



# The Highlander

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October &  
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## Memorial Plans

A temporary July 4th memorial will be located at the Rose Garden adjacent to City Hall until the dedication of a permanent memorial. See p. 3 for details about the temporary memorial, plan for a permanent memorial, and relocation of the art installation at St. Johns and Central.

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## Composting

The City's curbside composting program for single-family residential customers allows subscribers to discard kitchen and yard waste in the same container year-round, with biweekly collection during the winter months beginning Dec. 16. Learn more by visiting [cityhpil.com/compost](http://cityhpil.com/compost).

## Halloween Events

Trick or treating hours are 3:30 – 7:00 PM on October 31. See p. 4 for more information, safety tips, and other upcoming special events in Downtown Highland Park and the Ravinia District.

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## Voting Information

Early voting at the Highland Park Public Library (494 Laurel Ave.) begins Oct. 24. You may request a vote by mail ballot until Nov. 3. Election Day is Nov. 8; if voting on Election Day, you must vote at your assigned polling place.

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# Highland Park at a Glance



## Friendly Fall Reminders



- Dog Licenses for the 2022-2023 license year must be purchased and displayed by Oct. 1, 2022. Renew online at [cityhpil.com](http://cityhpil.com) or by mail. Please contact the Finance Department at [847.432.0800](tel:847.432.0800) or [finance@cityhpil.com](mailto:finance@cityhpil.com).
- It is illegal to dump leaves, grass clippings and other debris on City streets or into the drainage system. This can create slippery road conditions and increase the risk of clogged inlets and street flooding. Contact Public Works Sewer Section staff at [847.432.4355](tel:847.432.4355).
- Swimming pools are to be drained directly to a sanitary sewer. It is illegal and harmful to lake and river ecosystems to discharge pool water into storm sewers, ravines or over land. Contact Public Works at [847.432.4355](tel:847.432.4355).
- Prior to shutting down lawn irrigation systems for the winter season, ensure the system is drained completely and the backflow prevention device is properly stored to prevent system damage. Call Public Works at [847.432.4355](tel:847.432.4355).
- Remember to change the batteries in your smoke detectors when you change your clocks to save lives. Install a smoke detector outside of every sleeping area and on each floor of your home. For questions about installation or maintenance, contact the Fire Prevention Division at [847.926.1075](tel:847.926.1075).



## Aging in a Changing Region Workshops

The City regularly explores ways to be a community for all ages and support our residents as they transition towards aging-in-community. Share your feedback via a short survey at [cityhpil.com/aging](http://cityhpil.com/aging). Community residents' and stakeholders' input is critical, regardless of your current age or whether you see aging-in-community as applying to you – please plan on joining us at one or both of the workshops: Thurs. Oct. 27, 9 - 11 AM, and Wed., Nov. 30, 6 - 8 PM. Both meetings will be held at the Highland Park Country Club Ballroom, and light refreshments will be provided.



## Career Exploration Program - Sign Up Today

Highland Park sophomores, juniors, and seniors, sign up to shadow a local professional to learn about careers in your field of interest. The Highland Park Career Exploration Program is a joint initiative of the City and Highland Park High School. Visit [city-hpil.com/hpce](http://city-hpil.com/hpce) to complete a short survey. Contact Dr. Aliza Gilbert at [agilbert@dist113.org](mailto:agilbert@dist113.org) or City Manager Ghida Neukirch at [gneukirch@cityhpil.com](mailto:gneukirch@cityhpil.com) with questions, or to volunteer.



## November Holiday Reminders

**Veterans Day** is Friday, Nov. 11. City offices will be closed. For assistance, please call the non-emergency public safety line, [847.432.7730](tel:847.432.7730). No change to refuse and recycling.

**Thanksgiving** is Thursday, Nov. 24. City offices will be closed on Thanksgiving and Friday, Nov. 25 in observance of the holiday. For public safety assistance, residents may call the non-emergency public safety line at [847.432.7730](tel:847.432.7730).

There will be no refuse and recycling collection on Thursday, Nov. 24. Regular Thurs. collection occurs on Fri., Nov. 25 and Fri. collection will be on Sat., Nov. 26. Services return to normal on Monday, Nov. 28. Contact Lakeshore Recycling Systems at [773.685.8811](tel:773.685.8811) or visit [LRrecycles.com](http://LRrecycles.com).



## Distinguished Budget Presentation Award

Congratulations to the City for receiving the Government Finance Officers Association's (GFOA) Distinguished Budget Presentation Award for the 28th year in a row! The award is a reflection of the City's commitment to the highest principles of governmental budgeting. The GFOA assesses how well an entity's budget serves as a policy document, financial plan, operations guide, and communications device. For more information, visit [cityhpil.com/budget](http://cityhpil.com/budget).



## Snow & Ice Removal

The City's snow removal plan prioritizes timely response and effective execution given variable weather conditions throughout the season. Public Works collaborates with Public Safety personnel to identify specific salting or plowing needs. Visit [cityhpil.com/snow](http://cityhpil.com/snow) to learn more about the 2022-2023 Snow & Ice Control Plan, including a detailed FAQ. Call [847.432.0807](tel:847.432.0807) with questions; to report a Public Works concern after hours, call [847.432.7730](tel:847.432.7730).



## Snow Ordinance Winter Parking Ban Begins Dec. 1

From Dec. 1 through March 31, vehicles may not park in excess of 15 minutes on any public streets between 2 AM and 6 AM. This facilitates snow removal operations and decreases occurrences of accidental damage to vehicles parked on City streets or in City parking lots. Snow Ordinance winter parking restrictions are in effect regardless of snow conditions. Please contact Anton Galati, Police Sergeant, at [847.432.7730](tel:847.432.7730) or [agalati@cityhpil.com](mailto:agalati@cityhpil.com).



## Good Mental Health is a Priority and Resources Are Available

*Nancy R. Rotering*

– Mayor Nancy R. Rotering

Good mental health is important at every stage of life, from childhood and adolescence through adulthood. It is the cornerstone of a healthy relationship with yourself and with others. Perhaps you have been thinking and talking about this more lately. I know I have.

New York Times Opinion Editor Kathleen Kingsbury wrote, “America’s mental health crisis isn’t just about our unhappiness as individuals. It’s about the world we live in: our economy, our culture, our medical establishment. Americans have long treated mental health as a personal matter. But until we realize that society shapes our mental health and how we treat it, we won’t be able to feel better.”

The COVID-19 pandemic highlighted the critical importance of taking care of ourselves. The same rings true after a trauma. Recent events have caused grief, panic, anxiety, numbness, and stress for us individually and collectively. The backdrop of the Highland Park Fourth of July parade shooting in our own backyard continues to weigh heavily for many of us in terms of our sense of well-being, safety, and more. We know that our reactions to these events can be different for each person and there is no definitive timeline for achieving normalcy again, but there is a way forward. Managing mental health is one step a person can take.

Sometimes knowing how to make mental health a priority is a challenge. We are

fortunate to live in an area where resources are easily accessible and neighbors care for each other. If you or someone you know is struggling with emotional health, know that resources and support are available. Professionals from our community and beyond are here to help. Call 211 or text 898211 to be immediately connected with a trained navigator who can help you access services. If you prefer an in-person appointment, those are available via Family Service of Lake County or the Highland Public Library and Community Center. 211 is free, confidential, multilingual, and available 24/7.

Please continue to look out for yourself and others. We are Highland Park.

Stay  
Informed  
with City  
Updates



[cityhpil.com/signup](http://cityhpil.com/signup)



[@enjoyhighlandpark](https://www.instagram.com/enjoyhighlandpark)



[facebook.com/HighlandParkIL](https://facebook.com/HighlandParkIL)



[youtube.com/user/CityHPIL](https://youtube.com/user/CityHPIL)

### ♥ Memorial Plans

At the September 27, 2022 meeting of the City Council Committee of the Whole, the City Council expressed support for separating the temporary memorial and the art installation, and relocating the temporary memorial to the Rose Garden, adjacent to City Hall at 1707 St. Johns Ave. Based on extensive feedback from victims and their families, community members, and expert input, the City recognized the need to consider the impact of the temporary art installation and the temporary memorial on the mental health of the community individually and collectively. The City’s intent is to balance the mental health needs of individuals and the greater community in the wake of the mass shooting. Highlights of the temporary memorial plan are at right. Visit [cityhpil.com/tempmemorial](http://cityhpil.com/tempmemorial) for more information. Email ideas to [hpcares@cityhpil.com](mailto:hpcares@cityhpil.com).

### ♥ Documenting Our Experiences

The Highland Park Public Library seeks to document the July 4th mass shooting event, vigils, and other commemorations, and ongoing community grieving and healing. The Library welcomes stories, images, and other materials that provide documentation of the tragedy for possible inclusion in an archival collection. Contact [nwebster@hplibrary.org](mailto:nwebster@hplibrary.org) or [847.432.0216, ext. 138](tel:847.432.0216) to donate, or visit [cityhpil.com/archive](http://cityhpil.com/archive).

### ♥ Memorial FAQ

- A temporary July 4th memorial will be accessible to the public at the Rose Garden, adjacent to City Hall at 1707 St. Johns Ave., until the dedication of a permanent memorial.
- The City offered assistance in identifying a new location on private property to the artist who created and manages the public art installation at the southwest corner of Central & St. Johns, which had grown to be a multimedia, multi-faceted interactive public art display that was being used as an entertainment venue.
- The Veterans Memorial at the northwest corner of Central and St. Johns will be returned to its intended state.
- Memorial items will be documented by the Highland Park Public Library’s Archivist. Family members will be able to review and keep items. The City will assist in the archival process of certain items from all displays.
- A permanent memorial will be planned by the City based on feedback from victims, victims’ families, and the public. The City is cognizant that numerous victims are still recovering from physical injuries, and are currently unable to participate in these discussions. Send ideas to [hpcares@cityhpil.com](mailto:hpcares@cityhpil.com).

Learn more: [cityhpil.com/memorialfaq](http://cityhpil.com/memorialfaq).

# Upcoming Events at The Lot

## VINTAGE MARKET

October 23, 11:00 AM - 4:00 PM

Find a great mix of vintage in all categories including mid-century modern, vinyl, antiques, vintage home décor, art, lighting, memorabilia and so much more, including on site appraisals by Vintage Garage's founder Melissa Sands, and Arthur Feldman of the Ravinia District's Arthur M. Feldman Gallery. Live music from The Westerlees. Food available for purchase on site from La Casa de Isaac & Moishe. Learn more at [enjoyhighlandpark.com/vintagemarket](http://enjoyhighlandpark.com/vintagemarket).

## HEART OF THE HOLIDAYS

Nov. 19 & 26; Dec. 3 & 10, 2 - 4:00 PM

Celebrate the heart of the holiday season with festive entertainment, delicious treats and more. Kick off the holiday shopping season, enjoy a visit from Santa, sweet treats and more!

Visit [enjoyhighlandpark.com/holidays](http://enjoyhighlandpark.com/holidays).

## Thank you to our sponsors!

Events at The Lot are presented by the City of Highland Park and the Downtown Highland Park Alliance, with the generous support of The Porsche-Audi Exchange, Baird & Warner, Muller Subaru Volkswagen, Highland Park Bank & Trust, Scott Byron & Co, First Bank of Highland Park, Gregory Hyundai-Genesis, Arbor Terrace of Highland Park, Freshie, Studio 41, the Highland Park Community Foundation, and Sunset Foods.

## STEW'S & BREWS

November 4, 5 - 9:00 PM



This is not your ordinary chili fest or craft brew fest! It's a celebration of your favorite warm comfort foods, such as chili, pot pie, soups and stews and more along with brews such as creative coffees and cocoas, craft beers, spiced wine, hot toddies, mulled ciders and more! Cast your vote in the People's Choice Competition for Favorite Stew & Brew. Enjoy your stew and brew while listening to live blues music around a warm fire.

Visit [enjoyhighlandpark.com/stews](http://enjoyhighlandpark.com/stews) for all the details.

# Halloween Festivities

## Trick or Treating

October 31, 3:30 - 7:00 PM

Kids may trick-or-treat during official hours on Halloween, 3:30 - 7:00 PM. Please take care to trick-or-treat only at participating homes; avoid ringing the doorbell if a light is not on or if a no trick-or-treating sign is posted.

## Downtown Highland Park Candy Stroll

October 27, 3:00 - 6:00 PM

Enjoy live music, a face painter, balloon artists, festive decorations and more at Port Clinton Square & Renaissance Place. Stop by First Bank of Highland Park first to pick up a free candy bucket, then trick-or-treat from store to store.

## Ravinia District Candy Stroll

October 28, 2:00 - 4:00 PM

Visit participating Ravinia District businesses for trick-or-treating and activities! The stroll also features four interactive Harvest Vignettes perfect for fall photos at various locations throughout the District.

Visit [enjoyhighlandpark.com/halloween](http://enjoyhighlandpark.com/halloween) for more information. Visit [cityhpil.com/halloween](http://cityhpil.com/halloween) for more safety tips.

## Safety Reminders

- Don't trick-or-treat alone. Stay in a group and communicate to an adult where you will be going.
- Teach children how to obtain help or call 911 if they have an emergency or become lost.
- Walk on the sidewalk, not in the street.
- Look both ways. Listen and watch for cars before crossing the street. Don't hide or cross the street from between parked cars. Only cross the street at designated crosswalks.
- Wear light-colored or reflective-type clothing or try to affix reflective tape on costumes or treat bags to be more visible.
- Carry a flashlight with fresh batteries to light your way.
- Visit homes that have inside and outside lights on. Accept your treats at the door and never go into a home.
- Always have an adult inspect the candy before eating. Don't eat candy if packaging has been opened. Small, hard pieces of candy are a choking hazard for young children.
- Always keep lit jack-o'-lanterns away from drapes, decorations or areas where children will be standing or walking.

# Community Calendar

## Ravinia Farmers Market

Wednesdays, Now - October 26

7AM - 1PM / Open rain or shine

Jens Jensen Park and Dean Avenue between

Roger Williams and St. Johns

[RaviniaFarmersMarket.com](http://RaviniaFarmersMarket.com)

The Ravinia Farmers Market vendors offer fresh produce, meat, cheese, bakery goods, flowers and more.

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## The Art Center Highland Park

[TheArtCenterHP.org](http://TheArtCenterHP.org)

1957 Sheridan Road / 847.432.1888

## Recycled Art Sale

Open to the public: October 14 - 22

Benefits TAC's programming, education, and outreach. Find your treasure at this community favorite for over 30 years.

## Ruth Weisberg: Then & Now

Now through November 12

Gallery Hours 10AM - 4PM, Mon - Sat

Chicago native Ruth Weisberg comes back for a solo exhibition of her prolific work.

## 3-D Art Exhibition

Reception: November 18, 5:30 - 8 PM

Open: November 18 - December 30

Object-oriented, this exhibition theme features the work of three incredibly talented artists/designers, all working in various mediums to create art in 3-D: Norman Teague (Center Gallery), Michael Thompson (Cindi Elkins Gallery), & Zachary Weber (Meryl S. Levenstein Gallery).

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## Ballet Makkai Youth Company & Irina

Makkai Classical Ballet Students

[BalletMakkai.com](http://BalletMakkai.com)

## The Nutcracker

December 10 - 11, 2 PM

Gorton Community House

Let your visions of Sugar Plums become reality with this family holiday favorite full of colorful costumes and exciting choreography. Visit website for tickets.

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City of Highland Park

[CityHPIL.com](http://CityHPIL.com)

## Veterans Day Observance

Friday, November 11 / 11 AM

Highland Park Public Library

494 Laurel Avenue, Adult Services Room

A live, in-person Veterans Day Observance will be held in the Library's Adult Services Room on the main floor. The Highland Park High School Brass Quintet will perform.

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## East on Central, Journal of Arts & Letters Publication Party for 2022/2023 Edition

Wednesday, November 2, 7 - 9 PM

HP Community House, 1991 Sheridan Road

Celebrate the publication of the newest issue of *East on Central*. Masks required. Free to attend; copies available for purchase.

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## Highland Park Fire Department

[CityHPIL.com](http://CityHPIL.com)

## Pancake Breakfast

Sunday, October 23, 7:30 AM - 12 PM

Fire Station #33, 1130 Central Avenue

Meet your local firefighters. Fun activities for kids. Fire engine tours. Fire safety information. Delicious pancakes.

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## Highland Park Historical Society

Virtual via Zoom & in-person at the HP

Library Auditorium, 494 Laurel

Register in advance

[archives@highlandparkhistory.com](mailto:archives@highlandparkhistory.com)

## The Turkey, an American Story

Thursday, November 22, 7 PM - Zoom only

Food historian Andrew F. Smith's sweeping history of *Meleagris gallopavo* separates fact from fiction. Learn practically every aspect of the iconic bird, including how it came to be called "turkey," and its eventual ascension to holiday mainstay.

## The Journey of Mollie's War: WACs and WWII

Wednesday, December 7, 7 PM

Members of the Women's Army Corps (WACs) were the first women other than nurses to serve overseas in World War II. Presenter Cyndee Schaffer's mother, Mollie Weinstein Schaffer, was one of them. Drawing upon excerpts from Mollie's letters written home during the war, this presentation provides a glimpse into the life of a woman in uniform during this crucial time in history.

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Highland Park Players

[HighlandParkPlayers.com](http://HighlandParkPlayers.com)

## School of Rock, The Musical

November 11 - 20

The Northbrook Theatre

For showtimes and tickets, visit website.

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## Highland Park Poetry

[HighlandParkPoetry.org](http://HighlandParkPoetry.org)

## Marianne Peel & Pablo Otavalo plus Poetry Open-Mic

Saturday, November 12, 4 PM

Laughlin Gallery, 1900 Sheridan Road

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## Highland Park Pops Big Band

[HighlandParkPops.com](http://HighlandParkPops.com)

## Open Rehearsals in the Park

Tuesdays, 6 - 8 PM

Sunset Woods Park Pavilion

Weather permitting and above 60 degrees. Check their Facebook page or website.

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## North Shore School of Dance

[NorthShoreDance.com](http://NorthShoreDance.com)

## The Nutcracker

December 10 - 11, 3 PM

The Cressey Center, Lake Forest Academy  
Tickets: \$25, adults; \$20, children under 12, seniors and military.

Step into Clara's dream with a magical tour to the Land of Sweets. Miguel Blanco, formerly of the Joffrey Ballet, directs students and guest professionals in the 34th annual production. Early purchase recommended.

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## Trinity Episcopal Church

[TrinityChurchHP.org](http://TrinityChurchHP.org)

## Sounds of Strength: A Concert to Support our Community

Sunday, October 16, 4 PM

425 Laurel Avenue

All are welcome to attend this free concert of instrumental music. All collected contributions go to HPCF's July 4th Fund.

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## Community Partners for Affordable

Housing - [cpahousing.org](http://cpahousing.org)

## Buy an Affordable Home in HP!

Attend a virtual session to learn about the program and to apply. Upcoming dates: November 9 and December 6, at 6 PM  
Register at [cpahousing.org/class-registration](http://cpahousing.org/class-registration)



# Our Community



## Voting Information: Election Day is November 8

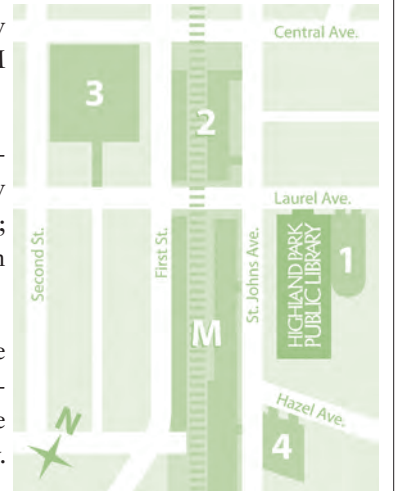
Tuesday, November 8, 2022 is the next General Election. The information in this article is derived from the Lake County Clerk. Visit [LakeVoterPower.info](https://lakerpower.com) to confirm your voter registration status and view your personalized Voter Power page. You'll be able to find information regarding your district, elected officials & candidates, view a sample ballot when available, and confirm your Election Day polling place.

**Voter Registration.** You may register to vote through October 23 at [ova.elections.il.gov](https://ova.elections.il.gov) or at any Lake County Early Voting Site. Registration is also available on Election Day at your polling place and the Lake County Main Courthouse, 18 N. County Street, Waukegan.

**Voting By Mail.** Visit [LakeVoterPower.info](https://lakerpower.com) until noon on Nov. 3 to request a ballot. Voters may also call [847.377.VOTE](tel:847.377.VOTE) or send an email request to [votingbymail@lakecountyil.gov](mailto:votingbymail@lakecountyil.gov) by 5PM Nov. 3.

**Early Voting in Highland Park.** Early Voting is available between Oct. 24 and Nov. 6 at the Highland Park Public Library, 494 Laurel Avenue. Hours for early voting are Monday through Friday between 9 AM and 5 PM; Oct. 29, 9AM – 2PM; Oct. 30, 10AM – 4PM; Nov. 5, 9AM – 4PM; and Nov. 6, 9AM – 4PM. Free parking is available; see map for details. For more information about parking, visit [cityhpil.com/parking](https://cityhpil.com/parking).

**Election Day.** All polling places are open from 6AM until 7 PM on Tuesday, Nov. 8 and are handicap accessible. Any handicapped or elderly voter who is physically unable to enter the voting site may request voting assistance usually at curbside in a car. The voter should notify the Lake County Clerk's office by calling [847.377.2406](tel:847.377.2406) at least one day in advance of Election Day.



## Moraine Township Services

### Online Resources

Moraine Township's website includes

a wealth of resources for residents. Visit [morainetownship.org](https://morainetownship.org) or scan this QR code to visit:



### Services Available To All Residents

- Door-to-Door van transportation for seniors and disabled residents - 847-432-3000
- Voter registration
- Help enrolling for health insurance under the Affordable Care Act
- Passport application processing
- Township Assessor - 847-432-2100:
- Help with exemptions, understanding your assessment, filing an appeal
- Call 847-432-3240 for information on other Township services, including RTA discount cards and free notary service.

### Services Available To Income-qualified Residents

Moraine Township is here to help residents in need of extra support. Call [847.432.3240](tel:847.432.3240) to learn more about eligibility, and for assistance applying for programs or being connected with other resources, including:

- General/emergency assistance
- Food pantry
- Utility Assistance
- Free income tax return preparation for low- and moderate-income taxpayers
- Medical alert monitoring program for income-qualified township seniors and disabled residents
- Application assistance with Department of Human Services (DHS) Medicaid/Supplemental Nutrition Assistance Program (SNAP) / Temporary Assistance for Needy Families (TANF) and Illinois Department of Aging Benefit Access Program
- Resource referrals for specific needs

### Food Pantry Needs

If you are shopping for your family, please consider picking up an extra item for the pantry. You can drop off at the Township office, 800 Central Avenue, Monday to Friday 8:30 to 5:30. Scan the QR code at right or visit [morainetownship.org](https://morainetownship.org) to see the current list of most needed items.



### Holiday Gift Drive for Highland Park/Highwood Students & Township Seniors

Each year, Moraine Township matches generous local sponsors with Highland Park / Highwood children whose families may struggle to provide gifts this holiday season, and senior citizens who are income-qualified for Township services.

If you are interested in learning more about being a sponsor of one or more children, or senior citizen(s), please email [info@morainetownship.org](mailto:info@morainetownship.org).

# Highland Park Senior Center

1201 Park Avenue West  
847.432.4110  
[www.cityhpil.com/seniorcenter](http://www.cityhpil.com/seniorcenter)

Monday - Thursday, 9 AM - 4 PM and Friday, 9 AM - 1 PM

## Medicare Open Enrollment

Open enrollment for the Medicare Prescription Drug Plan extends from October 15 - December 7, 2022. During this period, you may change from your current drug plan or enroll for the first time. Everyone is encouraged to re-evaluate their insurance coverage due to changes in the drug plans or changes in your own prescriptions. Trained Senior Health Insurance Program (SHIP) volunteers are available to assist in navigating the Medicare Part D enrollment process in a personal appointment at the Senior Center. Please call Jennifer Aiello at 847.432.4110 to schedule an appointment.

## Barry Bradford presents 20th Century Comedians

Highland Park Country Club

**Friday, October 21** from 1:30 - 3 PM      **The Marx Brothers**

**Friday, December 2** from 1:30 - 3 PM      **Sid Caesar**

**Friday, December 9** from 1:30 - 3 PM      **Gracie Allen**

## Thanksgiving Luncheon

Di Pescara - Northbrook

Friday, November 18 from 11:30 AM – 2 PM

Fee: \$30 / NM: \$50

Join others for a delicious Thanksgiving feast including tomato soup, your choice of entree served with stuffing, green beans and cranberry sauce, enjoy apple crostata for dessert, and your choice of coffee or tea.

When registering, please indicate your entree choice of oven roasted turkey, almond-crusted whitefish, or shrimp penne pasta with tomato vodka sauce. *Sponsored by Whitehall of Deerfield*

## Festival of Lights

Tamarisk NorthShore

Thursday, December 15 from 12 – 2 PM

Fee: \$5 / NM: \$10

Celebrate the holidays with delicious food, wonderful entertainment, fabulous friends, and plenty of fun! Tamarisk NorthShore invites you to join them for a delicious holiday luncheon. You'll enjoy this special program which is sure to get you into the holiday spirit. All registration fees will be generously donated to the Highland Park Senior Center. *Sponsored by Tamarisk NorthShore*



## Interview with Superintendent Lubelfeld Ahead of District 112 November Referendum

*(The full version of this article appeared in the September issue of HP Neighbors Magazine)*

We recently had the opportunity to speak with North Shore School District 112, Superintendent Michael Lubelfeld Ed.D., to learn more about the district's facilities needs and the facilities improvement referendum election scheduled for November 8, 2022. Superintendent Lubelfeld's responses to our questions are included below.

**Q: The district has organized its facilities needs into a three-phase plan. What is included in Phase 2 and included on this November's ballot?**

A: The funds included in the Phase 2 referendum ballot question, \$114,400,000, will be used to address significant repairs, renovations, and construction at five elementary schools (Ravinia, Indian Trail, Braeside, Wayne Thomas, and Sherwood). Roughly \$6 million of those funds will also be used to upgrade the safety and security features at each school in the district, not just the five where construction will take place if the referendum is approved. These funds will help our district to maintain the community's investment in their schools and continue the facilities improvements that began with middle school renovations and upgrades at Oak Terrace in Phase 1.

**Q: How will the Phase 2 facilities needs be funded?**

A: The total cost of the Phase 2 facilities improvements is estimated to be about \$130 million. The plan asks voters to consider a bond referendum to issue bonds in the amount of \$114.4 million. This includes about \$108 million for repair, renovations, and construction costs and \$6 million for security enhancements at all campuses. The remaining \$16 million will be funded using a portion of the district's fund balance reserves, monies set aside to address maintenance and capital needs. This would add to the \$20 million the district already put forth in Phase 1.

**Q: Can you speak more about the safety and security benefits of the Phase 2 plan?**

A: If the referendum is approved by voters, the 5 schools listed (Ravinia, Indian Trail, Braeside, Wayne Thomas, and Sherwood) will receive new, upgraded & fortified security vestibules and secure entryways. In addition, no matter the result of the election, all district schools (the five listed as well as all others) will receive security updates and enhancements (many security upgrades are already in place, and others are on order). These security upgrades will include upgrades to locking systems on internal and external doors and enhanced security to windows. We will also upgrade our communications systems to allow district and school leaders to more effectively and efficiently communicate with parents in emergencies. The enhancements included in the bond were recommended as part of a planned safety and security audit done in response to the tragic events in Texas in May and due to the tragic events in our town on July 4, 2022.

**Q: You spoke about the security and safety enhancements included in the Phase 2 referendum. What other benefits for students and staff will be part of the Phase 2 projects?**

The Phase 2 projects address many deferred maintenance and upgrade needs at the five schools (Ravinia, Indian Trail, Braeside, Wayne Thomas, and Sherwood). Improvements like fire alarm systems, secure entryways and security cameras will be added. The projects would fully address Americans with Disabilities Act (ADA) code issues to become fully compliant. Total upgrades and modernizations in the heating, ventilation, add air conditioning (HVAC) systems to improve air quality, airflow, temperature control, and energy efficiency would take place. Additional space for special education programming and student support services will be designed and built for specialized student and teacher needs. Boilers, roofs, windows, brickwork, parking, play space, and much, much more will be part of the Phase 2 projects.

**Q: What are the plans to implement Phase 3 of the facilities plan?**

Phase 3 plans focus on the modernization of Red Oak school and the relocation of the Early Childhood Center that is now housed at Green Bay School. These two major projects, along with the relocation of the administration and operations department, will be funded by the District fund balance and not a referendum. The Red Oak modernization will commence in 2026 at the end of 2026, at the same time as the Phase 2 Sherwood project. Phase 3, like Phase 1, would be self-funded and will not cause a direct tax increase. Phase 2 is estimated to run from 2026 through 2030.



## District 113 | Fall News



Dear District 113 Community,

As this issue of *The Highlander* arrives in mailboxes in mid-October, we are well into fall and both schools will have just celebrated one of the great fall high school events: Homecoming.

It is wonderful to see our students enjoying school and all of the extracurricular activities, athletics and events that our comprehensive high schools offer. Not only do these opportunities provide creative outlets for our students, they provide learning and leadership, skill development, emotional bonds and connection. All of these qualities are important in the education of our youth.

Another wonderful tradition unique to District 113 is Focus on the Arts. Under the direction of Tamara Jenkins, I am pleased to announce that the dates for Focus 2023 are as follows.

- Monday, April 17 - Opening Night
- Wednesday, April 19 - Workshops and Art Night
- Thursday, April 20 - Workshops and Dance Night

Stay tuned for information on how to attend the community events in the evenings.

In case you missed the announcement in September, the Board approved Tamara Jenkins as the Director to fill the vacancy created by the incredible Jody Weinberg, who retired in August after leading Focus for 11 years. Tamara brings a wealth of expertise to Focus, with over 30 years of experience as a professional actor in New York City. She is a true representative of District 113 as she is a proud graduate of Deerfield High School and proud mom of a Highland Park High School student.

Most recently, she founded The Harbor Lights Theater Company, a 501(c)(3), in the borough of Staten Island, where she served for eight years as the Executive Artistic Director, Lead Producer, and Director of the Company's education program. During those eight seasons, she produced 29 productions starring over 100 Broadway veterans, including Tony, Oscar, Emmy, Grammy and Obie Award winners and nominees.

Thanksgiving is the time to express gratitude but the next issue of *The Highlander* will not be published until December so I want to say an early thank you. We so appreciate the community's support of our schools whose staff provide the robust array of opportunities to our students that allow them to grow and develop the skills they need to pursue their individual, ideal futures. We could not do any of this without the community's support, and we are so grateful for it.

Bruce Law, Ed.D.  
Superintendent of Schools

# Park District of Highland Park

Please note that this page is submitted, written and edited by the Park District and does not reflect the views or opinions of the City.

## Strength Training. It's not about getting ripped anymore!

If your current workout routine doesn't include strength training exercises, you're probably not reaching your overall health and fitness goals as quickly or efficiently as you could be. According to Jodi DiTomasso, fitness manager for the Recreation Center of Highland Park, one of the long-standing myths about strength training is that it's just for gaining visible muscle definition. In reality, you can safely and effectively add it to nearly any fitness routine at any age.

Want to lose weight? Strength training is one of the best ways to burn fat. Want to counter the natural effects of aging? Strength training helps defeat losing muscle mass. Want to avoid injury, improve your core, stamina, and balance? You must strength train. The personal trainers and group fitness instructors at the Recreation Center of Highland Park are the pros at adding a full body strength training component to your workout and ensure you're using proper form and the right amount of resistance.



### Benefits of Strength Training Exercises

First of all, you'll feel better. Physically and mentally. You'll have more confidence, you'll boost your self-esteem, and the effects of your workout will last longer. That's the science. "There are 6 long-lasting, life-changing health benefits to strength training," says DiTomasso:

#### **Boosts metabolism**

When you build muscle through strength training, you increase your metabolic rate. And, because they are more metabolically active and efficient, muscles will burn more calories than fat will, even at rest.

#### **Burns fat**

Research has shown that after an intense resistance training program, the extra benefit of excess post-exercise oxygen consumption (EPOC) can keep your metabolism elevated for up to 72 hours. That means your body will continue to burn more fat—as compared with a low- or moderate-intensity routine—long after the workout is over.

#### **Builds muscle**

You know that losing fat can help you transform your body. Developing more muscle is just as important in changing how you look. What we find at the Rec Center is that with the addition of strength training exercises, women's bodies will more often change shape. Men's bodies will likely gain mass and some added size. If you're dieting and have typically been doing lower-intensity cardio exercises, strength training can help you keep and build muscle that might ordinarily be lost. Since muscle mass tends to decrease naturally after age 30, reducing that loss through strength training is important to your overall health.

#### **Builds stronger bones**

Millions of people suffer from osteoporosis, and bone density-related injuries every year. Under good stress, like during strength training and weight-bearing exercises, your bones are stimulated to release osteoblasts and build new bone tissue. If you're already taking calcium and vitamin D, strength training is good additional medicine.

#### **Reduces the risk of injuries**

In addition to building muscles, strength training builds stronger ligaments and tendons. For daily activities—carrying groceries, jogging, gardening, playing with the grandkids—the benefits of strength training can help your balance and reduce the risk of falls. In a study of more than 20,000 adults over age 60, an exercise program that included strength training led to a significant reduction (34%) in falls.

#### **Improves health**

Regular exercise that includes strength training/resistance has been shown to strengthen the heart and blood vessels, resulting in decreased blood pressure, lower cholesterol, and improved circulation. DiTomasso quotes another study that followed more than 35,000 women for 10 years: "Those who had an exercise routine that included strength training reduced their risk of developing type 2 diabetes by up to 30%."

Are you ready to get these benefits? At the Recreation Center Fitness Club, we have an entire section of the fitness area dedicated to strength training, with state-of-the-art equipment and personal trainers who can help you add this all-important component to your regular routine. Safely. Efficiently. So you get the most out of every workout. You can read more about the facility and all the amenities at [pdhp.org](http://pdhp.org) and contact Jodi DiTomasso at [jditomasso@pdhp.org](mailto:jditomasso@pdhp.org) to take a tour. ***There's no better time than right now to get healthier and happier! See you soon.***

## IT'S TIME TO FOCUS ON YOU

Begin your journey to a stronger you, **today!**



## Experience the Rec Center Fitness Club

# FREE for two weeks

Come in for a complimentary two-week membership

1207 Park Ave W, Highland Park

## EVENTS & ACTIVITIES

### **Fri, Oct 21 | 5:30- 8pm | HIGHLAND PARK HAUNTINGS | All Ages**

\$20/25 per person, Larry Fink Memorial Park, 1377 Clavey Rd. You never know what is lurking in the woods along the way... walk the haunted trail at Larry Fink Memorial Park and see for yourself! [Register at pdhp.org.](#)

### **Sat, Oct 22 | 9-10am | SEEK AND FIND WILDLIFE | All Ages**

\$8, Rosewood Beach, 883 Sheridan Rd. Become an expert at plant and animal identification. [Register at pdhp.org.](#)

### **Sat, Oct 22 | 6 - 7:15 pm | TWILIGHT HIKE | Ages 8-Adult**

\$12, The Preserve of Highland Park, 1207 Park Ave West Let's prowl through the preserve in the twilight, looking for our famous nocturnal animals like owls. [Register at pdhp.org.](#)

### **Sat, Oct 22 | 6 - 8pm | THE MONSTER BASH TENNIS PARTY**

#### **| Ages 5-14**

\$30, Deer Creek Racquet Club, 701 Deer Creek Parkway It's our annual Halloween Party! Come in costumes and play tennis. A prize will be given to the Best in Costume. [Register at pdhp.org.](#)

### **Thu, Oct 27 | 7:30- 11:30pm | DRIVE-IN MOVIE: HOCUS POCUS | All Ages**

\$30 per car, Recreation Center of Highland Park, 1207 Park Avenue West Hop in the car and cruise on over the Recreation Center of Highland Park for our Drive-In Movie series! Tickets must be purchased in advance. [Register at pdhp.org.](#)

### **Sat, Oct 29 | 6pm - 8pm | SCARY MINIATURE GOLF | Ages**

#### **2+**

River's Edge Mini Golf, 2205 Skokie Valley Rd. Come out in costume and receive a free round of miniature golf. Reservations can only be made 7-days in advance. [Register at pdhp.org.](#)

### **Mon, Oct 31 | 10:30 - 11:45am | WEST RIDGE TRUNK OR TREAT | All Ages**

\$2, West Ridge Center, 636 Ridge Rd. Our preschool trunk or treat will take place in the West Ridge Parking lot and lots of goodies will be shared! [Register at pdhp.org.](#)

### **Sat, Nov 5 | 1 - 4pm | DÍA DE LOS MUERTOS**

#### **CELEBRATION | All Ages**

FREE, The Preserve of Highland Park, 1207 Park Ave West Honoring our past, celebrating our future and bridging our communities. See next page for details.

### **Sat, Nov 5 | 6- 8pm | FAMILY TENNIS NIGHT | All Ages**

\$38/family or \$12/individual, Deer Creek Racquet Club, 701 Deer Creek Parkway Bring your family and enjoy a night of tennis, pickleball, wallyball and racquetball! Pizza Included! [Register at pdhp.org.](#)

### **Tue, Nov 8 | 10 - Noon | CREATURE FEATURE | Ages 6-11**

\$25, Heller Nature Center, 2821 Ridge Rd. Grab your cameras! Come create your own creature movie features using the forest, props, our imaginations, and iPad movie creator. [Register at pdhp.org.](#)

### **Tue, Nov 8 | 10 - 11am | STONE SOUP | Ages 6mo-6years**

\$5, Heller Nature Center, 2821 Ridge Rd. All we need is a little water, stones and YOU! Join us in acting out the Stone soup story as we hike and "cook" on our trails. [Register at pdhp.org.](#)

### **Tue, Nov 8 | 10am - Noon | ROCK 'N ROLL LIFESTYLE | Ages**

#### **6-11**

\$25, Heller Nature Center, 2821 Ridge Rd. We will play games, do experiments, examine fossils, search for different types. [Register at pdhp.org.](#)

### **Tue, Nov 8 | 3pm - 5pm | KID KAFE | Ages 6-10**

\$20/25, West Ridge Center, 636 Ridge Rd. Creative entrepreneurs-we are looking for YOU! [Register at pdhp.org.](#)

### **Fri, Nov 11 | 10am - Noon | LET'S WING IT | Ages 6-11**

\$25, Rosewood Beach, 883 Sheridan Rd. Experiment with how wings work, make flying crafts, and discover how high and far your creativity can go. [Register at pdhp.org.](#)

### **Fri, Nov 11 | 12:30 - 2:30pm | ANIMAL SUPERHEROES | Ages 6-11**

\$25, Rosewood Beach, 883 Sheridan Rd. Dive into the animal world and learn about how super animals are! [Register at pdhp.org.](#)

### **Sun, Nov 13 | 7:30 - 9am | TWISTED TURKEY TRIATHLON Ages 14+**

\$35/40, Recreation Center of Highland Park, 1207 Park Avenue West This is a non-competitive 10-min Swim, 20-min Run/Walk, and 40-min Indoor Cycle event. [Register at pdhp.org.](#)

### **Sun, Nov 13 | 10 - 11am | WRITE YOUR OWN NATURE BOOK | Ages 6-Adult**

\$12, Heller Nature Center, 2821 Ridge Rd. Explore nature while getting in touch with your creative side. [Register at pdhp.org.](#)

### **Wed, Nov 23 | 10:30 - 3:30pm | TURKEY TUMBLE | Ages 5-6**

\$30/45, Lincoln School, 711 Lincoln Ave West Kindergobblers learn a handstand, swing, and bounce in the gym on the floor, beam, bars, and powertrac. [Register at pdhp.org.](#)

### **Wed, Nov 30 | 4 - 6pm | ELF TRAINING ACADEMY | Ages**

#### **6-10**

\$30/38, West Ridge Center, 636 Ridge Rd. Enroll in this "exclusive school" for Christmas elves. [Register at pdhp.org.](#)

### **Wed, Dec 7 | 3pm - 4:30pm | GINGERBREAD HOUSE WORKSHOP | All Ages**

\$30/38, West Ridge Center, 636 Ridge Rd. Start with a box house and cover with our handmade frosting. Embellish with candy, cookies and goodies. [Register at pdhp.org.](#)

### **Mon Dec 12 | 4 - 4:45pm | DREIDELS AND DONUTS | Ages: 3+ with an adult**

\$15/19, West Ridge Center, 636 Ridge Rd. This festive family event features a holiday-themed craft and in the spirit of the traditional Hanukkah sufganiyot, jelly donuts will be served. [Register at pdhp.org.](#)



## 2022 HALLOWEEN EVENTS

**Join us for the spooky fun!**

- Highland Park Hauntings | Fri, Oct 21 | 5:30-8pm
- Monster Bash Tennis | Sat, Oct 22 | 6-8pm
- Halloween Mini Golf | Sat, Oct 29 | 8am-5pm
- Trunk or Treat | Mon, Oct 31 | 10:30-11:35am

*For more info see events section*

**FREE**

## DIA DE LOS MUERTOS

THE TRADITIONAL HISPANIC CELEBRATION OF THE  
DAY OF THE DEAD

**Sat, Nov 5 • 1–4pm**  
The Preserve of Highland Park  
1207 Park West

***Honoring Our Past, Celebrating Our Future, And Bridging Our Communities!***

### Featuring

- Live music by Mariachi Monumental De Mexico
- Activities and crafts
- Food vendors
- Dance performances by Ballet Folklorico Tayahu
- Loteria (Bingo) with prizes

### About Us

Enriching community life through healthy leisure pursuits and an appreciation of the natural world.

636 Ridge Road  
Highland Park, IL 60035  
847.831.3810  
pdhp.org



### ARE YOU SIGNED UP TO RECEIVE OUR EMAILS?

One of the fastest ways to get updates on Park District news is through our emails! To sign up for our emails go to [pdhp.org](http://pdhp.org) and click on **"Join Our E-List"** under **"Quick Links"**.

# Highland Park Public Library

847.432.0216 [hplibrary.org](http://hplibrary.org)

## Get Cooking!

Check Out One Of These New Cookbooks  
And Find Your Next Recipe At The Library.



For book recommendations and reading ideas, we've got you covered!

**For book news and recommendations, try Booklist Reader.**

Use your library card to access this new resource — an online monthly magazine with the latest book news, brief reviews, and book and audiobook recommendations for all ages.

**For customized book recommendations, try Perfect Picks.**

Fill out an online form and receive a customized list of titles. For TV and film recommendations, try Film & Music Picks. For kids, try Perfect Picks Jr. Get started at [hplibrary.org/read](http://hplibrary.org/read).

**For digital picture books in world languages, try LOTE Online For Kids — New!**

Children can enjoy books in their native language or learn language through storytelling. Access books and activities in more than 50 world languages and English with your library card at [hplibrary.org](http://hplibrary.org). Click on resources, online resources, databases, A-Z, and scroll down.

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## Read With Us!

Join one of our book discussions.

### Cookin' With Books

***Filipinx: Heritage Recipes From The Diaspora*, by Angela Dimayuga**

**Thursday, October 20, 7 PM**

Try out a recipe and join us at the Library or on Zoom to discuss.

Register to join via Zoom at [hplibrary.org/events](http://hplibrary.org/events).

### Discussions with Davis

Davis Schneiderman, English professor at Lake Forest College, leads the discussions at the Library.

Sponsored by the Friends of the Library.

***Mother Night* by Kurt Vonnegut**

**Tuesday, November 1, 7 PM**

***Her Hidden Genius* by Marie Benedict**

**Thursday, December 8, 7 PM**

### Journey Through Time History Book Discussion

***Big Sister, Little Sister, Red Sister*, by Jung Chang**

**Monday, November 7, 7 PM**

History teacher Ronald Oberman leads the discussion at the Library.

***The Lincoln Highway* by Amor Towles**

**Tuesday, November 8, 1 PM**

Noted book discussion leader Judy Levin leads the discussion. Join us at the Library or via Zoom.

Register to join via Zoom at [hplibrary.org/events](http://hplibrary.org/events).

Sponsored by the Friends of the Library.

# Highland Park Public Library

847.432.0216 [hplibrary.org](http://hplibrary.org)

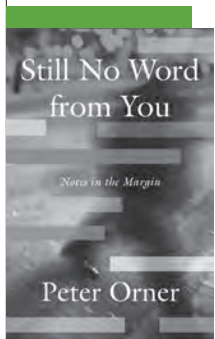
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## Meet The Authors!

### Orner Brothers Stories Prose and Cartoon

Acclaimed writers Peter and Eric Orner discuss their new books.

**Wednesday October 26, 7 PM**



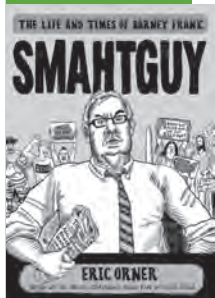
**Peter Orner**

***Still No Word From You***

The award-winning author's new book is a series of essays and stories that meld the lived life and the reading life. *Still No Word From You* is a collection of insightful and intimate observations about books, stories, poems, and life.

**Eric Orner**

***SMAGTGY: The Life and Times of Barney Frank***



The acclaimed author of one of the country's first and longest-running gay comic strips discusses his graphic novel. In the funny and beautifully rendered book, Orner depicts the iconic and iconoclastic life of congressman Barney Frank, confirming him as a hero for our age.

### A Conversation With Caitlin Doughty Wednesday, November 16, 7 PM

### Midwest Baking with Shauna Sever Tuesday, December 13, 7 PM

Join us on Zoom. Register at [hplibrary.org/events](http://hplibrary.org/events).

These events are made possible by Illinois Libraries Present, a statewide collaboration among public libraries offering premier events.

### Local Author Fest

Meet and greet local authors!

**Saturday, December 3, 1 – 3 PM**

Authors who live, work, or study in Highland Park — meet and greet readers and sell your books at the Local Author Fest! Register by November 15 at [info@eastoncentral.org](mailto:info@eastoncentral.org).

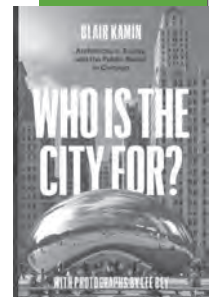
Presented with East on Central.

### A Conversation with Chicago Architecture Critics Blair Kamin and Lee Bey

***Who Is the City For? Architecture, Equity, and the Public Realm in Chicago***

**Tuesday, December 6, 7 PM**

Celebrated Chicago architecture critics Blair Kamin and Lee Bey discuss their new book. Learn about their views of Chicago that reach beyond its glamorous downtown and dramatic buildings to include the city's culturally diverse neighborhoods. These former rivals at the *Chicago Tribune* and *Chicago Sun-Times* collaborate to highlight the shared spaces of the public realm and the need to rebuild Black and brown neighborhoods.



Join us on Zoom. Register at [hplibrary.org/events](http://hplibrary.org/events).

Presented in partnership with Glencoe Public Library, Highland Park Public Library, and Vernon Area Public Library.

## Note for Note Concert Series

Funded by a grant from the Highland Park Community Foundation.

### Maxwell Street Klezmer Band

**Sunday, October 23, 2 PM**

The Midwest's premier klezmer band performs.

### Black Oak Ensemble

**Saturday, November 19, 2 – 3 PM.**

The innovative chamber ensemble features Grammy-nominated and acclaimed musicians.

## Film Showings and Discussions

**Sundays, November 6, December 4, 2 p.m.**

Explore the rise and fall of the fabled MGM studios with film musicals. Bob Coscarelli, professor emeritus at College of Lake County, introduces the films and leads a discussion following the screenings.

Sponsored by the Friends of the Library.



# Highland Park Public Library

847.432.0216 [hplibrary.org](http://hplibrary.org)

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## Fun for Kids!

Registration required. Se requiere registrarse.  
Register at [hplibrary.org/events](http://hplibrary.org/events).

### Halloween Railroad

Get in the spirit of Halloween with a Halloween-themed model railroad! Watch model trains travel around the “Spookytown” tracks decorated with Halloween scenes and figures. Don’t miss the special Thomas the Tank Engine track with Thomas, Percy, and Diesel. Kids are welcome to attend in costume!

**Saturday, October 29, 10 AM – 3 PM**  
**For families.**

Presented with the North Central ‘O’ Gaugers Model Railroad Club. Sponsored by the Friends of the Library.  
For additional parking locations, visit [hplibrary.org/visit](http://hplibrary.org/visit).

### Toddler Crafternoon

**Wednesdays, October 19, November 2, 16**  
**1 – 1:45 PM. Ages 3 – 5, accompanied by one caregiver.**

Join us for fun hands-on art projects for your little ones. Dress for mess!

### Sensory Bins

**Saturdays, October 22, November 19**  
**10 a.m. – 12 PM. For babies through age 5 accompanied by a caregiver.**

Explore sensory bins with your little ones! Sensory play allows kids to connect ideas with concrete experiences, strengthen neural pathways, and build motor skills. Plus, who doesn’t like squishy, smooth, textured, crunchy, colorful, and smelly stuff?

### Grab & Go Scarecrows

**Monday, November 12 – Sunday, November 20**  
**Ages 5 – 10.**

Make a not-so-spooky scarecrow! Pick up your materials at the Youth Services desk while supplies last.

### Escape the Library Dr. Frankenstein’s Lab Edition

**Tuesday, November 22. Drop in from 1 – 4 PM**  
**Ages 9 – 14.**

Dr. Frankenstein wants you for his latest experiment. He’s locked you in his lab to pick your brain... literally! Can you find the key before it’s too late? Stop by the Youth Services desk for your first clue.

### Winter Storytime Sessions

**Raise a reader. Storytime sessions feature activities designed to foster pre-reading skills for newborns – six-year-olds.**

Winter storytime sessions run from December – February. Register at [hplibrary.org](http://hplibrary.org) or at the Youth Services desk beginning November 1 for Baby Booktime, Storytime Live! and Rock and Read.

**For more storytimes, try one of these:**

### PJ Storytime

**Monday, October 24, 7 – 7:30 PM**  
**For ages 3 – 5, but all are welcome.**

Put on your jammies and head on over to the Library for a fun family storytime featuring stories, songs, and more!

### Family Reading Night/ Stuffy Sleepover Storytime

**Thursday, November 17, 7:30 – 8 PM**  
**Ages 3 – 7.**

Bring your favorite stuffed buddy to this special storytime, and leave them for a sleepover at the Library! They’ll have many fun stories and photos to show you when you pick them up!

### Bilingual Storytimes

#### Mandarin Bilingual Storytime

**Saturday, November 12, 10:30 AM**  
**Ages 5 – 9, siblings welcome.**

Introduce your family to Mandarin through simple stories, music, and hands-on activities with Highland Park High School’s Chinese teacher Emma Forquer.

#### Sábado Morning Stories

**Saturday, November 26, 10 – 10:30 AM**  
**For families with children up to age 5.**  
**sábado, el 26 de noviembre, 10 – 10:30 AM**  
**Para familias con niños hasta 5 años.**

Join us for a bilingual family storytime! Enjoy stories and songs in Spanish, English, or both!

¡Acompáñanos para un tiempo de cuentos familiar bilingüe! ¡Disfruta cuentos y canciones en español, inglés, o los dos!



The  
**Highlander**

PRESORTED  
STANDARD  
POSTAGE PAID  
HIGHLAND  
PARK, ILLINOIS  
PERMIT NO.10

## ECRWSS POSTAL PATRON

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Editors  
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For more information about  
City services, please visit [cityhpil.com](http://cityhpil.com)  
or call **847.926.1000**



**Business**

ENJOY

*highland park*

### Events at The Lot

The Lot is located at 523 Central Ave.  
(Central & St. Johns)

### Vintage Market

October 23 (11 AM - 4 PM)

### Stews & Brews

November 4 (5 - 9 PM)

### Heart of the Holidays

November 19 & 26  
December 3 & 10  
(2 - 4 PM)

### Shopping Guide

Your holiday shopping starts here!  
Browse Highland Park's specialty  
shops across all nine business districts  
at [enjoyhighlandpark.com/shopping](http://enjoyhighlandpark.com/shopping).

### The Weekender

All eNews subscribers receive *The Weekender*, full of things to do, places to shop, restaurants to visit, and more in Highland Park! Visit [cityhpil.com](http://cityhpil.com)/signup to receive the Weekender and other City emails.



## Business Report

### NEW BUSINESSES

#### Poke Burrito

1849 Green Bay Road  
**847.681.3388**  
[pokeburritoichicago.com](http://pokeburritoichicago.com)  
Poke Bowls & Burritos, Sushi and more

#### Maddie's Market

597 Roger Williams Avenue  
**847.431.0029**  
[whatsmaddiemaking.com](http://whatsmaddiemaking.com)  
Grab & Go Market

#### Mosewood Custom Closets

467 Roger Williams Avenue  
**847.208.0611**  
[mosewoodclosets.com](http://mosewoodclosets.com)  
Closet Design and Installation

#### Twigs & Cotton Re-Sale Boutique

453 Roger Williams Avenue  
**847.910.3016**  
[facebook.com/Twigs.Cotton](https://facebook.com/Twigs.Cotton)  
Clothing, Home Décor & Accessories

#### Emerald Lashes

502 Central Avenue  
**224.423.6743**  
[emeraldlasheschicago.com](http://emeraldlasheschicago.com)  
Eyelash Extension & Brow Studio

#### Real Skin

Sola Salon, 1883 Second Street  
**847.505.0116**  
[solasalonstudios.com](http://solasalonstudios.com)  
Esthetician & Skin Care Services

#### Tri-V Wellness Lounge

1780 Green Bay Road, #205B  
**847.380.4118**  
[trivwellness.com](http://trivwellness.com)  
IV Therapy Wellness Lounge

### NEW OWNER

#### New China

1855 Deerfield Road  
**847.831.0228**  
[newchinahighlandpark.com](http://newchinahighlandpark.com)  
Chinese Food Carry-Out

### BUSINESS RECOGNITION

#### My Sister's Circus – Since 1997

599 Elm Place  
**847.432.7433**  
[mysisterscircus.com](http://mysisterscircus.com)

My Sister's Circus carries an eclectic range of clothing and accessories that allows shoppers' unique personalities to shine through. Offering excellent customer service, the team at My Sister's Circus has cultivated relationships with customers that have contributed to the shop's success for over 25 years. Now in a new location at 599 Elm Place, My Sister's Circus is looking forward to being a part of the community for years to come.