

Chesapeake Redevelopment and Housing Authority
 1468 South Military Highway
 Chesapeake, VA 23320
www.crhava.org



**John C. Kownack,
 Executive Director**



ANNIVERSARY

June 30, 1972



Latest News

Chesapeake State of the City 2023

On Wednesday, March 29, 2023, the City of Chesapeake held its annual State of the City event. The State of the City is the premier annual forum for Chesapeake's business, civic, and community leaders.

The 2023 address, delivered by the Honorable Chesapeake City Mayor, Dr. Richard West, highlighted key business development initiatives, provided strategic municipal progress updates, addressed challenges and opportunities, and provided a glimpse into the City's future, with the highlight being Summit Pointe (slated to be Chesapeake's new downtown).

In attendance were CRHA Board Commissioners: Dr. Rebecca Adams, Dr. Deborah Hunley-Stukes, Dr. Keshia Brown, Ms. Diana Clark-Daughtry, Mr. John Kish; and Senior Management: Mr. John Kownack, Ms. Nancy Tarkenton, Mr. Raimundo Rivera, Ms. Stephanie Wright, Ms. Angie Brickhouse, and Ms. Nellie Sanchez.

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Special Points of Interest

- Welcome New Commissioners
- NCMFP/CRHA Scholarship Opens
- Kickoff of NCMFP Youth Leadership and Mentoring Program



Commissioner's Corner

WELCOME ABOARD COMMISSIONER FULLER AND COMMISSIONER DANIELS!

CRHA Welcomes Two New Board Members

During the March 28, 2023 Chesapeake City Council meeting, Council members appointed two new Commissioners to the Chesapeake Redevelopment and Housing Authority Board of Commissioners. Our newest Board members will join us for the April 26th meeting.



Ms. Lena Fuller



Dr. Michael Daniels

Welcome aboard Ms. Lena Fuller and Dr. Michael Daniels

Board of Commissioners General Meeting Information

The Chesapeake Redevelopment and Housing Authority Board of Commissioners consists of nine (9) members, one of whom serves as Resident Commissioner.

The members are appointed by the Chesapeake City Council and may serve up to two consecutive 4-year terms from the date of appointment.

The Commissioners are the governing officers of the Authority. Their responsibilities include setting policies governing the operations of the Authority, charting the direction of current and future programs and development, as well as approving contracts entered into by the Authority.

The Board of Commissioners hires the Executive Director, who serves as Board Secretary, and is responsible for managing the Authority's day-to-day operations.

Board of Commissioners Meeting Information

The Chesapeake Redevelopment and Housing Authority Board of Commissioners convene on the fourth Wednesday of each month with the exception of November. Meetings begin at 5:00 p.m. and typically take place at the Authority's Administration Office located at 1468 S. Military Highway in Chesapeake, Virginia. Special meetings may occur at any time throughout the year. Special Meeting notices will be distributed at least five (5) days in advance should this occur.

The next three meetings are scheduled as follows:

Wednesday, April 26, 2023 at 5:00 PM

Wednesday, May 24, 2023 at 5:00 PM

Wednesday, June 28, 2023 at 5:00 PM *



2023 Spring Retreat

Chesapeake Redevelopment and Housing Authority

2023 BOARD OF COMMISSIONERS RETREAT

Date: Saturday, March 18, 2023

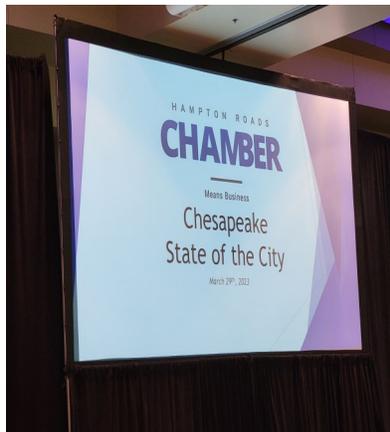
Location: Geneva Square Community Center
700 Geneva Avenue, Chesapeake, VA 23323

Time: 9:00 AM – 2:00 PM



The CRHA Board of Commissioners 2023 Spring Retreat was held on Saturday, March 18, 2023 at the Geneva Square Community Center in Chesapeake, VA. Executive Director, John Kownack, facilitated the retreat. Executive staff members Nancy Tarkenton, Delisha Lamb, Stephanie Wright and Housing Programs Specialist, Donna Mills were presenters at the retreat. The retreat included a tour of an existing (non-renovated) unit, as well as the units currently undergoing redevelopment at Building 7. The HCV Team also provided a live demonstration (reenactment of the voucher briefing and onboarding process). Ms. Wright, along with HCV staff members Cindy Harrell, Jessica Ferebee and Lynn Jordan, carried out the demonstration.

Chesapeake State of the City 2023 (Continued from cover page)



Funding Opportunities/Community News

Capital Grant Program Funded - \$1.6M



PUBLISHED: FEBRUARY 17, 2023

Warner & Kaine Announce Over \$54 Million in Federal Funding to Improve Affordable Housing Across the Commonwealth

WASHINGTON, D.C. – Today, U.S. Senators Mark R. Warner and Tim Kaine announced **\$54,074,769** in federal funding to improve affordable housing across the Commonwealth. The funding is awarded by the U.S. Department of Housing and Urban Development's Office of Capital Improvements' **Capital Fund**, which annually provides funds to Public Housing Agencies (PHAs) for the development, financing, and modernization of public housing developments and for management improvements. "Affordable housing should be accessible to all Virginians," said the senators. "We're glad this funding will help make improvements to affordable housing units and ensure more Virginians have a safe place to call home."

The funding is distributed as follows:

- \$14,273,592 for the **Richmond Redevelopment & Housing Authority**
- \$10,336,316 for the **Norfolk Housing & Redevelopment Authority**
- \$4,824,916 for the **Roanoke Redevelopment & Housing Authority**
- \$3,639,100 for the **Newport News Redevelopment & Housing Authority**
- \$2,129,956 for the **Portsmouth Redevelopment & Housing Authority**
- \$2,021,944 for the **Alexandria Redevelopment & Housing Authority**
- **\$1,679,717 for the Chesapeake Redevelopment & Housing Authority**
- \$1,539,679 for the **Danville Redevelopment & Housing Authority**
- \$1,528,841 for the **Suffolk Redevelopment & Housing Authority**
- \$1,273,668 for the **Charlottesville Redevelopment & Housing Authority**
- \$1,210,188 for the **Petersburg Redevelopment & Housing Authority**
- \$1,189,457 for the **Lynchburg Redevelopment & Housing Authority**
- \$1,154,475 for the **Hopewell Redevelopment & Housing Authority**
- \$1,144,523 for the **Bristol Redevelopment & Housing Authority**
- \$998,220 for the **Hampton Redevelopment & Housing Authority**
- \$802,959 for the **Cumberland Plateau Regional Housing Authority**
- \$783,482 for the **Marion Redevelopment & Housing Authority**
- \$729,287 for the **Wytheville Redevelopment & Housing Authority**
- \$672,297 for the **Norton Redevelopment & Housing Authority**
- \$598,157 for the **Wise County Redevelopment & Housing Authority**
- \$597,603 for the **Waynesboro Redevelopment & Housing Authority**
- \$374,675 for the **Williamsburg Redevelopment & Housing Authority**
- \$285,899 for the **Scott County Redevelopment & Housing Authority**
- \$186,660 for the **Lee County Redevelopment & Housing Authority**
- \$92,323 for the **Abingdon Redevelopment and Housing Authority**
- \$6,835 for the **Franklin Redevelopment & Housing Authority**

Capital grants can be used to address maintenance needs, reduce vacancies, relocate residents, fund programs supporting economic self-sufficiency, support resident security, safety, and homeownership activities, integrate utility management and energy saving measures, and make other improvements.

FY 2022 Family Self-Sufficiency (FSS) Grantees in Virginia

State	Agency	Funding	Count
VA	Hopewell Redevelopment and Housing Authority	\$90,000	1
VA	Bristol Redevelopment and Housing Authority	\$116,732	1
VA	Chesapeake Redevelopment and Housing Authority	\$176,300	3
VA	City of Virginia Beach Dept. of Housing & Neighborhood Pres	\$70,503	1
VA	Alexandria Redevelopment And Housing Authority	\$89,838	1
VA	Fairfax County Redevelopment and Housing Authority	\$211,058	2
VA	Prince William County Housing and Community Developmen	\$107,198	1
VA	Suffolk Redevelopment & Housing Authority	\$133,795	2
VA	Waynesboro Redevelopment and Housing Authority	\$222,208	2
VA	Richmond Redevelopment and Housing Authority	\$134,435	1
VA	Portsmouth Redevelopment and Housing Authority	\$424,312	4
VA	Franklin Redevelopment And Housing Authority	\$116,634	1
VA	Harrisonburg Redevelopment and Housing Authority	\$63,000	1
VA	ches City County Office of Housing and Community Developm	\$26,500	0.5
VA	City of Roanoke Redevelopment and Housing Authority	\$189,000	3
VA	Newport News Redevelopment and Housing Authority	\$168,047	3
VA	County of Loudoun	\$89,838	1
VA	Danville Redevelopment and Housing Authority	\$111,104	1
VA	Hampton Redevelopment and Housing Authority	\$60,152	1
Virginia		\$2,600,654	30.5

On January 3, 2023, Chesapeake Redevelopment and Housing Authority received notice that their application for Family Self-Sufficiency had been funded for the **13th consecutive year**.

FSS Grant funding helps public housing, Housing Choice Voucher (HCV), and Multifamily Project-Based Rental Assistance households increase their earnings and build assets that may be used for any purpose, such as buying a home or pursuing education.

Chesapeake Redevelopment & Housing Authority 2023 Scholarship



The New Chesapeake Men for Progress Education Foundation, Inc.

CRHA
CHESAPEAKE, VA



In 2022, The New Chesapeake Men for Progress Education Foundation, Inc. and Chesapeake Redevelopment and Housing Authority established the Chesapeake Redevelopment & Housing Authority (CRHA) Scholarship Program.

The Chesapeake Redevelopment and Housing Authority Scholarship is intended to alleviate some of the financial costs associated with attending institutions of higher education. The awarding of the scholarship is based on the applicant's proof of enrollment in either a four-year college or university.

To be eligible for the scholarship, student must live in Chesapeake's Redevelopment and Housing Authority housing or participate in the HCV Program, and meet all eligibility requirements.

The application deadline is May 30th.

If chosen, scholarship recipients consent to digital photography to promote the CRHA and NCMPEF Scholarship program.

Visit our Featured News section at www.crhava.org for more details.



Chesapeake Public Schools
Department of Human Resources
757-547-0001 @cpschools.com

JOB FAIR

ON-SITE INTERVIEWS
WEDNESDAY

APRIL



10 AM - 3 PM

Chesapeake Central Library
298 Cedar Rd. Chesapeake, VA 23322



Full-Time Positions Include:

- Health and Dental Insurance
- Retirement Benefits
- Great Schedule
- CPS Employee Wellness Center



Positions Available

	School Psychologists	Speech Therapists Behavior Consultants Occupational/Physical Therapists	School Nurses
Education	Education Specialist Degree or a Certificate of Advanced Graduate Study (CAGS)	Master's Degree	Bachelor's Degree in Nursing Preferred
Experience	Experience in Related Field	Experience in Related Field	Experience Preferred
Licensure	Valid Virginia License	Valid Virginia License	Valid Virginia License

The School Board of the City of Chesapeake is an equal opportunity employer. No person shall be denied employment upon the basis of race, color, religion, national origin, sex, sexual orientation, gender identity, non-disqualifying disability, age, or any other characteristic protected by law.

In partnership with **Chesapeake Public Schools**, **Aspire 360/Jobs Plus** and **Resident Services** staff participated in a **Community Resource** event at the **Chesapeake Central Library** on **Monday, March 6, 2023**. The purpose was to share resources offered by various agencies in the **City of Chesapeake**.



**CHESAPEAKE PUBLIC SCHOOLS
SCHOOL SOCIAL WORKERS
COMMUNITY RESOURCE NIGHT!**

**Bridging the Gap
Between Schools and Communities**

Over 20 Vendors to contribute to family empowerment, parent support, and youth development!

Flu Shots and Covid Vaccinations available!

Grocery Giveaways, Raffles, and more!

**Monday, March 6, 2023
4:30pm - 6:30pm
Chesapeake Central Library
298 Cedar Road, Chesapeake VA**

NextGen Opportunity Fair

In partnership with **Chesapeake Thrives**, Deputy Executive Director, **Nancy Tarkenton** participated in a **Community Resource** event at the **Chesapeake Conference Center** on **Thursday, March 2, 2023**. The purpose was to share job referrals, volunteer services and other programs offered by agencies in the **City of Chesapeake**.

March 2, 2023 - 5:30pm - 7:30pm

The **NextGen Opportunity Fair** was held on **Thursday, March 2nd** from **5:30 pm-7:30pm!** The **NextGen Opportunity Fair** provides teens and young adults (ages 16-24) the opportunity to gain access to employment, volunteer work, and post-secondary education opportunities in the region. The Fair attracts more than 300 attendees and more than 50 vendors annually- successfully connecting businesses and organizations with the emerging workforce

NextGen Opportunity FAIR

Learn about employment, volunteer, and post secondary education opportunities!

**MARCH 2, 2023
5:30-7:30PM
CHESAPEAKE CONFERENCE CENTER**

Vendors Application

Youth Register

CONTACT INFORMATION:

CALL: (757) 233-8686

EMAIL: nextgen@theworkforcecouncil.org

2023 HOMEOWNERSHIP PROGRAM

HomeOwnership (HOP) Program

The HOP team conducted the fifth, sixth and seventh classes in the first-time homebuyer club series on January 10, 2023, February 21, 2023 and March 14, 2023.

In March 2023, HOP attendees welcomed Dr. Perry Dunning, CRHA's own HCV Inspector as the guest speaker. The topic for the evening was *All You Need to Know about Home Inspections*. Dr. Dunning engaged the group in Q&A's throughout the training, while stressing the importance of conducting thorough home inspections.

In previous courses, participants learned the importance of having a good real estate agent, the steps taken to make an offer on a house, earnest money, and many more related topics. The next class in the series will be conducted on April 11, 2023. Sadly, the Homeownership classes for the 2022-2023 season are nearing an end, with only a few classes remaining. The final two classes will be held on May 9th and June 13th. If you missed this season, please check back to see when the next round of classes will be offered.

HOP will work individually with families in both the Housing Choice Voucher (HCV-HOP) and Public Housing (HOP-PH) programs to assess the current level of homebuying readiness, determine steps required to reach readiness, provide, or refer the family to training, classes, and/or resources upon completion of preparedness. The family will then be directed to local lenders and realtors to purchase their own home.

For additional information, please contact **Ms. Nellie Sanchez, Housing and Community Development Specialist** at (757) 233-6403.



Aspire360 Jobs Plus Hiring Event



On March 28, 2023, CRHA's Jobs Plus/Aspire 360 team, along with several community partners, participated in a hiring event at the Geneva Square Community Center. Over 40 applicants were in attendance, with many interviewing the same day.

Special thanks to our community partners for their participation!

Jobs Plus Initiative Program Presents

HIRING EVENT

Interested in learning new skills? Desire higher wages? Meet with a Jobs Plus Specialist to help start your career path!

- Information Technology
- HVAC /Welding/CDL
- Massage Therapy
- CNA/PICA/LPN
- Many More...

JOIN OUR TEAM
ON-THE-SPOT INTERVIEWS

- Norfolk Naval Shipyard
- Anderson Hauling Inc.
- Walmart
- H&R Block
- Pepsi Company
- Gift of Help Home Healthcare LLC
- Royal Care Home Health Care
- Noble Care LLC
- Portsmouth Public Schools
- Chesapeake Redevelopment & Housing Authority

Prepare for Success
Professional Attire & Resume Ready

Thursday 03.23.23 9am-12pm

Geneva Square Community Center
700 Geneva Ave,
Chesapeake, VA, 23323

Aspire

For further details:
JOSEPH BRADLEY 757-503-4465 | MIDONIA BROWN 757-517-5595 | ROSEMARY PHILLIPS 757-505-5755

Congratulations to our Recent Graduate!



**Congratulations
Ms. Beavers!!!**

**For more information
on the Neighborhood
Program, please visit:**

www.Thisisneighborhood.com

Ms. Brooke Beavers, Neighborhood Graduate

Ms. Brooke Beavers recently completed her certification in QuickBooks and received a certificate for Bookkeeping. She was also recognized for displaying great leadership skills. Below, she shares in her own words, how the Neighborhood Program changed her life.

"I was introduced to Neighborhood Career School during a Family Self-Sufficiency (FSS) meeting. I was intrigued by the story of a young woman named Toya who had a similar background and future goals as I do. The overall experience was an eye opener. It's not just a school, it's also a community center where you can build new relationships, become a part of and participate in support groups, and have people that have your best interests in mind. I enjoyed the first 6 weeks of personal development, which opened my eyes to different ways of handling stress, as well as learning many ways to heal old wounds for each other and our communities.

Once Week 7 began, we started our chosen career paths. I chose bookkeeping, as I will own my own businesses (yes, plural). I am frequently setting small goals to achieve, that is leading up to my bigger picture and brighter future.

I am proud of myself for completing my courses and three days after graduation I was offered a job with the Department of Defense! "

~ Brooke Beavers ~

"BELIEVE IN YOUR GREATNESS, BECAUSE WHAT YOU BELIEVE IS WHAT YOU BECOME!"

~ Udai Yadla~



Staff Training Opportunities

On January 31, 2023, CRHA Staff participated in a mandatory training for current supervisors, and those in supporting and/or future leadership roles. Nancy Tarkenton, Deputy Executive Director, facilitated the training. Presenters included Mr. Arthur Harbin, Procurement Officer; Ms. Sheila Mitchell, Accounts Payable Specialist; Jennifer Williams, Accounts Receivables Specialist; and Marie Rios, MIS Manager. The training was informative and well-received.

On March 30th, staff also attended the Residential Landlord Tenant Act/Hoarding and the Virginia Fair Housing Law training session held at HRPDC in Greenbrier.



Residential Landlord Tenant Act

Hoarding & the Virginia Fair Housing Law

Two Trainings in 1 Day!!!

The Virginia Fair Housing Office and the Hampton Roads Planning District Commission invite you to join us in a day of learning!!!!

THURSDAY, MARCH 30TH
10 am - 4 pm
HRPDC- Regional Building
723 Woodlake Drive
Chesapeake, VA 23320

[CLICK HERE TO REGISTER](#)

For more information:
FHRegistration@dpor.virginia.gov



Mahalia "Mally" Dryden-Mason
Fair Housing Training Specialist
DPOR/The Virginia Fair Housing Office



Martin "Marty" Wegbreit,
Director of Litigation
Central Virginia Legal Aid Office

Upcoming Trainings

VAHCDO Annual Conference

May 10-12, 2023 at the Sheraton Norfolk Waterside Hotel

777 Waterside Drive, Norfolk, VA 23510

Book your group rate [here](#) for VAHCDO 2023 Conference

SAVE THE



April FAIR HOUSING Month

COMPLETE OVERVIEW OF THE VIRGINIA FAIR HOUSING LAW

- THE HISTORY OF THE VIRGINIA FAIR HOUSING LAW
- WHAT IS A PROTECTIVE CLASS?
- NEWLY ADDED PROTECTED CLASSES IN VIRGINIA
- EXPLANATION OF ALL THE PROTECTED CLASSES: AND MORE!!!!

ON TUESDAY, 25 APRIL 2023
START AT 10 AM - 4 PM
VIRGINIA ASSOCIATION OF REALTORS
1001 N CAMPUS PKWY, HAMPTON, VA

REGISTER NOW

<http://vahr.com/42n6j2x>

comehome@hrpdcva.gov



MAHALIA "MALLY" DRYDEN-MASON
DPOR-VIRGINIA FAIR HOUSING OFFICE

Mally is approved by the Real Estate Board as the Fair Housing Board as a course provider whose seminars meet the requirements for real estate continuing education and fair housing certification.

Landlords & Realtors



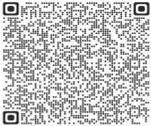
Chesapeake Redevelopment & Housing Authority invites you to:

CHESAPEAKE LANDLORD AND REALTORS MEET & GREET

Join us in Celebration of Fair Housing Month!

Friday, April 28, 2023, 11:00 am to 1:30 pm

Please use the below QR code to register at Eventbrite. Refreshments will be served.



HRPDC Downpayment Assistance Program



Downpayment and Closing Cost Assistance is available through the [Hampton Roads Planning District Commission](#) for the following localities:

- [Chesapeake](#)
- [Isle of Wight County/Smithfield](#)
- [James City County](#)
- [Portsmouth](#)
- [Poquoson](#)
- [Williamsburg](#)
- [York County](#)

(Courtesy of Hampton Roads Housing Consortium)

Virginia Mortgage Relief Program

Virginia Mortgage Relief Program (VMRP) provides assistance to homeowners experiencing financial hardship due to COVID-19, to help prevent and/or ease mortgage delinquencies, defaults, foreclosures and displacement. Financial hardship could include an increase in living expenses, childcare, change in household size, job loss or reduction in income, etc.

Click [here](#) for more information or visit: www.virginiamortgagerelief.com

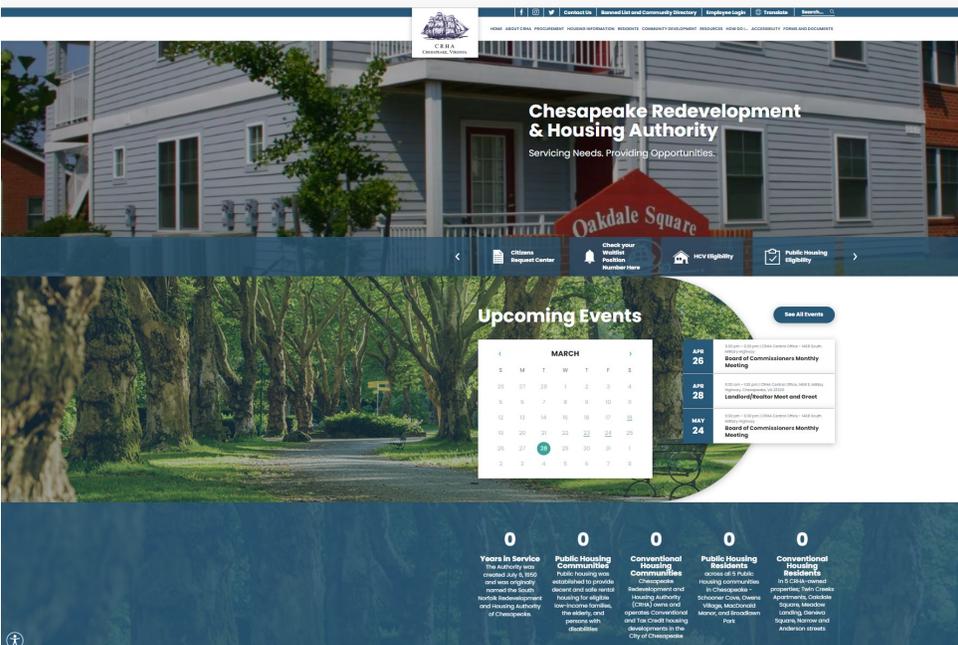
(Courtesy of Hampton Roads Housing Consortium)

CRHA Website Upgrades

In March 2023, CRHA rolled out a newly upgraded website. You can still reach us at www.crhava.org, but you will notice our look has changed.

The website shows a more modern and user-friendly interface, with more interactive features for Landlord, Realtor and Resident participation. It also has features that allow you to search within the CRHA website for program specific data.

If there is anything you would like to see added to our website that does not currently exist, please let us know by visiting the Contact Us page on www.crhava.org or by emailing us at crhava@crhava.org.



FROM OUR COMMUNITY PARTNERS

Get involved with



Girls on the Run®

Our mission is to inspire girls to be joyful, healthy, and confident using a fun, experience-based curriculum which creatively integrates running.



After-School Programs

Girls on the Run
For 3rd-5th grade girls
Heart & Sole
For 6th-8th grade girls
Visit www.gotrhr.org/programs to learn more about each!

Internships also available!

Ready to get started?

Contact our office at:
info@gotrhr.org
(757) 965-9040

Volunteer Opportunities

- **One day:** end-of-season 5k celebration and group opportunities at our main office
- **One week:** coaching our summer camp program
- **12 weeks:** coaching our after-school programs during the Fall and/or Spring semesters

Connect with us!

www.gotrhr.org
Girls on the Run Hampton Roads
[@gotrhr](mailto:info@gotrhr.org)

Virginia Cooperative Extension
Virginia Tech • Virginia State University

CHESAPEAKE 4-H SUMMER CAMP

JULY 10 - 14, 2023

Registration
Opens

MARCH 21st
8:00pm

MUST REGISTER ONLINE HERE:

<https://sites.google.com/vt.edu/chesapeake4hcamp/home>

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in this activity, please contact Jocelyn Pearson, Chesapeake Extension Office, at 757-382-6348 during business hours of 8:00a.m. and 5:00p.m. to discuss accommodations 5 days prior to the event.
*TDD number is (800) 828-1120.

We believe in a world where every girl knows and activates her *limitless potential.*



Your *gift* to Girls on the Run has immediate and lasting impact.



Volunteer *coaches* empower teams of girls with valuable life lessons.



Whatever your individual skills and talents, we have a *role for everyone.*



Hampton Roads
287 Independence Boulevard
Suite 120
Virginia Beach, VA 23462

Join the
MOVEMENT

www.gotrhr.org

Thank you to our partners



changing lives,

ONE GIRL AT A TIME



The New Chesapeake Men for Progress
Education Foundation, Inc.

Leadership Development Mentoring Program



"Forging ahead and striving for excellence"

Please visit www.crhava.org to enroll. The kickoff meeting is scheduled for April 19th.

FROM OUR COMMUNITY PARTNERS

Ground Zero Development Sponsors



YOUTH CONFERENCE 2023

MAKING OUR FUTURE Bright

May 27, 2023, 8:30am-2:00pm

Youth Talent Show

Welcome Boys and Girls
Talent Show; Workshops; Vendors; Lunch Included

Free Attendance but Registration Required/conference limited to first 150 students and 75 parents

To register go to
www.groundzerodevelopment.info/757-606-2280

New Galilee Missionary Baptist Church 1765 S. Military Hwy., Chesapeake VA 23320



The New Chesapeake Men for Progress
Education Foundation, Inc.

Chesapeake Redevelopment and Housing Authority Scholarship

First Name: _____ Last Name: _____
 Date of Birth: _____ Gender: _____
 Street: _____ City: _____
 State: _____ Zip Code: _____
 Email: _____ Home Phone: _____ Cell Phone: _____
 School Currently Attending: _____ Grade Point Average _____
 One of the followings: (ACT (Composite): _____ SAT (Critical Reading/Math: _____
 State Your Professional Goal(S): _____
 College/or University You Plan to Attend: _____
 Academic Award/Honors: _____
 Non-Academic Awards/Honors: _____
 Organizational Membership: _____
 Hobbies and Outside Interests: _____
 Extracurricular Activities: _____
 School Related Volunteer Activities: _____

 Community Related Volunteer Activities: _____
 Father's Name: _____ Mother's Name: _____
 Signature of Applicant: _____ Date: _____

Application Deadline is May 30th. To be eligible for scholarship, student must live in Chesapeake's Redevelopment and Housing Authority housing, and meet all eligibility requirements.

Certification of Applicant. I hereby affirm that all of the above information provided by me is true and correct to the best of my knowledge. I also consent that if chosen as a scholarship recipient my picture may be taken and used to promote CRHA and the NCMPPE Scholarship program.

Please visit www.crhava.org to apply.



Buzz BODY & BITES for Teens



Self-Care During the Month of Love

Written by: Alice Milton, 2022-2023 Youth Healthy Living Ambassador

February is a month known for love. During this time, we often celebrate Valentine's Day by showing the ones around us that we care, but don't forget to give yourself some love too! Self-care is so important these days, and your efforts don't have to be big life-changing things that require a lot of time and/or money. Instead, find simple things that bring you joy or help you to feel physically, mentally, or spiritually refreshed. Taking time to care for yourself can help you to refocus and prioritize what's important; can act as a reset button for both your mind and body; improve your self-esteem and confidence; and make everyday life less stressful.

5 Easy Ways to Practice Self-Care During the Month of Love:

1. Nourish yourself by eating nutritious foods.
2. Drink more water.
3. Be sure to get enough sleep.
4. Schedule "me" time.
5. Exercise.



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law. USDA is an equal opportunity provider and employer. This material was partially funded by USDA's Supplemental Nutrition Assistance Program (SNAP) and was supported by Expanded Food Nutrition Education Program (USDANFEA).

Virginia Cooperative Extension

Virginia Tech • Virginia State University

CHESAPEAKE FARMERS MARKET

OPENS JUNE 3, 2023

Wednesdays and Saturdays

8:00 a.m. – 12:00 noon

Chesapeake City Park

900 City Park Drive

Market Open From June 3 - November 18

For more information, contact the Chesapeake Extension Office at 757-382-6348



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Community/Housing Resources

ForKids

The ForKids **Housing Crisis Hotline** is the central point of contact for all persons experiencing a **housing crisis** throughout Southeastern Virginia. Through the Hotline, individuals in crisis are connected to the community's extended network of resources for assistance and to prevent them from falling into homelessness whenever possible. The Hotline also allows collection of an enormous amount of data about the homeless population in our region; armed with more knowledge about their specific needs, we are now better equipped to help move these families towards stability. For housing assistance, you may call (757) 587-4202.

**HUD Strong Families Initiative:
SAVE THE DATE: June 10, 2023**



Additional Rent Relief Resources

211 VIRGINIA: Virginia Department of Social Services Information and Referral Services features information on many community partners, community action agencies and nonprofit organizations across the commonwealth that help meet the financial needs of Virginians. Visit their website at 211virginia.org or by dialing 2-1-1; this is a free call. If you are calling from out of state or using a videophone or disposable cell phone, dial 1-800-230-6977.

Tenant Rights and Responsibilities:

- Late fees must be limited to 10% of the monthly rent amount or the amount of past due rent a tenant owes, whichever is less. This is state law and has no expiration date.
- The prohibition against negative action by a landlord who owns more than four rental units against an applicant for tenancy (based on non-payment of rent because of the pandemic) will remain in place for seven years after the state of emergency expired on June 30, 2021.
- Under the Virginia Fair Housing Law, it is an unlawful discriminatory housing practice to refuse to rent, refuse to negotiate for the rental of, or otherwise make unavailable or deny a dwelling to a person because of source of funds (defined to include any assistance, benefit, or subsidy program).

If You Cannot Pay Your Rent:

- If you are a Housing Choice Voucher recipient, contact your voucher agency as soon as possible so they can work with you toward a solution.
- Even though certain protections have been in place and even if your landlord allows you to skip one or more payments, the rent will need to be repaid eventually.

If you are a Virginian facing a potential eviction, call 1-833-NOEvict (1-833-663-8428) or visit evictionhelpline.org.

Helpful Links:

- [2-1-1 Virginia](#)
- [DHCD Statement of Tenant's Rights and Responsibilities](#)
- [Tenant and Landlord Resources](#)
- [Eviction Hotline](#)
- [HUD-Certified Housing Counselors](#)
- [National Alliance to End Homelessness](#)
- [Virginia Housing Search](#)
- [Renter Education eBook \(from Virginia Housing\)](#)
- [Virginia Legal Aid](#)
- [Virginia Poverty Law Center](#)
- [Virginia Residential Landlord-Tenant Handbook](#)
- [Virginia Mortgage Relief](#)
- [Virginia Fair Housing Office](#)

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Holiday Office Closures



All CRHA Offices will be closed Monday, May 29, 2023 in observance of Memorial Day.



All CRHA Offices will be closed on Monday, June 19, 2023 in observance of Juneteenth Day.



All CRHA Offices will be closed on Tuesday, July 4, 2023 in observance of Independence Day.

Chesapeake Redevelopment and Housing Authority

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