospital Street  
Augusta, ME 04330  
207-623-0859

[www.augustagolfpark.com](http://www.augustagolfpark.com)

## KENNEBEC COUNTY RESOURCES

### GOLF COURSES

### Augusta Country Club

19 Hammonds Street  
Manchester, ME 04351  
207-623-0321

[www.augustacountryclub.org](http://www.augustacountryclub.org)

### Natanis Golf Course

735 Webber Pond Road  
Vassalboro, ME 04989  
207-622-3561

[www.natanisgsc.com](http://www.natanisgsc.com)

## STATE OF MAINE RESOURCES

### MaineGolf.com

Online directory of golf courses across the State of Maine  
[www.maine-golf.com](http://www.maine-golf.com)

### Maine Trail Finder

*Services:* Offers a free online recreational resource for finding trails in Maine that can be located by county. Includes a variety of 4-season trail activities with a

range of difficulty levels.  
[www.maine-trailfinder.com](http://www.maine-trailfinder.com)

## Bureau of Parks and Lands Department of Agriculture, Conservation and Forestry (DACF)

22 State House Station  
18 Elkins Lane

Augusta, ME 04333

*Services:* Provides information on Maine's parks and recreational opportunities for all ages.

207-287-3200

[www.maine.gov/dacf/parks/](http://www.maine.gov/dacf/parks/)



CIVIC PARTICIPATION & EMPLOYMENT

## AUGUSTA AGE-FRIENDLY COMMITTEE

### VOLUNTEERING

### Augusta Age-Friendly Committee

Meets the 1st Tuesday of every month.

5:30 p.m. to 7:30 p.m.

City Center Plaza

16 Cony Street

Augusta, ME 04330

*Facebook:*

[www.facebook.com/augusta.agefriendly2016](http://www.facebook.com/augusta.agefriendly2016)

*Tri-State Learning*

*Collaborative on Aging:*

[agefriendlycommunity/community/age-friendly-augusta/](http://agefriendlycommunity/community/age-friendly-augusta/)

*United Way Volunteer:*

[uwkv.galaxydigital.com/agency/detail/?agency\\_id=66596](http://uwkv.galaxydigital.com/agency/detail/?agency_id=66596)

### **Augusta Public Schools**

*Opportunities:* The Augusta Schools, from time to time, can benefit from volunteer services. Community members with special skills and/or interest in supporting our educational system are encouraged to connect with one or more local school principals.

### **Cony High School and Middle School**

**60 Pierce Drive**  
207-626-2460

### **Farrington Elementary School**

**249 Eastern Avenue**  
207-626-2480

### **Gilbert Elementary School**

**16 Sunset Avenue**  
207-626-2491

### **Hussey Elementary School**

**12 Gedney Street**  
207-626-2461

### **Lincoln Elementary School**

**30 Lincoln Street**  
207-626-2483  
[www.augustaschools.org](http://www.augustaschools.org)

### **Big Brothers Big Sisters MidMaine**

**Kennebec Valley Office**  
**2351 North Belfast Avenue**  
**Augusta, ME 04430**

*Services:* Volunteer opportunities through school- and community-based programs that change kids' lives for the better, forever!

207-592-4616  
[www.bbbsmidmaine.org/cbm/](http://www.bbbsmidmaine.org/cbm/)

### **Literacy Volunteers Of Greater Augusta**

**12 Spruce Street, Suite 4**  
**Augusta, ME 04330**

*Services:* Volunteer opportunities include providing basic education; one-on-one tutor support for adults to achieve and improve basic reading skills; and English as a Second Language (ESL)

207-626-3440

[lva-augusta.org](http://lva-augusta.org)

### **MaineGeneral Volunteer Services**

**35 Medical Center Parkway**  
**Augusta, ME 04330**

*Services Include:* Alzheimer's Care Center, Glenridge program, Gray Birch program, Hospice volunteers, Spiritual Care services

207-248-5290

[www.maine-general.org/Pages/Volunteering.aspx](http://www.maine-general.org/Pages/Volunteering.aspx)

### **Retired & Senior Volunteer Program (RSVP)**

*Services Include:* Engaging people age 55 and older in meaningful volunteer services that meet critical community needs and enrich the lives of volunteers.

1-800-427-1127

[www.maine-general.org/Pages/Volunteer/Retired-and-Senior-Volunteer-Program.aspx](http://www.maine-general.org/Pages/Volunteer/Retired-and-Senior-Volunteer-Program.aspx)

## **KENNEBEC COUNTY RESOURCES**

### **Spectrum Generations Cohen Center**

**22 Town Farm Road**  
**Hallowell, ME 04347**

*Services:* Opportunities include support for the transportation services, Meals on Wheels program, the Legacy Corps, supporting and delivering educational sessions, and others

207-626-7777

[www.spectrumgenerations.org/join-our-team/volunteer](http://www.spectrumgenerations.org/join-our-team/volunteer)

## **STATE OF MAINE RESOURCES**

### **VOLUNTEER SERVICES**

#### **Volunteer Maine**

*Services:* Provides information on volunteer opportunities throughout Maine. Search can be narrowed to specifics such as to interest, age, and location.

[www.volunteermaine.org](http://www.volunteermaine.org)

#### **Maine Department of Labor**

**54 State House Station**  
**Augusta, Maine 04333**

*Services:* Provides information on volunteer opportunities throughout Maine.

207-623-7900

**Career Center Hotline:**  
1-888-457-8883

[www.maine.gov/labor](http://www.maine.gov/labor)

#### **Secretary of State's Office Bureau of Corporations, Elections & Commissions**

**101 State House Station**  
**Augusta, Maine 04333-0101**

*Services:* Provides information on volunteer opportunities throughout Maine.

207-624-7736

[www.maine.gov/sos/cec/index.html](http://www.maine.gov/sos/cec/index.html)

#### **Score Maine**

**100 Middle Street, 2nd Floor**  
**Portland, Maine 04101**

*Services:* A nonprofit organization that provides mentoring and assistance, including free and low-cost workshops and advice, to emerging and existing small businesses in Maine.

207-536-1143

[www.scoremaine.org/us](http://www.scoremaine.org/us)



## RESPECT & SOCIAL INCLUSION

# CITY OF AUGUSTA RESOURCES

## FAITH COMMUNITIES

**Apostolic Church**  
500 Western Avenue  
Augusta, ME 04330  
207-622-1414

**Augusta Baptist Church**  
2567 North Belfast Avenue  
Augusta, ME 04330  
207-622-5039  
augustabaptist.org

**Augusta First Church of the Nazarene**  
30 Nazarene Drive  
Augusta, ME 04330  
207-622-7529  
www.augustafirstchurch.org

**Augusta Spiritualist Church**  
113 Townsend Road  
Augusta, ME 04330  
207-622-8980  
www.augustaspirtualistchurch.org

**Augusta Seventh Day Adventist Church**  
235 Eastern Avenue  
Augusta, ME 04330  
207-622-3215

**Baha'i**  
80-1 Willow Street  
Augusta, ME 04330  
207-622-2406  
Church at 209

**209 Eastern Avenue**  
Augusta, ME 04330

*Service Notes:* Christian Church developed by Prince of Peace Lutheran Church and Street Mark's Episcopal Church.  
207-623-9486  
twoonine.org

**Church Hill Baptist Church**  
258 Church Hill Road  
Augusta, ME 04330  
207-622-4248  
www.churchhillbaptist.com

**CityReach Church**  
5 Glenridge Drive  
Augusta, ME 04330  
207-485-1018  
augusta.cityreachnetwork.org

**Eastern Avenue Church of Christ**  
91 Eastern Avenue  
Augusta, ME 04330  
207-622-4031  
www.churches-of-christ.net

**Family Worship Center**  
2580 North Belfast Avenue  
Augusta, ME 04330  
207-622-6561  
www.afamily.us/

**Fellowship Baptist Church**  
237 Eastern Avenue  
Augusta, ME 04330  
207-622-4817  
fellowshipbaptist-me.org

**First Church of Christian Science**  
6 Williams Street  
Augusta, ME 04330  
207-622-7710

**First United Pentecostal Church of Augusta**  
15 Wilson Street  
Augusta, ME 04330  
207-622-1721  
augustapentecostals.com

**Green Street United Methodist Church**  
13 Green Street  
Augusta, ME 04330  
207-622-0843  
www.greenstreetumc.net

**Kennebec Community Church**  
20 Mission Avenue  
Augusta, ME 04330  
207-623-0911  
www.kennebecchurch.org

**Kennebec Valley Assembly of God**  
44 Hallowell Road  
Chelsea, ME 04330  
207-622-1572  
kvag.org

**Messiah's Congregation**  
The Buker Center  
22 Armory Street  
Augusta, ME 04330  
*Service Notes:* Meets Sundays, 9 AM-12 PM

**Peaceful Heart Sangha**  
c/o UU Community Church, 69 Winthrop Street, Augusta, ME 04330  
*Service Notes:* Buudhist group; Thich Nhat Hahn tradition. Weekly meetings in Augusta and Hallowell  
207-685-9270  
peacefulheartsangha.blogspot.com

**Penny Memorial United Baptist Church**  
393 Water Street  
Augusta, ME 207-622-6401  
pmubc.org

**RiverRock Christian Fellowship**  
65 River Road  
Chelsea, ME 04330  
207-622-7031  
riverrockfellowship.net



**St. Augustine**  
75 Northern Avenue  
Augusta, ME 04330

*Service Notes:* Linked with 5 other southern Kennebec churches and the Catholic school through Saint Michael Parish, 24 Washington Street Augusta, ME 04330  
207-623-8823  
[www.stmichaelmaine.org](http://www.stmichaelmaine.org)

**Saint Mary**  
41 Western Avenue  
Augusta, ME 04330

*Service Notes:* Linked with 5 other southern Kennebec churches and the Catholic school through Saint Michael Parish, 24 Washington Street Augusta, ME 04330  
207-623-8823  
[www.stmichaelmaine.org](http://www.stmichaelmaine.org)

**Saint Barnabas Church**  
60 Bangor Street  
Augusta, ME 04330

*Service Notes:* Currently worshipping with Street Matthew's, Hallowell  
207-248-2687  
[www.episcopalchurch.org/parish/st-barnabas-episcopal-church-augusta-me](http://www.episcopalchurch.org/parish/st-barnabas-episcopal-church-augusta-me)

**Salvation Army**  
36 Eastern Avenue, Augusta, ME 04330  
207-623-3752  
[nne.salvationarmy.org/Capital-Region](http://nne.salvationarmy.org/Capital-Region)

**South Parish  
Congregational Church**  
9 Church Street  
207-622-0552  
[southparish.net](http://southparish.net)

**Temple Beth El**  
3 Woodlawn Street  
Augusta, ME 04330  
207-622-7405  
[bethelaugusta.org](http://bethelaugusta.org)

**Unitarian Universalist  
Community**  
6 Sumner Street  
Augusta, ME 04330  
207-623-3663  
[www.augustauu.org](http://www.augustauu.org)

**Winthrop Center Friends**  
219 Winthrop Center Road (Rt. 135), Winthrop, ME 04364  
*Service Notes:* Quaker group closest to Augusta  
207-685-4797  
[www.quakercloud.org/cloud/winthrop-friends-meeting](http://www.quakercloud.org/cloud/winthrop-friends-meeting)

## STATE OF MAINE RESOURCES

**Senior Corps**  
*Services:* Connects adults 55-plus with community organizations that need them most. Contribute life skills and experience or learn new ones in your role as a foster grandparent, senior companion, or other volunteer activity.  
[www.nationalservice.gov/programs/senior-corps](http://www.nationalservice.gov/programs/senior-corps)

## LGBT RESOURCES

**Equality Maine**  
511 Congress Street  
Portland, ME 04101  
207-761-3732  
[equalitymaine.org](http://equalitymaine.org)

**OUT Maine**  
63 Park Street  
Rockland, ME 04841  
[outmaine.org](http://outmaine.org)

**Sage Maine**  
P.O. Box 466  
Hancock, ME 04640  
207-809-7015  
[www.sagemaine.org](http://www.sagemaine.org)



## COMMUNICATION & INFORMATION

## CITY OF AUGUSTA RESOURCES

**City of Augusta**  
Main Office:  
City Center Plaza  
16 Cony Street  
Augusta, ME 04330  
207-626-2300  
[www.augustamaine.gov/](http://www.augustamaine.gov/)

**Augusta Age-Friendly Committee**  
City Center Plaza  
16 Cony Street  
Augusta, ME 04330  
Meets the 1st Tuesday of every month.  
5:30 pm to 7:30 pm

**Facebook:**  
[www.facebook.com/augusta.agefriendly2016](http://www.facebook.com/augusta.agefriendly2016)

**Tri-State Learning  
Collaborative on Aging:**  
[agefriendly.community/age-friendly-augusta/](http://agefriendly.community/age-friendly-augusta/)

**United Way Volunteer:**  
[uwkv.galaxydigital.com/agency/detail/?agency\\_id=66596](http://uwkv.galaxydigital.com/agency/detail/?agency_id=66596)

## LOCAL BANKS

**Bangor Savings Bank**  
5 Senator Way  
Augusta, ME 04330  
207-620-9300  
[www.bangor.com](http://www.bangor.com)

## Camden National Bank

### 3 Locations:

1. 96 State Street  
Augusta, ME 04330  
207-626-3555
2. 66 Eastern Ave:  
Augusta, ME 04330  
207-621-9700
3. 130 Commerce Drive  
Augusta, ME 04330  
207-622-3804

[www.camdenational.com](http://www.camdenational.com)

## Kennebec Savings Bank

150 State Street  
Augusta, ME 04330  
207-622-5801  
[www.kennebecsavings.bank](http://www.kennebecsavings.bank)

## KeyBank

### 2 Locations:

1. 286 Water Street  
Augusta, ME 04330  
207-623-5580
2. 23 Whitten Road  
Augusta, ME 04330  
207-622-3156

[locations.key.com/me/augusta/286-water-st.html](http://locations.key.com/me/augusta/286-water-st.html)

## Northeast Bank - Augusta

235 Western Avenue  
Augusta, ME 04330  
207-623-0603  
[www.northeastbank.com](http://www.northeastbank.com)

## TD Bank

101 Western Avenue  
Augusta, ME 04330  
207-622-1790  
[www.tdbank.com/net/absearch/LocationDetails.aspx?branchID=10069](http://www.tdbank.com/net/absearch/LocationDetails.aspx?branchID=10069)

## Skowhegan Savings Bank

450 Civic Center Drive  
Augusta, ME 04330  
207-623-2300  
[www.skowhegansavings.com](http://www.skowhegansavings.com)

## LOCAL CREDIT UNIONS

### Capital Area FCU

2010 North Belfast Avenue  
Augusta, ME 04330  
207-622-3442  
[www.capitalareafcu.org](http://www.capitalareafcu.org)

### Connected Credit Union

#### 2 locations:

1. 40 Pierce Drive  
Augusta, ME 04330  
207-430-0788
  2. 85 Civic Center Drive  
Augusta, ME 04330  
207-623-3857
- [www.connectedcreditunion.org](http://www.connectedcreditunion.org)

### cPort Credit Union

399 Western Avenue  
Augusta, ME 04330  
207-623-1001  
[www.cportcu.org](http://www.cportcu.org)

### Five County Credit Union

201 Civic Center Drive  
Augusta, ME 04330  
1-800-750-0959  
[www.fivecounty.com/home.asp](http://www.fivecounty.com/home.asp)

### KV Federal Credit Union

316 West River Road  
Augusta, ME 04330  
207-623-5171  
[www.kvfcu.org](http://www.kvfcu.org)

### Maine State Credit Union

#### 2 locations:

1. 162 Hospital Street  
Augusta, ME 04330  
207-621-6060
  2. 200 Capitol Street  
Augusta, ME 04330  
207-623-1851
- [www.mainestatecu.org](http://www.mainestatecu.org)

### New Dimensions FCU

72 Cony Street  
Augusta, ME 04330

207-430-0779  
[newdimensionsfcu.com](http://newdimensionsfcu.com)

### Trademark Federal Credit Union

44 Edison Drive  
Augusta, ME 04330  
207-623-1134  
[www.trademarkfcu.org](http://www.trademarkfcu.org)

## LOCAL GROCERY STORES

### Hannaford Supermarket

#### 2 locations:

1. 118 Cony Street  
Augusta, ME 04330  
207-621-2570
  2. 20 Whitten Road  
Augusta, ME 04330  
207-622-3137
- [www.hannaford.com/custserv/locate\\_store.cmd](http://www.hannaford.com/custserv/locate_store.cmd)

### Harvest Time Natural Foods

171 Capitol Street  
Augusta, ME 04330  
207-623-8700  
[www.mofga.net/MyProfile/tabid/88/asuid/1661/Default.aspx](http://www.mofga.net/MyProfile/tabid/88/asuid/1661/Default.aspx)

### Mainly Groceries

92 Northern Avenue  
Augusta, ME 04330  
207-213-6366

### Shaw's Capitol Shopping Center

Augusta, ME 04330  
207-623-4520  
[www.shaws.com/pd/stores/ME/Augusta/Shaws-Augusta-ME-\(150-Western-Ave\)/F84478868](http://www.shaws.com/pd/stores/ME/Augusta/Shaws-Augusta-ME-(150-Western-Ave)/F84478868)  
Walmart Supercenter

### Marketplace at Augusta

201 Civic Center Drive  
Augusta, ME 04330  
207-623-8223  
[www.walmart.com/store/2046](http://www.walmart.com/store/2046)

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## KENNEBEC COUNTY RESOURCES

**Kennebec Valley Chamber of  
Commerce**

**269 Western Avenue**

**Augusta, ME 04330**

**207-623-4559**

**kennebecvalleychamber.com**

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## STATE OF MAINE RESOURCES

### LEGAL SERVICES

**Legal Services for the Elderly  
(LSE)**

**5 Wabon Street**

**Augusta, ME 04330**

*Services:* Provides free legal services statewide to people aged 60 and over. Priority is given to those who are socially or economically needy. LSE has offices in Augusta, Bangor, Lewiston, Presque Isle, and Scarborough. Staff attorneys provide representation in matters concerning access to long-term care, physical abuse or financial exploitation, public benefits, evictions, foreclosure and other issues. LSE provides free legal information and brief services from Helpline attorneys over the phone on a wide variety of issues. For clients who need extended assistance, LSE may make a referral to one of its regional offices. The Legal Helpline is available statewide.

**1-800-750-5353 or 207-621-0087**

**mainelse.org**

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**AARP**<sup>®</sup> Real  
Possibilities

**Maine**

53 Baxter Boulevard, Suite 202

Portland, ME 04101

1-866-554-5380

[www.aarp.org/me](http://www.aarp.org/me)

 [facebook.com/aarpmaine](https://facebook.com/aarpmaine)

 [twitter.com/aarpmaine](https://twitter.com/aarpmaine)