



## Happy Birthday Highland Park!

January marks the kick-off of Highland Park's 150th Birthday celebration #HP150. Sesquicentennial events, programs, and initiatives are happening year-round throughout Highland Park to honor our rich history and bright future.

Want to get involved? Learn how you can join the party on page 7 or visit [www.cityhpil.com/HP150](http://www.cityhpil.com/HP150).



### City Offices Closed

City administrative offices will be closed on Tuesday, December 25, Tuesday, January 1 and Monday, January 21, in observance of Christmas Day, New Year's Day and Martin Luther King, Jr.'s birthday, respectively.

### MLK Day of Service

The 10th Annual Martin Luther King Day of Service will take place Monday, January 21 from 10 AM – 1:30 PM at the Recreation Center of Highland Park.

### Year-Round Composting

Lakeshore Recycling Systems (LRS) is now offering residents a composting option that supplements the current compost option and allows residents to compost year-round!

### HP150

Learn about a great holiday gift idea and other sponsorship opportunities, participate in contests, submit a photo, share your story, weigh in on the HP150 time capsule and more.

# Highland Park at a Glance



## Holiday Information

The Mayor, City Council, and staff wish all Highland Park residents a very happy and safe holiday season. City offices will be closed on Tuesday, December 25, Tuesday, January 1 and Monday, January 21, in observance of Christmas Day, New Year's Day and Martin Luther King, Jr.'s birthday, respectively. Residents may call the Public Safety Switchboard at [847.432.7730](tel:847.432.7730) if assistance is required.

Refuse and recycling will not be collected on Tuesdays, December 25 and January 1. Residents with regular Tuesday refuse and recycling collection will receive service on Wednesday. Customers with Thursday and Friday collection will be serviced one day after their regular collection day. Please contact Lakeshore Recycling Systems with any questions at [773.685.8811](tel:773.685.8811) or visit [LRSrecycles.com](http://LRSrecycles.com).



## Holiday Tree Disposal/Recycling

Residents may dispose of Christmas trees on their primary refuse collection day. Lakeshore Recycling Systems will collect, transport, and dispose of trees left curbside by all customers between January 2 through January 25, 2019. A sticker is not required. Contact Lakeshore Recycling Systems at [773.685.8811](tel:773.685.8811) with questions.

Residents may also drop-off trees free of decorations, wires or any other materials for recycling by the Park District through January 27, 2019. Drop-off locations are in posted areas of parking lots at Larry Fink Park, 1377 Deer Creek Parkway, and Danny Cuniff Park, 2700 Trailway. Park District crews chip the trees for use as mulch. Residents are welcome to use the mulch for their own gardens and landscapes. Contact Dan Voss, Director of Parks, at [847.579.3130](tel:847.579.3130) or [dvoss@pdhp.org](mailto:dvoss@pdhp.org) for more information.



## Serve on a City Advisory Group

The Mayor and City Council are appointing residents to serve on City Advisory Groups for one or two-year terms beginning January 2019. The newly structured Advisory Groups are Business and Economic Development, Cultural Arts, Human Relations, Sustainability and Transportation. Give your time and energy to enhancing community vibrancy. For January appointments, completed applications are needed by December 31. Applications and additional information is available at [www.cityhpil.com](http://www.cityhpil.com). Contact the City Manager's Office at [847.926.1006](tel:847.926.1006) or [jdotson@cityhpil.com](mailto:jdotson@cityhpil.com) with questions.



## Martin Luther King Day of Service: January 21, 2019

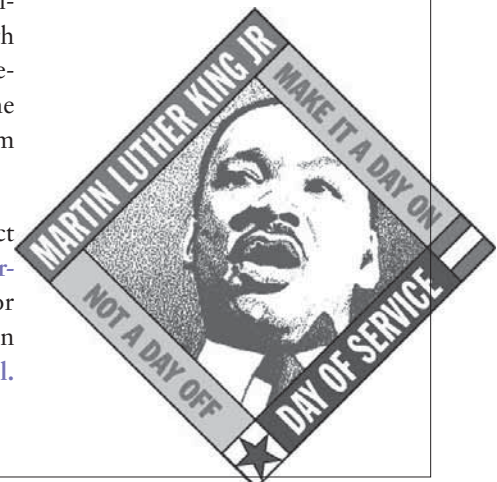
Join together with the community on Monday, January 21 from 10 AM – 1:30 PM for the 10th Annual Martin Luther King Day of Service, held at the Recreation Center of Highland Park. The Dr. Martin Luther King, Jr. federal holiday is a perfect opportunity for Americans to honor Dr. King's legacy through service. The MLK Day of Service moves us closer to Dr. King's vision of a beloved community.

Highland Park's own Lynn Epps will present a tribute to Dr. Martin Luther King, Jr. The North Shore Chapter of Jack and Jill of America will perform Living His Dream, featuring children ages 2-11. The Honorable Jessie White, Illinois Secretary of State, will recount the history of the Tumbling Team and share how it relates to Dr. King. Following will be a spectacular performance by the Jessie White Tumblers, reaching for new heights as they celebrate their 60th anniversary.

Service projects will include assembling toiletries for Hospitalized Veterans and the USO, creating Valentine messages for Operation Support Our Troops (Braeside PTO), creating clothing care packages for homeless youth (A Safe Place For Help), decorating tablecloths for the USO (Wayne Thomas PTO), making cards for kids in hospitals (Kicking Cancer), preparing warmth boxes for the less fortunate (Families Helping Families Chicagoland), assembling creative care packages for survivors of domestic violence (Rotary Club), and more.

Service vendors are seeking the following donations which should be brought in/dropped off to the event between 10 AM – 12 noon: toiletries, non-expired and non-perishable food items (Moraine Township Food Pantry), winter coats, hats, scarves and gloves (Tree Hugs), gently used musical instruments (Ravinia Festival's Reach, Teach, & Play), new stuffed animals (Zac's Zoo), and bicycles in any condition (Working Bikes). Overflow parking is available at Wolters Field with a shuttle bus running between Wolters and the Recreation Center from 9:45 AM – 2:15 PM.

For more info contact Terry Grossberg at [trpltung@gmail.com](mailto:trpltung@gmail.com) or [847.204.4815](tel:847.204.4815). Learn more at [www.cityhpil.com/MLK](http://www.cityhpil.com/MLK)





## Help Make the Season Brighter

*Nancy R. Rotering*

– Mayor Nancy R. Rotering

Often, as one year ends and another begins, we talk about gratitude and what we hope to achieve in the New Year. Thank you for your time and thoughtful input throughout the year, focusing on issues that matter to all of us.

We are fortunate to live in a caring and inclusive town. Together, we continue to work to create the community we desire both for today and for future generations. Regardless of success or challenge, we have created a culture where neighbors work together, care deeply about each other, and support those in need.

In the spirit of the holiday season of giving, please consider putting these core principles into action. Let's continue to care for our neighbors in need.

Consider donating non-perishable food to the Moraine Township Food Pantry at 800 Central Avenue.

The Fire Department is seeking new or gently used children's winter coats for their annual Coats for Kids collection drive through February 1, 2019. Collection boxes are located in the lobby of Fire Station 33 at 1130 Central Avenue.

Zac's Zoo has established an ongoing collection of brand new stuffed animals in memory of Zac Cohen. Our first responders may now provide children with a comforting companion in a crisis. Collection bins are in City Hall, Police Department and Fire Station #33 lobbies.

As the saying goes: Many hands together make light work. If everyone contributes, we can make a difference. Together, we can give our neighbors peace of mind and so much more. Join me.

Happy Holidays!

### Stay Informed!



[www.cityhpil.com/signup](http://www.cityhpil.com/signup)



[www.facebook.com/HighlandParkIL](https://www.facebook.com/HighlandParkIL)



@CityHPIL



[www.youtube.com/user/CityHPIL](https://www.youtube.com/user/CityHPIL)



### Public Safety Tips for Holiday Packages and Vehicles

The holiday season is a popular time for car burglaries and auto and package thefts. Offenders target both locked and unlocked vehicles, as well as packages left on porches. 1. Always lock your car even if it is in front of your home. 2. Do not leave valuables in your car. Purses, wallets, electronics, and shopping purchases should be removed or secured out of sight. 3. Don't leave keys, fobs, or valet keys in unattended vehicles. 4. Arrange for neighbors to collect packages if you will be delayed or consider an alternate package delivery location. 5. Require a signature for deliveries. 6. Promptly report any suspicious persons or activity to the Police. Crime prevention works best when the community takes an active role. Contact the Police Department at [847.432.7730](tel:847.432.7730).



### Holiday Message from Police Chief Jogmen

Residents of Highland Park:

The holidays are a special time of year where friends, family, and neighbors come together to celebrate. As parties are scheduled, travel spikes, and students return home from college there is an increased risk for youth drinking. The rate of high-risk drinking, including underage drinking, is alarmingly high. Statistics cited by the Substance Abuse and Mental Health Services Association (SAMSHA) indicate that nearly 400 young people under the age of 21 die from alcohol-related causes every month. It is our hope that we do not add to this number. Parents and guardians can help to prevent adolescents from consuming alcohol during the holidays.

- Be mindful of your own drinking behaviors which provide a model for youth.
- Keep track of where your children are, what they are doing and who are they with. They may be in the family room with their guests, but stop in to be sure they are not drinking.

- Ask relatives to respect your family rules if necessary.

As families and friends gather to celebrate, please be reminded that it is unlawful to host a party where alcohol is provided and or consumed by those under 21. It is also important to use designated drivers or taxis if you plan to drink at a party. Driving a vehicle when sober is already a challenging proposition in bad weather; Imagine the difficulty when attempting to do so when affected by alcohol or drugs.

Holiday Safety is an issue that burns brightly for all of us in public safety during this time of year. Please help us keep you and your families safe.

On behalf of the City, we wish everyone a safe and prosperous holiday season,

- Lou Jogmen, Chief of Police



# Our Community



## Prevent Snow Shoveling and Snow Blowing Injuries

The Fire Department reminds everyone of the following safety tips for preventing snow shoveling and snow blowing injuries. Snow shoveling can be dangerous if you do not exercise regularly. Repeated bending and heavy lifting can put you at serious risk for injury.

### Tips for Snow Shoveling

- **Warm-up your muscles.** Shoveling is a vigorous activity. Before you begin this physical workout, warm-up your muscles for 10 minutes with light exercise.
- **Pace yourself.** Snow shoveling and snow blowing are aerobic activities. Take frequent breaks and prevent dehydration by drinking plenty of fluids. If you experience chest pain, shortness of breath, or other signs of a heart attack, stop the activity and call 911 immediately!
- **Use proper equipment.** Use a shovel that is comfortable for your height and strength. Do not use a shovel that is too heavy or too long for you. Space your hands on the tool grip to increase your leverage.
- **Proper lifting.** Try to push the snow instead of lifting it. If you must lift, do it properly. Squat with your legs apart, knees bent, and back straight. Lift with your legs. Do not bend at the waist. Scoop small amounts of snow into the shovel and walk to where you want to dump it. Holding a shovelful of snow with your arms outstretched puts too much weight on your spine. Never remove deep snow all at once. Do it in pieces.
- **Safe technique.** Do not throw the snow over your shoulder or to the side. This requires a twisting motion that stresses your back.

Questions? Contact the Fire Department at [847.433.3110](tel:847.433.3110).



## Winter Walking or Cycling - Wear Reflective Clothing

Highland Park is committed to the safety of all residents. Please assist us in ensuring pedestrian and bicyclist safety during winter months. Daylight hours are shorter and snowy conditions may persist on roads. Pet owners, avid joggers, walkers and bicyclists should increase their visibility by wearing reflective clothing at all times. When moonlight is low, the sky is overcast or weather is inclement, motorists' ability to see clearly decreases significantly. Striking or injuring a pedestrian or bicyclist is a very traumatic experience for all involved.

Below are several things to consider for being safe while out:

- Wear LED arm-bands, flashlights, and reflective material to increase visibility
- Do not assume drivers can see you
- Visibility reduces during inclement weather, such as snow storms
- Wearing light-colored clothing improves your visibility
- Pets should have a leash or harness with reflective material or LEDs, especially for walking at night
- Use sidewalks, where available. Do not walk or jog in the street, if possible. If no sidewalk is available, walk or jog against the flow of traffic so you can see vehicles coming towards you
- Avoid wearing headphones, be attentive

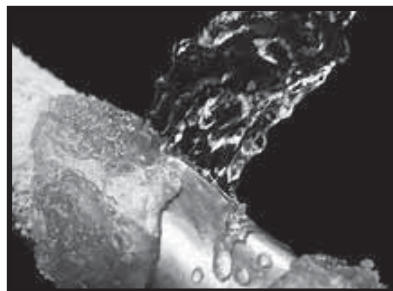
Questions? Contact the Police Department at [847.432.7730](tel:847.432.7730) or [scurran@cityhpil.com](mailto:scurran@cityhpil.com). Please be a responsible and safe driver!



## Frozen Water Service Lines - What to Do?

During winter season, in addition to snow and ice, extreme low, frigid temperatures can result in frozen water service pipes. An underground frozen water service line or a frozen pipe inside the house can cause low pressure, total loss of water service, or a burst pipe.

To prevent frozen pipes, please ensure indoor pipes are insulated, especially those located on outside walls, or in basements, attics, or crawls spaces. In addition, seal drafts and air leaks near water pipes and keep house heated, even during vacations or when out of town. If the extreme temperatures persist, keep water running (*pencil size flow*) from a faucet. This helps in keeping the water moving in the pipes and minimizes potential of freezing.



The water service line from City's water main to home is typically installed at a depth below the frost line thereby reducing the likelihood of freezing. With persistent sub-zero temperatures, the frost zone can get deeper making the underground water service line susceptible to freezing.

If you suspect a frozen service line, please contact an Illinois licensed plumber. For further assistance, contact the Public Works Department at [847.432.0807](tel:847.432.0807) during normal business hours or Police non-emergency number at [847.432.7730](tel:847.432.7730) during off hours.

# Community Calendar

Midwest Young Artists Presents

## ***A Magical, Musical Family Holiday Show***

**Sunday, December 16, 2 PM & 4 PM**

Ravinia's Bennett Gordon Hall

201 St. Johns Avenue

[MYA.org](http://MYA.org)

Admission and Parking are FREE

The Magical, Musical Family Holiday show features MYAC's Symphony Orchestra, MYAC choral ensemble members, an original dramatic performance, holiday caroling, and a special visit from Santa himself!

The Art Center of Highland Park Presents

## ***The Art of Giving Back Invisible Words***

### ***Project Resist Fear***

**Now through January 5, 2019**

1957 Sheridan Road

**847.432.1888 / [TheArtCenterHP.org](http://TheArtCenterHP.org)**

*The Art of Giving Back* - Artists who incorporate service in their work through a specific project, concept, practice or intent. Visitors are encouraged to give the gift of warmth and donate unwanted coats.

*Invisible Words* - Activist Wendy Abrams uncovers the humanity behind the "signs" that homeless people create asking for help. The show aims to raise awareness about homelessness and to invoke the need for empathy, imagining what would you write if you had a sign asking for help.

*Project Resist Fear* - Chicago artist Kelly Matthews presents work in a "multiphased effort to confront our fears."

The Art Center of Highland Park Presents

## ***Art in City Hall -***

### ***Weather the Weather***

**Opening Reception, January 14, 4 PM**

**Exhibition Dates December 17 - March 1**

1707 St. Johns Avenue

**847.926.1000**

Visual art and poetry reveals that no matter where on the planet we live, we are

all subject to the weather. From drought to flooding, hurricanes to blizzards, all of us are experiencing increasingly severe weather patterns. Weather phenomenon may also be a metaphor for the storms of culture, politics, personal relationships and the psyche. Guest curators are Catherine Schwalbe and Jennifer Dotson.



Photography by Hallie Redman

## **Affordable Housing Information**

**Tuesday, January 8, 7 PM**

**Tuesday, February 5, 7 PM**

Community Partners for Affordable Housing (CPAH)

400 Central Avenue, Suite 111

**847.681.8746 / [CPAHousing.org](http://CPAHousing.org)**

The Art Center of Highland Park Presents

## ***The Annual Member & Faculty Exhibition***

**Opening Reception, January 10, 2019**

**5:30 PM - 7:30 PM**

**Exhibition Dates January 10 - 29, 2019**

1957 Sheridan Road

**847.432.1888 / [TheArtCenterHP.org](http://TheArtCenterHP.org)**

Highland Park Poetry Presents

## ***Poetry Open-Mic***

**Saturday, January 26, 7PM**

Coffee Speaks @ Port Clinton Square

610 Central Avenue, Suite 155

**[www.HighlandParkPoetry.org](http://www.HighlandParkPoetry.org)**

Poets are invited to share up to 6 poems. All are welcome to enjoy the word magic.

Pilgrim Chamber Players Presents

## ***Octet Magic***

**Sunday, January 27, 3PM**

Highland Park Community House

1991 Sheridan Road

**847.433.0972 / [PilgrimPlayers.org](http://PilgrimPlayers.org)**

Tickets \$20 (Adult), \$16 (Senior), \$8 (Student)

Concert includes works by Kattenburg, Dvorak and Mendelssohn's String Octet.

Highland Park Strings Presents

## **Beethoven Spectacular**

### **Annual Benefit Concert**

**Sunday, February 10, 3 PM**

Bennett-Gordon Hall at Ravinia

201 St. Johns Avenue

General Admission \$40

**847.831.3622, [HighlandParkStrings.com](http://HighlandParkStrings.com)**

Highland Park Strings' benefit concert features soloist Jorge Federico Osorio, an award-winning musician and Highland Park resident. The program is dedicated to Beethoven including Symphony No. 5.

The City of Highland Park Presents

## ***1969 Time Capsule Opening***

**Monday, March 11, 2019**

**Time: 4:30 PM**

1707 St. Johns Avenue

**847.926.1000**

Mayor Rotering will open the Time Capsule which was assembled in 1969 for the City's Centennial Celebration. This Time Capsule has been kept sealed since then at the Chase Bank located at 513 Central Avenue and its contents are known only to those who were present when it was first assembled. Find out what Highland Park residents from 1969 wanted to share with us fifty years later in 2019!

## **Seeking Submissions**

### ***East on Central***

Submissions now open for 2019-20 edition. See [www.eastoncentral.org](http://www.eastoncentral.org) for submission guidelines. Special themed section for Creative Exchange: *Music*

## ***Highland Park Poetry***

Seeking submissions for 2019 Poetry Challenge: Chemistry / Oz / Tricube (a poetic form invented by Phillip Larrea). See [www.highlandparkpoetry.org](http://www.highlandparkpoetry.org) for complete submission guidelines and entry form. Deadline is January 28, 2019.

# Our Community



## Highland Park Poetry Receives 2018 Mayor's Award for the Arts

On October 15, Mayor Nancy Rotering announced Highland Park Poetry as the recipient of the 2018 Mayor's Award for the Arts. Given annually, the Mayor's Award for the Arts recognizes outstanding achievements or contributions to the arts in Highland Park.

Highland Park Poetry, founded in 2007 by resident Jennifer Dotson, provides fun, educational events and activities that greatly benefit amateur and professional poets throughout Highland Park. Many of the events are held at local businesses, further benefitting the community. Highland Park Poetry programs regularly draw participating poets from throughout the United States as well as other countries. Programs are open to all and most are free. The organization is 100% volunteer-based and runs on the contribution of time, energy, talent and support of friends and followers.



"Highland Park Poetry is an important addition to our vibrant arts," said Mayor Nancy Rotering. "Highland Park Poetry provides a wonderful outlet

for budding and experienced poets in Highland Park to showcase the amazing poetic talent we have in our area."



## Year-Round Composting

Lakeshore Recycling Systems (LRS) is now offering residents a composting option that supplements the current compost option and allows residents to compost year-round. The new option will run from December 18 – March 31 using a 35-gallon compost cart or a stickered brown Kraft bag. Collection will take place every other Wednesday during off-season months.

Under this organics program, food items like meat, fish, poultry, bread, fruits, vegetables, eggs and others will be accepted, as will coffee grounds, tea bags and certain paper (toilet paper, hand towels). Composting FAQs are available at [www.cityhpil.com/compost](http://www.cityhpil.com/compost).

A pro-rated subscription charge will be applied to residents interested in the 35 gallon cart program. Residents may also participate using stickers.

For questions or to enroll in the program, please contact Bill Kenney with LRS at [bkenney@lrsrecycles.com](mailto:bkenney@lrsrecycles.com) or 773.685.8811.



## Tree Trimming Time Again

Highland Park has been recognized as a Tree City USA by the Arbor Day Foundation for 38 years running. The Department of Public Works Forestry Section manages the urban tree maintenance of approximately 30,000 public trees, within the City right-of-way, divided into eight regions.

The urban forestry program performs preventative maintenance including the pruning trees on a regular basis. Winter season is the optimal season to prune trees. Each year, City authorizes contractors to prune parkway trees in one of eight regions. This systematic maintenance program ensures City trees are healthy and growing, providing the greatest possible return on investment.

The annual tree pruning program ensures inspection of parkway trees for health and safety, pruning for proper form and structure, pruning for clearance over the street and sidewalk, and removing dead and dying limbs. This winter season City authorized contractor, Advanced Tree Care, will prune region 4, the area between Route 41 and Green Bay Road, from Central Avenue to Clavey Road.

If you need additional information or have general questions related to Forestry, please contact Keith O'Herrin, Ph.D., City Forester at 847.926.1604 or [koherrin@cityhpil.com](mailto:koherrin@cityhpil.com).

In addition, ComEd will perform scheduled vegetation management over the next three months. They will trim trees, branches and vines which interfere or have potential to interfere with power lines. Residents who have questions should visit [ComEd.com/Trees](http://ComEd.com/Trees) or call 800.Edison.1 (800.334.7661).



## Volunteer Shoveling Program for Low-Income Elderly and Disabled

The City offers a volunteer snow shoveling program designed to serve low income elderly and disabled residents of Highland Park. Income qualified individuals who are interested in receiving assistance from the Volunteer Snow Shoveling Program may register in advance by calling Jennifer Aiello at 847.432.4110.

After a snowfall 2 inches or more, registered individuals may request assistance with shoveling the home's driveway and walkway; every effort will be made to secure and dispatch a volunteer team to assist within 48 hours. The homeowner will be responsible for providing shovels, ice-melting materials, etc. Snow blowers will not be allowed due to safety issues.

Volunteers and recipients will be required to complete City of Highland Park liability waivers. For further information and to request service, please contact Jennifer Aiello, Social Services Coordinator at 847.432.4110 or [jaiello@cityhpil.com](mailto:jaiello@cityhpil.com).



# HP 150 Kick-off!

## 1869 - 2019

The City of Highland Park will celebrate its sesquicentennial or 150<sup>th</sup> anniversary throughout 2019 with highly visible special events, concerts, tours and more. Plans are underway for a wide variety of festivities bringing the community together to celebrate Highland Park and its rich history.

### HP150 Events

Beginning January 9  
HP150 Exhibition at  
First Bank of  
Highland Park

January 21  
MLK Day of Service  
-150 Service Projects  
Campaign

March 11  
Time Capsule -  
Opening Time Capsule

Find all HP150  
scheduled events at  
[www.cityhpil.com/HP150](http://www.cityhpil.com/HP150)






### Holiday Gift Idea: Buy a Brick

Looking for the perfect gift for someone on your list that is difficult to shop for? This unique gift idea allows an individual to personalize a brick that will become a part of Highland Park history!

Learn more about this tax-deductible opportunity and other sponsorship opportunities at [www.cityhpil.com](http://www.cityhpil.com) or at 847.926.1000.



## Highland Park Fun Facts

-  Ten men purchased Highland Park for \$39,198.70 (\$728,704 in 2018 value)
-  Walter Gurnee who named the City "Highland Park" also laid out the initial plan for the first streets in the City. They were Vine, Maple, and Linden with two thoroughfares which included St. Johns and Port Clinton (later named Sheridan Road).
-  One of the greatest filmmakers of all time, Orson Welles, actually served as the drama critic for the Highland Park News in the 1920s. He also performed as a child at Ravinia Festival.
-  The Pottawattomie were the first inhabitants of what is now Highland Park.
-  Highland Park has nearly 8,500 family households (with an average size of 3 members)

### Get involved!

#### Tell Us Your Story

The history of your home, history of your family, memories of Highland Park

#### Submit a Photo

Photos used throughout the celebration in City communications and displays

#### Participate in an Essay Contest or Art Contest

Opportunities available for elementary, middle school and high school Highland Park residents. Winning entries to be featured in the *Highland Park Landmark*.

Learn more at [www.cityhpil.com/HP150](http://www.cityhpil.com/HP150)

### What should be included in the HP150 Time Capsule?

Send suggestions to City Hall, 1707 St. Johns Avenue, or email [cityhp@cityhpil.com](mailto:cityhp@cityhpil.com).





## D112 BOARD APPROVES PHASE I LONG-RANGE PLAN



Highland Park, Highwood and Fort Sheridan, IL – On November 27, 2018, the North Shore School District 112 Board of Education unanimously approved a series of measures that comprise Phase I of the Long-Range Plan to fully upgrade both Northwood and Edgewood Middle Schools.

“With the passage of Phase I of the Long-Range Plan, the district now has the opportunity and great responsibility to achieve excellence for all students starting with investing in modernized learning facilities at the middle schools,” said Michael Lubelfeld Ed.D., Superintendent of Schools.

The Board approved plan calls for all of the following measures - Investments in Northwood and Edgewood Middle School with costs not to exceed \$75 Million, the use of up to \$20 Million from the district's fund balance, the issuance of \$55 Million of Alternate Revenue Bonds, and the formation of a citizen advisory committee.

Transition planning is currently underway to prepare the Elm Place school site to house Northwood students and staff while Northwood construction is underway. This includes security, maintenance, and other facility updates at Elm Place. In the coming weeks, the superintendent will convene a citizens advisory committee.

### **NORTHWOOD:**

Bid on construction projects - by end of May 2019.  
Close Northwood for construction - Summer 2019.  
Start Construction - September 2019.  
Transition Students to Elm Place Middle School.  
Completion - January 2021.

### **EDGEWOOD:**

Bid on construction projects - by end of October 2020.  
Start Construction - Spring 2021.  
Close Edgewood for construction - Summer 2021.  
Transition Students using Elm Place - TBD  
Full renovation and upper floor additions - through summer 2022.  
Review overall schedule to determine completion for Aug. 2022 or winter 2022.

### **FUTURE PLANNING NEEDS:**

Review dollars, funding, and elementary school needs in the 2022-2023 school year (Planning Year)  
Re-prioritize needs and appropriations for 2023 and beyond

The funding for the Phase I construction projects will consist of \$20 million from the accumulated fund balance, made possible by a combination of fiscal prudence and reductions in personnel costs over the past several years. The district will also issue \$55 million in alternate revenue bonds, which are special general obligation bonds backed by specific revenues. The district will pay bond payments of \$4 million per year paid out of the Operational Fund known as Fund 20.

“I would like to thank Dr. Lubelfeld and his administration for recommending a comprehensive vision for the future of District 112,” said Eric Ephraim, NSSD112 Board President. “I am proud to be part of a board that approved a significant investment in our schools. These improvements will positively impact the learning experience for all of our students. This is an important milestone for our district and our community.”

VISIT [WWW.NSSD112.ORG/LONG-RANGEPLANNING](http://WWW.NSSD112.ORG/LONG-RANGEPLANNING) FOR MORE INFORMATION





# Senior Center

January - April, 2019

The Highland Park Senior Center

Activity Guide

54 Laurel Avenue

Highland Park, IL 60035

847.432.4110

Welcome to the Highland Park Senior Center!

The City of Highland Park proudly introduces the Highland Park Senior Center to its residents, in this special abridged edition of *The Shorelines* newsletter. The Senior Center strives to provide exceptional education, recreation, enrichment and support services targeting a population from 50 years of age and upward. Located in a historic greystone mansion overlooking Lake Michigan, this is a great time to visit the Highland Park Senior Center to see firsthand the many opportunities available.

- ~ Life-long learning with excellent speakers for Monday Speakers Series, Barry Bradford Lectures, and the Humanities Series
- ~ Fitness classes including: Tai Chi, Gentle Yoga, Sit & Be Fit, Better Balance, and Fit for Life
- ~ Classes in canasta, mah jongg, watercolor painting, Spanish, driving & more
- ~ Social events featuring amazing entertainment, themed luncheons, and restaurant outings
- ~ Day excursions to the hottest new plays, museum exhibits, and points of interest with transportation
- ~ Community service and volunteer opportunities for residents
- ~ Access to free transportation for seniors, on a fixed route within Highland Park
- ~ Resources and information for families facing transitions including housing options, home care referrals, and a medical equipment loan closet
- ~ Full-time Social Services Coordinator providing support groups for individuals living alone and those experiencing grief from a recent loss, as well as support for individuals seeking counseling and support

Annual membership cost is \$30 for a single resident or \$50 for a resident couple, and includes many free activities, priority registration, lower rates for fee- based activities, and a discounted ticket pass for use at a variety of local performance art venues. The complete newsletter and membership application are available online at [www.cityhpil.com](http://www.cityhpil.com) or in person at the Center.





# Senior Center Special Activities

## New Year's Eve Luncheon

### Beelow's North Shore

1850 Second Street - Highland Park

**Monday, December 31**

**11:45 AM - 1:45 PM**

**Fee: \$33 / NM: \$53**

*Sponsored by Freedom Home Care*

Ring in the New Year with good time cheer! Enjoy a countdown to 12 noon with a champagne toast, fabulous lunch, and delightful entertainment! Lunch features tomato basil soup, your choice of entrée (pork chops, New York strip steak, petite lobster tail, or vegetarian pasta), mashed potatoes, roasted vegetables, chocolate mousse cake, and soft beverage.

*\* This event was previously promoted and registration is currently underway. Please call for availability.*

## Valentine's Day Luncheon

### Bella Via

1899 Second Street - Highland Park

**Thursday, February 14**

**12 - 2 PM**

**Fee: \$23 / NM: \$33**

*Sponsored by Brookdale Senior Living Solutions*

Celebrate Valentine's Day with love, friendship, live music, and lunch. Your meal will include an appetizer plate including samples of carciofini al forno, mini-meatballs, and calamari, your choice of entree, chef's choice of sides, cannoli with sweetened ricotta and chocolate chips for dessert, and your choice of soft beverage.

When registering, please indicate your choice of Pollo Toscana, Parmigiana di melanzane, Salmon alla griglia.

## St. Patrick's Day Celebration

### Lake Forest Place

1100 Pembroke Drive - Lake Forest

**Friday, March 15**

**12 - 2 PM**

**Fee: \$5 / NM: \$10**

*Sponsored by Lake Forest Place*

Everyone is Irish on St. Patrick's Day! Enjoy a delicious lunch featuring corned beef and cabbage along with other Irish fare and traditional Irish entertainment. Wear your most festive St. Patrick's Day gear for a chance to win a "Pot of Gold."

Tours of this beautiful senior living community will be available, and each participant will receive a special goody bag to take home.

*All registration fees will be generously donated to the Highland Park Senior Center.*

## Passover Seder

### Aperion Care

50 Pleasant Avenue - Highwood

**Thursday, April 18**

**11 AM - 1 PM**

**Fee: \$5 / NM: \$10**

*Sponsored by Aperion Care*

Enjoy a traditional Passover Seder and lunch featuring many delicious favorites. Participate in a condensed service, followed by a delicious holiday meal featuring chopped liver, matzo ball soup, gefilte fish, brisket, chicken, noodle kugel, tzimmes, green beans, and a variety of desserts. Members of all faiths are welcome to attend and will learn about the holiday's traditions.

*All registration fees will be generously donated to the Highland Park Senior Center.*

# Senior Center Classes

## Registration and Refunds

Returning Student Priority Registration:

Wednesday, January 2 at 9 AM

Member Registration:

Begins Thursday, January 3 at 9 AM

Open Registration:

Begins Monday, January 7 at 9 AM

Please register prior to the start of classes, trips and special events; payment is due upon registration. Call 847.432.4110.

For trips and special activities, discount deadlines are one week prior, unless otherwise indicated in the newsletter. For classes, discount deadlines are three days prior to the start of the class.

When possible, late registration will be accepted; however, a late fee of \$5 will be charged to help defray extra costs necessary to effect the late registration.

If you must cancel, refunds will be issued ONLY if registration fills and a replacement can be found. Refunds (minus a \$5 processing fee) will be processed after the activity is complete and may take several weeks.

Please advise staff if you require any reasonable, special accommodations regarding dietary or other special needs.

### Better Balance

Mondays, January 7 - February 18 (6 classes)

11 AM - 12 noon Fee: \$42 / NM: \$62

Wednesdays, January 9 - February 20 (7 classes)

11 AM - 12 noon Fee: \$49 / NM: \$69

### Tai Chi

Tuesdays, January 8 - February 19 (7 classes)

10 - 11 AM or

11:15 AM - 12:15 PM Fee: \$49 / NM: \$69

### Gentle Yoga

Wednesdays, January 9 - February 20 (7 classes)

10:30 - 11:30 AM Fee: \$49 / NM: \$69

Fridays, January 11 - February 22 (7 classes)

10:30 - 11:30 AM Fee: \$49 / NM: \$69

### Sit & Be Fit

Tuesdays, January 8 - February 19 (7 classes)

1:30 - 2:30 PM Fee: \$49 / NM: \$69

Thursdays, January 10 - February 21 (7 classes)

1:30 - 2:30 PM Fee: \$49 / NM: \$69

### Mah Jongg Basics

Tuesdays, March 26 - April 23 (5 classes)

1 - 3 PM Fee: \$70 / NM: \$90

### Learn Canasta

Wednesdays, February 20 - March 27 (6 classes)

1 - 3 PM Fee: \$72 / NM: \$92

### Conversational Spanish

Fridays, January 11 - February 1 (4 classes)

- Continuing: 10 - 11 AM Fee: \$28 / NM: \$48

- Advanced: 11 AM - 12 PM Fee: \$28 / NM: \$48

### Watercolor Workshop

Wednesdays, January 9 - February 27 (8 classes)

2 - 4 PM Fee: \$96 / NM: \$116

### Advanced Painting

Thursdays, January 10 - February 21 (7 classes)

1 - 3 PM Fee: \$84 / NM: \$104

### Rules of the Road Driving Course

Thursday, March 14

10 am - 12 PM Free

### Laurel Larks Singing Group

Fridays, February 8 - May 31

1:30 - 3 PM Free; for members only

### Book Club Discussion Group

Tuesdays, 10 - 11:30 AM Free / NM: \$10

February 19 *The Great Believers*

March 19 *All You Can Ever Know: A Memoir*

April 16 *The Library Book*





## Lyric Opera's Elektra and Brunch

**Civic Opera House and Lloyd's of Chicago**

**Wednesday, January 30**

**Fee: \$40 / NM: \$60**

Bus departs 1610 Deerfield Road at 9:15 AM

Bus returns at approximately 4:15 PM

Discount Deadline: January 16

*Dress rehearsal tickets are donated by the Lyric Opera and transportation is sponsored by the Trillium Foundation.*

## Casino Outing & Buffet Lunch

**Grand Victoria Casino**

**Thursday, February 21**

**Fee: \$ 45 / NM: \$ 65**

Bus departs 1610 Deerfield Road at 9 AM

Bus returns at approximately 4:30 PM

Discount deadline: February 4

## Dear Evan Hansen

**Oriental Theatre, Chicago**

**Wednesday, March 6**

**Fee: \$145 / NM: \$165**

Bus departs 1610 Deerfield Road at 12:30 PM

Bus returns at approximately 5:30 PM

*\* This trip was previously promoted and registration is currently underway. Please call for availability.*

## Matilda and Lunch

**Drury Lane Theater and Banquet Hall**

**Thursday, May 9**

**Fee: \$88 / NM: \$108**

Bus departs 1610 Deerfield Road at 10:15 AM

Bus returns at approximately 5:15 PM

Discount Deadline: April 18

## Come From Away

**Cadillac Palace Theatre, Chicago**

**Saturday, August 17**

**Fee: \$150 / NM: \$170**

Bus departs 1610 Deerfield Road at 12:30 PM

Bus returns at approximately 5:00 PM

Discount Deadline: June 3

## Social Services Coordinator

Jennifer Aiello, LPC, is available to help individuals and families as they navigate through life's transitions. In order to help maintain or improve one's quality of life and well being, social services include individual and family counseling, support groups, and information and referrals including:

- Information and referrals for caregiving agencies, alternative living facilities, transportation options, medical alert systems and mobile meals assistance
- Counseling for individuals experiencing loss, life changes, or seeking personal support
- Grief Group for those experiencing recent loss within the past year
- Appointments with a SHIP (Senior Health Insurance Program) volunteer
- Telephone Reassurance Program for senior adults living alone.

For further information or to schedule an appointment, call Jennifer at 847.926.1868.

## Grief Group

**Thursdays, 1:30 - 3 PM**

April 4 - May 2 (5 weeks)

Free

For those who are experiencing grief due to the death of a loved one within the past year, this 5-week interactive group will address the process of mourning, provide coping skills, and offer the support of others facing a similar loss.

## Well-Being Checks for Seniors

The Highland Park Police Department offers courtesy well-being checks to seniors during periods of extreme weather and temperatures. Volunteer members of the Community Emergency Response Team (CERT) and Police Department personnel will perform the check-ins personally or by phone. Please contact Detective Eric Hernandez at 847.926.1123.

## District 113 Superintendent Search

At the November Board of Education Meeting, School Exec Connect presented the New Superintendent Profile. Thank you to all the students, staff, parents, and community members who took the time to participate in a focus group or complete the online survey. Your input was instrumental in the development of the New Superintendent Profile. The New Superintendent Profile will be used by the Board of Education, Interview Committees, and School Exec Connect to screen and conduct interviews with candidates. The Board of Education and Stakeholder Advisory Groups will interview candidates in January. The tentative date for the public announcement of the District 113 superintendent is February 19, 2019.

For all updates regarding the Superintendent Search, including a detailed timeline, please visit:

[dist113.org/search](http://dist113.org/search)

## HPHS Charity Drive

Highland Park High School will officially kick off its annual Charity Drive with an all-school assembly on Friday, February 1. Charity Drive is a month of fundraising activities planned and implemented by Highland Park High School students, staff, and community members. Over the past two decades Charity Drive has raised in excess of \$2.5 million for various charities; last year's Charity Drive brought in \$154,860 for the Cal's Angels, whose mission is to help children with cancer by granting wishes, raising awareness, and funding research.



This year's recipient, chosen by Highland Park High School students and staff, is Rainbows for all Children. For 35 years, Rainbows for All Children has helped children and teens navigate grief and heal from trauma. Rainbows provides guided peer-support groups to help youth better navigate grief and feelings of loss, leading to improved problem-solving, anger management,

school attendance and academic performance problem-solving, anger management, school attendance and academic performance

The month-long Charity Drive includes events that Highland Park and Highwood families and community members can attend, including a dance clinic for 4th-8th grade students, Canasta Craziiness, Mahjongg Madness, and Skate Night.

On February 8th, all are invited to attend the Silent Auction at Highland Park High School. Items to bid on include outstanding seats to Chicago sporting events, jewelry, and various items and services from local businesses. All bidding can be done online!

For more information and a full list of events, please visit [hpcharitydrive.org](http://hpcharitydrive.org)

# Park District of Highland Park

Please note that this page is submitted, written and edited by the Park District and does not reflect the views or opinions of the City.

## WINTER BREAK

Mon-Fri Dec 24-28 \* | 9am-2:30pm | Junior Holiday Break Tennis Camp | Ages 5-14

\$75 individual day | \$270 all 4 days |

Deer Creek Racquet Club, 701 Deer Creek Pkwy.

Get out of the house and hit the courts this winter break!

\*No program Dec 25. Register at pdhp.org.

Thu Dec 27 | 1-4pm | Crate Stacking | Ages 10-15

\$30, Heller Nature Center; 2821 Ridge Rd.

Don't let winter hold you back from a fun climbing adventure!

Get harnessed in, stack and climb as many milk crates as you can before toppling over. Register at pdhp.org.

Fri Dec 28 | 10am-2pm | Noon Year's Celebration | Ages 5-7

\$55/65, West Ridge Center; 636 Ridge Rd.

Let's celebrate 2019! Make party favors and play games, then push the clock forward and ring in 2019 a little early. Register at pdhp.org.

Mon-Fri Dec 31-Jan 4\* | 9am-2:30pm | Junior Holiday Break Tennis Camp | Ages 5-14

\$75 individual day | \$270 all 4 days |

Deer Creek Racquet Club, 701 Deer Creek Pkwy.

Get out of the house and hit the courts this winter break!

\*No program Jan 1. Register at pdhp.org.

Wed Jan 2 | 10am-2pm | Blizzard Bash | Ages 5-7

\$55/65, West Ridge Center; 636 Ridge Rd.

B-r-r-r-ring yourself to a flurry of fun over winter break.

Celebrate this silly, snowy season with snowman games and snowflake crafts. Register at pdhp.org.

Thu Jan 3 | 10am-2pm | Grins Giggles & Gags | Ages 5-7

\$55/65, West Ridge Center; 636 Ridge Rd.

Knock... knock. Who's there? / Olive. Olive who? / Olive a great joke! Join us for a hilarious time telling jokes, learning tricks, and making gags! Register at pdhp.org.



Mon Jan 7 | 4-6:30pm | Body Fat Analysis | All Ages

FREE, Recreation Center of Highland Park; 1207 Park Ave W.

Screenings provided by NorthShore University HealthSystem.

Thu Jan 10 | 6:45-7:40pm | Magic Class | Ages 5-12

\$21/29, West Ridge Center; 636 Ridge Rd.

Amaze family and friends with tricks that involve cards, ropes, coins, mind reading and more. Register at pdhp.org.

Thu Jan 10 | 4:30-6:30pm | Blood Pressure & Glucose Screening | All Ages

FREE, Recreation Center of Highland Park; 1207 Park Ave W.

Screenings provided by NorthShore University HealthSystem.

Fri Jan 11 | 6:30-8pm | Cozy Campfire | All Ages

\$10, Heller Nature Center; 2821 Ridge Rd.

Spend time inside the Nature Center learning the different ways animals survive winter, through games, artifacts and interactive activities. Register at pdhp.org.

Sat Jan 12 | 2:30-4:30pm | Winter Fest | All Ages

FREE, Centennial Ice Arena; 3100 Trail Way.

Join us for a great day of FREE family winter activities!

See ad on next pages.

Sat Jan 12 | 10am-Noon | Self-Defense Training | Ages 8\*-Adult

\$31/37, West Ridge Center; 626 Ridge Rd.

Learn to defend yourselves during this easy to learn and effective self-defense class. Register at pdhp.org.

Wed Jan 16 | 10am-Noon | Orthopedic & Sports Injuries

Q & A | All Ages

FREE, Recreation Center of Highland Park; 1207 Park Ave W.

Screenings provided by NorthShore University HealthSystem.

Fri Jan 18 | 2:30-4pm | Recycled Art | Ages 6-10

\$15, Heller Nature Center; 2821 Ridge Rd.

Use your imagination and go green with recycled goods, bring them from home or use some of ours!. Register at pdhp.org.

Sun Jan 20 | 10-11:30am | Human-Wildlife Conflict: Cheetahs in Africa to the Coyotes of the Midwest | Adult

\$9, Heller Nature Center; 2821 Ridge Rd.

Learn how cheetahs from Africa and coyotes from the Midwest are similar as they struggle with habitat loss and conflict with humans. Register at pdhp.org.

Mon Jan 21 | 9am-2:30pm | Tennis Parent's Day Out | Ages 5-10

\$62/day, Deer Creek Racquet Club, 701 Deer Creek Pkwy.

Kids have a great time swinging into action as they learn the art of playing tennis, racquetball, wallyball and ping-pong. Register at pdhp.org.



# Park District of Highland Park

Please note that this page is submitted, written and edited by the Park District and does not reflect the views or opinions of the City.

**Mon Jan 21 | 2-4pm | Reptiles & Amphibians | Ages 6-Adult**

\$9, Heller Nature Center; 2821 Ridge Rd.

Learn the difference between reptiles and amphibians & meet live animals up-close! Register at [pdhp.org](http://pdhp.org).

**Mon Jan 21 | 10am-1:30pm | Martin Luther King Day of Service | All Ages**

FREE, Recreation Center of Highland Park; 1207 Park Ave W  
Join the Highland Park community for this 10th annual multi-generational event and take part in meaningful, creative and fun projects to help local community agencies. Proudly presented by the Park District of Highland Park and the Highland Park Human Relations Commission.

**Tue Jan 22 | 9:30-11:30am | Blood Pressure & Glucose Screening | All Ages**

FREE, Recreation Center of Highland Park; 1207 Park Ave W  
Screenings provided by NorthShore University HealthSystem.

**Thu Jan 24 | 7-9pm | Nature Art Scapes | Ages 21+**

\$30, Rosewood Beach Interpretive Center; 883 Sheridan Rd.

Think of sandy beaches as you sip on a glass of wine and create a shadow box. Wine is not included in your registration. See page 67 for details. Register at [pdhp.org](http://pdhp.org).

**Sat Jan 26 | 8am-6:30pm | Eagle Watch | Ages 6-Adult**

\$23, Heller Nature Center; 2821 Ridge Rd.

Travel with Heller Nature Center to Starved Rock State Park for the Illinois Audubon Society's annual Eagle Watch Weekend. Register at [pdhp.org](http://pdhp.org).

**Sat Feb 2 | 10am-Noon | Nature Discovery Day | All Ages**

FREE, Heller Nature Center; 2821 Ridge Rd.

Visit us for nature and adventure!. See ad on next page.

**Sat Feb 2 | 6-8pm | Family Tennis Night | Family**

\$12/person or \$35/family, Deer Creek Racquet Club, 701 Deer Creek Pkwy.

Bring your family and enjoy a night of tennis or wallyball. Pizza included. Register at [pdhp.org](http://pdhp.org).

**Sat Feb 2 | 5:30-8:30pm | Daddy Daughter Dance | Father/Daughter Ages 3-10**

Dinner & Dance \$85/95, Additional Daughter \$35/45

Dancing Only \$52/62, Additional Daughter \$21/31

Highland Park Country Club; 1201 Park Ave W.

Dress your best and be our guest! Join us for dinner, dancing, or both! Register at [pdhp.org](http://pdhp.org).

**Mon Feb 4 | 4-6:30pm | Body Fat Analysis | All Ages**

FREE, Recreation Center of Highland Park; 1207 Park Ave W  
Screenings by NorthShore University HealthSystem.

**Sat Feb 9 | 10am-Noon | Self-Defense Training | Ages 8\*-Adult**

\$31/37, West Ridge Center; 626 Ridge Rd.

Learn to defend yourselves during this easy to learn and effective



self-defense class. Register at [pdhp.org](http://pdhp.org).

**Wed Feb 13 | 10am-Noon | Women's Health Screening | All Ages**

FREE, Recreation Center of Highland Park; 1207 Park Ave W  
Screenings provided by NorthShore University HealthSystem.

**Thu Feb 14 | 4:30-6:30pm | Blood Pressure & Glucose Screening | All Ages**

FREE, Recreation Center of Highland Park; 1207 Park Ave W  
Screenings provided by NorthShore University HealthSystem.

**Fri Feb 15 | 10am-Noon | Ewww-mazing! | Ages 6-10**

\$20, Heller Nature Center; 2821 Ridge Rd.

Squish, plop, bloop, crunch. Find and create your own animal scat, identify creepy crawlers or bones, and make your own earthy slime. Register at [pdhp.org](http://pdhp.org).

**Fri Feb 15 | 6:30-8pm | Cozy Campfire | All Ages**

\$10, Heller Nature Center; 2821 Ridge Rd.

Spend time inside the Nature Center learning the different ways animals survive winter, through games, artifacts and interactive activities. Afterwards, we head outside to the campfire to make a tasty s'more. Register at [pdhp.org](http://pdhp.org).

**Fri Feb 15 | 10:30am-Noon | Osteoporosis Screening | All Ages**

FREE, Recreation Center of Highland Park; 1207 Park Ave W  
Screenings provided by NorthShore University HealthSystem.

## About Us



Enriching community life through healthy leisure pursuits and an appreciation of the natural world.

636 Ridge Road  
Highland Park, IL 60035  
847.831.3810  
[pdhp.org](http://pdhp.org)



**PARK DISTRICT**  
of HIGHLAND PARK

# Park District of Highland Park

Please note that this page is submitted, written and edited by the Park District and does not reflect the views or opinions of the City.



## SUMMER CAMP

**REGISTRATION BEGINS  
GOING ON NOW**  
at [pdhp.org](http://pdhp.org)

**FREE!**

## NATURE DISCOVERY DAY

Sat Feb 2 • 10am - Noon  
Nature Heller Center

Visit our nature classrooms, complete a craft to take home, explore the science of nature, go sledding or cross-country skiing, view live animals and enjoy a roasted marshmallow around a crackling campfire! Activities may vary, and some are weather dependent. No pre-registration required. For more information call 847.433.6901.



## Winter Fest

Sat Jan 12 • 2:30-4:30pm  
Centennial Ice Arena

**Join us for a great day of:**

- FREE family winter activities
- Indoor ice skating and open gymnastics time
- Don't know how to skate? Skating Instructors offer free group lessons
- Food is available for purchase
- Special friends will meet and greet your little ones




## FITFIX

*It's a New Year, are you ready for a New YOU?*

**\$139** January 7-February 17, 2019  
Registration deadline: Jan 7

We help keep you accountable and able to achieve results in an encouraging non-intimidating environment. Whatever your goal, let our highly-skilled fitness professionals, and newly renovated facility get you on a path to fitness and wellness!



**50 + Active Adult  
Fitness Programs**  
Recreation Center of Highland Park 1207 Park Avenue West

<u>H2O Connect</u> Mon/Wed/Sat: 8:30-9:30am	<u>Light N' Lively</u> Wed: 11:30-12:30pm Fri: 11am-12pm	<u>Sets &amp; Reps</u> Mon: 1:15-2:15pm
<u>Aqua Fit</u> Tue: 8:30-9:30am	<u>Balance &amp; Tone</u> Thu: 10:35-11:35am Fri: 12:15-1pm	<u>Meditation</u> Mon: 5:15-5:45pm
<u>Sit &amp; Be Fit</u> Mon: 11:30am-12:15pm Wed: 12-1pm	<u>Zumba</u> Mon: 6:30-7:25pm Thu: 9:35-10:35am	<u>Aqua Zumba</u> Thu: 8:30-9:30am
<u>Gentle Yoga</u> Mon: 12-1:15pm	<u>Strictly Strength</u> Sun: 9:15-9:55am	<u>Restorative Yoga</u> Tue: 6:30-7:15am
<u>Cardio Tone Light</u> Mon: 10:30-11:20am	<u>Chair Yoga</u> Tue, Thu: 12-1pm	<u>Tai Chi</u> Wed: 10:30-11:30am
<u>Aqua Fusion</u> Wed, Fri: 10-11am		<u>Yoga for Osteoporosis</u> Sat: 10:45am-Noon

# Highland Park Public Library

847.432.0216 [hplibrary.org](http://hplibrary.org)

Please note that this page is submitted, written and edited by the Highland Park Public Library and does not reflect the views or opinions of the City.

## LOOKING FOR WINTER ENTERTAINMENT?

### CURL UP WITH A BOOK!

We've Got You Covered!

Check out one of Highland Park's most requested books for 2018:

***The Other Woman*** by DANIEL SILVA

***The President Is Missing*** by BILL CLINTON & JAMES PATTERSON

***Educated*** by TARA WESTOVER

***A Higher Loyalty: Truth, Lies, and Leadership*** by JAMES COMEY

***Fear: Trump in the White House*** by BOB WOODWARD

***Fire and Fury: Inside the Trump White House*** by MICHAEL WOLFF

Or try one of these under-the-radar books:

***Waiting for Eden***

by ELLIOT ACKERMAN

***The 7½ Deaths of Evelyn Hardcastle***

by STUART TURTON

### WHAT TO READ IN 2019? Here's a sneak peek:

***Annelies*** by DAVID R. GILLHAM • ***The Lost Girls of Paris*** by PAM JENOFF • ***The Huntress*** by KATE QUINN

***Daughter of Molokai'i*** by ALAN BRENNERT • ***The Island of Sea Women*** by LISA SEE • ***Kaddish.com*** by NATHAN ENGLANDER

## STAY IN AND WATCH A FILM! Check Out One Of These Noteworthy Films From 2018:

***RBG*** DOCUMENTARY • ***BlackKkKlansman*** • ***Eighth Grade*** • ***Leave No Trace*** • ***The Cakemaker*** FOREIGN FILM

**Looking for more movies?** Stream or download movies from Kanopy and hoopla, free with a Highland Park Public Library card. Visit [hplibrary.org](http://hplibrary.org) to start watching!

## Head To The Library For More Entertainment!

### FILM

#### Black Comedies Film Series

Sunday, January 20, 2 PM

Bob Coscarelli, professor emeritus at College of Lake County, introduces and screens a film. A discussion follows.

Presented with the Highland Park Senior Center.

### Film Discussion

Wednesday, January 30, 7 PM

Film instructor Dick Adler leads a discussion of the film about a father trying to find his missing daughter by uncovering her digital footprint.

Sponsored by The Friends of the Highland Park Public Library.

### A Night at the Oscars

Thursday, February 7, 7 PM

***Chicago Tribune*** film critic Michael Phillips discusses the nominees for the Academy Awards and shares his predictions. Watch clips of the nominated stars and films.

### THEATER

#### Theatrical Readings

Performed by equity actors from The Shakespeare Project of Chicago.

Sponsored by the Friends of the Highland Park Public Library.

#### *Titus Andronicus*

Sunday, January 13, 2 PM

Shakespeare's most violent play is for **mature audiences**.

#### *A Midsummer Night's Dream*

Sunday, February 17, 2 PM

Enjoy Shakespeare's most popular comedy.

### ONE-WOMAN SHOW

#### *Hard-Core CORN*

Wednesday, February 13, 7 PM

Kelly Haramis is an uncontrollable food addict and her popcorn-jonesing life gets flipped upside down after she meets a nutrition guru. Kelly navigates a maze of maize—through hilarious newscasts, cooking shows, and personal confessions—in a world turned against her in this one-woman show.



# Highland Park Public Library

847.432.0216 [hplibrary.org](http://hplibrary.org)

## New Year New You

### Bullet Journal Workshop

Wednesday, January 9, 7 PM

Learn all about the Bullet Journal method and how it can be used as a tool to achieve your goals in 2019. Bring along a notebook, something to write with, and find out how to get started with this flexible organizational method.

### Healthy Snacks

Tuesday, January 15, 7 PM

Start your new year off right with healthy snacking. Certified health coach Evey Schweig discusses what makes a snack healthy, what to look for when shopping, and demonstrates how to make easy snacks. Enjoy a sample and receive recipes to try at home.

### *Clean Enough: Get Back to Basics and Leave Room for Dessert*

Friday, February 1, 1 PM

Wellness guru Katzie Guy-Hamilton, the Director of Food and Beverage of Equinox and nationally-recognized pastry chef, discusses her new book, *Clean Enough*. The more than 100 whole-food, best-of-class recipes encourage a holistic approach to everyday nutrition—and a new way to eat, and live, “clean.” Books will be for sale and the event will conclude with a book signing.

## Learn Something New in 2019 at Library U!



### WRITING

#### Memoir Writing

**Tuesdays**

1/22, 2/5, 2/19, 3/5, 3/19, 4/2  
6:30 – 8:30 PM • COST: \$60

#### Poetry Writing

**Thursdays**

1/31, 2/14, 2/28, 3/14, 3/28  
6:30 – 8:30 PM • COST: \$50

#### Creative Writing

**Tuesdays**

1/29, 2/12, 2/26, 3/12, 3/26  
6:30 – 8:30 PM • COST: \$50

#### Grammantics

**Wednesdays**

2/6, 2/13, 2/20  
7 – 8:30 PM • COST: \$30

### GAMES

#### Learn to Play Canasta (for Beginners)

**Tuesdays** 1/29, 2/5, 2/12, 2/19, 2/26, 3/5  
2 – 4 PM • COST: \$60

#### Learn Canasta Strategy

**Tuesdays**

1/29, 2/5, 2/12  
4 – 5:30 PM  
COST: \$30

**Tuesdays**

2/19, 2/26, 3/5  
4 – 5:30 PM  
COST: \$30

**Wednesdays**

1/30, 2/6, 2/13  
3 – 4:30 PM  
COST: \$30

### LANGUAGE

#### Beginning Italian

**Tuesdays**

2/5, 2/12, 2/19, 2/26, 3/5, 3/12  
6:30 – 8 PM • COST: \$60

**Wednesdays**

1/30, 2/6, 2/13, 2/20, 2/27, 3/6  
1 – 2:30 PM • COST: \$60

**Register beginning January 7.** Find more information, additional classes, and register at [hplibrary.org/LibraryU](http://hplibrary.org/LibraryU). Non-library cardholders can register in the Administration office or by calling 874-432-0216, ext. 120.

### MUSIC

#### Intro to Guitar

**Mondays**

2/4, 2/11, 2/18  
7 – 7:45 PM • COST: \$30

### TECHNOLOGY

#### DSLR

#### Fundamentals

**Thursdays**

2/7, 2/14, 2/21, 2/28  
6:30 – 8 PM • COST: \$40

#### Intro to Photoshop Elements 2018

**Mondays**

3/4, 3/11, 3/18, 3/25  
6:30 – 8 PM • COST: \$40

Library U is a continuing education program made possible by the generous support of the Alvin H. Baum Family Fund.



## NEW MEDIA

### Digital Media Workshop for Teens

Thursday, December 20, 6 – 7 PM or  
Saturday, January 5, 3 – 4 PM.  
Ages 14 and older.

Learn how to use the tech equipment in the Digital Media Lab including 3D-printing and Photoshop. Discover the tools available to create all sorts of projects such as digitizing sketches and making films.

### Maker Workshop

Saturday, December 22  
3 – 4 PM. Ages 14 and older.

Give a handmade gift such as holiday cards, 3D-printed cookie cutters, photo-generated cross stitch patterns, and more. Drop by and start your project.

### Virtual Playground

Saturday, December 29  
3 – 4 PM. Ages 14 and older.

Get a brief overview about the differences between virtual reality and augmented reality then experience augmented reality with our Microsoft HoloLens headset!

# Highland Park Public Library

847.432.0216 [hplibrary.org](http://hplibrary.org)

Please note that this page is submitted, written and edited by the Highland Park Public Library and does not reflect the views or opinions of the City.

## Kid Lit Fest & iRead Kick Off!

**Saturday, January 12, 9 AM – 2 PM**

Kick off iRead, District 112 Education Foundation's annual read-a-thon, at the Library.

**Get a library card!**

### Find a book to read!

Choose from more than 60,000 or ask a librarian for recommendations.

Listen to District 112 teachers read selections from some of their favorite books.

**Receive credit for 30 minutes on your reading log!**

**Stop by the Reader's Theater and read aloud!**

Watch children's stories come to life with nationally-known family entertainer Chris Fascione. He's back by popular demand. Catch his performances at **10:30 AM** and **12:45 PM**.

**Meet notable and award-winning local authors and illustrators!**

**Books will be for sale and authors will sign copies!**

**9 – 11:30 AM**

**Carolyn Armstrong**

**Carolyn Crimi**

*Listen to her read aloud!*

**Jacob Grant** *Listen to him read aloud and watch him draw!*

**Jenny Meyerhoff**

*Listen to her read aloud!*

**11:30 AM – 2 PM**

**Keir Graff**

*Listen to him read aloud!*

**Suzanne Slade**

**Ruth Spiro**

**Allan Woodrow**

**Take your photo in the book cover photo booth!**

## Winter Break Fun!

### Just a Minute!

**Mondays, December 24, 31**

**Wednesdays, December 26, January 2**

**Thursdays, December 27, January 3**

**Fridays, December 28, January 4 during Library hours. Ages 3 – 14.**

Drop by to try fun challenges AND earn a chance to win a prize pack! Flip a water bottle, balance a slinky on your head, and more. Work fast! You get just a minute!

### LED Origami

**Thursday, December 27, 10 – 11 AM. Ages 9 – 13.**

Make your origami glow! Integrate simple circuits to illuminate a paper origami with an LED light and see it glow! Registration required. Register at [hplibrary.org](http://hplibrary.org).

### DINOSAURS!

**Thursday, December 27, 1 – 3 PM**

**For Families with children through age 14.**

Celebrate all things prehistoric. Meet a real dinosaur hunter, see some of the fossils she's collected, and hear about her recent dig! Dinosaur crafts and activities will take place throughout the Library.

### Open Robotics Lab

**Wednesday, January 2, 2 – 3 PM.**

**Ages 9 – 13.**

Try out Lego EV3s, Ozobots, MakeyMakeys, Scratch coding, and computer programming.

### Family Movie Night

**Wednesdays, January 2, February 6**

**6:30 – 8:30 PM.**

**For families.**

Watch a family-friendly movie on the Library's big screen.

### Learn to Draw Video Game Characters Workshop

**Thursday, January 3**

**10 – 11 AM: Grades 1 – 3.**

**11:30 AM – 12:30 PM: Grades 4 – 6.**

Receive step-by-step instructions for creating video game characters and create a video game character self-portrait! Registration required. Register at [hplibrary.org](http://hplibrary.org).



## MUSIC

### WFMT, Podcasting, and The Future of Classical Music

**Wednesday, January 9, 10:30 AM**

Steve Robinson, former general manager of WFMT, one of the world's most respected classical music stations, and founder of New Media Productions, discusses the history of WFMT (hear the words of one of the longtime program directors, general managers, and Studs Terkel). Robinson also discusses how to listen to podcasts (hear excerpts from podcasts about Beethoven and Mozart) and the future of classical music.

Presented with the Highland Park Senior Center.

### Library Launches New Strategic Plan For 2019 – 2021



Thank you to all the residents who participated in the Library's strategic planning process. The community input we gained from the survey and focus groups guided us in creating the new strategic plan.

See the strategic plan at [hplibrary.org/strategic-plan](http://hplibrary.org/strategic-plan)

ECRWSS  
POSTAL PATRON

City of Highland Park  
1707 St. Johns Avenue  
Highland Park, IL 60035

o 847.432.0800  
f 847.432.7625

[www.cityhpil.com](http://www.cityhpil.com)  
[cityhp@cityhpil.com](mailto:cityhp@cityhpil.com)

Mayor  
Nancy R. Rotering  
  
City Council  
Anthony E. Blumberg  
Michelle L. Holleman  
Daniel A. Kaufman  
Alyssa Knobel  
Adam Stolberg  
Kim Stone

City Manager  
Ghida S. Neukirch  
  
Co-Editors  
Jennifer Dotson & Hayley Garard

For more information about  
City services, please visit [cityhpil.com](http://cityhpil.com)  
or call 847.926.1000



Page 2  
- Holiday Information  
- Serve on City Advisory Group  
- 2019 MLK Day

Page 3  
- Mayor Rotering's Message  
- Police Chief's Message

Page 4  
- Prevent Snow Injuries  
- Frozen Water Service Lines

Page 5  
- Community Calendar

Page 6  
- Year Round Composting  
- Mayor's 2018 Award for Arts  
- Volunteer Snow Shoveling

Page 7  
- HP150 Kick Off

**\*\*SENIOR CENTER INSERT\*\***

Page 8  
- North Shore School District 112

Page 9  
- Township H. S. District 113

Page 10 - 12  
- Park District of Highland Park

Page 13 - 15  
- Highland Park Public Library



## 2018 Beautification & Business Awards

The Mayor's Beautification Award recognizes property owners and business owners that have made improvements to enhance visual appeal through attractive landscaping, streetscape, signage, and window displays thus improving quality of life.

**Crossroads Shopping Center** – Skokie Valley Road between Clavey Road and Lake Cook Road

In an effort to transform the existing open concrete patio into an outdoor place for the community to connect and engage, Federal Realty commenced a capital project which included many improvements to the shopping center. Decorative planters were added to the patio space, as well as new LED lighting throughout the center. Also, the amount of green space was increased, including several hundred shrubs and many species of ornamental grasses, evergreens, flowering perennials and ornamental trees. New contemporary furniture was added to make the center more inviting, including umbrella dining tables, cushioned patio furniture, a coffee table and new benches in the courtyard and throughout the center.



### 2018 BUSINESS RECOGNITION AWARDS

**North Urology** – Since 1968  
757 Park Avenue West, Suite 3800  
[847.480.3993](tel:847.480.3993)

In a group of over 60 experienced urological specialists with over 30 Chicagoland locations, North Urology pairs state of the art techniques with communicating and educating patients about their conditions, treatment options, and selecting the best treatment for each individual.

**Ross Cosmetics & Boutique** – Since 1965  
625 Central Avenue  
[847.433.4340](tel:847.433.4340) / [rosshighlandpark.com](http://rosshighlandpark.com)

Ross Cosmetics & Boutique redefines itself to keep up with the clientele's changing needs. The store focuses on skin care, cosmetics, products for tweens and is the go-to spot for overnight camp supplies. With excellent customer service, Ross has a vast and loyal customer base.

**Highland Park Hospital** – Since 1918  
777 Park Ave West  
[847.432.8000](tel:847.432.8000) / [northshore.org](http://northshore.org)

Highland Park Hospital's massive modernization project includes updated surgical pavilion and the new Women's Hospital (the only dedicated Labor, Delivery and Post-Partum Unit in Lake County). The Hospital's Kellogg Cancer Center offers comprehensive subspecialty care and is a Joint Commission-certified Primary Stroke Center—providing an acute stroke team 24/7 for rapid diagnosis and treatment.