Fire Department Seeks Feedback

The Fire Department seeks stakeholder feedback to assist in strategic plan development for the Department’s future. Register to attend a session on either Wednesday, October 30 or Tuesday, November 5 at 7PM.

Change Smoke Detector Batteries

Daylight Savings ends on Sunday, November 3 and clocks must be set back 1-hour. The Fire Department reminds everyone to change the batteries in all smoke detectors.

Veterans Day Observance

The City’s Veterans Day Observance will be held on Monday, November 11 at 11 AM at the Highland Park Public Library. City offices will be closed in observance of the holiday.

Trick or Treat Hours & Safety

Trick-or-Treating in residential neighborhoods on Halloween is Thursday, October 31 from 3:30 PM until 7 PM. Review Police Department safety tips on page 6 for a safe and happy event for the whole family (including pets).
Highland Park at a Glance

Regional Flood Mitigation Meeting - October 21 at 7PM

Given the intensity and frequency of storms impacting the area, the City and neighboring communities on the Skokie and Middle Fork Rivers seek a regional flood mitigation solution. A community meeting to address this issue with federal, state, and county representatives is scheduled for Monday, October 21 at 7PM. The meeting will be held at the Highland Park Country Club and the general public is invited to attend.

Discussion will focus on efforts being made to address regional flooding challenges as well as possible solutions such as identifying potential storage basins in Lake and Cook counties instead of one small basin in each tributary area, dredging the rivers, and flood alert systems.

For more information, contact the City Manager’s Office at 847.926.1006.

Change Your Clocks and Smoke Detector Batteries

Sunday, November 3 at 2 AM, daylight savings time ends and all clocks must be set back by one hour. With the changing of the clocks, the Fire Department reminds residents to change batteries in smoke detectors. This simple act could save many lives. These valuable devices provide early warning of fire. The most commonly cited cause of non-working smoke alarms is worn or missing batteries.

The National Fire Protection Association recommends there be at least one smoke detector outside of every sleeping area and on each floor of a home. Call the Fire Prevention Division with questions at 847.926.0808.

Disposal of Autumn Leaves

Blowing or raking leaves onto the roadway can create slippery road conditions and increase the risk of clogged inlets and street flooding. Clear leaves from gutters and dispose of them properly.

Residents are reminded that it is illegal to dump leaves, grass clippings and other debris onto the City streets or into the drainage system. Please remember that only rainwater goes down our storm drains!

Contact Public Works Sewer Section staff Monday – Friday, 7:30 AM – 4:30 PM at 847.432.4353.

Fire Department Seeks Stakeholder Feedback

As part of reaccreditation of the City's Fire Department, the public is invited to attend a stakeholder meeting to share their experience and feedback about Fire Department services and programs. Two stakeholder meetings are scheduled for October 30 and November 5 at 7 PM at the Highland Park Country Club, 1201 Park Avenue West.

Results from the sessions will assist in the development of a strategic plan driving the future of the department. All feedback is welcome, but please note that opportunities to give feedback specifically on the upcoming Ravinia Fire Station Redevelopment will be available in the future.

Please RSVP if you are able to attend. To RSVP, contact Administrative Assistant Terrie Jarosz at 847.926.1064 or tjarosz@cityhpil.com.

2019 Vehicle Sticker and Dog License Expiration Notice

City Vehicle Stickers and Dog Licenses for the 2019-2020 license year must be displayed by October 1, 2019. A late fee of $10 is applied to all vehicle sticker purchases made after September 30, 2019. Residents failing to display a current vehicle sticker may be subject to a fine.

Visit www.cityhpil.com for additional information on renewal options.

City Receives Budget Award for 25th Year in a Row!

Kudos to the City for receiving the Government Finance Officers Association’s (GFOA) Distinguished Budget Presentation Award for the 25th year in a row! The award is a reflection of the commitment of the highest principles of governmental budgeting.

The GFOA assesses how well an entity’s budget serves as a policy document, financial plan, operations guide and a communications device. For more information on the City’s Budget visit www.cityhpil.com/budget.
Our Local Economy: A Priority

A thriving local economy is vital to the strength of any city, improving the quality of life for residents and providing vibrancy for the community. When we support our city’s economy by shopping locally, the dollars earned support core city services such as infrastructure repair and maintenance, police and fire protection. To see how critical these local dollars are, visit www.cityhpil.com/annualbudget. Every purchase made in our city helps to reduce the burden of funding City operations and keeping the cost of living here within reach.

Our Business Development Strategic Plan (www.cityhpil.com/business) identifies ways to encourage collaboration among property owners, businesses, retailers, brokers, consultants and others to move the needle on prosperity and economic success. Our City team and I regularly meet with professionals in the public and private sector as well as various business groups interested in increasing business opportunities in Highland Park. This month, I welcomed hundreds of community leaders, real estate professionals, businesses, and business prospects to the City’s 7th Annual Business Summit. The Summit provides an excellent opportunity to review economic trends, discuss the local economy, enhance business retention and attraction, educate business leaders with new tools, strategies, and best practices, and facilitate economic growth. This year we were delighted to welcome keynote speaker Jodi Coplan, a Highland Park resident and human resources leader, career coach, and professor.

We are always pleased to welcome new businesses and thank established businesses for calling Highland Park home. Working together and shopping locally, we are able to continue to provide jobs, improve sales tax revenues, and enhance the vibrancy of our city.

Stay Informed with City Updates

www.cityhpil.com/signup
www.facebook.com/HighlandParkIL
@CityHPIL
www.youtube.com/user/CityHPIL

Veterans Day Information

City Offices will be closed on Monday, November 11 in observance of Veterans Day. Residents may call the Police Non-Emergency dispatch at 847.432.7730 for assistance.

The Veterans Day ceremony will be held on Monday, November 11 at 11AM in the Highland Park Public Library, 494 Laurel Avenue in the Adult Services Room. Mayor Nancy Rotering has invited local veterans groups and special guests. The Highland Park High School Brass Quintet will perform. All are welcome. For information, contact the City Manager’s Office at 847.926.1006 or jdotson@cityhpil.com.

Donate to a Veteran

Community Action Partners of Lake County is coordinating the “Red Box Donation Campaign” for Veterans. Donations are given to the 300 veterans in residential care at the Captain James Lovell Federal Health Care Center in North Chicago to help them make purchases at the canteen and commissary for necessities and comfort items. 100% of donations go directly to Veterans. A donation box is available at Highland Park City Hall, 1707 St. Johns Avenue now through Friday, November 8, 2019.

Pumpkin Composting

Pumpkins are full of nutrients that are good for the soil. Let’s keep those nutrients here; compost your pumpkins! Remove candles, yarn, plastic eyes and mouths, or other decorations before composting. Residents may put pumpkins in compost collection bins. Contact Lakeshore Recycling Systems about household compost collection, 773.685.8811. The Solid Waste Agency of Lake County offers pumpkin composting events - www.SWALCO.org.
**Bicentennial Time Capsule Dedication**

Join the City on Tuesday, November 12 as we place mementos and memories into the Bicentennial Time Capsule, and dedicate it to the future as a community.

If you would like to make a suggestion for what should be placed in the time capsule, please email the City at city-hp@cityhpil.com by Friday, November 1, 2019.

**HP150 Events**

- **October**
  - 29 HP150 Sculpture Unveiling

- **November**
  - 12 Time Capsule Ceremony
  - 16 Light Up the Night & Sugar Plum Shopping Spree

**HP150 Sculpture and Sponsor Brick Unveiling**

The HP150 Sculpture and Sponsor Brick Unveiling will take place Tuesday, October 29 at 4:30 PM at the new Sesquicentennial Park at the intersection of Deerfield Road, Hickory Street, and Laurel Avenue.

In 2018, the City's Cultural Arts Advisory Group (CAAG) conducted a competitive solicitation for an outdoor public art sculpture to commemorate the City's 150th Anniversary. The City moved forward with CAAG's recommendation and commissioned a sculpture entitled 'Ingress' by artist Michael Szabo of San Francisco, California. Ingress was installed in August. Landscaping including the placement of the HP150 sponsor bricks will take place in the coming weeks. Artist Michael Szabo will be at the unveiling ceremony for a meet and greet following the unveiling.

Thank you to all of our HP150 sponsors. The commemorative bricks will become a fixture in our community to be enjoyed by future generations! Also, thank you to the Highland Park/ Highwood Rotary Club and Highland Park/ Highwood Lions Club for their generous bench donations that will be placed in the park.

For more information about Ingress, please contact the City Manager’s Office at 847.926.1000. To learn more about the City’s sesquicentennial celebration, please visit www.cityhpil.com/HP150.

**HP150 Historic Preservation Awards Nominations Available**

The Historic Preservation Commission is still accepting nominations for the HP150 Historic Preservation Awards. These awards recognize and encourage projects that preserve, conserve, and protect buildings, objects, and landscapes of historic significance in Highland Park. This year’s awards celebrate the City’s Sesquicentennial or 150th Anniversary, which provides a unique opportunity to reflect on the rich architectural history of the City.

Nomination forms are available at www.cityhpil.com/HPC or the Highland Park Public Library. Nominations are due by Friday, October 18, 2019. The Historic Preservation Commission will present the HP150 Historic Preservation Awards at an Award Ceremony in December.

**HP150 Commemorative Items for Sale**

Looking for the perfect gift for the holidays? The HP150 Commemorative Book is filled with rich city history, historic and current photographs, and an eloquent overview of the 2019 celebrations. To order a book, please visit City Hall or visit cityhpil.com/Hp150.

The City also has a variety of other HP150 commemorative items for sale including shirts, sweatshirts, socks, bags, postcards, mugs, and maps at cityhpil.com/gear.

HP150 information is available at www.cityhpil.com/HP150.
Community Calendar

Ravinia Farmers Market
Wednesdays through October 30
7 AM until 1 PM
Dean Avenue at Jens Jensen Park
www.RaviniaFarmersMarket.org

The Art Center of Highland Park
Recycled Art Sale
Opening Night Benefit - October 17, 7 PM
Ticketed event includes spirits, light bites and live jazz music
Open to the Public - October 19 - 28, Monday - Friday, 9 AM - 5 PM
Saturday - 9 AM - 4 PM
Sunday - 12 PM - 4 PM
1957 Sheridan Road
$5 entrance fee supports scholarships
847.432.1888 / TheArtCenterHP.org
The hunt for art treasures returns. This sale of pre-owned artwork of all types from galleries, estate sales, corporations, businesses and individual donors is always highland anticipated.

High School Presents
Halloween Concert
Thursday, October 24, 6:30 PM
Highland Park High School
433 Vine Avenue - Auditorium
Tickets: FREE
Performing for the public, HPHS Band costumed as witches, vampires, and other characters captivate the audience with their annual free Halloween Concert.

Midwest Young Artists Presents
Sunday Soiree & I'Solisti Concert
Sunday, October 27
1:30 PM & 2:30 PM - Soiree
3:30 PM - I'Solisti
Ravinia Park Bennett Gordon Hall
201 St. Johns Avenue
www.MYA.org
Free concert events and open to the public in Ravinia Festival's intimate Bennett Gordon Hall.

City of Highland Park Presents
Light Up the Night & Sugar Plum Shopping Spree
Saturday, November 16, 1 - 5PM
Downtown Highland Park
www.cityhpil.com
Don't miss the annual tree lighting event. Festivities include light show, live reindeer, Santa, carriage rides, live music, family activities and a raffle.

Pilgrim Chamber Players presents
Chicago Harp Quartet
Sunday, November 17, 3 PM
Highland Park Community House
1991 Sheridan Road
$20/adult, $16/senior & $8/student
pilgrimplayers.org / 847.433.0972
Pilgrim Chamber Players begin 23rd season with 4 harps performing mixed program of Ravel, Grieg, Liszt, Bizet and more.

East on Central Presents
Local Authors' Festival
Saturday, November 23, 1 - 4PM
Highland Park Public Library
494 Laurel Avenue
info@eastoncentral.org
Get your holiday shopping done early this year! Event features local authors and books of all genres.

Uptown Music Theater of Highland Park Presents
Highland Park High School Alumni Cabaret
Friday, November 29, 7:30 PM
Highland Park Community House
1991 Sheridan Road
www.UMTHP.org
Tickets: $20
Highland Park High School alumni perform Broadway showtunes with a live band as a fundraiser for Uptown Music Theater of Highland Park. Evening includes desserts, cash bar and a silent auction.

City of Highland Park Presents
Affordable Housing Information
Tuesday, November 12, 7PM
Tuesday, December 10, 7PM
Community Partners for Affordable Housing (CPAH)
400 Central Avenue, Suite 111
847.263.7478 ext. 10 / CPAHousing.org
Highland Park High School alumni perform Broadway showtunes with a live band as a fundraiser for Uptown Music Theater of Highland Park. Evening includes desserts, cash bar and a silent auction!
Halloween Safety

Witches, goblins, ghosts and superheroes will soon appear in our neighborhoods. These safety tips are to help prepare children for a safe and enjoyable Halloween. Trick-or-treating this year is Thursday, October 31, 2019 from 3:30 PM - 7 PM. Please review these guidelines with your adventurers to ensure a safe night for everyone.

• Don’t Trick or Treat alone. Stay in a group and communicate to an adult where you will be going.
• Teach children how to obtain help or call 9-1-1 if they have an emergency or become lost.
• Walk on the sidewalk, not in the street.
• Only cross the street at designated crosswalks.
• Look both ways. Listen and watch for cars before crossing the street.
• Don’t hide or cross the street from between parked cars.
• Wear light-colored or reflective-type clothing or try to affix reflective tape on costumes or treat bags to be more visible.
• Use face paint rather than masks or things that will cover your eyes. If you wear a mask, make sure that the eye-holes are large enough that your vision won’t be affected.
• Carry a flashlight with fresh batteries to light your way.
• Visit homes that have inside and outside lights on.
• Accept your treats at the door and never go into a home.
• Always have an adult inspect the candy before eating. Don’t eat candy if packaging has been opened. Small, hard pieces of candy are a choking hazard for young children.
• Be cautious around pets that may come to the door or be outside.
• Eliminate tripping hazards on your porch and around your property.

Halloween guidelines for your pets:
• Secure your pets indoors on Halloween night - preferably in a room away from your front door. Between the doorbell ringing, odd-looking strangers at the door and all the children’s voices, this night is no “treat” for your dog or cat.
• Keep goodies away from pets. Chocolate and raisins can be particularly dangerous.
• Have ID on your pets - many animals slip out of the house when the door is opened.

The Illinois State Police maintains a database of registered sex offenders in Illinois. The public can access this database by going to the website www.isp.state.il.us/sor/. Once you are in this website, agree to the terms by clicking on “I Agree” and enter the zip code (60035), City (Highland Park) and County (Lake) for a complete listing of registered sex offenders in Highland Park. The Police encourage community assistance in reporting any suspicious or unlawful activity. Let’s all enjoy a safe Halloween in Highland Park.

If you have any questions, please contact School Resource Officer Amy Hyndman at 847.926.1122.

Domestic Violence Awareness

October is National Domestic Violence Awareness Month. Domestic violence is a prevalent issue facing every community and it takes courage for a survivor to seek help. Organizations such as the North Suburban Legal Aid Clinic, a Safe Place and SHALVA are dedicated to keeping individuals and families safe.

Visit www.nslegalaid.org, www.shalvaonline.org, or www.asafeplaceforhelp.org. Community members are also encouraged to contact the Police Department for emergencies (911) or confidential assistance (847-432-7730).
**Halloween Party**
Highland Park Country Club
Thursday, October 31
12 - 2:30 PM
Fee: $15 / NM: $25
Sponsored by Aperion Care

The **Highland Park High School Wind Symphony** returns to perform their popular Spooktacular Halloween Concert! Prior to the concert, enjoy a buffet lunch catered by Sunset Foods, and a Halloween costume parade and contest.

Lunch includes Salisbury steak or cod Provencal, glazed carrots, mashed potatoes, dessert, and coffee.

Prizes will be awarded for the cutest, scariest, most creative, and most use of black and orange. All participants in costume will receive a special participation prize!

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**Thanksgiving Luncheon**
Ruth’s Chris
Friday, November 22
12 – 1:30 PM
Fee: $33 / NM: $53
Sponsored by Whitehall of Deerfield

Celebrate all that you are thankful for and join others for a scrumptious lunch featuring Ruth’s steak house salad, your choice of entree, sausage herb stuffing, sweet potato casserole, cremini mushrooms, pumpkin cheesecake, and soft beverage. When registering, please indicate your choice of roasted turkey breast, salmon, or petit filet.

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<th>Special Activities</th>
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<td><strong>Beginning Canasta!</strong></td>
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<td>Wednesdays, 1 - 3 PM</td>
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<td>October 30 – December 11 (6 classes)</td>
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<td>Fee: $72 / NM: $92</td>
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<td><strong>Watercolor Class</strong></td>
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<td>November 6 – December 18 (6 classes)</td>
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<td><strong>Conversational Spanish</strong></td>
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<td>Continuing: Fridays, 10 – 11 AM</td>
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<td>Advanced: Fridays, 11 AM – 12 PM</td>
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<td>November 8 – November 22 (4 classes)</td>
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<td><strong>Better Balance</strong></td>
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<td>Mondays, 11 AM - 12 PM</td>
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<td>November 4 – December 16 (6 classes) *</td>
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<td>Fee: $42 / NM: $62</td>
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<td><strong>Tai Chi</strong></td>
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<td>Tuesdays, 11:15 AM – 12:15 PM</td>
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<td>November 5 – December 17 (7 classes)</td>
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<td>Thursdays, 2:45 - 3:45 PM</td>
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<td>November 7 – December 19 (6 classes) *</td>
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<td>Fee: $42 / NM: $62</td>
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*No classes 11/11 & 11/27*
Dear Resident,

On September 9, the Boards of Education of Bannockburn School District 106, Deerfield Public Schools District 109, North Shore School District 112 and Township High School District 113 held a joint special meeting.

The impetus for that meeting came from our recognition as superintendents that while each district focuses on the unique needs of its students there is an opportunity to do more for the students we individually work so hard to serve by finding areas where we can work more closely together as a system. We are calling this system work “Project 440” because it indicates that there is an additive value for students and parents when we work together.

At that historic meeting, the boards voted unanimously to approve an Intergovernmental Cooperation Agreement (ICA). The ICA provides a framework for the four districts to work together more collaboratively, reflecting the stake the community has in each district’s individual and collective effort for students. The superintendents of each district were charged by our respective boards to identify areas of curriculum, instruction and assessment where all of us can work together to provide more aggregate data about student progress to teachers, administrators and all four boards in order to improve student outcomes and create more value for the whole community.

With this arrangement, our boards and we as superintendents will be able to continue responding to our individual district needs while also having the legal framework approved by our boards to collaborate as a system, giving us the opportunity to do better work and do that work more efficiently for the benefit of all of our students.

In addition to curriculum, instruction and assessment, we believe there are other areas that especially lend themselves to this partnership. Safety is also at the top of the list.

At the meeting, we discussed the ways all four districts are already working together with local law enforcement and each other to identify best practices, define communications protocols and conduct joint training. Because all four districts use the same response protocol in their emergency drills, for example, there is continuity for students in the drills that are practiced all through elementary and high school. But we know there is more we can do to continue to improve our safety and security practices in to make those practices uniform throughout the K-12 experience.

To oversee security efforts and to bring a higher level of professional expertise to this important work, we are exploring how a director of security could serve all four districts. We have been
directed by our boards to prepare information we can share with our respective boards for feedback before convening another joint meeting to consider taking action.

Recognizing that safety-and-security is not just about drills and securing the physical space of our buildings, during the discussion many raised the connection between efforts to promote social-emotional learning (SEL) and the impact SEL has on promoting greater school security. By providing supports to address the well-being of students and staff, we can take a holistic approach to wellness, increasing resilience, encouraging healthy coping skills, lowering stress. As an indication of the importance of this connection, all of our boards directed us to include SEL as we coordinate our work on security.

From our students’ and parents’ perspectives, we understand that the educational experience is a continuum from pre-K to grade 12, so it only makes sense to approach the education we deliver as a system. When we take a systems approach to the continuum of pre-K-12 education, new possibilities of collaborating will emerge and new opportunities for creating even more value for students will be found.

We have known for a long time that collaboration within our schools is the key to the success of our schools and districts. We are excited to learn about the greater success we can realize in each of our districts by collaborating together as Project 440.

Bruce Law, Ed.D.  
Superintendent  
THSD113

Michael Lubelfeld, Ed.D.  
Superintendent  
NSSD112
Park District of Highland Park

Thu-Sun Oct 17-20 | Halloween Mini Golf | All Ages
River’s Edge Adventure Golf, 2205 Skokie Valley Rd
See info on following pages.

Tue Oct 22 | 10am-Noon | Blood Pressure & Glucose Screening | Free
Recreation Center of Highland Park, 1207 Park Ave W
FREE screenings provided by NorthShore University HealthSystem

Fri Oct 25 | 5:30-7:30pm | West Ridge Trick-or-Treat | Family
FREE, West Ridge Center, 636 Ridge Rd.
See info on following pages.

Sat Oct 26 | 11am | Hard Course / Chili Open | All Ages
$65/player, Sunset Valley Golf Club, 1390 Sunset Rd
The golf course is set up to play at its highest level of difficulty. Tee boxes and flags are placed in unconventional locations. The round concludes with a chili lunch. *Tee times available now. For more information, call 847.432.7140.*

Sat Oct 26 | 1-2pm | Halloween Scary Skate | Family
FREE, Centennial Ice Arena, 3100 Trail Way
See info on following pages.

Sat Oct 26 | 6-8pm | The Monster Bash | Ages 5-14
$30, Deer Creek Racquet Club, 701 Deer Creek Pkwy
See info on following pages. [Register at pdhp.org.](#)

Fri Nov 1 | 6:45-7:40pm | Magic Class | Ages 5-12
$21/29, West Ridge Center, 636 Ridge Rd.
Amaze family and friends with tricks that involve cards, ropes, coins, mind reading and more. [Register at pdhp.org.](#)

Sat Nov 2 | 9-11am | Birding 101 | Ages 8-Adult
$10, Rosewood Beach Interpretive Center, 883 Sheridan Rd
Learn to spot birds, identify them and learn fun information about the ones we see. [Register at pdhp.org.](#)

Sat Nov 2 | 10-11:30am | Nature Playdates | All Ages
FREE, Heller Nature Center, 2821 Ridge Rd
Play at Heller and learn a thing or two about nature. Each date offers a different themed activity. [Register at pdhp.org.](#)

Sat Nov 2 | 12:30-1:30pm | Shake it Up! | Ages 4+
$20/30 Adult and Child, $10 each additional Child, Recreation Center of Highland Park, 1207 Park Ave W
Max out on Fun and Fitness with an hour of high energy moves that will have you and your little one shaking it up! Moms, Dads, Grandmas, Grandpas, Grandkids and Kids let’s see your dancing feet.

Mon Nov 4 | 4:30-6:30pm | Body Fat Analysis | Free
Recreation Center of Highland Park, 1207 Park Ave W
FREE screenings provided by NorthShore University HealthSystem

Fri Nov 8 | 5:30-7pm | Neon Night | Family
$6/Child, $7/Adult, $3/Grate Rental, Centennial Ice Arena, 3100 Trail Way
Spend your Friday night in neon as you skate under a disco ball and glow all night! For more information, call 847.432.4790.

Fri Nov 8 | 5:30-7pm | Explore S’more Parks! | All Ages
$10, Larry Fink Park, 1377 Clavey Rd
Enjoy a campfire with family and friends. [Register at pdhp.org.](#)

Mon Nov 11 | 10-11am | Creepy Crawlers Show | Ages 6-Adult
$10, Heller Nature Center, 2821 Ridge Rd
Delight your senses and curiosity by learning about and meeting cool, creepy, crawling creatures. [Register at pdhp.org.](#)

Sat Nov 16 | 10am-8:30pm | The Great Crane Migration | Adults
$40, Heller Nature Center, 2821 Ridge Rd
Come along for the day as we stop at a few special birding spots and then the grand finale of watching 10,000 cranes come in to roost for the night.

Sat Nov 24 | 7-8:30am | Twisted Turkey Triathlon | Age 16+
$35/$40, Recreation Center of Highland Park, 1207 Park Ave W
Calories out before calories in! Take on this indoor non-competitive triathlon consisting of a 10-minute swim, 20-minute run and a 40-minute video cycle ride. [Register at pdhp.org.](#)

Sun Dec 15 | 4-5:30pm or 6:30-8pm | Santa’s Workshop | Family
$30 (child)/$15 (adult), Sunset Valley Golf Club, 1390 Sunset Rd
Visit Santa’s workshop to meet his cast of characters! Enjoy a hot chocolate bar, holiday cookie and holiday antics with Santa’s elves. Also, meet the man himself, Santa! After a photo, take home a gift made specially for you at the North Pole. *Children of all ages and adults must purchase and present their ticket at the door. Tickets are available for purchase in person or online. Min/Max 25/60. Register at pdhp.org."

Fri Nov 11 | 10-11am | Try Skating & Gymnastics | All Ages
FREE screenings provided by NorthShore University HealthSystem.

Thu Nov 14 | 4:30-6:30pm | Blood Pressure & Glucose Screening | All Ages
Recreation Center of Highland Park, 1207 Park Ave W
FREE screenings provided by NorthShore University HealthSystem.

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Sat & Sun Dec 7 & 8 | 9-10:45am or 11:15am-1pm | Holiday Breakfast | Family
$20 breakfast buffet, $12 for Kids 4-12, Free for Kids 3 and under, Sunset Valley Golf Club, 1390 Sunset Rd
Enjoy breakfast with your friends and family to celebrate the holiday season! Two seatings per day. Reservations required: RSVP by Dec 5 to Jan Benedetto at [janbenedetto@openkitchens.com](mailto:janbenedetto@openkitchens.com)
FREE INDOOR EVENT

WEST RIDGE TRICK OR TREAT
Fri Oct 25 5:30 • 7:30pm
West Ridge Program
636 Ridge Rd.
West Ridge program participants, friends & family are invited to trick-or-treat inside and play spooky & silly games.

MONSTER TENNIS BASH
Sat Oct 26 • 6-8pm • Ages 5-14
Deer Creek Racquet Club
701 Deer Creek Pkwy.
Come in costume and play tennis! Prize for best in costume.

"Fit for Life" Active Adult Fitness Programs
Recreation Center of Highland Park - 1207 Park Avenue West

MONDAY
8:30-9:25am • Barre
9-9:50am • Water Warriors
10-11am • Aqua Flow
10:35-11:35am • Forever Fit
12:05-1:20pm • Gentle Yoga
12:15-1:15pm • Sets & Reps
1:30-2:30pm • Tai Chi

TUESDAY
8:30-9:30am • Water Warriors
9:30-10:45am • All Levels Yoga
9:35-10:35am • Zumba Toning
10:30-11:25am • Balance & Tone
12:05-1:05pm • Chair Yoga
6-7:15pm • Restorative Yoga

WEDNESDAY
9-9:45am • Water Warriors
9:30-10:25am • Barre
10-11am • Aqua Flow
10:30-11:25am • Tai Chi
11:30-12:30am • Forever Fit

THURSDAY
8:30-9:20am • Step Fusion
8:15 - 9:25am • Move Well Yoga
8:30-9:25am • Aqua Zumba
9:35-10:35am • Zumba
10:35-11:25am • Balance & Tone
12:05-1:05pm • Chair Yoga
1:15-2:15pm • Sets & Reps

FRIDAY
9:30-10:30am • Aqua Flow
10:45-11:45am • Forever Fit
12-1pm • Better Balance

SATURDAY
8:30-9:25am • Aqua Intervals
10:45am-12pm • Better Bones Yoga

SUNDAY
8-8:50am • Strength & Core
9-9:50am • Aqua Intervals
9-10am • Zumba
Dear Neighbor:

In the 1950’s as a young boy, I grew to love the game of golf at Sunset Valley Golf Club. Golf has become an important part of who I am today. From an early age, playing golf taught me important skills in problem solving, built my self-confidence, challenged me to keep improving and has kept me active and fit while enjoying the great outdoors with my friends and colleagues. I was blessed to have the opportunity to play on our Highland Park High School Golf Team which won IHSA titles in 1958 and 1959. I attended the University of Illinois with a golf scholarship, and went on to play four Western Opens, 38 USGA events, numerous British Amateur, British Senior Amateur and British Senior Open tournaments. I was inducted into the Illinois PGA Golf Hall of Fame in 1999 and the Highland Park High School Hall of Fame. It was a wonderful education which Sunset Valley provided.

Because my love of the game started at Sunset Valley, as well as so many others in our community, it is hoped together we can bring the same opportunity to today’s Highland Park youth. I am writing to you today to encourage you to join me and members of our community to donate to the new Youth Golf Development and Short Game Practice Center at Sunset Valley. Highland Park is lucky to have such a beautiful newly renovated golf course for all to enjoy. Sunset Valley’s Youth Development Center will provide Highland Park’s youth with an opportunity to learn and love the game and enjoy the lifelong benefits only golf can provide right here at our hometown golf course.

Please take a moment to review the plans for this fabulous new Center and the value it will provide to our community and our children for generations to come. It’s hoped you will consider contributing to make this new amenity at Sunset Valley a reality. With that in mind I have made a $100,000.00 contribution towards the $200,000.00 construction goal. Please help make this dream come true.

Best regards,

Joel Hirsch
Illinois Golf Hall of Famer

Please note that this page is submitted, written and edited by the Park District and does not reflect the views or opinions of the City.

The Parks Foundation is currently seeking new members!

If you have a passion for your community and your parks. We would love to have you be a part of our exciting team.

About the Parks Foundation of Highland Park

We believe every resident deserves the opportunity for an enriched healthy life. The Parks Foundation provides the resources necessary for everyone in our community to have access to the benefits of our world-class park district and contributes to enduring legacies within the community for future generations. The Parks Foundation of Highland Park is an independent, community-led, 501(c)3 nonprofit organization.
Need Homework Help? We’ve Got Answers!

Try Brainfuse HelpNow

With the new school year in full swing, homework may be piling up. For help, students can look to the Library and access free online tutoring and academic support with Brainfuse HelpNow.

Students can connect with tutors every day from 2 – 11 PM and find help on a variety of subjects. Tutors are available for all grade levels from kindergarten through high school. Brainfuse HelpNow also includes a writing lab, a language lab for Spanish help, study tools, test prep, and tutoring for ESL students.

To access Brainfuse HelpNow, students can visit hplibrary.org, click on Find: Books, Music, Movies and More, For Kids, and Kids’ eResources.

The Science of Well-Being

Wednesdays, October 16, October 30
3 – 4 PM
Join us to take part in Yale’s most popular course, which is now offered online for free. Watch video lectures led by Laurie Santos, a professor of psychology and cognitive science, to learn about the psychology of happiness! Our hope is that as we come together in a socially supported community, we will put new healthy habits into place that will help to enrich our lives.

Cross Stitch Club

Saturday, October 26, 3:30 – 4:30 PM
Ages 14 and older.
Learn how to create a unique cross stitch pattern online and then get started on your project! Supplies for projects will be provided on a first-come, first-served basis. Needle workers of all skill levels are welcome! Already started on a project? Join us to share knowledge and have fun!

National Novel Writing Month

We’ll help you get started!
NaNoWriMo Preparation
Thursday, October 17
7 – 8 PM
Learn how to set up a NaNoWriMo account to earn progress badges and keep track of story development. We will highlight sections of the NaNoWriMo preparation guide and navigate around NaNoWriMo webinars on YouTube.

We’ll support you and cheer you on!
NaNoWriMo Come Write In Kickoff
Tuesday, November 5, 7 – 8:45 PM
Start writing and access workspace, outlets, wireless, and snacks.

NaNoWriMo Come Write In Home Stretch
Monday, November 25, 6 – 8:45 PM
Head to the Library for workspace, outlets, wireless, and snacks for a strong finish.

Come Write In

Participate in National Novel Writing Month (NaNoWriMo). Find space to write and resources at the Library and join people around the world who are determined to write 50,000 words of a new novel in November.

For more resources, webinars, and pep talk essays by authors, visit hplibrary.org.
Highland Park Public Library
847.432.0216 hplibrary.org

MEET THE AUTHORS! GET YOUR BOOKS SIGNED! Books will be for sale and the events will conclude with book signings.

Sponsored by the Alvin H. Baum Family Fund.

HEATHER MORRIS
Cilka’s Journey
Thursday
October 31, 6 PM
The bestselling author of The Tattooist of Auschwitz makes a special appearance to discuss her new book. The novel, based on a true story of love and resilience, follows Cilka from a prisoner in Auschwitz to a Siberian prison camp where she faces challenges both new and horribly familiar. There she learns to tend to the ill in the camp, struggling to care for them under brutal conditions. When she begins to form relationships in this harsh, new reality, she discovers there is room in her heart for love.

LANDIS BLAIR
The Envious Siblings: And Other Morbid Nursery Rhymes
Thursday, November 14, 7 PM
Landis Blair, an award-winning illustrator and comic artist, discusses his graphic novel with Davis Schneiderman, English professor at Lake Forest College. The book is a wicked collection of nursery rhymes that will terrify and delight children and parents alike. Blair’s absurdist creations are as creepy as they are hilarious.

NELSON DeMILLE AND ALEX DeMILLE
The Deserter
Monday
October 28, 2 PM
The #1 New York Times bestselling author Nelson DeMille and his son, award-winning screenwriter Alex DeMille, discuss their new book. Loosely inspired by the Bowe Bergdahl case, the thriller features Army investigator Scott Brodie, and his sharp but inexperienced new partner, Maggie Taylor, in their hunt for the Army’s most notorious deserter who is hiding out in Venezuela.

Get Cooking at the Library!

Planning ahead for the holidays?
Check out a cookbook from the Library.
With more than 2,000 to choose from there are plenty of recipes for holiday meals.

What’s popular in Highland Park?
Middle Eastern, Italian, Indian, and Mediterranean cuisines, health conscious cookbooks (vegan/vegetarian, gluten-free, low cholesterol), and holiday and family gathering cookbooks.

Here are some HP favorites:

Cook Like a Pro by Ina Garten
The Complete Milk Street TV Show Cookbook by Christopher Kimball
The Complete Cookbook For Young Chefs, by America’s Test Kitchen Kids
Whole Foods Cookbook by John Mackey

BOOK DISCUSSIONS

Sponsored by the Friends of the Highland Park Public Library.

The Gift, by Vladimir Nabokov
Wednesday
October 23, 7 PM
Jazz, by Toni Morrison
Wednesday
November 20, 7 PM
Davis Schneiderman, English professor at Lake Forest College, leads the discussions.

The Island of Sea Women, by Lisa See
Tuesday, November 12, 1 PM
Noted book discussion leader Judy Levin leads the discussion.

LOCAL AUTHOR FESTIVAL

Authors who live, work, or study in Highland Park — meet and greet readers and sell your books on Saturday, November 23, from 1 – 4 PM.
Register by November 1 at info@eastoncentral.org.
Presented with East on Central.
FUN FOR KIDS

Apple Craft
Wednesday, October 23
2 – 2:45 PM. Ages 3 – 6
with a participating adult.
It’s time for apples! Use recycled
materials to build your own apple.
Registration required. Register at
hplibrary.org.

3D Print a Pumpkin
for Halloween
Saturday, October 26
Create your own 3D Pumpkin
design to submit for printing on
the Library’s 3D printer. Staff will
be on hand to offer assistance.
Registration required. Register at
hplibrary.org.

Candy Rock Cycle
Wednesday, November 13
Geology rocks! Learn about how
different types of rocks are formed
using everyone’s favorite study
aid...candy! Registration required.
Register at hplibrary.org.

Squirrels Prepare
for Winter!
Monday, November 4
10:45 – 11:15 AM. Ages 3 – 6,
accompanied by an adult.

A Feast for Animals!
Thursday, November 7
1:30 – 2 PM. Ages 3 – 6,
accompanied by an adult.

DOLLARS & SENSE

Information to help manage personal
finance issues with common sense

Medicare and
Your Options
Wednesday,
October 23, 7 PM
Learn how Medicare works. Mike
Altman, benefit advisor, will
discuss how to enroll and options
available for those turning 65 as
well as for current subscribers.

Making the Most of
Your Retirement Assets
Thursday, November 7, 7 PM
Steven Greene, financial advisor,
Merrill Lynch Wealth Management,
discusses choices available for handling
retirement assets held in a former
employer’s retirement plan.

Registration preferred.
Register at hplibrary.org.

FILM

FILM SHOWINGS
AND DISCUSSIONS

Road Trip Series
Bob Coscarelli, professor
emeritus at College of
Lake County, introduces
and screens the films.
A discussion follows.

Sunday, October 27
2 PM
Peter Fonda and Dennis Hopper
star as “hippie” bikers.

Sunday, November 10
2 PM
Felicity Huffman stars as a
preoperative transgender woman
who learns that she fathered a
son, now a teenage runaway on
the streets of New York.

Presented with the Highland Park
Senior Center. Sponsored by Right at
Home Senior Care.
NEW BUSINESSES

**Hub & Spoke Provisions**
481 Roger Williams Avenue
847.748.8947
hubandspokeprovisions.com
Café and artisanal coffee roaster by day; Tapas-style wine bar by night

**Martinizing**
1740 First Street
847.433.4800
Dry Cleaning

**Skin Luxe Boutique**
229 Skokie Valley Rd
(Located inside Salons by JC)
312.532.8669
skinluxeboutique.com
E aesth tician

**NEW OWNERSHIP**

**Uncle Dan’s(Gearhead Outfitters)**
621 Central Avenue
847.266.8600
udans.com
Retail Clothing & Outdoor Accessories

**Massa Nails & Spa**
1870 Sheridan Road
224.435.7979
massanailsspa.com

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**Lakeside Glass & Mirror** - Since 1985
1914 First Street
847.432.7211
lakesideglass.com

Lakeside Glass & Mirror has been proudly serving Highland Park and the surrounding areas for over 30 years. With a commitment to providing top level service, their highly trained and experienced employees provide quality results for glass and mirror projects of all sizes complexities.

**Wenk Insurance Agency** - Since 1984
600 Central Avenue
847.433.8370
wenkinsurance.com

Wenk Insurance Agency is a full-service, 4th generation family-owned insurance agency offering business, personal insurance plans, employee benefit programs, as well as notary and bond services. Their staff of insurance professionals work with clients to find solutions to any insurance challenge, quickly and efficiently.