

# September 29, 2022

This eNews contains informative graphics, pictures, and flyers. To get the most out of this weekly eNews, we recommend that you download all images prior to viewing.

# **Muddy Mile Impact**

The Muddy Mile is making its return! On Saturday, October 1, Burlingame youth will run the Muddy Mike course along the Sanchez Lagoon at Bayside and Murray Fields. To accommodate for this event, the western trail of the Sanchez Lagoon and pedestrian access on the Anza Bridge will be closed to the public through Monday, October 3. Additionally, during the event on Saturday, October 1, from 8:00 a.m. to noon, access will be limited on the eastern trail of Sanchez Lagoon. We appreciate your understanding as we create a fun outdoor kid-friendly event.



# More Survey Responses Needed for Age Friendly City Plan!

People of all ages benefit from the adoption of policies and programs that make neighborhoods walkable, feature transportation options, enable access to key services, provide opportunities to participate in community activities, and support affordable and adaptable housing. Well-designed, age-friendly communities foster economic growth and make for happier, healthier residents of all ages. The most livable communities are those that enable residents to thrive at every age and every life stage — in other words, they are age-friendly. The availability and quality of certain community features, commonly referred to as the "8 Domains of Livability" 1. Outdoor Spaces and Buildings; 2. Transportation; 3. Housing; 4. Social Participation; 5. Respect and Social Inclusion; 6. Work and Civic Engagement; 7. Communication and Information; and 8. Community and Health Services, have a particular impact on the well-being of older adults. This framework is used to organize and prioritize the community's work to become more livable for older residents, as well as people of all ages. In order to do this, we need your input to better understand your needs. Please use the link provided <u>here</u> to access the online survey, or stop by the Burlingame Library or the new Community Center if you need assistance.



# We Need Your Input!

The City of Burlingame is launching a pilot program to assist local restaurants in trying out reusable foodware for takeout orders. The City is working with <u>Reusable San Mateo</u> <u>County</u>, a local advocacy organization, to recruit 3-4 Burlingame restaurants to join the pilot. Participating restaurants would offer their customers the option to use reusable food containers for takeout orders. When finished, customers can drop off the reusable containers at the restaurant or have them picked up from their doorsteps by <u>Dispatch Goods</u>.

If you run a restaurant and are interested in being a part of this innovative pilot, or know a restaurant that would be a perfect fit, please get in touch! Complete this quick <u>survey</u> to share your thoughts.

This program is intended to reduce the increasing amount of plastic waste created by takeout orders.

Your help is appreciated, and please be on the lookout for cool reusable foodware coming to a nearby restaurant!

## **Business Licenses are Due by September 30**

To renew your business license online, you will need your Customer Number and Invoice Number, which are located in the lower right corner of renewal letters. The locations are highlighted below:

BURLINGAME	CITY OF BURLINGAME 501 PRIMROSE ROAD BURLINGAME, CA 94010 (650) 558-7210 BLINFO@BURLINGAME.ORG	YOUR BUSINESS LICENSE WILL EXPIRE ON JUNE 30TH. A 25% PENALTY WILL BE ADDED IF BILL IS NOT PAID AND RECEIVED BY SEPT 30th.	- 0	LICENSE RENEWAL Remit Portion 07/01/2022
			Invoice Number	12345
TOMATED			Customer Number	912345
			Amount Paid	
CITY OF BURLINGAME P.O. BOX 191 BURLINGAME, CA94011			Due Date	09/30/2022
			Invoice Total Due	\$104.00
			MAKE CHECKS PAYABLE TO CITY OF BURLINGAME	

Once you have identified both your Customer Number and Invoice Number, you can use the following link to submit your payment: <u>City of Burlingame - Online Renewal</u>. If you have not received your business license renewal letter, or if you need to make changes to your business license account, please contact the Business License Office at (650) 558-7210 or <u>blinfo@burlingame.org</u>.

# **Best Time to Try Solar**

If you have ever considered solar for your home, this is the best time to explore it further with <u>Bay Area SunShares</u>, Burlingame's solar discount program. Sign up to connect with selected installers about solar and back-up battery options.

SunShares is a reliable and City supported program, and a great starting point to learn more about solar. Sign up for a free audit to see if solar is right for your home. Alternatively, join a <u>monthly webinar</u> to learn more about the program.

Watch former Burlingame Chief of Police <u>Eric Wollman's solar story</u> for a first-hand account of SunShares.



Recycle. Compost. Go Electric. Save Water. Say No To Plastic.

# take action. THE FUTURE IS IN OUR HANDS.

O @burlingame\_sustainability

Sign up for the "Burlingame Gazette" and get the most current information on senior events, programs, and resources. Click on this "button" to send an email to kcoggins@burlingame.org, or call the Burlingame Community Center at 650-558-7300 to get the "Gazette" mailed to your home or delivered to your email inbox.

Burlingame is proud of our employees. If you think so too, we'd love to hear from you! Click here to send an email to EmployeeRecognition@burlingame.org if an individual or department has gone above and beyond for you!

#### library

FACEBOOK - @480PRIMROSE Twitter - @480PRIMROSE Instagram - @burlingame\_library Youtube – burlingame public library

#### city ha<u>ll</u>

FACEBOOK - @BURLINGAMECITYHALL TWITTER - @BURLINGAMECITY INSTAGRAM - @GENERATIONVOTER @BURLINGAME\_SUSTAINABILITY

Public safety FACEBOOK - @BURLINGAMEPOLICE TWITTER - @BURLINGAMEPD @CENTRALCOUNTYFD INSTAGRAM - @CENTRALCOUNTY.FIRE

#### **parks and rec** FACEBOOK -@BURLINGAMEPARKSANDREC INSTAGRAM -@BURLINGAME PARKSANDREC

# **Events Around Town**



#### Meditation for Inner Peace September 29, 6:00 p.m. – 7:00 p.m.

How can we find inner peace within ourselves through meditation? Join Dr. Manish Saggar, Assistant Professor in the Department of Psychiatry and Behavioral Sciences at Stanford University, as he explores the aspect of going within rather than without! He will discuss the blocking out of stressful triggers and finding peace by living in the current moment. All of this is possible by incorporating a simple time-tested meditation technique. There will even be a short, virtual meditation sitting. This can help us achieve a lasting state of peace and happiness found through no outer experience.

Meeting ID: 818 2535 4890 Passcode: 2022

Meeting link, click here.



# Burlingame Juddy Mile

# Saturday, October 1 9:00am - 12:00pm Murray Field

Registration Fee: \$30R/\$36NR | More Information: www.burlingame.org 650-558-7300

All Ages 1 Mile Course 15+ Obstacles \_OTS OF MUD!









#### Muddy Mile Saturday, October 1, 9:00 a.m. - 12:00 p.m.

The Muddy Mile is back and close to selling out! This year's course will feature more than 15 obstacles that will test your balance, strength, and courage! While the course is designed for kids, we encourage parents to run the course with their kids! Anyone who is running the course **must** register. The registration fee includes race entry and a commemorative T-Shirt. Register today!

Selecting Native Plants Webinar on Zoom Saturday, October 1, 10:00 a.m. -

#### 11:30 a.m.

Learn how to create a beautiful, low water use and low maintenance landscape with native plants. This workshop is for anyone who has ever been overwhelmed while visiting a garden store and does not know where to start. Register here.



#### **Hispanic Heritage Month Celebration** Saturday, October 1, 2:00 p.m., Main Library Front Porch

Join us on the front lawn of the Burlingame Main Library on Saturday, October 1, 2022 at 2:00 p.m. as we enjoy the musical sounds of Cascada de Flores, "a delicious discovery of retro acoustic music with Mexican and Caribbean roots," while making paper crafts and munching on churros and popcorn.



#### Computer Help Drop-in Every Monday and Thursday, 2:00 p.m. - 4:00 p.m., and Saturday, 10:00 a.m. - 12:00 p.m., in the Tech Lab

Do you need specific assistance or do you have a general computer question? We are here to help!

Every Monday and Thursday, 2:00 p.m. - 4:00 p.m., and Saturday, 10:00 a.m. - 12:00 p.m., in the Tech Lab (Lower Level), the Library hosts a Computer Help Drop-In. There are Volunteer Computer Tutors available to work one-on-one with you.

Whether you want to set up your first email account or better understand your cell phone's contact list, we can help. Laptops are provided, or feel free to bring in your own device.

Stop in and see if we can help you

# The Fresh Market!

Sundays, 9:00 a.m. - 1:00 p.m. Thursdays, 3:00 p.m. - 7:00 p.m. Park Road at Burlingame Avenue



Please continue to follow these important tips for shopping the Fresh Market:

- Leave your pets at home, please. By order of the San Mateo County Health Department, no dogs are allowed in Burlingame's Fresh Market.
- Come to the market in good health; please stay home if unwell.
- Wash hands/ refrain from touching your face.
- Wash all produce before consumption.

For more information, visit burlingamechamber.org.

**Community Updates** (events/info. not sponsored by the City of Burlingame)

# TRINA TURK

Join us for an evening of giving back

WITH THE

Burlingame Library Foundation

Wednesday, October 5th | 6pm-8pm

#### **TRINA TURK**

1223 Burlingame Ave

Enjoy sips and bites as you shop you shop the latest fall collection. A portion of the event proceeds with benefit Burlingame Library Foundation

\*Cant make it? join us to pre-shop September 27th - October 8th.

#### KINDLY RSVP

Terri Merchant info@burlingamelibraryfoundation.org



#### Fundraiser with Trina Turk Wednesday, October 5, 6:00 p.m. – 8:00 p.m.

On Wednesday, October 5, between 6:00 and 8:00 p.m., Trina Turk and the Burlingame Library Foundation are partnering to present an in-store shopping night fundraiser on behalf of the Burlingame Public Library. When making your purchase, be sure to mention the Burlingame Library Foundation, and a percentage of the proceeds will be donated to the Foundation in support of the terrific community events offered at the Library.

Alternatively, take advantage of the pre-shop option! You'll avoid the crowds and will have the time to peruse Trina Turk's beautiful new fall collection at a more leisurely pace.

From Tuesday, September 27 to the October 5 in-store event, the pre-shop option is in effect! Either stop by Trina Turk for your shopping pleasure or phone your order in to the Burlingame Avenue store! Be sure to mention the Burlingame Library Foundation when making your purchase, and a percentage of the proceeds will be donated to the Foundation.

After your pre-shop purchase is complete, you may pick up your items at the store starting on October 5, or you may elect to have your purchases shipped to you. Trina Turk will happily cover 100% of all shipping costs!

## NAMI San Mateo County First Ever In-Person Walk Sponsored by

## Well Loved Local Michael and Sally Mayer Family Foundation

NAMI San Mateo County's (NAMI SMC) first ever in person walk has an amazing presenting sponsor – The Michael and Sally Mayer Family Foundation. Sally Mayer has been a long-time member and supporter of NAMI SMC, the founding affiliate of the entire National Association for Mental Illness. Their incredible donation is helping thousands of families and persons affected by mental health conditions every year. Both Sally and Michael have been long time Hillsborough residents and incredible advocates for services for both individuals and families living with mental illness.

NAMI SMC has been helping county residents for 48 years, and they are using this walk to bring the issues of stigma surrounding mental illness to the forefront. They offer weekly and monthly classes and support groups in both English and Spanish. Every year, the event, NAMIWalks Your Way raises funds for NAMI's free top-rated programs, amplifies awareness to eliminate stigma, and strengthens the ever-growing mental health community.

Come join the event on October 8 at 10 a.m. in Seal Point Park in San Mateo. You will be joining hundreds of others who are standing up for this new day in mental health. Mental illness affects everyone, regardless of skin color, sexual orientation, income level, etc. To join NAMIWalks Your Way, visit <u>namiwalks.org/sanmateo</u>. There is no registration fee, but fundraising is encouraged. Participants who raise at least \$100 & register for the walk will receive an event T-shirt. One hundred percent of the funds raised support NAMI San Mateo County's free local mental health programs, resources, and services.

NAMI SMC is here for the community – let's have the community step up for NAMI SMC on October 8.



# How to Get Gas Out of Your Home

One of the easiest things you can do to make your home healthier and safer is to get natural gas (which is primarily methane, a fossil fuel) out of your home. It's also one of the most effective ways to address climate change.

At a free program called, "**How to Get Gas Out of Your Home**" on **Tuesday, October 11, Diane Bailey** and **Tom Kabat** will offer practical tips on eliminating gas from your heating and cooling systems, your water heater, and other appliances. Doing so will make your home healthier by eliminating toxic indoor pollution, and will make your home safer by capping volatile gas lines under your home.

Presented by the <u>Citizens Environmental Council</u>, the program will be held from 7:00 to

8:30 p.m. in the Maple Meeting Room at the new zero net energy Burlingame Community Center, 850 Burlingame Avenue, Burlingame. There is no charge for admission, but preregistration is required. To preregister, click <u>here</u>.

Bailey and Kabat, who founded the <u>Campaign for Fossil Free Buildings in Silicon</u> <u>Valley</u> and work with Menlo Spark, will explain how to make low-cost electrification plans, where to find installers, how to get advice from "ambassadors" who have electrified their homes, and how to apply for rebates and incentives that are available. They will also answer questions.

The two speakers are leaders of a large advocacy movement that has prompted 29 cities and counties on the Peninsula to reduce or eliminate natural gas in buildings. Assisted by guidebooks they helped write, the movement to electrify buildings is gaining traction nationally. They recently helped obtain a \$4.5 million grant from the State of California to make the switch from natural gas easier and more affordable in Menlo Park.

Diane Bailey was a senior scientist with the Natural Resources Defense Council for nearly 14 years. She became Menlo Spark's Executive Director when the organization was founded in 2015. Under her leadership, Menlo Spark has mobilized the city's residents to address climate change and encouraged the City Council to adopt a goal of being carbon neutral by 2030.

Tom Kabat is an environmental and mechanical engineer with four decades of experience in energy efficiency, utility program and supply planning, and public policy areas. In his work with local, state, and federal government, he focuses on creating new solutions while also working on the big picture of solving home and grid problems together.

The Citizens Environmental Council's mission is to champion regional sustainability through education, advocate for environmental and climate policies, and empower young environmental leaders. For more information, visit <u>cecburlingame.org</u> or email <u>info@cecburlingame.org</u>.





Peninsula Clean Energy Offers Outreach Grants for Local

# Nonprofits

**Applications due October 17** 

Peninsula Clean Energy is inviting applications from non-profit, community-based organizations for grants of up to \$45,000 per project to support environmental education, community outreach, and other services in San Mateo County and the City of Los Banos, in 2023.

Grant applications are due October 17, and more details are available on Peninsula Clean Energy's <u>community outreach grants webpage</u>.

501(c)(3) nonprofit organizations, or their fiscally sponsored projects with an established track record of public outreach, communications, providing social services or case management in Peninsula Clean Energy's service territory, are eligible for the 2023 grants.

Goals for 2023 outreach projects may include but are not limited to the following:

- Communicating about Peninsula Clean Energy and its clean energy values and customer programs
- Supporting education and gathering input about local climate action goals
- Focusing on educating and assisting low-income and underserved communities regarding bill savings, discount programs, home upgrades, used electric vehicle rebates, and helping avoid PG&E disconnections
- Educating all residents, including communities of color and cultural diversity, about the benefits of electric vehicles, building electrification and Peninsula Clean Energy's corresponding programs

Grant recipients will work in collaboration with Peninsula Clean Energy's outreach team for up to one year, and organizations may apply for funding for more than one project to a maximum of \$45,000 per project.

In January 2022, Peninsula Clean Energy <u>announced 12 grants</u>, totaling \$310,000 and ranging from \$20,000 to \$40,000 each. Those followed <u>11 community outreach grants</u> Peninsula Clean Energy awarded in 2021.

#### About Peninsula Clean Energy

Peninsula Clean Energy is a Community Choice Aggregation agency. It is the official electricity provider for San Mateo County and for the City of Los Banos. Founded in 2016 with a mission to reduce greenhouse gas emissions, the agency serves a population of 810,000 by providing more than 3,600 gigawatt hours annually of electricity that is 50 percent renewable, 100 percent clean, and at lower cost than PG&E. As a community-led, not-for-profit agency, Peninsula Clean Energy makes significant investments in its communities to expand access to sustainable and affordable energy solutions. Peninsula Clean Energy is on track to deliver electricity that is 100 percent renewable by 2025. The agency has earned investment grade credit ratings from Moody's and Fitch. Follow us at <u>PenCleanEnergy.com</u>, <u>Twitter</u>, <u>Facebook</u> and <u>LinkedIn</u>.

Shop Burlingame - your tax dollars support City services! A message from the Burlingame/SFO Chamber of Commerce



City of Burlingame | 650-558-7200 | info@burlingame.org





City of Burlingame | 501 Primrose Road, Burlingame, CA 94010

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