Shining the spotlight on residents deserving recognition

Spring Clean Up Dates Announced

The City’s annual Spring Clean-Up Program will be offered by Lakeshore Recycling Systems to single-family residence customers on four consecutive Saturdays beginning April 25 through May 16.

Voter Information

Tuesday, March 17, 2020 is the next General Primary Election. Find out how to register, request an absentee ballot and more.

Rental Registration

Residential rental property owners must register their units with the City by April 1 each year. Renewal notices are mailed at the end of February.

Fix-A-Leak Week

The average household wastes more than 10,000 gallons of water every year due to easy-to-fix water leaks. Find and fix leaks during the 11th annual Fix-a-Leak Week, March 16 through 22, 2020. For more information on Fix-a-Leak Week, visit cityhpil.com/fixaleak.
Tuesday, March 17, 2020 is the next General Primary Election. February 18, 2020 is last day to register to vote at City Hall, 1707 St. Johns Avenue.

Grace Period Registration. Residents may still register to vote between February 19 and February 28 at the Lake County Clerk’s office, 18 North County Street in Waukegan, from 9 AM to 5 PM and at all early voting sites from March 2 through March 16, 2020. Some sites have extended evening and weekend hours. Grace period registration is also available on Election Day at the polling place for your current address.

Voting by Mail. Voters have four options if they choose to apply to request a ballot by mail:
- Apply online until noon on March 12.
- Download a paper application from the Lake County Voter Power website, lakecountyil.gov/351/Voter-Power
- Call 847.377.2406 to have an application mailed
- Email a request to votingbymail@lakecountyil.gov
All requests must be received by 12 PM on March 12.

Early Voting in Highland Park. Early Voting is available between Monday, March 2 and Saturday, March 14, 2020 at the Police Department Training Room, 1677 Old Deerfield Road. The hours for early voting are Monday through Friday between 9 AM and 5 PM and Saturday between 9 AM and 2 PM.

Election Signs. Residents may place election signs on their property; however, signs are not permitted on the public right-of-way between the sidewalk and curb. For homes where there is no sidewalk, signs must be placed more than 5 feet from the curb or street.

To report improperly placed election signs, call Code Enforcement in the Building Division at 847.432.0808.

Residents are reminded that it is illegal to trespass on another’s property to remove or deface an election sign.

Election Day. All polling places are open from 6 AM until 7 PM on Tuesday, March 17 and are handicap accessible. Any handicapped or elderly voter who is physically unable to enter the voting site may request voting assistance. To request assistance, notify the Lake County Clerk’s office by calling 847.377.2406 at least one day in advance of Election Day.
State of the City 2020

Mayor Nancy R. Rotering Delivered the State of the City at the January 27 City Council Meeting.

Thank you for the opportunity to speak with you about the State of the City. Now, more than ever, we recognize the critical importance of having strong, accessible, and accountable local governance.

At the core of everything we do, are all of you - sharing ideas, providing input and actively being part of the process that creates a community that cares deeply about each other and the type of future we want for ourselves and the next generation.

We are a team. We work together to identify opportunities and find solutions to best meet the needs of our community. This is evident as we focus on the City’s core priorities of fiscal stability, public safety, investment in our infrastructure and community vibrancy. We work to advance our local economy, celebrate the arts, and protect our natural resources, demonstrating the many ways in which our city continually evolves. I am pleased to report that we achieved many milestones in 2019 and we will continue our progress in 2020. These are our priorities because they are your priorities.

I am proud to say that we recently approved our ninth balanced operating budget in a row, and with healthy reserves, our financial house is in order. Our fiscal stability exists despite very real financial challenges from our state government. Nonetheless, Highland Park’s fiscal strength was recently reaffirmed with a continuation of our Aaa bond rating by Moody’s, a rating now held by only a handful of Illinois cities.

Over the next seven months, we will hold our annual neighborhood meetings and public budget workshops. With your input, City staff, my Council colleagues and I work together to create our budget – our most important policy statement. With fiscal prudence as our directive, we will plan for the coming year as well as the future with an eye on needs, challenges and opportunities.

With sincere thanks to our accredited first responders, our community’s public safety is strong both on a day-to-day basis and during the Ravinia Festival summer season, when more than 600,000 people come to town to celebrate the arts. Through community relationships and regional collaboration, matters of concern are addressed promptly and proactively.

Our accredited public works crews work hand in hand with us, meeting our vital infrastructure needs. With continued city-wide infrastructure investment and multi-year planning, we ensure resident health and safety each day while also preparing for the long-term.

We also continue to lead a long-term flood mitigation effort, focusing on impacted areas of Highland Park and our region. We are working with federal, state, and county officials towards a coordinated regional response. I recently had the opportunity to speak with both Senators Durbin and Duckworth about this ongoing matter, the threat it presents to our health, safety and welfare, and the very real need for a regional solution.

We are also committed to ensuring the continued economic vibrancy we have experienced in recent years, despite the paradigm shift in retail. We’ve made strategic changes to our downtown zoning, resulting in market-driven housing development that encourages longtime residents to easily downsize and new neighbors to move here. As a result, more people are able to shop, dine and visit our downtown, helping to ease resident property tax burdens through the generation of increased sales tax revenue. This new housing also enables our seniors to age in place, continuing a Highland Park tradition of multiple generations of families in our hometown.

Recognizing that students are our future leaders, the City continues to take an active role in connecting students of all ages with opportunities for experiential learning. High school students are made members of city commissions. All third graders join me at City Hall for mock city council meetings. The goal of these programs is to inspire all Highland Park students to be active stakeholders in their community both now and as adults.

Knowing that collaboration and synergies benefit the public and improve efficiencies, we continue to hold regular meetings with our government partners, local clergy, and community groups. These collaborative conversations result in a broad range of initiatives that benefit our community and exemplify representative government at its best.

Our community is driven by our shared values and a collective desire to work together to shape our future. Your input makes a tangible difference in what we do and how we evolve. My City Council colleagues and I are honored to work with City staff, government partners, local businesses, and you, focusing on issues that matter to all of us.
Our Community

Winter Salt Use and Water Quality Impact

During winter months, the City applies minimal salt (sodium chloride) to clear roads of ice and snow for motorist’s safety. Under a Snow and Ice Control Plan, Public Works applies a combination of salt and brine solution. The combination helps minimize salt use.

One concern with any usage of salt is the impact on lake and river water quality. Salt pollution is measured as sodium and chloride concentrations. The impact to Lake Michigan (City’s drinking water source) is minimal due to controlled application and dilution. The area draining into the lake is limited to east of Green Bay Road. To the west, snowmelt flows into the Skokie River. Also, the City’s Water Treatment Plant intake is far away from shore negating potential intake of salt laden runoff.

Residents and business owners’ use of salt on driveways, sidewalks, and parking lots may also contribute to lake and river pollution through snowmelt and stormwater runoff. Residential and commercial salt use should follow best practice guidelines, limiting to what’s absolutely necessary for safety.

The US Environmental Protection Agency recommends sodium in drinking water not exceed 30 to 60 mg/L, 20 mg/L for persons on very low sodium diets. The USEPA drinking water standard for chloride is not to exceed 250 mg/L, to avoid salty taste. City drinking water sodium and chloride concentrations are well below the recommendation and standard, measured at 11 and 20 mg/L respectively. View the City’s 2019 Annual Water Quality Report at www.cityhpil.com/waterquality. For more information, contact the Public Works Water Production Division at 847-433-4355 or waterplant@cityhpil.com.

Spring Clean-Up Begins April 25

The City’s annual Spring Clean-Up Program will be offered by Lakeshore Recycling Systems (LRS) on four consecutive Saturdays beginning April 25 and ending May 16. This year, collection will again coincide with residents’ primary garbage collection day (the primary collection day is the day both garbage and recycling are collected). The order is based on the days of the week with Monday service collection on Saturday, April 25 and Friday service collection on Saturday, May 16. Items must be placed at the curb no later than 7 AM on collection day. Use the table to view your Spring Clean-Up collection date. If you do not know your primary collection day, visit https://www.cityhpil.com/environment/residential_refuse_and_recycling.php. Important note: This program is for Single-Family Residential customers only.

In order to keep City streets clean, it is requested that residents not place any material out for collection earlier than one week before a scheduled collection.

Oversized Items - LRS will pick up all allowed oversized items that are placed at the curb on residents’ scheduled Spring Clean-Up days. Only 1 cubic yard of construction material will be accepted. To discard waste from a do-it-yourself project, please make sure that the material is bundled so that one person can pick it up and place it in the truck. Carpeting must be rolled and should not exceed the weight that one person can carry. Waste material generated by general contractors will not be accepted. Residents must call LRS to schedule a special pick up for additional cubic yards of construction material. Construction debris collection fees apply.

Appliances - Residents with appliances for collection such as refrigerators/freezers (doors must be removed), stoves, dishwashers, washers/dryers, furnaces/boilers, hot water heaters, air conditioners, and microwave ovens must call LRS at 773.685.8811 to arrange for a special pick-up. When calling, please indicate your name, address, and the type of item to be collected. Please note that residents must bring the item to the curb in order for it to be collected.

Prohibited Items - The following items will not be accepted: regular garbage; yardwaste; debris generated by landscapers, tree trimmers, or contractors; demolition material from fences, roofs, or exterior building debris; rubber tires; batteries; and oil and household hazardous waste such as paint, pesticides, or pool chemicals.

Electronics, including monitors, printers, televisions and computers, may be dropped off at Highland Park’s Electronics Recycling Facility at 1180 Half Day Road on Tuesdays from 7 AM to 1 PM and the first Saturday of every month from 7 AM to 1 PM. Residents may also put out one large or three small electronic items next to their refuse cart on the first service day of the month for LRS. Residents should contact LRS in advance to alert them of a large item or electronics pick-up as it may require a separate truck.

For additional information, contact the City Manager’s Office at 847.926.1000 or email cityhp@cityhpil.com.
**Community Calendar**

**The Art Center of Highland Park**

**PhotoVoice:**
Now through February 24

*PhotoVoice* combines photography with social change and self-portraiture. HP Police asked Edgewood Middle School students to create images revealing what a healthy life means to them.

**Love & Collaboration**
February 28 - April 4

**Artist Reception:**
March 6
5:30 - 8 PM
1957 Sheridan Road
847.432.1888 / theartcenterhp.org

**HP150 Service Committee & Volunteer Pool**

**of Highland Park Presents**

**Sesquicentennial Focus on Volunteerism**
Now through February 29

Ruth Fell Wander Community Art Wall
First Bank of Highland Park
1835 First Street

Exhibit of some of the more than 150 service projects performed by residents during the 150th anniversary year.

**Short Story Theatre**
Thursday, February 20, 7:30 PM
301 Waukegan Avenue
ShortStoryTheatre.com
Tickets: $10 at the door

Short Story Theatre presents four warm and personal true stories told by locals.

**Midwest Young Artists Presents**

**Sensational Soloists Winter Concert**
Sunday, February 23
1 PM, 2:30 PM & 6 PM
For tickets and event location, contact 847.926.9898 / MYA.org

Walgreens National Concerto Competition winners perform with MYAC Orchestras, plus MYAC Choral groups perform.

**Highland Park Players Presents**

**Pinkalicious! The Musical**
February 22, 23, 29 & March 1
11 AM & 1 PM
Sherwood Elementary School
1900 Stratford Road
www.HighlandParkPlayers.com
847.877.0805

Tickets: $15 and go on sale in January

Based on the book by Victoria Kann and Elizabeth Kann, this is the tale of Pinkalicious, who loves pink and wants everything in her life to be pink. After over indulging in pink cupcakes, she wakes up pink. She is thrilled to be pink and have her dream come true. But is being pink really as wonderful as she imagined? Pink-A-Boo! This Theater for Young Audiences includes character autographs after each performance.

**Afternoon Tea with Princess Grace of Monaco**
Sunday, March 1
Doors open 12PM, tea served at 1PM, program concludes at 3 PM
Highland Park Community House
1991 St. Johns Avenue
GreaterMidwestFoodways@gmail.com
312.380.1665

Tickets: $60 in advance, $65 at door

Grace Kelly's life was a fairy tale. The talented young actress, successful in her movie career, was swept off her feet by a real life prince in a whirlwind romance. Her wedding to Prince Rainier III of Monaco in 1956 fascinated the world. Award-winning actress/historian Leslie Goddard portrays the woman who transformed from a Hollywood superstar to a real-life princess.

**Lincoln Goes to Waukegan**
Sunday, March 5, 1PM
Highland Park Public Library
494 Laurel Avenue - Auditorium

Hear about Lincoln's brief but memorable visit to Waukegan in this presentation by Ty Rohrer of the Waukegan Historical Society.

**The League of Women Voters**

**Highland Park/Highwood Presents**

**Stroll to the Polls**
Sunday, March 8, 9AM - Noon
Highland Park High Schools students with monitors walk door-to-door distributing information for this voter awareness program.

**Affordable Housing Information**
Tuesday, March 10, 7 PM
Tuesday, April 7, 7PM
Community Partners for Affordable Housing (CPAH)
400 Central Avenue, Suite 111
847.263.7478 ext. 10 / CPAHousing.org

Register for an affordable homeownership info session online at www.cpahousing.org/class-registration/ or call above.

**HP Chamber of Commerce Presents**

**State of Education**
Thursday, March 12
8:30 AM Continental Breakfast
9 - 10:30 AM Program
The Art Center of Highland Park
1957 Sheridan Road
www.ChamberHP.org
Tickets: Free Event but RSVP Required

Education is critical to our community’s quality of life, including the business community. Join this important conversation as our three school district superintendents (112, 113 & NSSED) address the current challenges, what lies ahead, and how to stay informed.

**Pilgrim Chamber Players Presents**

**Beethoven’s 250th Birthday Celebration**
Sunday, March 15, 3 PM
Highland Park Community House
1991 Sheridan Road
Tickets: $20, $16 (Senior), $8 (Student)
www.pilgrimplayers.org/ 847-433-0972

String Quintet by Beethoven celebrating his 250th birthday. String Quintet K 593 by Mozart plus Trio for Piano, Violin, and Cello by Cassado.
Our Community

Winter Safety Tips

- Test all smoke alarms at least once a month. This way you will know they are working. Install carbon monoxide alarms in your home.
- Plan two ways out of the home in case of an emergency. Clear driveway and front walk of ice and snow. This will provide easy access to your home.
- Make sure your house number can be seen from the street. If you need help, firefighters will be able to find you.
- Be ready in case the power goes out. Have flashlights on hand. Also have battery-powered lighting and fresh batteries. Avoid candles.
- Stay aware of winter weather. Listen to the television or radio for updates. Watch for bulletins online.
- Check on neighbors. Check on others who may need help.
- Generators should be used outdoors. Keep them away from windows and doors. Do not run a generator inside your garage, even if the door is open.
- Stay away from downed wires. Report any downed wires to authorities.

Moraine Township

Moraine Township Offers Free Tax Assistance for Low-Income Taxpayers

Moraine Township announced that it will once again partner with the Internal Revenue Service (IRS) to offer free income tax return preparation for low-and-moderate-income taxpayers from February 8 through April 11, 2020 for 2019 tax filings. The program is offered through the IRS VITA Program (Volunteer Income Tax Assistance); taxpayers do not need to be Township residents to use this service.

Volunteers are trained and certified by the Internal Revenue Service (IRS) to prepare basic returns for taxpayers earning less than $56,000.

Appointments are available weekdays, evenings and weekends at the Moraine Township Office 800 Central Avenue Highland Park; no appointments are necessary Saturdays from 9 a.m. until noon.

Call 847.780.6644 to schedule an appointment.

Rental Registration Reminder

Reminder - Residential rental property owners are required to register their units with the City by April 1 each year. Contact information assists the City in its delivery of emergency and code enforcement services. The $30 annual registration fee is used to conduct outreach and provide educational materials regarding life-safety, property maintenance, and building and zoning codes to all registered property owners and their tenants. For those who registered a property last year, renewal notices are mailed at the end of February. Please use your renewal notice to register again for 2020.

To register a property for the first time, go to https://www.cityhpil.com/government/city_departments/community_development/rental_registration.php and complete a full application. Questions? Call Community Development at 847.926.0808.

Sister Cities Promotes Local Businesses

Dr. Kinal Patel of Highland Park Physical Medicine conducted workshops in sister city, Puerto Vallarta, on January 30 and 31 to the Association of General Practitioners. Dr. Patel, also a certified Animal Chiropractor, presented on the role of chiropractic medicine in the treatment of animals to Puerto Vallarta’s veterinarians. Deb La Mantia, owner and teacher at Pilates Center of the North Shore, taught classes in Puerto Vallarta from January 31-February 5. This was the third year La Mantia has taught in Puerto Vallarta. The Highland Park Sister Cities Foundation works to make connections and create opportunities in our sister cities: Puerto Vallarta, Mexico; Modena, Italy; and Yerucham, Israel. For information, contact Sister Cities Foundation President Carol Wolfe, cityhp@cityhpil.com.
### Excursions

**Sacred Places of Bridgeport Tour**
Tour guide Cathy Holleb will take you through some of the area’s most unique sacred places. Stops include: 1) A monastery run by the Benedictine Brothers to hear about the daily lives of the monks and their plans for the future. Also explore the Benedictine Bed and Breakfast run by the monks. 2) A beautiful Catholic church. Learn about the development of the area, as defined by its churches and ethnic groups. 3) A Buddhist temple. Learn about the history of the congregation and understand the philosophy of Buddhism and its symbols. There will be a narrated tour of historic Bridgeport neighborhoods, and a stop for lunch along the way.

- **Date/Time:** Tuesday, April 28 at 9 AM
- **Fee:** $105 / $125
- **Deadline:** March 30

### Activities

**Book Club Discussion**
*The Body in Question* by Jill Ciment

Interested in reading, discussing new books, and meeting new people? Join professional facilitator Alice Moody as she leads an engaging and topical discussion. Explore notions of theme, style, tone and perspective, and connect the reading with your own personal experiences.

- **Day/Date:** Thursday, March 18
- **Time:** 10 - 11:30 AM
- **Fee:** $5 / $10
- **Please register one week in advance**

**Learn Canasta!**
Canasta is a fun and exciting card game which has recently had a resurgence of popularity amongst both men and women. Instructor Terri Argentar teaches canasta in a learn-as-you-play game, supplemented by handouts of the rules. No class 4/8.

- **Day/Dates:** Wednesdays, 3/11 - 4/22 (6)
- **Time:** 1 - 3 PM
- **Fee:** $72 / $92

**Intermediate II Bridge: Play of the Hand**
Volunteer instructor David Nehmadi, ACBL Certified Best Practices Teacher, will guide you in bidding and take your playing to the next level. This class is designed to review intermediate bridge skills and to practice with supervised play. A great refresher for current players who want to brush up on their skills! No class 4/9.

- **Day/Dates:** Thursdays, 3/19 - 4/30 (6)
- **Time:** 10 AM - 12 PM
- **Fee:** $20 / $40

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**Highland Park Senior Center**

**Serving Seniors ages 50 and better**

54 Laurel Avenue
847.432.4110

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### Sacred Places of Bridgeport Tour

**Bolshoi Ballet — Swan Lake**
Considered the world’s greatest dance company by many, Russia’s premier ballet company makes a triumphant return to Chicago to the historic Auditorium Theatre after 16 years. Yuri Grigorovich’s Swan Lake, set to Tchaikovsky’s iconic score, incorporates choreography from masters Marius Petipa, Lev Ivanov, and Alexander Gorsky. Dazzling and immensely rewarding, this classic ballet highlights some of the world’s greatest dancers, earning the company its international acclaim. Chicago is one of only two US cities to host the Bolshoi in 2020 and is the exclusive presenter of Swan Lake.

- **Date/Time:** Saturday, June 13 at 12:30 PM
- **Fee:** $180 / $200
- **Deadline:** May 11

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**Excursions**

**Activities**
The Vision for the Modern Learning Committee is to recommend actions for District 112 regarding the integration of technology, professional development, and the skills needed to ensure students are successful.

This committee made up of students, parents, and educators has established a set of attributes that define an aspirational vision for each D112 student.

These attributes include:

- **112 Graduates possess the learning and innovation skills of creativity, critical thinking, communication, and collaboration.**
- **112 Graduates know where to find needed information and how to evaluate the source to ensure its accuracy and relevance.**
- **112 Graduates understand themselves as learners by organizing and prioritizing to successfully meet expectations, advocate for their needs, and make constructive choices.**
- **112 Graduates value the different perspectives of others as a valuable way to refine their own learning.**
- **112 Graduates understand the importance of their role as positive and active citizens in local, national, and global societies and cultures.**
- **112 Graduates are continuously curious as a lifelong learner, persevering through new and challenging information.**

LEARN MORE AT WWW.NSSD112.ORG/MODERNLEARNING
School districts are charged with the important task of educating students, and the boards of education that govern them and the administrators who run them are responsible to the taxpayers who pay the bills to do this well and in a fiscally prudent manner. As my Superintendent often says, our job is to convert taxpayer resources into educational value for students. One way school districts ensure that the most value is being created from taxpayer dollars is to implement internal controls over spending. Internal controls are a set of procedures that provide reasonable assurance in the following areas:

1) Safeguarding assets
2) Making operations effective and efficient
3) Promoting accountability
4) Ensuring compliance with laws and regulations
5) Protecting the District from fraud
6) Improving financial reporting

The District 113 Board and Administration understand their fiduciary responsibility to the community and are committed to fulfilling their roles as stewards of the resources the community gives us. In my role as Assistant Superintendent for Finance, internal controls have always been an important element of the District’s financial and operating structure. To test the strength of our internal controls, District 113 put out a competitive bid for an internal controls audit for an external entity to assess whether our current controls are properly implemented and working as intended.

On October 21, 2019, the Board of Education of District 113 awarded a contract to Sikich to perform an internal controls audit. During this engagement, Sikich interviewed 38 staff and used the following framework during their internal controls audit:

1. The Control Environment provides the foundation for the internal control system throughout the entity (the District). Established by the Board and Administration, the control environment sets the moral and ethical tone for the District, which reinforces the importance of internal controls and expected standards of conduct.

2. Risk Assessment involves the identification and assessment of the risks the District faces in achieving its organizational objectives.

3. Control Activities are the policies and procedures that enforce Administration’s directives intended to mitigate risk. These actions are performed at all levels of the organization, at all stages of business processes, and through both manual and automated procedures.

4. The Information and Communication component relates to the exchange of information in a way that allows employees to carry out their internal control responsibilities and achieve the District’s objectives.

5. Monitoring is the process that assesses the effectiveness of a control system over time. This component should include both ongoing, automated evaluations and periodic, separate evaluations to ascertain whether the components of internal control are present and functioning.

That report is complete, and at the February 18 Board meeting, Sikich will report their findings to the Board of Education. Following that report, Administration will create an action plan to address the findings in the audit and report that plan to the Board at a future meeting. Not only will Administration implement the recommended control enhancements to strengthen the control environment, we will continuously monitor these enhancements to ensure they are functioning properly and to correct any identified weaknesses.

The people in my office and the many people at Highland Park High School and Deerfield High School who work in operations play an important role in the task of educating all District 113 students, and we are committed to being faithful stewards of the resources taxpayers give us to provide the quality education they expect.

Ali Mehanti,
Assistant Superintendent for Finance
Park District of Highland Park

Mon Feb 17 | 9am-2:30pm | Tennis Parent’s Day Out | Ages 5-10
$65/day, Deer Creek Racquet Club, 701 Deer Creek Pkwy.
Kids have a great time swinging into action as they learn the art of playing tennis, racquetball, wallyball and ping-pong. Register at pdhp.org.

Mon Feb 17 | 10am-Noon | Snowfari | Ages 6-10
$20, Heller Nature Center, 2821 Ridge Rd.
Go on a winter safari and find out who is playing in our snowy forest. Register at pdhp.org.

Fri Feb 21 | 10am-Noon | Balance and Fall Prevention Screening | Free
Recreation Center of Highland Park, 1207 Park Ave W.
FREE screenings provided by NorthShore University HealthSystem

Sat Feb 22 | 6-8pm | Family Tennis Night | Family
$12/person or $35/family, Deer Creek Racquet Club, 701 Deer Creek Pkwy.
Bring your family and enjoy a night of tennis or wallyball. Pizza included. Register at pdhp.org.

Sun Feb 23 | 10-11:30am | Indoor Herb Garden | Adult
$25, Heller Nature Center, 2821 Ridge Rd.
Break the winter blues by starting an indoor herb garden. The aroma and taste of fresh herbs are sure to help you forget that it’s still winter.

Tue Feb 25 | 10am-Noon | Blood Pressure & Glucose Screening | All Ages
Recreation Center of Highland Park, 1207 Park Ave W.
FREE screenings provided by NorthShore University HealthSystem

Wed Mar 4 | 4:30-6:30pm | Body Fat Analysis | All Ages
Recreation Center of Highland Park, 1207 Park Ave W.
FREE screenings provided by NorthShore University HealthSystem

Fri Mar 6 | 4-7pm | Spring Skating Exhibition | All Ages
$15 to participate, FREE to watch, Centennial Ice Arena, 3100 Trail Way
Featuring skaters enrolled in our Learn-to-Skate and Freeskate programs at Centennial Ice Arena. Register at pdhp.org.

Sat Mar 7 | 10-11:30am | Nature Playdates | All Ages
FREE, Old Elm Park, 3420 Krenn Ave.
Heller is coming to your park! Play games, build a shelter and learn a thing or two about nature.

Thu Mar 12 | 4:30-6:30pm | Blood Pressure & Glucose Screening | Free
Recreation Center of Highland Park, 1207 Park Ave W.
FREE screenings provided by NorthShore University HealthSystem

Sat Mar 14 | 2-3:30pm | 3.14 Pie Day | All Ages
$10, Heller Nature Center, 2821 Ridge Rd.
Come try your hand at making a Pudgy pie for Pi Day and see why pie over a fire is so much sweeter! Register at pdhp.org.

Sun Mar 15 | 10-11am and 11:30am-12:30pm | Maple Syrup Harvest | Ages 6-Adult
$12, Community Park, 1201 Park Ave W,
Listen to a folklore of how maple sap was discovered, tap a tree and enjoy a pancake with maple syrup after. Additional pancakes available for purchase. Cash only.

Save up to $100
Register for Summer Camp by Feb 29 & SAVE!

About Us
Enriching community life through healthy leisure pursuits and an appreciation of the natural world.
636 Ridge Road
Highland Park, IL 60035
847.831.3810
pdhp.org

Not sure if inclement weather will interfere with your activities? Sign up today at pdhp.org for the Rainout Line and get up-to-date information the way you want to receive it.

Rainout Line
COME WORK WITH US!

Immediate Availability!
Indoor Lifeguards
Applicants must be at least 16 years of age and able to complete the required training course. Lifeguard shifts are available during weekdays and weekends.

If you want to become a part of our team, we want to meet you!
Apply online at pdhp.org
For more information, please contact Kari Acevedo at kacevedo@pdhp.org or 847.579.4051

Spring Registration
Going On Now!

Hidden Creek Aquapark
Early Bird Savings!

Mar 1-Apr 30

Save 10%
on Outdoor Pool Memberships
& Get 5 Free Guest Passes

"Fit for Life" Active Adult Fitness Programs
Recreation Center of Highland Park - 1207 Park Avenue West

Monday
9-9:50am • Water Warriors
10-11am • Aqua Flow
10:35-11:35am • Forever Fit
12:05-1:20pm • Gentle Yoga
12:15-1:15pm • Sets & Reps
1:30-2:30pm • Tai Chi

Tuesday
8:30-9:30am • Water Warriors
9:35-10:35am • Zumba Toning
10:30-11:25am • Balance & Tone
12:05-1:05pm • Chair Yoga
6-7:15pm • Restorative Yoga

Wednesday
9-9:45am • Water Warriors
9:30-10:25am • Barre
10-11am • Aqua Swing
10:30-11:25am • Tai Chi
11:30-12:30am • Forever Fit

Thursday
8:15 • Move Well Yoga
8:30-9:20am • Barre-ball
8:30-9:25am • Aqua Zumba
9:35-10:35am • Zumba
10:30-11:20am • Balance & Tone
12:05-1:05pm • Chair Yoga
1:15-2:15pm • Sets & Reps

Friday
9:30-10:30am • Aqua Flow
11-11:55am • Forever Fit
12-1pm • Better Balance

Saturday
8:30-9:20am • Aqua Intervals
10:45am-12pm • Better Bones Yoga

Sunday
10:10-11am • Strength & Core
9-9:50am • Aqua Intervals
9-10am • Zumba

Please note that this page is submitted, written and edited by the Park District and does not reflect the views or opinions of the City.
PARK DISTRICT’S PROACTIVE APPROACH TO DRAMATICALLY CHANGING LAKE

If you have been to a Lake Michigan beach over the last year, no doubt you noticed the effects of the abnormally high lake level. Across the Great Lakes, beaches are shrinking, property is at risk, and public access is being washed away. New forecasts by the United States Army Corps of Engineers (USACE) are predicting lake levels will continue to rise in 2020, breaking century-old records. This month, Lake Michigan was over 17 inches higher than it was in January 2019. The USACE predicts record-breaking Lake Michigan levels will occur between this month and summer. Already, Lake Michigan is more than three feet above average.

Why So High?

High Lake Michigan water levels are attributed to higher levels of precipitation in the last year – 2019 had the highest precipitation recorded in over 125 years. According to the National Weather Service, we are also experiencing a warmer winter than anticipated; as a result, lake levels will remain high. Warmer winters contribute to higher lake levels.

The warmer than average temperatures in December led to more significant runoff due to snowpack melting, especially on lakes Superior, Michigan, and Huron, leading to more water supply. Warm air also causes less evaporation off the lakes’ surface, which leads to more water in the system. Because the temperatures are higher, ice dams can’t form along shorelines protecting beaches and shoreline structures from damaging high wave action and severe erosion during winter storms.

High lake levels cause storms and the wave action associated with them to be even more damaging to shorelines. High water levels allow waves to come up higher onshore escalating beach erosion. According to the USACE, this sets the stage for coastal impacts and damages in 2020, similar to, or worse than, what was experienced last year.

Lake Michigan Water Levels

Lake Michigan water levels have been tracked as far back as 1918 and indicate an average 20-year trend between water level lows and water level highs. However, in 2013, Lake Michigan dropped to the lowest level ever. Now, seven years later, the lake’s water level is expected to be at record-breaking highs. Are changing climate conditions feeding rapid shifts in lake levels? It is anybody’s guess if these erratic water levels are the “new normal.”

The New Normal, or Not?

High lake levels accompanied by intense storms over the past few years, especially this past winter, have caused damage to the breakwater wall/barge located at the Park Avenue Boating Facility. The Park District of Highland Park has been working with our engineering consultant on monitoring the condition of the barge/breakwater in past years. The significant damage that was sustained last winter was unanticipated and worse than previous winters.

To seek feasible options that provide long-term access to boating activities at Park Avenue Boating Facility, the Park District has formed a Park Avenue Working Group. The Group consists of City of Park District Staff and Board, Highland Park Staff and Council, North Shore Yacht Club Members, and resident boaters. Consistent with the Park District’s Mission and Board-approved policies, the Park Avenue Working Group is working with our coastal engineer to seek fiscally responsible site improvements that provide long-term access to boating activities at Park Avenue Boating Facility. The Park Avenue Working Group’s objectives are to:

• Gain a clear understanding of the current lake conditions, the proposed concepts for the barge/breakwater repair or replacement, and the risks associated with activities and shoreline protection at Park Avenue.
• Explore fiscally responsible funding options to support site improvements.
• Evaluate site improvement options and determine priorities based on feasibility.
• Provide a recommendation to the Park Board on proposed site improvements and funding options.

Through ongoing lakefront planning, the Park District is also looking at the big picture by developing a Beach Management Plan for completion in 2021. The plan will address the increasing complexity of managing lakefront parks, and the need to protect the beaches for recreational use and natural habitat. To support the project, the Park District has been awarded grant funding through the Illinois Department of Natural Resources Coastal Management Program. The total project cost is $35,000, half of which is reimbursable by the grant. The Park District’s match is budgeted in the 2020 Capital Plan.

To develop the plan, the Park District will work with engineers at SmithGroup. Engineers will evaluate existing conditions to develop management recommendations and strategies for Moraine Beach, Millard Beach, Park Avenue Boating Facility, and Rosewood Beach. Each location is unique and will be addressed separately to develop specific actions that are customized to local conditions. The focus of the proposed plan is to develop practical, implementable, and quantifiable strategies to address sources of water quality degradation, habitat creation and protection, universal public access, and long-term resilience honoring the Park District’s mission and vision of environmental stewardship and appreciation of the natural world.

The Park District of Highland Park

The Park District of Highland Park is taking a pro-active approach to protect our lakefront assets from the effects of the high-water conditions and continue providing safe beach access to the thousands of children, adults, and families that use them each year for recreation and leisure.

The Park District’s quick action to implement the emergency sand nourishment project earlier this fall at Rosewood Beach served its purpose protecting Rosewood’s parking lot, boardwalk, and structures from the devastating damage the November 11, 2019, and January 11, 2020, storms could have caused. The Park District is also working on options to make structural changes to Rosewood Beach that would protect the beach in the long term. The options under consideration include:

• Underwater Weirs – placed at the opening of the coves to break intense wave action from reaching the shore.
• Reducing the Gap Width of the Breakwaters – to break more waves from reaching the shore.
• Back of Beach Revetment – providing a steel barrier along the boardwalk to protect the back of beach structures and parking lot.

Please note that this page is submitted, written and edited by the Park District and does not reflect the views or opinions of the City.
Learn how to access the state-of-the-art hearing loop system recently installed in the auditorium. Those with a t-coil (telecoil) hearing aid can now listen to the sound system directly through their hearing aids for improved audio quality during Library events. An audiologist will be on hand to check hearing aids for t-coils and to activate them. No hearing aid? Receivers are available which will also enhance audio quality. The new system is funded by a generous grant from the Highland Park Community Foundation and implemented as a result of patron suggestions.
Volunteer at the Library
Volunteers are welcome at the Library! Choose from a variety of volunteer opportunities and join us as we open doors to information and imagination. For more information, ask at the check out desk, visit hplibrary.org/support-library and click on Volunteer Opportunities, or call 847.432.0216, ext. 100.

Secrets to Lasting Love
Thursday, February 20
7 PM

Before You Call The Handyman
Monday, March 16, 7 PM
Handyman Dan Findley discusses common home repairs as well as preventative maintenance. Get your home ready for spring!

FILM SHOWING AND DISCUSSION
Films in the Golden Age of Television Series
Sunday, February 16, 2 PM
Bob Coscarelli, professor emeritus at College of Lake County, introduces and screens the film starring Tony Randall as a television commercial writer and Jayne Mansfield as an actress Randall recruits for his commercial. Soon, Randall’s character is running the ad company, but his ascension is greeted by personal troubles. A discussion follows.
Presented with the Highland Park Senior Center. Sponsored by Elevate Care.

Roméo and Juliet
Sunday, February 23, 2 PM
Equity actors from the Shakespeare Project of Chicago perform a theatrical reading. This classic story of fated love is one of Shakespeare’s most beloved plays.
Sponsored by the Friends of the Highland Park Public Library.

The 50th Anniversary of Simon & Garfunkel’s Greatest Hit: Bridge Over Troubled Water
Wednesday, February 19, 10:30 AM
February 2020 marks the 50th anniversary of when Simon & Garfunkel’s song Bridge Over Troubled Water reached #1, and where it would remain for more than a month. The song marked the height of Simon & Garfunkel’s success and is still beloved today. Gary Wenstrup, adjunct professor at Oakton Community College, traces the arc of Simon & Garfunkel’s career including the majesty of Bridge Over Troubled Water.

Queen Elizabeth II Historical Portrayal
Wednesday, March 18, 10:30 AM
Leslie Goddard, award-winning actress and scholar, explores the life of Britain’s famous monarch, from her childhood, the abdication of her uncle, her marriage to a navy officer, her WWII service, and her struggle to balance her role as queen and mother. Get to know the woman behind the images.

Presented with the Highland Park Senior Center. Sponsored by Sunrise Senior Living.

ENTERTAINMENT @ THE LIBRARY

RISE & SHINE HUMANITIES PROGRAMS

BOOKS WE'RE RECOMMENDING

These titles will be published in the coming months:

- THE GLASS HOTEL by Emily St. John Mandal
- SIMON THE FIDDLER by Paulattta Ilias
- RECIPE FOR PERSUASION by Sonali Dev
**TECH**

**Digitize Everything!**
Thursday, February 20
3 – 4 PM
Saturday, February 29
3 – 4 PM
Registration required for Saturday. Register at hplibrary.org.
Learn how to use the equipment in the Library’s Digital Media Lab to digitize your VHS and camcorder tapes, 8 mm and Super 8 movies, audio tapes, records, photos, slides, and negatives.

**iCloud Storage**
Thursday, February 20
3 – 4 PM. Ages 14 and older.
Learn about using Apple’s cloud storage, also known as the iCloud, with Apple products. Registration required. Register at hplibrary.org.

**Photoshop & Lightroom Basics**
Sunday, February 23
3 – 4 PM. Ages 14 and older.
Learn how to edit photos using Photoshop and Lightroom. Edit white balance, exposure, blemishes, and more. Registration required. Register at hplibrary.org.

**Managing Passwords**
Thursday, February 27
3 – 4 PM. Ages 14 and older.
Explore password management options for your portable device or computer and get tips for creating secure passwords. Registration required. Register at hplibrary.org.

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**BOOKS AND AUTHORS**

**MEET THE AUTHOR**

Rebecca Serle — *In Five Years*
Saturday, March 14, 2 PM
Rebecca Serle, author of *The Dinner List*, makes a special appearance to discuss her new book, a powerful and moving love story following an ambitious lawyer who experiences a shocking vision (or dream?!) that could change her life forever. But the twist with this novel is that this love story is actually a friendship love story. The book reminds us of the power of loyalty, friendship, and the unpredictable nature of destiny.

Books will be for sale the event will conclude with a book signing.

**BOOK DISCUSSIONS**

**Environmental Issues Book Discussion**

We are the Weather: Saving the Planet Begins at Breakfast
by Jonathan Safran Foer
Wednesday, March 11, 1:30 PM
Presented with Go Green HP.

Fleishman Is in Trouble
by Taffy Brodesser-Akner
Thursday, March 19, 7 PM
Davis Schneiderman, English professor at Lake Forest College, leads the discussion.
Sponsored by the Friends of the Highland Park Public Library.

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**FUN FOR KIDS**

**Monday Masquerade**
Make a mysterious, magnificent mask!

**Around the World Family Storytime**
Saturday, March 14, 10:30 AM.
For families with children ages 2 – 7.
Join us as we read, sing, and craft around the world! Registration recommended. Register at hplibrary.org.
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For more information about City services, please visit cityhpil.com or call 847.926.1000

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NEW BUSINESSES

Smart Jewelers
600 Central Avenue, Suite 111
847.673.6000
smartjewelers.com
Retail Jewelry Store

Temple of Kung Fu
36 Skokie Valley Road
847.702.7581
templeofkungfu.com
Martial Arts Studio

Paul Salise State Farm
210 Skokie Valley Road, Suite B
847.677.8511
youragentsalise.com
Insurance & Financial Services

Divine Nail Studio
1822 Second Street
312.995.4958
divinenailstudio.com

Learn more about business in Highland Park, visit cityhpil.com/business

BUSINESS RECOGNITIONS

Fraerman Associates
Architecture – Since 1995
609 Laurel Avenue
847.266.0649
fraermanarch.com

For 25 years, Fraerman Associates Architecture has consistently promoted excellence in design through its classic, modern approach to architecture while reflecting the distinct individuality of each client. Fraerman Associates Architecture has won numerous awards and accolades for its work in new home construction, residential renovation and commercial projects throughout the Chicago area and beyond.

EFT Sports Performance – Since 1994
1630 Old Deerfield Road, Suite 106
847.579.9348
eftsportsperformance.com

Since 1994, EFT Sports Performance has become a renowned and respected athletic training facility. EFT’s training programs are customized to accommodate individual client’s goals in order to maximize their potential and take athletes to the next level.