Wednesday, August 10
Detroit Opera House
More Information Inside
Looking Back on the First Half of 2022

The first half of 2022 has been very exciting for the Berkley Parks and Recreation seniors. Below are some pictures of our experiences and classes. Here is hoping that the second half is just as fun as the first!

Chair Yoga

The great thing with yoga is that it is for everybody. Yoga can be suited to anyone’s needs. Any movement big or small is beneficial for both the physical and emotional self. For those who can’t get on the floor to do a traditional mat yoga class, chair yoga offers the same wonderful health benefits. Improve your physical strength, flexibility and stability. Improve your mental balance, clarity and reduce your stress with simple breathing exercises.

Date: Mondays - Starting July 11
Time:  11:00 am - 12:00 pm
Cost:  $42 - 6 classes
      $7 drop - in

   NO CLASS ON AUGUST 8 OR AUGUST 15

Berkley Beats - Concerts in the Park

Join us this summer as the Parks and Recreation brings music to the parks. All concerts will begin at 7:00 pm. Rides from the Oxford Park Towers will be available by contacting Dan at the Community Center.

July 27
Billy Davis Rhythm Machine wsg Mighty Michael

August 10
Harmonic Swell and the Bridge to Reverberation

August 31
Moxie Blitz

Coming Soon

Detroit Tigers vs Houston Astros
September 14
# Featured Trip

## Ain’t Too Proud

**Detroit Opera House**

“Ain’t Too Proud” is the electrifying, new smash-hit Broadway musical that follows The Temptations’ extraordinary journey from the streets of Detroit to the Rock & Roll Hall of Fame. With their signature dance moves and silky-smooth harmonies, they rose to the top of the charts creating an amazing 42 Top Ten Hits with 14 reaching number one. The unforgettable story of this legendary quintet is set to the beat of the group’s treasured hits, including “My Girl,” “Just My Imagination,” “Get Ready,” “Papa Was a Rolling Stone” and more.

**Date:** August 10, Wednesday  
**Time:**  
- 6:15 pm - Oxford Park Towers  
- 6:30 pm - Berkley Community Center  
**Cost:** $95  

Pre-registration now open  
Payment due after July 1

## Detroit Historical Museum

**Albert Kahn: Innovation and Influence on 20th Century Architecture**

Perhaps Detroit’s best known architect, Albert Kahn was a German-born Jewish immigrant who came to Detroit with his family as a youth and went on to become the world’s leading industrial designer and creator of some of the city’s most iconic buildings. The Fisher Building, the Conservatory and Aquarium on Belle Isle and multiple structures on the University of Michigan campus were all designed by Kahn.

**Date:** July 1, Friday  
**Time:**  
- 9:00 am - Oxford Park Towers  
- 9:15 am - Berkley Community Center  
**Cost:** $20 - Lunch on your own

## Hollywood Casino at Greektown

**Date:** Thursday, August 25  
**Time:**  
- 9:15 am - Oxford Park Towers  
- 9:30 am - Berkley Community Center  
**Cost:** $15

## Oakland County Senior Day

Come enjoy the Day at Independence Oaks County Park. Enjoy fishing, archery, a nature education program, lawn games and pontoon boat rides. Lunch of hot dog, chips and lemonade is provided.

**Date:** July 20, Wednesday  
**Time:**  
- 8:45 am - Oxford Park Towers  
- 9:00 am - Berkley Community Center  
**Cost:** $8

## Falling for Fall Bingo Spectacular

**Date:** September 7, Wednesday  
**Time:** 12:00 - 2:00 pm  
**Cost:** $10

Includes lunch and two bingo cards. Additional cards can be purchased for $.50. Rides from Oxford Park Towers available. Registration required.

## Eastern Market and Atwater Brewery

Spend the morning exploring Eastern Market and all it has to offer. After a few hours of exploring, we will head to Atwater Brewery for lunch.

**Date:** August 30, Tuesday  
**Time:**  
- 8:45 am - Oxford Park Towers  
- 9:00 am - Berkley Community Center  
**Cost:** $10 - Lunch on your own

---

**Travel**

Berkley Parks and Recreation • 2400 Robina • 248-658-3470
Movie of the Month

Death On The Nile
Wednesday, July 6

Free Guy
Wednesday, August 3

Each month, we will be projecting movies onto the wall of the multipurpose room. Movie snacks including candy, chips, pop, and water will be available.

Movies will begin at 1:00 pm. Pick up from the Oxford Park Towers will be at 12:45 pm.

“Death On The Nile” - 2hrs 7mins - Rated PG-13
Belgian sleuth Hercule Poirot's Egyptian vacation aboard a glamorous river steamer turns into a terrifying search for a murderer when a picture-perfect couple's idyllic honeymoon is tragically cut short.

“Free Guy” - 1hrs 55mins - Rated PG-13
When a bank teller discovers he's actually a background player in an open-world video game, he decides to become the hero of his own story -- one that he can rewrite himself. In a world where there's no limits, he's determined to save the day his way before it's too late, and maybe find a little romance with the coder who conceived him.

Congratulations to Senior Picnic Trivia Champions!

Did you know?
You can keep up with all of the upcoming day trips, lunch outings, and senior offerings at the Berkley Community Center by having the Berkley Times delivered to your door. Fill out the information below and return it to Dan to get your name added to the list.

Name: ____________________________________
Address: __________________________________
Phone: ____________________________________
Birthday: __________________________________

Lets Do Lunch
Zef’s Dockside
Monday, July 25
Departs: 10:15 am - Oxford Park Towers
10:30 am - Berkley Community Center
Cost: $6 - Lunch is on your own

Griffin Claw Clubhouse
Friday, August 26
Departs: 11:15 am - Oxford Park Towers
11:30 am - Berkley Community Center
Cost: $6 - Lunch is on your own

Congratulations to Senior Picnic Trivia Champions!

Did you know?
You can keep up with all of the upcoming day trips, lunch outings, and senior offerings at the Berkley Community Center by having the Berkley Times delivered to your door. Fill out the information below and return it to Dan to get your name added to the list.

Name: ____________________________________
Address: __________________________________
Phone: ____________________________________
Birthday: __________________________________

Lets Do Lunch
Zef’s Dockside
Monday, July 25
Departs: 10:15 am - Oxford Park Towers
10:30 am - Berkley Community Center
Cost: $6 - Lunch is on your own

Griffin Claw Clubhouse
Friday, August 26
Departs: 11:15 am - Oxford Park Towers
11:30 am - Berkley Community Center
Cost: $6 - Lunch is on your own
### Loan Closet

The Berkley Community Center has a collection of medical equipment that we are happy to loan to any one in need. Walkers, wheelchairs, canes, shower chairs, transfer benches and more are the types of equipment that we carry. Contact us to see if equipment is available.

### Sunshiners Group

Do you or someone you know need a little pick-me-up? The Sunshiners group has embarked on a journey to bring a little sunshine to those in need by sending greeting cards to those who are sick or just need a simple hello. Please contact Dan at the Parks and Recreation Department to get your name or a friends name added to the list!

### Area Agency on Aging 1-B

The Area Agency on Aging 1-B is available to help seniors, adults with disabilities and their families in southeastern Michigan. Contact 1.800.852.7795 for more information. The AAA 1-B will help guide you to programs and services that can be of assistance.

### Meals on Wheels

Available for those over the age of 60, Meals On Wheels delivers food to your door during the week. Contact 248.689.0001 for more information on the program or to sign up.

### Riddle of the Issue

What never asks a question but gets answered all the time?
### Parks and Recreation Staff

**Director**
- Theresa McArleton

**Manager - Senior Programming**
- Dan McMinn

**Manager - Recreation Programming**
- Scott Jennex

**Office Administrator**
- Amanda Slusarski

**Maintenance Leader**
- Joseph Nazione

### Berkley City Council

**Mayor**
- Dan Terbrack

**Council Members**
- Steven Baker
- Bridget Dean
- Ross Gavin
- Dennis Hennen
- Natalie Price
- Jessica Vilani

---

### Riddle of the Issue Answer

Your Phone