

THE NELSON COUNTY RESOURCE GUIDEBOOK

INTRODUCTION

The Nelson County Resource Guidebook is produced and published by United for Recovery. It is intended to be a quick reference guide for those in immediate need of shelter or services. In addition, we hope that service providers will find this guide useful in providing referrals to those in need along with other community members.

If you need additional copies, please call the office of United for Recovery (502) 348-1879 or print from our website, www.unitedforrecovery.org.

Disclaimer: All meeting times/locations and services offered are subject to change.

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EMERGENCY SHELTERS

Room in the Inn

Bethany Haven

Treasure Davidson Executive Director (502)349-8084

Christy's Place

Trisha Watts Manager (502)349-8087 Housing Single Women and Women/Children 512 Edelen Ave, Bardstown KY

Harbor House Inn

Rick Watts Manager (502)331-3889 Housing men 114 Kennett St. Bardstown KY

Nelson County Dispatch

(502) 348-3600 One nights lodging or food voucher *** (Will Check for Active Warrants)

To apply for Housing assistance:

Bardstown Housing Authority: 513 W. Broadway St, Bardstown KY 40004 502-348-3525 or search habardstown.com

FOOD PANTRY / NUTRITION

Bread for Life

219 E Muir, Bardstown KY (502) 348-7270 Monday - Tuesday 9am – 3pm Thursday – Friday 9am – 3pm Saturday 9am - 12pm Hours of service may differ

Meals from the Heart

(502) 348-3989

Meals for the homebound

Nelson County Health Department WIC

325 S 3rd St, Bardstown KY (502) 348-3222

(For pregnant women, postpartum and breast-feeding women and children ages 0-5 years)

Feeding America

313 Petterson Dr, Elizabethtown KY 42701 (270) 769-6997 (Supplemental Food Commodity for those who qualify)

Food Stamps SNAP Benefits

901 Atkinson Hill Ave, Bardstown KY (855) 306-8959 Mon-Friday 8:30am-3:30pm

WIC Women Infants and Children

(502) 349-1557

Mon-Fri 8:00am-4:30pm Late hours 3rd Thursday of the month 8:00am-6:30pm 325 S 3rd Street, Bardstown KY

Backpack Program for Children

Local School Resource Ctr
****See Help with Children

BLESSING BOXES

(Take what you need leave what you can)

Blessing Box Locations

Nelson County Vocational School 1060 Bloomfield Rd, Bardstown KY

Botland Christian Church 5326 Springfield Rd, Bardstown KY

Cedar Creek Baptist Church 754 Bellwood Rd, (off Boston Rd) Bardstown KY

New Beginnings Baptist Church 200 Clermont Rd, (off Boston Rd) Bardstown KY

Vine Hill Baptist Church 2078 Clermont Rd, Cox's Creek KY

Big Spring Bloomfield Presbyterian Trinity Baptist 148 Fairfield Hill, Bloomfield KY

Culvertown Community Center Culvertown KY

City of Bardstown Educational Complex E.John Muir St Bardstown KY

City Recreation Center W. Broadway St Bardstown KY

Senior Center Demaree Dr. Bardstown KY

Bardstown Community Park E. Halstead Bardstown KY

St. Gregory Parish Cox's Creek KY

Gallery on the Square Court Square Bardstown KY (art supplies)

CLOTHING

St. Vincent de Paul Mission Store 310 N. 2nd Street, Bardstown KY Mon-Friday 8:30am-4pm (502) 348-9752

Bardstown Baptist Church

101 W. Brashear Ave, Bardstown KY Wednesday 10am-12pm (502) 348-3866

Nelson County High School Clothes Closet Free for students.

Nelson County Family Resource Youth Service Centers ****See Help with Children

Bardstown City Schools Family Resource Centers
****See Help with Children

LEARNING FOR LIFE BOOK BOX LOCATIONS

Nelson County Fire Stations

212 Plaza Drive, Bardstown KY 4720 Springfield Rd, Bardstown KY 6249 New Shepherdsville Rd, Cox's Creek KY

Corman's Crossing Subdivision

Illinois Way Cox's Creek KY

N. 3rd Street

(across from Baskin Robbins) N. 3rd and W Broadway

GRIEF SUPPORT

Grief Support Windsor Gardens

Every 3rd Wednesday 3-4pm Address: 101 Isaac Green Court Bardstown KY 40004 For questions call: 502-349-5500

Individual Grief support:

Call Hospice at 502-349-5500 (You do not have to be a family member of a Hospice Participant.)

TCF- The Compassionate Friends

2nd Thursday of each month: 7-9pm 870 St. Thomas Lane, Bardstown KY 40004 Mary Boone 502-348-5683 marybboone@bardstowncable.net

GRASP

Grief from substance passing Meets every 2nd Monday: 6:30-8:30pm Holy Trinity Church *go to multi-purpose building behind the church 501 Cherrywood Road, Louisville KY 40207

HEALTH / DENTAL SERVICES

MENTAL HEALTH SERVICES

Nelson County Community Clinic

300 W John Fitch Ave (502) 349-5990

Medical, Dental, Vision

Clinics by appointment only

Pharmaceutical services and Medicare benefits counseling

Office Hours

Mon. – Tues. 9am-5pm Weds. 9am-2pm

Nelson County Health Care Center

325 S 3rd Street (502) 348-3222

Well Child, Immunizations

WIC, Diabetes, HIV, STD

Nutrition, Newborn Screening

Tuberculosis screening

Office Hours

Mon-Friday 8am-4:30pm Thurs. 8am-5:30pm

To apply/check eligibility for Medicaid Health insurance:

Community Based Services office at 901 Atkinson Hill Avenue Bardstown KY 40004 502-348-9048 WWW.KY.GOV

Communicare

331 S 3rd Street, Bardstown KY (502) 348-9206

Monday 8:30am-5pm

Tuesday- Weds 9am-5pm

Thursday 8:30am-8pm

Friday 8:30am-5pm

Astra Behavioral

1013 Granite Dr

Bardstown KY

(502) 349-3100

Mon-Thursday 8am-6pm

Friday 8am-5pm

Physicians to Children/Adolescents

201 S. 5th Street

Bardstown KY

(502) 348-6309

National Alliance on Mental Illness

(NAMI- Kentucky)

Nami.org

VETERANS SERVICES

CRISIS / HOT LINE NUMBERS

Robley Rex VA Medical Center 800 Zorn Ave Louisville KY (502) 287-4000

National Call Center for Homeless Veterans (877) 424-3838

Volunteers of America Mid-South (502) 636-0771

Military Help Line (888) 457-4838

Nelson County American Legion- Post 42 (502) 468-7443

Veterans Crisis Line (800) 273-8255 National Suicide Prevention Lifeline (800) 273-8255 or call 988

SAMHSA National Help Line Substance Abuse and Mental Health Services Adm. (800) 662-4357

Rape Sexual Assault Abuse (800) 656-4673

National Domestic Violence Hotline (800) 799-7233

Alcoholics Anonymous 24 Hour Helpline (502) 582-1849

Narcotics Anonymous 24 Hour Helpline (502) 499-4423

National Human Trafficking Hotline (888) 373-7888

NAMI Help Line National Alliance on Mental Illness (800) 950-6264

The Trevor Project for LGBTQ youth (866) 488-7386

Help Now KY (for addiction resources) (833) 859-4357

HELP WITH CHILDREN

Nelson County Schools Family Resource Centers

FRC Proud

211 East Muir Ave. Bardstown KY 40004

349-7006 fax: 349-7042

Coordinator: Ashleye Montgomery

Serving Cox's Creek Elementary and Foster

Heights Elementary

NSpiration

1070 Bloomfield Road Bardstown KY 40004 349-7025 fax: 349-7017 Coordinator: Stacie Vittitow Serving Nelson County High,

Old Kentucky Home Middle and The Academy

Nmagination

96 Arnold Lane Bloomfield KY 40008 349-7204 fax: 349-7203 Coordinator: Steve Mahoney Serving Bloomfield Elementary and Bloomfield Middle

FRYSC Center of NPowerment

489 High Street

New Haven KY 40051 349-7230 fax: 349-7231 Coordinator: Amy Durbin

Serving New Haven School and Thomas Nelson High School

NGagement

1200 Cardinal Drive Bardstown KY 40004 350-3914

Coordinator: Katrina Haydon Serving Boston School and

Nelson County Early Learning Center

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HELP WITH CHILDREN

Bardstown City Schools Family Resource Youth Service Centers

Bardstown Primary / Elementary

420 N. 5th Street, Bardstown KY (502) 331-8808 Primary School

(502) 331-8810 ext 8937 Elementary School

Bardstown Middle / High School

400 N. 5th Street, Bardstown KY (502) 331-8893

The New Life Center

Provides free mentoring and parenting classes as well as family resource assistance.

202 E. Stephen Foster Ave Bardstown KY 40004 (502) 233-8003

Child Care Assistance Program

(855) 306-8959

ADDICTION / RECOVERY SUPPORT SERVICES

Astra Behavioral

1013 Granite Dr, Bardstown KY (502) 349-3100

Astra Behavioral Health

129 Parkway Dr. Bardstown KY 40004 (502) 233-9696

Communicare

331 S 3rd Street, Bardstown KY (502) 348-9206

Crown Recovery Center

2735 Bardstown Rd St. Catharine, Ky 40061 (833) 745-1020

Embrace Hope Recovery Center

1000 E John Rowan, Bardstown KY (502) 331-6002

Isaiah House (men)

2084 Main St. Willisburg KY 40078 (859) 375-9200

Isaiah House Women's Center

4185 Lexington Road Versailles KY 40384 (859) 873-9277

Lisa Walker Center (Women's)

2780 Bohon Road Harrodsburg, KY 40330 (859) 734-4452

Center for Behavioral Health

2645 Leitchfield Rd Ste 104, Elizabethtown KY 42701 (270) 234-8180 ph (270) 234-8179 fax

REACH Program

114 North 5th Street, Bardstown KY 40004 (502) 350-7368

Robert Alexander Center

130 Hope Street, Mt. Washington KY (502) 443-9950

Chuck Brothers

(502) 286-0005

Chuck Brothers Recovery Loud and Proud program (Facebook live shows Mon, Wed, and Friday at 6pm)

Nelson County Needle Exchange Program

325 S 3Rd Street, Bardstown KY

(502) 348-3222

Assistance with Narcan-which is an overdose rescue medication: Medica of Bardstown may provide free training and Narcan to Nelson County residents: Call (502) 348-6623 or call United for Recovery at (502) 348-1879 to check for availability.

United For Recovery

(502) 348-1879 or Unitedforrecovery.org

Non-profit organization that provides assistance locating individual or family resources or support for those impacted by substance use disorders. Free Casey's law advocacy. Harm reduction education and support. Assistance with Narcan.

PAL- Parents of Addicted Loved Ones

Open to any family member 18 or older impacted by addiction. Call Terri Adams for additional information at 1-502-349-3329. Meets Thursdays at First Christian Church @ 6pm – 175 E. John Rowan Blvd, Bardstown KY 40004

Alateen St. Monica's Parish Hall

407 S 3rd St, Bardstown KY 40004 Thursdays at 8pm

Alanon Meetings For Families

*Monday @ 7pm – First Presbyterian Church 209 N 2nd St, Bardstown KY 40004

*Thursdays @ 8pm- St. Monica's Parrish Hall

*Wednesday @ 10am- First Christian Church

175 E. John Rowan Blvd, Bardstown KY 40004

Celebrate Recovery

Bardstown United Methodist Church 116 East Flaget Avenue, Bardstown KY 40004 (502) 348-3209 Mondays at 6pm

Narcotics Anonymous

*Monday at 8pm: Church of the Ascension: 211 North Third Street, Bardstown KY 40004

*Tuesday at 8pm: Bardstown Baptist Church; 101 West Brashear Avenue, Bardstown KY 40004

*Wednesday at 8pm: Nelson County Public Library: 201 Cathedral Manor, Bardstown KY 40004

Please check with members to verify current and new meeting lists. For a Current list of NA Meetings call (859) 253-4673

Alcoholics Anonymous

*Sunday at 8pm: Nelson County Public Library: 201 Cathedral Manor, Bardstown KY 40004

*Tuesday at 10:30am and 8pm: Presbyterian Church: 209 North 2nd St., Bardstown KY 40004

*Wednesday at 10:30am: Presbyterian Church: 209 North 2nd St., Bardstown KY 40004

*Thursday at 8pm: St. Monica's Church: 407 South Third Street, Bardstown KY 40004 *Please note that there is an Al Anon and Alateen group at this location at this time as well. *Friday at 9:00am: Presbyterian Church: 209 North 2nd St., Bardstown KY 40004

Please check with members to verify current and new meeting lists. For a current list of AA Meetings call (844) 334-6862

Casey's Law

Allows a family member or friend to petition the court for court mandated substance use treatment for a loved one. Please see Unitedforrecovery.org for more information or call United For Recovery for free support at (502) 348-1879 or the Nelson County Attorney's office at (502) 348-1850.

Help Now KY

(855) 212-2157 – or Findhelpnowky.org

Free Kentucky Recovery Centers

No insurance or payment required- Call Mike Townsend at (800) 633-8896 or view centers under resources at Unitedfor-recovery.org

Voices of Hope Lexington

Free early recovery peer support calls (859) 303-7671 or voicesofhopelex.org

All Kentucky State Police locations have the Angel Program which allows individuals to go to the station and request assistance into an addiction treatment program.

Other Help	Notes
Emergency	
Metro United Way 211	
Kentucky Vocational Rehabilitation 502-595-4173	
Kentucky Career Center GED and career assistance: 502-348-2709	
Child Protective Services 502-348-9048 or 800 752-6200	
Adult Protective Services 502-348-9048 or 800 752-6200	
Child Support Division 502 349-1818	
Medicaid (Adults & Children) 855 306-8959	
Transportation for residents with Medicaid policies: If you need nonemergency transportation to Medicaid-covered services, call the Office of Transportation Delivery at 1-888-941-7433 (TTY 1-800-648-6056) to set up a ride.	
SNAP (Food Stamps)855 306-8959	
TANF (Temporary Assistance for Needy Families)855-306-8959	
Social Security Office	
Free internetNelson County library locations	
Legal Aid 502-584-1254	

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Funding for

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provided by the Bardstown City Council