Curry County Suicide Awareness and Prevention Council

3/3/22 5:30-7:30pm Virtual Meeting Minutes

Members Attending: Connie Hunter, Jenny Pugh, Janece Payne, Ashley Jones, Mike Lancaster	
Chair/Facilitator	Katrina Upton
Secretary	Connie Hunter
BOC Liaison	Court Boice
Absent Members	Katrina Upton
Guests	Founding Director Emeritus Gordon Clay

Called to order: Connie Hunter called the meeting to order at 5:50 p.m.

Agenda Item 1: Call to Order/Pledge of Allegiance – Connie Hunter

Agenda Item 2: Welcome & Roll Call – Jenny Pugh

Roll Call was completed. Quorum met.

Agenda Item 3: Amendment/Approval of Agenda – Connie Hunter

Discussion Summary: Per Robert's Rules, before the meeting can begin, the agenda must be 'adopted' Gordon Clay asked for land acknowledgment to be added to the agenda.

Conclusions: Janece made a motion to approve the agenda with changes. Mike seconded. Motion carries.

Vote: no opposing votes 3/3/22 agenda is approved. Land Acknowledgement was read.

Agenda Item 3: Approval of Minutes – Katrina

Discussion Summary: Per Robert's Rules, the chair asks if there are any corrections to the 2/2/22 minutes. Connie called for any changes to minutes of 2/2/22. No changes to the minutes proposed for 2/2/22.

Conclusions: Janece motions to approve minutes. Ashley seconds. Connie calls for any opposing votes, no opposing votes.

2/2/22 minutes are approved.

Agenda Item 4: Public Comment

Discussion Summary: The Brown Act requires that the public be allowed to address a deliberative body of a public Council prior to action on any item on the agenda. General public comments should come at the beginning of the meeting

• No public comments.

Agenda Item 5: Discussion/Action Items

Discussion Summary:

- Connie expressed appreciation for Jenny taking the secretary role.
- Janece asked to talk more about recruitment for the council. Vacation roles are currently; public safety, youth ambassador, and media. Suggestions and ideas for possible recruits were discussed. It was asked that the discussion of recruitment be added to the monthly agenda to be discussed till the council is full. Clarification on the age of the youth ambassador and their school status was given and discussion around the term limit related to the school calendar was explained by Clay Gordon. Ideally youth ambassador is appointed in their junior year but the term should run from July to July so they are part of the council through an entire school year. Ashley Jones offered to recruit for youth ambassador. Janece offered to recruit for public safety and media. Contact previous council member Kelly Schellong to ask for referrals.
- Gordon asked for the Logic Model PDF to be added to the website for the next meeting so a
 can vote on whether to adopt it or not at the 4/7/22 meeting. Jenny, secretary, will make
 sure that occurs.
- Let's Talk Lived Experience was discussed, Gordon asked for each member to take one or two months to write a piece to submit to the media to increase awareness. The following schedule was agreed upon: March(self injury): Jenny, April(Alcohol): Mike, May (Mental health): Jenny, June(PTSD): Connie, July (bereaved parents): Mike, August(overdose): Mike, September (suicide awareness): Gordon, October (Bullying): Ashley, November (Tolerance): Ashley, December (Reflection): Katrina. Gordon will email to the council the outlined information for how to submit and what to include.
- Connie Hunter asked for a type of reminder for the submission deadline of the 15th of the
 previous month. Suggestion was made for a shared calendar. Jenny proposed making a google
 calendar that the council can access and edit to include all dates and events related to the
 council.
- Gordon Clay presented on the Logic Model as it was adopted by Tillamook County as a way to keep track plans and actions and outcome of the Suicide awareness and prevention model.

Discussion of how this could be used by the council occured. **Jenny will include it as an action item for next meeting.**

Agenda Item 6: Stakeholder/Sub Committee Reports

Discussion Summary:

Substance Abuse/Recovery

Mike Lancaster

Mike talked about Celebrate recovery, as it is a nationally recognized recovery model and his group in Brookings is looking to expand north in Curry County. They have been running meetings in Brookings for 4 years. Although they usually function out of churches and are Christ based, they welcome all regardless of religion. Mike has his Mental Health First Aid Certification.

Veterans Services

Connie Hunter

Connie reported on her work with the Veterans Task Force including working toward bringing trauma informed training to agencies that work with veterans. She is working on zero suicide initiative with OHA. She is working as a part of the Community Health Initiative Plan (CHIP). She had opportunities to educate and support a veteran in the community and an ER doctor upon repeated visits to the ER with the veteran doing peer support. She has been working with a representative from the Portland VA that is working on trying to improve care for veterans in rural areas.

Youth Ambassador
 Public Safety
 Media
 Mental/Medical Health
 Vacant
 Jenny Pugh

 Jenny reported as an employee of Coast Community Health has been communicating with different providers and agencies to increase awareness of services in the area. Reviewed agencies in the area, Adapt is providing services in Port Orford, Gold Beach, and Brookings. Freedom Health care is based out of Brookings but can serve people

anywhere in the county via telehealth. Coast community health has a satellite clinic in Brookings currently doing vaccinations.

Youth Educator

Ashley Jones

 Ashley reported thay she has been doing suicide awareness and prevention training with students at Pacific High. She has presented to 7th, 8th, and 10th grades and plans to do 9th grade before the end of the school year. She is also QPR trainer certified and would be able to lead QPR training in the community.

Tribal Community

Katrina Upton

Absent

Layperson

Janece Payne

 Janece attended a meeting for the Curry county Veterans Task Force and encouraged them to meet regularly.

Agenda Item 7: Open Discussion

Discussion Summary:

- Gordon Clay reviewed the statistics on Covid-19 in the county, pointing our the transmission rate and daily cases cause Curry to be 9th highest in the state. He warned everyone to be safe and take precautions.
- Connie reported on the lack of awareness around Long Covid and how it can impact mental health.

Jenny motioned for meeting to adjour, Meeting adjourned at 8:00 p.m. OTHER INFORMATION

Resources or handouts provided:

- 3/3/22 Agenda
- 2/2/22 minutes

Future Agenda Items:

- Logic model adoption
- recruitment of council members

Next meeting date: 4/7/22 @ 5:30pm -7:30pm