

Burlingame Elementary Volleyball League Rules

A. COURT/OFFICIALS

1. Court size will be sixty (60) feet long by thirty (30) feet wide. The net will be seven feet two inches (7 ft. 2 in.) high.
2. The Recreation Department will provide at least one referee. The referee will keep score. The referee has the right to overrule all calls.
3. Lines will mark the court (a ball that hits the line is in).
4. Participants will be able to serve underhand behind the blue tape line (6 feet in from normal serving line).

B. GAME

1. Teams will play three games per match. Game one and two will be to **21** points. The third game is to **15** points. The third game will be played regardless of the outcome of the first two games. A team must be ahead by two points to win a game.
2. Rally Scoring: Rally Scoring will be used in all games. During rally scoring the team that wins any rally is awarded one point regardless of who is serving. Rotation will occur on side-out as in regular play.
3. Game time is forfeit time. Six (6) players constitutes a team, however, a team must have at least five (5) players on the court to start a game. After the first forfeited game, a team will have fifteen (15) minutes to field five (5) players for the remainder of the match. After this initial fifteen (15) minute period the team shall forfeit the match.
4. Each team shall be allowed two (2) 30 second time out per game.

C. COIN TOSS/COURT ADVANTAGE

1. At the start of the match the referee will toss a coin to determine "side or serve advantage." The captains of both teams shall be involved in the toss. The winner has her choice of side or serve.
2. Teams shall change playing side after every game.
3. The team that does not serve first in the initial game of the match shall serve first in the second.

D. RULES

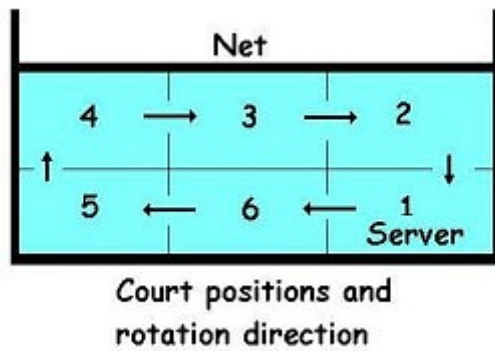
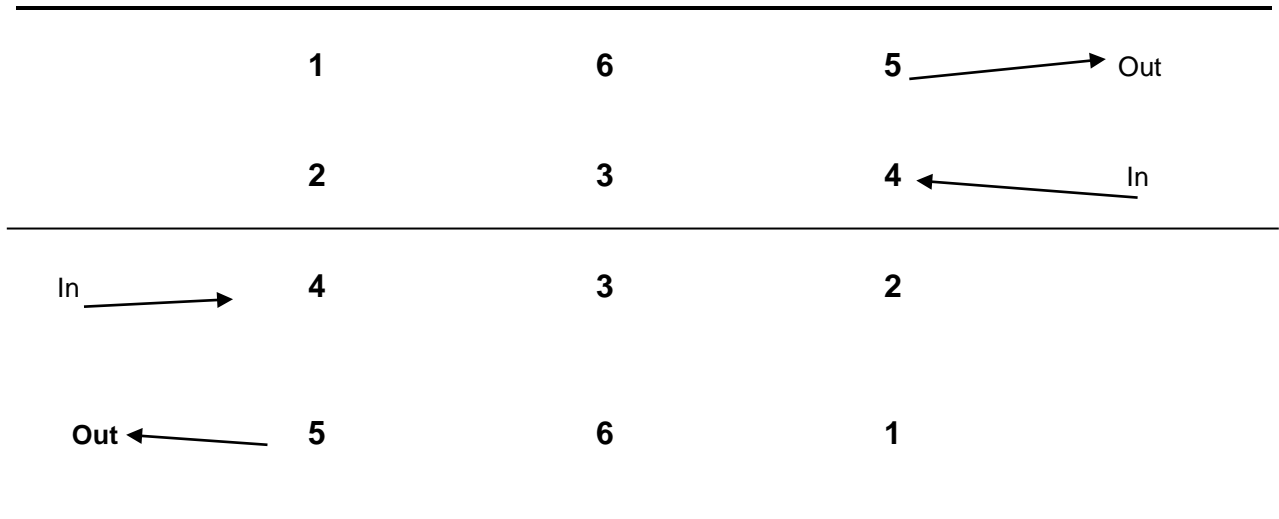
1. A serve is used to put the ball in play. The ball can be served overhand or underhand. Any participant attempting an overhand serve must serve from the standard service line. The same serving order must be kept for the entire game.
2. After 5 consecutive points by one server, the team will rotate to a new server, but remain as the serving team.

3. The player serving the ball must do so from the right 1/2 of the court behind the back line (six feet in, blue line for underhand) (**Note: League Commissioner or official has the right to move the service line up at any point of the season) Towards the end of the season, all players will be encouraged to have both feet behind the service line until the ball is served.
4. Illegal Serve
 - a) Serving out of turn.
 - b) Stepping over the service line before contacting the ball.
 - c) Served ball touches the ceiling.
 - d) Using more than one hit to get the ball over the net.
5. Return of serve
 - a) The return must not be hit more than three times before it is returned
 - b) No player can hit two consecutive shots.
 - c) The serve can be received with a bump, set or hatchet.
6. Illegal/Improper Hits
 - a) Holding, catching, kicking or throwing the ball.
 - b) Hitting the ball twice in a row by the same player.
 - c) Hitting the ball more than three times on the same side of the net.
 - d) Crashing into the net. *determined by official
 - e) Fully stepping over the center line.
 - f) Ball landing out of bounds (the line is in bounds).
7. Playing Time/Player Rotation and Substitution
 - a) Any player not participating in the first game of the match must start the second game.
 - b) The right back player will be the first server.
 - c) Teams will rotate in new players after every side out/exchange of service. Team that was received service will rotate in new player following side out.
 - d) If a team has more than six (6) players, after side out, the team that received the serve must rotate a player into the front left position (#4 below). The player will rotating off court will exit from the back left position (#5 below).
 - e) If a team has more than six players, the non-starters will form an entry line. Players rotating out of the game will go to the back of the entry line and the first player in the entry line will rotate into the game.

E. OTHER GENERAL RULES

- A. A ball striking the ceiling or an overhead obstruction above a playable area shall remain in play provided the ball contacts the ceiling or obstruction on the side of the net that is occupied by the team that last played the ball, and the ball is legally played by the same team.
- B. Players may not wear jewelry of any kind during the matches. *Only newly pierced ears can be worn if covered with tape. Prescription glasses or goggles are permitted.
- C. A penalty on the service team gives a side out to the returning team. A penalty on the returning team gives a point to the serving team.

Elementary School Volleyball Rotation Diagram



The Burlingame Parks and Recreation Department has the right to modify or change any of the above stated rules at any time