## THE BERKLEY TIMES

CREATING COMMUNITY THROUGH PEOPLE, PARKS AND PROGRAM

March - April 2022



Detroit Symphony Orchestra Friday, March 25

Hear songs from Broadway productions



Carousel



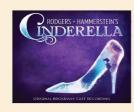
The Sound of Music



Oklahoma!



The King and I



Cinderella



South Pacific

## CLASSES AND OUTINGS

#### Senior Fitness Class

This class will improve circulation through range of motion, building strength, balance, flexibility and coordination. Most exercises are done seated on the chair but you will be taking your cardio up in the beginning of each class. Balls (provided) and weights (provided) are implemented throughout class.

Date: Tuesdays and Fridays Time: Tuesdays - 10:00 - 11:00 am

Fridays - 9:30 - 10:30 am

Cost: \$2 per class

Come join the fun!

#### Chair Yoga

The great thing with yoga is that it is for everybody. Yoga can be suited to anyone's needs. Any movement big or small is beneficial for both the physical and emotional self. For those who can't get on the floor to do a traditional mat yoga class, chair yoga offers the same wonderful health benefits. Improve your physical strength, flexibility and stability. Improve your mental balance, clarity and reduce your stress with simple breathing exercises.

Date: Mondays - Starting March 7

Time: 11:00 am - 12:00 pm

Cost: \$56 - 8 classes \$7 drop - in

#### <u>Hopping into Spring Bingo Spectacular</u>

Date: Wednesday, April 20 Time: 12:00 - 2:00 pm

Cost: \$5

Includes pizza and two bingo cards. Additional cards can be purchased for \$.50. Rides from Oxford Park Towers available.

Registration required.

#### <u>Detroit Symphony Orchestra</u> The Best of Rodgers and Hammerstein

Showstopper after showstopper, it's more than a few of your "favorite things" as the DSO performs the very best of Rodgers and Hammerstein on Broadway. Hear "sweet, silver songs" from Carousel, The Sound of Music, Oklahoma!, The King and I, Cinderella, South Pacific, and more. You'll be "whistling a happy tune" well before intermission!

Date: Friday, March 25

Time: 9:30 am - Oxford Park Towers

9:45 pm - Berkley Community Center

Cost: \$55

**DSO Safety Measures:** 

All guests must provide proof of full vaccination for COVID-19 or a negative COVID-19 test upon entry. Masks must be worn regardless of vaccination status.

## <u>Ford House</u> with lunch at The Continental

Ford House is a home of stories waiting to be uncovered, a collection of moments, big and small, that we can't wait for you to discover. We aspire to help you make the most of every moment here and now, as you enjoy the warmth and beauty of Edsel and Eleanor Ford's estate.

Date: April 14, Thursday

Time: 9:00 am - Oxford Park Towers

9:15 am - Berkley Community Center

Cost: \$20 - Lunch on your own

Safety Protocols -

Ford House requires ALL visitors to wear a mask indoors, including on our shuttles.

### TRAVEL

## Pin Up Girls at Meadowbrook Theatre

From The Andrew Sisters to Hip Hop! From World War I to Afghanistan. The Pin-Up Girls sing a cavalcade of hits inspired by letters home from our troops overseas! While singing at their local VFW hall, Leanne and her friends stumble upon a huge stash of letters that go back a hundred years. Inspired by what they find funny, romantic, heartbreaking and...sexy, the ladies put on a show that celebrates the guys and gals who fight to defend our country.

Date: May 11, Wednesday

Time: 10:45 am - Oxford Park Towers

11:00 am - Berkley Community Center Cost: \$65 - Lunch at Loccinos included in price

MeadowBrook Safety Protocols -

Currently masks are required in all buildings on Oakland University's Campus, including Meadow Brook Theatre, regardless of vaccination status.

#### <u>Detroit Symphony Orchestra</u> <u>Summer Blockbusters</u>

Large budgets, epic storylines, and record crowds. The arrival of summer brings with it blockbuster movies that capture everyone's attention, and turn film composers—such as John Williams and Hans Zimmer—into household names. Enter the summer with the best music from some of the top-grossing summer movies of all time, including Aladdin, Gladiator, and Raiders of the Lost Ark.

Date: June 3, Friday

Time: 9:30 am - Oxford Park Towers

9:45 am - Berkley Community Center

Cost: \$55

DSO Safety Measures:

All guests must provide proof of full vaccination for COVID-19 or a negative COVID-19 test upon entry. Masks must be worn regardless.

### A Closer Walk With Patsy Cline at Meadowbrook Theatre

Little Big Man, a disc jockey from Patsy Cline's hometown of Winchester, VA, traces the late singer's footsteps from early honky-tonk and radio days through her rise at the Grand Ole Opry, plus her appearances at Carnegie Hall and Las Vegas. A Closer Walk With Patsy Cline chronicles Patsy's compelling journey and features her greatest hits, including "Walkin' After Midnight," "Crazy" and "I Fall To Pieces." This production will transport you back in time. With great tunes, a great band, and country music's greatest lady, this show will have you singing the whole way home!

Date: June 15, Wednesday

Time: 10:45 am - Oxford Park Towers

11:00 am - Berkley Community Center

Cost: \$70 - Lunch at Kruse & Muer included in price

MeadowBrook Safety Protocols -

Currently masks are required in all buildings on Oakland University's Campus, including Meadow Brook Theatre, regardless of vaccination status.

#### Lets Do Lunch

Brown Iron Brewhouse

Friday, March 11

Departs: 10:30 am - Oxford Park Towers

10:45 am - Berkley Community Center

Cost: \$6 - Lunch is on your own

Clawson Steakhouse

Thursday, April 7

Departs: 10:45 am - Oxford Park Towers

11:00 am - Berkley Community Center

Cost: \$6 - Lunch is on your own

Xochimilco & La Gloria Bakery

Wednesday, April 27

Departs: 10:15 am - Oxford Park Towers

10:30 am - Berkley Community Center

Cost: \$6 - Lunch is on your own

## SENIOR CENTER ACTIVITIES

#### Movie of the Month





Each month, we will be projecting movies onto the wall of the multipurpose room. Movie snacks including candy, chips, pop, and water will be available.

Movies will begin at 1:00 pm. Pick up from the Oxford Park Towers will be at 12:45 pm.

#### \$1 per person

"Encanto" - 1hrs 42mins - Rated PG

The Madrigals are an extraordinary family who live hidden in the mountains of Colombia in a charmed place called the Encanto. The magic of the Encanto has blessed every child in the family with a unique gift -- every child except Mirabel. However, she soon may be the Madrigals last hope when she discovers that the magic surrounding the Encanto is now in danger.

"Dear Evan Hansen" - 2hrs 17mins - Rated PG-13 Film adaptation of the Tony and Grammy Awardwinning musical about Evan Hansen, a high school senior with Social Anxiety disorder and his journey of self-discovery and acceptance following the suicide of a fellow classmate.

#### One on One Computer Classes

Do you have questions regarding your laptop, Kindle, phone, tablet or a combination of these devices? Our Computer Expert, Marta is available for informative one-on-one sessions to help you learn how to use your devices. Contact Dan at the Community Center to schedule your lesson today.

Please remember to bring your device and your power cords.

Cost: \$35 for one hour session

#### Wii Bowling

Looking for something fun Tuesday Mornings?

Join us at 10:30 am at the Berkley Community Center for Wii Bowling. Each week features 3 games of bowling per person and the chance to hang out and chat with your peers. Hope to see you there!

#### **AARP Tax Prep**

Tax appointments available now! Call the Parks and Rec Office for more info.

#### Did you know?

You can keep up with all of the upcoming day trips, lunch outings, and senior offerings at the Berkley Community Center by having the Berkley Times delivered to your door. Fill out the information below and return it to Dan to get your name added to the list.

Name: _	·
Address:	
Phone: _	
Birthday	•

# COMMUNITY CENTER OFFERINGS

#### Loan Closet

The Berkley Community Center has a collection of medical equipment that we are happy to loan to any one in need. Walkers, wheelchairs, canes, shower chairs, transfer benches and more are the types of equipment that we carry. Contact us to see if equipment is available.

#### Sunshiners Group

Do you or someone you know need a little pick-me-up? The Sunshiners group has embarked on a journey to bring a little sunshine to those in need by sending greeting cards to those who are sick or just need a simple hello. Please contact Dan at the Parks and Recreation Department to get your name or a friends name added to the list!

#### Area Agency on Aging 1-B

The Area Agency on Aging 1-B is available to help seniors, adults with disabilities and their families in southeastern Michigan. Contact 1.800.852.7795 for more information. The AAA 1-B will help guide you to programs and services that can be of assistance.

#### Meals on Wheels

Available for those over the age of 60, Meals On Wheels delivers food to your door during the week. Contact 248.689.0001 for more information on the program or to sign up.

#### Riddle of the Issue

I can travel around the world without leaving my corner.

What am I?

#### Van Transportation

Senior Van Transportation is available for Berkley residents who are 50 or older, retired or semi-retired.

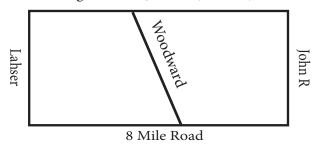
To make a van reservation:

- Reservations can be made Monday through Friday between the hours of 9:00 am and 11:00 am by calling 248.658.3470 and asking for transportation.
- Please be ready to provide your name, address and the address of where you will need to be dropped off.
- -Please indicate if you will need special assistance including if you are using a walker or are in a wheelchair.
- Reservations need to be made at least two days in advance but can be made months in advance if you have all necessary information.

When scheduling rides, it is extremely important to have the address in which you need to be dropped off. Please make sure you have this information available when you call.

No changes, other than cancellations, will be made on the day of transportation. Additions will not be accepted. Please do not ask the driver to alter the schedule.

Big Beaver/Quarton (16 Mile)



#### FACE MASKS ARE REQUIRED

The Transportation Security Administration (TSA) has extended the face mask requirement through March 18, 2022 for all transportation networks, including public transportation.

City of Berkley Parks and Recreation 2400 Robina Berkley, MI 48072 www.berkleymich.org

#### Parks and Recreation Staff

Director

Theresa McArleton

Manager - Senior Programming

Dan McMinn

Manager - Recreation Programming

Scott Jennex

Office Administrator

Amanda Slusarski

Maintenance Leader

Joseph Nazione

#### **Berkley City Council**

Mayor Dan Terbrack Council Members
Steven Baker
Bridget Dean
Ross Gavin
Dennis Hennen
Natalie Price
Jessica Vilani

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9				1				
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Riddle of the Issue Answer

A Stamp

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