Happy Thanksgiving

City offices are closed on Thursday, November 22 and Friday, November 23 in observance of the holiday. No garbage collection on November 22. Regular Thursday & Friday collections shift one day.

2018 - 2019 Snow Plan

See Public Works answers to FAQs in preparation for the 2018-2019 winter season. Timely response and effective execution against variable weather conditions are essential. Public Works proactively monitors weather reports and works closely with Public Safety personnel for efficient operations.

Shop and Dine Locally

Residents and visitors are encouraged to shop and dine locally throughout the holidays with extended parking hours in public parking lots in Downtown Highland Park between Saturday, November 17 and Tuesday, January 1. Extended parking hours only pertain to public lots. On-street customer-only parking, disabled parking, fire hydrant and loading zones will still be enforced. Additionally, permit parking still remains and employee parking restrictions are still in effect.

Highland Park’s annual holiday lighting ceremony features free family-friendly activities throughout Downtown Highland Park including live entertainment, a tree lighting count down (4:50 PM), special early arrival of Santa Claus on a Firetruck (2:45 PM), and horse-drawn carriage rides at Highland Park Bank & Trust (beginning at 1:30 PM). Refreshments, activities and goodies will be distributed by many participating businesses. Learn more at www.cityhpil.com/LightUpNight.

Saturday, November 17
3 - 5 PM
Port Clinton Square
Thanksgiving Information

City offices will be closed on Thursday, November 22 and Friday, November 23 in observance of the Thanksgiving Holiday. Residents may call the Public Safety Switchboard at 847.432.7730 for assistance.

There is no garbage collection on Thursday, November 22. Residents with regular Thursday collection will receive service on Friday and those with normal Friday collection will receive service on Saturday, November 24. Contact Lakeshore Recycling Systems at 773.685.8811.

Winter Driving Tips

Winter driving can be dangerous especially on slick roads coupled with low visibility. The Police Department offers these suggestions for safe travel:

- Keep your gas tank full.
- Buckle seat safety belts…it’s the law.
- Drive with headlights on and don’t use bright lights during a snowstorm as it increases the glare and reflection from falling snow. State law requires the use of headlights when windshield wipers are activated.
- Keep all windows clear of snow and ice.
- Allow more time for travel. Drive slower and increase the distance between your car and the one in front of you. Speed should be adjusted for conditions to match traffic flow.
- If pavement is snow or ice covered, start slowly and brake gently. Braking abruptly can result in skidding and loss of control. Remember, bridges and lesser-traveled portions of roadways freeze over first.
- Be careful if you are involved in a minor accident. Exiting your vehicle on a road may result in additional accidents or injuries. If possible, relocate the vehicles involved to the nearest location free from other motorists.
- Hand-held cell phone use while driving is illegal in Illinois. Hand-held cell phone use while driving is even more dangerous during winter driving and greatly compromises public safety.
- Maintain a safe distance from State and City snow plow trucks. Do not pass snow plow trucks when they are engaged in snow plowing and salting activities.
- Move over a lane width when possible and slow down when passing stationary emergency and highway maintenance vehicles with their emergency warning lights activated. It’s the law.
- If you can, avoid driving during snow storms and severe weather. Consider public transportation.

Help the City of Highland Park Police Department reduce crashes and injuries this winter driving season. Be a safe driver and drive responsibly.

Overnight Parking Ban Begins Dec 1

The “Snow Ordinance” (72.040) goes into effect each year from December 1 through March 31. Vehicles may not be parked in excess of 15 minutes on any public streets between the hours of 2AM and 6AM to allow for snow removal operations when necessary and to decrease damage to vehicles parked on the streets or in City lots. This ban applies at all times regardless of snow conditions.

Authorized overnight City parking lots require a valid overnight parking permit, available for purchase in City Hall on Mondays 7:30AM to 5PM and 8:30AM to 5PM Tuesday through Friday. For more info, call 847.432.7730 or wbonaguidi@cityhpil.com.

Health Insurance 2019 Marketplace

Moraine Township and West Deerfield Township offer assistance to residents enrolling for health insurance under the Affordable Care Act. Open Enrollment ends December 15, 2018. Trained and certified counselors will work one-on-one with residents to help them understand their options, balance their medical needs and budgets, compare coverage and costs, and help ensure that enrollees receive the premium subsidies and cost-sharing reductions they may be income-qualified to receive. For information or to schedule an appointment with Moraine Township Certified Application Counselors, call 847.432.3240. West Deerfield Township residents should call 847.945.0614.

Cold Weather Collection Drive

The Highland Park Fire Department hosts a cold weather collection drive for kids at Station 33 on Central Avenue now through February 1. Please donate new or gently used scarves, hats, gloves and mittens. These cold weather items can be dropped off in the box located in the lobby of the Fire Department at 1130 Central Avenue. These will benefit local families in need.

Contact Terrie Jarosz at 847.926.1064 with questions.
Volunteering can be rewarding and offers so many benefits. Many residents have asked how they can get involved and we listened. It now easier than ever for you to put your passion for our community to work.

Beginning in 2019, our Community Vibrancy Commissions have been restructured to allow for greater resident participation. Shorter terms, increased membership, and the chance to serve on a variety of Advisory Groups are just a few of the enhancements. More information about serving on one of these groups is available at www.cityhpil.com.

In addition to Advisory Groups, we have a number of other opportunities for involvement. Planning is underway for our community’s Sesquicentennial (or 150th) Anniversary Celebration in 2019. Committees are still seeking your help. Apply to be appointed to a City Commission or Advisory Group (high school juniors are encouraged to apply), a member of our Community Emergency Response Team (CERT), or the Citizen Fire or Citizen Police Academy. Interested in something else? Follow a project. Agendas for all public meetings are available at www.cityhpil.com. Attend a public meeting and join the conversation.

Not sure you are ready to jump in and volunteer? Simply stay connected by signing-up for City notifications and social media at www.cityhpil.com. Follow me on Twitter @NancyRotering and Facebook at Nancy Rotering – Highland Park Mayor. Or email me at nrotering@cityhpil.com.

We are so fortunate to live in a community with so many residents passionate about serving. I am excited to continue our work together as we pursue our shared vision for our city.

Volunteer & Share Your Passion for Our Community
– Mayor Nancy R. Rotering

Stay Informed!
www.cityhpil.com/signup
www.facebook.com/HighlandParkIL
@CityHPIL
www.youtube.com/user/CityHPIL

Fire Department Receives Insurance Service Office (ISO) Class 2 Rating
This new rating has the potential to decrease homeowners’ insurance costs beginning January 2019. The ISO of Commerical Risk Services measures and grades city services on a five-year cycle. Fire departments are measured on a scale from 1 to 10, with 1 being the best rating and 10 being the lowest. The Highland Park Fire Department’s previous rating was an ISO Class 3 in 2012. We are now one of 1,393 fire departments out of 44,672 across the country to receive an ISO Class rating of 2 - in the top 3.1 percent in the nation. The Highland Park Fire Department thanks Public Works, the City of Highwood, Glenview Public Safety Dispatch, and all surrounding Fire Departments for their help and cooperation in achieving this ISO rating.

Smoke & CO Detectors
Working smoke and carbon monoxide (CO) detectors are two of the most important devices in your home as they provide essential early warning to help prevent tragedy.

Each year in America, more than 150 people die from accidental non-fire related CO poisoning possibly resulting from faulty furnaces or other heating appliances, portable generators, water heaters, clothes dryers or cars left running in garages. CO, often called “the silent killer,” is a gas you cannot see, taste, or smell. CO poisoning can mimic flu symptoms such as headaches, dizziness, nausea and fatigue. Higher levels of exposure result in disorientation, drowsiness, unconsciousness and death.

Smoke and CO alarms should be installed in a central location outside each separate sleeping area, on every level of the home.

For questions or concerns, please call the Fire Department at 847.433.3310.

Volunteer & Share Your Passion for Our Community

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Smoke and CO alarms should be installed in a central location outside each separate sleeping area, on every level of the home.

For questions or concerns, please call the Fire Department at 847.433.3310.
Our Community

Public Works offers the following FAQs in preparation for the 2018-2019 winter season. Timely response and effective execution against variable weather conditions are essential. Public Works proactively monitors weather reports and works closely with Public Safety officers to ensure efficient operations.

**When are specific streets plowed?**
Under normal conditions all streets are plowed at least once within the first six hours of a three-inch or less snowfall. Initial snow removal operations are staged simultaneously throughout the City and multiple plowing passes along streets are required to move snow to the curb. A winter storm’s magnitude may extend response times. Regardless, snow removal operations will continue until all streets are passable and all parking areas have been cleared.

**When are sidewalks plowed?**
The City maintains approximately 130 miles of public sidewalk. For every snow event, the City first plows sidewalk areas that are considered high pedestrian foot traffic areas. These areas include in and around train stations, in the vicinity of schools, Central and Ravinia business districts, parking garage entrances, and public facilities. Upon accumulation of more than four inches of snow, the City will then plow all City sidewalks, including all residential sidewalks. This process of clearing residential sidewalks can take up to 72 hours as the City must first prioritize streets and high pedestrian foot traffic areas.

Areas or other sidewalks that are not plowed by the City are the responsibility of the abutting property owners or merchants. Depositing snow onto sidewalks makes it difficult for pedestrians to walk and for sidewalk plows to clear the walks.

**How should drivers navigate the road when encountering a snow plow?**
The large heavy plow trucks are difficult to maneuver and visibility is reduced in less than optimal driving conditions. Plow trucks also generate slush obscuring visibility so it is important to stay clear at all times.

**What assistance can residents provide?**
Observe street parking restrictions and avoid parking on the street until after the road has been cleared after a significant snowfall event. Ensure snow is not pushed onto a neighbor’s property. The City prohibits removing snow or ice from any building, private property, driveway, driveway approach or public sidewalk and depositing it onto public streets. See guidelines on snow removal below.

**Who should residents call?**
During regular working hours contact Public Works at 847.432.0807. During off hours or emergencies call the Police dispatch hotline at 847.432.7730.

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**Snow Removal Guidelines**

It is a violation to remove snow from one parcel of property and deposit it onto another parcel (including the adjacent public parkway) without consent of the property owner. Some snow removal companies push snow from one property, across public streets, and onto the parkway on the opposite side of the street. Depositing snow in this manner can damage property, create a nuisance, and hamper sight lines from adjacent properties. The code does provide an exemption to allow plow operators to deposit snow on the City parkway located immediately adjacent to and on the same side of street as the property from which the snow is being removed.

Property owners should inform their private snow removal companies of the Snow Removal Ordinance provisions. Snow plow operators observed improperly depositing snow in violation of the ordinance will be cited; however, residents are ultimately responsible for compliance and may also be cited.

As a reminder, it is responsibility of abutting property owners or merchants to clear the sidewalks after every snow event. Public sidewalk routes will be plowed after accumulations of 4 inches. This process of clearing residential sidewalks can take up to 72 hours as streets and high pedestrian foot traffic areas take priority.
Community Calendar

The Art of Giving Back - A small group show with artists who incorporate service in their work through a specific project, concept, practice or intent. Includes works by teen and adult artists at Keshet. Visitors are encouraged to give the gift of warmth and donate unwanted coats.

Invisible Words - Native activist Wendy Abrams uncovers the humanity behind the "signs" that homeless people create asking for help. The intention is not merely to raise awareness about homelessness in our country but to invoke the need for empathy and imagine what would you write if you had a sign asking for help.

Project Resist Fear - Chicago artist Kelly Matthews presents work in a "multiphased effort to confront our fears."

HP Light Up the Night Ceremony
Saturday, November 17, 3 - 5 PM
Port Clinton Square, 600 Central Avenue
847.926.1000

Join Mayor Rotering and the City Council for the lighting of over 200 trees for the 2018 holiday season. Family friendly activities include Santa, music and more.

A Holiday Celebration: The Sugar Plum Tea Party
November 18, 10AM & 12:30PM
North Shore School of Dance
505 Laurel Avenue, 847.432.2060
northshoredance.com / Fee $16 per child

The Nutcracker comes to life for 3 to 8 years olds with the Sugar Plum Fairy and her friends. Children dance, do crafts, watch a special performance and have their picture taken with the Sugar plum Fairy. Program lasts 90 minutes.

East on Central Vol. 17 Exhibit
Opening November 30, 4:30 - 6:30 PM
Exhibit Runs November 30 - January 17
Arriva Dolce Gelato & Coffee Bar
1823 St. Johns Avenue
847.432.1888 / TheArtCenterHP.org

An exhibit of work by selected visual artists and writers from volume 17 of East on Central, a journal of arts and letters.

Highland Park Strings Presents
Holiday Concert
Sunday, December 2, 3 PM
Highland Park High School Auditorium
433 Vine Avenue - Free
847.831.3622, HighlandParkStrings.com

Highland Park Strings' free holiday concert includes music by Bach, Vivaldi, Saint-Saens and Schubert. Soloists are Desiree Ruhrstrat, David Cunliffe, Lucy Colman and Larry Block.

Highland Park Historical Society
World War II: Defense of the Bastogne - Pearl Harbor Day Veterans Forum
Monday, December 3, 7 PM
Highland Park Public Library
494 Laurel Avenue - Auditorium

Highland Park Historical Society cohosts with American Legion Post #145 World War II: The Defense of Bastogne. Join battlefield expert Robert Mueller in reviewing individual contributions to defeat Hitler’s 1944 Winter Offense. Post Commander Sassorossi moderates veterans and audience members reactions and recollections. Participants are encouraged to bring memorabilia to show.

Affordable Housing Information
Tuesday, December 4, 7 PM
Tuesday, January 7, 7 PM
Community Partners for Affordable Housing (CPAH)
400 Central Avenue, Suite 111
847.81.8746 / CPAHousing.org

North Shore School of Dance's
The Nutcracker
December 8, 3 PM
December 9, 1 PM & 4 PM
Performances at Lake Forest Academy
847.432.2060 / NorthShoreDance.com
Tickets $22/Adults, $16/children, seniors and military

North Shore School of Dance celebrates their 30th anniversary production of Tchaikovsky's The Nutcracker.

Ballet Makkai's The Nutcracker
December 15 & 16, 4 PM
Gorton Community Center Lake Forest
400 E. Illinois Road, Lake Forest, 60045
847.443.1449
BalletMakkai.com
Tickets $20

Your visions of Sugar Plums become reality with this family holiday favorite. Join Clara at her party where she receives the gift of a lifetime, battles giant mice and travels through Winter Wonderland to visit the Land of Sweets. Full of colorful costumes and exciting choreography, the Ballet Makkai Nutcracker is fun for the whole family. Sponsored by Beanstalk Toys and Books and Sprout Kids.

Midwest Young Artists Presents
A Magical, Musical Family Holiday Show
December 16, 2PM & 4PM
Ravinia’s Bennett Gordon Hall / 201 St. Johns Avenue
847.926.9898 / MYA.org

This free holiday show features music and songs performed by the Midwest Young Artists’ Chorus, Jazz and Orchestra with a heart-warming story of a magical holiday journey that celebrates the music of the season for everyone.
The City of Highland Park will celebrate its sesquicentennial or 150th anniversary throughout 2019 with highly visible special events, concerts, tours and more. Plans are underway for a wide variety of festivities bringing the community together to celebrate Highland Park and its wonderful history. Below is a sneak preview of upcoming events in 2019. It’s not too late to support HP150 - Highland Park’s sesquicentennial.

### Calendar of Events - HP150 Highlights

- **MLK Day of Service -150 Service Projects Campaign**  
  Jan. 21
- **Time Capsule - Opening Old Time Capsule**  
  Mar. 11
- **HPHS Focus on the Arts**  
  Apr. 9 - 12
- **Sister Cities Foundation HP150 Events**  
  April
- **HP150 Bike, Bus & Walking Tours**  
  Apr., May, June
- **Highland Park History Awards**  
  June
- **HP150 Bitter Jester Music Festival**  
  June - July
- **Commemorative Book Release**  
  July
- **Big Bash, Parade and Fireworks**  
  July 4
- **HP150 Poster Contest Display at Port Clinton Art Festival / Taste of Highland Park**  
  Aug. 24 - 25
- **Stupey Cabin Picnic & Tour**  
  Sept. 13
- **Open Doors Highland Park**  
  Sept. 28
- **HP Light Up the Night Holiday Lighting**  
  Nov. 16
- **Time Capsule Dedication**  
  Dec. 2019

Visit [www.cityhpil.com/HP150](http://www.cityhpil.com/HP150) for complete schedule of events and activities.

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### Become an HP150 Sponsor

Individuals, families, businesses, and organizations are encouraged to make a tax-deductible contribution to help fund the multitude of upcoming HP150 events and programs including art projects, cultural opportunities, service projects, live entertainment, food, and fireworks. Sponsorships are accepted through January 1, 2019.

### HP150 Celebration Guide Ads Available

Local businesses and organizations are invited to show their Highland Park pride in honor of the celebration by purchasing an ad in the two-part HP150 Celebration Guide, which will be released in February and June, to promote the Sesquicentennial and generate excitement about the upcoming events and activities. The guide is no cost to the City and is supported fully through advertisements. The HP150 Celebration Guide will also provide opportunities for ad-buyers to promote local not-for-profit organizations. Contact 847.791.6624 to reserve your ad.
## Activities - Free for Members

Free for members / $10 for non-members

**Monday at the Movies**
Highland Park Police Station
Mondays, 1:30 pm

*Sponsored by Gentle Home Services*
Enjoy screenings of great movies newly released to DVD, along with a few older films.

**Free Blood Pressure Screening**
Highland Park Police Station
First Monday, monthly
10 - 10:30 am

*Provided by Traycee Home Care Services*

**Duplicate Bridge**
Mondays, 12:30 - 3:30 pm
This duplicate bridge game allows experienced players the opportunity to play with their partner in a casual and beautiful environment.

**News & Views Current Events**
Fridays, 10 - 11:30 am
Join others for an intellectual and respectful discussion on local and worldwide current events. Share your thoughts and opinions with this wonderful group.

**Open Game Play** - Please call for details.

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<tr>
<th>Game</th>
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<td>Canasta</td>
<td>Mondays</td>
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<td>Poker</td>
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## Special Activities

**Festival of Lights**
CJE Weinberg Community
1551 Lake Cook Road - Deerfield
Thursday, December 6 from 12 - 1:30 pm
Fee: $5 / NM: $10

Celebrate the holidays with delicious kosher meal, wonderful music, fabulous friends, and plenty of fun!

**Glad Tidings Celebration**
Brookdale Vernon Hills
145 N. Milwaukee Avenue - Vernon Hills
Tuesday, December 18 from 12 - 2 pm
Fee: $5 / NM: $10

Enjoy a delicious meal in their beautifully decorated Fireside Lounge, followed by festive musical entertainment featuring holiday classics.

**New Year's Eve Luncheon**
Beelow's North Shore
1850 Second Street - Highland Park
Monday, December 31
11:45 am - 1:45 pm
Fee: $33 / NM: $53

*Sponsored by Freedom Home Care*
This annual event with lunch and live entertainment is a Senior Center favorite! Countdown to 12 noon with a champagne toast, then enjoy a fabulous lunch with your choice of pork chops, New York strip steak, or petite lobster tail. Live music will fill the room with joy and good vibes!
On Tuesday, October 23, 2018, North Shore School District 112 Superintendent Michael Lubelfeld Ed.D. formally and officially recommend the first phase of the district’s new Long Range Plan, which will allow District 112 to take the first steps towards modernization and greater equity among students. The recommendation includes up to $75 million investment in the modernization of both middle schools in the district. This phase will not lead to any direct tax increase, but instead, will be funded by the use of $20 million from accumulated Fund Balance (district savings account) and $55 million from Alternate Revenue Bonds (long-term debt for long-term capital projects). The bonds would be paid for out of the Operations & Maintenance Fund (Fund 20).

On November 27, 2018, the superintendent’s recommendation will go before the Board of Education for approval. The process for Long-Range Planning since July 1st has been made possible through community engagement, leadership, planning, and now, recommended action. Please visit www.nssd112.org/Long-RangePlanning for complete and up to date information about the District’s Long Range Planning Process. Dr. Lubelfeld and the Board are committed to inspiring, innovating and engaging all students every day. Our District is the place for new families to move in and raise their families.

On October 31, 2018, the state of Illinois released the Illinois School Report Cards. That data shows the performance and progress on a wide range of metrics and assigns a designation for each school in the state. Last school year, District 112 emphasized a guaranteed and viable curriculum in English language arts and math. The 2017-2018 PARCC data shows that 53.8% of our entire student population is ready for the next level, which increased from 48.2% in the 2016-2017 data.

District 112 is already seeing measurable progress in student learning and growth as a result of the renewed focus on the basics of reading, writing, and mathematics. For example, students from low-income families proficiency rates improved from 18% to 24% in their English language arts scores and from 10% to 17% in mathematics. Overall, last year’s results showed that 48% of all students in grades 3-8 met or exceeded Illinois standards in both math and language arts, this year, 54% of students met that mark.

The Every Student Succeeds Act (ESSA) is the reauthorization of the Elementary and Secondary Education Act (ESEA/No Child Left Behind), the country’s national education law. Illinois is in the first year of implementing ESSA. As part of Illinois’ ESSA Plan, all schools receive a summative designation, which is an overall description of a school’s performance based on multiple factors and compared to other schools in the state.

All schools in Illinois receive one of four summative designations (exemplary, commendable, underperforming, or lowest performing). In our District, all schools received either the exemplary or commendable ratings!

District 112 remains committed to continuous improvement. The District will ensure that supports are in place for teachers and students to create environments where all children can learn and grow.

Visit www.nssd112.org/ILReportCard to view the 2017-2018 Report Card and review the summative designations for each District 112 school.

Upcoming Board Meetings

November 27th - 7:00 p.m.
December 18th - 7:00 p.m.

For More Info, Please Visit
www.nssd112.org/BoardMeetings

Download The NSSD112 App

The district has launched its own mobile app for iPhone and Android. Users can access school and district calendars, Infinite Campus, lunch balances, news, photos, directory information, and more.

Search "NSSD112" In The App Store

www.nssd112.org
224-765-3000
www.facebook.com/nssd112
www.twitter.com/nssd112
District 113 Superintendent Search

The Township High School District 113 Board of Education has begun the search process for a new superintendent who will begin duties on July 1, 2019. The Board has selected School Exec Connect, an educational search firm, to assist in the superintendent search. The first step in this process is to create a New Superintendent Profile, using information gathered from focus groups and from an online survey. The New Superintendent Profile will guide us in the selection process. Focus groups were conducted over the past two weeks. The online survey will be available until November 16 and can be accessed using the following link: https://www.surveymonkey.com/r/JKV8BH8

Findings from the survey and focus group conversations will be reported to the Board of Education during the regularly scheduled Board meeting on November 19, 2018. We invite you to attend. The meeting will begin at 7:00 p.m. in the Board Room of the District 113 Administration Building (1040 Park Ave West).

As we move forward, our most important consideration is securing the strongest candidate pool and ultimately the best person to lead our District. A Stakeholder/Confidential Committee will be established to interview the final two or three candidates and share their feedback with the Board of Education. We trust that those directly involved in the search will hold candidate names confidential throughout the process.

The Board of Education looks forward to your support and assistance with this very important undertaking. Please feel free to contact the consultants assisting us if you have any questions or comments regarding the search:
- Dr. Ben Martindale (bmartindale@dist113.org)
- Dr. Linda Yonke (lyonke@dist113.org)
- Dr. Gary Zabilka (gzabilka@iasaedu.org)

We look forward to your input as we search for a new superintendent to lead High School District 113.

Key Information

Superintendent Search Updates
www.dist113.org/search

Link to online survey
https://www.surveymonkey.com/r/JKV8BH8

Next Board of Education Meeting
November 19, 2018
7:00 p.m.
District 113 Administration Building
Turkey Shoot

Sat Nov 17 • 10am
$45 per player

Purchase tickets at pdhp.org

Fri Dec 14
6:30-8pm
$10

Learn about how animals survive winter by playing games and interactive activities, then enjoy marshmallows roasted over the campfire!

Heller Nature Center
Park District of Highland Park

Fri Nov 16 | 10-11:30am | Osteoporosis Screening | All Ages
FREE, Recreation Center of Highland Park; 1207 Park Ave West
Screenings provided by NorthShore University HealthSystem.

Sat Nov 17 | Turkey Shoot | All Ages
$45, Sunset Valley Golf Club; 1390 Sunset Rd.
18-Holes of golf and cart, turkey lunch and a beer ticket.
Book your tee time at sunsetvalleygolfclub.org. See ad on the previous page.

Sat Nov 17 | 10am-Noon | Self-Defense Training | Ages 8-Adult
$31/$36 Non-resident, West Ridge Center, 636 Ridge Rd.
Learn to defend yourselves during this easy to learn and effective self-defense class. Register at pdhp.org.

Sat Nov 17 | 6-8pm | Board at the Beach | All Ages
$8, Rosewood Beach Interpretive Center; 883 Sheridan Rd.
Join us for a family night of board games, music, and refreshments. Register at pdhp.org.

Tue Nov 27 | 10:30-11:30am | Stories in the Woods | Adult/Child, Ages 6 mo-6 yrs
$8, Heller Nature Center; 2821 Ridge Rd.
Enjoy story time with a naturalist, then take a short hike and create a craft to take home.

Tue Nov 27 | 9:30-11:30am | Blood Pressure & Glucose Screening | All Ages
FREE, Recreation Center of Highland Park; 1207 Park Ave West
Screenings provided by NorthShore University HealthSystem.

Sun Dec 2 | 9am-5pm | North Shore Winter Classic Competition | All Ages
FREE to watch, Centennial Ice Arena; 3100 Trail Way
LTS USA sanctioned competition.

Mon Dec 3 | 4-6:30pm | Body Fat Analysis | All Ages
FREE, Recreation Center of Highland Park; 1207 Park Ave West
Screenings provided by NorthShore University HealthSystem.

Fri Dec 7 | 10am-Noon | Balance & Fall Prevention Screening | All Ages
FREE, Recreation Center of Highland Park; 1207 Park Ave West
Screenings provided by NorthShore University HealthSystem.

Tue Dec 11 | 9:30-11:30pm | Blood Pressure & Glucose Screening | All Ages
FREE, Recreation Center of Highland Park; 1207 Park Ave West
Screenings provided by NorthShore University HealthSystem.

Fri Dec 14 | 6:30-8pm | Cozy Campfire | All Ages
$10, Heller Nature Center; 2821 Ridge Rd.
Spend time inside the Nature Center learning the different ways animals survive winter, through games, artifacts and interactive activities. Afterwards, we will head outside to the campfire to make a tasty s'more. Register at pdhp.org. See ad on the previous page.

Sat Dec 15 | 10am-Noon | Self Defense Training | Ages 8-Adult
$31/$36 Non-resident, West Ridge Center; 636 Ridge Rd.
Learn to defend yourselves during this easy to learn and effective self-defense class. Register at pdhp.org.

Sat Dec 15 | 1-4pm | Winter Skating Exhibition | All Ages
FREE to watch, Centennial Ice Arena; 3100 Trail Way
Come watch skaters enrolled in our Learn to Skate and Freeskate programs.

About Us

Enriching community life through healthy leisure pursuits and an appreciation of the natural world.

636 Ridge Road
Highland Park, IL 60035
847.831.3810
pdhp.org
50 + Active Adult Fitness Programs
Recreation Center of Highland Park  1207 Park Avenue West

H2O Connect
Mon/Wed/Sat: 8:30-9:30am

Aqua Fit
Tue: 8:30-9:30am

Sit & Be Fit
Mon: 11:30am-12:15pm
Wed: 12-1pm

Gentle Yoga
Mon: 12-1:15pm

Cardio Tone Light
Mon: 10:30-11:20am

Aqua Fusion
Wed, Fri: 10-11am

Light N’ Lively
Wed: 11:30-12:30pm
Fri: 11am-12pm

Balance & Tone
Thu: 10:35-11:35am
Fri: 12:15-1pm

Zumba
Mon: 6:30-7:25pm
Thu: 9:35-10:35am

Strictly Strength
Sun: 9:15-9:55am

Chair Yoga
Tue, Thu: 12-1pm

Sets & Reps
Mon: 1:15-2:15pm

Meditation
Mon: 5:15-5:45pm

Aqua Zumba
Thu: 8:30-9:30am

Restorative Yoga
Tue: 6:30-7:15am

Register at pdhp.org

It’s a New Year, are you ready for a New YOU?
$139 January 7-February 17, 2019
Registration deadline: Jan 7

We help keep you accountable and able to achieve results in an encouraging non-intimidating environment.
Whatever your goal, let our highly-skilled fitness professionals, and newly renovated facility get you on a path to fitness and wellness!

Register Today at the Recreation Center of Highland Park!
NEW MEDIA

**Backing Up Your Photos**
Saturday, November 17, 2 – 3 PM
Learn how to back up your photos to protect from accidental data loss.

**3D Design: Badge Challenge**
Monday, November 19
10 – 11 AM, 11:15 AM – 12:15 PM
Ages 8 – 13.
Design your own badge for your favorite video game, superhero, sports team, animal, or anything else that comes to mind. Registration required. Please register for one session only at hplibrary.org.

**Introduction to Craigslist**
Monday, November 19, 6 – 7 PM
Learn how to navigate Craigslist to search job listings and apartment rentals, buy or sell goods or services, respond to messages, and more. Registration required. Register at hplibrary.org.

**Mindfulness & Meditation Apps**
Saturday, November 24
3:30 – 4:30 PM
Join us for an introduction to guided meditation apps that can help you clear your mind and unwind even if you only have five or ten minutes.

**Make a Holiday Cookie Cutter**
Saturday, December 1
10 – 11 AM, 11:30 AM – 12:30 PM
Ages 8 – 13.
Monday, December 3
6 – 7 PM, 7:15 – 8:15 PM
Ages 14 and older.
Make a cookie cutter for your favorite holiday and print it on the Library’s 3D printer. Due to the time required for printing, your piece will not be ready to take home immediately. You will be contacted when your piece is ready to pick up. Registration required. Please register for only one session at hplibrary.org.
BOOK DISCUSSIONS

**Memento Park**
by Mark Sarvas
Monday, November 19, 7 PM
Book discussion leader Rachel Kamin leads the discussion about Spertus Institute's One Book I One Community selection.

Author Mark Sarvas will make a special appearance at the book discussion.
Registration suggested. Find more information and register at spertus.edu/onebook
Presented with Spertus Institute for Jewish Learning and Leadership

**Eternal Life**
by Dara Horn
Tuesday, December 4, 1 PM
Noted book discussion leader Judy Levin leads the discussion

**The Baron in the Trees**
by Italo Calvino
Thursday, December 13, 7 PM
Davis Schneiderman, English professor at Lake Forest College, leads the discussion.

**American Pastoral**
by Philip Roth
Monday, December 17, 1 PM
Rabbi Adam Chalom discusses the book. Reading the book is not required to participate.

MUSIC

**Jazz Concert**
Sunday, December 9, 2 PM
Lapis Trio, a jazz group featuring Casey Nielsen, guitar, Dan Thatcher, bass, and Tim Mulvenna, percussion, perform.
Sponsored by YEA! Highland Park.

FILM

**Coming of Age Film Series**

Bob Coscarelli, professor emeritus at College of Lake County, introduces and screens the films and leads a discussion following the screenings.
Presented with the Highland Park Senior Center.
Sponsored by Renewal Care.

- **Sunday, November 25, 2 PM**
The film is based on the true story of a former NASA engineer who was a high school student in rural West Virginia who seemed destined to a harsh life working in the coal mines. Starring Jake Gyllenhaal and Laura Dern.

- **Sunday, December 16, 2 PM**
James Dean stars as the new kid in town, the teenage son of a well-to-do family. Overcome by loneliness, frustration, and anger, he can’t help but get into trouble, a problem that has forced his appearance-conscious parents to move from one town to another.

**FILM DISCUSSION**

**Graduation**
Wednesday, November 28, 7 PM
Film instructor Dick Adler discusses the acclaimed film about a doctor desperate for his daughter to escape their small town in Transylvania and attend a British university.
Sponsored by the Friends of the Highland Park Public Library.
RAISE A READER!

Winter Storytime Sessions
Newborns – Six-Year-Olds
Register beginning Monday, November 26 in the Youth Services Department or by calling 847.681.7030.

Raise your child to be a reader with help from the Library. Early experiences with language and books contribute to brain development and lay the foundation for later reading success.

Winter storytime sessions, with activities designed to foster pre-reading skills for newborns to six-year-olds, begin in January. Visit hplibrary.org/storytime-0 for storytime dates and times.

FUN FOR KIDS

Family Storytime
Thursday, November 15
6:30 – 7 PM
We're celebrating Family Reading Night with a special storytime! Families are invited to join us for bilingual stories.

Movie Showing
Monday, November 19
2 – 4 PM. All ages.
Watch this family-friendly comedy about an arcade game character on our big screen!

Edible Architecture
Tuesday, November 20
1 – 2 PM. Grades 3 and older.
Using only things that you can eat, design and build a model of a famous structure, or create something new! Registration required. Register at hplibrary.org.

Paper Rocket Launch!
Friday, November 23
10:30 AM – 5 PM
For families with children through age 14.
Drop by to decorate and launch a paper rocket! Whose rocket will fly the highest? The farthest?

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Inside This Issue

Page 2
- Thanksgiving Information
- Winter Driving Tips
- Overnight Parking Ban

Page 3
- Mayor Rotering’s Message
- HP Light Up the Night Event
- Smoke & Carbon Monoxide (CO) Detectors

Page 4
- 2018-2019 Snow Plan
- Snow Removal Guidelines

Page 5
- Community Calendar

Page 6
- HP150 Opportunities

Page 7
- Senior Center

Page 8
- North Shore School District 112

Page 9
- Township H. S. District 113

Page 10 - 12
- Park District of Highland Park

Page 13 - 15
- Highland Park Public Library

2018 Business Report

NEW BUSINESSES

Datametica Solutions
3500 Western Avenue
(847) 331-8053
datametica.com
Data Programming

Fithouse
716 Central Avenue
847.780.4811
fithouse.rocks
Fitness & Wellness Center

Inspired Organics Children’s Boutique
583 Central Avenue
847.726.3005

Orange Theory
1835 Second Street
(847) 631-1122
orangetheoryfitness.com
Fitness Studio

Smile Direct Club
229 Skokie Valley Road
224.804.7135
smiledirectclub.com
Teeth Alignment

BUSINESS RECOGNITIONS

Congratulations to the following mental healthcare professionals who have had practices in Highland Park for 25 years or more. Their longevity is testament to their commitment to excellent patient care.

Bonnie Senner, MSW., LCSW – Since 1985
1893 Sheridan Road, Suite 218
847.432.4930
Psychotherapist

Anna Lieblich, LSCW – Since 1986
580 Roger Williams Avenue, Suite 23
847.432.6674
Clinical Social Worker

Ellen Diamond, PSY.D & Meredith Wood, LMFT – Since 1992
1866 Sheridan Road, Suite 207
847.433.3815
Psychotherapist

Ruth Greenhal, PH.D – Since 1993
480 Elm Place, Suite 208
847.491.9045
Clinical Psychology

Carol Mills Saldinger LSCW – Since 1993
1803 St. Johns Avenue
847.564.3862
Psychotherapy and Social Work

Find us on Facebook and Twitter for the latest news and updates or sign up for our weekly eNews at www.cityhpil.com/enews.