Celebrate HP150

As school begins, we focus on learning - and not only for our students. Learn about the City’s colorful past in the HP150 Commemorative Book, learn about Pieces of the Past through puzzle pieces located throughout Highland Park, and learn about different classes, events, and initiatives offered this fall. Learn more inside!

36th Annual Port Clinton Art Festival

Enjoy the Port Clinton Art Festival that features more than 260 artists plus local food vendors and entertainment on August 24 & 25. For more information, visit amdurproductions.com or call 847-926-4300.

Labor Day Reminders

City offices will be closed on Monday, September 2 in observance of Labor Day. Refuse and recycling will be delayed one day that week.

Back to School Safety

Students return to area schools during the week of August 19. Traffic and pedestrian safety around area schools is a priority. Keep our kids safe!

Senior Center Insert

Learn more about the Highland Park Senior Center including class offerings, membership, and exciting trips.
City Offices Closed September 2 & Other Labor Day Reminders
City offices will be closed on Monday, September 2 in observance of Labor Day. Residents may call the Public Safety Switchboard at 847.432.7730 if assistance is required.

Refuse and recycling collection will be delayed by one day for the entire week of September 2. Services return to normal on Monday, September 9. For more information, contact Lakeshore Recycling Systems at 773.685.8811 or visit LRSrecycles.com.

August is National Water Quality Month
August is National Water Quality Month and water quality begins with our drinking water source: rivers, lakes, and ground water. It is important we each do our part to protect our drinking water supplies and keep our water sources and waterways clean for all living things to continue enjoying them for consumption and recreation. Protection of drinking water source is everyone’s responsibility.

For more information on protecting City’s drinking water source or to learn more about your water supply please visit http://www.cityhpil.com/watertreatment. For additional information on City’s water supply, please contact the Department of Public Works Water Production Division at 847.433.4355.

Vehicle Sticker Renewals
Renewal applications for City vehicle stickers are mailed in August. Stickers cost $55 per passenger vehicle and must be displayed by October 1.

For an additional $30 donation, residents may upgrade their stickers to support the 112 Education Foundation. For more information on the 112 Education Foundation, visit their website at www.112foundation.org.

2019 vehicle sticker renewals are available for purchase on the City’s website. Residents are strongly encouraged to renew online at www.cityhpil.com. Online renewals save stamps, paper, and time. For more information, contact the Finance Department at 847.432.0800 or finance@cityhpil.com.

Trimming Trees and Shrubs
Due to the excess rainfall this spring and early summer, plants, trees, shrubs, and weeds are growing and flourishing more rapidly than ever before. As such, please be a good neighbor and check to make sure you are properly maintaining your property. It is especially important to eliminate any hazards caused by overgrown plants that may be impeding public traffic or travel. Dead, diseased, decayed, or broken tree limbs should be removed as well.

For more information regarding property maintenance, please contact the City Community Development Department at 847.432.0808.

Use Rain Setting on Sprinklers
To conserve water, homeowners are encouraged to program their sprinklers so the system doesn’t operate during or after rain events.

Woof! Time to Renew Dog Licenses
Watch your mailbox! Renewal applications for 2019-2020 City of Highland Park Dog Licenses will arrive in August.

Renewal fees for the 2019-2020 licenses are $7.00 for spayed or neutered dogs and $12.00 for unaltered dogs. A current rabies vaccination certificate is required for renewal if the vaccination listed on the dog license application has passed its expiration date. Dog Licenses can be renewed online, by mail or in person at City Hall, 1707 St. Johns Ave.

The Finance Department offers online renewal of Dog Licenses on the City’s website at www.cityhpil.com. For information, please contact the Finance Department at 847.432.0800 or finance@cityhpil.com.
Wrapping Up Summer in the City

The carefree days of summer are slowly coming to an end. Returning to a daily routine is on the horizon for many of us. As you get back to business, seize these last few days of summer and consider the many opportunities to connect with your neighbors and be an active part of our vibrant city.

Our community continues to celebrate our Sesquicentennial - milestone 150th Anniversary. There is something for everyone, thanks to the collaborative efforts of so many who work to make Highland Park a vibrant and fun community. Events and programs continue through the end of the year and can be found at www.cityhpil.com/HP150.

Shop, dine and stroll Downtown Highland Park and the Ravinia Business District. While we were enjoying the lake all summer, a number of new stores and restaurants opened (with more to come). Food Truck Thursdays with Music in The Park continues for a few more weeks in Ravinia. Be sure to check out events popping up at The Art Center, Highland Park Public Library and more. Visit the Community Calendar at www.cityhpil.com for additional info.

I encourage you to stay connected all year long. Sign-up for City notifications at www.cityhpil.com. You can also follow the City on Twitter @CityHPIL and on Facebook at City of Highland Park, IL. Follow me on Twitter @NancyRotering and Facebook at Nancy Rotering – Highland Park Mayor or email me at nrotering@cityhpil.com. I look forward to hearing from you!

Stay Informed with City Updates

- www.cityhpil.com/signup
- www.facebook.com/HighlandParkIL
- @CityHPIL
- www.youtube.com/user/CityHPIL

Reminder to Dog Owners

Pet owners are reminded to only walk their dogs on public property such as sidewalks, parkways and other approved locations, and to avoid walking dogs on private property.

Owners are also reminded to leash and clean up after their pets.

Find more information on responsible pet ownership at www.cityhpil.com/resident/dog_licenses.php.

Turn Off Idling Engines

Idling is when a driver leaves the engine running while the vehicle is parked. Unnecessary idling is bad for the environment, wastes fuel, and increases engine wear and tear. The American Lung Association recommends the following to reduce unnecessary idling.

- If you're waiting for more than 10 seconds, turn off the ignition. Did you know that idling for 10 seconds wastes more gas than restarting your engine?
- Warm up your car by driving, not by idling. Even in winter, today's engines do not need to warm up. A vehicle's engine warms up twice as quickly when driven.
- Protect your engine by idling less. Frequent restarts are no longer hard on car's engine or battery. You'll also save money on wasted fuel and decrease wear by not operating your car longer than necessary.

The City's local regulation states, “No vehicles shall be left unattended while the motor of such vehicle is running; and no vehicle shall be left without a driver on any hill or incline unless the vehicle is secured against moving.” (Municipal Code Section 71.245).

Help everyone breathe a little easier and turn off idling engines. For more information, visit www.lung.org and search "idle free."

Be a Good Neighbor!
Leash and P.U.P. (Pick Up Poop) and other litter too!
HP150 Events

August
17  North Shore Venetian Night
24 - 25  Port Clinton Art Festival

September
14  Stupey Cabin Harvest Fest
19  Experience the Modena Connection - Maserati Event

Call for Volunteers and Ravinia Festival Tour Sign Up
The #HP150 Architecture Committee is looking for volunteers to fill 2 hour shifts for the Open Doors Highland Park event on September 28, 2019 throughout Highland Park.

The free event will offer behind the scene access to more than a dozen Highland Park buildings. Participants will enjoy hidden gems, architectural treasures, and fascinating utilitarian sites.

To volunteer, please contact the City at cityhp@cityhpil.com.

*Advance sign up for the Ravinia Festival tour will open August 23 and be available at www.cityhpil.com/opendoors. Space for this tour is limited.

HP150 Souvenirs Available for Purchase at cityhpil.com/gear

Stupey Cabin Harvest Fest
Join the Highland Park Historical Society for the 2019 Stupey Cabin Harvest Fest on September 14 from 3 PM - 7 PM at Stupey Cabin, located in Laurel Park between the Highland Park Public Library and City Hall.

Activities include tours of the cabin, historic demonstrations such as a blacksmith, pony rides, a petting zoo, music, and food.

The 1847 Stupey Cabin was built by the family of Prussian immigrant Frances Stupey and is the oldest standing structure in Highland Park. The cabin is owned and maintained by the Historical Society. It was moved to its current site in 1968.

Commemorative Book Sale
The presale for the HP150 Commemorative Book is underway. The book is filled with rich city history, historic and current photographs, and an eloquent overview of the 2019 celebrations.

Books ordered during the presale are $20.
The presale ends September 1.
Price (after Sept. 1) - $25

To pre-order a book, please visit City Hall or visit cityhpil.com/Hp150.

Pieces of the Past History Game
The Pieces of the Past Initiative is underway. Look for puzzle pieces throughout Highland Park. Each piece will have historical information and a secret code. To play, pick up a brochure at the Highland Park Public Library, find all the puzzle pieces, and record the codes for a prize. Contact the Highland Park Historical Society at 847.432.0216 to learn more.
Community Calendar

Ravinia Farmers Market
Wednesdays through October 30
7 AM until 1 PM
Dean Avenue at Jens Jensen Park
www.RaviniaFarmersMarket.org

Ravinia Food Truck
Thursdays
Thursdays through September 12
4:30 PM until dusk
Roger Williams, Dean & St. Johns Avenues & Jens Jensen Park
Follow the Ravinia District on Facebook, or visit the City’s Things To Do page at cityhpil.com/ThingsToDo.

Highland Park Poetry Presents
Thelma T. Reyna, PhD
Reading & Open-Mic
Saturday, August 17, 6 PM
Coffee Speaks, 610 Central Avenue, #155
www.HighlandParkPoetry.org

Thelma Reyna is former poet laureate of Altadena, California and the award-winning author of Reading Tea Leaves After Trump.

Port Clinton Art Festival
August 24 - 25, 10 AM - 6 PM
Food and drink from local restaurants, live music and 260 artists. The following streets are closed to vehicles: Central Avenue between Green Bay Road and the train tracks; Second Street from Laurel Avenue to Renaissance Place; and First Street will be closed between Elm Place and Laurel Avenue with no access to First Bank of Highland Park’s drive-through.

The Art Center of Highland Park
IMPACT Color IMPACT Black & White
Opening Reception August 29
5:30 PM - 7:30 PM
Exhibit now through October 2
1957 Sheridan Road
847.432.1888 / TheArtCenterHP.org

How do we measure the impact of Color or Black and White? TACHP will be filling our galleries with these concurrent themes in one exhibition, highlighting the dichotomies between color and black and white in terms of art. A bold sense of color can elicit a certain response, while a black and white photograph may take us to another time and place. The exhibit pushes the theme literally and symbolically, from color theory to race, from form to intention. Guest Jurors and featured artists are Rhonda K. Brown, Cesar Conde, and Sheri Rush.

Affordable Housing Information
Tuesday, September 10, 7PM
Tuesday, October 15, 7PM
Community Partners for Affordable Housing (CPAH)
400 Central Avenue, Suite 111
847.263.7478 ext. 10 / CPAHousing.org

Highland Park Players Presents
Mamma Mia!
September 13, 14, 20, 21 at 7:30 PM
September 14, 15, 21, 22 at 2 PM
For tickets and theatre information, visit www.HighlandParkPlayers.com

On a small Greek island, Sophie dreams of a perfect wedding — one which includes her father giving her away. The problem? Sophie doesn’t know who he is! Her mother Donna, the former lead singer of the 1970s pop group Donna and the Dynamos, refuses to talk about the past, so Sophie decides to take matters into her own hands. Sneaking a peek in her mother’s old diaries, she discovers three possible fathers: Sam, Bill, and Harry. She secretly invites all three to the wedding, convinced that she’ll know her father when she sees him. But when all three turn up, it may not be as clear as she thought! Told through the legendary music of ABBA, Mamma Mia! has become a worldwide sensation that has audiences everywhere dancing.

Highland Park Community Foundation (HPCF) Presents
Gather for Good
Friday, September 20, 6:30 PM
Binny’s Beverage Depot
153 Skokie Valley Road
For tickets & event information contact: terri@hpcfili.org or 847.433.4100
Join the HPCF for a casual and festive evening of celebration, food stations and libations. The fundraiser benefits the communities of Highland Park and Highwood.

Oktoberfest
Saturday, September 21
10 AM - 10 PM
Second Street between Central Avenue and Renaissance Place

Enjoy fun, food and entertainment at Highland Park’s Oktoberfest. The street is closed; parking available in City lots.
Our Community

Back to School Safety Reminders from the Police Department

The City works closely with both School Districts to improve traffic flow, parking options, drop-off and pick-up locations and procedures and signage at and around many schools. City of Highland Park Police Department presence and enforcement efforts at and near schools should be expected in an effort to encourage traffic compliance to keep our community safe.

Please help increase traffic and pedestrian safety by following the rules below.

• Learn where designated drop-off and pick-up areas are located at your child’s school are and utilize them. Do not use City streets for drop-off and pick-up; this greatly increases risk to children and pedestrians.
• Encourage children to use school buses and carpools to reduce the amount of vehicle traffic and pollution.
• Obey existing State and City traffic and parking laws at all times.
• **Do not pass stopped school buses** which are loading or unloading passengers while its lights are flashing and its stop signal arm is extended.
• Obey State laws and City ordinances pertaining to Electronic Communication Devices and Wireless Telephone use.

The City of Highland Park's top priority is to provide public safety. The City of Highland Park Police Department continues to partner with both North Shore School District 112 and Township High School District 113 to provide the highest levels of school safety. A Police Resource Officer is stationed at Highland Park High School and at District 112. The resource officers proactively work with students and staff to provide education on a variety of safety issues. The Highland Park Police will continue to work diligently to ensure that our community is safe.

If individuals or neighborhood groups are interested in meeting with City representatives to discuss public safety, please contact the City Manager’s Office at 847.926.1000. For more information about back to school safety, contact the Highland Park Police Department at 847.432.7730.

Electronics and Foam Recycling Center

Electronic items such as televisions, monitors, computers and printers are some of the most common household items not allowed to be placed in regular trash pick-up. What should you do to dispose them? Stop by City of Highland Park’s Recycling Center!

City of Highland Park, partnering with the Solid Waste Agency of Lake County (SWALCO), provides a drop-off recycling site, conveniently located in our City, for Lake County residents.

The Recycling Center, located at 1180 Half Day Road, is open year-round on Tuesdays and the first Saturday of each month, from 7 AM to 1 PM (closed on City-observed holidays). Electronic items to be dropped off should be free of any packaging material. Recycle packaging materials such as cardboard boxes and printed manuals should be disposed with your regular household recycling wastes. In addition to electronics, other items accepted at Recycling Center include #6 foam, unbroken fluorescent light bulbs and rechargeable batteries. Clothing and textile recycling is also available in a self-service collection bin located near the Recycling Center. Please note Recycling Center accepts electronic items only from residential properties, no commercial, institutional or governmental electronics items will be accepted.

In addition to electronics and foam, the Recycling Center also participates in Reuse-A-Shoe program. Not only are old shoes given a second life and kept out of landfills. Pairs of shoes (all types except for rollerblades, ice skates and winter boots) should be dropped off at the Recycling Center. Shoes should be tied together or paired with a rubber band.

As a reminder, City of Highland Park residents’ current waste hauler, Lakeshore Recycling Systems (LRS) allows one large electronic waste item to be placed curbside on the customer’s first pickup of each month at no additional charge. However, items over 50 pounds will incur additional fees. To ensure your electronic recycling items are collected, you must call LRS at 773.685.8811 to schedule your pick-up.

For a complete listing of accepted items and additional information on City of Highland Park Recycling Center, please visit City’s website at www.cityhpil.com/recyclingcenter.
Our Community

970 Sheridan Road - George Pick House

The house at 970 Sheridan Road, built in 1915, is for sale in Highland Park and residents are wondering about its history and the threat of losing the house to demolition. The house was designed by Howard Van Doren Shaw and represents one of his most eclectic endeavors. Although it is an atypical example, it has elements of the Italian Renaissance Revival style. The front of the three-story house is highlighted by an arcaded entry with impressive Roman arches. A front-facing twin gable roof is ornamented with curved bargeboard. Unusual features include the carved limestone birds that sit atop columns and are tucked into niches. The house was listed on the National Register of Historic Places in 1982.

Howard Van Doren Shaw (1869-1926) was a prolific and well-known North Shore architect who had a wide influence on other architectural practitioners in the area. A nationally respected architect, he designed residential, religious, and institutional buildings in the Chicago area, across the Midwest, and around the country. Although he is best known for his large country estates, including houses in Lake Forest, Evanston, and Highland Park, other commissions included the Goodman Theater at the Art Institute, the Lakeside Press Building near Chicago’s McCormick Place, and Market Square, the center of Lake Forest’s commercial district. He collaborated on a number of projects with renowned landscape architect Jens Jensen. A list of his works can be found online at Wikipedia.org:

https://en.wikipedia.org/wiki/List_of_works_by_Howard_Van_Doren_Shaw

The house is named after George Pick, its first owner. He came to Chicago from Milwaukee in 1905 and worked in the insurance business. After success in that field, he opened the George W. Pick investment company with offices on LaSalle Street. He passed away aged 68 while overseas in 1937.

The next owners were the Gidwitz family. Gerald Gidwitz (b. 1906) is best known as the co-founder of the Helene Curtis cosmetics company. He married Jane Blumenthal in 1944 and they settled in Highland Park. They had five children and among them was Ronald, who was an Illinois gubernatorial candidate in the 2006 Republican primary.

If the house is up for demolition, a notification sign will be posted on the property and it will appear on an agenda of the Historic Preservation Commission for a historic review. The Commission has the authority to delay the demolition for up to a year while alternatives to demolition are explored. But the Commission cannot designate the property as a historic landmark without the property owner’s permission.

My Medical Information Refrigerator Magnet Program

The Fire Department has identified a way to improve service to the community with the Refrigerator Magnet Program, designed to improve efficiency and accuracy of service when responding to emergency medical calls at residences.

Time-on-scene is crucial when delivering patient care. There are many important functions that the responders must perform simultaneously when a patient is suffering from an injury or medical emergency to expedite proper treatment, delivery to the hospital, and the passing of care to the proper medical personnel.

One of the key functions is the sharing of accurate information about the patient’s condition, history, allergies and medications. It is important to have as much accurate information about that patient as possible, even the location of a Do Not Resuscitate (DNR) order or Living Will if the patient has one.

The Fire Department provides an information card that is inserted into a plastic sleeve with a magnet on the back, designed to be placed on a resident’s refrigerator. Having this information in written form, readily available, reduces the on-scene time, and assures that accurate medical history and patient wishes are communicated to healthcare workers, especially in cases where the patient is unresponsive or unable to speak. The medical information card includes a plastic sleeve, magnet and an easy to use medical information card.

Medical Information Cards are available at the Fire Department, 1130 Central Avenue or City Hall, 1707 St. Johns Avenue during regular business hours from 8AM - 5PM. If you have any questions please call 847.433.3110. Thank you and stay safe!
It’s back to school time in District 112! Students return to school on August 19 - staff return on August 15 for the Institute Day. This has been an exciting and busy summer across the District. Our largest project is the Northwood Middle School Construction Project. Following the groundbreaking, in June we started construction in July. For more information and updates on the Northwood Project, visit www.nssd112.org/LRPConstructionPortal.

Summer Staff and Leadership Development
The entire leadership team attended the HUMANeX Ventures 10th annual Impact & Legacy Summit on June 25-26 in Kalamazoo, MI. This professional development was designed to energize leaders and provide an understanding of their impact in creating sustained legacies of excellence in the District. Lessons learned will be applied to our schools for the students and staff.

ALICE Training
On July 29-30, the district hosted a ‘train-the-trainer’ professional development on an options based safety protocol known as ALICE (Alert, Lockdown, Inform, Counter, Evacuate). Building and District leaders, representative staff from the NSSD 112 Safety Committee, and a team of Highland Park and Highwood police officers were trained together over the course of two days to enhance safety preparedness skills. ALICE training provides preparation situational awareness training on how to proactively handle the threat of an aggressive intruder or active shooter event. The district plans to train all staff in the near future and students as well. Additional information will be provided to parents as the district implements this important safety enhancement.

Teaching and Learning
This summer the Teaching and Learning department worked with teachers from across the District to develop curriculum and guides to prepare for the 2019-2020 school year. This included the development of vocabulary to accompany the units of study in middle school language arts; collaboration between Spanish and French teachers for implementation of the new world language resources; work to prioritize Illinois Learning Standards for implementation of the new social studies curriculum resources; Middle School math teachers worked on unit planning and attended the Math Learning Center Leadership Institute; teachers collaborated to develop Music curriculum for grades K-8 curriculum scope and sequence and pacing; and many other areas of professional development and curricular planning.

The Big Three Focus areas for 2019-2020

Portrait of a Graduate - The Modern Learning Committee has been working on a Portrait of a District 112 Graduate - stay tuned for more information as we “begin with the end in mind” as we best prepare our students.

Closing Achievement Gaps - Student Learning for ALL (special report to the Board on October 1). We are so proud of the impact and initial success from the teaching and learning reforms implemented over the past three years across the District.

Facilities Upgrades & Modernization - Continuing the Northwood project and finalizing plans for the Edgewood Middle School modernization as well as ongoing upkeep of all school facilities.
Welcome to the Highland Park Senior Center!

The City of Highland Park proudly presents the Highland Park Senior Center’s special, abridged edition of The Shorelines newsletter. The Senior Center strives to provide exceptional education, recreation, enrichment and support services targeting a population from 50 years of age and upward. Located in a historic, greystone mansion overlooking Lake Michigan, this is a great time to visit the Highland Park Senior Center and explore the many wonderful opportunities available. Annual membership cost is $30 for a single resident or $50 for a resident couple and includes priority registration, many free activities, lower rates for fee based activities, and a discounted ticket pass for use at a variety of local concert and theatre performances. The complete newsletter and membership application are available online at www.cityhpil.com or in person at the Center.

Activity Registration Dates:  
Member Registration begins August 21 at 9 AM  
Open Registration begins August 28 at 9 AM

Barry Bradford Presents  
History In Perspective

Highland Park Country Club  
Fridays, 1:30 – 3 PM  
Free for members / NM: $10  
Sponsored by BrightStar Care

The Highland Park Senior Center is thrilled to welcome back internationally recognized, award winning public speaker, Barry Bradford.

September 27  1919:  100 Years Ago  
October 25  1944:  75 Years Ago  
November 1 1969:  50 Years Ago

Live on the Links  
Community Concert

Highland Park Country Club  
Thursdays, 1:30 – 2:30 PM  
Free for members / NM: $10  
Sponsored by Aperion Care

Enjoy fabulous music by some of Chicagoland's most talented performers. Doors open at 1 PM, for coffee and a sweet treat.

September 26  Klezmer Quartet  
November 21  Plenty to be Thankful For  
December 5  Honigberg Trio
## Fall Dinner Dance

- **Highland Park Country Club**  
  *Wednesday, October 16*  
  *6 – 8:30 PM*  
  *Fee: $15 / NM: $25*  
  *Sponsored by Radford Green HealthCare & Rehab*

Take a stroll down memory lane at this inaugural Fall Dinner Dance! Enjoy a buffet dinner catered by Sunset Foods, live music, and dancing.  

Dinner includes lemon chicken, parmesan orzo, steamed broccoli, salad, dessert, and coffee or tea.  

Dance the night away to the sounds of a musical Trio, featuring dance music throughout the decades. No need to have a partner - the music will be well suited for singles, couples and even group dances.

## Halloween Party

- **Highland Park Country Club**  
  *Thursday, October 31*  
  *12 – 2:30 PM*  
  *Fee: $15 / NM: $25*  
  *Sponsored by Aperion Care*

The Highland Park High School Wind Symphony returns to perform their popular Spooktacular Halloween Concert! Prior to the concert, enjoy a buffet lunch catered by Sunset Foods, and a Halloween costume parade and contest. Prizes will be awarded for the cutest, scariest, most creative, and most use of black and orange. All participants in costume will receive a special participation prize!

## Thanksgiving Luncheon

- **Ruth’s Chris**  
  933 Skokie Boulevard – Northbrook  
  *Friday, November 22*  
  *12 – 1:30 PM*  
  *Fee: $33 / NM: $53*  
  *Sponsored by Whitehall of Deerfield*

As autumn leaves turn brilliant hues, celebrate with friends, both old and new!  

With so much to be thankful for, good health and happiness are at the core.  

Join others for a scrumptious lunch featuring Ruth’s steak house salad, your choice of entrée, sausage herb stuffing, sweet potato casserole, cremini mushrooms, pumpkin cheesecake, and soft beverage.  

When registering, please indicate your choice of roasted turkey breast, salmon, or petit filet.

## New Year's Eve Celebration

- **Beelow’s North Shore**  
  1850 Second Street – Highland Park  
  *Tuesday, December 31*  
  *11:45 AM – 1:45 PM*  
  *Fee: $33 / NM: $53*  
  *Sponsored by Freedom Home Care*

Ring in the New Year with good time cheer! This annual event with lunch and live entertainment is a Senior Center favorite! Countdown to 12 noon with a champagne toast, then enjoy a fabulous lunch including butternut squash soup, your choice of entrée, twice baked potato, roasted vegetables, triple chocolate layer cake, and soft beverage. Live music will fill the room with joy and good vibes!  

When registering, please indicate your choice of horseradish encrusted tilapia, lobster tail, or petit filet.
Senior Center Classes

Registration and Refunds

Please register prior to the start of classes, trips and special events; payment is due upon registration. Call 847.432.4110.

For trips and special activities, discount deadlines are one week prior, unless otherwise indicated in the newsletter. For classes, discount deadlines are three days prior to the start of the class.

When possible, late registration will be accepted; however, a late fee of $5 will be charged to help defray extra costs necessary to effect the late registration.

If you must cancel, refunds will be issued ONLY if registration fills and a replacement can be found. Refunds (minus a $5 processing fee) will be processed after the activity is complete and may take several weeks.

Please advise staff if you require any reasonable, special accommodations regarding dietary or other special needs.

Zumba Gold – Latin Dance Fitness
Thursdays, 10 – 11 AM
September 12 – October 24 (7 classes)

Basics of Mah Jongg
Tuesdays, 1 – 3 PM
September 10 – October 8 (5 classes)

Learn Canasta! Beginning Class
Wednesdays, 1 – 3 PM
September 11 – October 23 (6 classes)

Intermediate Bridge
Thursdays, 10 AM – 12 PM
September 19 – November 14 (9 classes)

Conversational Spanish
Continuing: Fridays, 10 – 11 AM
Advanced: Fridays, 11 AM – 12 PM
September 13 – October 25 (7 classes)

Watercolor Class
Wednesdays, 2 – 4 PM
September 11 – October 23 (6 classes)

AARP Smart Driver Course
Thursday & Friday, October 10 & 11
9 AM – 1 PM
Fee: $20 / AARP members: $15

Laurel Larks Singing Group
Fridays, 1:30 – 3 PM
September 6 – December 27
Please register in advance; 847.432.4110
Sponsored by First Bank of Highland Park

Tai Chi
Tuesdays, 11:15 AM – 12:15 PM
September 10 – October 22 (7 classes)

Sit & Be Fit
1:30 - 2:30 PM
Tuesdays, September 10 – October 22 (7 )
Thursdays, September 12 – October 24 (7 )

Fit for Life
Wednesdays, 9:15 – 10:15 AM
September 11 – October 23 (6 classes)

Tap Fitness
Thursdays, 2:45 – 3:45 PM
September 12 – October 24 (7 classes)
Social Services Coordinator
Jennifer Aiello, LPC, is available to help individuals and families as they navigate through life’s transitions. In order to help maintain or improve one’s quality of life and well being, social services include individual and family counseling, support groups, and information and referrals including:

- Information and referrals for caregiving agencies, alternative living facilities, transportation options, medical alert systems and mobile meals assistance
- Counseling for individuals experiencing loss, life changes, or seeking personal support
- Grief Group for those experiencing recent loss within the past year
- Appointments with a SHIP (Senior Health Insurance Program) volunteer
- Telephone Reassurance Program for senior adults living alone.

For further information or to schedule an appointment, call Jennifer at 847.926.1868.

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Senior Center Trips

**The Hunchback of Notre Dame**
Music Theater Works, Evanston
Wednesday, August 21
Fee: $75 / NM: $95
Bus departs 1610 Deerfield Road at 1 PM
Bus returns at approximately 6 PM

**The Band’s Visit**
Wednesday, September 4
Fee: $135 / NM: $155
Bus departs 1610 Deerfield Rd at 12:30 PM
Bus returns at approximately 5:30 PM

**Miracle: A Musical 108 Years in the Making**
Royal George Theater & Harry Caray’s
Thursday, September 19
Fee: $110 / NM: $130
Bus departs 1610 Deerfield Rd at 10:30 AM
Bus returns at approximately 5:30 PM

**Luisa Miller & Brunch**
Civic Opera House
Tuesday, October 8
Fee: $40 / NM: $60
Bus departs 1610 Deerfield Road at 9 AM
Bus returns at approximately 5 PM

**Louis Comfort Tiffany & Lunch**
Driehaus Museum & Grand Lux Café
Thursday, October 24
Fee: $100 / NM: $120
Bus departs 1610 Deerfield Road at 9 AM
Bus returns at approximately 4 PM

**Free Museum Day**
Adler Planetarium
Friday, November 8
Fee: $30 / NM: $50
Bus departs 1610 Deerfield Road at 9:30 AM
Bus returns at approximately 3:30 PM

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**Grief Group**
Thursdays, 1:30 – 2:30 PM
October 3 – 31 (5 weeks) Free
For those who are experiencing grief due to the death of a loved one within the past year, this interactive group will address the process of mourning, provide coping skills, and offer the support of others.

**Wise and Well**
Free Community Education Series
Highland Park Country Club
Wednesdays, 1 – 2:30 PM
Presented with Family Service of Lake County
Sponsored by Sunrise Senior Living
Sept. 18 Medicare and Open Enrollment
Oct. 23 Powers of Attorney
Nov. 13 An Introduction to Medical Cannabis
As the new Superintendent of Township High School District 113, I want to extend a warm welcome to our new and returning students and families for the 2019-20 school year.

The month of August signals a time of transition. It seems like the summer just began feeling like summer and now the start of a new school year is just around the corner.

It’s not a transition for us because summer is a very busy time in schools. There are summer camps and summer school for students. Teachers work in the summer to revise and plan curriculum for the upcoming year. Summer is a good time for doing maintenance and repairs, and there are many people behind the scenes working very hard all summer to make sure we are ready for the first day of school on August 19. What do we do all summer? We never stop working.

The Board of Education has also been working all summer. In July they approved for posting a tentative budget that once again is balanced. The Board also took action to refund bonds, which will save taxpayers money on their 2021 tax bill. The Board has spent considerable time reviewing plans for our facilities as the trustees of assets the District 113 community has paid for. Our job is to convert taxpayer resources into educational value for students, and that work takes place in our facilities. Because facilities support the instruction taking place inside them, part of facilities planning is ensuring that our facilities support our educational mission. We also support instruction by planning for the maintenance and replacement of infrastructure. The Board is developing long range plans for District 113 facilities and committed to paying for it by living within our means.

We will be communicating regularly with our community the plans and progress of District 113 to show the community all the ways we deliver on the potential for which everyone in District 113 has such great passion. We welcome our new Director of Communications & Alumni Relations Karen Warner who will lead the effort to help us do exactly that. Ms. Warner most recently served as Chief Communications Officer for Hinsdale Township High School District 86, where she led outreach and engagement efforts, winning state and national awards for her work.

I would also like to welcome Dr. Michael Lach, who joins us as the Assistant Superintendent for Curriculum, Instruction & Assessment. He began his career as a member of the first cohort of Teach for America as a science teacher, and in later roles advanced to Chief Officer of Technology and Learning under Arne Duncan at Chicago Public Schools, and most recently as Director of STEM and Strategic Initiatives at the University of Chicago. Dr. Lach also shares his expertise at NASA, where he serves as a member of the STEM Education Advisory Board, at the Educational Equity Campaign in New York City, where he serves as an advisor to increase diversity in the district’s specialized enrollment high schools, and with the Illinois State Board of Education, where he is part of a team working on the new statewide summative science assessment.

I hope you savor the last few days of summer and know that everyone in District 113 is eager to get to work to empower students to realize their potential in pursuing their ideal futures. It’s going to be a great year!

Bruce Law, Ed.D.
Superintendent of Schools
Park District of Highland Park

Sat Aug 17 | 9-11:30am | Honey Harvest Demo | Ages 8-Adult
$18, Heller Nature Center, 2821 Ridge Rd
Experience how to harvest our honey with a naturalist! See page 45 for details. Register at pdhp.org.

Sat-Sun Aug 17-18 | Club Championship
$49 plus greens fees*, Sunset Valley Golf Club, 1390 Sunset Rd
Open to all golfers with an updated CDGA handicap at Sunset Valley Golf Club. 36-hole individual stroke play, multiple flights with prizes. Includes lunch both days. (*Free for Sunset Valley Men’s Tee Club Members)

Tue Aug 20 | 8:15pm | Outdoor Cinema: Wonder Park | All Ages
$5 suggested donation, Sunset Woods Park, 1801 Sunset Rd
We are bringing your favorite movies to a park near you! Bring a comfy chair, snacks, your friends and family to enjoy a movie shown on the big screen under the stars! Admission is a suggested to benefit the SMILE scholarship fund.

Sun Aug 25 | 7-8am | Morning Paddleboard | Ages 16-Adult
$35/45, Rosewood Beach, 883 Sheridan Rd
Start your morning with a serene paddle. Register at pdhp.org.

Mon Aug 26 | 5:15-6:15pm | Break Dancing Workshop | Ages 6-13
$20/30, West Ridge Center, 636 Ridge Rd
Experience The Breaking Program, an exciting Breakdance curriculum that teaches techniques by breaking down the movements, running drills, and applying the movements into combinations and routines. Register at pdhp.org.

Sat Sep 7 | 11am-12:30pm & 1-2:30pm | Goat Yoga | Ages 11+
1201 Park Ave W, Community Park at the Recreation Center
See ad on next page.

Mon Sep 9 | 4:30-6:30pm | Body Fat Analysis | All Ages
Recreation Center of Highland Park, 1207 Park Ave W
FREE screenings provided by NorthShore University HealthSystem.

Fri Sep 13 | 6-7:30pm | Explore S’more Parks! | All Ages
$10, Danny Cunniff Park, 2700 Trail Way
Enjoy a campfire with family and friends. Register at pdhp.org.

Sat Sep 14 | 7-9pm | Harvest Moon Corn Boil | Ages 8-Adult
$10, Heller Nature Center, 2821 Ridge Rd
Enjoy the sunset and buttered corn around a fire as we wait for the Harvest Moon to rise. Register at pdhp.org.

Sat Sep 14 | 11am-12:30pm & 1-2:30pm | Goat Yoga | Ages 11+
1201 Park Ave W, Community Park at the Recreation Center
See ad on next page.

Fri Sep 20 | 4-7pm | Autumn Fest | All Ages
FREE, Heller Nature Center, 2821 Ridge Rd.
Live animals, campfire, crafts, games, pony rides, hayrides, pumpkin hunt and much more!

Fri Sep 20 | 4-7pm | Autumn Fest | All Ages
FREE, Heller Nature Center, 2821 Ridge Rd.
Live animals, campfire, crafts, games, pony rides, hayrides, pumpkin hunt and much more!

Sat Sep 21 • 9:30-10:30am
Join your community of humans and furry companions on a walk!
FREE, Larry Fink Memorial Park, 1377 Clavey Rd
Bring along your four-footed friend and join us on our community Go Highland Park dog walk. GO Highland Park is a community-wide movement designed to promote our residents’ health by encouraging everyone in our community to walk (or other exercise) at least 30 minutes a day. Dogs must be well-behaved and on-leash for the event. Walkers must clean-up after their pets while on the walk.
REV UP YOUR IMAGINATION AND MEET YOUR HOMETOWN HEROES!
Climb into the coolest trucks, tractors, cars, and more and check out the view from the driver’s seat!
Tasty treats are available for purchase.

Event could be cancelled due to inclement weather.
Children must be accompanied by an adult. For more information call 847.831.3810.

SAT SEP 7
10AM - NOON
SUNSET WOODS PARK
1801 SUNSET ROAD
The Park District of Highland Park and the Parks Foundation of Highland Park are teaming up to raise funds for a new state-of-the-art Youth Golf Development and Short Game Center at Sunset Valley Golf Club. This unique facility, typically only seen at private clubs and learning centers, will be Highland Park’s primary Center for youth short game skill instruction and development and the practice facility for all Sunset Valley’s valued golfers.

The new center will feature:
• Fairways, rough areas, and bunkers that replicate the golf course at Sunset Valley allowing for practice shots up to 50 yards
• Synthetic Turf Hitting Stations for longer shots

We are already more than halfway to our goal of fully funding this project. We hope you will consider donating to make our new Youth Golf Development and Short Game Center a reality!

Multiple donation opportunities available. Visit SunsetValleyGolfClub.org for information.

Register today at pdhp.org

Live animals, campfire, crafts, games, pony rides, hayrides, pumpkin hunt and much more!

Autumn Fest
Fri Sep 20 • 4-7pm
Heller Nature Center
Individual tickets are $5 each and are required only for select activities. CASH ONLY day of event.

"Fit for Life" Active Adult Fitness Programs
Recreation Center of Highland Park - 1207 Park Avenue West

<table>
<thead>
<tr>
<th>Activity</th>
<th>Mon/Wed/Sat:</th>
<th>Aqua Fit</th>
<th>Gentle Yoga</th>
<th>Cardio Tone Light</th>
<th>Aqua Fusion</th>
<th>Light N’ Lively</th>
<th>Aqua Zumba</th>
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<tbody>
<tr>
<td>H2O Connect</td>
<td>8:30-9:30am</td>
<td>Tue: 8:30-9:30am</td>
<td>Mon: 12-1:15pm</td>
<td>Mon: 10:30-11:20am</td>
<td>Wed, Fri: 10-11am</td>
<td>Wed: 11:30am-12:30pm</td>
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<tr>
<td>Aqua Zumba</td>
<td>Thu: 8:30-9:30am</td>
<td>Thu: 9:35-10:35am</td>
<td>Thu: 9:30-10:35am</td>
<td>Thu: 10:30-11:35pm</td>
<td>Sun: 8-9am</td>
<td>Thu: 11am-12pm</td>
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<tr>
<td>Yoga for Osteoporosis</td>
<td>Sat: 10:45am-Noon</td>
<td>Mon: 10:35-11:35am</td>
<td>Tue: 10:35-11:35am</td>
<td>Wed: 10:35-11:35am</td>
<td>Sun: 8-9am</td>
<td>Thu: 11am-12pm</td>
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<tr>
<td>Tai Chi</td>
<td>Wed: 10:30-11:30am</td>
<td>Sun: 8-9am</td>
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<tr>
<td>Sets &amp; Reps</td>
<td>Mon: 1:15-2:15pm</td>
<td>Mon: 11:35am-12:25pm</td>
<td>Mon: 11:35am-12:25pm</td>
<td>Mon: 11:35am-12:25pm</td>
<td>Fri: 11:45am-12:45pm</td>
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<tr>
<td>Better Balance</td>
<td>Fri: 12:15-1pm</td>
<td>Fri: 12:15-1pm</td>
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<tr>
<td>H2O Intervals</td>
<td>Sun: 9:45am</td>
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<tr>
<td>Chair Yoga</td>
<td>Tue, Thu: 12-1pm</td>
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<td>Water Warriors</td>
<td>Fri: 8:30-9:30am</td>
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<tr>
<td>Restorative Yoga</td>
<td>Tue: 6:30-7:15am</td>
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Goat Yoga
Sat Sep 14 • Ages 11+
11am-12:30pm & 1-2:30pm
Community Park at the Rec Center
1201 Park Ave W

EXPERIENCE “THE ORIGINAL GOAT YOGA”!
Be one with nature, one with goats and one with your soul. Enjoy 30-35 minute yoga class and Goat Happy Hour. Bring yoga mat, camera, water and weather appropriate clothing.
Event is held under a tent. All children 11-16 must be accompanied by a participating adult. No spectators allowed for this event.
11am-12:30pm $40/50 / 1-2:30pm $40/50

H2O Connect: Mon/Wed/Sat: 8:30-9:30am
Aqua Fit: Tue: 8:30-9:30am
Gentle Yoga: Mon: 12-1:15pm
Cardio Tone Light: Mon: 10:30-11:20am
Aqua Fusion: Wed, Fri: 10-11am
Light N’ Lively: Wed: 11:30am-12:30pm
Aqua Zumba: Thu: 8:30-9:30am
Balance & Tone: Mon: 11:35am-12:25pm
Tai Chi: Wed: 10:30-11:30am
Strictly Strength: Sun: 9:15-9:55am
Zumba: Thu: 9:35-10:35am
Sets & Reps: Mon: 1:15-2:15pm
Chair Yoga: Tue, Thu: 12-1pm
Better Balance: Fri: 12:15-1pm
H2O Intervals: Sun: 9-9:55am

Please note that this page is submitted, written and edited by the Park District and does not reflect the views or opinions of the City.
New Fall Books

Fall Book Buzz

Monday, September 9, 7 PM

Looking for ideas of what to read next or for book club selections? Librarians and a representative from Penguin Random House will present new and forthcoming books to watch for this fall, with giveaways of advance reading copies. For readers who like to be in the know!

New Books Enewsletter

Receive news of new fall titles each week in September and October, one of the big publishing seasons, along with occasional emails throughout the year. Subscribe at hplibrary.org/newsletters.

For more reading suggestions, try Perfect Picks!

Fill out the online form at hplibrary.org/online-readers-advisory and we will email you a customized list of titles suggested by our librarians. Visit hplibrary.org/online-viewers-advisory for film and TV recommendations.

Environmental Issues Book Discussion

Coming of Age at the End of Nature: A Generation Faces Living on a Changed Planet

edited by Julie Dunlap and Susan A. Cohen

Tuesday, September 17, 1:30 PM

The anthology gathers the passionate voices of young writers who have grown up in an environmentally damaged and compromised world. Presented with Go Green Highland Park

Raise A Reader!

Fall Storytime Sessions Newborns – Six-Year-Olds

Register beginning Monday, August 19, in the Youth Services Department or by calling 847-681-7030.

Fall storytime sessions, with activities designed to foster pre-reading skills for newborns to six-year-olds, begin in September and October. Registration required. Visit hplibrary.org/storytime-0 for dates and times.
Make a Poetry Bot
Friday, August 16, 2 – 3 PM
August 18 is Bad Poetry Day. Why work to compose your own bad poetry when you can create a bot to write it for you instead? Registration Required. Register at hplibrary.org.

RVing Apps
Thursday, August 22, 11 AM – 12 PM
Learn about a selection of free phone apps for your next RV (or other road) adventure.

LEGO Robotics Team Information and Application Session
Saturday, August 24, 1 – 2 PM
Students in grades 4 – 8, accompanied by a parent.
Join us for an informational session about participating in the Library’s FIRST Lego League robotics team for grades 4 – 8. Team coaches and mentors will be present to explain the details about the First Lego League robotics competition and begin the application process. Parents and children must attend this informational session to receive a team application. If interest exceeds the number of team slots, a lottery will be held.

Cross Stitch Club
Sunday, August 25, 3 – 4 PM. Ages 14 and older.
Learn how to create a unique cross stitch pattern online and then get started on your project! Supplies for projects will be provided on a first-come, first-served basis. Needle workers of all skill levels are welcome! Already started on a project? Join us to share knowledge and have fun!
Brainfuse HelpNow: Your Student’s Free Online Tutor

Your child can access live online help from tutors, play educational games, build study skills, get language help, and more with this tool, free with your Highland Park Public Library card.

Parents — learn more about Brainfuse a Tuesday, August 27, 7:30 – 8:30 PM.

Dollars & Sense

Information to help manage personal finance issues with common sense

Health Care and Your Retirement

Wednesday, August 28, 7 PM

Chad Fitzloff, CFP®, Edward Jones financial advisor, addresses what steps investors should take to prepare for health care costs (including Medicare and long-term care costs) to help ensure their retirement savings stay healthy. Registration preferred. Register at hplibrary.org.

Discussions

Spanish Conversation

Tuesdays, 10:30 – 11:30 AM

Meet at the Library and practice your Spanish. Former high school Spanish teacher Graciella Napoles facilitates the conversation. Conversational ability required.

Spanish Literary Club

Fridays, 11:30 AM – 1 PM

Take part in a lively discussion of Spanish literature. Conversations are primarily in Spanish, but non-native speakers are welcome.

Check the Library calendar at hplibrary.org for information on the latest book. Participants are encouraged to drop in for a session.

Head Back To School This Fall At Library U

Learn Something New!

Register now at hplibrary.org/libraryu

Memoir Writing
TUESDAYS 9/17, 10/1, 10/22, 11/5, 11/19, 12/3
6:30 – 8:30 PM • Cost: $60

Poetry Writing
TUESDAYS 9/24, 10/15, 10/29, 11/12, 11/26
6:30 – 8:30 PM • Cost: $50

Intro to Ukulele
MONDAYS 10/21, 10/28, 11/4
6:45 – 7:30 PM • Cost: $30

Intro to Guitar
MONDAYS 10/21, 10/28, 11/4
7:45 – 8:30 PM • Cost: $30

Learn to Play Canasta (for Beginners)
TUESDAYS 9/10, 9/17, 9/24, 10/1, 10/8, 10/15
10 AM – 12 PM • Cost: $60
THURSDAYS 10/3, 10/10, 10/17, 10/24, 10/31, 11/7
2 – 4 PM • Cost: $60

Learn Canasta Strategy
TUESDAYS 10/22, 10/29, 11/5 • 10 AM – 12 PM • Cost: $30
THURSDAYS 10/3, 10/10, 10/17 • 4 – 6 PM • Cost: $30
FRIDAYS 9/6, 9/13, 9/20 • 10 AM – 12 PM • Cost: $30

Beginning Italian
WEDNESDAYS 10/16, 10/23, 10/30, 11/6, 11/13, 11/20
1 – 2:30 PM • Cost: $60

Beginning French
TUESDAYS 9/24, 10/1, 10/15, 10/22, 10/29, 11/5
6:30 – 8 PM • Cost: $60

Intermediate French
MONDAYS 9/23, 10/7, 10/14, 10/21, 10/28, 11/4
6:30 – 8 PM • Cost: $60

Library U is a continuing adult education program made possible by the generous support of the Alvin H. Baum Family Fund.
With a selection of frames hand-picked from around the world as well as custom products that are created locally, Artists Frame Service works with customers to find the perfect frame for every project.

620 Central Avenue
847.432.0660
walkerbros.net

For over 25 years, Walker Bros. has been a North Shore favorite. Along with the famous Apple Pancake, the menu offers a wide selection of breakfast favorites, sandwiches and salads. Walker Bros. combines high quality ingredients and friendly service which keep its customers coming back time and time again.

Wild Birds Unlimited – Since 1992
1891 Second Street
847.432.3384
wbu.com

Wild Birds Unlimited specializes in bringing people and nature together with bird feeding, nature products, expert advice, and educational events. Offering a variety of bird foods, bird feeders, bird houses, and bird baths, Wild Birds Unlimited is dedicated to helping you turn your yard into a habitat to benefit wild birds and allow you to enjoy their beauty.