

Curry County Suicide Awareness and Prevention Council

June 3, 2020 Meeting Minutes

ATTENDANCE**Member**

x	Beth Barker-Hidalgo Substance abuse/recovery impact@unitedwayswo.org	Connie Hunter Veteran services [REDACTED]	Glenda Groff Elder services [REDACTED]
x	Gordon Clay Lay member - Chair gordonclay@aol.com	Issabella Vermaak Youth ambassador [REDACTED]	x Katrina Upton Tribal community contact@dahotra.com
x	Katlyn Temple Lay member [REDACTED]	x Kelly Schellong Media kelly@bicoastal.media	x Maia Mello Law enforcement mellom@co.curry.or.us
x	Michelle Hanna Medical health [REDACTED]	Nancy Torney First responder torneyn@currych.org	Pat Piper Lay member - Vice-Chair [REDACTED]
x	Teresa Costa Mental health - Secretary [REDACTED]	x Tim Wilson Youth educator twilson@ccsd.k12.or.us	Juvenile Programming
	City Government	Faith Based	Court Boice BOC Liason boicec@co.curry.or.us

Alternate

	Britt Ivy Boice Substance abuse/Recovery [REDACTED]	Dr. Frank von Banniseht Mental Health [REDACTED]	Randy Ullom First Responder [REDACTED]
	Samantha Birk Mental Health, Media [REDACTED]	Tara Modugno First Responder modugno@currych.org	x William Wasson Veteran services /Mental Health William.Wasson2@va.gov

Guests

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Topic	Discussion/Information/Approval
5:40 pm	Call to Order - Via GoToMeetings. Tech difficulties caused delayed start.
1	Pledge of Allegiance
2	Welcome - Gordon spoke about "compassion fatigue". On intro asked to give 1 positive note that gives you hope that you have experienced in the last month. All members shared.
3 a	Introductions: Roll Call was completed and confirmed that a quorum has not been met. (8 Present)
4	Approval of Agenda No quorum
5	Approval of Minutes 4/1/20, 5/6/20 On hold
6	Citizens Input: Guest Will Wasson, VA Suicide Prevention Coordinator moving to Eugene and staying with Roseburg VA. New coordinator for integrated Care. Program manager for PCMHI - Primary Care Mental Health Integration.
7	Old Business
7 a	Let's Talk - Jul 1 - Bereaved Parents Awareness Month - Connie Hunter. Each Council member has been asked to speak on a monthly awareness topic at a future BOC meeting. June - Overall PTSD article, Letter to the Editor, PSA, https://bit.ly/2KU7Vgf Go to YouTube to view today's Board of Commissioner's meeting to see Maia Mello speak about PTSD Awareness Month. Click on https://bit.ly/2AUd85L and scroll to 9:00-24:18.
7 b	b. Council Goal Priorities https://bit.ly/2UWvI9o Decide on the system to use and the person to take point and persons who are supporting the process to use to determine. On hold Discussed last meeting. BBH did outreach to Heather Equinoss with Co-Creative Consulting - Beth is requesting conference call to help with goal outlines proposal for strategic planning. Beth, Michelle, Kelly, Katrina and Kat willing to do Saturday for conference call. Discussion ensued on ways we can do more promoting of monthly awareness topics. Kelly S. willing to do a PTSD flyer to distribute then build a list of locations to drop off flyers. If anybody has contacts willing to post a flyer let Gordon know.
7 b 1	Long Term (2021+) Rank importance On hold

7 b 2	Short Term (2020) On hold Maia National Center for PTSD on the VA.gov website - make sure to include more than just combat Vets.
7 b 3	<p>Low-Hanging Fruit https://bit.ly/2XcW5Fo What the Council can do NOW to address the suicidal reactions of at-risk Curry County citizens to the loss of jobs, closed schools, social distancing, the economy and potential infection from COVID-19 On hold</p> <p>Discussion</p> <p>Will distribute Crisis Text Line 741741 wallet cards and a flyer on "How to have a conversation about Mental Health" to all parents picking up lunch bags at Gold Beach High School on June 5 and Brookings-Harbor High School on June 9.</p> <p>What is the target market of people who use the food bank?</p>
7 c	Rank and Establish Each Stakeholder's Goal Priorities https://bit.ly/39RqCLA (As determined by the individual Stakeholder Task Groups) Report when ready. On hold
7 c a	Stakeholders to determine what goals they have in common with other stakeholders and those goals should be moved up on their individual lists. On hold
7 c 1	Long Term (2021+) On hold
7 c 2	Short Term (2020) On hold
7 c 3	<p>Low-Hanging Fruit (now) On hold</p> <p>Discussion</p>
7 d	<p>Outreach - Maia M has meeting with Law Enforcement on isolated seniors - developed for local - "loneliness line"? for state.</p> <p>Gordon - Bankers are having emotional issues due to business clients struggling to pay bills. An organization has developed program of self-care for the bank employees and for the bank employees to share with their stressed clients. - Gordon has asked for more information.</p> <p>Beth - OHSU reaching out for interviews to learn about substance use disorders. Specific to S.U.D. during COVID-19, need to take out the judgment as it is a disease.</p>
7 d 1	Determine the opportunity for grants to develop and distribute Council programs and materials. On hold
7 d 2	Develop behavioral health Community resiliency strategies On hold
7 d 3	Develop localized "toolkits" and referral tools? On hold
7 d 4	Sources of Strength or other beneficial youth trainings in suicide awareness and prevention develop ways to fund student youth populations in Mental Health First Aid for Youth, Signs of Suicide, etc On hold
7 d 5	Develop a survey to be given at appropriate tabling events the Council may participate in. (Azalea Festival, Curry County Fair, any other events in the county?) On hold
7 d 6	6. Ask specific communities (Elders, gender spectrum positive, tribal, youth, veterans, etc.) to develop a list of at-risk situations for their community and what they think might work to reduce those risk factors. On hold
7 e	Logo Project Discussion Get our image out to public. Ideally the logo tells a story or what the Council does. Some examples were shown for reference. Tim Wilson's wife did an example of a moving logo of a tree with a circle that reads "SURVIVORS SUPPORTING THOSE IN CRISIS TO BECOME". Gordon would like something that represents a community effort theme like "it takes a village" that works in color and black and white and with the name of the Council. Michelle also has experience with designing logos for businesses. Each member is ask to spend the next month researching and/or developing logos to share. Kat agreed to find the questions they used to develop their logo from a professional and Gordon will distributed guidance in developing a logo and what Vistaprint suggests designers consider. Send your ideas to Michelle at rileydogstudio@gmail.com
8	New Business
8 a	Next Steps: Where do we go from here? On hold
8 b	Outreach (Approved Elements) On hold
8 b 1	<p>Develop a structure, element development, distribution and funding needs analysis. Appoint a point person to accomplish approved items.</p> <p>Kelly offered to put together a flyer and media distribution list. She asked that any other ideas for places to distribute be sent to her.</p> <p>It was suggested that flyers be placed on public transportation. Needs clarification</p>
8 a 2	Ways to fund citizens to take on-line training in QPR (\$30) and possible Mental Aid First Aid, ASIST, Start, etc On hold
8 a 3	Ways to fund educators to take on-line training in QPR, Student Mental Health First Aid, ASIST, Kognito, Response Approved On hold
8 a 4	A way to distribute open letter to clinicians. https://bit.ly/3dpWj1r On hold
8 c	Community Partner Updates - Beth was happy to report a client getting housing after 17 months.

11	July 1, 2020, 5:30 Sharp. Location depends of Covid-19 restrictions. Options: Curry Public Library, 94341 3rd St, Gold Beach, OR or Video conferencing similar to the April 1 meeting
12	Adjourn Meeting was called to an end at 7:35 pm
Teresa Costa, June 8, 2020	
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