From: Lt. Frank Borelli, Editor <ofcr@mail.officer.com>

Sent: Monday, July 04, 2022 9:00 PM

To: gcameron@cityhpil.com

Subject: Officer Down: lowa Police Officer John Williams

[EXTERNAL EMAIL]

Veteran Iowa Police Officer Dies after 'Acute Medical Emergency' Coralville Police Sgt. John Williams—who had been with the department for over 28 years—was responding to a shooting involving a 3-year-old child when he

Read more...

suffered a medical emergency.

MORE OFFICER DOWN NEWS: www.officer.com/features/honoring-the-fallen

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Sent: Monday, July 4, 2022 9:00 PM

To:North Shore School District 112 RecipientsSubject:2nd D112 Community Note - July 4 Tragedy

[EXTERNAL EMAIL]

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Community 2nd delar- July 4 Tragets July 4th; 2022

Second Note - July 4, 2022

Haga clic aquí para leer la traducción al español

Dear North Shore School District 112 Community,

Our thoughts and prayers go out to those in our community who lost loved ones, were injured, or witnessed the horrific event at today's Fourth of July parade.

To allow our students, community, and staff time to process this tragic event, District 113 and District 112, along with counseling staff from area school districts and agencies are gathering together tomorrow, Tuesday, July 5, 2022, for drop-in counseling services for those in need.

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Additional resources for your information include:

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- · Local, trained mental health counselors
- 24/7 anonymous help for yourself or a friend
- Text "224Help" to 844-823-LEAD (5323).
- Also available as an app "Lake County Help"

Safe2Help Illinois

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Please continue to keep the victims, their families, and loved ones impacted by today's tragedy in your thoughts.

Mike

Michael Lubelfeld, Ed.D. Superintendent of Schools

North Shore School District 112
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Sent: Monday, July 4, 2022 9:00 PM

To:North Shore School District 112 RecipientsSubject:2nd D112 Community Note - July 4 Tragedy

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From:

North Shore School District 112 <northshore112@nssd112.org>

Sent:

Monday, July 04, 2022 9:00 PM

To: Subject: North Shore School District 112 Recipients 2nd D112 Community Note - July 4 Tragedy

[EXTERNAL EMAIL]

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Community 2nd Hote + July 4 Trappely July 4th, 7802

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Community 20od Note: 3,35y 4 71 agody, July 461, 2022

Second Note - July 4, 2022

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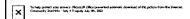
From: Sent: North Shore School District 112 < northshore112@nssd112.org>

Monday, July 04, 2022 9:00 PM

To: Subject: North Shore School District 112 Recipients 2nd D112 Community Note - July 4 Tragedy

[EXTERNAL EMAIL]

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From:

North Shore School District 112 <northshore112@nssd112.org>

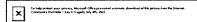
Sent:

Monday, July 04, 2022 9:00 PM

To: Subject: North Shore School District 112 Recipients 2nd D112 Community Note - July 4 Tragedy

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Community 2nd Note: A kiry 4 Trapely May 486, 2022.

Second Note - July 4, 2022

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From: Sent: North Shore School District 112 < northshore112@nssd112.org>

Monday, July 04, 2022 9:00 PM

North Shore School District 112 Recipients 2nd D112 Community Note - July 4 Tragedy

To: Subject:

[EXTERNAL EMAIL]

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Monday, July 4, 2022 9:00 PM

To: Subject: North Shore School District 112 Recipients 2nd D112 Community Note - July 4 Tragedy

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Sent: Monday, July 4, 2022 9:00 PM

To:North Shore School District 112 RecipientsSubject:2nd D112 Community Note - July 4 Tragedy

[EXTERNAL EMAIL]

Having issues? open this email in a browser



Second Note - July 4, 2022

Haga clic aquí para leer la traducción al español

Dear North Shore School District 112 Community,

Our thoughts and prayers go out to those in our community who lost loved ones, were injured, or witnessed the horrific event at today's Fourth of July parade.

To allow our students, community, and staff time to process this tragic event, District 113 and District 112, along with counseling staff from area school districts and agencies are gathering together tomorrow, Tuesday, July 5, 2022, for drop-in counseling services for those in need.

will take place at Highland Park High School, 433 Vine Avenue. All personnel should enter at the main entrance, from 9:00 am - 2:00 pm. Please bring identification with you to the high school. Based on community needs, we will provide support as long as needed. Social workers, psychologists, counselors, and other mental health providers will be on site. Bilingual providers will be on site.

Additional resources for your information include:

Coalition to Support Grieving Students

In addition, if you or anyone you know needs emotional support in this time of tragedy please see the information below:

Text-A-Tip

Text-A-Tip is a 24/7 anonymous text crisis hotline offering emotional support for middle school and high school youth. Local, trained mental health counselors

- · Local, trained mental health counselors
- 24/7 anonymous help for yourself or a friend
- Text "224Help" to 844-823-LEAD (5323).
- Also available as an app "Lake County Help"

Safe2Help Illinois

North Shore School District 112 is now participating in a new statewide school safety program called <u>Safe2Help Illinois</u>. This program will offer students a safe and confidential way to share information that may help prevent suicides, bullying, school violence, and other threats to student safety.

Please continue to keep the victims, their families, and loved ones impacted by today's tragedy in your thoughts.

Mike

Michael Lubelfeld, Ed.D. Superintendent of Schools



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Community 2nd Holles - July 4 Tragetly July 481, 2022

Second Note - July 4, 2022

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From:

North Shore School District 112 <northshore112@nssd112.org>

Sent:

Monday, July 4, 2022 9:00 PM

To: Subject: North Shore School District 112 Recipients 2nd D112 Community Note - July 4 Tragedy

[EXTERNAL EMAIL]

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North Shore School District 112 | 1936 Green Bay Road, Highland Park, IL 60035 | 224-765-3000

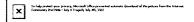
From: North Shore School District 112 <northshore112@nssd112.org>

Sent: Monday, July 04, 2022 9:00 PM

To: North Shore School District 112 Recipients **Subject:** 2nd D112 Community Note - July 4 Tragedy

[EXTERNAL EMAIL]

Having issues? open this email in a browser



Second Note - July 4, 2022

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North Shore School District 112 | 1936 Green Bay Road, Highland Park, IL 60035 | 224-765-3000

From:postmaster@CITYHPIL.COMSent:Monday, July 4, 2022 9:01 PMTo:northshore112@nssd112.org

Subject: Undeliverable: 2nd D112 Community Note - July 4 Tragedy

Attachments: 2nd D112 Community Note - July 4 Tragedy

Delivery has failed to these recipients or groups:

Isloan@cityhpil.com

Your message couldn't be delivered because you don't have permission to send to this recipient. Ask the recipient's email admin to grant you permission and then try again.

Diagnostic information for administrators:

Generating server: EX19MBX1.CITYHPIL.COM

Isloan@cityhpil.com

Remote Server returned '550 5.7.129 RESOLVER.RST.RestrictedToRecipientsPermission; not authorized to send to recipient because the sender isn't on the recipient's list of senders to accept mail from'

Original message headers:

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Received: from EX19MBX1.CITYHPIL.COM (10.10.10.15) by EX19MBX1.CITYHPIL.COM
 (10.10.10.15) with Microsoft SMTP Server (version=TLS1 2,
 cipher=TLS ECDHE RSA WITH AES 256 GCM SHA384) id 15.2.1118.7; Mon, 4 Jul 2022
 21:00:30 -0500
Received: from spam1.cityhpi1.com (10.10.10.55) by EX19MBX1.CITYHFIL.COM
 (10.10.10.15) with Microsoft SMTP Server (version=TLS1 2,
 cipher=TLS ECDHE RSA WITH AES 256 GCM SHA384) id 15.2.1118.7 via Frontend
Transport; Mon, 4 Jul 2022 21:00:30 -0500
X-ASG-Debuq-ID: 1656986429-0a7dff0fb0620f80001-Io0cbW
Received: from outbound-ip6lb.ess.barracuda.com (outbound-ip6lb.ess.barracuda.com
[209.222.82.238]) by spam1.cityhpil.com with ESMTP id ZX05cwV0qqVzkkio (version=TLSv1.2
cipher=ECDHE-RSA-AES128-GCM-SHA256 bits=128 verify=NO) for <lsloan@cityhpil.com>; Mon. 04
Jul 2022 21:00:29 -0500 (CDT)
X-Barracuda-Envelope-From: northshore112@nssd112.org
X-Barracuda-RBL-Trusted-Forwarder: 209.222.82.238
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[192.230.230.18]) by mx-inbound17-174.us-east-2b.ess.aws.cudaops.com (version=TLSv1.2
cipher=ECDHE-RSA-AES256-GCM-SHA384 bits=256 verify=No); Tue, 05 Jul 2022 02:00:26 +0000
Received: from smtp1-aws2-2.bbnotify.net (smtp1-aws2-2.bbnotify.net [52.4.18.203])
       by mail-relay16-csel.blackboard.com (Sentrion-MTA-4.5.7/Sentrion-MTA-4.5.7) with
ESMTPS id 265200G6024222
       (version=TLSv1.2 cipher=ECDHE-RSA-AES256-GCM-SHA384 bits=256 verify=NO);
       Tue, 5 Jul 2022 02:00:26 GMT
X-Barracuda-RBL-IP: 192,230,230.18
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X-Barracuda-Apparent-Source-IP: 192.230.230.18
X-Barracuda-BBL-IP: 192.230.230.18
Received: from ip-10-146-103-90.ec2.internal ([10.146.103.90]:41860 helo=UHURA)
        by smtp1-aws2-2.bbnotify.net with esmtp (Exim 4.89)
        (envelope-from <northshore112@nssd112.org>)
        id 108Xr7-0006eW-Be; Tue, 05 Jul 2022 02:00:01 +0000
Content-Type: multipart/alternative;
        boundary="==========2037096276302163700=="
MIME-Version: 1.0
From: =?utf-8?q?North Shore School District 112?= <northshore112@nssd112.org>
X-BatchID: =?utf-8?q?4403929?=
X-Priority: =?utf-8?q?3 =28normal=29?=
To: =?utf-8?q?North Shore School District_112_Recipients?=
        <recipients@nssdll2.parentlink.net>
X-Job-ID: =?utf-8?q?=3C20220705020000=2EUHURA=2Ec5a43052-55c4-4d4c-974f-d?=
=?utf-8?q?044519af468=2EPjOG8Q3hNz=40mail1=2Elocaldomain=3E?=
Date: Tue, 5 Jul 2022 02:00:00 +0000
Reply-To: =?utf-8?q?North Shore School District 112?=
<northshore112@nssd112.ora>
X-Mailer: =?utf-8?q?UHURA?=
Subject: =?utf-8?q?2nd D112_Community_Note_-_July_4_Tragedy?=
Message-ID: <Elo8Xr7-0006eW-Be@bbnotify.net>
X-ASG-Orig-Subj: =?utf-8?q?2nd D112 Community Note - July 4 Tragedy?=
X-BESS-ID: 1656986426-104526-5378-19967-1
X-BESS-VER: 2019.1 20220627.1822
X-BESS-Apparent-Source-IP: 192.230.230.18
X-BESS-Spam-Status: SCORE=0.00 using account: ESS51464 scores of QUARANTINE LEVEL=0.0
KILL LEVEL=6.0 tests=BSF SC0 MISMATCH TO, HTML MESSAGE
Received-SPF: pass (mx-inbound17-174.us-east-2b.ess.aws.cudaops.com: domain of
northshore112@nssd112.org designates 192.230.230.18 as permitted sender)
X-BESS-Spam-Report: Code version 3.2, rules version 3.2.2.241144 [from cloudscan21-
       215.us-east-2b.ess.aws.cudaops.com]
       Rule breakdown below
        pts rule name
                                 description
       0.00 BSF_SC0_MISMATCH_TO META: Envelope ropt doesn't match header
       0.00 HTML MESSAGE BODY: HTML included in message
X-BESS-Spam-Score: 0.00
X-BESS-BRTS-Status: 1
X-Barracuda-Connect: outbound-ip61b.ess.barracuda.com[209.222.82.238]
X-Barracuda-Start-Time: 1656986429
X-Barracuda-Encrypted: ECDHE-RSA-AES128-GCM-SHA256
X-Barracuda-URL: https://spaml.cityhpil.com:443/cgi-mod/mark.cgi
X-Barracuda-BRTS-Status: 1
X-Virus-Scanned: by bsmtpd at cityhpil.com
X-Barracuda-Scan-Msg-Size: 23249
X-Barracuda-Spam-Score: 0.00
X-Barracuda-Spam-Status: No, SCORE=0.00 using global scores of TAG LEVEL=1000.0
QUARANTINE LEVEL=2.5 KILL LEVEL=8.0 tests=BSF SC0 MISMATCH TO, HTML MESSAGE
X-Barracuda-Spam-Report: Code version 3.2, rules version 3.2.3.99161
       Rule breakdown below
        pts rule name
                                 description
        0.00 HTML MESSAGE BODY: HTML included in message 0.00 BSF_SCO_MISMATCH_TO Envelope rcpt doesn't match header
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Return-Path: northshore112@nssd112.org

Reporting-MTA: dns;EX19MBX1.CITYHPIL.COM Received-From-MTA: dns;spam1.cityhpil.com Arrival-Date: Tue, 5 Jul 2022 02:00:30 +0000

Original-Recipient: rfc822;Isloan@cityhpil.com Final-Recipient: rfc822;Isloan@cityhpil.com

Action: failed Status: 5.7.129

Diagnostic-Code: smtp;550 5.7.129 RESOLVER.RST.RestrictedToRecipientsPermission; not authorized to send to recipient because the sender isn't on the recipient's list of senders to

accept mail from

From: Sent: North Shore School District 112 < northshore 112@nssd112.org>

Monday, July 04, 2022 9:00 PM

North Shore School District 112 Recipients

To: Subject:

2nd D112 Community Note - July 4 Tragedy

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ộp protect your primary. Microsoft Office prevented automatic download of this picture from the Inte numby End Histo - July 4 Tragedy, July 46., 2022



Second Note - July 4, 2022

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North Shore School District 112 | 1936 Green Bay Road, Highland Park, IL 60035 | 224-765-3000

From:

kstone@cityhpil.com

Sent:

Monday, July 4, 2022 9:01 PM

To:

claudia.dominguez@warnermedia.com

Cc:

acivitello@cityhpil.com

Subject:

Re: CNN Inquiry

Adding Amanda.

Kim Stone Highland Park Councilwoman Kstone@cityhpil.com

On Jul 4, 2022, at 1:15 PM, Dominguez, Claudia <<u>claudia.dominguez@warnermedia.com</u>> wrote:

[EXTERNAL EMAIL]

Thank you so much and if we can get a number for her press person in case she would like to be on our air regarding the situation.

From: Stone, Kim <kstone@cityhpil.com> Sent: Monday, July 4, 2022 2:13 PM

To: Dominguez, Claudia <claudia.dominguez@warnermedia.com>

Cc: Neukirch, Ghida <gneukirch@cityhpil.com>

Subject: Re: CNN Inquiry

EXTERNAL SENDER: Caution opening links or attachments

Sharing this request with the City Manager.

Kim Stone Highland Park Councilwoman Kstone@cityhpil.com

On Jul 4, 2022, at 12:03 PM, Dominguez, Claudia <<u>claudia.dominguez@warnermedia.com</u>> wrote:

[EXTERNAL EMAIL]

Good afternoon,

I hope you are well. This is Claudia from CNN in New York. I am looking for a statement or any information you might have on the shooting that took place at the Highland Park Independence Day parade.

Thank you.

Regards, Claudia 678 906-1562 From:

kstone@cityhpil.com

Sent: To: Monday, July 04, 2022 9:01 PM Marci.Santiago@nbcuni.com

Cc:

acivitello@cityhpil.com

Subject:

Re: MSNBC Intv Req - 3p or 4p CT hour?

Adding in Amanda.

Kim Stone
Highland Park Councilwoman
Kstone@cityhpil.com

On Jul 4, 2022, at 1:18 PM, Santiago, Marci (NBCUniversal) < Marci.Santiago@nbcuni.com > wrote:

[EXTERNAL EMAIL]

Thank you for the connection Councilwoman!

Hi Manager Neukrich – if Mayor Rotering, Councilwoman Stone or any other city official is available – we'd be very grateful to have them in either the 3p or 4p CT hour with Alicia Menendez. Thank you.

From: Stone, Kim < kstone@cityhpil.com>
Sent: Monday, July 4, 2022 2:16 PM

To: Santiago, Marci (NBCUniversal) < Marci.Santiago@nbcuni.com>

Cc: Neukirch, Ghida <gneukirch@cityhpil.com>

Subject: [EXTERNAL] Re: MSNBC Intv Req - 3p or 4p CT hour?

Sharing your request with the City Manager.

Kim Stone Highland Park Councilwoman Kstone@cityhpil.com

On Jul 4, 2022, at 1:09 PM, Santiago, Marci (NBCUniversal) < <u>Marci.Santiago@nbcuni.com</u>> wrote:

[EXTERNAL EMAIL]

Hi Councilmember Stone,

Are you available to join MSNBC anchor Alicia Menendez for an interview either in the 3pm or 4p CT hour? We could conduct it by phone or via Skype/ZOOM/FaceTime. We'll discuss the latest known about the shooting and what is needed by the community.

Thank you for your time and our condolences on this horrific event.

Sincerely, Marci

Marci Santiago Pusateri

Booking Producer Deadline: White House

Mobile

Marci.Santiago@nbcuni.com

From: ejason@cityhpil.com

Sent: Monday, July 04, 2022 9:02 PM

To: gneukirch@cityhpil.com

Subject: Employee Counseling Service Available Tuesday, July 5th

Attachments: Critical Incidents- how to manage for all.pdf; What is trauma Handout All People.pdf;

Critical Incidents- Common reactions .pdf

Good evening Everyone -

Today has been an incredibly tragic day in our community. Whether you were on site or watching the news unfold from home we understand how traumatic the events of today have been on our City of Highland Park family.

First Responders Wellness Center will be on site at West Ridge Center, 636 Ridge Road at 10am, July 5 to provide trauma support and counseling to City Staff and the City Council as well as for our Government Partners. <u>All</u> team members are welcome and encouraged to attend if comfortable. Please note that the opening session at 10am is designed specifically for those that were on the scene today. Attached are three handouts that they will be going over tomorrow. Below is the schedule for services.

- 10am, West Ridge Center All team member who were at the Parade
- 11:30am, West Ridge Center All team members who were in Highland Park today
- 12:30pm and on, West Ridge Center All team members who would like additional support are encouraged to meet individually with a counselor from First Responders Wellness Center

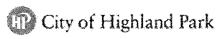
Additionally, communitywide counseling services will be taking place at the High School in a joint effort by the City, Park District, and School District 112 and 113. from 9:00 to 2:00. No appointment is necessary, but only the Vine Street entrance will be open. Anyone who is not a current District 113 student or staff member who wishes to take advantage of counseling services will need to have valid State identification to be cleared to enter the school, which is the school's standard procedure for visitors.

Human Resources will be sending out information on additional support options in the coming days.

Thank you all for your continued support,

Erin

Erin K. Jason (she/her) Assistant City Manager



1707 St Johns Avenue Highland Park, Illinois 60035 Direct: 847.926.1004

ejason@cityhpil.com

cityhpil.com





FIRST RESPONDERS

477 E. Butterfield Rd. Suite 408 Lombard Il 60148 540 Frontage Rd. #2125 Northfield, Il 60093 Main: 630-909-9094 Fax: 630-597-2583

COPING AFTER A CRITICAL INCIDENT:

- Try to slowly get back into your normal routine
- Do healthy things for your body (eat fruits, vegetables, whole grain, beans), exercise (30 min. a day), & sleep (8 hours)
- Grounding, practicing being present in the here and now (Use all 5 senses)
- Avoid excesses such as food, alcohol, shopping, gambling, exercise, etc.
- · Socialize with others & Talk about your feelings with others you trust
- Try therapy and/or spiritual counselors
- Have fun, read, play, and stay involved in your hobbies
- Volunteer or participate in other community activities to reduce isolation
- Watch comedies or look at www.sunnyskyz.com, a positive upbeat online news media
- Look at www.commonsensemedia.org for guidance on what movies, TV shows, cartoons, that could be triggering for your situation. Common sense media reports on positive message, positive role models, violence, sex, language, drinking, drugs, and smoking, and consumerism.
- Turn Media off & Take a Break: You may want to know what is happening with your critical incident, but the updates can also add distress. Consider if you truly want to know or not, if so, then give yourself time limits.

SIGNS YOU MAY NEED MORE HELP:

- Having symptoms that are getting worse or staying exactly the same since the incident.
- Difficulties with not thinking about the event and all the "what if's..."
- Depressive symptoms such as sadness, worthlessness, lack of energy, social withdrawal, low self-esteem, increase/decrease of sleep or appetite, indecisiveness, unresolved grief, and/or poor concentration
- Anxiety Symptoms such as excessive or unrealistic worry, difficulties controlling worry; physical tension (i.e. muscle tension, restlessness, shakiness); autonomic hyperactivity (i.e. heart palpitations, shortness of breath, dry mouth, nausea); hypervigilance (i.e. feeling on edge, difficulties concentrating, trouble falling or staying asleep, irritability), sadness, intrusive memories, poor sleep, anxiety, guilt, etc.
- Trauma Symptoms such as intrusive, distressing thoughts related to the traumatic incident, avoidance of reminders of the incident, detachment, hypervigilance, and arousal and distress when reminded of the incident.

- Symptoms that are negatively impacting your mood, thoughts, or daily functioning
- · Having thoughts of death, suicide, or hurting oneself
- Not being able to do your job/school or take care of oneself or significant others
- Substantial decrease or increase of sleep, food, and/or alcohol or other substances

COPING STRATEGIES:

- Tactical breathing: inhale for 3 counts, hold for 3, exhale for 3 counts to reduce stress.
- Use Calm, Headspace, or another phone app to practice guided imagery & meditation.
- Increase and use your support system. You are not alone, everyone suffers.
- Wallpaper: Put happy pictures on your phone of family or vacations for reminders of happy times
- Exercise Regularly: Gym, walk, play with kids, sports, etc.
- Move: Get out of your couch, draw, listen to music, walk around the block, visit a park or a nice view.
- Use scented candles, oils, or other fragrances that are calming at home. Consider a nice smelling air freshener in your office.
- Go to therapy and talk with a trauma counselor.
- Concentrate on what you have & appreciate it.
- Do something nice for someone else: Anything from opening a door to a smile.

SLEEP TECHNIQUES:

- Lie down to sleep only when sleepy.
- Do not use bed for any other activities like TV, reading, listening to music, etc. only for sleeping.
- Get out of bed if sleep doesn't arrive soon after retiring (approx. 30-40 min)
- Try to set a consistent sleep-wake cycle. No napping, when possible.
- Restrict excessive liquid intake prior to bed & Avoid spicy late-night snacks or any late-night eating.
- Exercise daily but not 3-4 hours before bedtime.
- Minimize or avoid caffeine, alcohol, tobacco, and any stimulants.
- Do not use caffeine or any stimulants a minimum of 4-6 hours before going to bed.
- Try to avoid TV 1-2 hours before going to bed and avoid news or other intense material prior to going to bed.
- Make the bedroom colder, use brand new sheets, and darken your room.
- Try Chamomile, Valerian Root, Lavender, or Lemon Balm Teas.
- Eat Melatonin rich foods such as pistachios, tomatoes, tart cherries, walnuts, almonds, spinach, and bananas.



FIRST RESPONDERS WELLNESS CENTER

477 E. Butterfield Rd Suite 408-10 Lombard, IL 60148 540 W Frontage Rd. Suite 2125 Northfield, IL 60093

WHAT IS TRAUMA?

A traumatic incident is when a person is exposed to an actual or threatened death, serious injury, or sexual violence in one of more of the following ways: 1) directly experience, 2) witness it, 3) learn about is occurring to a close family/friend/co-worker, 4) experienced repeated or extreme exposure to aversive details.

EVENT RISK FACTORS that increase difficulties in handling the trauma:

- 1) Unexpected
- 2) Feeling unprepared or vulnerable
- 3) Unexpected consequences
- 4) Alone of feeling of being alone
- 5) Personal history with victim/offender/witness
- 6) Increased personal/current stressors
- 7) Current substance abuse or mental illness
- 8) Intentional act committed by another
- 9) Being near, highly exposed, and spending a long duration near or in the trauma
- 10) Victim is a child or vulnerable population
- 11) Man-made incident
- 12) Atrocity, brutal, or shocking
- 13) Victim or witness of multiple traumas
- 14) Inability to find any meaning or reason
- 15) Feeling that you did not handle the incident well

What you can do:

- 1) Understand common trauma reactions & that there is not something wrong with you
- 2) Talk with others who are safe/Increase your social support/Be with others
- 3) Name your emotions & acknowledge them
- 4) Expect unwanted emotions (i.e., crying spells, anxiety in crowds)
- 5) Grief can take a long time; give yourself time to recover.
- 6) Do not judge yourself negatively, you survived! Accept that you have feelings—feelings are not wrong,
 - only what you do with your feelings can be wrong. You have a right to feel both negative and positive emotions.
- 7) Do not immerse yourself in the trauma, limit your exposure, when possible, avoid a lot of
 - media and social media.
- 8) Try to get back into your normal routine slowly.
- 9) Use deep breathing, meditation, yoga, or other things that are calming to you.

- 10) Self-care: Eat healthy, prioritize sleep, shower, etc.
- 11) Exercise12) Do what you enjoy, if you are happy that does not suggest you are okay with what occurred.

FIRST RESPONDERS WELLNESS CENTER

Critical Incidents- Common Reactions

Most common distortions of the traumatic event are:

- Distortion of time-(time sped up or slowed down)
- Sensory distortions- (i.e. tunnel vision, hearing changes, etc.)
- Perceptual or Behavioral Distortions- (i.e. Objects change size)
- Sense of helplessness-Limited choices
- "Fight/Flight/Freeze" response
- Disturbance in memory- sometimes our memory gives us "tunnel memory"
- Hyperarousal/Hypoarousal- heightened awareness of our surroundings or constriction of our perception
- Replaying the incident in your head (what ifs)

After a trauma an individual may feel:

- Detached
- · Shock and disbelief
- Anxiety, nervousness
- Pre-occupied with thoughts about the incident
- Angry, resentful
- Highly sensitive to others
- Guilt/Guilt for not feeling guilty
- · Blaming others

- Hypervigilant, more so in public
- Unexpected emotions
- Relief
- Proud, Happy
- Exhilaration
- Acceptance/Resolution
- Feelings of Isolation
- Feelings that change or may conflict
- Scared/Afraid, particularly in social settings

After traumatic incidents individuals may exhibit increased emotions/bodily sensations such as:

Changes in appetite and/or sleep

Nausea and stomachaches

Anxiety and/or Depression

· Changes in sexual function or libido

• Flashbacks of the incident

· Anger, irritability

• Intrusive memories

Crying/Unexpected crying

Headaches

Weakness/Fatigue

Muscle Tension/Twitches

Poor concentration/Forgetfulness

Daymares/nightmares

Low frustration tolerance

Avoiding things related to the incident

Hypersensitivity & abrupt mood changes

Any emotions or changes can occur and are normal, but they should lessen over time. If your symptoms start to increase and/or impact your day to day living, then please call a mental health professional.

Call FRWC at 1-630-909-9094 or email <u>info@firstresponderswellnesscenter.com</u> or find a police and public safety therapist.

From:

Banks, Kelse < KBanks@lakecountyil.gov>

Sent:

Monday, July 4, 2022 9:02 PM

To:

egirona@cityhpil.com

Cc:

Dillon, Benjamin

Subject:

Re: Crimo Car SW

Attachments:

HP - car - SW - July 4 shooting Crimo.pdf

[EXTERNAL EMAIL]

Hopefully this works better

Kelse Banks

Assistant State's Attorney Felony Review Division Lake County State's Attorney's Office

From: Banks, Kelse

Sent: Monday, July 4, 2022 8:55 PM

To: egirona@cityhpil.com <egirona@cityhpil.com> Cc: Dillon, Benjamin <BDillon@lakecountyil.gov>

Subject: Crimo Car SW

Attached please find the SW for Crimo's car.

Best,

Kelse Banks

Assistant State's Attorney Felony Review Division Lake County State's Attorney's Office From:

kstone@cityhpil.com

Sent:

Monday, July 4, 2022 9:03 PM

To:

acivitello@cityhpil.com

Subject:

Fwd: Donations for today's victims

Not communications, but fyi.

Kim Stone Highland Park Councilwoman Kstone@cityhpil.com

Begin forwarded message:

From: Danielle Sharfman

Date: July 4, 2022 at 2:20:11 PM CDT

To: Mayor and City Council < council@cityhpil.com>

Subject: Fwd: Donations for today's victims

[EXTERNAL EMAIL]

Please see below that I shared with Mayor Rotering as well.

https://gofund.me/d5e92771

Begin forwarded message:

From: Danielle Sharfman

Date: July 4, 2022 at 2:10:49 PM CDT

To: nrotering@cityhpil.com

Subject: Donations for today's victims

Nancy,

Please see below for a GoFundMe link. I have organized this to raise money for the victims and families of todays' mass shooting. I will coordinate with your office on how to distribute donations accordingly.

I am hoping these funds can be used to support those with medical bills not covered by insurance, funeral costs for those killed and mental health support for their families.

Thank you,

Danielle Sharfman

From: Sent: kstone@cityhpil.com

Monday, July 04, 2022, 9:03 PM

To:

Subject:

Re: Donations for today's victims

Thanks.

Kim Stone Highland Park Councilwoman Kstone@cityhpil.com

On Jul 4, 2022, at 2:20 PM, Danielle Sharfman

wrote:

[EXTERNAL EMAIL]

Please see below that I shared with Mayor Rotering as well.

https://gofund.me/d5e92771

Begin forwarded message:

From: Danielle Sharfman

Date: July 4, 2022 at 2:10:49 PM CDT

To: nrotering@cityhpil.com

Subject: Donations for today's victims

Nancy,

Please see below for a GoFundMe link. I have organized this to raise money for the victims and families of todays' mass shooting. I will coordinate with your office on how to distribute donations accordingly.

I am hoping these funds can be used to support those with medical bills not covered by insurance, funeral costs for those killed and mental health support for their families.

Thank you, Danielle Sharfman From: kstone@cityhpil.com

Sent: Monday, July 4, 2022 9:03 PM

To: acivitello@cityhpil.com

Subject: Fwd: VictimsFirst: Best Practices (Guide) for Mass Shootings

Attachments: BEST PRACTICES LEARNED OVER YEARS OF MASS

CASUALTYCRIME.Updated6.25.2022.pdf

May be helpful.

Kim Stone Highland Park Councilwoman Kstone@cityhpil.com

Begin forwarded message:

From: Zachary Blair <zachary@victimsfirst.org>

Date: July 4, 2022 at 1:28:48 PM CDT

To: "Rotering, Nancy" <nrotering@cityhpil.com>, "Jogmen, Lou" ljogmen@cityhpil.com>, cityhp <cityhp@cityhpil.com>, Fire <Fire@cityhpil.com>, Police <Police@cityhpil.com>, "Neukirch, Ghida" <gneukirch@cityhpil.com>, "Civitello, Amanda" <acivitello@cityhpil.com>, "Schrage, Joe" <ischrage@cityhpil.com>, "Fontane, Joel" <ifontane@cityhpil.com>, "Later, Charmain" <clater@cityhpil.com>, "Bonaguidi, William" <WBonaguidi@cityhpil.com>, "O'Neill, Joe" <JONeill@cityhpil.com>, info@repbobmorgan.com, ILSenate29@gmail.com, pfrank@lakecountyil.gov, srummel@lakecountyil.gov, "Blumberg, Tony" <ablumberg@cityhpil.com>, "Holleman, Michelle" <mholleman@cityhpil.com>, "Lidawer, Annette" <alidawer@cityhpil.com>, "Stolberg, Adam" <astolberg@cityhpil.com>, "Stone, Kim" <kstone@cityhpil.com>, "Tapia, Andres" <atapia@cityhpil.com>, kaitlin fahey@duckworth.senate.gov, benjamin rhodeside@duckworth.senate.gov, cameron joost@duckworth.senate.gov, clarisol duque@durbin.senate.gov, jasmine hunt@durbin.senate.gov, pat souders@durbin.senate.gov, jessica.bernton@mail.house.gov, Greg.Claus@mail.house.gov, casey.oshea@mail.house.gov Cc: Anita Busch <anita@victimsfirst.org>, David Bilu <david@victimsfirst.org>, Amanda Bean <amanda@victimsfirst.org>, Javier Nava <javier@victimsfirst.org>

Subject: VictimsFirst: Best Practices (Guide) for Mass Shootings

[EXTERNAL EMAIL]

Dear Mayor, Officials, Leaders, and First Responders,

We are so sorry for everyone experiencing the mass shooting today in Highland Park. We are a national network of mass shooting families and community members who have worked behind the scenes on over 34 mass shootings across the United States.

Attached is Best Practices for Mass Casualty Crime, the only trauma-informed, victim-centric guide in the country to help you organize/navigate while not re-victimizing those most directly impacted.

It is also available here: https://www.victimsfirst.org/bestpractices

We will be starting a centralized victims fund—as we have in Uvalde, Buffalo, and multiple prior mass shootings—to help ensure 100% of what is donated goes directly to victims.

We are standing by if you need us or have any questions.

Thank you,

Dr. Zachary Blair Vice President VictimsFirst 706-VICTIMS (842-8467) http://www.victimsfirst.org facebook.com/victimsfirstalways



BEST PRACTICES/NATIONAL GUIDELINES LEARNED OVER YEARS OF MASS CASUALTY CRIMES

We – our network of families from other mass shootings over many years – have repeatedly gone in after mass shootings to advocate for victims who are too traumatized to speak for themselves and to help counties, cities and states understand what is actually needed for victims and how best to help. This best practices/national guidelines list has been put together in order to help you.

After a mass shooting, your community will become a circus of media, well-wishers, gun violence prevention (gvp) groups, those wanting TV exposure to promote their own organization for fundraising opportunities, self-described "experts" also wanting media attention, and inappropriate calls for museum archiving for temporary memorials before family members are even buried. You will also be inundated with calls from community nonprofits from other mass shootings offering their "help." Depending on the nonprofit, what they will tell you may result in the re-traumatization and re-victimization of those suffering most.

Typically, people think that federal and/or state victim agencies help to take care of things, and while helpful, they don't even scratch the surface of what is actually needed. Here is what we learned from the Victim/Survivor perspective to help you while making sure that victims are not re-victimized:

FUNDRAISING:

-- Immediately establish one, centralized fund and make certain that 100% of the donations collected from Americans/Corporations/Donors worldwide actually go DIRECTLY TO the victims/survivors. We -- over 130 parents of murdered children, those injured and those who survived from Columbine, Va Tech, NIU, Tucson, Aurora, Oak Creek Sikh Temple, Newtown, Alturas, Santa Barbara (Isla Vista), Roseburg, San Bernardino, Orlando Pulse Night Club, Las Vegas as well as one of the 9/11 fathers who worked with Sen. Ted Kennedy to make sure victims were compensated – have already established and/or endorsed this centralized fund called The National Compassion Fund via the National Center for Victims of Crime. The Fund is designed to take care of ALL victims: families of the deceased, those shot, injured and those who survived.

This helps to end the decades of re-victimization and makes sure donor intent is actually fulfilled. Money collected through other funds usually go everywhere but to the victims themselves. It also helps to eliminate fraud and keep victim privacy. (Note: Historically about 10% of donations won't be able to be verified so keep that in mind).

The NCF exists solely to distribute tax-deductible donations to victims of mass tragedy. The Fund activates when a mass tragedy happens, collects donations, distributes those funds directly to the victims and then closes down -- until the next mass tragedy occurs. We encourage this Fund to stay open until after the one-year mark.

-- Establish a credible, point person/s to birddog non-profits to expose fraudulent funds and report them to law enforcement. This should be immediately done by the State Attorney General's office who oversees this kind of thing. Manage fundraising *immediately*.

- --Be transparent about what the funds will be used for. This has been accomplished in the past by setting up two funds: One for Victims and the other for Community needs.
- --Do not just automatically set up funds for Scholarships or Memorials without speaking to the family members of the deceased for whom it's for. Do the victims' families want that done? What would they like done?
- -- Issue an Immediate release of emergency funds directly to victims (usually the state victim compensation fund can do this). We suggest \$5K immediately once victims are all identified. Let them know help is coming. Incomes for some families have been cut in half. Stress comes also in the form of not knowing how they are going to pay bills while out of work and from belongings (like personal belongings phones, etc. -- being confiscated during the investigation).

FUNERALS:

- -- A point person is needed to connect victims with the Office of Victims Assistance (and VOC in their states) that can help with burial expenses (typically, victims have not known about this in the past and neither have many victim advocates) and help them fill out any paperwork. PTSD takes hold right away and filling out paperwork can be overwhelming. Let families know that it is available to help financially; that helps to alleviate stress.
- **This should be done for the entire victim base, not only families of the deceased. Here are state victim comp offices: http://www.nacvcb.org/index.asp?sid=6
- -- Provide security at funeral services and establish national guidelines for communities to follow when protestors (such as the Westboro Baptist Church) wish to make a media event out of a private day of mourning. Establish minimum distances and proximity requirements to ensure that funeral services are not desecrated.
- -- Pact immediately with hotel and airlines and Uber/Lyft to help families who must fly in to identify their loved ones bodies or be at their hospital bedside.

MEDIA/COMMUNICATION:

- -- Provide interpreters
- -- Make sure there are trauma specialists who can be on call 24/7.
- -- NoNotoriety Policy. Make sure First Responders and Politicians (ANYONE deemed to speak to the media) are all on the same page, focusing on the victims and heroes and not the shooter. Teach people about media sensitivity not only for <u>public safety</u> reasons but to stop re-victimizing victims. There IS a proven contagion effect and copycats or threats will definitely follow. <u>www.nonotoriety.com</u>
- -- Make sure all key first responders (law enforcement) have cell phone numbers of city and community leaders and vice versa. **Designate one or two competent people to organize** all of this for the sake of the victims and communities.
- --Language is important and the words someone uses can be very re-victimizing to those directly impacted. For instance, using the word "lost" when referring to a child so violently ripped from one's family. Family members shot and killed were not "lost." They were murdered, taken from our families, lives stolen, stolen from us.

Similarly with the use of 'anniversary' of the shooting. It is nothing to celebrate and many prefer using the words "year mark" as in the first year-mark.

After a mass shooting, never say, "It could have been worse." For families of the deceased, it can get no worse.

Avoid the word "healing" because for families of the deceased, there is only the path of learning how to cope and manage the trauma.

- -- Assist families/survivors in controlling the use of images of the deceased. Frequently, media outlets and fundraising groups will gather images of the victims from the internet and use them without consent of the owners of those images. Misuse of images of the victims re-victimizes the survivors and disrespects the deceased. Again, much of this can be avoided by having approved images released through the wire services for use by news media outlets.
- -- Have victim advocates assist families of the deceased/injured also with putting together a statement for the press about their loved one. While in horrible grief, we have been hounded in the past by the media to do this and if not done, the media puts up their own information, thereby revictimizing victims' families yet again.
- -- Provide professional Communications person to help victims with the crushing amount of media and groups reaching out to try to get to the victims. There is simply no way for them to sift through any of it. The scope is beyond comprehension.
- -- Give victims the option of being able to talk to other families of the deceased and survivors of past mass casualty crimes so you can have questions answered by those who know, who have lived through it, and be prepared for what will be experienced in both the short-term and long-term. Victim advocates, while well-meaning, can add more stress and others who have been through these tragedies who have the experience and knowledge, understanding and sensitivity, should work in conjunction with advocates to reduce stress. Usually the FBI creates a wall. *That is the opposite of what should be happening.*
- -- Have victims from previous mass casualty crimes work with politicians and those in the community so the proper words and language are used when speaking to and about victims of crime. Make sure they have the proper pronunciations of names of the deceased. (For example, those who are deceased are not "lost" rather they were murdered, shot and killed, taken).
- -- A name and number from both federal and local law enforcement to each family for other issues that always arise (stalking, death threats, bullying on social media, fraudulent victims funds, conspiracy theorists, violation of privacy issues, and many others such as how to remove your home address and phone number from Internet people search sites or remove fraudulent social media accounts).
- -- After the mass casualty crime, property will be confiscated. This creates its own issues for victims in regards to needing phones, medical equipment, etc. After the investigation, property will be returned. For families of the deceased, it is an excruciatingly hard day. If there is a trial, it will be longer. But, please coordinate with trauma specialists for survivors on these days.

SCHOOL CHILDREN:

- Local School District/Principal should be aware that it is re-victimizing for families to have their deceased loved ones immediately purged out of the school's files. Offer to talk to each family – either directly or through the victim's advocate – to see what their individual wishes are. Some want to gather up their children's or loved ones records.

In addition, certain activities designed to create a perception of safety for returning survivors (such as the presence of increased armed security personnel, active shooter drills and clear backpacks) have added to, not reduced, feelings of trauma and victimization for students.

- -- Bereavement counselors and trauma specialists for schoolchildren and teachers in schools both directly inside the community impacted and indirectly in neighboring communities when needed. It will be a scary time for both children and teachers/adults whether the shooting/terrorist attack impacted them directly or not.
- -- Behavioral health programs should be proactive, not reactive, in nature. Many children may not recognize the need to seek care, particularly teenagers. In addition, seeking care may be challenged by stigma, fear, availability of resources and payments. The goal of the school and community programs should be proactive and long-term in nature and include population-based screening, navigation to appropriate, individualized services and management of progress over time.
- Of utmost importance is having an alternative for school kids who are so traumatized that they are not sure they can finish their education. We need something to help them (We have seen kids go from straight A's to C's and the school gives no alternative to finish their education). There are K12 programs already in 33 states. There are also Independent Study programs at schools.

HOW POLITICIANS CAN TRULY HELP:

- --Work with D.A/Coroner's office to keep autopsy photos and reports from being made public. It should be up to the individual families as there are other siblings, relatives, etc. that are also impacted.
- -- **ASK the families what THEY want** instead of doing what city officials want. In one incident, only a week to 10 days after the shooting, families were *unbelievably* asked if they wanted to attend a memorial inside the building of their loved ones killing ground. Oftentimes, memorials, scholarships and city events are set up without knowledge or any input from the families themselves. This is the opposite of what should be happening.
- -- Work to get Priority Processing of SSA for victim/survivors who are deemed unable to work for life as a result of a mass casualty crime.
- Work to extend Medicare, Medicaid and CHIP for those who need it a year after the final appointment at the hospital for medications, supplies and care for those shot and trying to heal.
- -- In the past, hospitals have generously absorbed the initial bills of the victims (thereby relieving overwhelming stress). The city or state should reach out to see if this is possible.
- -- Make sure cities immediately apply for federal and state grants for mental health. There are MULTI-MILLION dollar grants that can come in later.
- Point people for the victim base to make Worker Comp claims (if applicable) go smoothly so victims aren't denied crucial medical care and medications (which happened in San Bernardino).

HOW BUSINESSES CAN TRULY HELP:

-- Immediate point people on the victim contingent side and community side who can work together to find and fulfill short-term help (childcare, pet care, getting groceries, shoveling sidewalks, mowing lawns, help filling out forms and a host of other vital, day-to-day help that most people don't even think about). Businesses in the community often want to offer help.

- -- Coordination of efforts between businesses wanting to give gift cards to the families and the need ... they will flood in from everywhere. If it is high-profile, letters will flood in as well for the victims.
- Help victims/survivors find disability accessible housing, transportation, etc. (see below)
- -- Medical Supply store gift cards.

FIRST RESPONDERS:

- -- Make sure victims can connect with First Responders who helped them if they want. It can help all involved.
- -- Bring in other First Responder brothers and sisters who have been through similar incidents so those uniformed who have been traumatized have emotional support. Medical teams need the same.

OTHER ISSUES:

Meal Trains

When organizing meal trains for victims and/or family members, it is important to keep addresses private and off the Internet for public consumption for the sake of the victim bases' safety. In Parkland, we found multiple times that people would sign up to "help" for meal trains with an ulterior motive to gain the victims' families and survivors' addresses for their own personal gain. To avoid this, we had multiple volunteers set up on a nightly basis to truly help on the meal train. We had a volunteer pick up from the restaurant, then hand the food off to another person Authorized by the families to have the home address and deliver the food to the location. This maintains privacy.

-- Ambulance chasing lawyers will always come in. Make sure that families know there are lawyers at the NCVC and elsewhere who can provide free consultation until they find their own lawyer.

"Resiliency Centers"

This can be a bone of contention for those directly impacted as victims watch hundreds of thousands of dollars poured into establishing a "Resiliency Center" while they themselves cannot pay bills. Victims directly impacted should be asked if they want this. Also, there is a real concern for those out of state who cannot partake of the Center and then watch their portion of donations meant for them go into a building, sometimes that costs upwards of \$1 million.

Museums

Directly impacted communities may be immediately contacted by museum curators in the aftermath of a mass shooting who will encourage the collection of items from temporary memorials. It is often done even before families have a chance to bury their children, which we find disrespectful.

Allow families and survivors to bury their children and later lead the conversation of any memorialization, scholarships, benches, and remembrance when *they* are ready. First foremost, respect the victims' families wishes.

The intent behind objects left at temporary memorials, usually outdoors, is part of the collective grieving process. The first consideration should always be the physical, emotional, spiritual, and financial needs of victims—those directly impacted by a mass shooting.

If local communities seek to document the temporary memorials, make sure that the families, not museum curators, are allowed to chose what they would like to keep from those public memorials, first and foremost.

We find it extremely distasteful to try to create a tourist attraction off the murders of our loved ones.

SOCIAL MEDIA:

- Establish one website where victims/survivors can immediately go to get information.
- -- Establish a social media presence so those in the community can send messages of love to the victims. Love to Aurora. Love to Orlando. Love to Las Vegas. Love to Parkland. Love to Santa Fe. It helps to actually see that others care.

WHAT CITY OFFICIALS/MEDICAL TEAMS NEED TO KNOW FOR THOSE CATASTROPHICALLY INJURED:

- --Victims face multiple surgeries over years. Some want to try Stem-cell treatment. Pain management is a big need.
- -- Possible future amputations.
- --Repeated trips to ER (sometimes the fear is greater than the problem)

THERE WILL BE A NEED FOR:

- -- Prosthetics
- --Reclining wheelchairs so the stress is off the body and patients won't get sores.
- --Pressure relief mattresses/beds (one that is easy to get out of so that has the adjustable bed bases, which are costly).
- --New and/or Accessible Housing (if they rent) or help with moving homes, packing, unpacking OR changes to existing housing to make it handicap accessible (which includes ramps, widening doors, lowering countertops, etc., and changing the carpet to allow the wheelchairs to move more easily over them).

We were able to get the local **Home Depot** to help us behind the scenes in Aurora as well as a local realtor to help along with construction workers who agreed to help one of the most injured survivors.

- --Handicapped accessible vans are <u>very important</u>, transportation to and from rehabilitation sessions (in many mass shootings, it is hard to find vans for our victims and they are very expensive).
- --HOMECARE and the expense that comes with that. Some victims will not be able to be left alone and, in fact, I would suggest they are not left alone as the nightmares are severe. That usually falls on the family, but it exhausts an already traumatized family member. Everything from getting groceries to getting to and from doctor offices, etc.
- --Colostomy bags and the expense that comes with changing those out all the time.
- --Physical therapy costs can be very high because often it last years and many of the places don't take Medicare.

- --As they heal, some may need specially equipped cars for handicap accessible driving. They will want this power to heal mentally as well.
- --Medical Supply store GIFT CARDS would help as some of those expenses are not covered by Medicare. Wheelchairs are very expensive and transportation is outrageously priced (i.e. vans).
- --Pain management help from nerve pain.
- --Cognitive problems so help filling out the simplest of forms (hence, help needed filling out Medicare forms from friends or family or medical workers).
- --Speech therapist help or learning to communicate differently (brain injured will find this).
- --Mental support, especially if their family is small or they are far from home.
- --PTSD issues

Big problem afterwards for catastrophically injured is finding employment that can actually SUSTAIN A LIFE as employers don't really want to hire a person that they know will have ongoing medical issues and those for the badly disabled don't provide a living wage.

*** Physical wounds and/or overwhelming grief are compounded by the lack of coordination and sensitivity after mass casualty crimes and it truly needs to change. Emotional wounds are real wounds. Our families care about ALL victims. ***

LONGER TERM LEGISLATIVE ISSUES:

Establish a Mass Casualty Act National Protocol encompassing all things covered here.

Extend Medicare for those who need it a year after the final appointment at the hospital for medications, supplies and care for those shot and trying to heal.

Mandate Priority Processing of SSA for victim/survivors who are deemed unable to work for life as a result.

Deem Mass Casualty Crimes Victims as a class.

Last updated, May 2022

From: kstone@cityhpil.com

Sent: Monday, July 04, 2022 9:04 PM

To: francesca.hoffman@warnermedia.com

Cc: ben.finley@warnermedia.com; acivitello@cityhpil.com

Subject: Re: CNN Erin Burnett OutFront - Interview request for 7/5 / Councilmember Kim

Stone

Thanks for reaching out to me. Forwarding your request to City communications staff.

Kim Stone Highland Park Councilwoman Kstone@cityhpil.com

On Jul 4, 2022, at 2:25 PM, Hoffman, Francesca < francesca.hoffman@warnermedia.com > wrote:

[EXTERNAL EMAIL]

Hello,

I'm a producer with Erin Burnett OutFront -- I'm sorry to be reaching out under such sad circumstances.

We would like to request an interview with you tomorrow, in the 7 PM ET hour, to provide an update to viewers on the Highland Park shooting that occurred today.

I can assist with logistics. Please reach me here or at the cell below.

We are keeping your community in our thoughts.

Thank you, Francesca

__

Francesca Giuliani Hoffman

CNN

Mobile:

Desk: 212-275-7519

From: Sent: kstone@cityhpil.com

Monday, July 04, 2022 9:08 PM

To:

Subject:

Fwd: A Centralized Victims Fund Has Been Created: Highland Park, IL Parade Shooting Victims Fund

FYI in case you want to coordinate.

Kim Stone Highland Park Councilwoman Kstone@cityhpil.com

Begin forwarded message:

From: "Stone, Kim" < kstone@cityhpil.com>
Date: July 4, 2022 at 8:15:50 PM CDT

To: Zachary Blair < zachary@victimsfirst.org>

Subject: Re: A Centralized Victims Fund Has Been Created: Highland Park, IL Parade

Shooting Victims Fund

Dr. Blair.

Thank you for sharing such useful information. I've been overwhelmed with messages today, and yours has been one of the few that is truly helpful.

Kim

Kim Stone Highland Park Councilwoman Kstone@cityhpil.com

On Jul 4, 2022, at 4:43 PM, Zachary Blair <zachary@victimsfirst.org> wrote:

[EXTERNAL EMAIL]

Everyone,

WE, VICTIMSFIRST, ARE FAMILIES OF PREVIOUS MASS SHOOTINGS.

VictimsFirst has opened the **Highland Park, IL Parade Shooting Victims Fund** on GoFundMe so that every penny donated goes Directly 100% to the families of the deceased and those wounded in Highland Park, IL. Here: https://gofund.me/fcd18d5b

We have done after several other mass shootings -- including for the recent mass shootings in Buffalo (where we have collected about \$240K) and Uvalde (where we have collected \$6.8M+ to date and are working on the ground with the local community)

We launched immediately to protect Highland Park famlies directly impacted from fraud and exploitation which often happens after mass tragedies. We have all experienced it ourselves. Please let your staff know. We are letting politicians there know as well.

We don't want what we've seen happen elsewhere, including in Waukesha after the parade, happen in Highland Park. I was born and raised in Southern Illinois and worked for years in Chicago. Other families in our national network whose children have been murdered in a mass shooting are also Illinoisans.

Warmly,

Dr. Zachary Blair Vice President VictimsFirst 706-VICTIMS (842-8467) http://www.victimsfirst.org facebook.com/victimsfirstalways From:

kstone@cityhpil.com

Sent: To: Monday, July 04, 2022 9:09 PM david.c.goodman@warnermedia.com

Cc:

acivitello@cityhpil.com

Subject:

Re: CNN - URGENT INTERVIEW REQUEST

Thanks for reaching out to me. Forwarding your request to City communications staff.

Kim Stone Highland Park Councilwoman Kstone@cityhpil.com

On Jul 4, 2022, at 5:03 PM, Goodman, David david.c.goodman@warnermedia.com wrote:

[EXTERNAL EMAIL]

Hi there,

David at CNN here. If any of you are interested in coming on CNN to talk about the shooting, please call me ASAP at 332-213-6775.

Best,

David Goodman CNN | Editorial Producer Twitter - @davidgoodmanTV Phone – (332) 213-6775

cearle@cityhpil.com

Sent:

Monday, July 04, 2022 9:12 PM

To:

Subject:

Re: worried about our seniors

Hi sue,

Thanks for checking in. I have not heard anything from our members yet, but I'm hoping everyone is safe too. I will let you know if I hear anything about any of our members.

Hope you are enjoying Michigan as much as you can under the circumstances.

See you next week!

--Christina

Get Outlook for iOS

From: Suzanne Hock

Sent: Monday, July 4, 2022 12:16:34 PM
To: Earle, Christina < cearle@cityhpil.com >
Subject: worried about our seniors

[EXTERNAL EMAIL]

So sorry to bother you on a holiday. But hearing the news today, I am so worried about our sweet seniors and so hope all are ok. I know that some may have decided to attend the Parade in HP today.

I know I can't do anything at this time but keep me posted if you find out about any of them.

Praying all are well.

In spite of all of this, I hope you and yours have had a nice holiday, Sue

kstone@cityhpil.com

Sent:

Monday, July 4, 2022 9:12 PM

To:

Subject:

Re: Robert Crimo Info

Thanks

Kim Stone Highland Park Councilwoman Kstone@cityhpil.com

On Jul 4, 2022, at 5:40 PM,

wrote

[EXTERNAL EMAIL]

https://youtube.fandom.com/wiki/Awake

I found this about Robert Crimo

Regards,

Ray Finfer

Sent:

Monday, July 4, 2022 9:12 PM

To:

cityhp@cityhpil.com; Mayor Nancy Rotering

Subject:

Re: Special eNews: Message from Mayor Rotering

[EXTERNAL EMAIL]

Thank you for all that you did today. I wish you the best.

Ray

Sent from Yahoo Mail on Android

On Mon, Jul 4, 2022 at 8:48 PM, City of Highland Park <cityhp@cityhpil.com> wrote:

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July 4, 2022



Message from Mayor Rotering

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The attack prompted an immediate and well-coordinated response from multiple law enforcement agencies at the Federal, State, County, and local levels. A suspect, Robert "Bobby" Crimo III (age 22 of Highwood, III.) was identified and a massive manhunt ensued.

At approximately 6:30 p.m., the suspect was apprehended on Route 41 at Westleigh Road. He was taken into custody without incident and is currently being processed through the Highland Park Police Department.

Throughout the day we have received offers of support and resources from public officials and agencies including President Biden. Fellow mayors have reached out from across the country, many who lead communities that have experienced this pain and tragedy. We thank Governor J.B. Pritzker, Senator Richard Durbin, Senator Tammy Duckworth, Congressman Brad Schneider, Illinois State Senator Julie Morrison, and Illinois State Representative Bob Morgan for coming to support our community and for providing every available resource.

I want to thank our first responders for their bravery and extraordinary efforts today. Our police and firefighters saved countless lives with their responses — running into danger and taking immediate action to save others. We are grateful for these selfless acts. We know there were members of our community who rendered aid and assistance as well, and we thank each and every one of you for those efforts.

I also want to acknowledge and thank numerous agencies for their support including American Red Cross, World Central Kitchen, Lakeshore Country Club, Northmoor Country Club, Soul and Smoke food truck, Catering by Michaels, Northern Illinois Critical Incident Stress Management, local clergy and many other individuals and agencies have stepped up to provide food and support for our first responders. We are grateful for their generosity.

Our community, like so many before us, is devastated. It's impossible to imagine the pain of this kind of tragedy until it happens in your backyard. Gun violence - a mass shooting such as this casts a much wider net of agony than what the public is typically exposed to; it's a crisis that devastates entire families and communities in a single moment and we know will take time to heal.

Tomorrow the President will order our flags to fly at half-mast, and many public programs have been canceled. Please check with your camps and activities to see if they are operating. In the days and weeks ahead we will come together as a community to mourn and begin the path of healing. I will share more information as it is available.

Road and Business Closures

Numerous roads will remain closed in central downtown Highland Park for the FBI investigation, and many businesses will remain closed. The area closure spans Laurel Avenue from First Street to Elm Place and Green Bay Road from First Street to Elm Place (map below). Detours will be established, but please limit your travel only to essential business in Highland Park. The City is reaching out to business owners to share information, and will work with them to reopen as soon as possible.

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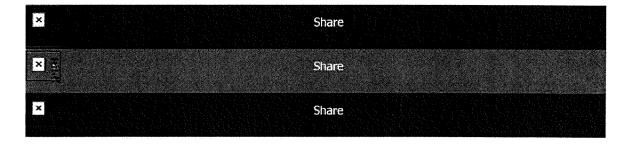
Counseling Resources

A <u>coordinated effort</u> is also being made to provide crisis counseling to anyone in need. The City of Highland Park, District 112, District 113, and the Park District will have counselors available at Highland Park High School, 433 Vine Ave., for community members in need of assistance, tomorrow from 9:00 AM to 2:00 PM. No appointment is necessary. The Vine Ave. entrance will be open and anyone who wishes to take advantage of counseling services will need to have a valid driver's license or student ID to be cleared to enter the school.

The theme of this year's parade was community -- and while we are hurting -- we know that we will come together and support each other, as we always do, in difficult times. We are Highland Park strong.

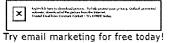
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Nancy R. Rotering, Mayor City of Highland Park, IL



City of Highland Park | 1707 St. Johns Avenue, Highland Park, IL 60035

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From: Ray Finfer Sent:

Monday, July 4, 2022 9:12 PM

To: cityhp@cityhpil.com; Mayor Nancy Rotering Subject: Re: Special eNews: Message from Mayor Rotering

[EXTERNAL EMAIL]

Thank you for all that you did today. I wish you the best. Ray

Sent from Yahoo Mail on Android

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View as Webpage	July 4, 2022	XXXXXX		

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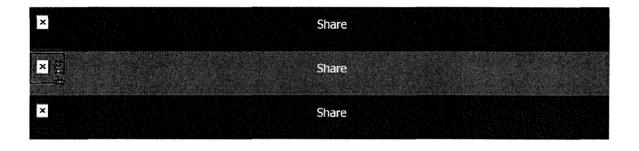
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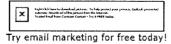


Nancy R. Rotering, Mayor City of Highland Park, IL



City of Highland Park | 1707 St. Johns Avenue, Highland Park, IL 60035

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Don Shonk ◀

Sent: To: Subject: Monday, July 04, 2022 9:12 PM

police@cityhpil.com

Shooting

[EXTERNAL EMAIL]

Look how dumb are you the 22 year old you said did that parade shooting did not do it because that was a skilled sniper and these kids are not smart enough to know the velocity of a bullet or gun don't be a victim to a dumb ass Democrat.

kstone@cityhpil.com

Sent:

Monday, July 4, 2022 9:13 PM

То:

francesca.hoffman@warnermedia.com

Cc:

acivitello@cityhpil.com

Subject:

Re: CNN Erin Burnett OutFront - Interview request for 7/5 / Councilmember Kim Stone

Thanks for reaching out to me. Forwarding your request to City communications staff.

Kim Stone
Highland Park Councilwoman
Kstone@cityhpil.com

On Jul 4, 2022, at 2:25 PM, Hoffman, Francesca < francesca.hoffman@warnermedia.com > wrote:

[EXTERNAL EMAIL]

Hello,

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I can assist with logistics. Please reach me here or at the cell below.

We are keeping your community in our thoughts.

Thank you,

Francesca

Francesca Giuliani Hoffman

CNN

Mobile:

Desk: 212-275-7519

kstone@cityhpil.com

Sent:

Monday, July 4, 2022 9:14 PM

To:

acivitello@cityhpil.com

Subject:

Fwd: Possible appearance on America Reports today, Monday, 7/5?

Kim Stone Highland Park Councilwoman Kstone@cityhpil.com

Begin forwarded message:

From: "Stephan, Theodore" < Theodore. Stephan@fox.com>

Date: July 4, 2022 at 12:28:39 PM CDT

To: "Stephan, Theodore" < Theodore. Stephan@fox.com>

Subject: Possible appearance on America Reports today, Monday, 7/5?

[EXTERNAL EMAIL]

Councilmember:

I was wondering--would you be available to join Fox News Live with Rich Edson and Alicia Acuna today, Monday, 7/4 between 12PM – 3PM Central time?

We would like to discuss the shooting in Highland Park.

Please let me know. We could do this via Skype, FaceTime or Phoner.

Very best.

Ted

Ted Stephan

Booker, America Reports with Sandra Smith and John Roberts Fox News Channel 1211 Avenue of the Americas, 2nd Floor New York, NY 10036

Mobile:

This message and its attachments may contain legally privileged or confidential information. It is intended solely for the named addressee(s). If you are not an addressee indicated in this message (or responsible for delivery of the message to an addressee), you may not copy or deliver this message or its attachments to anyone. Rather, you should permanently delete this message and its attachments and kindly notify the sender by reply e-mail. Any content of this message and its attachments that does not relate to the official business of Fox Corporation, or its subsidiaries

must be taken not to have been sent or endorsed by any of them. No representation is made that this email or its attachments are without defect.

Cynthia Borys

Sent:

Monday, July 04, 2022 9:15 PM

To:

Later, Charmain

Subject:

Re: Special eNews: Message from Mayor Rotering

[EXTERNAL EMAIL]

very moving competent message...i'm imagining you're drafted to be working on arranging to carry out what she's outlined.

On Mon, Jul 4, 2022 at 9:50 PM Later, Charmain < clater@cityhpil.com > wrote:

Begin forwarded message:

From: City of Highland Park < cityhp@cityhpil.com>

Date: July 4, 2022 at 8:48:38 PM CDT

To: "Later, Charmain" < clater@cityhpil.com>

Subject: Special eNews: Message from Mayor Rotering

Reply-To: cityhp@cityhpil.com

[EXTERNAL EMAIL]

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Committee Control press

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July 4, 2022

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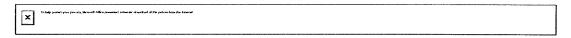
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Road and Business Closures

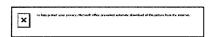
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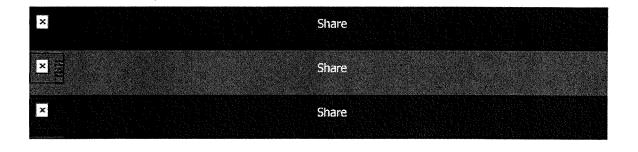
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Nancy R. Rotering, Mayor City of Highland Park, IL

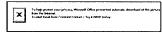


City of Highland Park | 1707 St. Johns Avenue, Highland Park, IL 60035

Unsubscribe clater@cityhpil.com

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Try email marketing for free today!

From: NAM < Monday, July 4, 2022 9:15 PM

To: Curran, Sean; ahyndman@cityhpil.com
Subject: Re: Updated 4th of July Event Volunteers

Attachments: image004.png; image001.png; image003.png; image005.png; image002.png

[EXTERNAL EMAIL]

Sean and Amy,

My heart is with you both and the whole HPPD team. So proud of our police department's commitment to the safety and well-being of our community.

Nancy

On Mon, Jul 4, 2022 at 8:00 PM Curran, Sean < scurran@cityhpil.com > wrote:

Hi everyone,

I don't even know what to write to you all at this point, but I am incredibly proud of everyone and happy you are all safe. When this occurred, I was walking in the parade, stopping at all of our CERT posts. I immediately was in full swing into locating the offender and was responsible for leading the investigation by HP and a liaison to the FBI and Lake County Major Crime Task Force. I talked with David throughout the day and informed him he would have to take charge, and he did a great job.

I understand this is a traumatic event, and I will plan a debriefing soon. I don't know when because this is a massive investigation. But I will stay in touch; please don't hesitate to use the before-mentioned resources.

Sean

From: Hyndman, Amy <ahyndman@cityhpil.com>

Sent: Monday, July 4, 2022 6:46 PM

To: Curran, Sean < scurran@cityhpil.com>; 'Anne Violanti' < santa a sa

; 'Brad Kramer' ; 'Bruce Rosenberg'; 'Cheryl Busscher'; 'Chick Stern' ; 'Dan Bricker'; 'Dan Bric

'Daniel Lidawer' ; 'Dave Rothschild' ; 'Ducarmel Albana'; 'Eddie Litke';

'Eddie Rush' (George Slominski'); 'George Slominski'

; 'Jamie Santucci'; 'Jason Sims'

n>; 'Jay DeGarmo' < ; 'Jeff Wyke'
; 'Jeffrey Pine' ; 'Jerry Aufox'; 'Jerry Aufox'; 'John
Doherty'; 'John Theodosakis' (John Chaet'
; 'Josh Olian' < ; 'Kathy LaMorte' >;
'Katie Faletti' Kris Byrnes' Kris Byrnes@graphicpkg.com'; 'Leslie Neilan'
; 'Lou Shapiro' (Marc Rush');
'Marvin Sabido' <>; 'Merle Branner' <>; 'Michael Baim'
, 'Nancy McEntee' , 'Norman Greenberg'
>; 'Rachel Heyman' <
'Richard Nelson' < roy@promosusb.com >; 'Roy Filinson' < roy@promosusb.com >; 'Ryan Werner'
; 'Shane Selig' ; 'Steve Amiel' >
'Steve Rachman' < steve.rachman@marcusmillichap.com>; 'Thomas Ochs' < steve.rachman@marcusmillichap.com'>;
'Thomas Perrella' < tom@thomasperrella.com >; 'Tim Benton' < >; 'William Roth'
>; 'Duke Wang' ; 'Gurv Anand'
< Gurv@amberinsuranceservices.com>; , , , , , , , , , , , , , , , , , , ,
; Cameron, Gerald <gcameron@cityhpil.com>;</gcameron@cityhpil.com>

Cc: Plazas, Cynthia <<u>cplazas@cityhpil.com</u>>
Subject: Re: Updated 4th of July Event Volunteers

Hi everyone,

Today's tragic event has shaken us all. You are all part of the HPPD family and I want you to know we have resources if you need them. Cynthia Plazas is our PD Social Worker and is available if you need someone to talk to.

Please reach out to Sean and/or I if you need anything. We also have a peer support team and resources that have a crisis line of members all over the country if you need that as well.

Sincerely,

Amy

Amy Hyndman 122

Police Officer p Highland Park Police Department 1677 Old Deerfield Rd Highland Park, IL 60035 847-432-7730

From: Curran, Sean

Sent: Thursday, June 30, 2022 1:27:47 PM

To: 'Anne Violanti'; 'Barbara Rosenthal'; 'Brad Kramer'; 'Bruce Rosenberg'; 'Carolyn Cerf'; 'Cheryl Busscher'; 'Chick Stern'; 'Dan Bricker'; 'Daniel Lidawer'; 'Dave Rothschild'; 'Ducarmel Albana'; 'Earl Slavin'; 'Eddie Litke', 'Eddie Rush'; 'Gary Greenberg'; 'George Slominski'; 'Jamie Santucci'; 'Jason Sims'; 'Jay DeGarmo'; 'Jeff Wyke'; 'Jeffrey Pine'; 'Jerry Aufox'; 'John Doherty'; 'John Theodosakis'; 'Josh Chaet'; 'Josh Olian'; 'Kathy

LaMorte'; 'Katie Faletti'; 'Kris Byrnes'; 'Leslie Neilan'; 'Lou Shapiro'; 'Marc Rush'; 'Marvin Sabido'; 'Merle Branner'; 'Michael Baim'; 'Nancy McEntee'; 'Norman Greenberg'; 'Rachel Heyman'; 'Reynold Tung'; 'Richard Nelson'; 'Roy Filinson'; 'Ryan Werner'; 'Shane Selig'; 'Steve Amiel'; 'Steve Rachman'; 'Thomas Ochs'; 'Thomas Perrella'; 'Tim Benton'; 'William Roth'; 'Duke Wang'; 'Gurv Anand';

; Hyndman, Amy;

Cameron, Gerald;

Cc: Hyndman, Amy; Cameron, Gerald; O'Neill, Chris; Gallagher, Sean

Subject: Updated 4th of July Event Volunteers

Hi everyone thank you very much for volunteering, attached are the 4th of July event assignments.

Parade:

George will bring IRV to library for our roll call at 9AM

George will hand out radios

Steve Rachman will be the parade incident commander

Quick roll call and respond to assignments by 9:15AM

George will bring IRV to Sunset Woods Park where he will be in charge of radio communication and will have a HPPD radio to transmit pertinent information between CERT and HPPD

At the conclusion of the parade Jeff Pine will assign two bicycle team members (please have backpacks) to retrieve radios from our CERTS at traffic posts – Nancy & Steve will await their radios to be picked up at Central and First and Norm & John at Central & McGovern.

Radios will be returned to George at the IRV at Sunset Park

4th Fest, Sunset Park 10:30AM to 2PM

Meet at IRV at 10:30 and retrieve radios

Bruce Rosenberg will be the incident commander for this 4th Fest

Dave will relieve George at noon

At 2PM return radios to IRV

Dave will return IRV to HPPD

Dave Rothchild will be incident commander and deploy IRV

Attend briefing and retrieve your radio

Dave will be in charge of communication and have a HPPD radio

Incident Commander will assign team to assist with traffic, patrol, and parking lot assignments

Dave return IRV to HPPD

Please drink plenty of water, we will have water and ice on the IRV for each event.

From: Curran. Sean Sent: Thursday, June 30, 2022 11:02 AM To: 'Anne Violanti' ◀ ; 'Barbara Rosenthal' Kramer' : 'Bruce Rosenberg' : 'Carolyn Cerf' ; 'Cheryl Busscher' 🕩; 'Chick Stern' ⋖ : 'Dan : 'Daniel Lidawer' < ▶: 'Dave Rothschild' >: 'Ducarmel Albana' : 'Earl Slavin' : 'Eddie Litke' <</p> 🖈; 'Eddie Rush' 🖛 t>; 'George Slominski' < Greenberg' < ; 'Jamie Santucci' ; 'Jason Sims' : 'Jay DeGarmo' 🕨; 'Jeffrey Pine' 🚄 ; 'Jeff Wyke' : 'Jerry Aufox' ; 'John Doherty' ; 'John Theodosakis' >; 'Josh Chaet' >; 'Josh Olian' 🚄 'Kathy LaMorte' ; 'Katie Faletti' 1 ; 'Kris Byrnes' <Kris.Byrnes@graphicpkg.com>; 'Leslie Neilan' : 'Lou Shapiro' 🖚>; 'Marc Rush' 🖛 ■'Marvin Sabido' >; 'Merle Branner' : 'Michael Baim' , 'Nancy McEntee' ◀ ; 'Norman Greenberg' 📺 'Reynold Tung' 🐗 : 'Rachel Heyman' 'Richard Nelson' >; 'Roy Filinson' <roy@promosusb.com>; 'Ryan Werner' ; 'Shane Selig' >: 'Steve Amiel' 'Steve Rachman' < steve.rachman@marcusmillichap.com>; 'Thomas Ochs' : 'William Roth' 'Thomas Perrella' <tom@thomasperrella.com>; 'Tim Benton' < ; 'Duke Wang' 🛳 ; 'Gurv Anand' <Gurv@amberinsuranceservices.com>; ; Hyndman, Amy <a href="mailto:<a href="mailt

Cc: Hyndman, Amy <ahyndman@cityhpil.com>; Cameron, Gerald <gcameron@cityhpil.com>; O'Neill. Chris

<<u>CONeill@cityhpil.com</u>>; Gallagher, Sean <<u>sgallagher@cityhpil.com</u>> **Subject:** 4th of July

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At 2PM return radios to IRV

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Fireworks, HPPD Roll Call Room at 7PM (gate code is



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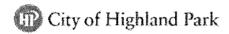
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Dave return IRV to HPPD

Please drink plenty of water, we will have water and ice on the IRV for each event.

Sean Curran

Investigations Sergeant



Police Department 1677 Old Deerfield Rd Highland Park, Illinois 60035

Main: 847.432.7730 Direct: 847.926.1119 Fax: 847.433.0180

surran@cityhpil.com cityhpil.com



kstone@cityhpil.com

Sent:

Monday, July 4, 2022 9:19 PM

To: Cc: nyja.greene@warnermedia.com acivitello@cityhpil.com

Subject:

Re: Please Read- CNN trying to reach you regarding the parade shooting in Highland

Park, IL- Please call me soonest on my cell phone at

Contact: Nyja

Greene

Looping in communications staff.

Kim Stone Highland Park Councilwoman Kstone@cityhpil.com

On Jul 4, 2022, at 7:47 PM, Greene, Nyja <nyja.greene@warnermedia.com> wrote:

[EXTERNAL EMAIL]

Good evening. Re-sending this email in case either of you can join us for a live five minute interview between 9am ET-11am ET. (8amCT-10am CT) on Tuesday, July 5, 2022?

Please advise. Sincerely, Nyja Greene, CNN Editorial Producer, Cell phone:

From: Greene, Nyja

Sent: Monday, 4 July 2022 4:15 PM

To: Stone, Kim <kstone@cityhpil.com>; Neukirch, Ghida <gneukirch@cityhpil.com>

Subject: RE: Please Read- CNN trying to reach you regarding the parade shooting in Highland Park, IL-

Please call me soonest on my cell phone at Contact: Nyja Greene

I sent her one also. Are you able to join?

From: Stone, Kim < kstone@cityhpil.com>
Sent: Monday, 4 July 2022 4:12 PM

To: Greene, Nyja <nyja.greene@warnermedia.com>; Neukirch, Ghida <gneukirch@cityhpil.com> Subject: Re: Please Read- CNN trying to reach you regarding the parade shooting in Highland Park, IL-

Please call me soonest on my cell phone at Contact: Nyja Greene

EXTERNAL SENDER: Caution opening links or attachments

Thanks for reaching out. Sharing this email with the City Manager.

Kim Stone

Highland Park Councilwoman Kstone@cityhpil.com

On Jul 4, 2022, at 2:41 PM, Greene, Nyja <<u>nyja.greene@warnermedia.com</u>> wrote:

[EXTERNAL EMAIL]

Dear Councilmember Kim Stone,

Good afternoon. First and foremost I am so sorry for what happened at the Highland Park, IL parade shooting today. Were you at the parade? Do you know anyone who was at the parade? I'm hoping that you will be willing to join us for a live 5-6 minute interview on Tuesday, July 5th during our 9am ET (8am CT), or 10am ET (9am CT) our virtually via Cisco or Skype, or if we have a live camera near you? Again, I'm so sorry that this happened in your community today.

Please call me asap on my cell phone at Sincerely, Nyja Greene, CNN Editorial Producer

From: Sent: Park District of Highland Park <info@pdhp.org>

Monday, July 04, 2022 9:19 PM

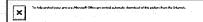
rsabo@cityhpil.com

To: Subject:

Joint Community Message: Highland Park Strong

[EXTERNAL EMAIL]

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Joint Community Message

July 4, 2022

Highland Park Strong: Grieving Together as a Community

Together, the City of Highland Park, the Park District of Highland Park, Highland Park High School / Township High School District 113, and North Shore School District 112 are grieving for the victims and the families of the horrific shooting today at what should have been a happy and joyous celebration.

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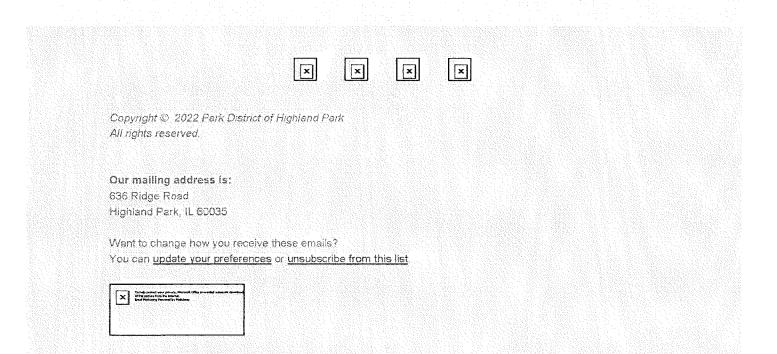
Counseling professionals will be available tomorrow for students, staff and community members at Highland Park High School (433 Vine Ave.) from 9:00 to 2:00. No appointment is necessary, but only the Vine Street entrance will be open. Anyone who is not a current District 113 student or staff member who wishes to take advantage of counseling services will need to have a valid driver's license to

be cleared to enter the school, which is the school's standard procedure for visitors to the school.

###

Media Contact:

Amanda Civitello, City of Highland Park acivitello@cityhpil.com



From: Park District of Highland Park <info@pdhp.org>

Sent: Monday, July 4, 2022 9:19 PM

To: acardiff@cityhpil.com

Subject: Joint Community Message: Highland Park Strong

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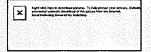
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acivitello@cityhpil.com/



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From: Park District of Highland Park <info@pdhp.org>

Sent: Monday, July 4, 2022 9:19 PM To:

nrotering@cityhpil.com

Subject: Joint Community Message: Highland Park Strong

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Joint Community Message

July 4, 2022

Highland Park Strong: Grieving Together as a Community

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Amanda Civitello, City of Highland Park acivitello@cityhpil.com









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From: Park District of Highland Park <info@pdhp.org>

Sent: Monday, July 04, 2022 9:19 PM

To: across@cityhpil.com

Subject: Joint Community Message: Highland Park Strong

[EXTERNAL EMAIL]

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Joint Community Message

July 4, 2022

Highland Park Strong: Grieving Together as a Community

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Amanda Civitello, City of Highland Park
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From: Sent: To: Park District of Highland Park <info@pdhp.org> Monday, July 04, 2022 9:19 PM chersch@cityhpil.com

Subject:

Joint Community Message: Highland Park Strong

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July 4, 2022

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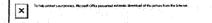
Sent: Monday, July 04, 2022 9:19 PM

To: jdotson@cityhpil.com

Subject: Joint Community Message: Highland Park Strong

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July 4, 2022

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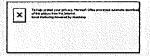
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Sent: Monday, July 4, 2022 9:19 PM

To: Ifrey@cityhpil.com

Subject: Joint Community Message: Highland Park Strong

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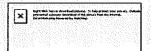
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acivitello@cityhpil.com



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From: Park District of Highland Park <info@pdhp.org>

Sent: Monday, July 4, 2022 9:19 PM

To: acivitello@cityhpil.com

Subject: Joint Community Message: Highland Park Strong

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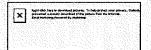
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From: Park District of Highland Park <info@pdhp.org>

Sent: Monday, July 4, 2022 9:19 PM

To: mrosen@cityhpil.com

Subject: Joint Community Message: Highland Park Strong

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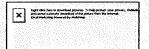
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From: Park District of Highland Park <info@pdhp.org>

Sent: Monday, July 4, 2022 9:19 PM

To: gneukirch@cityhpil.com

Subject: Joint Community Message: Highland Park Strong

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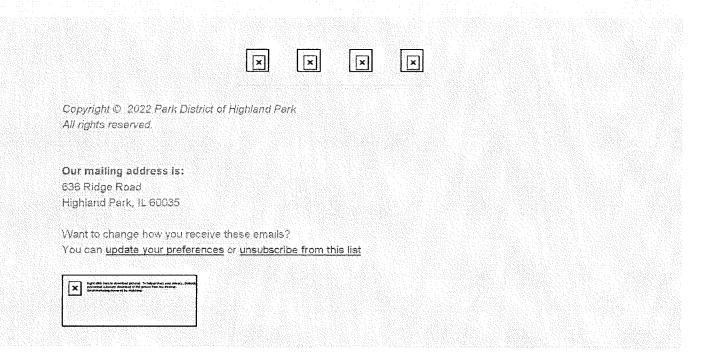
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acivitello@cityhpil.com /



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To:

Park District of Highland Park <info@pdhp.org>

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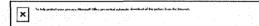
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Subject:

Joint Community Message: Highland Park Strong

[EXTERNAL EMAIL]

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Joint Community Message

July 4: 2022

Highland Park Strong: Grieving Together as a Community

Together, the City of Highland Park, the Park District of Highland Park, Highland Park High School / Township High School District 113, and North Shore School District 112 are grieving for the victims and the families of the horrific shooting today at what should have been a happy and joyous celebration.

Highland Park is a strong community, closely knit with shared values, priorities, and partnerships that were so clearly evident among the organizations, individuals, businesses, and entertainers participating in our parade today. As we grieve together as a community, we need to support each other as a community. In the aftermath of this unthinkable tragedy, we are stronger together.

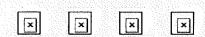
Counseling professionals will be available tomorrow for students, staff and community members at Highland Park High School (433 Vine Ave.) from 9:00 to 2:00. No appointment is necessary, but only the Vine Street entrance will be open. Anyone who is not a current District 113 student or staff member who wishes to take advantage of counseling services will need to have a valid driver's license to

be cleared to enter the school, which is the school's standard procedure for visitors to the school.

###

Media Contact:

Amanda Civitello, City of Highland Park
acivitello@cityhpil.com

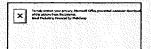


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From:

Park District of Highland Park <info@pdhp.org>

Sent:

Monday, July 4, 2022 9:19 PM

To: Subject: jmorris@cityhpil.com
Joint Community Message: Highland Park Strong

[EXTERNAL EMAIL]

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Joint Community Message

July 4, 2022

Highland Park Strong: Grieving Together as a Community

Together, the City of Highland Park, the Park District of Highland Park, Highland Park High School / Township High School District 113, and North Shore School District 112 are grieving for the victims and the families of the horrific shooting today at what should have been a happy and joyous celebration.

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###

Media Contact:

Amanda Civitello, City of Highland Park acivitello@cityhpil.com









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Sent: Monday, July 4, 2022 9:20 PM

To: cglasco@cityhpil.com

Subject: Immaculate Conception/St. James July 5 Mass Update

[EXTERNAL EMAIL]





The Tuesday July 5th morning Mass at St. James has been cancelled due to the tragic events at the Highland Park parade on the 4th of July.

Please plan to join us for a bilingual Mass of Peace and Healing at 7pm on Tuesday, July 5th at Immaculate Conception Church.

This Mass will be celebrated by Cardinal Blase J. Cupich,

Bishop Jeffrey Grob and Father Hernan Cuevas.

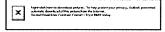


May the Lord of mercy embrace in love those who have died, bring healing to the wounded, comfort to their loved ones, and courage to all of us, so that we may respond to this tragedy united as God's children to build a path to safety and peace.

 Cardinal Blase J. Cupich Archbishop of Chicago

Immaculate Conception Parish | 770 Deerfield Road, Highland Park, IL 60035

Unsubscribe cglasco@cityhpil.com Update Profile | Constant Contact Data Notice Sent by parishmanager@icparish.org powered by



From:
Sent:
Monday, July 04, 2022 9:23 PM
Scurran@cityhpil.com;

Kris.Byrnes@graphicpkg.com;

Kris.Byrnes@graphicpkg.com;

Gurv@amberinsuranceservices.com;

Gurv@amberinsuranceservices.com;

; gcameron@cityhpil.com;

Cc:

cc:

cc:

cc:

cc:

dayndman@cityhpil.com

Monday, July 04, 2022 9:23 PM

Monday, July 0

Subject: Re: Updated 4th of July Event Volunteers

Just a note...if you are out and about tonight and/or tomorrow where the media is, please remember as an agent of the city, it is not appropriate to comment on any questions. If anyone asks you questions, please refer them to city hall.

Thanks again for your hard work.

Amy

Amy Hyndman 122

Police Officer p Highland Park Police Department 1677 Old Deerfield Rd Highland Park, IL 60035 847-432-7730

From: Curran, Sean

Sent: Monday, July 4, 2022 8:00:06 PM

To: Hyndman, Amy; 'Anne Violanti'; 'Barbara Rosenthal'; 'Brad Kramer'; 'Bruce Rosenberg'; 'Carolyn Cerf'; 'Cheryl Busscher'; 'Chick Stern'; 'Dan Bricker'; 'Daniel Lidawer'; 'Dave Rothschild'; 'Ducarmel Albana'; 'Earl Slavin'; 'Eddie Litke'; 'Eddie Rush'; 'Gary Greenberg'; 'George Slominski'; 'Jamie Santucci'; 'Jason Sims'; 'Jay DeGarmo'; 'Jeff Wyke'; 'Jeffrey Pine'; 'Jerry Aufox'; 'John Doherty'; 'John Theodosakis'; 'Josh Chaet'; 'Josh Olian'; 'Kathy LaMorte'; 'Katie Faletti'; 'Kris Byrnes'; 'Leslie Neilan'; 'Lou Shapiro'; 'Marc Rush'; 'Marvin Sabido'; 'Merle Branner'; 'Michael Baim'; 'Nancy McEntee'; 'Norman Greenberg'; 'Rachel Heyman'; 'Reynold Tung'; 'Richard Nelson'; 'Roy Filinson'; 'Ryan Werner'; 'Shane Selig'; 'Steve Amiel'; 'Steve Rachman'; 'Thomas Ochs'; 'Thomas Perrella'; 'Tim Benton'; 'William Roth'; 'Duke Wang'; 'Gurv Anand'; 'January 'Language Rachman'; 'January 'Language Rachman'; 'John Theodosakis', 'Tim Benton'; 'William Roth'; 'Duke Wang'; 'Gurv Anand'; 'January 'Language Rachman'; 'January 'Language

planting; Cameron, Gerald;

Cc: Plazas, Cynthia

Subject: RE: Updated 4th of July Event Volunteers

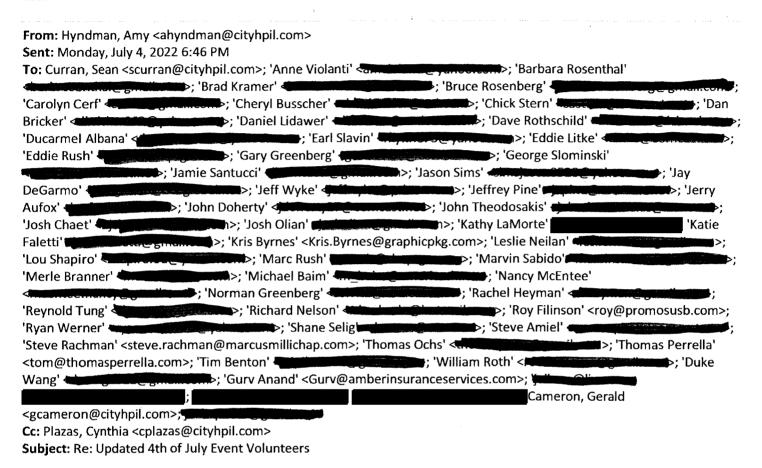
Hi everyone,

I don't even know what to write to you all at this point, but I am incredibly proud of everyone and happy you are all safe. When this occurred, I was walking in the parade, stopping at all of our CERT posts. I immediately was in full swing into locating the offender and was responsible for leading the investigation by HP and a liaison to the FBI and Lake County Major

Crime Task Force. I talked with David throughout the day and informed him he would have to take charge, and he did a great job.

I understand this is a traumatic event, and I will plan a debriefing soon. I don't know when because this is a massive investigation. But I will stay in touch; please don't hesitate to use the before-mentioned resources.

Sean



Hi everyone,

Today's tragic event has shaken us all. You are all part of the HPPD family and I want you to know we have resources if you need them. Cynthia Plazas is our PD Social Worker and is available if you need someone to talk to.

Please reach out to Sean and/or I if you need anything. We also have a peer support team and resources that have a crisis line of members all over the country if you need that as well.

Sincerely,

Amy

Amy Hyndman 122

Police Officer p Highland Park Police Department 1677 Old Deerfield Rd Highland Park, IL 60035 847-432-7730 From: Curran. Sean

Sent: Thursday, June 30, 2022 1:27:47 PM

To: 'Anne Violanti'; 'Barbara Rosenthal'; 'Brad Kramer'; 'Bruce Rosenberg'; 'Carolyn Cerf'; 'Cheryl Busscher'; 'Chick Stern'; 'Dan Bricker'; 'Daniel Lidawer'; 'Dave Rothschild'; 'Ducarmel Albana'; 'Earl Slavin'; 'Eddie Litke'; 'Eddie Rush'; 'Gary Greenberg'; 'George Slominski'; 'Jamie Santucci'; 'Jason Sims'; 'Jay DeGarmo'; 'Jeff Wyke'; 'Jeffrey Pine'; 'Jerry Aufox'; 'John Doherty'; 'John Theodosakis'; 'Josh Chaet'; 'Josh Olian'; 'Kathy LaMorte'; 'Katie Faletti'; 'Kris Byrnes'; 'Leslie Neilan'; 'Lou Shapiro': 'Marc Rush'; 'Marvin Sabido'; 'Merle Branner'; 'Michael Baim'; 'Nancy McEntee'; 'Norman Greenberg': 'Rachel Heyman'; 'Reynold Tung'; 'Richard Nelson'; 'Roy Filinson'; 'Ryan Werner'; 'Shane Selig'; 'Steve Amiel'; 'Steve Rachman'; 'Thomas Ochs'; 'Thomas Perrella'; 'Tim Benton'; 'William Roth'; 'Duke Wang'; 'Gury Anand'; 'Marie Benton'; 'Marie Ben

Hyndman, Amy; Cameron, Gerald;

Cc: Hyndman, Amy; Cameron, Gerald; O'Neill, Chris; Gallagher, Sean Subject: Updated 4th of July Event Volunteers

Hi everyone thank you very much for volunteering, attached are the 4th of July event assignments.

Parade:

George will bring IRV to library for our roll call at 9AM

George will hand out radios

Steve Rachman will be the parade incident commander

Quick roll call and respond to assignments by 9:15AM

George will bring IRV to Sunset Woods Park where he will be in charge of radio communication and will have a HPPD radio to transmit pertinent information between CERT and HPPD

At the conclusion of the parade Jeff Pine will assign two bicycle team members (please have backpacks) to retrieve radios from our CERTS at traffic posts - Nancy & Steve will await their radios to be picked up at Central and First and Norm & John at Central & McGovern.

Radios will be returned to George at the IRV at Sunset Park

4th Fest, Sunset Park 10:30AM to 2PM

Meet at IRV at 10:30 and retrieve radios Bruce Rosenberg will be the incident commander for this 4th Fest Dave will relieve George at noon At 2PM return radios to IRV Dave will return IRV to HPPD

Fireworks, HPPD Roll Call Room at 7PM (gate code is

Dave Rothchild will be incident commander and deploy IRV Attend briefing and retrieve your radio

Dave will be in charge of communication and have a HPPD radio

Incident Commander will assign team to assist with traffic, patrol, and parking lot assignments

Dave return IRV to HPPD

Please drink plenty of water, we will have water and ice on the IRV for each event.

From: Curran, Sean

Sent: Thursday, June 30, 2022 11:02 AM

To: 'Anne Violanti' ; 'Barbara Rosenthal >; 'Brad Kramer' >; 'Bruce Rosenberg' < >; 'Carolyn Cerf' : 'Chervl Busscher' ➡; 'Chick Stern' ◀ 📭; 'Dan Bricker' 🛊 >; 'Daniel ; 'Dave Rothschild' 🦣 ⇒; 'Ducarmel Albana' Lidawer' ◀

<u> </u>	>; 'Earl Slavin' <	; Eddie Litke	; 'Eddie Rush'
	; 'Gary Greenberg'	'Seorge Slominski' <	; 'Jamie
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'Jeff Wyke'	; 'Jeffrey Pine'	m>; 'Jay DeGarmo' (; 'Jerry Aufox' ('John Doherty'
	; 'John Theodosakis'	>; 'Josh Chaet'	>; 'Josh
Olian'	>; 'Kathy LaMorte'	'Katie Faletti'	; 'Kris
Byrnes' < Kris. Byr	rnes@graphicpkg.com>; 'Leslie Neilan' <	; 'Lou Shapiro'	j
'Marc Rush'	; 'Marvin Sabido' <	; 'Merle Branne	r' ()
'Michael Baim' ⊲	>; 'Nancy McEn	itee' ; 'Norm	nan Greenberg'
Control of the State of Control	'Rachel Heyman'	'Reynold Tung'	; 'Richard Nelson'
	; 'Roy Filinson' < <u>roy@promo</u> s	susb.com>; 'Ryan Werner'	>; 'Shane
Selig'	>; 'Steve Amiel'	; 'Steve Rachman'	
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Cc: Hyndman, Ar	ny < <u>ahyndman@cityhpil.com</u> >; Cameroi	n, Gerald <gcameron@cityhpil.com>; O'Ne</gcameron@cityhpil.com>	eill, Chris
<coneill@cityhn< td=""><td>oil.com>: Gallagher, Sean <sgallagher@c< td=""><td>ityhpil.com></td><td></td></sgallagher@c<></td></coneill@cityhn<>	oil.com>: Gallagher, Sean <sgallagher@c< td=""><td>ityhpil.com></td><td></td></sgallagher@c<>	ityhpil.com>	

Subject: 4th of July

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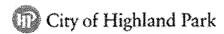
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Sean Curran

Investigations Sergeant



Police Department 1677 Old Deerfield Rd Highland Park, Illinois 60035

Main: 847.432.7730 Direct: 847.926.1119 Fax: 847.433.0180

surran@cityhpil.com cityhpil.com







From: kstone@cityhpil.com

Sent: Monday, July 04, 2022 9:23 PM

Cc: acivitello@cityhpil.com

Subject: Re: BBC RADIO "TODAY" show - Polite request for an interview about the SHOOTING

AT THE PARADE...

Kim Stone Highland Park Councilwoman Kstone@cityhpil.com

On Jul 4, 2022, at 6:54 PM,

wrote:

[EXTERNAL EMAIL]

Dear Mayor Rotering

I am getting in touch from the BBC's main UK news show, "Today".

I know the suspect in the terrible shooting at the Independence Day parade is still at large, and that media probably isn't the top priority right now.

But we wondered whether you might consider recording a short interview with us later today that we could broadcast tomorrow morning?

It would be about the impact the shooting has had on your community – and the shock, presumably, of the attack.

Because of the time difference, we would hope to record something at around 10:15pm your time.

We could do the interview via FaceTime audio, Skype or Zoom, and it would take about 5 minutes.

Do you think this is something that might be possible for you?

Kind regards

Ann

Ann Hepburn | producer Today | BBC Radio 4 | @BBCr4today https://www.bbc.co.uk/news Newsdesk: + 44 20 3614 1222

Mobile:

From: Sent: kmccaulou@cityhpil.com Monday, July 4, 2022 9:24 PM

To: Subject:

Fwd: Special eNews: Message from Mayor Rotering

Sent from my iPhone

Begin forwarded message:

From: City of Highland Park <cityhp@cityhpil.com>

Date: July 4, 2022 at 8:49:07 PM CDT

To: "McCaulou, Kristi" kmccaulou@cityhpil.com Subject: Special eNews: Message from Mayor Rotering

Reply-To: cityhp@cityhpil.com

[EXTERNAL EMAIL]



View as Webpage

July 4, 2022







Message from Mayor Rotering

Today was the bloodiest day that we have ever experienced in Highland Park. This morning at approximately 10:14 AM a shooter opened fire with an assault weapon on a crowd attending our 4th of July parade. We know at this time that

six individuals lost their lives and at least 24 were injured. Our hearts go out to the victims, families, and our community.

The attack prompted an immediate and well-coordinated response from multiple law enforcement agencies at the Federal, State, County, and local levels. A suspect, Robert "Bobby" Crimo III (age 22 of Highwood, III.) was identified and a massive manhunt ensued.

At approximately 6:30 p.m., the suspect was apprehended on Route 41 at Westleigh Road. He was taken into custody without incident and is currently being processed through the Highland Park Police Department.

Throughout the day we have received offers of support and resources from public officials and agencies including President Biden. Fellow mayors have reached out from across the country, many who lead communities that have experienced this pain and tragedy. We thank Governor J.B. Pritzker, Senator Richard Durbin, Senator Tammy Duckworth, Congressman Brad Schneider, Illinois State Senator Julie Morrison, and Illinois State Representative Bob Morgan for coming to support our community and for providing every available resource.

I want to thank our first responders for their bravery and extraordinary efforts today. Our police and firefighters saved countless lives with their responses -- running into danger and taking immediate action to save others. We are grateful for these selfless acts. We know there were members of our community who rendered aid and assistance as well, and we thank each and every one of you for those efforts.

I also want to acknowledge and thank numerous agencies for their support including American Red Cross, World Central Kitchen, Lakeshore Country Club, Northmoor Country Club, Soul and Smoke food truck, Catering by Michaels, Northern Illinois Critical Incident Stress Management, local clergy and many other individuals and agencies have stepped up to provide food and support for our first responders. We are grateful for their generosity.

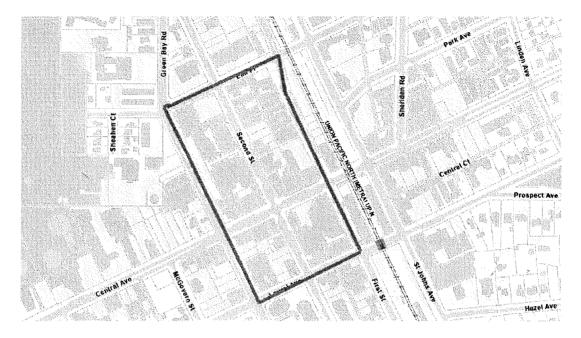
Our community, like so many before us, is devastated. It's impossible to imagine the pain of this kind of tragedy until it happens in your backyard. Gun violence - a mass shooting such as this casts a much wider net of agony than what the public is typically exposed to; it's a crisis that devastates entire families and communities in a single moment and we know will take time to heal.

Tomorrow the President will order our flags to fly at half-mast, and many public programs have been canceled. Please check with your camps and activities to see if they are operating. In the days and weeks ahead we will come together as a community to mourn and begin the path of healing. I will share more information as it is available.

Road and Business Closures

Numerous roads will remain closed in central downtown Highland Park for the

FBI investigation, and many businesses will remain closed. The area closure spans Laurel Avenue from First Street to Elm Place and Green Bay Road from First Street to Elm Place (map below). Detours will be established, but please limit your travel only to essential business in Highland Park. The City is reaching out to business owners to share information, and will work with them to reopen as soon as possible.



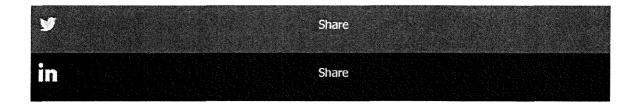
Counseling Resources

A <u>coordinated effort</u> is also being made to provide crisis counseling to anyone in need. The City of Highland Park, District 112, District 113, and the Park District will have counselors available at Highland Park High School, 433 Vine Ave., for community members in need of assistance, tomorrow from 9:00 AM to 2:00 PM. No appointment is necessary. The Vine Ave. entrance will be open and anyone who wishes to take advantage of counseling services will need to have a valid driver's license or student ID to be cleared to enter the school.

The theme of this year's parade was community -- and while we are hurting -- we know that we will come together and support each other, as we always do, in difficult times. We are Highland Park strong.

Nancy R. Rotering, Mayor City of Highland Park, IL.

nany R. Paring



City of Highland Park | 1707 St. Johns Avenue, Highland Park, IL 60035

<u>Unsubscribe kmccaulou@cityhpil.com</u>

<u>Update Profile | Constant Contact Data Notice</u>

Sent by cityhp@cityhpil.com in collaboration with



From:

Dan Weinberger <

Sent:

Monday, July 04, 2022 9:25 PM nrotering@cityhpil.com

Subject:

Grieving and Remembering

[EXTERNAL EMAIL]

Monday July 4, 2022

Dear Mayor Rotering,

This morning from the relative safety of my Buffalo Grove home, the emails started to arrive from fellow members of a Men's Club "MEL", many of whole reside in Highland Park.

"There was a shooting at the Highland park parade...."

As the day proceeded and community after community cancelled events planned for today, my wife and I listened to radio coverage and the immediacy of the terror and horror grew. As long term residents in the area, we have many friends in many communities of the northwest suburbs.

TV coverage of downtown relentlessly showed the empty lawn chairs.

Tonight some of our HP friends joined us in a planned July 4 celebration, but it was a debrief, a "how could this happen?" and our questions were interrupted by 'breaking news' "Person of Interest captured"... A relief, and a subsequent TV broadcaster said "downtown Highland park is still closed and people can not yet take their lawn chairs and picnic baskets home"

Silence.... Then one of us said "6 of those chairs will not be going home tonight"

And that led to the thought that a memorial, when that time comes, could be centered around 6 empty chairs as symbol of what we remember about what we saw and felt today.

Thank you for your service to the community

Dan Weinberger Buffalo Grove

[&]quot;My girlfriend and I were 90ft from the shooting...."

[&]quot;One of our members lost an in law...."

From:

Bryna Gamson 4

Sent:

Monday, July 4, 2022 9:26 PM

To:

City of Highland Park

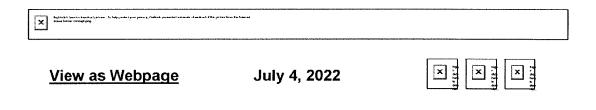
Subject:

Re: Special eNews: Message from Mayor Rotering

[EXTERNAL EMAIL]

Well said, Nancy. So grateful he missed you.

On Jul 4, 2022, at 8:48 PM, City of Highland Park < cityhp@cityhpil.com > wrote:



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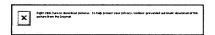
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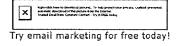
Nancy R. Rotering, Mayor City of Highland Park, IL

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City of Highland Park | 1707 St. Johns Avenue, Highland Park, IL 60035

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From: gneukirch@cityhpil.com Sent: Monday, July 4, 2022 9:28 PM To:

All_Users@cityhpil.com

Subject: Employee Counseling Service Available Tuesday, July 5th

image003.png; image004.png; image005.png; image006.png; image007.png; Critical

Incidents- how to manage for all.pdf; What is trauma Handout All People.pdf; Critical

Incidents- Common reactions .pdf

Good evening colleagues,

Attachments:

Today has been an incredibly tragic day in our community. Whether you were on site or watching the news unfold at home, we understand how traumatic the events of today have been on our City of Highland Park family. I am in awe and incredibly appreciative of the swift work that our emergency responders undertook when shots were fired in the business district. Police, Fire, Public Works, Admin and other employees as well as the community quickly worked to provide aide to individuals on the scene and police personnel immediately began the investigation which has now led the person of interest in custody. We are grateful to the immediate and on-going support from the FBI, Lake County Major Crimes Task Force, State, area law enforcement agencies and numerous other agencies and organizations.

First Responders Wellness Center will be on site at West Ridge Center, 636 Ridge Road at 10 AM, July 5 to provide trauma support and counseling to City Staff and the City Council as well as for our Government Partners. All team members are welcome and encouraged to attend if comfortable. Please note that the opening session at 10 AM is designed specifically for those that were on the scene today. Attached are three handouts for reference and below is the schedule for services.

- 10am, West Ridge Center All team member who were at the Parade
- 11:30am, West Ridge Center All team members who were in Highland Park today
- 12:30pm, West Ridge Center All team members who would like additional support are encouraged to meet individually with a counselor from First Responders Wellness Center

Additionally, communitywide counseling services will be taking place at the High School in a joint effort by the City, Park District, and School District 112 and 113 from 9:00 to 2:00. No appointment is necessary, but only the Vine Street entrance will be open. Anyone who is not a current District 113 student or staff member who wishes to take advantage of counseling services will need to have valid State identification to be cleared to enter the school, which is the school's standard procedure for visitors.

Human Resources will be sending out information on additional support options in the coming days.

Ghida S. Neukirch, CM City Manager



1707 St Johns Avenue

Highland Park, Illinois 60035

Direct: 847.926.1003 gncukirch@cityhpil.com







FIRST RESPONDERS

WELLNESS CENTER

477 E. Butterfield Rd. Suite 408 Lombard Il 60148 540 Frontage Rd. #2125 Northfield, Il 60093 Main: 630-909-9094 Fax: 630-597-2583

COPING AFTER A CRITICAL INCIDENT:

- Try to slowly get back into your normal routine
- Do healthy things for your body (eat fruits, vegetables, whole grain, beans), exercise (30 min. a day), & sleep (8 hours)
- Grounding, practicing being present in the here and now (Use all 5 senses)
- Avoid excesses such as food, alcohol, shopping, gambling, exercise, etc.
- Socialize with others & Talk about your feelings with others you trust
- Try therapy and/or spiritual counselors
- Have fun, read, play, and stay involved in your hobbies
- Volunteer or participate in other community activities to reduce isolation
- Watch comedies or look at www.sunnyskyz.com, a positive upbeat online news media
- Look at www.commonsensemedia.org for guidance on what movies, TV shows, cartoons, that could be triggering for your situation. Common sense media reports on positive message, positive role models, violence, sex, language, drinking, drugs, and smoking, and consumerism.
- Turn Media off & Take a Break: You may want to know what is happening with your critical incident, but the updates can also add distress. Consider if you truly want to know or not, if so, then give yourself time limits.

SIGNS YOU MAY NEED MORE HELP:

- Having symptoms that are getting worse or staying exactly the same since the incident.
- Difficulties with not thinking about the event and all the "what if's..."
- Depressive symptoms such as sadness, worthlessness, lack of energy, social withdrawal, low self-esteem, increase/decrease of sleep or appetite, indecisiveness, unresolved grief, and/or poor concentration
- Anxiety Symptoms such as excessive or unrealistic worry, difficulties controlling worry; physical tension (i.e. muscle tension, restlessness, shakiness); autonomic hyperactivity (i.e. heart palpitations, shortness of breath, dry mouth, nausea); hypervigilance (i.e. feeling on edge, difficulties concentrating, trouble falling or staying asleep, irritability), sadness, intrusive memories, poor sleep, anxiety, guilt, etc.
- Trauma Symptoms such as intrusive, distressing thoughts related to the traumatic incident, avoidance of reminders of the incident, detachment, hypervigilance, and arousal and distress when reminded of the incident.

- Symptoms that are negatively impacting your mood, thoughts, or daily functioning
- Having thoughts of death, suicide, or hurting oneself
- Not being able to do your job/school or take care of oneself or significant others
- Substantial decrease or increase of sleep, food, and/or alcohol or other substances

COPING STRATEGIES:

- Tactical breathing: inhale for 3 counts, hold for 3, exhale for 3 counts to reduce stress.
- Use Calm, Headspace, or another phone app to practice guided imagery & meditation.
- Increase and use your support system. You are not alone, everyone suffers.
- Wallpaper: Put happy pictures on your phone of family or vacations for reminders of happy times
- Exercise Regularly: Gym, walk, play with kids, sports, etc.
- Move: Get out of your couch, draw, listen to music, walk around the block, visit a park or a nice view.
- Use scented candles, oils, or other fragrances that are calming at home. Consider a nice smelling air freshener in your office.
- Go to therapy and talk with a trauma counselor.
- Concentrate on what you have & appreciate it.
- Do something nice for someone else: Anything from opening a door to a smile.

SLEEP TECHNIQUES:

- Lie down to sleep only when sleepy.
- Do not use bed for any other activities like TV, reading, listening to music, etc. only for sleeping.
- Get out of bed if sleep doesn't arrive soon after retiring (approx. 30-40 min)
- Try to set a consistent sleep-wake cycle. No napping, when possible.
- Restrict excessive liquid intake prior to bed & Avoid spicy late-night snacks or any late-night eating.
- Exercise daily but not 3-4 hours before bedtime.
- Minimize or avoid caffeine, alcohol, tobacco, and any stimulants.
- Do not use caffeine or any stimulants a minimum of 4-6 hours before going to bed.
- Try to avoid TV 1-2 hours before going to bed and avoid news or other intense material prior to going to bed.
- Make the bedroom colder, use brand new sheets, and darken your room.
- Try Chamomile, Valerian Root, Lavender, or Lemon Balm Teas.
- Eat Melatonin rich foods such as pistachios, tomatoes, tart cherries, walnuts, almonds, spinach, and bananas.



FIRST RESPONDERS WELLNESS CENTER

477 E. Butterfield Rd Suite 408-10 Lombard, IL 60148 540 W Frontage Rd. Suite 2125 Northfield, IL 60093

WHAT IS TRAUMA?

A traumatic incident is when a person is exposed to an actual or threatened death, serious injury, or sexual violence in one of more of the following ways: 1) directly experience, 2) witness it, 3) learn about is occurring to a close family/friend/co-worker, 4) experienced repeated or extreme exposure to aversive details.

EVENT RISK FACTORS that increase difficulties in handling the trauma:

- 1) Unexpected
- 2) Feeling unprepared or vulnerable
- 3) Unexpected consequences
- 4) Alone of feeling of being alone
- 5) Personal history with victim/offender/witness
- 6) Increased personal/current stressors
- 7) Current substance abuse or mental illness
- 8) Intentional act committed by another
- 9) Being near, highly exposed, and spending a long duration near or in the trauma
- 10) Victim is a child or vulnerable population
- 11) Man-made incident
- 12) Atrocity, brutal, or shocking
- 13) Victim or witness of multiple traumas
- 14) Inability to find any meaning or reason
- 15) Feeling that you did not handle the incident well

What you can do:

- 1) Understand common trauma reactions & that there is not something wrong with you
- 2) Talk with others who are safe/Increase your social support/Be with others
- 3) Name your emotions & acknowledge them
- 4) Expect unwanted emotions (i.e., crying spells, anxiety in crowds)
- 5) Grief can take a long time; give yourself time to recover.
- 6) Do not judge yourself negatively, you survived! Accept that you have feelings—feelings are not wrong,
 - only what you do with your feelings can be wrong. You have a right to feel both negative and positive emotions.
- 7) Do not immerse yourself in the trauma, limit your exposure, when possible, avoid a lot of
 - media and social media.
- 8) Try to get back into your normal routine slowly.
- 9) Use deep breathing, meditation, yoga, or other things that are calming to you.

- 10) Self-care: Eat healthy, prioritize sleep, shower, etc.
- 11) Exercise
- 12) Do what you enjoy, if you are happy that does not suggest you are okay with what occurred.

FIRST RESPONDERS WELLNESS CENTER

Critical Incidents- Common Reactions

Most common distortions of the traumatic event are:

- Distortion of time-(time sped up or slowed down)
- Sensory distortions- (i.e. tunnel vision, hearing changes, etc.)
- Perceptual or Behavioral Distortions- (i.e. Objects change size)
- Sense of helplessness-Limited choices
- "Fight/Flight/Freeze" response
- Disturbance in memory- sometimes our memory gives us "tunnel memory"
- Hyperarousal/Hypoarousal- heightened awareness of our surroundings or constriction of our perception
- Replaying the incident in your head (what ifs)

After a trauma an individual may feel:

- Detached
- Shock and disbelief
- Anxiety, nervousness
- Pre-occupied with thoughts about the incident
- Angry, resentful
- Highly sensitive to others
- Guilt/Guilt for not feeling guilty
- Blaming others

- Hypervigilant, more so in public
- Unexpected emotions
- Relief
- Proud, Happy
- Exhilaration
- Acceptance/Resolution
- Feelings of Isolation
- Feelings that change or may conflict
- Scared/Afraid, particularly in social settings

After traumatic incidents individuals may exhibit increased emotions/bodily sensations such as:

Changes in appetite and/or sleep

Nausea and stomachaches

• Anxiety and/or Depression

• Changes in sexual function or libido

• Flashbacks of the incident

· Anger, irritability

• Intrusive memories

Crying/Unexpected crying

Headaches

Weakness/Fatigue

Muscle Tension/Twitches

Poor concentration/Forgetfulness

Daymares/nightmares

Low frustration tolerance

Avoiding things related to the incident

Hypersensitivity & abrupt mood changes

Any emotions or changes can occur and are normal, but they should lessen over time. If your symptoms start to increase and/or impact your day to day living, then please call a mental health professional.

Call FRWC at 1-630-909-9094 or email <u>info@firstresponderswellnesscenter.com</u> or find a police and public safety therapist.

From:

Rector at Trinity Parish <Rector@trinitychurchhp.org>

Sent:

Monday, July 04, 2022 9:29 PM

To:

cityhp@cityhpil.com

Subject:

A gathering in Memorial Park tomorrow evening at 7 pm

[EXTERNAL EMAIL]

To whom it may concern,

The congregations of Trinity Episcopal Church in Highland Park and Highland Park Presbyterian Church plan to hold a brief vigil tomorrow (Tuesday) at 7 pm at Memorial Park on Laurel Avenue, which lies between our two congregations. We intend it to be an interfaith gathering of about 30 minutes. Please let us know who else we might contact to make aware.

Regards, Bryan Cones

Bryan Cones (he/him)
Pastor, Trinity Episcopal Church
rector@trinitychurchhp.org
847 432 6653 (office)
(cell/text/pastoral emergency)

I am generally in the office Sundays, Wednesdays, Thursdays, and Fridays. I check emails on those days and on Saturday mornings. Mondays and Tuesdays are my days off. In case of pastoral emergency, please contact me by my cell number above.

From:

R Wetzel 4

Sent:

Monday, July 4, 2022 9:30 PM

То:

police@cityhpil.com

Subject:

True Heroes

[EXTERNAL EMAIL]

I heard about the mass shooting that should never have taken place and I just want to say thank you for you selfless service and for protecting and defending those innocent people from an evil man that harmed them for no reason. Today you let the families of this mass shooting feel safe,comforted,secure, and loved because that's not just your job it's your huge bigger then life heart and spirit that makes this Nation truly great and once again thank you for enforcing the law, keeping this community safe and happy and in good health and for being my heroes! So go and bring that poor community the justice it deserves by never letting that evil shooter out of jail ever! Thank you! Also I've already prayed for the victims of this mass shooting and will continue to do so fervently! God Bless You!

From: Kent Street <kstreet@deerfield.il.us>

Sent: Monday, July 4, 2022 9:30 PM

To: Julie Morrison; Bob Morgan(); Dan Shapiro; Mayor Dan

Shapiro

Cc: Andrew Lichterman, ICMA-CM; DavidFitzgerald; John Sliozis; Robert Phillips, P.E.; Eric

Burk, CPA; BrianBudny; Chris Fry; JustinKeenan

Subject: Hp Parade

Attachments: 0.jpg; 1.jpg; 2.jpg; 3.jpg

[EXTERNAL EMAIL]

Nothing you don't know,

So....we are all grieving...but not complacent.

I know you know, but we are actively assisting HP and have been all day and will continue to do so. No confirmations so don't repeat, but we think this is the shooter and the immediate threat is reduced.

More to come and so so so thank you for your continued support and discretion.

Kent



Kent Street

Village Manager | Village of Deerfield 850 Waukegan Rd | Deerfield, IL 60015 847.719.7401

Follow Us: FE 0

From:

jfontane@cityhpil.com Monday, July 04, 2022 9:33 PM

То:

gneukirch@cityhpil.com

Subject:

RE: Employee Counseling Service Available Tuesday, July 5th

Thank you for this important information Ghida.

From: Neukirch, Ghida <gneukirch@cityhpil.com>

Sent: Monday, July 4, 2022 9:28 PM **To:** All Users All Users@cityhpil.com>

Subject: Employee Counseling Service Available Tuesday, July 5th

Good evening colleagues,

Today has been an incredibly tragic day in our community. Whether you were on site or watching the news unfold at home, we understand how traumatic the events of today have been on our City of Highland Park family. I am in awe and incredibly appreciative of the swift work that our emergency responders undertook when shots were fired in the business district. Police, Fire, Public Works, Admin and other employees as well as the community quickly worked to provide aide to individuals on the scene and police personnel immediately began the investigation which has now led the person of interest in custody. We are grateful to the immediate and on-going support from the FBI, Lake County Major Crimes Task Force, State, area law enforcement agencies and numerous other agencies and organizations.

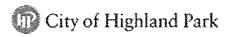
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- 10am, West Ridge Center All team member who were at the Parade
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Human Resources will be sending out information on additional support options in the coming days.

Ghida S. Neukirch, CM City Manager



1707 St Johns Avenue Highland Park, Illinois 60035

Direct: 847.926.1003 gneukirch@cityhpil.com







From:

Meno Passini

Sent:

Monday, July 4, 2022 9:33 PM

To:

cityhp@cityhpil.com

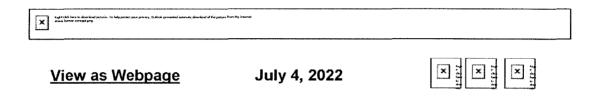
Subject:

Re: Special eNews: Message from Mayor Rotering

[EXTERNAL EMAIL]

Thank You Mayor and the Police for arresting him so fast.

On Mon, Jul 4, 2022, 8:48 PM City of Highland Park <cityhp@cityhpil.com> wrote:



Message from Mayor Rotering

Today was the bloodiest day that we have ever experienced in Highland Park. This morning at approximately 10:14 AM a shooter opened fire with an assault weapon on a crowd attending our 4th of July parade. We know at this time that six individuals lost their lives and at least 24 were injured. Our hearts go out to the victims, families, and our community.

The attack prompted an immediate and well-coordinated response from multiple law enforcement agencies at the Federal, State, County, and local levels. A suspect, Robert "Bobby" Crimo III (age 22 of Highwood, III.) was identified and a massive manhunt ensued.

At approximately 6:30 p.m., the suspect was apprehended on Route 41 at Westleigh Road. He was taken into custody without incident and is currently being processed through the Highland Park Police Department.

Throughout the day we have received offers of support and resources from public officials and agencies including President Biden. Fellow mayors have reached out from across the country, many who lead communities that have experienced this pain and tragedy. We thank Governor J.B. Pritzker, Senator Richard Durbin, Senator Tammy Duckworth, Congressman Brad Schneider,

Illinois State Senator Julie Morrison, and Illinois State Representative Bob Morgan for coming to support our community and for providing every available resource.

I want to thank our first responders for their bravery and extraordinary efforts today. Our police and firefighters saved countless lives with their responses — running into danger and taking immediate action to save others. We are grateful for these selfless acts. We know there were members of our community who rendered aid and assistance as well, and we thank each and every one of you for those efforts.

I also want to acknowledge and thank numerous agencies for their support including American Red Cross, World Central Kitchen, Lakeshore Country Club, Northmoor Country Club, Soul and Smoke food truck, Catering by Michaels, Northern Illinois Critical Incident Stress Management, local clergy and many other individuals and agencies have stepped up to provide food and support for our first responders. We are grateful for their generosity.

Our community, like so many before us, is devastated. It's impossible to imagine the pain of this kind of tragedy until it happens in your backyard. Gun violence - a mass shooting such as this casts a much wider net of agony than what the public is typically exposed to; it's a crisis that devastates entire families and communities in a single moment and we know will take time to heal.

Tomorrow the President will order our flags to fly at half-mast, and many public programs have been canceled. Please check with your camps and activities to see if they are operating. In the days and weeks ahead we will come together as a community to mourn and begin the path of healing. I will share more information as it is available.

Road and Business Closures

Numerous roads will remain closed in central downtown Highland Park for the FBI investigation, and many businesses will remain closed. The area closure spans Laurel Avenue from First Street to Elm Place and Green Bay Road from First Street to Elm Place (map below). Detours will be established, but please limit your travel only to essential business in Highland Park. The City is reaching out to business owners to share information, and will work with them to reopen as soon as possible.

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Counseling Resources

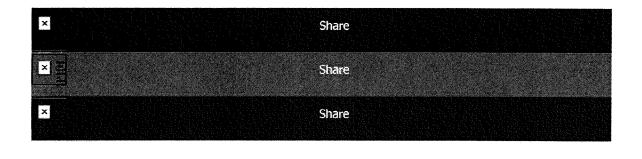
A <u>coordinated effort</u> is also being made to provide crisis counseling to anyone in need. The City of Highland Park, District 112, District 113, and the

Park District will have counselors available at Highland Park High School, 433 Vine Ave., for community members in need of assistance, tomorrow from 9:00 AM to 2:00 PM. No appointment is necessary. The Vine Ave. entrance will be open and anyone who wishes to take advantage of counseling services will need to have a valid driver's license or student ID to be cleared to enter the school.

The theme of this year's parade was community -- and while we are hurting -- we know that we will come together and support each other, as we always do, in difficult times. We are Highland Park strong.



Nancy R. Rotering, Mayor City of Highland Park, IL



City of Highland Park | 1707 St. Johns Avenue, Highland Park, IL 60035

Unsubscribe
Update Profile | Constant Contact Data Notice
Sent by cityhp@cityhpil.com in collaboration with



From: noreply=revize.com@turbo-smtp.info on behalf of noreply@revize.com

Sent:Monday, July 4, 2022 9:34 PMTo:apalbitska@cityhpil.comCc:cityhp@cityhpil.com

Subject: FOIA

[EXTERNAL EMAIL]

All Other Requests = true

Copy 1 = true

Records Requests = -Any and all body camera footage related to the apprehension or arrest of Robert "Bobby" Crimo III on July 4, 2022

- -Any/all dash camera footage related to the above incident
- -Any and all in-car footage of Crimo

Fee Waiver = This request is not being made for commercial purposes, I am a reporter with the Chicago Tribune and the requested records will be used for the public interest.

use the records or information for sale, resale, solicitation or advertisement for sales or sertvices = false

Represent news media or a non-profit, scientific or academic organization = true

Disseminate information concerning news and current or passing events = true

Articles of opinon or features of interest to the public = true

Academic, scientific, public research, or education = true

Mail Request =

I do not request mail delivery = true

Name of Requestor = A.D. Quig

Name of person for whom =

Address = 560 W Grand Ave

Chicago, IL 60654

Day Phone = 574-360-2532

evening phone =

Email = aquig@chicagotribune.com

signature = Adrienne Quig

Date = 7/4/2022

Client IP = 73.246.97.173

From: noreply=revize.com@turbo-smtp.info on behalf of noreply@revize.com

Sent:Monday, July 4, 2022 9:34 PMTo:apalbitska@cityhpil.comCc:cityhp@cityhpil.com

Subject: FOIA

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Chicago, IL 60654

Day Phone = 574-360-2532

evening phone =

Email = aquig@chicagotribune.com

signature = Adrienne Quig

Date = 7/4/2022

Client IP = 73.246.97.173

From:

Sent:

Monday, July 04, 2022 9:37 PM

To:

police@cityhpil.com

Subject:

Robert Crimo: relatives, associates, emails, addresses, phone numbers, possible

business of grandfather

Attachments:

7BBFF3D7-7BF7-479A-A1D4-D59A5E1E2E95.jpg; 5616F943-6750-4B21-8718-BA04275A34DA.jpg; A9474384-CAAD-4DE0-AB03-876D62D605D3.jpg; B35C2B8C-2E73-427E-9F48-35B335F27A46.jpg; 39F660AC-E734-40F5-8E22-B9D823DEE48A.jpg; 5AF5A2BD-D1E5-4FB5-BF3E-B062F8D79747.jpg; 060CA287-

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F1AEDD94EB04.jpg; D3A8CF73-75D4-4329-AA0A-625D7D5B8281.jpg;

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0E4E2D43-1DA2-4AE3-9E10-4B9632238E72.jpg; 5EDAEC2E-6004-4E03-B7AA-CE55064C322F.jpg; 63A40C29-3790-4766-89D7-890ADDBF36C0.jpg; CA30B67A-

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92022786-6F4E-44F4-8E0E-52A7317E04E0.jpg; 59141551-ED68-4610-

BA79-02F6AE60F6F7.jpg; A1780C20-9785-4287-AF5E-2F7B85BAC9F6.jpg; 7C5F810D-

F5ED-453E-B403-AC87A33981C2.jpg

[EXTERNAL EMAIL]

I just wanted to share information i found online for Robert "Bobby" Crimo that i found on a valuable free search engine in locating people called <u>truepeoplesearch.com</u>

I cut and pasted links to his family and associates with addresses emails, and phone numbers as well as screenshots of the same.

It would show neighbors Bobby Crimo is familiar with for your search.

Hope it helps!

https://www.truepeoplesearch.com/details?name=Robert%20Crimo&citystatezip=Highland%20Park%2C%20IL&rid=0x0

https://www.truepeoplesearch.com/details?name=Bobby%20Crimo&citystatezip=Highland%20Park%2C%20IL&rid=0x0

https://www.truepeoplesearch.com/details?name=Robert%20Crimo%20Sr&citystatezip=Highland%20Park%2C%20IL&rid=0xl

(Possible business listed for Robert Crimo Senior: Samrose Inc) Found a Samrose Inc in Rolling Meadows, 15 miles from Highland Park, Illinois) In light of areas culprit i may be "familiar with"... may have hidden near?

https://m.facebook.com/Samrose-Enterprises-Inc-218905361516418/

https://www.bizapedia.com/il/samrose-enterprises-inc.html

https://www.truepeoplesearch.com/details?name=Paul%20A%20Crimo&personid=pn8268u4nnl200r49866&rid=0x0

https://www.truepeoplesearch.com/details?name=Rosanne%20M%20Crimo&personid=px2289090r04nn02r2482&rid=0x0

https://www.truepeoplesearch.com/details?name=Denise%20M%20Pesina&personid=pnuuu2ru90rl48860l64&rid=0x0

https://www.truepeoplesearch.com/details?name=Lynette%20A%20Pesina&personid=pxunn4n8nln6rul8uur04&rid=0x0

https://www.truepeoplesearch.com/details?name=Jeff%20B%20Dr%20Wygodny&personid=pl8l89rlr908206nll28&rid=0x0

Just wanted you to have this information handy for your investigation.

Praying you locate, apprehend, arrest and convict, this diabolical murderer, immediately before he harms any other innocent people!

<u>truepeoplesearch.com</u> is such a good search engine to locate people. Most of the time it is very accurate. I hope you use it for future investigations, as well!

Thank you for your hard work and service!

God bless you and keep you safe!

Sincerely

Sent from ProtonMail for iOS

Robert Crimo

Q

Previous Addresses

55 Saint Johns Ave Highland Park, IL 60035 (Nov 2008)



Sponsored Links

Possible Relatives

Robert E Crimo Jr

Robert Crimo

Q

Possible Associates

Christine M Crimo Sr, Denise M

Pesina, Lynette A Pesina, Paul A

Crimo, Rosanne M Crimo

Robert Crimo

Q

Robert Crimo

Age Unknown

Full Background Report Available

Ad

Current Address

1566 McDaniels Ave Highland Park, IL 60035

Мар

Bobby Crimo

Q

Bobby Crimo

Age Unknown

Full Background Report Available

→ Ad

Current Address

55 Saint Johns Ave Highland Park, IL 60035

Мар

Bobby Crimo

Q,

Current Address

55 Saint Johns Ave Highland Park, IL 60035



Phone Numbers



Wireless

Bobby Crimo

Q



Possible Relatives

Robert E Crimo Jr

Possible Associates

Christine M Crimo Sr, Denise M

Pesina, Lynette A Pesina, Paul A

Crimo, Rosanne M Crimo

Robert E Crimo

Q

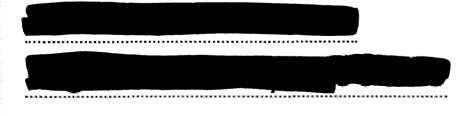
Robert E Crimo Sr

Age 92 (Dec 1929)

Full Background Report Available

→ Ad

Current Address



Мар

Robert E Crimo

Q

- Wireless
- Landline
- Landline
- Landline
- Landline
- Wireless
- Wireless
- Wireless
- Landline
- Wireless
 - Landline

Robert E Crimo



Email Addresses



Associated Names

Robt E Crimo, Bob E Crimo Jr, Robert Pesina, Rob E Crimo Jr, Robert E Crimojr, Roseanne Crimo, Bob Primo

Robert E Crimo



Possible Relatives

Christine M Crimo Sr, Denise M Pesina, Lynette A Pesina, Paul A Crimo, Rosanne M Crimo, Antonio C Pesina, Ben C Pesina, Carlos C Pesina, Cherylyn M Pesina, Daniel R Pesina, Jenny M Pesina, Laura L Landis Pesina, Lesvia A Pesina, Maria Pesina, Ruben Anthony Pesina, Ruben C Pesina, Rita Marie Pesina

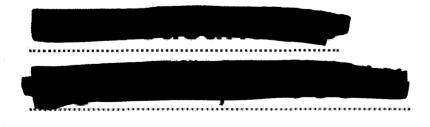
Paul A Crimo

Age 54 (Nov 1967)

Full Background Report Available

Ad

Current Address



Мар

Paul A Crimo

Q

Phone Numbers

- Landline

- Wireless

- Landline

- Wireless

- Wireless

- Landline

Paul A Crimo

Q

Possible Relatives

Christine M Crimo Sr, Robert E
Crimo Jr, Rosanne M Crimo

Possible Associates

Denise M Pesina, Jeff B Dr Wygodny, Lynette A Pesina

Rosanne M Crimo

Q

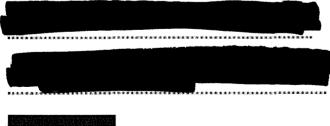
Rosanne M Crimo

Age 56 (Jan 1966)

Full Background Report Available

Ad

Current Address



Map

Rosanne M Crimo

Q

Phone Numbers

- Wireless

- Landline

- Landline

- Landline

- Wireless

- Wireless

- Wireless

Rosanne M Crimo

Q

Email Addresses



Rosanne C Wygodny, Rosanne M Wygodny, Rosanne E Crimo, Roseanne C Wygodny, Rosanne Crimo Wygodny

Denise M Pesina

Q

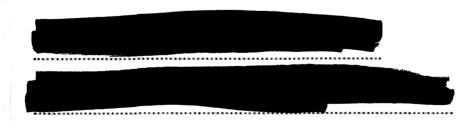
Denise Marie Pesina

Age 48 (Oct 1973)

Full Background Report Available

Ad

Current Address



Map

Phone Numbers

- Wireless
- Wireless
- Landline
- Landline

Denise M Pesina

Q

Denise M Pesina



Possible Relatives

Antonio C Pesina, Ben C Pesina, Camella M Morris, Carlos C Pesina, Cherylyn M Pesina, Damian A Gibson, Daniel R Pesina, Jenny M Pesina, Laura L Landis Pesina, Lesvia A Pesina, Lynette A Pesina, Robert E Crimo Jr, Ruben C Pesina, Ruben Anthony Pesina, Sharon A Hardcastle, Maria Del Pesina, Rita Marie Pesina, Vanessa Pesina

Denise M Pesina



Possible Associates

Dick J Gibson, Benny J Moy, Elvira G Cruz, Alice M Hernandez, Angelo D Hernandez, Carlos Gibson, Donald G Gottlinger, Frank A Hernandez, Frederic Randall Landis, Jonathan A Ashment, Joseph J Hardcastle, Lynnea Joy Stec, Manuel Lopez Sr, Marc J Pelot, Margaret Mary Gibson, Mary B Gibson, Olivia G Lopez, Paul A Crimo, Susana Lopez, Torrev J.

Lynette A Pesina

Q

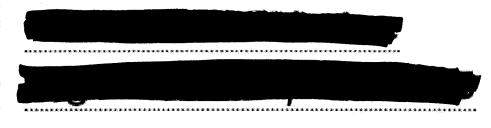
Lynette A Pesina

Age 27 (Mar 1995)

Full Background Report Available

→ Ad

Current Address





Lynette A Pesina

C

Phone Numbers

Wireless

Wireless

Christine M Crimo

Q

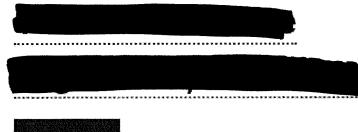
Christine M Crimo

Deceased Jan 2010 (age 72)

Full Background Report Available

Ad

Current Address



Мар

nbarnes@cityhpil.com

Sent:

Monday, July 4, 2022 9:39 PM

To:

Subject:

Fwd: Employee Counseling Service Available Tuesday, July 5th

Attachments: image003.png; image004.png; image005.png; image006.png; image007.png; Critical

Incidents- how to manage for all.pdf; What is trauma Handout All People.pdf; Critical

Incidents- Common reactions .pdf

Nick Barnes

Human Resources Generalist

City of Highland Park

847.926.1013 direct

847.433,2940 fax

From: Neukirch, Ghida <gneukirch@cityhpil.com>

Sent: Monday, July 4, 2022 9:28:17 PM **To:** All Users <All Users@cityhpil.com>

Subject: Employee Counseling Service Available Tuesday, July 5th

Good evening colleagues,

Today has been an incredibly tragic day in our community. Whether you were on site or watching the news unfold at home, we understand how traumatic the events of today have been on our City of Highland Park family. I am in awe and incredibly appreciative of the swift work that our emergency responders undertook when shots were fired in the business district. Police, Fire, Public Works, Admin and other employees as well as the community quickly worked to provide aide to individuals on the scene and police personnel immediately began the investigation which has now led the person of interest in custody. We are grateful to the immediate and on-going support from the FBI, Lake County Major Crimes Task Force, State, area law enforcement agencies and numerous other agencies and organizations.

First Responders Wellness Center will be on site at West Ridge Center, 636 Ridge Road at 10 AM, July 5 to provide trauma support and counseling to City Staff and the City Council as well as for our Government Partners. <u>All</u> team members are welcome and encouraged to attend if comfortable. Please note that the opening session at 10 AM is designed specifically for those that were on the scene today. Attached are three handouts for reference and below is the schedule for services.

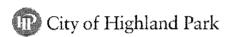
■ 10am, West Ridge Center – All team member who were at the Parade

- 11:30am, West Ridge Center All team members who were in Highland Park today
- 12:30pm, West Ridge Center All team members who would like additional support are encouraged to meet individually with a counselor from First Responders Wellness Center

Additionally, communitywide counseling services will be taking place at the High School in a joint effort by the City, Park District, and School District 112 and 113 from 9:00 to 2:00. No appointment is necessary, but only the Vine Street entrance will be open. Anyone who is not a current District 113 student or staff member who wishes to take advantage of counseling services will need to have valid State identification to be cleared to enter the school, which is the school's standard procedure for visitors.

Human Resources will be sending out information on additional support options in the coming days.

Ghida S. Neukirch, CM City Manager



1707 St Johns Avenue Highland Park, Illinois 60035

Direct: 847.926.1003 gneukirch@cityhpil.com









FIRST RESPONDERS

477 E. Butterfield Rd. Suite 408 Lombard Il 60148 540 Frontage Rd. #2125 Northfield, Il 60093 Main: 630-909-9094 Fax: 630-597-2583

COPING AFTER A CRITICAL INCIDENT:

- Try to slowly get back into your normal routine
- Do healthy things for your body (eat fruits, vegetables, whole grain, beans), exercise (30 min. a day), & sleep (8 hours)
- Grounding, practicing being present in the here and now (Use all 5 senses)
- Avoid excesses such as food, alcohol, shopping, gambling, exercise, etc.
- · Socialize with others & Talk about your feelings with others you trust
- Try therapy and/or spiritual counselors
- Have fun, read, play, and stay involved in your hobbies
- Volunteer or participate in other community activities to reduce isolation
- Watch comedies or look at www.sunnyskyz.com, a positive upbeat online news media
- Look at www.commonsensemedia.org for guidance on what movies, TV shows, cartoons, that could be triggering for your situation. Common sense media reports on positive message, positive role models, violence, sex, language, drinking, drugs, and smoking, and consumerism.
- Turn Media off & Take a Break: You may want to know what is happening with your critical incident, but the updates can also add distress. Consider if you truly want to know or not, if so, then give yourself time limits.

SIGNS YOU MAY NEED MORE HELP:

- Having symptoms that are getting worse or staying exactly the same since the incident.
- Difficulties with not thinking about the event and all the "what if's..."
- Depressive symptoms such as sadness, worthlessness, lack of energy, social withdrawal, low self-esteem, increase/decrease of sleep or appetite, indecisiveness, unresolved grief, and/or poor concentration
- Anxiety Symptoms such as excessive or unrealistic worry, difficulties controlling worry; physical tension (i.e. muscle tension, restlessness, shakiness); autonomic hyperactivity (i.e. heart palpitations, shortness of breath, dry mouth, nausea); hypervigilance (i.e. feeling on edge, difficulties concentrating, trouble falling or staying asleep, irritability), sadness, intrusive memories, poor sleep, anxiety, guilt, etc.
- Trauma Symptoms such as intrusive, distressing thoughts related to the traumatic incident, avoidance of reminders of the incident, detachment, hypervigilance, and arousal and distress when reminded of the incident.

- Symptoms that are negatively impacting your mood, thoughts, or daily functioning
- · Having thoughts of death, suicide, or hurting oneself
- Not being able to do your job/school or take care of oneself or significant others
- Substantial decrease or increase of sleep, food, and/or alcohol or other substances

COPING STRATEGIES:

- Tactical breathing: inhale for 3 counts, hold for 3, exhale for 3 counts to reduce stress.
- Use Calm, Headspace, or another phone app to practice guided imagery & meditation.
- Increase and use your support system. You are not alone, everyone suffers.
- Wallpaper: Put happy pictures on your phone of family or vacations for reminders of happy times
- Exercise Regularly: Gym, walk, play with kids, sports, etc.
- Move: Get out of your couch, draw, listen to music, walk around the block, visit a park or a nice view.
- Use scented candles, oils, or other fragrances that are calming at home. Consider a nice smelling air freshener in your office.
- Go to therapy and talk with a trauma counselor.
- Concentrate on what you have & appreciate it.
- Do something nice for someone else: Anything from opening a door to a smile.

SLEEP TECHNIQUES:

- Lie down to sleep only when sleepy.
- Do not use bed for any other activities like TV, reading, listening to music, etc. only for sleeping.
- Get out of bed if sleep doesn't arrive soon after retiring (approx. 30-40 min)
- Try to set a consistent sleep-wake cycle. No napping, when possible.
- Restrict excessive liquid intake prior to bed & Avoid spicy late-night snacks or any late-night eating.
- Exercise daily but not 3-4 hours before bedtime.
- Minimize or avoid caffeine, alcohol, tobacco, and any stimulants.
- Do not use caffeine or any stimulants a minimum of 4-6 hours before going to bed.
- Try to avoid TV 1-2 hours before going to bed and avoid news or other intense material prior to going to bed.
- Make the bedroom colder, use brand new sheets, and darken your room.
- Try Chamomile, Valerian Root, Lavender, or Lemon Balm Teas.
- Eat Melatonin rich foods such as pistachios, tomatoes, tart cherries, walnuts, almonds, spinach, and bananas.



FIRST RESPONDERS WELLNESS CENTER

477 E. Butterfield Rd Suite 408-10 Lombard, IL 60148 540 W Frontage Rd. Suite 2125 Northfield, IL 60093

WHAT IS TRAUMA?

A traumatic incident is when a person is exposed to an actual or threatened death, serious injury, or sexual violence in one of more of the following ways: 1) directly experience, 2) witness it, 3) learn about is occurring to a close family/friend/co-worker, 4) experienced repeated or extreme exposure to aversive details.

EVENT RISK FACTORS that increase difficulties in handling the trauma:

- 1) Unexpected
- 2) Feeling unprepared or vulnerable
- 3) Unexpected consequences
- 4) Alone of feeling of being alone
- 5) Personal history with victim/offender/witness
- 6) Increased personal/current stressors
- 7) Current substance abuse or mental illness
- 8) Intentional act committed by another
- 9) Being near, highly exposed, and spending a long duration near or in the trauma
- 10) Victim is a child or vulnerable population
- 11) Man-made incident
- 12) Atrocity, brutal, or shocking
- 13) Victim or witness of multiple traumas
- 14) Inability to find any meaning or reason
- 15) Feeling that you did not handle the incident well

What you can do:

- 1) Understand common trauma reactions & that there is not something wrong with you
- 2) Talk with others who are safe/Increase your social support/Be with others
- 3) Name your emotions & acknowledge them
- 4) Expect unwanted emotions (i.e., crying spells, anxiety in crowds)
- 5) Grief can take a long time; give yourself time to recover.
- 6) Do not judge yourself negatively, you survived! Accept that you have feelings—feelings are not wrong,
 - only what you do with your feelings can be wrong. You have a right to feel both negative and positive emotions.
- Do not immerse yourself in the trauma, limit your exposure, when possible, avoid a lot of
 - media and social media.
- 8) Try to get back into your normal routine slowly.
- 9) Use deep breathing, meditation, yoga, or other things that are calming to you.

- 10) Self-care: Eat healthy, prioritize sleep, shower, etc.
- 11) Exercise
- 12) Do what you enjoy, if you are happy that does not suggest you are okay with what occurred.

FIRST RESPONDERS WELLNESS CENTER

Critical Incidents- Common Reactions

Most common distortions of the traumatic event are:

- Distortion of time-(time sped up or slowed down)
- Sensory distortions- (i.e. tunnel vision, hearing changes, etc.)
- Perceptual or Behavioral Distortions- (i.e. Objects change size)
- Sense of helplessness-Limited choices
- "Fight/Flight/Freeze" response
- Disturbance in memory- sometimes our memory gives us "tunnel memory"
- Hyperarousal/Hypoarousal- heightened awareness of our surroundings or constriction of our perception
- Replaying the incident in your head (what ifs)

After a trauma an individual may feel:

- Detached
- Shock and disbelief
- Anxiety, nervousness
- Pre-occupied with thoughts about the incident
- Angry, resentful
- Highly sensitive to others
- · Guilt/Guilt for not feeling guilty
- Blaming others

- · Hypervigilant, more so in public
- Unexpected emotions
- Relief
- Proud, Happy
- Exhilaration
- Acceptance/Resolution
- Feelings of Isolation
- · Feelings that change or may conflict
- Scared/Afraid, particularly in social settings

After traumatic incidents individuals may exhibit increased emotions/bodily sensations such as:

- Changes in appetite and/or sleep
- · Nausea and stomachaches
- Anxiety and/or Depression
- Changes in sexual function or libido
- · Flashbacks of the incident
- Anger, irritability
- Intrusive memories
- Crying/Unexpected crying

Headaches

Weakness/Fatigue

Muscle Tension/Twitches

Poor concentration/Forgetfulness

Daymares/nightmares

Low frustration tolerance

Avoiding things related to the incident

Hypersensitivity & abrupt mood changes

Any emotions or changes can occur and are normal, but they should lessen over time. If your symptoms start to increase and/or impact your day to day living, then please call a mental health professional.

Call FRWC at 1-630-909-9094 or email <u>info@firstresponderswellnesscenter.com</u> or find a police and public safety therapist.

Leslie Mendoza Temple 🕊

Sent:

Monday, July 4, 2022 9:40 PM

To:

City of Highland Park

Subject:

Re: Special eNews: Message from Mayor Rotering

[EXTERNAL EMAIL]

Thank you, Mayor. Your message was well said and kind. I was supporting the Emergency Department staff at HP Hospital. Their response in caring for 26 gunshot victims all at once was nothing short of extraordinary.

Leslie

Leslie Mendoza Temple, MD, ABOIM Owen L. Coon Chair of Integrative Medicine Medical Director, Integrative Medicine Program NorthShore University HealthSystem Clinical Associate Professor, Family Medicine University of Chicago Pritzker School of Medicine 2400 Chestnut Glenview, IL 60026

Office: 847-657-3540 Fax: 847-657-3521

//www.northshore.org/integrative

On Monday, July 4, 2022 at 08:48:27 PM CDT, City of Highland Park <cityhp@cityhpil.com> wrote:



View as Webpage

July 4, 2022



Message from Mayor Rotering

Today was the bloodiest day that we have ever experienced in Highland Park. This morning at approximately 10:14 AM a shooter opened fire with an assault

weapon on a crowd attending our 4th of July parade. We know at this time that six individuals lost their lives and at least 24 were injured. Our hearts go out to the victims, families, and our community.

The attack prompted an immediate and well-coordinated response from multiple law enforcement agencies at the Federal, State, County, and local levels. A suspect, Robert "Bobby" Crimo III (age 22 of Highwood, III.) was identified and a massive manhunt ensued.

At approximately 6:30 p.m., the suspect was apprehended on Route 41 at Westleigh Road. He was taken into custody without incident and is currently being processed through the Highland Park Police Department.

Throughout the day we have received offers of support and resources from public officials and agencies including President Biden. Fellow mayors have reached out from across the country, many who lead communities that have experienced this pain and tragedy. We thank Governor J.B. Pritzker, Senator Richard Durbin, Senator Tammy Duckworth, Congressman Brad Schneider, Illinois State Senator Julie Morrison, and Illinois State Representative Bob Morgan for coming to support our community and for providing every available resource.

I want to thank our first responders for their bravery and extraordinary efforts today. Our police and firefighters saved countless lives with their responses – running into danger and taking immediate action to save others. We are grateful for these selfless acts. We know there were members of our community who rendered aid and assistance as well, and we thank each and every one of you for those efforts.

I also want to acknowledge and thank numerous agencies for their support including American Red Cross, World Central Kitchen, Lakeshore Country Club, Northmoor Country Club, Soul and Smoke food truck, Catering by Michaels, Northern Illinois Critical Incident Stress Management, local clergy and many other individuals and agencies have stepped up to provide food and support for our first responders. We are grateful for their generosity.

Our community, like so many before us, is devastated. It's impossible to imagine the pain of this kind of tragedy until it happens in your backyard. Gun violence - a mass shooting such as this casts a much wider net of agony than what the public is typically exposed to; it's a crisis that devastates entire families and communities in a single moment and we know will take time to heal.

Tomorrow the President will order our flags to fly at half-mast, and many public programs have been canceled. Please check with your camps and activities to see if they are operating. In the days and weeks ahead we will come together as a community to mourn and begin the path of healing. I will share more information as it is available.

Road and Business Closures

Numerous roads will remain closed in central downtown Highland Park for the FBI investigation, and many businesses will remain closed. The area closure spans Laurel Avenue from First Street to Elm Place and Green Bay Road from First Street to Elm Place (map below). Detours will be established, but please limit your travel only to essential business in Highland Park. The City is reaching out to business owners to share information, and will work with them to reopen as soon as possible.



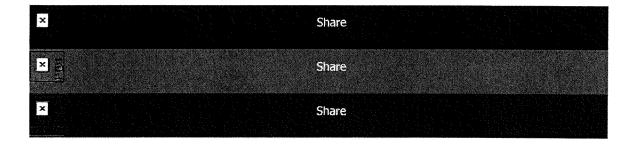
Counseling Resources

A <u>coordinated effort</u> is also being made to provide crisis counseling to anyone in need. The City of Highland Park, District 112, District 113, and the Park District will have counselors available at Highland Park High School, 433 Vine Ave., for community members in need of assistance, tomorrow from 9:00 AM to 2:00 PM. No appointment is necessary. The Vine Ave. entrance will be open and anyone who wishes to take advantage of counseling services will need to have a valid driver's license or student ID to be cleared to enter the school.

The theme of this year's parade was community -- and while we are hurting -- we know that we will come together and support each other, as we always do, in difficult times. We are Highland Park strong.



Nancy R. Rotering, Mayor City of Highland Park, IL



City of Highland Park | 1707 St. Johns Avenue, Highland Park, IL 60035

Sign-disk have to disselsed potent. To help protect your privary, Cultick prevented to deal inself-i

From: VJ at We Never Walk Alone <vharikrishna@weneverwalkalone.org>

Sent: Monday, July 4, 2022 9:48 PM

To: Sear

Subject: We Never Walk Alone: Today's shooting....

[EXTERNAL EMAIL]

Dear Sgt.,

Very sad day today that 6 innocent lives were lost and several more critically injured while we were celebrating the Nation's finest and proudest moment in history. Our condolences are with the families.

Terrific job in capturing the person of interest. I wish the agency, the crime task force, the FBI and everyone involved to arrive at who was behind all this and why. We stand by and support the agency and the first responders.

Let us know how we can help and I will ensure all resources are at your disposal during these challenging times. We are on the stand by Sgt.

Please be safe and be well. Kindly convey the message to everyone at the agency.

Regards,

VJ

o: 773.644.1664

c: -----

Facebook: https://www.facebook.com/WeNeverWalkAlo4

https://weneverwalkalone.org/



scurran@cityhpil.com

Sent:

Monday, July 4, 2022 9:48 PM

To:

vharikrishna@weneverwalkalone.org

Subject:

Automatic reply: We Never Walk Alone: Today's shooting....

I am currently out of the office till Monday, July 11, please contact the Highland Park Police Dispatch 847/432-7730 if you need police service.

acivitello@cityhpil.com

Sent:

Monday, July 04, 2022 9:49 PM

To:

irene.byon@nbcuni.com

Subject:

Interview w/ Mayor Rotering

Hi Irene -

Can Mayor Rotering do 5:45 AM for the Today Show via Zoom?

Let me know, thanks!

Amanda Civitello

Communications Manager she / her / hers



City of Highland Park

1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From: Byon, Irene (NBCUniversal) < irene.byon@nbcuni.com>

Sent: Monday, July 4, 2022 8:01 PM

To: Civitello, Amanda <acivitello@cityhpil.com>

Subject: RE: Media Release: Highland Park Strong: Grieving Together as a Community

[EXTERNAL EMAIL]

Thank you so much Amanda!

IRENE BYON | BOOKING PRODUCER | 🤲 NBC NEWS | C: 015 200 1010

From: Civitello, Amanda <acivitello@cityhpil.com>

Sent: Monday, July 4, 2022 8:56 PM

To: Civitello, Amanda <acivitello@cityhpil.com>

Subject: [EXTERNAL] Media Release: Highland Park Strong: Grieving Together as a Community

Good evening,

Together, the City of Highland Park, the Park District of Highland Park, Highland Park High School / Township High School District 113, and North Shore School District 112 are grieving for the victims and the families of the horrific shooting today at what should have been a happy and joyous celebration. Counseling professionals will be available tomorrow for students, staff and community members at Highland Park High School (433 Vine Ave.) from 9:00 to 2:00. No appointment is necessary. Further details are available in the attached press release, which I have copied below for your convenience.

As always, please don't hesitate to reach out with any questions you might have. Thank you for your care and concern for our community.

Sincerely,
Amanda Civitello
Communications Manager
City of Highland Park, IL
acivitello@cityhpil.com/

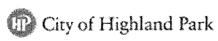
Highland Park Strong: Grieving Together as a Community

Highland Park, **Illinois** – Together, the City of Highland Park, the Park District of Highland Park, Highland Park High School / Township High School District 113, and North Shore School District 112 are grieving for the victims and the families of the horrific shooting today at what should have been a happy and joyous celebration.

Highland Park is a strong community, closely knit with shared values, priorities, and partnerships that were so clearly evident among the organizations, individuals, businesses, and entertainers participating in our parade today. As we grieve together as a community, we need to support each other as a community. In the aftermath of this unthinkable tragedy, we are stronger together.

Counseling professionals will be available tomorrow for students, staff and community members at Highland Park High School (433 Vine Ave.) from 9:00 to 2:00. No appointment is necessary, but only the Vine Street entrance will be open. Anyone who is not a current District 113 student or staff member who wishes to take advantage of counseling services will need to have a valid driver's license to be cleared to enter the school, which is the school's standard procedure for visitors to the school.

Amanda Civitello Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com



gneukirch@cityhpil.com Monday, July 04, 2022 9:51 PM

Sent: To:

mlubelfeld@nssd112.org; BrianRomes@pdhp.org; super@morainetownship.org; blaw@dist113.org; hsmith@hplibrary.org

Subject: FW: Employee Counseling Service Available Tuesday, July 5th

Attachments:

Critical Incidents- how to manage for all pdf; What is trauma Handout All People pdf; Critical Incidents- Common reactions pdf

Pls see below - - thank you partners!

Ghida S. Neukirch, CM City Manager



City of Highland Park

1707 St Johns Avenue Highland Park, Illinois 60035

Direct: 847.926.1003 gneukirch@cityhpil.com







From: Neukirch, Ghida

Sent: Monday, July 4, 2022 9:28 PM

To: 'allusers@cityhpil.com' <allusers@cityhpil.com>

Subject: Employee Counseling Service Available Tuesday, July 5th

Good evening colleagues,

Today has been an incredibly tragic day in our community. Whether you were on site or watching the news unfold at home, we understand how traumatic the events of today have been on our City of Highland Park family. I am in awe and incredibly appreciative of the swift work that our emergency responders undertook when shots were fired in the business district. Police, Fire, Public Works, Admin and other employees as well as the community quickly worked to provide aide to individuals on the scene and police personnel immediately began the investigation which has now led the person of interest in custody. We are grateful to the immediate and on-going support from the FBI, Lake County Major Crimes Task Force, State, area law enforcement agencies and numerous other agencies and organizations.

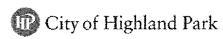
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- 10am, West Ridge Center All team member who were at the Parade
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Human Resources will be sending out information on additional support options in the coming days.

Ghida S. Neukirch, CM City Manager



1707 St Johns Avenue Highland Park, Illinois 60035

Direct: 847.926.1003 gneukirch@cityhpil.com









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- Grounding, practicing being present in the here and now (Use all 5 senses)
- Avoid excesses such as food, alcohol, shopping, gambling, exercise, etc.
- · Socialize with others & Talk about your feelings with others you trust
- Try therapy and/or spiritual counselors
- Have fun, read, play, and stay involved in your hobbies
- Volunteer or participate in other community activities to reduce isolation
- Watch comedies or look at www.sunnyskyz.com, a positive upbeat online news media
- Look at www.commonsensemedia.org for guidance on what movies, TV shows, cartoons, that could be triggering for your situation. Common sense media reports on positive message, positive role models, violence, sex, language, drinking, drugs, and smoking, and consumerism.
- Turn Media off & Take a Break: You may want to know what is happening with your critical incident, but the updates can also add distress. Consider if you truly want to know or not, if so, then give yourself time limits.

SIGNS YOU MAY NEED MORE HELP:

- Having symptoms that are getting worse or staying exactly the same since the incident.
- Difficulties with not thinking about the event and all the "what if's..."
- Depressive symptoms such as sadness, worthlessness, lack of energy, social withdrawal, low self-esteem, increase/decrease of sleep or appetite, indecisiveness, unresolved grief, and/or poor concentration
- Anxiety Symptoms such as excessive or unrealistic worry, difficulties controlling worry; physical tension (i.e. muscle tension, restlessness, shakiness); autonomic hyperactivity (i.e. heart palpitations, shortness of breath, dry mouth, nausea); hypervigilance (i.e. feeling on edge, difficulties concentrating, trouble falling or staying asleep, irritability), sadness, intrusive memories, poor sleep, anxiety, guilt, etc.
- Trauma Symptoms such as intrusive, distressing thoughts related to the traumatic incident, avoidance of reminders of the incident, detachment, hypervigilance, and arousal and distress when reminded of the incident.

- Symptoms that are negatively impacting your mood, thoughts, or daily functioning
- Having thoughts of death, suicide, or hurting oneself
- Not being able to do your job/school or take care of oneself or significant others
- Substantial decrease or increase of sleep, food, and/or alcohol or other substances

COPING STRATEGIES:

- Tactical breathing: inhale for 3 counts, hold for 3, exhale for 3 counts to reduce stress.
- Use Calm, Headspace, or another phone app to practice guided imagery & meditation.
- Increase and use your support system. You are not alone, everyone suffers.
- Wallpaper: Put happy pictures on your phone of family or vacations for reminders of happy times
- Exercise Regularly: Gym, walk, play with kids, sports, etc.
- Move: Get out of your couch, draw, listen to music, walk around the block, visit a park or a nice view.
- Use scented candles, oils, or other fragrances that are calming at home. Consider a nice smelling air freshener in your office.
- Go to therapy and talk with a trauma counselor.
- Concentrate on what you have & appreciate it.
- Do something nice for someone else: Anything from opening a door to a smile.

SLEEP TECHNIQUES:

- Lie down to sleep only when sleepy.
- Do not use bed for any other activities like TV, reading, listening to music, etc. only for sleeping.
- Get out of bed if sleep doesn't arrive soon after retiring (approx. 30-40 min)
- Try to set a consistent sleep-wake cycle. No napping, when possible.
- Restrict excessive liquid intake prior to bed & Avoid spicy late-night snacks or any late-night eating.
- Exercise daily but not 3-4 hours before bedtime.
- Minimize or avoid caffeine, alcohol, tobacco, and any stimulants.
- Do not use caffeine or any stimulants a minimum of 4-6 hours before going to bed.
- Try to avoid TV 1-2 hours before going to bed and avoid news or other intense material prior to going to bed.
- Make the bedroom colder, use brand new sheets, and darken your room.
- Try Chamomile, Valerian Root, Lavender, or Lemon Balm Teas.
- Eat Melatonin rich foods such as pistachios, tomatoes, tart cherries, walnuts, almonds, spinach, and bananas.



FIRST RESPONDERS WELLNESS CENTER

477 E. Butterfield Rd Suite 408-10 Lombard, IL 60148 540 W Frontage Rd. Suite 2125 Northfield, IL 60093

WHAT IS TRAUMA?

A traumatic incident is when a person is exposed to an actual or threatened death, serious injury, or sexual violence in one of more of the following ways: 1) directly experience, 2) witness it, 3) learn about is occurring to a close family/friend/co-worker, 4) experienced repeated or extreme exposure to aversive details.

EVENT RISK FACTORS that increase difficulties in handling the trauma:

- 1) Unexpected
- 2) Feeling unprepared or vulnerable
- 3) Unexpected consequences
- 4) Alone of feeling of being alone
- 5) Personal history with victim/offender/witness
- 6) Increased personal/current stressors
- 7) Current substance abuse or mental illness
- 8) Intentional act committed by another
- 9) Being near, highly exposed, and spending a long duration near or in the trauma
- 10) Victim is a child or vulnerable population
- 11) Man-made incident
- 12) Atrocity, brutal, or shocking
- 13) Victim or witness of multiple traumas
- 14) Inability to find any meaning or reason
- 15) Feeling that you did not handle the incident well

What you can do:

- 1) Understand common trauma reactions & that there is not something wrong with you
- 2) Talk with others who are safe/Increase your social support/Be with others
- 3) Name your emotions & acknowledge them
- 4) Expect unwanted emotions (i.e., crying spells, anxiety in crowds)
- 5) Grief can take a long time; give yourself time to recover.
- 6) Do not judge yourself negatively, you survived! Accept that you have feelings—feelings are not wrong,
 - only what you do with your feelings can be wrong. You have a right to feel both negative and positive emotions.
- 7) Do not immerse yourself in the trauma, limit your exposure, when possible, avoid a lot of media and social media.
- 8) Try to get back into your normal routine slowly.
- 9) Use deep breathing, meditation, yoga, or other things that are calming to you.

- 10) Self-care: Eat healthy, prioritize sleep, shower, etc.
- 11) Exercise
- 12) Do what you enjoy, if you are happy that does not suggest you are okay with what occurred.

FIRST RESPONDERS WELLNESS CENTER

Critical Incidents- Common Reactions

Most common distortions of the traumatic event are:

- Distortion of time-(time sped up or slowed down)
- Sensory distortions- (i.e. tunnel vision, hearing changes, etc.)
- Perceptual or Behavioral Distortions- (i.e. Objects change size)
- Sense of helplessness-Limited choices
- "Fight/Flight/Freeze" response
- Disturbance in memory- sometimes our memory gives us "tunnel memory"
- Hyperarousal/Hypoarousal- heightened awareness of our surroundings or constriction of our perception
- Replaying the incident in your head (what ifs)

After a trauma an individual may feel:

- Detached
- · Shock and disbelief
- Anxiety, nervousness
- Pre-occupied with thoughts about the incident
- Angry, resentful
- Highly sensitive to others
- Guilt/Guilt for not feeling guilty
- Blaming others

- Hypervigilant, more so in public
- Unexpected emotions
- Relief
- Proud, Happy
- Exhilaration
- Acceptance/Resolution
- Feelings of Isolation
- · Feelings that change or may conflict
- Scared/Afraid, particularly in social settings

After traumatic incidents individuals may exhibit increased emotions/bodily sensations such as:

- Changes in appetite and/or sleep
- · Nausea and stomachaches
- Anxiety and/or Depression
- Changes in sexual function or libido
- Flashbacks of the incident
- Anger, irritability
- Intrusive memories
- Crying/Unexpected crying

Headaches

Weakness/Fatigue

Muscle Tension/Twitches

Poor concentration/Forgetfulness

Daymares/nightmares

Low frustration tolerance

Avoiding things related to the incident

Hypersensitivity & abrupt mood changes

Any emotions or changes can occur and are normal, but they should lessen over time. If your symptoms start to increase and/or impact your day to day living, then please call a mental health professional.

Call FRWC at 1-630-909-9094 or email <u>info@firstresponderswellnesscenter.com</u> or find a police and public safety therapist.

Michael Lubelfeld <mlubelfeld@nssd112.org>

Sent:

Monday, July 4, 2022 9:51 PM

To:

Neukirch, Ghida

Subject:

Re: FW: Employee Counseling Service Available Tuesday, July 5th

Attachments:

image003.png; image004.png; image005.png; image007.png; image001.png; image002.png

[EXTERNAL EMAIL]

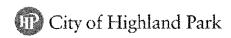
ghida - you also need to care for yourself - please get some sleep - I worry about you!!

I am so sorry we are all going through this! ML

On Mon, Jul 4, 2022 at 9:50 PM Neukirch, Ghida <gneukirch@cityhpil.com> wrote:

Pls see below - - thank you partners!

Ghida S. Neukirch, CM City Manager



1707 St Johns Avenue Highland Park, Illinois 60035

Direct: 847.926.1003

gneukirch@cityhpil.com



From: Neukirch, Ghida

Sent: Monday, July 4, 2022 9:28 PM

To: 'allusers@cityhpil.com' <allusers@cityhpil.com>
Subject: Employee Counseling Service Available Tuesday, July 5th

Good evening colleagues,

Today has been an incredibly tragic day in our community. Whether you were on site or watching the news unfold at home, we understand how traumatic the events of today have been on our City of Highland Park family. I am in awe and incredibly appreciative of the swift work that our emergency responders undertook when shots were fired in the business district. Police, Fire, Public Works, Admin and other employees as well as the community quickly worked to provide aide to individuals on the scene and police personnel immediately began the investigation which has now led the person of interest in custody. We are grateful to the immediate and on-going support from the FBI, Lake County Major Crimes Task Force, State, area law enforcement agencies and numerous other agencies and organizations.

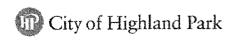
First Responders Wellness Center will be on site at West Ridge Center, 636 Ridge Road at 10 AM, July 5 to provide trauma support and counseling to City Staff and the City Council as well as for our Government Partners. <u>All team members are welcome and encouraged to attend if comfortable</u>. Please note that the opening session at 10 AM is designed specifically for those that were on the scene today. Attached are three handouts for reference and below is the schedule for services.

- 10am, West Ridge Center All team member who were at the Parade
 - 11:30am, West Ridge Center All team members who were in Highland Park today
 - 12:30pm, West Ridge Center All team members who would like additional support are encouraged to meet individually with a counselor from First Responders Wellness Center

Additionally, communitywide counseling services will be taking place at the High School in a joint effort by the City, Park District, and School District 112 and 113 from 9:00 to 2:00. No appointment is necessary, but only the Vine Street entrance will be open. Anyone who is not a current District 113 student or staff member who wishes to take advantage of counseling services will need to have valid State identification to be cleared to enter the school, which is the school's standard procedure for visitors.

Human Resources will be sending out information on additional support options in the coming days.

Ghida S. Neukirch, CM City Manager



1707 St Johns Avenue

Highland Park, Illinois 60035

Direct: 847.926.1003

gneukirch@cityhpil.com









Michael Lubelfeld, Ed.D. Superintendent of Schools

1936 Green Bay Rd. Highland Park, IL 60035

From: Renee Bova Sent: Renee Bova Monday, July 04, 2022 9:51 PM

To: wevans@cityhpil.com; ldelaney@cityhpil.com; egirona@cityhpil.com;

bsoldano@cityhpil.com; dbekov@cityhpil.com; edecristofaro@cityhpil.com;

agalati@cityhpil.com; sqallagher@cityhpil.com; jeldridge@cityhpil.com

Subject: Do Nothing

IEXTERNAL EMAIL!

If Crimo? (suspect father) was HP mayor running mate, the city was certainly aware of the problems as

Crimos employees certainly knew and reported the suspicious behavior.

The city protected those employees as they live in HP,

The city bench "Do Nothing" is what HP gov't is doing.

----Original Message----

From: Renee Bova

Subject: HP Gatherings

Gatherings in HP:

Due to Lake County hospital**S** and its' Drug stores injury and **withhold cure**, other problems below

it can only **expect problems** therefore it should **Not** have public gatherings.

"Nov 4, 2018 — An Itasca man **drowned** and an **Elgin** woman remains missing after being swept away

while swimming with a group at Park Avenue Beach Sunday."

The sick victims have more knowledge than the lvy League attorney's.

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To: wevans@cityhpil.com <wevans@cityhpil.com>; Idelaney@cityhpil.com <Idelaney@cityhpil.com>; egirona@cityhpil.com <egirona@cityhpil.com>; bsoldano@cityhpil.com <bsoldano@cityhpil.com>; dbekov@cityhpil.com>; dbekov@cityhpil.com>; edbristofaro@cityhpil.com <edecristofaro@cityhpil.com>; agalati@cityhpil.com>; sgallagher@cityhpil.com <sgallagher@cityhpil.com>; jeldridge@cityhpil.com <ideceilledridge@cityhpil.com>

Sent: Sun, Jul 3, 2022 12:58 pm Subject: Beware: Lake County at Risk

Spiderman protecting Medicine is sick (stopped), King of the Road sex offenders, home wreckers,

opposition and other violence against USA citizens.

The HP City Hall landscaping is full of weeds and bare trees poorly maintained:
"A neglected, poorly maintained landscape isn't just an eyesore. It could be a serious health hazard!

A landscape that isn't cared for won't just kill your home's curb appeal: It could very well kill you too."

----Original Message---From: Renee Boya

To: wevans@cityhpil.com <wevans@cityhpil.com>; Idelaney@cityhpil.com <Idelaney@cityhpil.com>; egirona@cityhpil.com <egirona@cityhpil.com>; bsoldano@cityhpil.com

<dbekov@cityhpil.com>; edecristofaro@cityhpil.com <edecristofaro@cityhpil.com>

Sent: Sun, Jul 3, 2022 11:37 am

Subject: Change: 911

The system that caused the NY 911 tragedy is likely involved w USA continued violence recruiting others.

----Original Message---->
From: Renee Bova <

To: wevans@cityhpil.com <wevans@cityhpil.com>; Idelaney@cityhpil.com <Idelaney@cityhpil.com>; egirona@cityhpil.com <egirona@cityhpil.com>; bsoldano@cityhpil.com

<dbekov@cityhpil.com>; edecristofaro@cityhpil.com>

Sent: Sun, Jul 3, 2022 11:10 am Subject: Change: Go to the Dogs

Irresponsible Blame Innocent Children ADHD run away to military Not making their own decisions.

Sex offenders want followers (go to the dogs, etc.) mother raped violated repeatedly

her children misdiagnose w ADHD to run away to military, surrender life to stranger danger to blame others.

Phrase "go to the dogs" "to deteriorate, **SLIP**, to become ruined : **to change** to a much worse condition"

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Offenders being released from prisons to work both ways? Beware.

Immigration to fight w USA citizens and overseas surrender to MEast takes control?

Correct Mistakes, **Stop MBG**, give mother (me) my children.

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To: wevans@cityhpil.com <wevans@cityhpil.com>; Idelaney@cityhpil.com <Idelaney@cityhpil.com>; egirona@cityhpil.com <egirona@cityhpil.com <egirona@cityhpil.com>; bsoldano@cityhpil.com
<dbekov@cityhpil.com>; edecristofaro@cityhpil.com <edecristofaro@cityhpil.com>; jeldridge@cityhpil.com> <jeldridge@cityhpil.com>

Sent: Sat, Jul 2, 2022 9:52 pm

Subject: Beware - Offenders Demand Payment

Democrats illegal policies entrap USA citizens to pay violence.

HP organization arresting USA citizens for crimes we don't commit wants a commitment.

Entrap anger (accidents, violate privacy, smash/grab...) to pay the violence.

Police are to protect the violence and USA citizens pay the violent offenders.

Crime and stalking allowed to resident's intent to cause anger crybabies to make false charges of prejudice to pay violence.

"a person or thing that offends, does something wrong, or causes problems."

"a person who commits an illegal act."

A pattern of abuse spread to Lake County "wealthy North Shore suburbs of Chicago"

No Traffic Stops,

No house calls for domestic violence...

----Original Message----

From: Renee Bova

To: wevans@cityhpil.com <wevans@cityhpil.com>; ldelaney@cityhpil.com <ldelaney@cityhpil.com>;

egirona@cityhpil.com <egirona@cityhpil.com>

Sent: Sat, Jul 2, 2022 8:09 pm Subject: Accidents, No Accident

Accidents are no accident; police take report and blame me.

Police aid and abet a dangerous crime against mother to entrap the children to stranger danger, bugs, worse.

Religiously observant communities' separate children are physical and mental abuse.

My windshield was smashed, rear bumpers (2) dented, car keys stolen and the HP police take report and blame me.

The car is legally parked and no one is inside why are the police blaming me?

I suspect the police involved w car report incidents blaming me may know who the angry person is doing it.

The police are advising MBG and city services to ban me from most HP facilities and residences.

They must have No contact w my children.

Do these police taking my accident reports have contacts w my children and prohibit a family connection w father MBG?

Are the police (MBG's contacts in the police dept.) trying to **entrap me to confess** to their and other crimes against me (Italians)?

Do the police know of more accidents against me?

Democrats illegal policies result no jobs, entrap accidents to disability to get paid rent.

Choose your battles, leave mother and children alone the city is part of the problem, protecting violence against us.

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Sent: Monday, July 04, 2022 9:52 PM

To:police@cityhpil.comSubject:4rh of July Shooting

[EXTERNAL EMAIL]

Police Chief Jogman,

I want to commend you and your department on the way you handled this horrific act that rocked the Highland Park community. You and your department ran towards the shooter while we were all running away from the scene. Me and my girlfriend were about 150 ft from the shooting and your officers ran to the scene immediately. You saved many lives, possibly mine and my girlfriend.

Your department controlled the situation in a kind and extremely professional manner. You should all be proud of your police force. I know all of Highland Park are proud of you and your department. God bless you all.

Sincerely,

Sent from the all new AOL app for Android

Renee Boya

Sent:

Monday, July 4, 2022 9:53 PM

To:

gneukirch@cityhpil.com; jdotson@cityhpil.com; ehallett@cityhpil.com;

nrotering@cityhpil.com

Subject:

Do Nothina

[EXTERNAL EMAIL]

If Crimo? (suspect father) was HP mayor running mate, the city was certainly aware of the problems as

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Sent: Mon, Jul 4, 2022 1:03 pm

Subject: HP Gatherings

Gatherings in HP:

Due to Lake County hospital **S** and its' Drug stores injury and **withhold cure**, other problems below

it can only **expect problems** therefore it should **Not** have public gatherings.

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To: gneukirch@cityhpil.com < gneukirch@cityhpil.com>; jdotson@cityhpil.com < jdotson@cityhpil.com>; ehallett@cityhpil.com < ehallett@cityhpil.com < nrotering@cityhpil.com < nrotering@cityhpil.com < nrotering@cityhpil.com

Sent: Sun, Jul 3, 2022 12:59 pm Subject: Beware: Lake County at Risk

Spiderman protecting Medicine is sick (stopped), King of the Road sex offenders, home wreckers,

opposition and other violence against USA citizens.

The HP City Hall landscaping is full of weeds and bare trees poorly maintained:

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To: gneukirch@cityhpil.com <gneukirch@cityhpil.com>; jdotson@cityhpil.com <jdotson@cityhpil.com>; ehallett@cityhpil.com <ehallett@cityhpil.com>; nrotering@cityhpil.com <nrotering@cityhpil.com>

Sent: Sun, Jul 3, 2022 11:38 am

Subject: Change: 911

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----Original Message-----

From: Renee Bova

To: gneukirch@cityhpil.com <gneukirch@cityhpil.com>; jdotson@cityhpil.com <jdotson@cityhpil.com>;

ehallett@cityhpil.com <ehallett@cityhpil.com>; nrotering@cityhpil.com <nrotering@cityhpil.com>

Sent: Sun, Jul 3, 2022 11:11 am Subject: Change: Go to the Dogs

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Sent: Sat, Jul 2, 2022 9:52 pm

Subject: Beware - Offenders Demand Payment

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ehallett@cityhpil.com <ehallett@cityhpil.com>; nrotering@cityhpil.com <nrotering@cityhpil.com>

Sent: Sat, Jul 2, 2022 8:11 pm

Subject: Fwd: Accidents, No Accident

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From: Sent:

Monday, July 04, 2022 9:53 PM

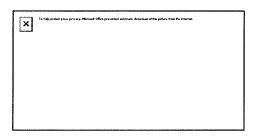
To: Subject: ljogmen@cityhpil.com Shooting suspect's family

[EXTERNAL EMAIL]

Dear Sir,

If your department hasn't yet identified the suspect's family members for questioning, here is an obituary for the suspect's grandfather, which names survivors, including the suspect.

https://www.kelleyspaldingfuneralhome.com/obituaries/Robert-E-Crimo-Sr-?obId=3394384&fbclid=IwAR19A7YvjRwQHaSbGKbtsAv5PHtLrDOx7f8maOhnoDhitNLgXGf3nDmjtmo



Robert E. Crimo Sr. Obituary - Visitation & Funeral Information

Kelley & Spalding Funeral Home and Crematory | (847) 831-4260 1787 Deerfield Road, Highland Park, IL 60035

www.kelleyspaldingfuneralhome.com

From: acivitello@cityhpil.com

Sent:Monday, July 4, 2022 9:54 PMTo:steve.forrest@warnermedia.com

Subject: RE: !!URGENT! From Steve at CNN in New York - LIVE INTERVIEW WITH YOU

TOMORROW MORNING

Attachments: image002.gif; image003.png; image004.png; image005.png; image007.png;

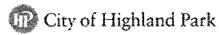
image008.jpg; image009.png; image010.jpg

Hi Steve,

Thanks for reaching out. I connected with Mayor Rotering and we are wondering if we can do 7:00 AM? Or another time within the 7:00 hour?

Amanda Civitello

Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com



From: Forrest, Steve <steve.forrest@warnermedia.com>

Sent: Monday, July 4, 2022 4:17 PM

To: Civitello, Amanda <acivitello@cityhpil.com>
Cc: Neukirch, Ghida <gneukirch@cityhpil.com>

Subject: Re: !!URGENT! From Steve at CNN in New York - LIVE INTERVIEW WITH YOU TOMORROW MORNING

[EXTERNAL EMAIL]

Amanda...I am imploring you...PLEASE make an exception tomorrow morning and grant us this LIVE one- on- one with Mr Berman at our live camera position in Highland Park.. America and the world will be watching CNN in record numbers tomorrow as we lead all coverage of this story and NEW DAY will be the only CNN show originating from the site at Highland Park.

Please reconsider

Thanks

STEVE FORREST Editorial Producer NEW DAY with Brianna Keilar and John Berman CNN New York (917) 601 8630 Steve.Forrest@Warnermedia.com



From: Civitello, Amanda <acivitello@cityhpil.com>

Sent: Monday, July 4, 2022 5:10 PM

To: Forrest, Steve <steve.forrest@warnermedia.com> Cc: Neukirch, Ghida <gneukirch@cityhpil.com>

Subject: RE: !!URGENT! From Steve at CNN in New York - LIVE INTERVIEW WITH YOU TOMORROW MORNING

EXFERNAL SENDER: Caution opening links or attachments

Hi Steve,

Thank you for your kind words of support and concern.

At this time, the City is focused on providing regular updates through media briefings, and will not be able to schedule one-onone interviews during an active incident.

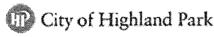
Please don't hesitate to check in over the next few days. I will be sure to add you to our press list so that you receive our updates regarding this tragic incident.

If you would like to discuss, please feel free to contact me at



Sincerely,

Amanda Civitello Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From: Forrest, Steve <steve.forrest@warnermedia.com>

Sent: Monday, July 4, 2022 4:00 PM

Subject: !!URGENT! From Steve at CNN in New York - LIVE INTERVIEW WITH YOU TOMORROW MORNING

Importance: High

[EXTERNAL EMAIL]

Ghida...

First and foremost, our prayers and condolences to those victims of the tragedy today and the great people of Highland Park,

I produce CNN's lead show and national flagship morning program NEW DAY

My anchor John Berman will be originating from Highland Park tomorrow morning al three hours of our show (5-8 AM CT)

I would like to schedule a live interview with you at our CNN camera there with Mr. Berman in the morning.

Please let me know your availability within that window and we will work this out.

6-minute segment

I await your prompt and positive response,

Thanks and God Bless your community

Best,

STEVE FORREST
Editorial Producer
NEW DAY with Brianna Keilar and John Berman
CNN New York
(917) 601 8630
Steve.Forrest@Warnermedia.com



From: Byon, Irene (NBCUniversal) <irene.byon@nbcuni.com>

Sent: Monday, July 4, 2022 9:54 PM

To: Civitello, Amanda

Cc: Goldstein, Julie (NBCUniversal); Damberg, Chelsea (NBCUniversal); Walker,

Hayley(NBCUniversal)

Subject: Re: [EXTERNAL] Interview w/ Mayor Rotering

Attachments: image008.gif; image019.png; image010.png; image011.png; image012.png;

image013.png; image001.png; image001.png; image008.gif; image009.png; image010.png; image011.png; image012.png; image013.png; image008.gif;

image009.png; image010.png; image011.png

[EXTERNAL EMAIL]

Thank you so much, Amanda!

Yes, we would love to have the mayor on with us for a pre tape at 5:45amCT/6:45amET.

I'm also cc'ing my colleagues Julie and Hayley who will help with any logistics of the interview overnight leading up to tomorrow morning.

We will send you the zoom link as soon as it is ready!

Also just wanted to double check if there's any chance mayor Rotering would be able to join us in person near the crime site for the pre tape? We totally understand it's so early in the morning and she's had an exhausting day. Thank you again.

Sincerely, Irene

IRENE BYON | BOOKING PRODUCER | C: NBC NEWS | C:

On Jul 4, 2022, at 7:49 PM, Civitello, Amanda <acivitello@cityhpil.com> wrote:

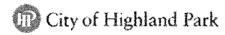
Hi Irene -

Can Mayor Rotering do 5:45 AM for the Today Show via Zoom?

Let me know, thanks!

Amanda Civitello

Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035 acivitello@cityhpil.com cityhpil.com



From: Byon, Irene (NBCUniversal) <irene.byon@nbcuni.com>

Sent: Monday, July 4, 2022 8:01 PM

To: Civitello, Amanda <acivitello@cityhpil.com>

Subject: RE: Media Release: Highland Park Strong: Grieving Together as a Community

[EXTERNAL EMAIL]

Thank you so much Amanda!

IRENE BYON | BOOKING PRODUCER | ** NBC NEWS | C:

From: Civitello, Amanda <acivitello@cityhpil.com>

Sent: Monday, July 4, 2022 8:56 PM

To: Civitello, Amanda <acivitello@cityhpil.com>

Subject: [EXTERNAL] Media Release: Highland Park Strong: Grieving Together as a Community

Good evening,

Together, the City of Highland Park, the Park District of Highland Park, Highland Park High School / Township High School District 113, and North Shore School District 112 are grieving for the victims and the families of the horrific shooting today at what should have been a happy and joyous celebration. Counseling professionals will be available tomorrow for students, staff and community members at Highland Park High School (433 Vine Ave.) from 9:00 to 2:00. No appointment is necessary. Further details are available in the attached press release, which I have copied below for your convenience.

As always, please don't hesitate to reach out with any questions you might have. Thank you for your care and concern for our community.

Sincerely,
Amanda Civitello
Communications Manager
City of Highland Park, IL
acivitello@cityhpil.com /

Highland Park Strong: Grieving Together as a Community

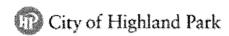
Highland Park, Illinois – Together, the City of Highland Park, the Park District of Highland Park, Highland Park High School / Township High School District 113, and North Shore School District 112 are grieving for the victims and the families of the horrific shooting today at what should have been a happy and joyous celebration.

Highland Park is a strong community, closely knit with shared values, priorities, and partnerships that were so clearly evident among the organizations, individuals, businesses,

and entertainers participating in our parade today. As we grieve together as a community, we need to support each other as a community. In the aftermath of this unthinkable tragedy, we are stronger together.

Counseling professionals will be available tomorrow for students, staff and community members at Highland Park High School (433 Vine Ave.) from 9:00 to 2:00. No appointment is necessary, but only the Vine Street entrance will be open. Anyone who is not a current District 113 student or staff member who wishes to take advantage of counseling services will need to have a valid driver's license to be cleared to enter the school, which is the school's standard procedure for visitors to the school.

Amanda Civitello Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From:

acivitello@cityhpil.com

Sent:

Monday, July 4, 2022 9:55 PM

To:

kady@kadymcfadden.com; taylor.logan@cbc.ca

Subject:

RE: CBC TV INTERVIEW REQUEST for NANCY ROTERING

Attachments:

image002.gif; image003.png; image004.png; image005.png; image006.png

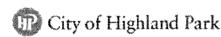
Kady, thank you for connecting us.

Taylor, would it be possible for you to Zoom/call with Mayor Rotering at 8:10 AM Central?

Thank you so much for your kind words of support for our community.

Amanda Civitello

Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From: Kady McFadden < kady@kadymcfadden.com>

Sent: Monday, July 4, 2022 6:29 PM

To: TAYLOR LOGAN taylor.logan@cbc.ca
Cc: Civitello, Amanda acivitello@cityhpil.com

Subject: Re: CBC TV INTERVIEW REQUEST for NANCY ROTERING

[EXTERNAL EMAIL]

Hi there, adding in the press contact for the City of Highland Park who can help you get in touch with the mayor.

On Mon, Jul 4, 2022 at 5:39 PM TAYLOR LOGAN < taylor.logan@cbc.ca > wrote:

Hi there,

I hope all is well.

My name is Taylor, I'm a producer with CBC News in Toronto (Canadian Broadcasting Corporation). CBC is Canada's largest national broadcaster and news source.

I first want to say I am sorry to be reaching out under such horrible circumstances.

I'm reaching out to inquire if Mayor Nancy Rotering may be available to join us for a live, TV interview tomorrow morning (July 5th) to discuss the 4th of July Parade shooting that occured in Highland Park today.

We would like to discuss the latest updates on the shooting and the naming of the suspect.

The interview would be 5-7 minutes via Skype or FaceTime. Our show runs from 5-9am CT. We are looking for Mayor Rotering's availability at 6:10, 7:10, 8:10am CT.

Please let me know if she may be available.

My condolences to the community of Highland Park.

Thank you, Taylor Logan

Taylor Logan Producer CBC News Network She/Her



Kady McFadden M: kadymcfadden.com From:

rkanapareddy@cityhpil.com Monday, July 04, 2022 9:56 PM

Sent: To:

mharrison@cityhpil.com

Subject:

Fwd: Employee Counseling Service Available Tuesday, July 5th

Attachments:

image006.png; image007.png; image003.png; image004.png; image005.png; Critical Incidents- how to manage for all.pdf; What is trauma Handout All People.pdf; Critical

Incidents- Common reactions .pdf

Marsha,

Please print the email and the attachments and place it in each time card who do not have access to emails. All Maintenance Workers, Transit Section employees, and Mechanics.

Thanks

Ramesh Kanapareddy, P.E., CFM Asst. City Manager/Dir. of Public Works

Begin forwarded message:

From: "Neukirch, Ghida" <gneukirch@cityhpil.com>

Date: July 4, 2022 at 9:28:27 PM CDT **To:** All Users <<u>All Users@cityhpil.com</u>>

Subject: Employee Counseling Service Available Tuesday, July 5th

Good evening colleagues,

Today has been an incredibly tragic day in our community. Whether you were on site or watching the news unfold at home, we understand how traumatic the events of today have been on our City of Highland Park family. I am in awe and incredibly appreciative of the swift work that our emergency responders undertook when shots were fired in the business district. Police, Fire, Public Works, Admin and other employees as well as the community quickly worked to provide aide to individuals on the scene and police personnel immediately began the investigation which has now led the person of interest in custody. We are grateful to the immediate and on-going support from the FBI, Lake County Major Crimes Task Force, State, area law enforcement agencies and numerous other agencies and organizations.

First Responders Wellness Center will be on site at West Ridge Center, 636 Ridge Road at 10 AM, July 5 to provide trauma support and counseling to City Staff and the City Council as well as for our Government Partners. All team members are welcome and encouraged to attend if comfortable. Please note that the opening session at 10 AM is designed specifically for those that were on the scene today. Attached are three handouts for reference and below is the schedule for services.

- 10am, West Ridge Center All team member who were at the Parade
- 11:30am, West Ridge Center All team members who were in Highland Park today

 12:30pm, West Ridge Center – All team members who would like additional support are encouraged to meet individually with a counselor from First Responders Wellness Center

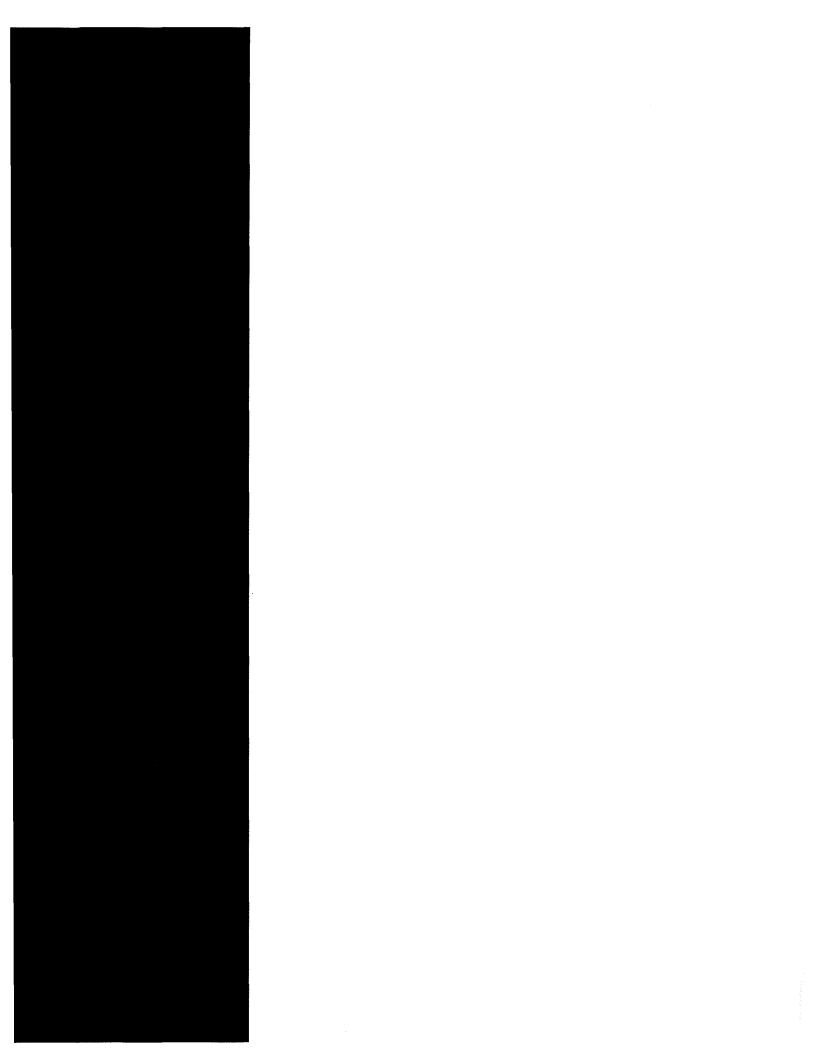
Additionally, communitywide counseling services will be taking place at the High School in a joint effort by the City, Park District, and School District 112 and 113 from 9:00 to 2:00. No appointment is necessary, but only the Vine Street entrance will be open. Anyone who is not a current District 113 student or staff member who wishes to take advantage of counseling services will need to have valid State identification to be cleared to enter the school, which is the school's standard procedure for visitors.

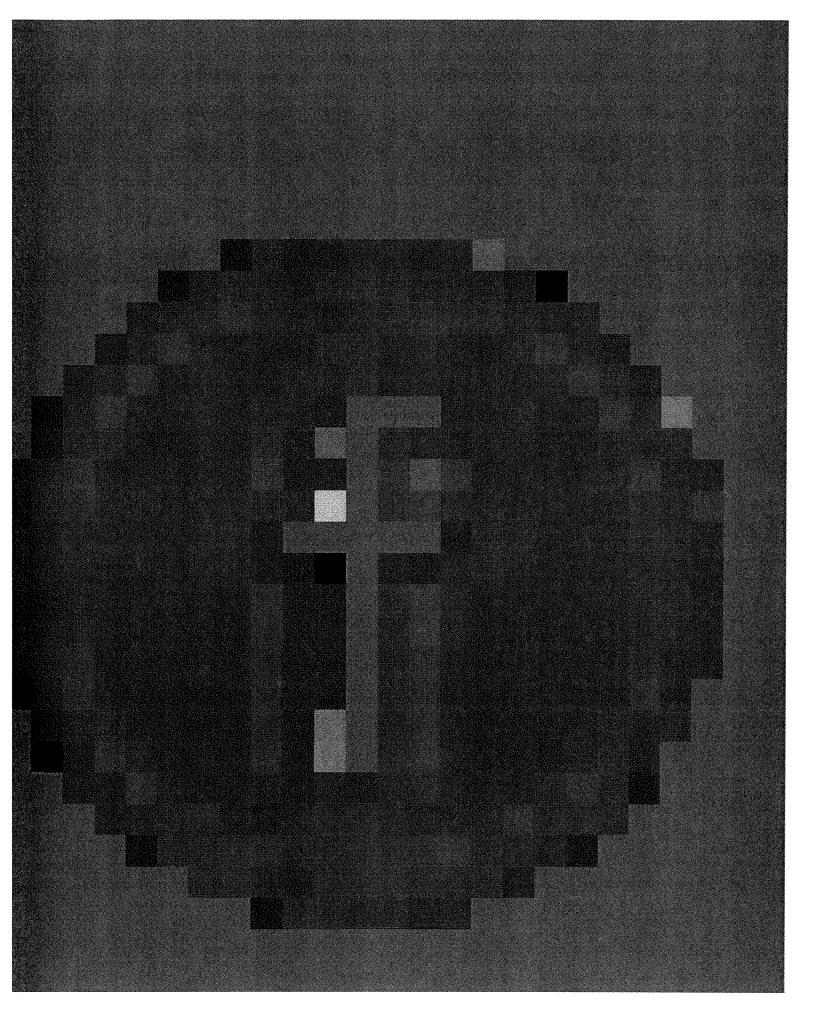
Human Resources will be sending out information on additional support options in the coming days.

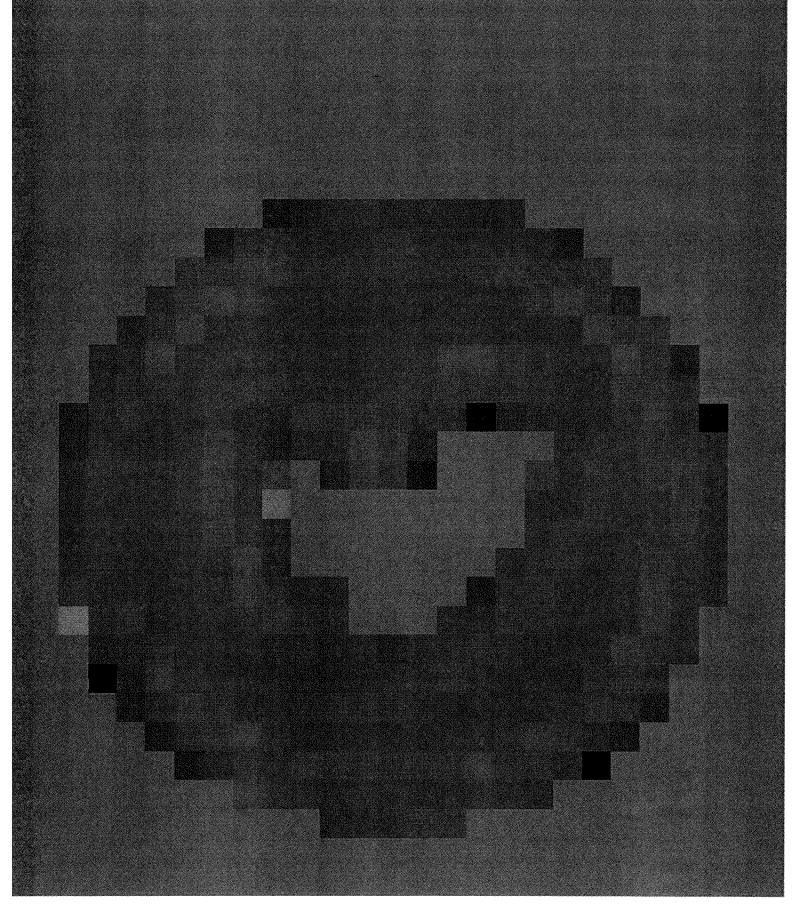
Ghida S. Neukirch, CM City Manager

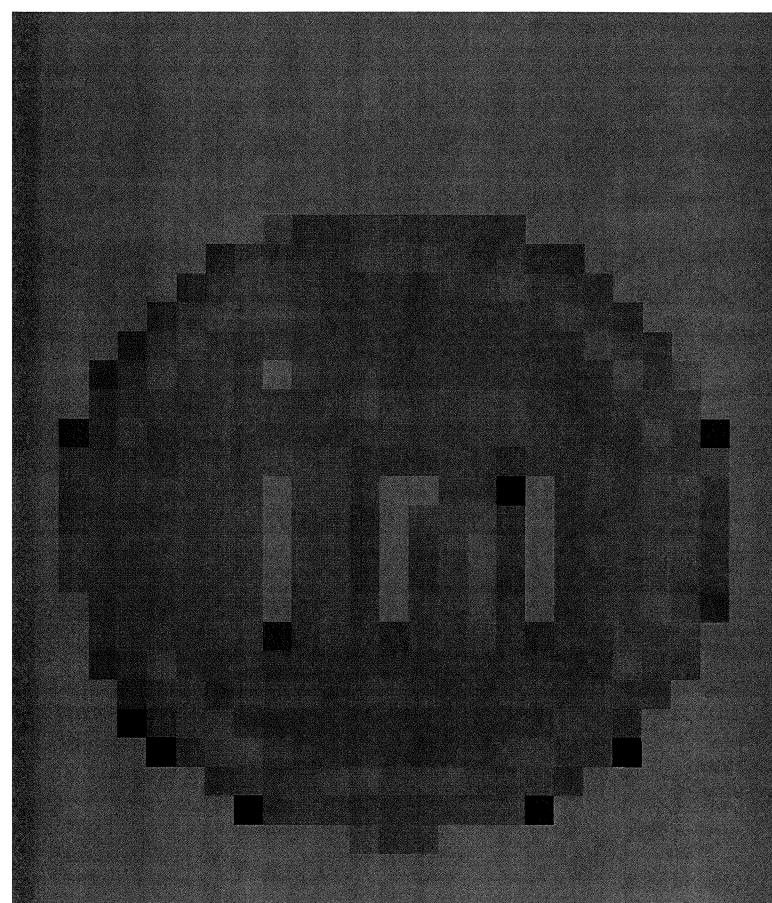
1707 St Johns Avenue Highland Park, Illinois 60035

Direct: 847.926.1003 gneukirch@cityhpil.com











FIRST RESPONDERS

477 E. Butterfield Rd. Suite 408 Lombard Il 60148 540 Frontage Rd. #2125 Northfield, Il 60093 Main: 630-909-9094 Fax: 630-597-2583

COPING AFTER A CRITICAL INCIDENT:

- Try to slowly get back into your normal routine
- Do healthy things for your body (eat fruits, vegetables, whole grain, beans), exercise (30 min. a day), & sleep (8 hours)
- Grounding, practicing being present in the here and now (Use all 5 senses)
- Avoid excesses such as food, alcohol, shopping, gambling, exercise, etc.
- · Socialize with others & Talk about your feelings with others you trust
- Try therapy and/or spiritual counselors
- · Have fun, read, play, and stay involved in your hobbies
- Volunteer or participate in other community activities to reduce isolation
- Watch comedies or look at www.sunnyskyz.com, a positive upbeat online news media
- Look at www.commonsensemedia.org for guidance on what movies, TV shows, cartoons, that could be triggering for your situation. Common sense media reports on positive message, positive role models, violence, sex, language, drinking, drugs, and smoking, and consumerism.
- Turn Media off & Take a Break: You may want to know what is happening with your critical incident, but the updates can also add distress. Consider if you truly want to know or not, if so, then give yourself time limits.

SIGNS YOU MAY NEED MORE HELP:

- Having symptoms that are getting worse or staying exactly the same since the incident.
- Difficulties with not thinking about the event and all the "what if's..."
- Depressive symptoms such as sadness, worthlessness, lack of energy, social withdrawal, low self-esteem, increase/decrease of sleep or appetite, indecisiveness, unresolved grief, and/or poor concentration
- Anxiety Symptoms such as excessive or unrealistic worry, difficulties controlling worry; physical tension (i.e. muscle tension, restlessness, shakiness); autonomic hyperactivity (i.e. heart palpitations, shortness of breath, dry mouth, nausea); hypervigilance (i.e. feeling on edge, difficulties concentrating, trouble falling or staying asleep, irritability), sadness, intrusive memories, poor sleep, anxiety, guilt, etc.
- Trauma Symptoms such as intrusive, distressing thoughts related to the traumatic incident, avoidance of reminders of the incident, detachment, hypervigilance, and arousal and distress when reminded of the incident.

- Symptoms that are negatively impacting your mood, thoughts, or daily functioning
- · Having thoughts of death, suicide, or hurting oneself
- Not being able to do your job/school or take care of oneself or significant others
- Substantial decrease or increase of sleep, food, and/or alcohol or other substances

COPING STRATEGIES:

- Tactical breathing: inhale for 3 counts, hold for 3, exhale for 3 counts to reduce stress.
- Use Calm, Headspace, or another phone app to practice guided imagery & meditation.
- Increase and use your support system. You are not alone, everyone suffers.
- Wallpaper: Put happy pictures on your phone of family or vacations for reminders of happy times
- Exercise Regularly: Gym, walk, play with kids, sports, etc.
- Move: Get out of your couch, draw, listen to music, walk around the block, visit a park or a nice view.
- Use scented candles, oils, or other fragrances that are calming at home. Consider a nice smelling air freshener in your office.
- Go to therapy and talk with a trauma counselor.
- Concentrate on what you have & appreciate it.
- Do something nice for someone else: Anything from opening a door to a smile.

SLEEP TECHNIQUES:

- Lie down to sleep only when sleepy.
- Do not use bed for any other activities like TV, reading, listening to music, etc. only for sleeping.
- Get out of bed if sleep doesn't arrive soon after retiring (approx. 30-40 min)
- Try to set a consistent sleep-wake cycle. No napping, when possible.
- Restrict excessive liquid intake prior to bed & Avoid spicy late-night snacks or any late-night eating.
- Exercise daily but not 3-4 hours before bedtime.
- Minimize or avoid caffeine, alcohol, tobacco, and any stimulants.
- Do not use caffeine or any stimulants a minimum of 4-6 hours before going to bed.
- Try to avoid TV 1-2 hours before going to bed and avoid news or other intense material prior to going to bed.
- Make the bedroom colder, use brand new sheets, and darken your room.
- Try Chamomile, Valerian Root, Lavender, or Lemon Balm Teas.
- Eat Melatonin rich foods such as pistachios, tomatoes, tart cherries, walnuts, almonds, spinach, and bananas.



FIRST RESPONDERS WELLNESS CENTER

477 E. Butterfield Rd Suite 408-10 Lombard, IL 60148 540 W Frontage Rd. Suite 2125 Northfield, IL 60093

WHAT IS TRAUMA?

A traumatic incident is when a person is exposed to an actual or threatened death, serious injury, or sexual violence in one of more of the following ways: 1) directly experience, 2) witness it, 3) learn about is occurring to a close family/friend/co-worker, 4) experienced repeated or extreme exposure to aversive details.

EVENT RISK FACTORS that increase difficulties in handling the trauma:

- 1) Unexpected
- 2) Feeling unprepared or vulnerable
- 3) Unexpected consequences
- 4) Alone of feeling of being alone
- 5) Personal history with victim/offender/witness
- 6) Increased personal/current stressors
- 7) Current substance abuse or mental illness
- 8) Intentional act committed by another
- 9) Being near, highly exposed, and spending a long duration near or in the trauma
- 10) Victim is a child or vulnerable population
- 11) Man-made incident
- 12) Atrocity, brutal, or shocking
- 13) Victim or witness of multiple traumas
- 14) Inability to find any meaning or reason
- 15) Feeling that you did not handle the incident well

What you can do:

- 1) Understand common trauma reactions & that there is not something wrong with you
- 2) Talk with others who are safe/Increase your social support/Be with others
- 3) Name your emotions & acknowledge them
- 4) Expect unwanted emotions (i.e., crying spells, anxiety in crowds)
- 5) Grief can take a long time; give yourself time to recover.
- 6) Do not judge yourself negatively, you survived! Accept that you have feelings—feelings are not wrong, only what you do with your feelings can be wrong. You have a right to feel both
 - negative and positive emotions.
- 7) Do not immerse yourself in the trauma, limit your exposure, when possible, avoid a lot of
 - media and social media.
- 8) Try to get back into your normal routine slowly.
- 9) Use deep breathing, meditation, yoga, or other things that are calming to you.

- 10) Self-care: Eat healthy, prioritize sleep, shower, etc.
- 11) Exercise
- 12) Do what you enjoy, if you are happy that does not suggest you are okay with what occurred.

FIRST RESPONDERS WELLNESS CENTER

Critical Incidents- Common Reactions

Most common distortions of the traumatic event are:

- Distortion of time-(time sped up or slowed down)
- Sensory distortions- (i.e. tunnel vision, hearing changes, etc.)
- Perceptual or Behavioral Distortions- (i.e. Objects change size)
- Sense of helplessness-Limited choices
- "Fight/Flight/Freeze" response
- Disturbance in memory- sometimes our memory gives us "tunnel memory"
- Hyperarousal/Hypoarousal- heightened awareness of our surroundings or constriction of our perception
- Replaying the incident in your head (what ifs)

After a trauma an individual may feel:

- Detached
- Shock and disbelief
- Anxiety, nervousness
- Pre-occupied with thoughts about the incident
- · Angry, resentful
- Highly sensitive to others
- Guilt/Guilt for not feeling guilty
- Blaming others

- Hypervigilant, more so in public
- Unexpected emotions
- Relief
- · Proud, Happy
- Exhilaration
- Acceptance/Resolution
- Feelings of Isolation
- · Feelings that change or may conflict
- Scared/Afraid, particularly in social settings

After traumatic incidents individuals may exhibit increased emotions/bodily sensations such as:

Changes in appetite and/or sleep

• Nausea and stomachaches

Anxiety and/or Depression

• Changes in sexual function or libido

• Flashbacks of the incident

Anger, irritability

• Intrusive memories

Crying/Unexpected crying

Headaches

Weakness/Fatigue

Muscle Tension/Twitches

Poor concentration/Forgetfulness

Daymares/nightmares

Low frustration tolerance

Avoiding things related to the incident

Hypersensitivity & abrupt mood changes

Any emotions or changes can occur and are normal, but they should lessen over time. If your symptoms start to increase and/or impact your day to day living, then please call a mental health professional.

Call FRWC at 1-630-909-9094 or email <u>info@firstresponderswellnesscenter.com</u> or find a police and public safety therapist.

From: Jeff Wyke

Sent: Monday, July 4, 2022 9:56 PM

To: Hyndman, Amy

Subject: Re: Updated 4th of July Event Volunteers

Attachments: image004.png; image003.png; image001.png; image002.png; image005.png

[EXTERNAL EMAIL]

Yes, saw that guy on the news didn't recognize him.

Let me know how I may be able to help tomorrow. I'll be around.

Jeff



On Mon, Jul 4, 2022 at 9:22 PM Hyndman, Amy ahyndman@cityhpil.com wrote:

Just a note....if you are out and about tonight and/or tomorrow where the media is, please remember as an agent of the city, it is not appropriate to comment on any questions. If anyone asks you questions, please refer them to city hall.

Thanks again for your hard work.

Amy

Amy Hyndman 122

Police Officer p Highland Park Police Department 1677 Old Deerfield Rd Highland Park, IL 60035 847-432-7730

From: Curran, Sean

Sent: Monday, July 4, 2022 8:00:06 PM

To: Hyndman, Amy; 'Anne Violanti'; 'Barbara Rosenthal'; 'Brad Kramer'; 'Bruce Rosenberg'; 'Carolyn Cerf'; 'Cheryl Busscher'; 'Chick Stern'; 'Dan Bricker'; 'Daniel Lidawer'; 'Dave Rothschild'; 'Ducarmel Albana'; 'Earl Slavin'; 'Eddie Litke'; 'Eddie Rush'; 'Gary Greenberg'; 'George Slominski'; 'Jamie Santucci'; 'Jason Sims'; 'Jay DeGarmo'; 'Jeff Wyke'; 'Jeffrey Pine'; 'Jerry Aufox'; 'John Doherty'; 'John Theodosakis'; 'Josh Chaet'; 'Josh Olian'; 'Kathy LaMorte'; 'Katie Faletti'; 'Kris Byrnes'; 'Leslie Neilan'; 'Lou Shapiro'; 'Marc Rush'; 'Marvin Sabido'; 'Merle Branner'; 'Michael Baim'; 'Nancy McEntee'; 'Norman Greenberg'; 'Rachel Heyman'; 'Reynold Tung'; 'Richard Nelson'; 'Roy Filinson'; 'Ryan Werner'; 'Shane Selig'; 'Steve Amiel'; 'Steve Rachman'; 'Thomas Ochs'; 'Thomas Perrella'; 'Tim Benton'; 'William Roth'; 'Duke Wang'; 'Gurv Anand';

Cameron, Gerald;

Cc: Plazas, Cynthia

Subject: RE: Updated 4th of July Event Volunteers

Hi everyone,

I don't even know what to write to you all at this point, but I am incredibly proud of everyone and happy you are all safe. When this occurred, I was walking in the parade, stopping at all of our CERT posts. I immediately was in full swing into locating the offender and was responsible for leading the investigation by HP and a liaison to the FBI and Lake County Major Crime Task Force. I talked with David throughout the day and informed him he would have to take charge, and he did a great job.

I understand this is a traumatic event, and I will plan a debriefing soon. I don't know when because this is a massive investigation. But I will stay in touch; please don't hesitate to use the before-mentioned resources.

Sean

```
From: Hyndman, Amy <ahyndman@cityhpil.com>
Sent: Monday, July 4, 2022 6:46 PM
To: Curran, Sean <scurran@cityhpil.com>; 'Anne Violanti'
                                                                               , 'Barbara Rosenthal'
                                                                >; 'Bruce Rosenberg'

⇒; 'Brad Kramer' 

                            >; 'Carolyn Cerf' <
                                                             >: 'Cheryl Busscher'
                     >: 'Chick Stern'
                                                         >; 'Dan Bricker' ∢
'Daniel Lidawer'
                                       ➤: 'Dave Rothschild' <</p>
                                                                                 ; 'Ducarmel Albana'
                          >: 'Eddie Litke' ◄
                               : 'Gary Greenberg'
                                                                           . 'George Slominski'
'Eddie Rush' <
                                                              : 'Jason Sims'
                     🖹 'Jamie Santucci' 🔻

⟩; 'Jay DeGarmo' 
¶

                                                                     : 'Jeff Wyke'
                                                         ; 'Jerry Aufox'
                      : 'Jeffrey Pine' <
                                                                                          ⊳: 'John
Doherty' <
                                 : 'John Theodosakis'
                                                                                : 'Josh Chaet'
                                                        >: 'Kathy LaMorte'
                                    >; 'Kris Byrnes' < Kris. Byrnes@graphicpkg.com >; 'Leslie Neilan'
'Katie Faletti'
                                                             >: 'Marc Rush' ■
                       >, 'Lou Shapiro' <
                                         ; 'Merle Branner'
'Marvin Sabido'
                                                                            >; 'Michael Baim'
                        ; 'Nancy McEntee'
                                                                     : 'Norman Greenberg'
                                                             ; 'Reynold Tung'
                    >: 'Rachel Heyman'
'Richard Nelson'
                                        ; 'Roy Filinson' <roy@promosusb.com>; 'Ryan Werner'
                        >; 'Shane Selig'
                                                         : 'Steve Amiel'
'Steve Rachman' <steve.rachman@marcusmillichap.com>; 'Thomas Ochs'
'Thomas Perrella' < tom@thomasperrella.com>; 'Tim Benton' <
                                                                                 : 'William Roth'

⇒; 'Duke Wang' 

                                                               : 'Gurv Anand'
<Gurv@amberinsuranceservices.com>; '
                                                    Cameron, Gerald < gcameron@cityhpil.com>;
```

-

Cc: Plazas, Cynthia < cplazas@cityhpil.com > Subject: Re: Updated 4th of July Event Volunteers

Hi everyone,

Today's tragic event has shaken us all. You are all part of the HPPD family and I want you to know we have resources if you need them. Cynthia Plazas is our PD Social Worker and is available if you need someone to talk to.

Please reach out to Sean and/or I if you need anything. We also have a peer support team and resources that have a crisis line of members all over the country if you need that as well.

Sincerely,

Amy

Amy Hyndman 122

Police Officer p Highland Park Police Department 1677 Old Deerfield Rd Highland Park, IL 60035 847-432-7730

From: Curran, Sean

Sent: Thursday, June 30, 2022 1:27:47 PM

To: 'Anne Violanti'; 'Barbara Rosenthal'; 'Brad Kramer'; 'Bruce Rosenberg'; 'Carolyn Cerf'; 'Cheryl Busscher'; 'Chick Stern'; 'Dan Bricker'; 'Daniel Lidawer'; 'Dave Rothschild'; 'Ducarmel Albana'; 'Earl Slavin'; 'Eddie Litke'; 'Eddie Rush'; 'Gary Greenberg'; 'George Slominski'; 'Jamie Santucci'; 'Jason Sims'; 'Jay DeGarmo'; 'Jeff Wyke'; 'Jeffrey Pine'; 'Jerry Aufox'; 'John Doherty'; 'John Theodosakis'; 'Josh Chaet'; 'Josh Olian'; 'Kathy LaMorte'; 'Katie Faletti'; 'Kris Byrnes'; 'Leslie Neilan'; 'Lou Shapiro'; 'Marc Rush'; 'Marvin Sabido'; 'Merle Branner'; 'Michael Baim'; 'Nancy McEntee'; 'Norman Greenberg'; 'Rachel Heyman'; 'Reynold Tung'; 'Richard Nelson'; 'Roy Filinson'; 'Ryan Werner'; 'Shane Selig'; 'Steve Amiel'; 'Steve Rachman'; 'Thomas Ochs'; 'Thomas Perrella'; 'Tim Benton'; 'William Roth'; 'Duke Wang'; 'Gurv Anand';

Cameron, Gerald; Hyndman, Amy;

Cc: Hyndman, Amy; Cameron, Gerald; O'Neill, Chris; Gallagher, Sean

Subject: Updated 4th of July Event Volunteers

Hi everyone thank you very much for volunteering, attached are the 4th of July event assignments.

Parade:

George will bring IRV to library for our roll call at 9AM

George will hand out radios

Steve Rachman will be the parade incident commander

Quick roll call and respond to assignments by 9:15AM

George will bring IRV to Sunset Woods Park where he will be in charge of radio communication and will have a HPPD radio to transmit pertinent information between CERT and HPPD

At the conclusion of the parade Jeff Pine will assign two bicycle team members (please have backpacks) to retrieve radios from our CERTS at traffic posts – Nancy & Steve will await their radios to be picked up at Central and First and Norm & John at Central & McGovern.

Radios will be returned to George at the IRV at Sunset Park

4th Fest, Sunset Park 10:30AM to 2PM

Meet at IRV at 10:30 and retrieve radios

Bruce Rosenberg will be the incident commander for this 4th Fest

Dave will relieve George at noon

At 2PM return radios to IRV

Daye will return IRV to HPPD

Fireworks, HPPD Roll Call Room at 7PM (gate code is



Dave Rothchild will be incident commander and deploy IRV

Attend briefing and retrieve your radio

Dave will be in charge of communication and have a HPPD radio

Incident Commander will assign team to assist with traffic, patrol, and parking lot assignments

Dave return IRV to HPPD

Please drink plenty of water, we will have water and ice on the IRV for each event.

From: Curran, Sean Sent: Thursday, June 30, 2022 11:02 AM To: 'Anne Violanti' ◀ >: 'Barbara Rosenthal' <</p> Kramer' ◀ ; 'Bruce Rosenberg' 1>: 'Carolyn Cerf' 🖹 'Cheryl Busscher' 🗲 >: 'Chick Stern' ≥: 'Dan Bricker' ; 'Daniel Lidawer' < >; 'Dave Rothschild' P; 'Ducarmel Albana' , 'Earl Slavin' 'Eddie Litke' : 'Eddie Rush' ≤ Greenberg' P; 'George Slominski' >: 'Jamie Santucci' t 'Jason Sims' < : 'Jay DeGarmo' ; 'Jeff Wyke' >; 'Jeffrey Pine' ◀ ; 'Jerry . 'John Theodosakis' ; 'Josh Chaet' ; 'Josh Olian' 'Kathy LaMorte' 'Katie Faletti' < >; 'Kris Byrnes' < Kris. Byrnes@graphicpkg.com>; 'Leslie Neilan' < >; 'Lou Shapiro' : 'Marc Rush' >; 'Marvin Sabido' 📸; 'Merle Branner' < : 'Michael Baim' . 'Nancy McEntee' >; 'Norman Greenberg' r: 'Rachel Hevman' ✓ ►, 'Reynold Tung' 'Richard Nelson' 'Roy Filinson' < roy@promosusb.com>, 'Ryan Werner' ⇒; 'Shane Selig' : 'Steve Amiel' 'Steve Rachman' <steve.rachman@marcusmillichap.com>; 'Thomas Ochs' < 'Thomas Perrella' < tom@thomasperrella.com>; 'Tim Benton' < : 'William Roth' >: 'Duke Wang' < ▷: 'Gurv Anand' <<u>Gurv@amberinsuranceservices.com</u>>; ; Hyndman, Amy <a href="mailto: <a href=" Cc: Hyndman, Amy <ahyndman@cityhpil.com>; Cameron, Gerald <gcameron@cityhpil.com>; O'Neill, Chris <CONeill@cityhpil.com>; Gallagher, Sean <sgallagher@cityhpil.com> Subject: 4th of July

Hi everyone thank you very much for volunteering, attached are the 4th of July event assignments.

Parade:

George will bring IRV to library for our roll call at 9AM

George will hand out radios

Steve Rachman will be the parade incident commander

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Please drink plenty of water, we will have water and ice on the IRV for each event.

Sean Curran

Investigations Sergeant

(P) City of Highland Park

Police Department 1677 Old Deerfield Rd Highland Park, Illinois 60035

Main: 847.432.7730 Direct: 847.926.1119 Fax: 847.433.0180

surran@cityhpil.com cityhpil.com







From:
Monday July 4, 2022 0:56 PM

Sent: Monday, July 4, 2022 9:56 PM
To: ljogmen@cityhpil.com

ljogmen@cityhpil.com gneukirch@cityhpil.com

Subject: Just a thought

Attachments: image0.png; attachment.txt

[EXTERNAL EMAIL]

Hi Chief

Cc:

With kids connected these days on the World Wide Web, Any connection between the mass shooting in Denmark and yours? Both kids the same age. Did the same thing, one day apart? Something to consider?



2: Mass Shooting in Denmark:

A shooter killed three people Sunday inside one of Scandinavia's biggest shopping centers, in Copenhagen, Denmark. Authorities filed charges of murder and attempted murder against a 22-year-old Danish man, who apparently acted alone and randomly shot at victims. The suspect was carrying a rifle and a knife, obtained illegally. A 17-year-old boy and a 17-year-old girl, both Danes, and a 47-year-old Russian man, were killed. Four more were hospitalized but are in stable condition. Others were hurt in a stampede while people were fleeing the scene. Mass shootings are rare in Denmark. The last shooting that made headlines was in

headlinereporter.com

Thank you sir Keep up the good work.

Sent from my iPhone13

From:

Galina Petrova <galina@bg-voice.com>

Sent:

Monday, July 4, 2022 9:57 PM

To:

police@cityhpil.com

Subject:

Highland Park mass shooting

[EXTERNAL EMAIL]

Hello,

My name is Galina Petrova from BG VOICE Media group.

Please include this email to your mailing list with update regarding today's mass shooting

Thank you

From:

Sent: Monday, July 4, 2022 9:58 PM

To:

Lou Jogmen

Cc:

Subject: Attachments:

Chief Jogmen VIDEO of suspect in July 4 shooting RPReplay_Final1656973722.mov; attachment.html

[EXTERNAL EMAIL]

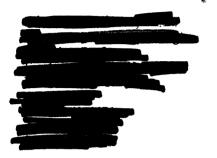
Chief Jogmen, you may already have this video but it was taken down so I wanted to make sure you have it. Please let me know you can open it. It's from Vimeo. Shows disturbing content including what looks like a school classroom.

PS I was unable to upload it to send to the FBI.

From:

Date: July 4, 2022 at 9:48:02 PM CDT

Sent from my iPhone



From:

Anne Flanigan Bassi < super@morainetownship.org>

Sent:

Monday, July 04, 2022 10:00 PM

To:

Neukirch, Ghida

Subject: Attachments: Re: Employee Counseling Service Available Tuesday, July 5th

image003.png; image004.png; image005.png; image007.png; image001.png; image002.png; image001.png; image007.png;

image003.png; image004.png; image005.png; image002.png; image007.png; image003.png; image004.png; image005.png; Critical Incidents- how to manage for all.pdf; What is trauma Handout All People.pdf; Critical Incidents- Common reactions .pdf

[EXTERNAL EMAIL]

So thankful for our police - just watched a video of people fleeing (someone sent because they thought they saw my hubby and grandkids running from Ross to Sunset) and clearly saw officers going toward shooting Seems like their courage kept him from loading the third 30-bullet clip - heroic beyond words

Heart so heavy can hardly breathe



Sent from my iPhone

On Jul 4, 2022, at 9:50 PM, Neukirch, Ghida <gneukirch@cityhpil.com> wrote:

Pls see below - - thank you partners!

Ghida S. Neukirch, CM City Manager

1707 St Johns Avenue Highland Park, Illinois 60035

Direct: 847.926.1003 gneukirch@cityhpil.com

From: Neukirch, Ghida

Sent: Monday, July 4, 2022 9:28 PM

To: 'allusers@cityhpil.com' <allusers@cityhpil.com>

Subject: Employee Counseling Service Available Tuesday, July 5th

Good evening colleagues,

Today has been an incredibly tragic day in our community. Whether you were on site or watching the news unfold at home, we understand how traumatic the events of today have been on our City of Highland Park family. I am in awe and incredibly appreciative of the swift work that our emergency responders undertook when shots were fired in the business district. Police, Fire, Public Works, Admin and other employees as well as the community quickly worked to provide aide to individuals on the scene and police personnel immediately began the investigation which has now led the person of interest in custody. We are grateful to the immediate and on-going support from the FBI, Lake County Major Crimes Task Force, State, area law enforcement agencies and numerous other agencies and organizations.

First Responders Wellness Center will be on site at West Ridge Center, 636 Ridge Road at 10 AM, July 5 to provide trauma support and counseling to City Staff and the City Council as well as for our Government Partners. <u>All</u> team members are welcome and encouraged to attend if comfortable. Please note that the opening session at 10 AM is designed specifically for those that were on the scene today. Attached are three handouts for reference and below is the schedule for services.

- 10am, West Ridge Center All team member who were at the Parade
- 11:30am, West Ridge Center All team members who were in Highland Park today
- 12:30pm, West Ridge Center All team members who would like additional support are encouraged to meet individually with a counselor from First Responders Wellness Center

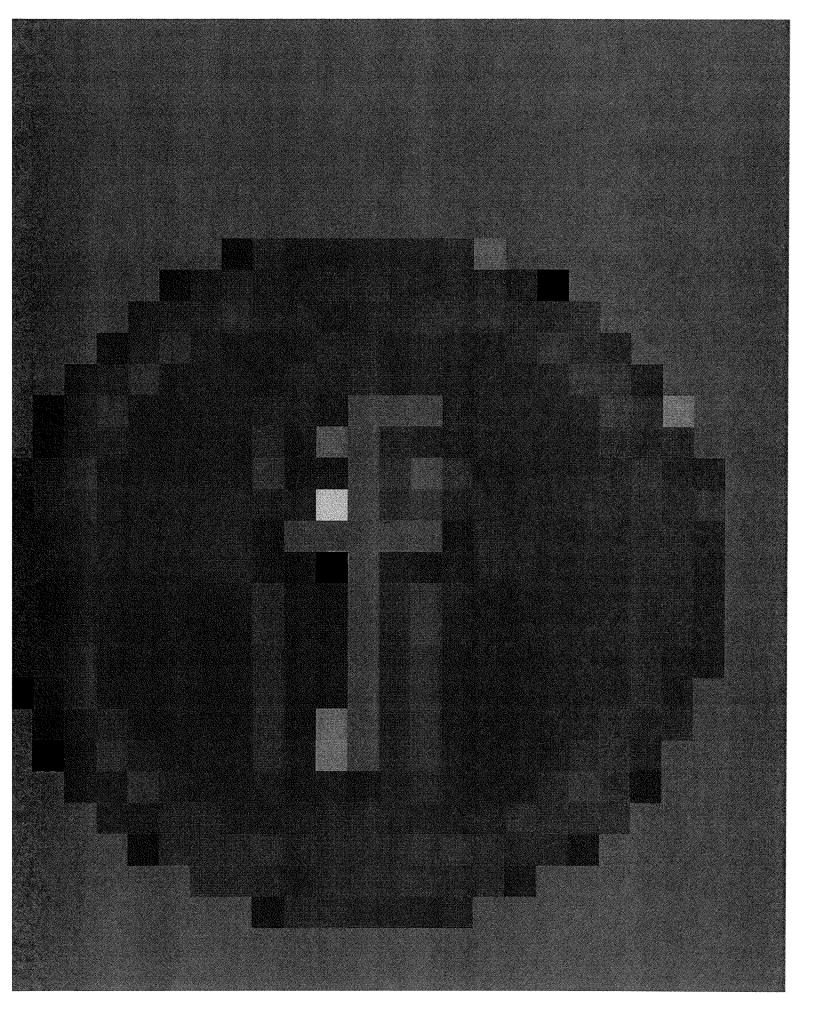
Additionally, communitywide counseling services will be taking place at the High School in a joint effort by the City, Park District, and School District 112 and 113 from 9:00 to 2:00. No appointment is necessary, but only the Vine Street entrance will be open. Anyone who is not a current District 113 student or staff member who wishes to take advantage of counseling services will need to have valid State identification to be cleared to enter the school, which is the school's standard procedure for visitors.

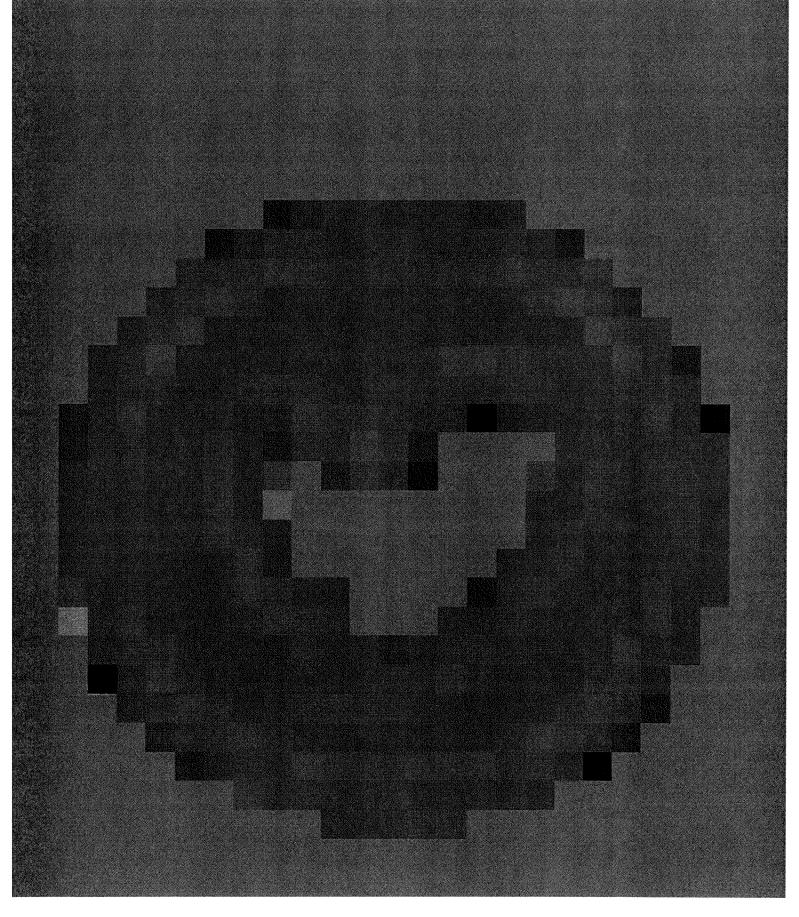
Human Resources will be sending out information on additional support options in the coming days.

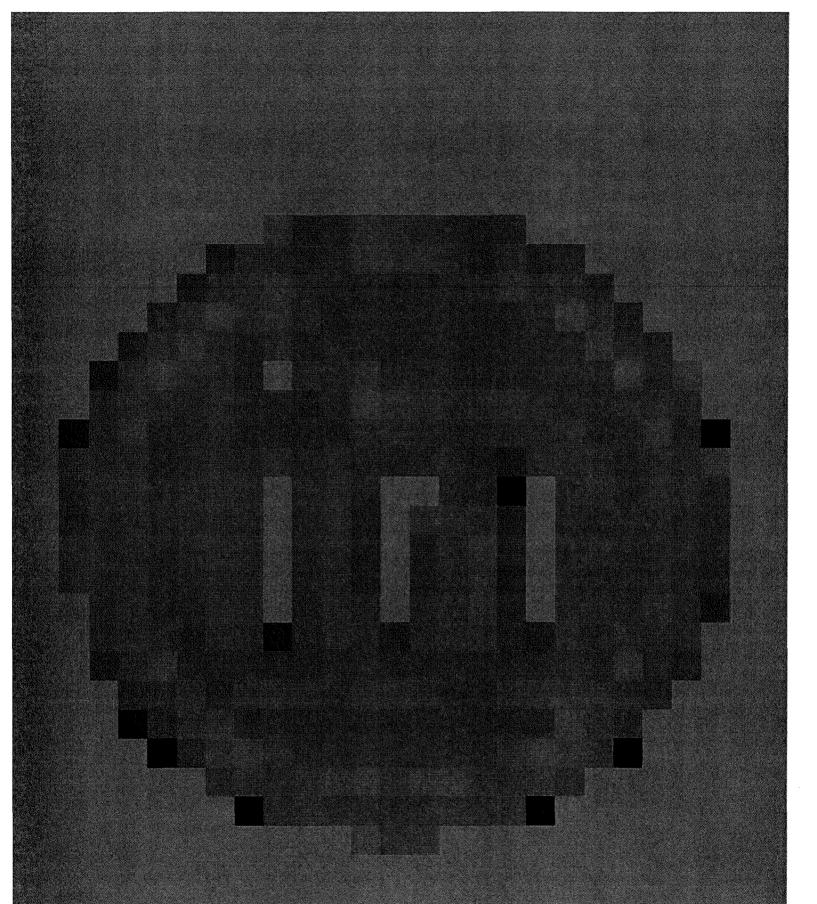
Ghida S. Neukirch, CM City Manager

1707 St Johns Avenue Highland Park, Illinois 60035

Direct: 847.926.1003 gneukirch@cityhpil.com



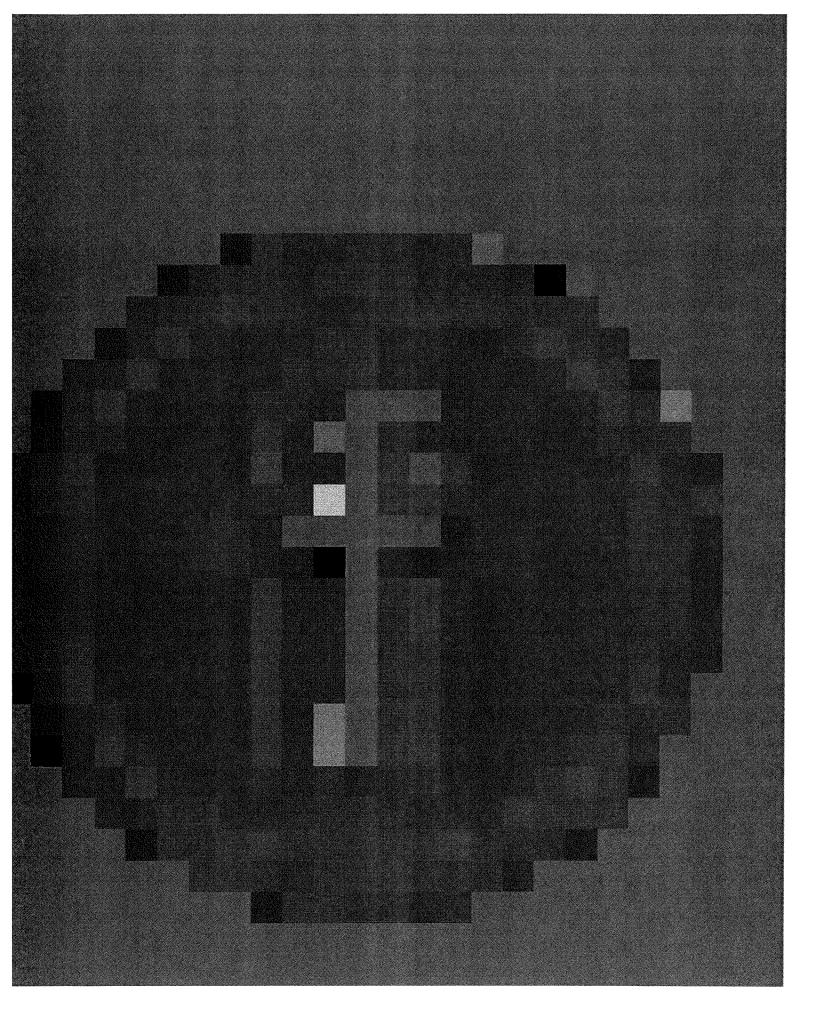


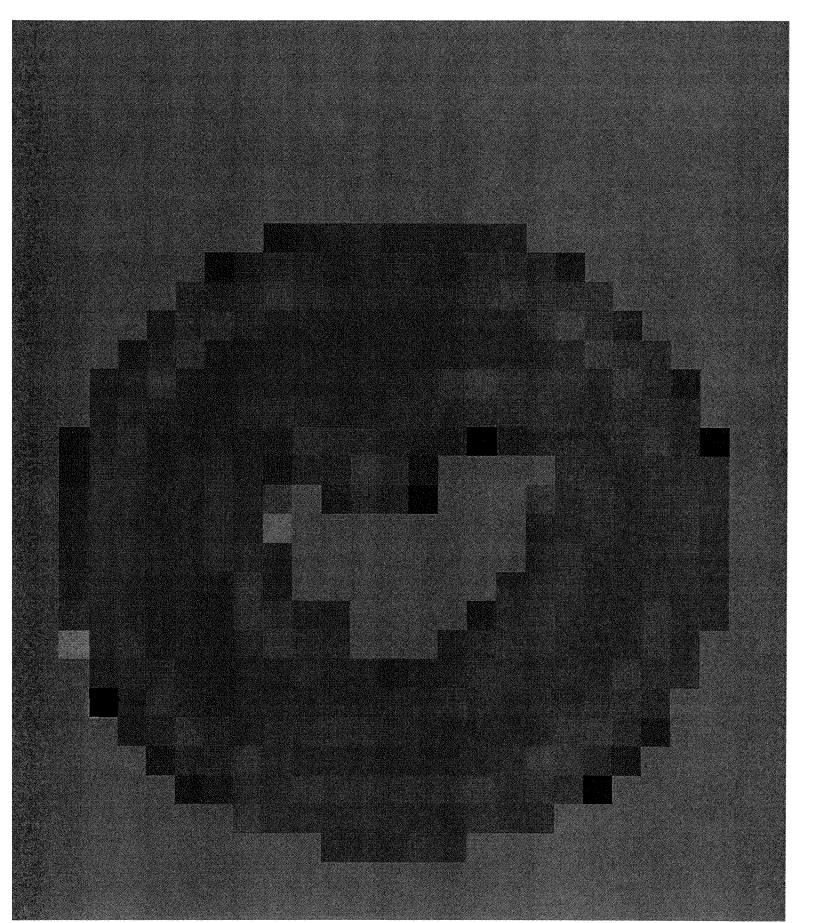


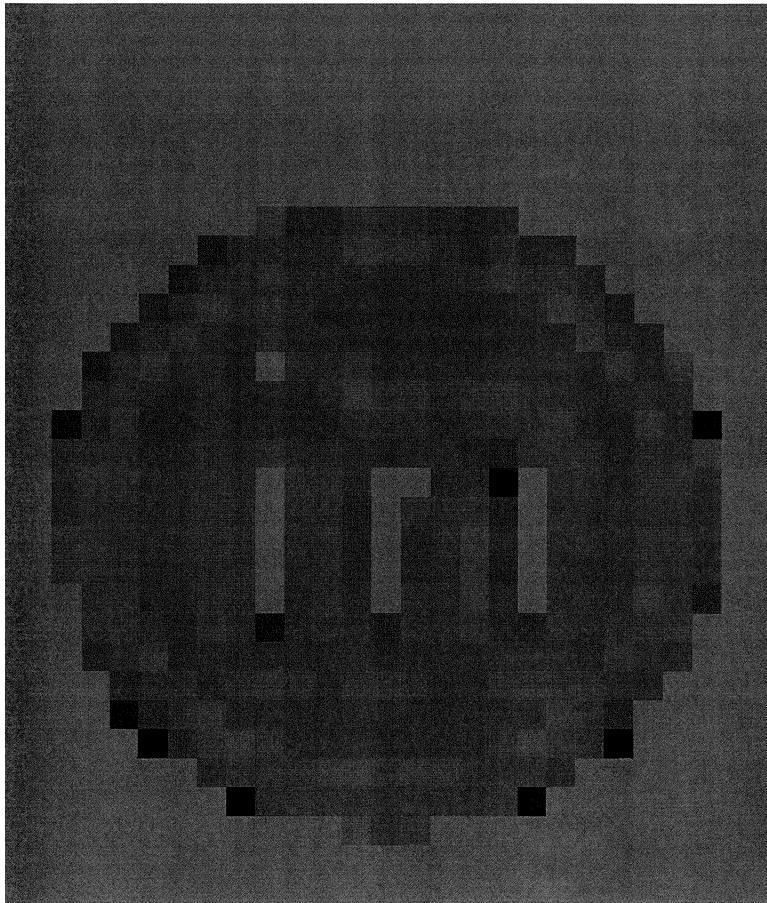


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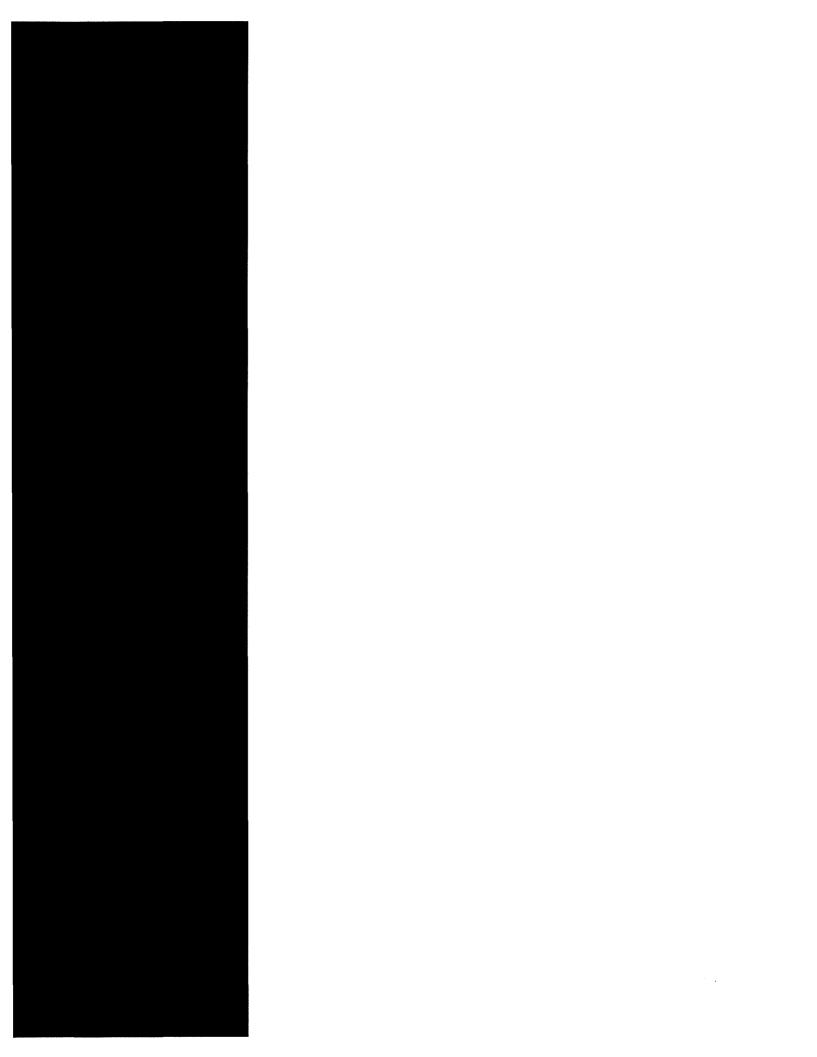


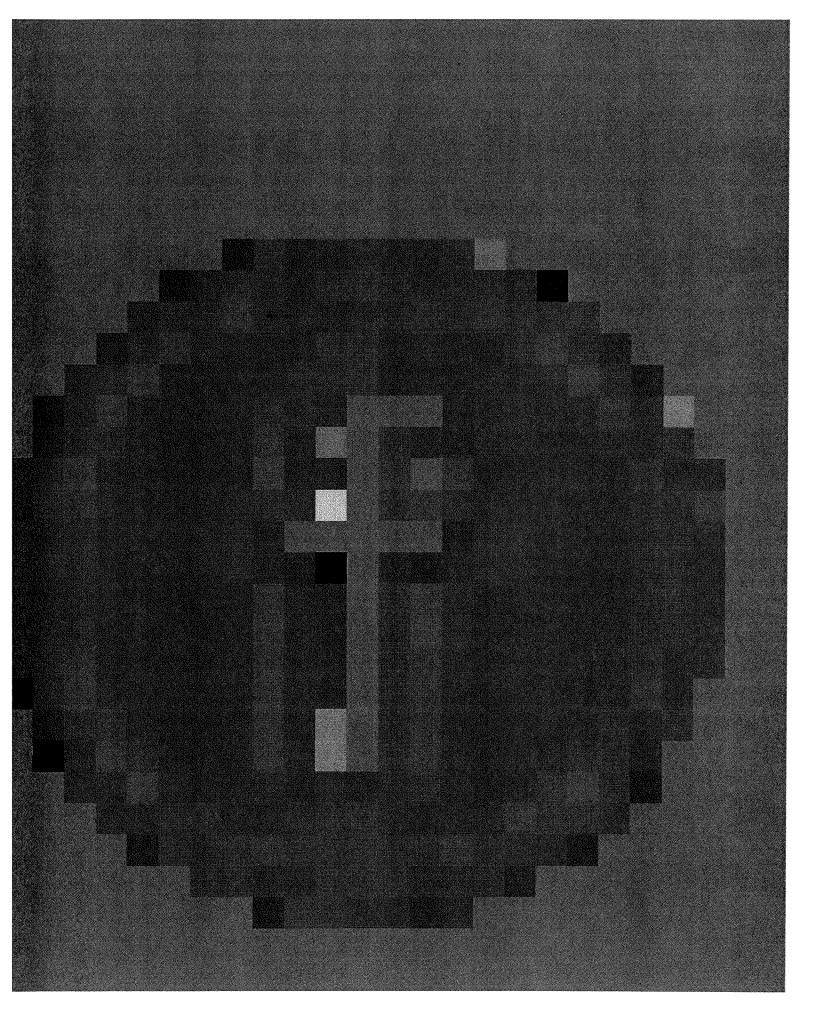


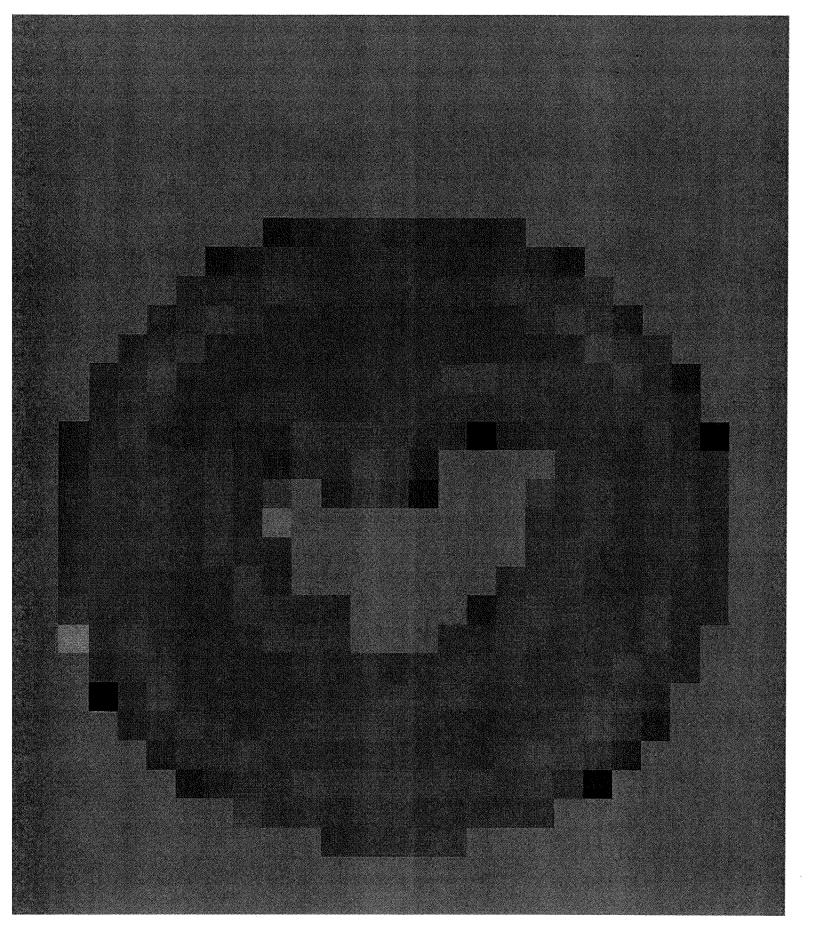


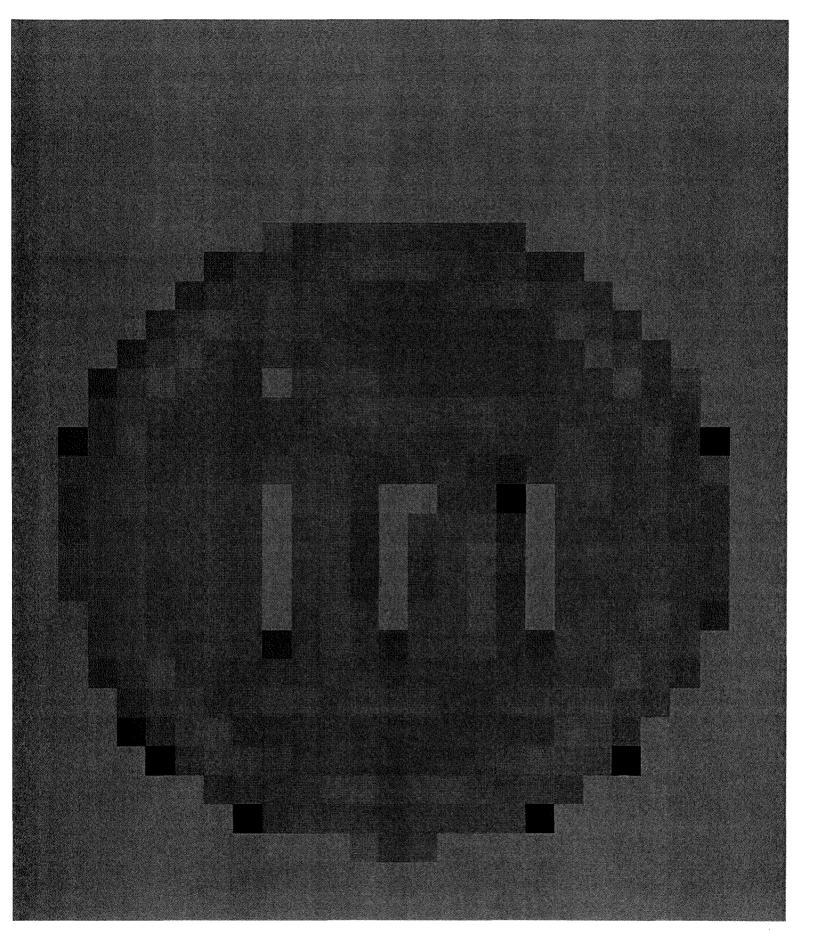














FIRST RESPONDERS

477 E. Butterfield Rd. Suite 408 Lombard Il 60148 540 Frontage Rd. #2125 Northfield, Il 60093 Main: 630-909-9094 Fax: 630-597-2583

COPING AFTER A CRITICAL INCIDENT:

- Try to slowly get back into your normal routine
- Do healthy things for your body (eat fruits, vegetables, whole grain, beans), exercise (30 min. a day), & sleep (8 hours)
- Grounding, practicing being present in the here and now (Use all 5 senses)
- Avoid excesses such as food, alcohol, shopping, gambling, exercise, etc.
- · Socialize with others & Talk about your feelings with others you trust
- Try therapy and/or spiritual counselors
- Have fun, read, play, and stay involved in your hobbies
- Volunteer or participate in other community activities to reduce isolation
- Watch comedies or look at www.sunnyskyz.com, a positive upbeat online news media
- Look at www.commonsensemedia.org for guidance on what movies, TV shows, cartoons, that could be triggering for your situation. Common sense media reports on positive message, positive role models, violence, sex, language, drinking, drugs, and smoking, and consumerism.
- Turn Media off & Take a Break: You may want to know what is happening with your critical incident, but the updates can also add distress. Consider if you truly want to know or not, if so, then give yourself time limits.

SIGNS YOU MAY NEED MORE HELP:

- Having symptoms that are getting worse or staying exactly the same since the incident.
- Difficulties with not thinking about the event and all the "what if's..."
- Depressive symptoms such as sadness, worthlessness, lack of energy, social withdrawal, low self-esteem, increase/decrease of sleep or appetite, indecisiveness, unresolved grief, and/or poor concentration
- Anxiety Symptoms such as excessive or unrealistic worry, difficulties controlling worry; physical tension (i.e. muscle tension, restlessness, shakiness); autonomic hyperactivity (i.e. heart palpitations, shortness of breath, dry mouth, nausea); hypervigilance (i.e. feeling on edge, difficulties concentrating, trouble falling or staying asleep, irritability), sadness, intrusive memories, poor sleep, anxiety, guilt, etc.
- Trauma Symptoms such as intrusive, distressing thoughts related to the traumatic incident, avoidance of reminders of the incident, detachment, hypervigilance, and arousal and distress when reminded of the incident.

- Symptoms that are negatively impacting your mood, thoughts, or daily functioning
- · Having thoughts of death, suicide, or hurting oneself
- Not being able to do your job/school or take care of oneself or significant others
- Substantial decrease or increase of sleep, food, and/or alcohol or other substances

COPING STRATEGIES:

- Tactical breathing: inhale for 3 counts, hold for 3, exhale for 3 counts to reduce stress.
- Use Calm, Headspace, or another phone app to practice guided imagery & meditation.
- Increase and use your support system. You are not alone, everyone suffers.
- Wallpaper: Put happy pictures on your phone of family or vacations for reminders of happy times
- Exercise Regularly: Gym, walk, play with kids, sports, etc.
- Move: Get out of your couch, draw, listen to music, walk around the block, visit a park or a nice view.
- Use scented candles, oils, or other fragrances that are calming at home. Consider a nice smelling air freshener in your office.
- Go to therapy and talk with a trauma counselor.
- Concentrate on what you have & appreciate it.
- Do something nice for someone else: Anything from opening a door to a smile.

SLEEP TECHNIQUES:

- Lie down to sleep only when sleepy.
- Do not use bed for any other activities like TV, reading, listening to music, etc. only for sleeping.
- Get out of bed if sleep doesn't arrive soon after retiring (approx. 30-40 min)
- Try to set a consistent sleep-wake cycle. No napping, when possible.
- Restrict excessive liquid intake prior to bed & Avoid spicy late-night snacks or any late-night eating.
- Exercise daily but not 3-4 hours before bedtime.
- Minimize or avoid caffeine, alcohol, tobacco, and any stimulants.
- Do not use caffeine or any stimulants a minimum of 4-6 hours before going to bed.
- Try to avoid TV 1-2 hours before going to bed and avoid news or other intense material prior to going to bed.
- Make the bedroom colder, use brand new sheets, and darken your room.
- Try Chamomile, Valerian Root, Lavender, or Lemon Balm Teas.
- Eat Melatonin rich foods such as pistachios, tomatoes, tart cherries, walnuts, almonds, spinach, and bananas.



FIRST RESPONDERS WELLNESS CENTER

477 E. Butterfield Rd Suite 408-10 Lombard, IL 60148 540 W Frontage Rd. Suite 2125 Northfield, IL 60093

WHAT IS TRAUMA?

A traumatic incident is when a person is exposed to an actual or threatened death, serious injury, or sexual violence in one of more of the following ways: 1) directly experience, 2) witness it, 3) learn about is occurring to a close family/friend/co-worker, 4) experienced repeated or extreme exposure to aversive details.

EVENT RISK FACTORS that increase difficulties in handling the trauma:

- 1) Unexpected
- 2) Feeling unprepared or vulnerable
- 3) Unexpected consequences
- 4) Alone of feeling of being alone
- 5) Personal history with victim/offender/witness
- 6) Increased personal/current stressors
- 7) Current substance abuse or mental illness
- 8) Intentional act committed by another
- 9) Being near, highly exposed, and spending a long duration near or in the trauma
- 10) Victim is a child or vulnerable population
- 11) Man-made incident
- 12) Atrocity, brutal, or shocking
- 13) Victim or witness of multiple traumas
- 14) Inability to find any meaning or reason
- 15) Feeling that you did not handle the incident well

What you can do:

- 1) Understand common trauma reactions & that there is not something wrong with you
- 2) Talk with others who are safe/Increase your social support/Be with others
- 3) Name your emotions & acknowledge them
- 4) Expect unwanted emotions (i.e., crying spells, anxiety in crowds)
- 5) Grief can take a long time; give yourself time to recover.
- 6) Do not judge yourself negatively, you survived! Accept that you have feelings—feelings are not wrong,
 - only what you do with your feelings can be wrong. You have a right to feel both negative and positive emotions.
- 7) Do not immerse yourself in the trauma, limit your exposure, when possible, avoid a lot of
 - media and social media.
- 8) Try to get back into your normal routine slowly.
- 9) Use deep breathing, meditation, yoga, or other things that are calming to you.

- 10) Self-care: Eat healthy, prioritize sleep, shower, etc.
- 11) Exercise12) Do what you enjoy, if you are happy that does not suggest you are okay with what occurred.

FIRST RESPONDERS WELLNESS CENTER

Critical Incidents- Common Reactions

Most common distortions of the traumatic event are:

- Distortion of time-(time sped up or slowed down)
- Sensory distortions- (i.e. tunnel vision, hearing changes, etc.)
- Perceptual or Behavioral Distortions- (i.e. Objects change size)
- Sense of helplessness-Limited choices
- "Fight/Flight/Freeze" response
- Disturbance in memory- sometimes our memory gives us "tunnel memory"
- Hyperarousal/Hypoarousal- heightened awareness of our surroundings or constriction of our perception
- Replaying the incident in your head (what ifs)

After a trauma an individual may feel:

- Detached
- Shock and disbelief
- Anxiety, nervousness
- Pre-occupied with thoughts about the incident
- · Angry, resentful
- Highly sensitive to others
- Guilt/Guilt for not feeling guilty
- Blaming others

- Hypervigilant, more so in public
- Unexpected emotions
- Relief
- · Proud, Happy
- Exhilaration
- Acceptance/Resolution
- Feelings of Isolation
- · Feelings that change or may conflict
- Scared/Afraid, particularly in social settings

After traumatic incidents individuals may exhibit increased emotions/bodily sensations such as:

Changes in appetite and/or sleep

· Nausea and stomachaches

• Anxiety and/or Depression

• Changes in sexual function or libido

· Flashbacks of the incident

· Anger, irritability

• Intrusive memories

Crying/Unexpected crying

Headaches

Weakness/Fatigue

Muscle Tension/Twitches

Poor concentration/Forgetfulness

Daymares/nightmares

Low frustration tolerance

Avoiding things related to the incident

Hypersensitivity & abrupt mood changes

Any emotions or changes can occur and are normal, but they should lessen over time. If your symptoms start to increase and/or impact your day to day living, then please call a mental health professional.

Call FRWC at 1-630-909-9094 or email <u>info@firstresponderswellnesscenter.com</u> or find a police and public safety therapist.

From:

gneukirch@cityhpil.com

Sent:

Monday, July 04, 2022 10:05 PM

To:

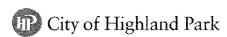
super@morainetownship.org

Subject:

RE: Employee Counseling Service Available Tuesday, July 5th

So heroic!

Ghida S. Neukirch, CM City Manager



1707 St Johns Avenue Highland Park, Illinois 60035

Direct: 847.926.1003 gneukirch@cityhpil.com







From: Anne Flanigan Bassi < super@morainetownship.org>

Sent: Monday, July 4, 2022 10:00 PM

To: Neukirch, Ghida <gneukirch@cityhpil.com>

Subject: Re: Employee Counseling Service Available Tuesday, July 5th

[EXTERNAL EMAIL]

So thankful for our police - just watched a video of people fleeing (someone sent because they thought they saw my hubby and grandkids running from Ross to Sunset) and clearly saw officers going toward shooting Seems like their courage kept him from loading the third 30-bullet clip - heroic beyond words

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1707 St Johns Avenue Highland Park, Illinois 60035

Direct: 847.926.1003 gneukirch@cityhpil.com

From: Neukirch, Ghida

Sent: Monday, July 4, 2022 9:28 PM

To: 'allusers@cityhpil.com' <allusers@cityhpil.com>

Subject: Employee Counseling Service Available Tuesday, July 5th

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Human Resources will be sending out information on additional support options in the coming days.

Ghida S. Neukirch, CM City Manager

1707 St Johns Avenue Highland Park, Illinois 60035

Direct: 847.926.1003 gneukirch@cityhpil.com

ejason@cityhpil.com From:

Monday, July 4, 2022 10:05 PM Sent:

acivitello@cityhpil.com To:

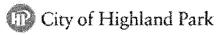
Subject: Incident PR

Attachments: image001.png; image002.gif; image003.png; image004.png; image005.png; 070422

Active Shooter Update (3).docx

Map coming from Ramesh shortly.

Erin K. Jason (she/her) Assistant City Manager



1707 St Johns Avenue Highland Park, Illinois 60035 Direct: 847.926.1004 ejason@cityhpil.com cityhpil.com









1707 St. Johns Avenue Highland Park, Illinois 60035 www.cityhpil.com

For Immediate Release July 4, 2022

Media Release

Staff Contact

Amanda Civitello
Communications Manager
Email: aciviteilo@cityhpil.com

Tel: 847.926.1043

Person of Interest Taken Into Custody in Highland Park (IL) Fourth of July Parade Shooting

Highland Park, Illinois – At approximately 6:30PM, the North Chicago Police Department identified a Honda Fit with a license plate matching the suspect vehicle, traveling Southbound on IL Route 41 and Buckley in North Chicago. The Officer attempted a traffic stop; a brief pursuit ensued. In coordination with other area law enforcement, the suspect vehicle was stopped at IL Route 41 and Westleigh Road in Lake Forest. The person of interest, Robert (Bobby) E. Crimo III was taken into custody without incident.

Crimo has been transported to Highland Park Police Department. Despite having a suspect in custody; this remains an active investigation. As the FBI and Lake County Major Crimes Unit continue to remain on site for the crime scene investigation, a perimeter will be maintained around portions of the Central Business District; detours are in place. The updated closure area includes: Central Avenue from Green Bay Road to St Johns, First Street from Laurel Avenue to Elm Place, and Second Street from Laurel Avenue to the southern entrance of the South Street public parking lot (map attached). The Police Department requests that the public continue to send in any tips and/or photos/videos that may be relevant to the investigation for processing.

Individuals still needing to be reunited with loved ones they were separated from during the course of today's events should go to the Highland Park Police Department at 1677 Old Deerfield Rd, Highland Park.

Further information regarding this investigation will be posted to cityhpil.com as available.

Person of Interest: Robert (Bobby) E. Crimo III



Map of Investigation Area:

INSERT

From: acivitello@cityhpil.com

Sent: Monday, July 4, 2022 10:05 PM

; nrotering@cityhpil.com To: Sarah.Suminski@nbcuni.com;

RE: MSNBC Interview Request for Mayor Rotering - 12pm CT hour Subject:

image002.qif; image003.png; image004.png; image005.png; image006.png Attachments:

Hi Sarah,

Thank you so much for your kind words of support for our community. It is greatly appreciated.

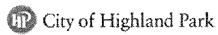
I spoke with Mayor Rotering today and she would be able to join you tomorrow, July 5, at 12:00 PM Central for an interview with Michael Steele.

Would you be so kind as to send the Zoom link to me and Mayor Rotering?

Thank you,

Amanda Civitello

Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From: Suminski, Sarah (NBCUniversal) <Sarah.Suminski@nbcuni.com>

Sent: Monday, July 4, 2022 5:11 PM

Rotering, Nancy <nrotering@cityhpil.com>; Civitello, Amanda To: Rotering, Nancy (contact)

<acivitello@cityhpil.com>

Subject: MSNBC Interview Request for Mayor Rotering - 12pm CT hour

[EXTERNAL EMAIL]

Hello Mayor Rotering,

I send my heartfelt condolences for the atrocious shooting in Highland Park today – I hope that you and your loved ones are safe and I'm thinking of your community in the midst of this horrible tragedy.

I am reaching out to see if you are available to join Michael Steele on MSNBC for Peacock tomorrow during the 12pm CT hour to talk about the shooting? This would be remote via Skype/Zoom/FaceTime. Please let me know when you can and thank you for your consideration.

All the best, Sarah 717-602-4190 From:

acivitello@cityhpil.com

Sent:

Monday, July 4, 2022 10:07 PM

To:

Brian.Drew2@nbcuni.com

Subject:

RE: MSNBC Request 2pm CT Tuesday

Attachments:

image001.png; image002.gif; image003.png; image004.png; image005.png

Hi Brian,

Thank you so much for your kind words of support for our community.

Mayor Nancy Rotering would be able to meet with you at 2 PM tomorrow, Tuesday, July 5 via Zoom. Would you be so kind as to send the Zoom link to me and Nancy at nrotering@cityhpil.com?

Thank you,

Amanda Civitello

Communications Manager she / her / hers



City of Highland Park

1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From: Drew2, Brian (NBCUniversal) <Brian.Drew2@nbcuni.com>

Sent: Monday, July 4, 2022 5:27 PM

To: Civitello, Amanda <acivitello@cityhpil.com> Subject: MSNBC Request 2pm CT Tuesday

[EXTERNAL EMAIL]

Hi Amanda,

I hope you and your loved ones are doing okay after today. Is there any chance somebody from the city is available to come on MSNBC in the 3pm ET/2pm CT hour on Tuesday to talk about the investigation, how the city is doing, what it needs after today's shooting. It'd be a live interview with Hallie Jackson. We could do it from Skype, Factime or Zoom.

Thank you,

Brian Drew

MSNBC Booking Producer Hallie Jackson Reports (3pm) 202 294 3936 From: Byon, Irene (NBCUniversal) <irene.byon@nbcuni.com>

Sent: Monday, July 4, 2022 10:07 PM

To: Civitello, Amanda

Cc: Goldstein, Julie (NBCUniversal); Damberg, Chelsea (NBCUniversal); Walker,

Hayley(NBCUniversal)

Subject: Re: [EXTERNAL] Interview w/ Mayor Rotering

Attachments: image008.gif; image009.png; image010.png; image011.png; image012.png;

image013.png; image001.png; image001.png; image008.gif; image009.png; image010.png; image011.png; image012.png; image013.png; image018.gif;

image009.png; image010.png; image011.png

[EXTERNAL EMAIL]

Hi Amanda,

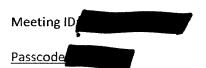
Here is the zoom link:

Topic: NBC Today Show / Mayor Nancy Rotering

Time: Jul 5, 2022 06:30 AM Eastern Time (US and Canada)

Join Zoom Meeting

https://nbcumv.zoom.us/j/



IRENE BYON | BOOKING PRODUCER | NBC NEWS | C:

On Jul 4, 2022, at 7:53 PM, Byon, Irene (NBCUniversal) <irene.byon@nbcuni.com> wrote:

Thank you so much, Amanda!

Yes, we would love to have the mayor on with us for a pre tape at 5:45amCT/6:45amET.

I'm also cc'ing my colleagues Julie and Hayley who will help with any logistics of the interview overnight leading up to tomorrow morning.

We will send you the zoom link as soon as it is ready!

Also just wanted to double check if there's any chance mayor Rotering would be able to join us in person near the crime site for the pre tape? We totally understand it's so early in the morning and she's had an exhausting day.

Thank you again.

Sincerely, Irene

IRENE BYON | BOOKING PRODUCER | INBC NEWS | C.

On Jul 4, 2022, at 7:49 PM, Civitello, Amanda <acivitello@cityhpil.com> wrote:

Hi Irene -

Can Mayor Rotering do 5:45 AM for the Today Show via Zoom?

Let me know, thanks!

Amanda Civitello Communications Manager

she / her / hers

R City of Highland Park

1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com



From: Byon, Irene (NBCUniversal) <irene.byon@nbcuni.com>

Sent: Monday, July 4, 2022 8:01 PM

To: Civitello, Amanda <acivitello@cityhpil.com>

Subject: RE: Media Release: Highland Park Strong: Grieving Together as a Community

[EXTERNAL EMAIL]

Thank you so much Amanda!

IRENE BYON | BOOKING PRODUCER | 🤲 NBC NEWS | C:

From: Civitello, Amanda <acivitello@cityhpil.com>

Sent: Monday, July 4, 2022 8:56 PM

To: Civitello, Amanda <acivitello@cityhpil.com>

Subject: [EXTERNAL] Media Release: Highland Park Strong: Grieving Together as a Community

Good evening,

Together, the City of Highland Park, the Park District of Highland Park, Highland Park High School / Township High School District 113, and North Shore School District 112 are grieving for the victims and the families of the horrific shooting today at what should have been a happy and joyous celebration. Counseling professionals will be available tomorrow for students, staff and community members at Highland Park High School (433 Vine Ave.) from 9:00 to 2:00. No appointment is necessary. Further details are available in the attached press release, which I have copied below for your convenience.

As always, please don't hesitate to reach out with any questions you might have. Thank you for your care and concern for our community.

Sincerely,
Amanda Civitello
Communications Manager
City of Highland Park, IL
acivitello@cityhpil.com /

Highland Park Strong: Grieving Together as a Community

Highland Park, Illinois – Together, the City of Highland Park, the Park District of Highland Park, Highland Park High School / Township High School District 113, and North Shore School District 112 are grieving for the victims and the families of the horrific shooting today at what should have been a happy and joyous celebration.

Highland Park is a strong community, closely knit with shared values, priorities, and partnerships that were so clearly evident among the organizations, individuals, businesses, and entertainers participating in our parade today. As we grieve together as a community, we need to support each other as a community. In the aftermath of this unthinkable tragedy, we are stronger together.

Counseling professionals will be available tomorrow for students, staff and community members at Highland Park High School (433 Vine Ave.) from 9:00 to 2:00. No appointment is necessary, but only the Vine Street entrance will be open. Anyone who is not a current District 113 student or staff member who wishes to take advantage of counseling services will need to have a valid driver's license to be cleared to enter the school, which is the school's standard procedure for visitors to the school.

Amanda Civitello

Communications Manager she / her / hers

(IP) City of Highland Park

1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From:

gneukirch@cityhpil.com

Sent:

Monday, July 4, 2022 10:08 PM

To:

ljogmen@cityhpil.com; acivitello@cityhpil.com; ejason@cityhpil.com; jschrage@cityhpil.com;

etaub@cityhpil.com; rkanapareddy@cityhpil.com

Subject:

Incident Update

Attachments:

attachment.ics

Subject: Incident Update

Location: EOC at Fire HQ

Start: 7/5/2022 8:30 AM

End: 7/5/2022 9:30 AM

Show Time As: Tentative

Recurrence: (none)

Meeting Status: Not yet responded

Organizer: gneukirch@cityhpil.com

Required Attendees: gneukirch@cityhpil.com; ljogmen@cityhpil.com; acivitello@cityhpil.com; ejason@cityhpil.com; jschrage@cityhpil.com; etaub@cityhpil.com; rkanapareddy@cityhpil.com

From:

Sent:

gneukirch@cityhpil.com Monday, July 04, 2022 10:08 PM

To:

mharrison@cityhpil.com

Subject:

Incident Update

Attachments:

attachment.ics

Subject:

Incident Update

Location:

EOC at Fire HQ

Start:

7/5/2022 8:30 AM

End:

7/5/2022 9:30 AM

Show Time As:

Tentative

Recurrence:

(none)

Meeting Status:

Not yet responded

Organizer:

gneukirch@cityhpil.com

Required Attendees: gneukirch@cityhpil.com; mharrison@cityhpil.com

From:

acivitello@cityhpil.com

Sent:

Monday, July 4, 2022 10:10 PM

To:

david.c.goodman@warnermedia.com

Subject:

RE: Media Release: Person of Interest Identified in Highland Park (IL) 4th of July

Parade

Attachments:

image008.gif; image009.png; image010.png; image011.png; image012.png; image013.png; image014.gif; image015.png; image016.png; image017.png;

image001.png

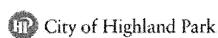
Hi David,

Mayor Nancy Rotering would be able to speak with you tomorrow, Tuesday, July 5 at 2:30 PM. Would you be so kind as to send the Zoom link to me and nrotering@cityhpil.com?

Thank you so much,

Amanda Civitello

Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From: Goodman, David <david.c.goodman@warnermedia.com>

Sent: Monday, July 4, 2022 5:10 PM

To: Civitello, Amanda <acivitello@cityhpil.com>

Subject: Re: Media Release: Person of Interest Identified in Highland Park (IL) 4th of July Parade

[EXTERNAL EMAIL]

Thanks so much. Do you know if anyone from the city can join CNN between 2 and 4pm ET tomorrow via Skype to talk the shooting? 332-213-6775 is my number so you have it.

From: "Civitello, Amanda" <acivitello@cityhpil.com>

Date: Monday, July 4, 2022 at 6:09 PM

To: "Civitello, Amanda" <acivitello@cityhpil.com>

Subject: Media Release: Person of Interest Identified in Highland Park (IL) 4th of July Parade

EXTERNAL SENDER: Caution opening links or attachments

Good evening.

Investigators from the City of Highland Park Police Department, the FBI, the Lake County Major Crime Task Force and law enforcement agencies throughout the area have been working tirelessly on the investigation of the active shooter at the Highland Park (IL) Fourth of July Parade.

Through law enforcement partnerships and community information and leads, a person of interest has been identified as Robert (Bobby) E. Crimo III. He is twenty-two years old. He is believed to be driving a 2010 Silver Honda Fit, IL Lic. Plate DM 80653. A photograph is included below.

Further information is available in the below press release. As always, please don't hesitate to reach out with any questions you might have at

Thank you for your concern and care for our community.

Amanda Civitello Communications Manager City of Highland Park

Person of Interest Identified in Highland Park (IL) Fourth of July Parade Shooting

Highland Park, Illinois – Investigators from the City of Highland Park Police Department, the FBI, the Lake County Major Crime Task Force and law enforcement agencies throughout the area have been working tirelessly on the investigation of the active shooter at the Highland Park (IL) Fourth of July Parade.

Through law enforcement partnerships and community information and leads, a person of interest has been identified as Robert (Bobby) E. Crimo III. He is twenty-two years old. He is believed to be driving a 2010 Silver Honda Fit, IL Lic. Plate DM 80653. A photograph is included below.

Numerous federal, State and local law enforcement agencies working on apprehending this person of interest. Investigators continue to receive tips from the public and law enforcement partners, and will follow up on all of them. Individuals who have information to share with police, are urged to contact 1-800-CALL-FBI.

The City of Highland Park extends its deepest condolences to the loved ones of those who were impacted by the horrific incident in our community.

Further information regarding this investigation will be posted to <u>cityhpil.com</u> as available, and law enforcement will continue to provide regular briefings to the public.

Person of Interest: Robert (Bobby) E. Crimo III



Amanda Civitello Communications Manager she / her / hers



(III) City of Highland Park

1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From:

acivitello@cityhpil.com

Sent:

Monday, July 04, 2022 10:11 PM Taisje.Claiborne@nbcuni.com

Subject:

RE: Meet The Press NOW Interview Request For Tomorrow, Tues. July 5th at 4pm ET

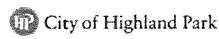
Hi Taisje,

I spoke with Mayor Rotering and she would be able to meet with you tomorrow, Tuesday, July 5, during the 3:00 hour as suggested. Would you be able to send a Zoom link to me and nrotering@cityhpil.com?

Thank you,

Amanda Civitello

Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From: Claiborne, Taisje (NBCUniversal) <Taisje.Claiborne@nbcuni.com>

Sent: Monday, July 4, 2022 5:00 PM

To: Civitello, Amanda <acivitello@cityhpil.com> Cc: Neukirch, Ghida <gneukirch@cityhpil.com>

Subject: Re: Meet The Press NOW Interview Request For Tomorrow, Tues. July 5th at 4pm ET

[EXTERNAL EMAIL]

Thank you for the response Amanda. I will check-in tomorrow and the coming days about a possible interview.

Get Outlook for iOS

From: Civitello, Amanda <acivitello@cityhpil.com>

Sent: Monday, July 4, 2022 5:13:02 PM

To: Claiborne, Taisje (NBCUniversal) < Taisje. Claiborne@nbcuni.com>

Cc: Neukirch, Ghida <gneukirch@cityhpil.com>

Subject: [EXTERNAL] RE: Meet The Press NOW Interview Request For Tomorrow, Tues. July 5th at 4pm ET

Hi Taisje,

Thank you for reaching out.

At this time, the City is focused on providing regular updates through media briefings, and will not be able to schedule one-on-one interviews during an active incident.

Please don't hesitate to check in over the next few days. I will be sure to add you to our press list so that you receive our updates regarding this tragic incident.

If you would like to discuss, please feel free to contact me at



Sincerely,

Amanda Civitello Communications Manager

she / her / hers



R City of Highland Park

1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com



From: Claiborne, Taisje (NBCUniversal) < Taisje.Claiborne@nbcuni.com >

Sent: Monday, July 4, 2022 3:53 PM

To: Civitello, Amanda <acivitello@cityhpil.com>

Subject: Meet The Press NOW Interview Request For Tomorrow, Tues. July 5th at 4pm ET

[EXTERNAL EMAIL]

Hello Amanda,

I am reaching out on behalf of Meet The Press NOW on NBC NEWS NOW. I know this is busy time for you all but I wanted to see if Mayor Rotering has any availability to join Peter Alexander on Meet The Press NOW tomorrow, Tuesday, July 5th during the 4pm ET hour to discuss the shooting we saw take place today.

Does Mayor Rotering have any availability to join Meet The Press NOW Tuesday, July 5th during the 4pm ET hour? I would love to set it up if her schedule allows.

Just a note - Meet The Press NOW currently airs on NBC News NOW. On the NBC NOW platform, Meet The Press NOW will continue to discuss important political and public policy news while reaching an even broader audience on the platform.

Thank you for your consideration

Sincerely,

Taisje Claiborne

Associate Booking Producer, Meet The Press NOW

NBC NEWS NOW

From: Forrest, Steve <steve.forrest@warnermedia.com>

Sent: Monday, July 4, 2022 10:12 PM

To: Civitello, Amanda

Subject: Re: !!URGENT! From Steve at CNN in New York - LIVE INTERVIEW WITH YOU

TOMORROW MORNING

Attachments: image002.gif; image003.png; image004.png; image005.png; image007.png;

image008.jpg; image009.png; image010.jpg; image009.png; image002.gif; image003.png; image004.png; image005.png; image010.jpg; image007.png; image002.gif; image003.png; image004.png; image005.png; image008.jpg

[EXTERNAL EMAIL]

Stand by. My evening team looking at the rundown.

Steve Forrest Editorial Producer New Day CNN New York

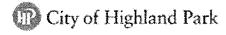
On Jul 4, 2022, at 10:53 PM, Civitello, Amanda <acivitello@cityhpil.com> wrote:

Hi Steve,

Thanks for reaching out. I connected with Mayor Rotering and we are wondering if we can do 7:00 AM? Or another time within the 7:00 hour?

Amanda Civitello Communications Manager

she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From: Forrest, Steve <steve.forrest@warnermedia.com>

Sent: Monday, July 4, 2022 4:17 PM

To: Civitello, Amanda <acivitello@cityhpil.com> Cc: Neukirch, Ghida <gneukirch@cityhpil.com>

Subject: Re: !!URGENT! From Steve at CNN in New York - LIVE INTERVIEW WITH YOU TOMORROW

MORNING

[EXTERNAL EMAIL]

Amanda...I am imploring you...PLEASE make an exception tomorrow morning and grant us this LIVE one- on -one with Mr Berman at our live camera position in Highland Park.. America and the world will be watching CNN in record numbers tomorrow as we lead all coverage of this story and NEW DAY will be the only CNN show originating from the site at Highland Park.

Please reconsider

Thanks

STEVE FORREST
Editorial Producer
NEW DAY with Brianna Keilar and John Berman
CNN New York
(917) 601 8630
Steve.Forrest@Warnermedia.com



THE WORLD'S NEWS NETWORK

From: Civitello, Amanda <a civitello@cityhpil.com>

Sent: Monday, July 4, 2022 5:10 PM

To: Forrest, Steve <steve.forrest@warnermedia.com>

Cc: Neukirch, Ghida <gneukirch@cityhpil.com>

Subject: RE: !!URGENT! From Steve at CNN in New York - LIVE INTERVIEW WITH YOU TOMORROW

MORNING

EXTERNAL SENDER: Caution opening links or attachments

Hi Steve,

Thank you for your kind words of support and concern.

At this time, the City is focused on providing regular updates through media briefings, and will not be able to schedule one-on-one interviews during an active incident.

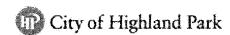
Please don't hesitate to check in over the next few days. I will be sure to add you to our press list so that you receive our updates regarding this tragic incident.

If you would like to discuss, please feel free to contact me at



Sincerely,

Amanda Civitello Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From: Forrest, Steve <steve.forrest@warnermedia.com>

Sent: Monday, July 4, 2022 4:00 PM

Subject: !!URGENT! From Steve at CNN in New York - LIVE INTERVIEW WITH YOU TOMORROW

MORNING

Importance: High

[EXTERNAL EMAIL]

Ghida...

First and foremost, our prayers and condolences to those victims of the tragedy today and the great people of Highland Park,

I produce CNN's lead show and national flagship morning program NEW DAY

My anchor John Berman will be originating from Highland Park tomorrow morning al three hours of our show (5-8 AM CT)

I would like to schedule a live interview with you at our CNN camera there with Mr. Berman in the morning.

Please let me know your availability within that window and we will work this out.

6-minute segment

I await your prompt and positive response,

Thanks and God Bless your community

Best,

STEVE FORREST
Editorial Producer
NEW DAY with Brianna Keilar and John Berman
CNN New York
(917) 601 8630
Steve.Forrest@Warnermedia.com



From: rkanapareddy@cityhpil.com
Sent: Monday, July 4, 2022 10:13 PM

To: kpluta@cityhpil.com
Cc: acardiff@cityhpil.com

Subject: FW: Employee Counseling Service Available Tuesday, July 5th

Attachments: image001.png; image007.jpg; image008.png; image009.png; image010.png;

image011.png; image012.jpg; image006.png; image007.png; image003.png;

image004.png; image005.png; Critical Incidents- how to manage for all.pdf; What is

trauma Handout All People.pdf; Critical Incidents- Common reactions .pdf

Kym,

With Marshal out, could you please take care of the below request.

Thanks,

Ramesh

Ramesh Kanapareddy, P.E., CFM

Assistant City Manager/Director of Public Works



City of Highland Park

Department of Public Works 1150 Half Day Road Highland Park, Illinois 60035

O: 847.432.0807 F: 847.432.9907

rkanapareddy@cityhpil.com cityhpil.com









From: Kanapareddy, Ramesh < rkanapareddy@cityhpil.com>

Sent: Monday, July 4, 2022 9:56 PM

To: Harrison, Marsha < mharrison@cityhpil.com>

Subject: Fwd: Employee Counseling Service Available Tuesday, July 5th

Marsha,

Please print the email and the attachments and place it in each time card who do not have access to emails. All Maintenance Workers, Transit Section employees, and Mechanics.

Thanks

Ramesh Kanapareddy, P.E., CFM Asst. City Manager/Dir. of Public Works

Begin forwarded message:

From: "Neukirch, Ghida" <gneukirch@cityhpil.com>

Date: July 4, 2022 at 9:28:27 PM CDT
To: All Users All Users@cityhpil.com

Subject: Employee Counseling Service Available Tuesday, July 5th

Good evening colleagues,

Today has been an incredibly tragic day in our community. Whether you were on site or watching the news unfold at home, we understand how traumatic the events of today have been on our City of Highland Park family. I am in awe and incredibly appreciative of the swift work that our emergency responders undertook when shots were fired in the business district. Police, Fire, Public Works, Admin and other employees as well as the community quickly worked to provide aide to individuals on the scene and police personnel immediately began the investigation which has now led the person of interest in custody. We are grateful to the immediate and on-going support from the FBI, Lake County Major Crimes Task Force, State, area law enforcement agencies and numerous other agencies and organizations.

First Responders Wellness Center will be on site at West Ridge Center, 636 Ridge Road at 10 AM, July 5 to provide trauma support and counseling to City Staff and the City Council as well as for our Government Partners. <u>All</u> team members are welcome and encouraged to attend if comfortable. Please note that the opening session at 10 AM is designed specifically for those that were on the scene today. Attached are three handouts for reference and below is the schedule for services.

- 10am, West Ridge Center All team member who were at the Parade
- 11:30am, West Ridge Center All team members who were in Highland Park today
- 12:30pm, West Ridge Center All team members who would like additional support are encouraged to meet individually with a counselor from First Responders Wellness Center

Additionally, communitywide counseling services will be taking place at the High School in a joint effort by the City, Park District, and School District 112 and 113 from 9:00 to 2:00. No appointment is necessary, but only the Vine Street entrance will be open. Anyone who is not a current District 113 student or staff member who wishes to take advantage of counseling

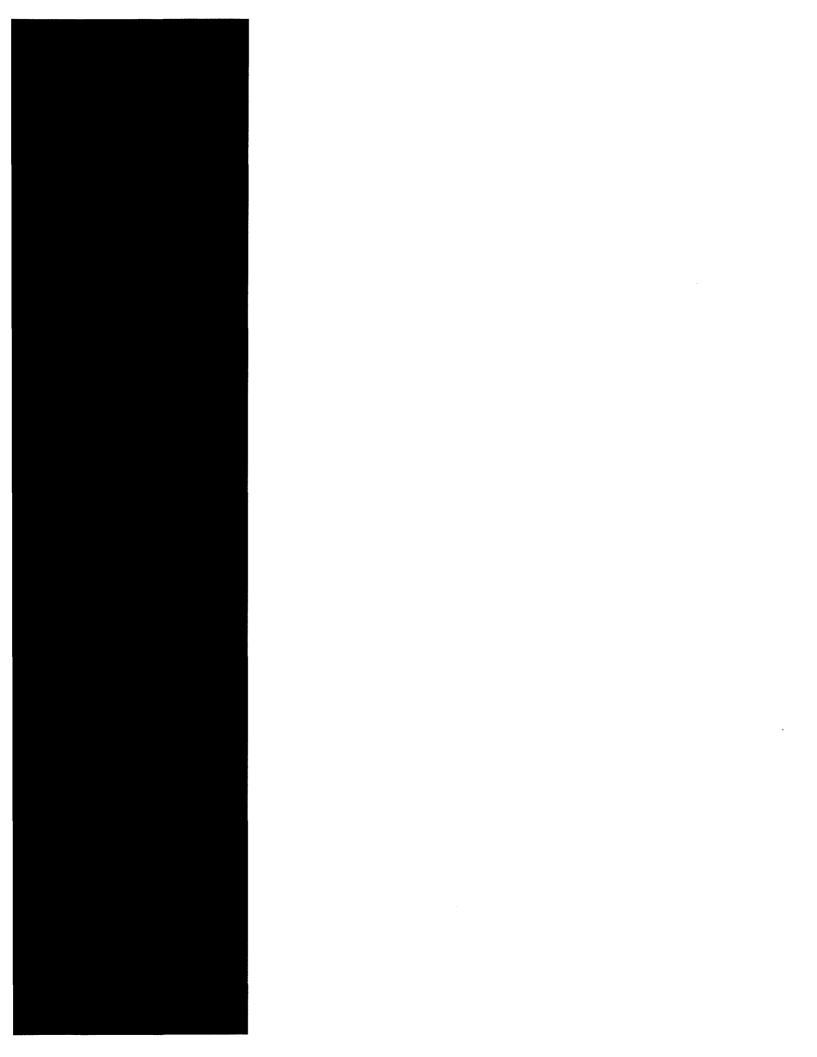
services will need to have valid State identification to be cleared to enter the school, which is the school's standard procedure for visitors.

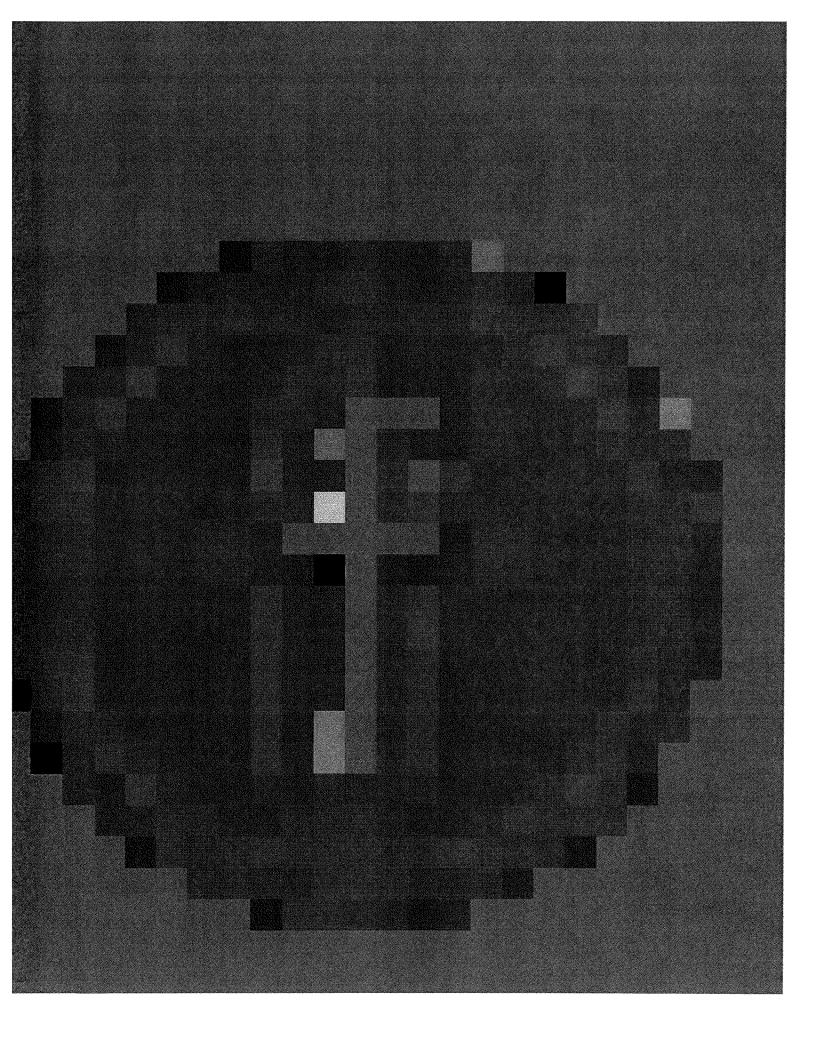
Human Resources will be sending out information on additional support options in the coming days.

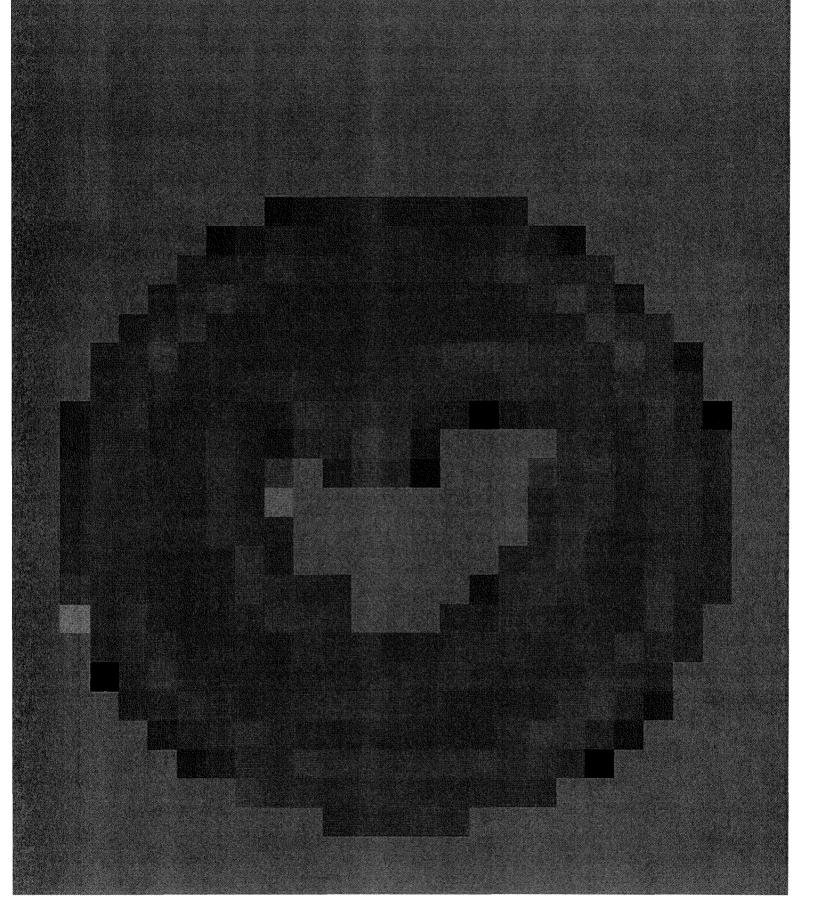
Ghida S. Neukirch, CM City Manager

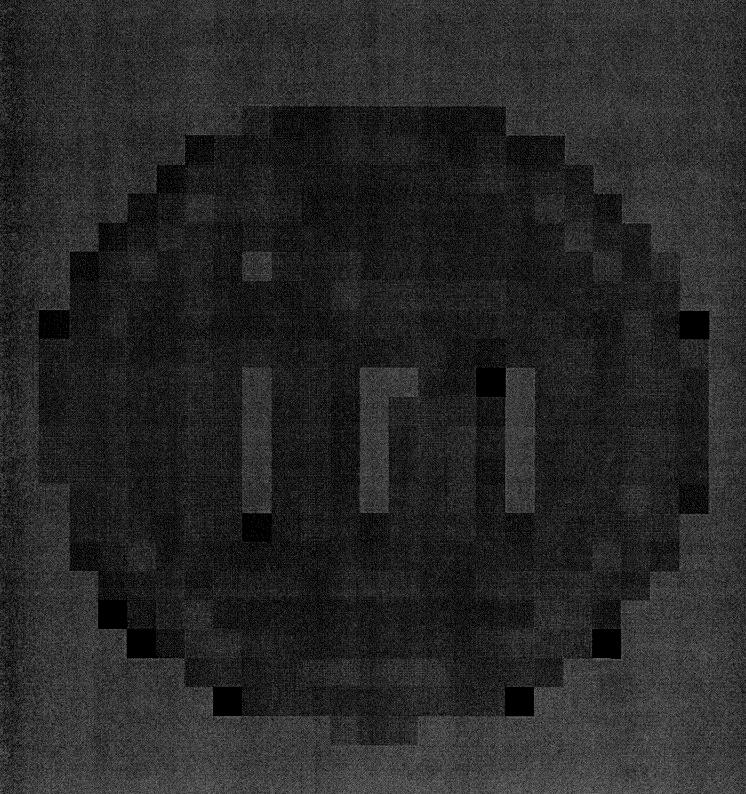
1707 St Johns Avenue Highland Park, Illinois 60035

Direct: 847.926.1003 gneukirch@cityhpil.com











FIRST RESPONDERS

WELLNESS CENTER

477 E. Butterfield Rd. Suite 408 Lombard Il 60148 540 Frontage Rd. #2125 Northfield, Il 60093 Main: 630-909-9094 Fax: 630-597-2583

COPING AFTER A CRITICAL INCIDENT:

- Try to slowly get back into your normal routine
- Do healthy things for your body (eat fruits, vegetables, whole grain, beans), exercise (30 min. a day), & sleep (8 hours)
- Grounding, practicing being present in the here and now (Use all 5 senses)
- Avoid excesses such as food, alcohol, shopping, gambling, exercise, etc.
- · Socialize with others & Talk about your feelings with others you trust
- · Try therapy and/or spiritual counselors
- Have fun, read, play, and stay involved in your hobbies
- Volunteer or participate in other community activities to reduce isolation
- Watch comedies or look at www.sunnyskyz.com, a positive upbeat online news media
- Look at www.commonsensemedia.org for guidance on what movies, TV shows, cartoons, that could be triggering for your situation. Common sense media reports on positive message, positive role models, violence, sex, language, drinking, drugs, and smoking, and consumerism.
- Turn Media off & Take a Break: You may want to know what is happening with your critical incident, but the updates can also add distress. Consider if you truly want to know or not, if so, then give yourself time limits.

SIGNS YOU MAY NEED MORE HELP:

- Having symptoms that are getting worse or staying exactly the same since the incident.
- Difficulties with not thinking about the event and all the "what if's..."
- Depressive symptoms such as sadness, worthlessness, lack of energy, social withdrawal, low self-esteem, increase/decrease of sleep or appetite, indecisiveness, unresolved grief, and/or poor concentration
- Anxiety Symptoms such as excessive or unrealistic worry, difficulties controlling worry; physical tension (i.e. muscle tension, restlessness, shakiness); autonomic hyperactivity (i.e. heart palpitations, shortness of breath, dry mouth, nausea); hypervigilance (i.e. feeling on edge, difficulties concentrating, trouble falling or staying asleep, irritability), sadness, intrusive memories, poor sleep, anxiety, guilt, etc.
- Trauma Symptoms such as intrusive, distressing thoughts related to the traumatic incident, avoidance of reminders of the incident, detachment, hypervigilance, and arousal and distress when reminded of the incident.

- Symptoms that are negatively impacting your mood, thoughts, or daily functioning
- · Having thoughts of death, suicide, or hurting oneself
- · Not being able to do your job/school or take care of oneself or significant others
- Substantial decrease or increase of sleep, food, and/or alcohol or other substances

COPING STRATEGIES:

- Tactical breathing: inhale for 3 counts, hold for 3, exhale for 3 counts to reduce stress.
- Use Calm, Headspace, or another phone app to practice guided imagery & meditation.
- Increase and use your support system. You are not alone, everyone suffers.
- Wallpaper: Put happy pictures on your phone of family or vacations for reminders of happy times
- Exercise Regularly: Gym, walk, play with kids, sports, etc.
- Move: Get out of your couch, draw, listen to music, walk around the block, visit a park or a nice view.
- Use scented candles, oils, or other fragrances that are calming at home. Consider a nice smelling air freshener in your office.
- Go to therapy and talk with a trauma counselor.
- Concentrate on what you have & appreciate it.
- Do something nice for someone else: Anything from opening a door to a smile.

SLEEP TECHNIQUES:

- Lie down to sleep only when sleepy.
- Do not use bed for any other activities like TV, reading, listening to music, etc. only for sleeping.
- Get out of bed if sleep doesn't arrive soon after retiring (approx. 30-40 min)
- Try to set a consistent sleep-wake cycle. No napping, when possible.
- Restrict excessive liquid intake prior to bed & Avoid spicy late-night snacks or any late-night eating.
- Exercise daily but not 3-4 hours before bedtime.
- Minimize or avoid caffeine, alcohol, tobacco, and any stimulants.
- Do not use caffeine or any stimulants a minimum of 4-6 hours before going to bed.
- Try to avoid TV 1-2 hours before going to bed and avoid news or other intense material prior to going to bed.
- Make the bedroom colder, use brand new sheets, and darken your room.
- Try Chamomile, Valerian Root, Lavender, or Lemon Balm Teas.
- Eat Melatonin rich foods such as pistachios, tomatoes, tart cherries, walnuts, almonds, spinach, and bananas.



FIRST RESPONDERS WELLNESS CENTER

477 E. Butterfield Rd Suite 408-10 Lombard, IL 60148 540 W Frontage Rd. Suite 2125 Northfield, IL 60093

WHAT IS TRAUMA?

A traumatic incident is when a person is exposed to an actual or threatened death, serious injury, or sexual violence in one of more of the following ways: 1) directly experience, 2) witness it, 3) learn about is occurring to a close family/friend/co-worker, 4) experienced repeated or extreme exposure to aversive details.

EVENT RISK FACTORS that increase difficulties in handling the trauma:

- 1) Unexpected
- 2) Feeling unprepared or vulnerable
- 3) Unexpected consequences
- 4) Alone of feeling of being alone
- 5) Personal history with victim/offender/witness
- 6) Increased personal/current stressors
- 7) Current substance abuse or mental illness
- 8) Intentional act committed by another
- 9) Being near, highly exposed, and spending a long duration near or in the trauma
- 10) Victim is a child or vulnerable population
- 11) Man-made incident
- 12) Atrocity, brutal, or shocking
- 13) Victim or witness of multiple traumas
- 14) Inability to find any meaning or reason
- 15) Feeling that you did not handle the incident well

What you can do:

- 1) Understand common trauma reactions & that there is not something wrong with you
- 2) Talk with others who are safe/Increase your social support/Be with others
- 3) Name your emotions & acknowledge them
- 4) Expect unwanted emotions (i.e., crying spells, anxiety in crowds)
- 5) Grief can take a long time; give yourself time to recover.
- 6) Do not judge yourself negatively, you survived! Accept that you have feelings—feelings are not wrong,
 - only what you do with your feelings can be wrong. You have a right to feel both negative and positive emotions.
- 7) Do not immerse yourself in the trauma, limit your exposure, when possible, avoid a lot of
 - media and social media.
- 8) Try to get back into your normal routine slowly.
- 9) Use deep breathing, meditation, yoga, or other things that are calming to you.

- 10) Self-care: Eat healthy, prioritize sleep, shower, etc.
- 11) Exercise
- 12) Do what you enjoy, if you are happy that does not suggest you are okay with what occurred.

FIRST RESPONDERS WELLNESS CENTER

Critical Incidents- Common Reactions

Most common distortions of the traumatic event are:

- Distortion of time-(time sped up or slowed down)
- Sensory distortions- (i.e. tunnel vision, hearing changes, etc.)
- Perceptual or Behavioral Distortions- (i.e. Objects change size)
- · Sense of helplessness-Limited choices
- "Fight/Flight/Freeze" response
- Disturbance in memory- sometimes our memory gives us "tunnel memory"
- Hyperarousal/Hypoarousal- heightened awareness of our surroundings or constriction of our perception
- Replaying the incident in your head (what ifs)

After a trauma an individual may feel:

- Detached
- Shock and disbelief
- Anxiety, nervousness
- Pre-occupied with thoughts about the incident
- Angry, resentful
- Highly sensitive to others
- Guilt/Guilt for not feeling guilty
- Blaming others

- Hypervigilant, more so in public
- Unexpected emotions
- Relief
- Proud, Happy
- Exhilaration
- Acceptance/Resolution
- Feelings of Isolation
- Feelings that change or may conflict
- Scared/Afraid, particularly in social settings

After traumatic incidents individuals may exhibit increased emotions/bodily sensations such as:

- Changes in appetite and/or sleep
- Nausea and stomachaches
- Anxiety and/or Depression
- Changes in sexual function or libido
- Flashbacks of the incident
- Anger, irritability
- Intrusive memories
- Crying/Unexpected crying

Headaches

Weakness/Fatigue

Muscle Tension/Twitches

Poor concentration/Forgetfulness

Daymares/nightmares

Low frustration tolerance

Avoiding things related to the incident

Hypersensitivity & abrupt mood changes

Any emotions or changes can occur and are normal, but they should lessen over time. If your symptoms start to increase and/or impact your day to day living, then please call a mental health professional.

Call FRWC at 1-630-909-9094 or email <u>info@firstresponderswellnesscenter.com</u> or find a police and public safety therapist.

From:

Elizabeth Lassar <

Sent:

Monday, July 4, 2022 10:15 PM

To:

Nancy Rotering

Subject:

Fwd: A Mass Shooting in My Hometown

[EXTERNAL EMAIL]

Dear Nancy,

I am thinking of you as we live this nightmare. I found the prayer below meaningful and wanted to share it with you.

Thank you for your leadership.

Wishing you strength and hope,

Betsy

Begin forwarded message:

From: Rabbi Evan Moffic <rabbi@substack.com> Subject: A Mass Shooting in My Hometown

Date: July 4, 2022 at 8:20:42 PM CDT

Reply-To: Rabbi Evan Moffic

<reply+119fap&1daeal&&22a35e3a3488e2d3d48420253d26e55de73910e83a6e535b0e4e8f5ad13ec</p>

caa@mq1.substack.com>

Open in browser

A Mass Shooting in My **Hometown**

A Prayer of Memory and Grief

Rabbi Evan Moffic



Jul 5 🗖 🗖 🖟



You've probably read the news.

In Highland Park, Illinois, a lone gunman murdered six people and injured dozens more in our Fourth of July parade.

My synagogue is in Highland Park. Many of my congregants were at the parade.

Comforting words do not feel right at this moment. It is simply a time of grief and mourning.

I find some resolve and strength, however, in this prayer adapted from the words of poet Alden Solovy, a Highland Park native now living in Israel.

May you find strength in them as well.

Author of life,

Humanity has turned violent,

Crushing lives, upending dreams,

Attacking the heart of another city

with vitriol and hatred in an act of calculated terror.

Source and Creator,

Grant a perfect rest under the wings of your presence to our victims.

May their names live within us.

May their loved ones find strength in your outstretched arms.

Remember with love the survivors.

Grant them shelter and solace.

comfort and consolation,
blessing and renewal.

Grant each of us the endurance to arise,
Strength to rebuild,

Faith to mourn,

Courage to heal,

And devotion to each other.

May the words of our mouth and the meditations of our heart

Be acceptable to You, Oh God, Our Rock and Our Redeemer.

Amen.



Thanks for subscribing to Everyone Needs a Rabbi. This post is public, so feel free to share it.

Share

© 2022 Rabbi Evan Moffic 548 Market Street PMB 72296, San Francisco, CA 94104





From:

Jennifer Winter < jwinter@truenorth804.org >

Sent:

Monday, July 04, 2022 10:15 PM

To:

Barnes, Nicholas

Subject:

Fwd: [ELS IS] [ELS Staff] [TrueNorth804-all] TrueNorth Programs and Services Closed

Tomorrow Tuesday July 5, 2022

[EXTERNAL EMAIL]

----- Forwarded message -----

From: Kurt Schneider < superintendent@truenorth804.org>

Date: Mon, Jul 4, 2022 at 8:34 PM

Subject: [ELS IS] [ELS Staff] [TrueNorth804-all] TrueNorth Programs and Services Closed Tomorrow

Tuesday July 5, 2022

To:

Dear TrueNorth Staff,

Our community has been rocked by the mass shooting this morning at the Highland Park Fourth Fest. We hope you and your families are safe and sheltered as we process this news together.

We have been in communication throughout the day with our member school districts and park district partners. We are concerned about our ability to provide student transportation due to the number of school and park district closures tomorrow, and we also want to provide you and our families time to process this tragic and senseless event.

Out of abundance of caution, all TrueNorth programs and services, including the District Services Center, will be closed tomorrow, Tuesday, July 5. All employees will work from home tomorrow. Supervisors will follow up with further information.

Here are additional resources:

- TrueNorth employees can access the confidential Employee Assistance Program 24 hours per day, 7 days per week. Please see this <u>flier</u> for details.
- Crisis counselors are available at the Crisis Text Line 24/7 by texting HOME to 741741.
- Families may also find this resource from the National Association of School Psychologists helpful in talking about violence with children.

At this time, we do not have any information about students or staff who may have been at the event as attendees.

Our school communities need to be there for each other now more than ever. Please, do not hesitate to reach out for help if you or someone in your family needs to talk.

Kurt A	A. Scl	nneide	er, Ph.D
Super	inten	dent	

Kurt A. Schneider, Ph.D.
Superintendent
TrueNorth Educational Cooperative 804
(847) 831-5100 x2215
To holip probad your princery Microsoff Office previously automatic distributed of this probase has the Shirman.
Jennifer Winter, MSW, LCSW
Intervention Specialist/Social Worker
To help protect you promp, Norself Office presented automate distributed of the process from the Televist.

This e-mail message contains information that may be privileged or confidential and is the property of the Board of Education of <u>TrueNorth Educational Cooperative 804</u>. It is intended only for the person(s) to whom it is addressed. If you are not the intended recipient of this message, you are not authorized to read, print, retain, copy, disseminate, distribute, or use this message or any part thereof. If you have received this message in error, please notify the sender immediately and delete all copies of this message.

From: acivitello@cityhpil.com

Sent:Monday, July 4, 2022 10:16 PMTo:Melissa.Giaimo@cnn.com

Cc: debbie.berger@warnermedia.com

Subject: RE: CNN / Situation Room: Police Chief Lou Jogmen (Today, 5-8 CT)

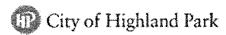
Attachments: image007.gif; image008.png; image009.png; image010.png; image011.png;

image012.gif; image013.png; image014.png; image015.png; image002.png

Totally understand – would we be able to schedule Mayor Rotering for Wednesday, July 6?

Amanda Civitello

Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com



From: Giaimo, Melissa < Melissa. Giaimo@cnn.com>

Sent: Monday, July 4, 2022 7:39 PM

To: Civitello, Amanda <acivitello@cityhpil.com>

Cc: Berger, Debbie <debbie.berger@warnermedia.com>

Subject: Re: CNN / Situation Room: Police Chief Lou Jogmen (Today, 5-8 CT)

[EXTERNAL EMAIL]

Of course, Amanda. Thank you for asking. Our preference is 5P CT hour / 6P ET hour, but we are flexible on timing if the 4P CT hour / 5P ET is better.

Can you please confirm that you're handling all the officials below?
Highland Park Mayor Nancy Rotering
Highland Park City Manager Ghida Neukirch
Highland Park Police Chief Lou Jogmen
Highland Park Highland Park Police Cmdr. Chris O'Neil

Highland Park Fire Chief Joseph Schrage

We can't host the Mayor Rotering tomorrow as I see she's already committed to the 9A hour on CNN + AC360.

We greatly appreciate your help and are open to any other official you may be able to offer!

MELISSA GIAIMO

Senior Editorial Producer "The Situation Room with Wolf Blitzer"

cell

+1-202-351-4406 work

melissa.giaimo@cnn.com

From: Civitello, Amanda <acivitello@cityhpil.com>

Date: Monday, July 4, 2022 at 6:51 PM

To: Giaimo, Melissa < Melissa. Giaimo@cnn.com>

Cc: Berger, Debbie < debbie.berger@warnermedia.com >

Subject: RE: CNN / Situation Room: Police Chief Lou Jogmen (Today, 5-8 CT)

Hi Melissa,

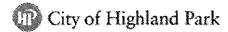
Thank you so much for your patience and concern. We are hanging in there – just can't believe this happened in our town.

We are not able to accommodate individual interviews today, I think tomorrow would work. Any preference as to timing?

Thank you again for your thoughtfulness -

Amanda Civitello

Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com



From: Giaimo, Melissa < Melissa. Giaimo@cnn.com>

Sent: Monday, July 4, 2022 5:44 PM

To: Civitello, Amanda <a civitello@cityhpil.com>

Cc: Berger, Debbie <debbie.berger@warnermedia.com>

Subject: Re: CNN / Situation Room: Police Chief Lou Jogmen (Today, 5-8 CT)

[EXTERNAL EMAIL]

Hi Amanda,

We're on-air now until 8P CT / 9P ET with Wolf Blitzer. Any update for me? And for guidance, are you handling Fire Chief + coroner? Phone interview with any official welcome at any time!

And to remind, tomorrow we're 4-6 CT / 5-7 ET.

Thank you for all your help and I'm sorry you've had such an awful day. 🕲 We wish weren't covering this... again

From: Giaimo, Melissa < Melissa. Giaimo@cnn.com >

Date: Monday, July 4, 2022 at 4:34 PM

To: Civitello, Amanda <acivitello@cityhpil.com>

Cc: Berger, Debbie <debbie.berger@warnermedia.com>

Subject: Re: CNN / Situation Room: Police Chief Lou Jogmen (Today, 5-8 CT)

Hi Amanda,

To recap our call, our show is now live 6-9 ET / 5-8 CT and Wolf Blitzer is now anchoring.

Are you handling requests for Fire Chief and coroner Jennifer Banek in addition? Can we add them to our list of requests for officials tonight?

From: Giaimo, Melissa < Melissa. Giaimo@cnn.com >

Date: Monday, July 4, 2022 at 2:17 PM

To: Civitello, Amanda <a civitello@cityhpil.com>

Cc: Berger, Debbie <debbie.berger@warnermedia.com>

Subject: Re: CNN / Situation Room: Police Chief Lou Jogmen (Today, 4-6 CT)

Hi Amanda,

Thanks again for your help. I look forward to hearing back from you in about an hour if any city official (Mayor, City Manager, Chief Jogmen, or anyone else you may be able to offer) can join us today between 4-6P CT for an interview (via phone or virtual).

While today is certainly the priority with breaking news, please also keep us on your list for same hours tomorrow.

Once again, my cell is

MELISSA GIAIMO

Senior Editorial Producer "The Situation Room with Wolf Blitzer"

+1-202-351-4406 work

melissa.giaimo@cnn.com

From: Civitello, Amanda <acivitello@cityhpil.com>

Date: Monday, July 4, 2022 at 1:36 PM

To: Giaimo, Melissa < Melissa. Giaimo@cnn.com >

Cc: Berger, Debbie <debbie.berger@warnermedia.com>

Subject: Re: CNN / Situation Room: Police Chief Lou Jogmen (Today, 4-6 CT)

EXTERNAL SENDER: Caution opening links or attachments

Hi Melissa,

Thank you for your kind words of support. I will connect with Mayor Rotering and City Manager Neukirch and follow up with you shortly. A press briefing will be held at 12:45 PM at Fire Station #33, 1130 Central Ave. I may be reached on my personal phone at a lost my work phone in the incident and will not be able to respond at the number you typically have on file for me. Thank you. **Amanda Civitello** Communications Manager City of Highland Park 1707 St Johns Avenue Highland Park, Illinois 60035 847.926.1043 acivitello@cityhpil.com cityhpil.com

From: Giaimo, Melissa < Melissa. Giaimo@cnn.com >

Sent: Monday, July 4, 2022 12:11 PM

To: Civitello, Amanda Cc: Berger, Debbie

Subject: CNN / Situation Room: Police Chief Lou Jogmen (Today, 4-6 CT)

[EXTERNAL EMAIL]

Hi Amanda,

I'm very sorry to reach out under these circumstances. Are you the POC for City officials? Can you assist with interview requests as we cover the shooting.

Can we request an interview with Mayor Nancy Rotering? Police Chief Lou Jogmen? Please advise if you can assist or if there's another person handling police.

The Situation Room is live 4-6 CT / 5-7 ET. Brianna Keilar is in for Wolf.

We could do an interview virtually (CISCO or SKYPE) or could consider phone interview.

MELISSA GIAIMO

Senior Editorial Producer "The Situation Room with Wolf Blitzer"

+ cell

+1-202-351-4406 work

melissa.giaimo@cnn.com

From:

Zorine Morton

Sent: Monday, July 04, 2022 10:17 PM To:

cityhp@cityhpil.com

Subject:

Re: Update: Person of Interest Identified in Fourth of July Parade Shooting

[EXTERNAL EMAIL]

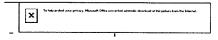
....Why are we having these fireworks go off at 9:45 at night???? These people should be locked up!!!! However... this was great police work. We should all be very proud. Sent from my iPhone

On Jul 4, 2022, at 5:27 PM, City of Highland Park <cityhp@cityhpil.com> wrote:

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View as Webpage	July 4, 2022	

Update: Person of Interest Identified in Fourth of July Parade Shooting

Investigators from the City of Highland Park Police Department, the FBI, the Lake County Major Crime Task Force and law enforcement



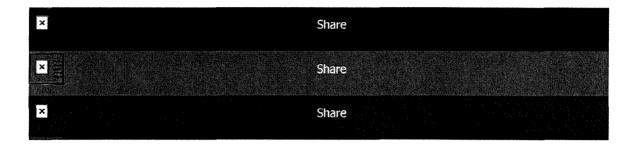
agencies throughout the area have been working tirelessly on the investigation of the active shooter at the Highland Park (IL) Fourth of July Parade.

Through law enforcement partnerships and community information and leads, a person of interest has been identified as Robert (Bobby) E. Crimo III. He is twenty-two years old. He is believed to be driving a 2010 Silver Honda Fit, IL Lic. Plate DM 80653. A photograph is included at right.

Numerous federal, State and local law enforcement agencies are working on apprehending this person of interest. Investigators continue to receive tips from the public and law enforcement partners, and will follow up on all of them. Individuals who have information to share with police are urged to

contact 1-800-CALL-FBI.

The City of Highland Park extends its deepest condolences to the loved ones of those who were impacted by the horrific incident in our community. Further information regarding this investigation will be posted to <u>cityhpil.com</u> as available, and law enforcement will continue to provide regular briefings to the public.



City of Highland Park | 1707 St. Johns Avenue, Highland Park, IL 60035

Unsubscribe

Update Profile | Constant Contact Data Notice

Sent by cityhp@cityhpil.com in collaboration with

| X | India production in the control of the production of the pro

From: LFrey@cityhpil.com

Sent: Monday, July 04, 2022 10:17 PM

Subject: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

Dear Members,

On behalf of the Senior Center staff, we are devastated and heart-broken over the senseless act of violence against our community, that occurred during today's 4th of July parade. Our hearts go out to those who lost their lives and those who were injured - and to their families and loved ones as well.

After thoughtful consideration, we have decided that the Senior Center will be open tomorrow, and that all classes and activities will be held as scheduled. We hope this decision will allow us to grieve together and just maybe we can begin to heal together as well.

As a life-long resident of Highland Park who lives and works in this beloved community – the pain is palpable – and we are experiencing this pain together. The outpouring of love and support our community has shown – is one of the reasons I love Highland Park. Together, we will get through this.

If you are seeking support after today's tragic events, you are invited to participate in a coordinated effort to provide crisis counseling to anyone in need. The City of Highland Park, District 112, District 113, and the Park District will have counselors available for community members in need of support. Counseling will be available at the Highland Park High School, 433 Vine Avenue tomorrow (Tuesday) from 9:00 AM to 2:00 PM; please enter-through the Vine Avenue entrance. Anyone who wishes to take advantage of counseling services, will need to present a valid driver's license or student ID to be cleared to enter the school; no appointments are necessary.

Message from Mayor Rotering

Today was the bloodiest day that we have ever experienced in Highland Park. This morning at approximately 10:14 AM a shooter opened fire with an assault weapon on a crowd attending our 4th of July parade. We know at this time that six individuals lost their lives and at least 24 were injured. Our hearts go out to the victims, families, and our community.

The attack prompted an immediate and well-coordinated response from multiple law enforcement agencies at the Federal, State, County, and local levels. A suspect, Robert "Bobby" Crimo III (age 22 of Highwood, III.) was identified and a massive manhunt ensued.

At approximately 6:30 p.m., the suspect was apprehended on Route 41 at Westleigh Road. He was taken into custody without incident and is currently being processed through the Highland Park Police Department.

Throughout the day we have received offers of support and resources from public officials and agencies including President Biden. Fellow mayors have reached out from across the country, many who lead communities that have experienced this pain and tragedy. We thank Governor J.B. Pritzker, Senator Richard Durbin, Senator Tammy Duckworth, Congressman Brad Schneider, Illinois State Senator Julie Morrison, and Illinois State Representative Bob Morgan for coming to support our community and for providing every available resource.

I want to thank our first responders for their bravery and extraordinary efforts today. Our police and firefighters saved countless lives with their responses — running into danger and taking immediate action to save others. We are grateful for these selfless acts. We know there were members of our community who rendered aid and assistance as well, and we thank each and every one of you for those efforts.

I also want to acknowledge and thank numerous agencies for their support including American Red Cross, World Central Kitchen, Lakeshore Country Club, Northmoor Country Club, Soul and Smoke food truck, Catering by Michaels, Northern Illinois Critical Incident Stress Management, local clergy and many other individuals and agencies have stepped up to provide food and support for our first responders. We are grateful for their generosity.

Our community, like so many before us, is devastated. It's impossible to imagine the pain of this kind of tragedy until it happens in your backyard. Gun violence - a mass shooting such as this casts a much wider net of agony than what the public is typically exposed to; it's a crisis that devastates entire families and communities in a single moment and we know will take time to heal.

Tomorrow the President will order our flags to fly at half-mast, and many public programs have been canceled. Please check with your camps and activities to see if they are operating. In the days and weeks ahead we will come together as a community to mourn and begin the path of healing. I will share more information as it is available.

Road and Business Closures

Numerous roads will remain closed in central downtown Highland Park for the FBI investigation, and many businesses will remain closed. The area closure spans Laurel Avenue from First Street to Elm Place and Green Bay Road from First Street to Elm Place (map below). Detours will be established, but please limit your travel only to essential business in Highland Park. The City is reaching out to business owners to share information, and will work with them to reopen as soon as possible.

Counseling Resources

A coordinated effort is also being made to provide crisis counseling to anyone in need. The City of Highland Park, District 112, District 113, and the Park District will have counselors available at Highland Park High School, 433 Vine Ave., for community members in need of assistance, tomorrow from 9:00 AM to 2:00 PM. No appointment is necessary. The Vine Ave. entrance will be open and anyone who wishes to take advantage of counseling services will need to have a valid driver's license or student ID to be cleared to enter the school.

The theme of this year's parade was community -- and while we are hurting -- we know that we will come together and support each other, as we always do, in difficult times. We are Highland Park strong.

Nancy R. Rotering, Mayor City of Highland Park, IL

Sincerely,

Laura Frey, CPRP

Manager of Senior Services

847.432.4110 www.cityhpil.com

Highland Park Senior Center 1201 Park Avenue West – Highland Park



From:

acivitello@cityhpil.com

Sent:

Monday, July 4, 2022 10:17 PM

To:

sheara.braun@msnbc.com

Subject:

RE: MSNBC's Chris Hayes request to interview Mayor Rotering tonight Monday July 4 during

the 6p to 8p ET (5p to 7p CST) hour

Attachments:

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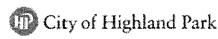
Hi Shcara,

Yes, tomorrow, Tuesday, July 5 during the latter half of the hour would work for Mayor Rotering. Would we be able to do 7:30?

Thank you

Amanda Civitello

Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From: Braun, Sheara J (NBCUniversal, MSNBC) <sheara.braun@msnbc.com>

Sent: Monday, July 4, 2022 6:01 PM

To: Civitello, Amanda <acivitello@cityhpil.com>

Subject: RE: MSNBC's Chris Hayes request to interview Mayor Rotering tonight Monday July 4 during the 6p to 8p ET (5p to 7p

CST) hour

[EXTERNAL EMAIL]

Hi Amanda,

Understood. We would love to have her join Chris Hayes Tuesday night during the 8p ET (7p CST) hour. Will this work?

Thanks Amanda!

Sheara

From: Civitello, Amanda <a civitello@cityhpil.com>

Sent: Monday, July 4, 2022 6:59 PM

To: Braun, Sheara J (NBCUniversal, MSNBC) < sheara.braun@msnbc.com >

Subject: [EXTERNAL] RE: MSNBC's Chris Hayes request to interview Mayor Rotering tonight Monday July 4 during the 6p to 8p ET (5p to 7p CST) hour

Hi Sheara,

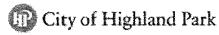
Unfortunately tonight we are not able to schedule individual interviews, while our focus remains on providing regular media updates regarding the investigation.

Mayor Rotering would be available tomorrow, however, if there are any times that work for you.

Thank you very much for reaching out.

Amanda Civitello

Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From: Braun, Sheara J (NBCUniversal, MSNBC) < sheara.braun@msnbc.com>

Sent: Monday, July 4, 2022 5:25 PM

To: Civitello, Amanda <acivitello@cityhpil.com>

Subject: RE: MSNBC's Chris Hayes request to interview Mayor Rotering tonight Monday July 4 during the 6p to 8p ET (5p to 7p

CST) hour

[EXTERNAL EMAIL]

Hi Amanda,

Just checking back in to see if there is any chance that the Mayor or City Manager can join us tonight.

Thanks again,

Sheara

From: Civitello, Amanda <acivitello@cityhpil.com>

Sent: Monday, July 4, 2022 1:53 PM

To: Braun, Sheara J (NBCUniversal, MSNBC) < sheara.braun@msnbc.com>

Subject: [EXTERNAL] Re: MSNBC's Chris Hayes request to interview Mayor Rotering tonight Monday July 4 during the 6p to 8p ET

(5p to 7p CST) hour

Hi Sheara.

Thank you for your outreach. I will connect with Mayor Rotering and City Manager Neukirch and follow up with you.

If you need to contact me directly, please call



Thank you.

Amanda Civitello

Communications Manager

City of Highland Park 1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com

From: Braun, Sheara J (NBCUniversal, MSNBC) < sheara.braun@msnbc.com>

Sent: Monday, July 4, 2022 12:51:24 PM

To: Civitello, Amanda

Subject: MSNBC's Chris Hayes request to interview Mayor Rotering tonight Monday July 4 during the 6p to 8p ET (5p to 7p CST)

hour

[EXTERNAL EMAIL]

Hi Amanda,

I'm a producer for MSNBC's Chris Hayes. Chris is hosting the 6p to 8p ET (5p to 7p CST) hours tonight. We are watching this horrible shooting in Highland Park. Would the Mayor be available to join Chris tonight to talk about what happened? This would be for a LIVE interview for about six or seven minutes during these two hours. We could accommodate her on FaceTime, Skype, or Zoom. We could also take a phone interview with her if that's easier.

Thanks Amanda!

Regards, Sheara

Sheara Braun
Producer
MSNBC's "All In with Chris Hayes"
212.664.1747 (work)
(cell)
212.664.5554 (main)



From: Mail Delivery System <MAILER-DAEMON@LOCALHOST>

Sent: Monday, July 4, 2022 10:18 PM

To: LFrey@cityhpil.com

Subject:Undelivered Mail Returned to SenderAttachments:Undelivered Mail Returned to Sender

[EXTERNAL EMAIL]

From: Mail Delivery System <MAILER-DAEMON@LOCALHOST>

Sent: Monday, July 04, 2022 10:18 PM

To: LFrey@cityhpil.com

Subject: Undelivered Mail Returned to Sender

Attachments: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

This is the Email Security Gateway at host spam1.cityhpil.com.

I'm sorry to inform you that the message below could not be delivered. When delivery was attempted, the following error was returned.

Not our Customer (in reply to RCPT TO command)

Reporting-MTA: dns; spam1.cityhpil.com

X-Email-Security-Gateway-Queue-ID: 3C13938F466

X-Email-Security-Gateway-Sender: rfc822; LFrey@cityhpil.com

Arrival-Date: Mon, 4 Jul 2022 22:17:30 -0500 (CDT)

Final-Recipient: rfc822;

Original-Recipient: rfc822

Action: failed Status: 5.1.1

Remote-MTA: dns; mx2c1.comcast.net

Diagnostic-Code: smtp; 550 5.1.1 Not our Customer

From: Frey, Laura <LFrey@cityhpil.com>
Sent: Monday, July 4, 2022 10:17 PM

Subject: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

Attachments: image003.png

Dear Members,

On behalf of the Senior Center staff, we are devastated and heart-broken over the senseless act of violence against our community, that occurred during today's 4th of July parade. Our hearts go out to those who lost their lives and those who were injured - and to their families and loved ones as well.

After thoughtful consideration, we have decided that the Senior Center will be open tomorrow, and that all classes and activities will be held as scheduled. We hope this decision will allow us to grieve together and just maybe we can begin to heal together as well.

As a life-long resident of Highland Park who lives and works in this beloved community – the pain is palpable – and we are experiencing this pain together. The outpouring of love and support our community has shown – is one of the reasons I love Highland Park. Together, we will get through this.

If you are seeking support after today's tragic events, you are invited to participate in a coordinated effort to provide crisis counseling to anyone in need. The City of Highland Park, District 112, District 113, and the Park District will have counselors available for community members in need of support. Counseling will be available at the Highland Park High School, 433 Vine Avenue tomorrow (Tuesday) from 9:00 AM to 2:00 PM; please enter through the Vine Avenue entrance. Anyone who wishes to take advantage of counseling services, will need to present a valid driver's license or student ID to be cleared to enter the school; no appointments are necessary.

Message from Mayor Rotering

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The attack prompted an immediate and well-coordinated response from multiple law enforcement agencies at the Federal, State, County, and local levels. A suspect, Robert "Bobby" Crimo III (age 22 of Highwood, III.) was identified and a massive manhunt ensued.

At approximately 6:30 p.m., the suspect was apprehended on Route 41 at Westleigh Road. He was taken into custody without incident and is currently being processed through the Highland Park Police Department.

Throughout the day we have received offers of support and resources from public officials and agencies including President Biden. Fellow mayors have reached out from across the country, many who lead communities that have experienced this pain and tragedy. We thank Governor J.B. Pritzker, Senator Richard Durbin, Senator Tammy Duckworth, Congressman Brad Schneider, Illinois State Senator Julie Morrison, and Illinois State Representative Bob Morgan for coming to support our community and for providing every available resource.

I want to thank our first responders for their bravery and extraordinary efforts today. Our police and firefighters saved countless lives with their responses -- running into danger and taking immediate action to save others. We are grateful for these selfless acts. We know there were members of our community who rendered aid and assistance as well, and we thank each and every one of you for those efforts.

I also want to acknowledge and thank numerous agencies for their support including American Red Cross, World Central Kitchen, Lakeshore Country Club, Northmoor Country Club, Soul and Smoke food truck, Catering by Michaels, Northern Illinois Critical Incident Stress Management, local clergy and many other individuals and agencies have stepped up to provide food and support for our first responders. We are grateful for their generosity.

Our community, like so many before us, is devastated. It's impossible to imagine the pain of this kind of tragedy until it happens in your backyard. Gun violence - a mass shooting such as this casts a much wider net of agony than what the public is typically exposed to; it's a crisis that devastates entire families and communities in a single moment and we know will take time to heal.

Tomorrow the President will order our flags to fly at half-mast, and many public programs have been canceled. Please check with your camps and activities to see if they are operating. In the days and weeks ahead we will come together as a community to mourn and begin the path of healing. I will share more information as it is available.

Road and Business Closures

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Nancy R. Rotering, Mayor City of Highland Park, IL

Sincerely,

Laura Frey, CPRP

Manager of Senior Services

847.432.4110 www.cityhpil.com

Highland Park Senior Center 1201 Park Avenue West – Highland Park



From:

Mail Delivery System <MAILER-DAEMON@LOCALHOST>

Sent:

Monday, July 4, 2022 10:18 PM

To:

LFrey@cityhpil.com

Subject:

Attachments:

Undelivered Mail Returned to Sender Undelivered Mail Returned to Sender

[EXTERNAL EMAIL]

From: Mail Delivery System <MAILER-DAEMON@LOCALHOST>

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Attachments: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

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I'm sorry to inform you that the message below could not be delivered. When delivery was attempted, the following error was returned.

: host gmail-smtp-in.l.google.com[142.250.114.27]

said: 550-5.1.1 The email account that you tried to reach does not exist.

Please try 550-5.1.1 double-checking the recipient's email address for

typos or 550-5.1.1 unnecessary spaces. Learn more at 550 5.1.1

https://support.google.com/mail/?p=NoSuchUser

RCPT TO command)

Reporting-MTA: dns; spam1.cityhpil.com

X-Email-Security-Gateway-Queue-ID: 9828438F46A

X-Email-Security-Gateway-Sender: rfc822; LFrey@cityhpil.com

Arrival-Date: Mon, 4 Jul 2022 22:17:31 -0500 (CDT)

Final-Recipient: rfc822;

Original-Recipient: rfc822,

Action: failed Status: 5.1.1

Remote-MTA: dns; gmail-smtp-in.l.google.com

Diagnostic-Code: smtp; 550-5.1.1 The email account that you tried to reach does

not exist. Please try 550-5.1.1 double-checking the recipient's email

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y17-20020a056830209100b0060bfced64e9si36254634otq.114 - gsmtp

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Sincerely,

Laura Frey, CPRP

Manager of Senior Services

847.432.4110 www.cityhpil.com

Highland Park Senior Center 1201 Park Avenue West – Highland Park



From:

Mail Delivery System <MAILER-DAEMON@LOCALHOST> Monday, July 04, 2022 10:18 PM LFrey@cityhpil.com

Sent:

To: Subject:

Attachments:

Undelivered Mail Returned to Sender Undelivered Mail Returned to Sender

[EXTERNAL EMAIL]

From: Mail Delivery System <MAILER-DAEMON@LOCALHOST>

Sent: Monday, July 04, 2022 10:18 PM

To: LFrey@cityhpil.com

Subject: Undelivered Mail Returned to Sender

Attachments: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

This is the Email Security Gateway at host spam1.cityhpil.com.

I'm sorry to inform you that the message below could not be delivered. When delivery was attempted, the following error was returned.

t>: host mx2h1.comcast.net[96.102.157.179] said: 550

5.1.1 Not our Customer (in reply to RCPT TO command)

Reporting-MTA: dns; spam1.cityhpil.com

X-Email-Security-Gateway-Queue-ID: CDE5538F46F

X-Email-Security-Gateway-Sender: rfc822; LFrey@cityhpil.com

Arrival-Date: Mon, 4 Jul 2022 22:17:35 -0500 (CDT)

Final-Recipient: rfc822; Criginal-Recipient: rfc822;

Action: failed Status: 5.1.1

Remote-MTA: dns; mx2h1.comcast.net

Diagnostic-Code: smtp; 550 5.1.1 Not our Customer

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Sincerely,

Laura Frey, CPRP

Manager of Senior Services 847.432.4110 www.cityhpil.com

Highland Park Senior Center 1201 Park Avenue West – Highland Park



From: Forrest, Steve <steve.forrest@warnermedia.com>

Sent: Monday, July 4, 2022 10:18 PM **To:** Civitello, Amanda; Lesh, Jose

Subject: Re: !!URGENT! From Steve at CNN in New York - LIVE INTERVIEW WITH YOU TOMORROW

MORNING

Attachments: image002.gif; image003.png; image004.png; image005.png; image007.png; image008.jpg;

image009.png; image010.jpg; image009.png; image002.gif; image003.png; image004.png; image005.png; image010.jpg; image007.png; image002.gif; image003.png; image004.png;

image005.png; image008.jpg

[EXTERNAL EMAIL]

Looping in my colleague Jose who will work with you on this. Thanks

Steve Forrest Editorial Producer New Day CNN New York

On Jul 4, 2022, at 11:11 PM, Forrest, Steve <steve.forrest@warnermedia.com> wrote:

Stand by. My evening team looking at the rundown.

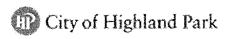
Steve Forrest Editorial Producer New Day CNN New York

On Jul 4, 2022, at 10:53 PM, Civitello, Amanda <acivitello@cityhpil.com> wrote:

Hi Steve,

Thanks for reaching out. I connected with Mayor Rotering and we are wondering if we can do 7:00 AM? Or another time within the 7:00 hour?

Amanda Civitello Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com



From: Forrest, Steve <steve.forrest@warnermedia.com>

Sent: Monday, July 4, 2022 4:17 PM

To: Civitello, Amanda <acivitello@cityhpil.com> **Cc:** Neukirch, Ghida <gneukirch@cityhpil.com>

Subject: Re: !!URGENT! From Steve at CNN in New York - LIVE INTERVIEW WITH YOU

TOMORROW MORNING

[EXTERNAL EMAIL]

Amanda...I am imploring you...PLEASE make an exception tomorrow morning and grant us this LIVE one- on -one with Mr Berman at our live camera position in Highland Park.. America and the world will be watching CNN in record numbers tomorrow as we lead all coverage of this story and NEW DAY will be the only CNN show originating from the site at Highland Park.

Please reconsider

Thanks

STEVE FORREST
Editorial Producer
NEW DAY with Brianna Keilar and John Berman
CNN New York
(917) 601 8630
Steve.Forrest@Warnermedia.com



THE WORLD'S NEWS NETWORK

From: Civitello, Amanda <acivitello@cityhpil.com>

Sent: Monday, July 4, 2022 5:10 PM

To: Forrest, Steve < steve.forrest@warnermedia.com > **Cc:** Neukirch, Ghida < gneukirch@cityhpil.com >

Subject: RE: !!URGENT! From Steve at CNN in New York - LIVE INTERVIEW WITH YOU

TOMORROW MORNING

EXTERNAL SENDER: Caution opening links or attachments

Hi Steve,

Thank you for your kind words of support and concern.

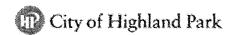
At this time, the City is focused on providing regular updates through media briefings, and will not be able to schedule one-on-one interviews during an active incident.

Please don't hesitate to check in over the next few days. I will be sure to add you to our press list so that you receive our updates regarding this tragic incident.

If you would like to discuss, please feel free to contact me at

Sincerely,

Amanda Civitello Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com



From: Forrest, Steve < steve.forrest@warnermedia.com >

Sent: Monday, July 4, 2022 4:00 PM

STEVE FORREST
Editorial Producer
NEW DAY with Brianna Keilar and John Berman
CNN New York
(917) 601 8630
Steve.Forrest@Warnermedia.com



Mail Delivery System < MAILER-DAEMON@LOCALHOST> Monday, July 04, 2022 10:18 PM LFrey@cityhpil.com From:

Sent:

To:

Subject: Undelivered Mail Returned to Sender Attachments: Undelivered Mail Returned to Sender

[EXTERNAL EMAIL]

From: Mail Delivery System <MAILER-DAEMON@LOCALHOST>

Sent: Monday, July 4, 2022 10:18 PM

To: LFrey@cityhpil.com

Subject: Undelivered Mail Returned to Sender

Attachments: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

This is the Email Security Gateway at host spam1.cityhpil.com.

I'm sorry to inform you that the message below could not be delivered. When delivery was attempted, the following error was returned.

30 Sorry, your message to accompany to a capnot be delivered. This

mailbox is disabled (554.30). (in reply to end of DATA command)

Reporting-MTA: dns; spam1.cityhpil.com

X-Email-Security-Gateway-Queue-ID: 8828938F46B

X-Email-Security-Gateway-Sender: rfc822; LFrey@cityhpil.com

Arrival-Date: Mon, 4 Jul 2022 22:17:42 -0500 (CDT)

Final-Recipient: rfc822;

Original-Recipient: rfc822;

Action: failed Status: 5.0.0

Remote-MTA: dns; mx-aol.mail.gm0.yahoodns.net

Diagnostic-Code: smtp; 554 30 Sorry, your message to

delivered. This mailbox is disabled (554.30).

cannot be

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Subject: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

Attachments: image003.png

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Nancy R. Rotering, Mayor City of Highland Park, IL

Sincerely,

Laura Frey, CPRP

Manager of Senior Services

847.432.4110 www.cityhpil.com

Highland Park Senior Center 1201 Park Avenue West – Highland Park



From:

Mail Delivery System <MAILER-DAEMON@LOCALHOST>

Sent:

Monday, July 4, 2022 10:18 PM

To: Subject: LFrey@cityhpil.com

Attachments:

Undelivered Mail Returned to Sender Undelivered Mail Returned to Sender

[EXTERNAL EMAIL]

Sent: Monday, July 04, 2022 10:18 PM

To: LFrey@cityhpil.com

Subject: Undelivered Mail Returned to Sender

Attachments: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

This is the Email Security Gateway at host spam1.cityhpil.com.

I'm sorry to inform you that the message below could not be delivered. When delivery was attempted, the following error was returned.

<sandy.schiffman@gcgfinancial.com>: host

us-smtp-inbound-2.mimecast.com[207.211.30.141] said: 550 Envelope blocked -

User Entry - https://community.mimecast.com/docs/DOC-1369#550 [5gFnpt2OOzuysghyhMZx9A.us609] (in reply to RCPT TO command)

Reporting-MTA: dns; spam1.cityhpil.com
X-Email-Security-Gateway-Queue-ID: 6C5FD38F469
X-Email-Security-Gateway-Sender: rfc822; LFrey@cityhpil.com
Arrival-Date: Mon, 4 Jul 2022 22:17:58 -0500 (CDT)

Final-Recipient: rfc822; sandy.schiffman@gcgfinancial.com Original-Recipient: rfc822; sandy.schiffman@gcgfinancial.com

Action: failed Status: 5.0.0

Remote-MTA: dns; us-smtp-inbound-2.mimecast.com
Diagnostic-Code: smtp; 550 Envelope blocked - User Entry https://community.mimecast.com/docs/DOC-1369#550
[5gFnpt2OOzuysghyhMZx9A.us609]

From: Frey, Laura <LFrey@cityhpil.com>
Sent: Monday, July 4, 2022 10:17 PM

Subject: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

Attachments: image003.png

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www.cityhpil.com

Highland Park Senior Center

1201 Park Avenue West - Highland Park



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Mail Delivery System <MAILER-DAEMON@LOCALHOST> Monday, July 04, 2022 10:18 PM LFrey@cityhpil.com

To:

Subject:

Attachments:

Undelivered Mail Returned to Sender Undelivered Mail Returned to Sender

[EXTERNAL EMAIL]

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Attachments: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

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I'm sorry to inform you that the message below could not be delivered. When delivery was attempted, the following error was returned.

>: host mx-aol.mail.gm0.yahoodns.net[67.195.204.75] said: 554 30 Sorry, your message to cannot be delivered. This mailbox is disabled (554.30). (in reply to end of DATA command)

Reporting-MTA: dns; spam1.cityhpil.com

X-Email-Security-Gateway-Queue-ID: 18FAE38F467

X-Email-Security-Gateway-Sender: rfc822; LFrey@cityhpil.com

cannot

Arrival-Date: Mon, 4 Jul 2022 22:17:58 -0500 (CDT)

Final-Recipient: rfc822;

Original-Recipient: rfc822;

Action: failed Status: 5.0.0

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Highland Park Senior Center 1201 Park Avenue West – Highland Park



From: LFrey@cityhpil.com

Sent: Monday, July 04, 2022 10:18 PM

Subject: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

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Manager of Senior Services 847.432.4110 www.cityhpil.com

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Sent:

Monday, July 4, 2022 10:18 PM

То:

LFrey@cityhpil.com

Subject: Attachments:

Undelivered Mail Returned to Sender Undelivered Mail Returned to Sender

[EXTERNAL EMAIL]

Sent: Monday, July 4, 2022 10:18 PM

To: LFrey@cityhpil.com

Subject: Undelivered Mail Returned to Sender

Attachments: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

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Reporting-MTA: dns; spam1.cityhpil.com

X-Email-Security-Gateway-Queue-ID: 00AB238F46B

X-Email-Security-Gateway-Sender: rfc822; LFrey@cityhpil.com

- Recipient

Arrival-Date: Mon, 4 Jul 2022 22:18:19 -0500 (CDT)

Final-Recipient: rfc822;

Original-Recipient: rfc822;

Action: failed Status: 5.2.0

Remote-MTA: dns; mx2a1.comcast.net

Diagnostic-Code: smtp; 550 5.2.0

unavailable

 From:
 Frey, Laura < LFrey@cityhpil.com>

 Sent:
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Subject:Undelivered Mail Returned to SenderAttachments:Undelivered Mail Returned to Sender

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Subject: Undelivered Mail Returned to Sender

Attachments: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

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I'm sorry to inform you that the message below could not be delivered. When delivery was attempted, the following error was returned.

host gmail-smtp-in.l.google.com[142.250.114.27] said:

550-5.1.1 The email account that you tried to reach does not exist. Please

try 550-5.1.1 double-checking the recipient's email address for typos or

550-5.1.1 unnecessary spaces. Learn more at 550 5.1.1

https://support.google.com/mail/?p=NoSuchUser

g5-20020a4aa70500000b00425ce891cdcsi16045029oom.46 - gsmtp (in reply to RCPT TO command)

Reporting-MTA: dns; spam1.cityhpil.com

X-Email-Security-Gateway-Queue-ID: 8F5AC38F46A

X-Email-Security-Gateway-Sender: rfc822; LFrey@cityhpil.com

Arrival-Date: Mon, 4 Jul 2022 22:18:19 -0500 (CDT)

Final-Recipient: rfc822;

Original-Recipient: rfc822;

Action: failed Status: 5.1.1

Remote-MTA: dns; gmail-smtp-in.l.google.com

Diagnostic-Code: smtp; 550-5.1.1 The email account that you tried to reach does

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Attachments: image003.png

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As a life-long resident of Highland Park who lives and works in this beloved community – the pain is palpable – and we are experiencing this pain together. The outpouring of love and support our community has shown – is one of the reasons I love Highland Park. Together, we will get through this.

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The attack prompted an immediate and well-coordinated response from multiple law enforcement agencies at the Federal, State, County, and local levels. A suspect, Robert "Bobby" Crimo III (age 22 of Highwood, III.) was identified and a massive manhunt ensued.

At approximately 6:30 p.m., the suspect was apprehended on Route 41 at Westleigh Road. He was taken into custody without incident and is currently being processed through the Highland Park Police Department.

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Nancy R. Rotering, Mayor City of Highland Park, IL

Sincerely,

Laura Frey, CPRP

Manager of Senior Services

847.432.4110 www.cityhpil.com

Highland Park Senior Center 1201 Park Avenue West – Highland Park



Sent: Monday, July 4, 2022 10:18 PM

To: LFrey@cityhpil.com

Subject:Undelivered Mail Returned to SenderAttachments:Undelivered Mail Returned to Sender

[EXTERNAL EMAIL]

Sent: Monday, July 04, 2022 10:18 PM

To: LFrey@cityhpil.com

Subject: Undelivered Mail Returned to Sender

Attachments: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

This is the Email Security Gateway at host spam1.cityhpil.com.

I'm sorry to inform you that the message below could not be delivered. When delivery was attempted, the following error was returned.

>: host gmail-smtp-in.l.google.com[142.250.114.27] said:

552-5.2.2 The email account that you tried to reach is over quota and inactive. 552-5.2.2 Please direct the recipient to 552 5.2.2

https://support.google.com/mail/?p=OverQuotaPerm

RCPT TO command)

Reporting-MTA: dns; spam1.cityhpil.com

X-Email-Security-Gateway-Queue-ID: 2987238F472

X-Email-Security-Gateway-Sender: rfc822; LFrey@cityhpil.com

Arrival-Date: Mon, 4 Jul 2022 22:18:21 -0500 (CDT)

Final-Recipient: rfc822;

Original-Recipient: rfc822

Action: failed Status: 5.2.2

Remote-MTA: dns; gmail-smtp-in.l.google.com

Diagnostic-Code: smtp; 552-5.2.2 The email account that you tried to reach is over quota and inactive. 552-5.2.2 Please direct the recipient to 552 5.2.2

https://support.google.com/mail/?p=OverQuotaPerm

e15-20020a0568301f2f00b00616cd48795asi33391354oth.292 - gsmtp

From: Frey, Laura <LFrey@cityhpil.com>
Sent: Monday, July 4, 2022 10:17 PM

Subject: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

Attachments: image003.png

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Manager of Senior Services

847.432.4110 www.cityhpil.com

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To: LFrey@cityhpil.com

Subject:Undelivered Mail Returned to SenderAttachments:Undelivered Mail Returned to Sender

[EXTERNAL EMAIL]

Sent: Monday, July 4, 2022 10:18 PM

To: LFrey@cityhpil.com

Subject: Undelivered Mail Returned to Sender

Attachments: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

This is the Email Security Gateway at host spam1.cityhpil.com.

I'm sorry to inform you that the message below could not be delivered. When delivery was attempted, the following error was returned.

>: host ismtp-04.mc.net[209.172.128.80] said: 550 #5.1.0 Address rejected. (in reply to RCPT TO command)

Reporting-MTA: dns; spam1.cityhpil.com

X-Email-Security-Gateway-Queue-ID: 94DDA38F468

X-Email-Security-Gateway-Sender: rfc822; LFrey@cityhpil.com

Arrival-Date: Mon, 4 Jul 2022 22:18:22 -0500 (CDT)

Final-Recipient: rfc822;

Original-Recipient: rfc822;

Action: failed Status: 5.0.0

Remote-MTA: dns; ismtp-04.mc.net

Diagnostic-Code: smtp; 550 #5.1.0 Address rejected.

From: Sent: Frey, Laura < LFrey@cityhpil.com > Monday, July 04, 2022 10:17 PM

Subject:

Highland Park Senior Center Update - Tragedy, Resources, and Schedule

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Manager of Senior Services 847.432.4110

www.cityhpil.com

Highland Park Senior Center 1201 Park Avenue West – Highland Park

Sent: Monday, July 4, 2022 10:18 PM

To: LFrey@cityhpil.com

Subject:Undelivered Mail Returned to SenderAttachments:Undelivered Mail Returned to Sender

Sent: Monday, July 4, 2022 10:18 PM

To: LFrey@cityhpil.com

Subject: Undelivered Mail Returned to Sender

Attachments: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

This is the Email Security Gateway at host spam1.cityhpil.com.

I'm sorry to inform you that the message below could not be delivered. When delivery was attempted, the following error was returned.

>: host mta7.am0.yahoodns.net[67.195.228.111] said:

552 1 Requested mail action aborted, mailbox not found (in reply to end of DATA command)

Reporting-MTA: dns; spam1.cityhpil.com

X-Email-Security-Gateway-Queue-ID: 4978638F46B

X-Email-Security-Gateway-Sender: rfc822; LFrey@cityhpil.com

Arrival-Date: Mon, 4 Jul 2022 22:18:25 -0500 (CDT)

Final-Recipient: rfc822;

Original-Recipient: rfc822

Action: failed Status: 5.0.0

Remote-MTA: dns; mta7.am0.yahoodns.net

Diagnostic-Code: smtp; 552 1 Requested mail action aborted, mailbox not found

From: Frey, Laura <LFrey@cityhpil.com>
Sent: Monday, July 4, 2022 10:17 PM

Subject: Highland Park Senior Center Update - Tragedy, Resources, and Schedule

Attachments: image003.png

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Sincerely,

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Manager of Senior Services 847.432.4110

www.cityhpil.com

Highland Park Senior Center 1201 Park Avenue West – Highland Park



From: Berger, Debbie <debbie.berger@warnermedia.com>

Sent: Monday, July 04, 2022 10:22 PM **To:** Civitello, Amanda; Giaimo, Melissa

Subject: RE: CNN / Situation Room: Police Chief Lou Jogmen (Today, 5-8 CT)

[EXTERNAL EMAIL]

Amanda – that works perfectly on our end.

We are two hours that evening (5-7p ET) – Is she able to hold both hours for us – we should have a hit time mid morning Wednesday.

We will also likely have a live crew based somewhere in Highland Park – one of us will circle back tmrw with more details, but please let us know if the timing works.

Many many thanks – and my heart goes out to the entire Highland Park community on this tragic night. Debbie

From: Civitello, Amanda <acivitello@cityhpil.com>

Sent: Monday, July 4, 2022 11:16 PM

To: Giaimo, Melissa < Melissa. Giaimo@cnn.com >

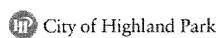
Cc: Berger, Debbie <debbie.berger@warnermedia.com>

Subject: RE: CNN / Situation Room: Police Chief Lou Jogmen (Today, 5-8 CT)

Totally understand - would we be able to schedule Mayor Rotering for Wednesday, July 6?

Amanda Civitello

Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







From: Giaimo, Melissa < Melissa.Giaimo@cnn.com >

Sent: Monday, July 4, 2022 7:39 PM

To: Civitello, Amanda <a civitello@cityhpil.com>

Cc: Berger, Debbie <debbie.berger@warnermedia.com>

Subject: Re: CNN / Situation Room: Police Chief Lou Jogmen (Today, 5-8 CT)

Of course, Amanda. Thank you for asking. Our preference is 5P CT hour / 6P ET hour, but we are flexible on timing if the 4P CT hour / 5P ET is better.

Can you please confirm that you're handling all the officials below?
Highland Park Mayor Nancy Rotering
Highland Park City Manager Ghida Neukirch
Highland Park Police Chief Lou Jogmen
Highland Park Highland Park Police Cmdr. Chris O'Neil
Highland Park Fire Chief Joseph Schrage

We can't host the Mayor Rotering tomorrow as I see she's already committed to the 9A hour on CNN + AC360.

We greatly appreciate your help and are open to any other official you may be able to offer!

MELISSA GIAIMO

Senior Editorial Producer "The Situation Room with Wolf Blitzer"

cell

+1-202-351-4406 work

melissa.giaimo@cnn.com

From: Civitello, Amanda <acivitello@cityhpil.com>

Date: Monday, July 4, 2022 at 6:51 PM

To: Giaimo, Melissa < Melissa. Giaimo@cnn.com >

Cc: Berger, Debbie < debbie.berger@warnermedia.com >

Subject: RE: CNN / Situation Room: Police Chief Lou Jogmen (Today, 5-8 CT)

Hi Melissa,

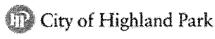
Thank you so much for your patience and concern. We are hanging in there – just can't believe this happened in our town.

We are not able to accommodate individual interviews today, I think tomorrow would work. Any preference as to timing?

Thank you again for your thoughtfulness -

Amanda Civitello

Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com



From: Giaimo, Melissa < Melissa. Giaimo@cnn.com >

Sent: Monday, July 4, 2022 5:44 PM

To: Civitello, Amanda <a civitello@cityhpil.com>

Cc: Berger, Debbie < debbie.berger@warnermedia.com >

Subject: Re: CNN / Situation Room: Police Chief Lou Jogmen (Today, 5-8 CT)

[EXTERNAL EMAIL]

Hi Amanda,

We're on-air now until 8P CT / 9P ET with Wolf Blitzer. Any update for me? And for guidance, are you handling Fire Chief + coroner? Phone interview with any official welcome at any time!

And to remind, tomorrow we're 4-6 CT / 5-7 ET.

Thank you for all your help and I'm sorry you've had such an awful day. 😥 We wish weren't covering this... again

From: Giaimo, Melissa < Melissa. Giaimo@cnn.com >

Date: Monday, July 4, 2022 at 4:34 PM

To: Civitello, Amanda <acivitello@cityhpil.com>

Cc: Berger, Debbie < debbie.berger@warnermedia.com >

Subject: Re: CNN / Situation Room: Police Chief Lou Jogmen (Today, 5-8 CT)

Hi Amanda,

To recap our call, our show is now live 6-9 ET / 5-8 CT and Wolf Blitzer is now anchoring.

Are you handling requests for Fire Chief and coroner Jennifer Banek in addition? Can we add them to our list of requests for officials tonight?

From: Giaimo, Melissa < Melissa. Giaimo@cnn.com >

Date: Monday, July 4, 2022 at 2:17 PM

To: Civitello, Amanda <acivitello@cityhpil.com>

Cc: Berger, Debbie < debbie.berger@warnermedia.com >

Subject: Re: CNN / Situation Room: Police Chief Lou Jogmen (Today, 4-6 CT)

Hi Amanda,

Thanks again for your help. I look forward to hearing back from you in about an hour if any city official (Mayor, City Manager, Chief Jogmen, or anyone else you may be able to offer) can join us today between 4-6P CT for an interview (via phone or virtual).

While today is certainly the priority with breaking news, please also keep us on your list for same hours tomorrow.

Once again, my cell is

MELISSA GIAIMO

Senior Editorial Producer "The Situation Room with Wolf Blitzer"

+1-202-351-4406 work

From: Civitello, Amanda <a civitello@cityhpil.com>

Date: Monday, July 4, 2022 at 1:36 PM To: Giaimo, Melissa < Melissa.Giaimo@cnn.com > Cc: Berger, Debbie < debbie.berger@warnermedia.com >
Subject: Re: CNN / Situation Room: Police Chief Lou Jogmen (Today, 4-6 CT)
EXTERNAL SENDER: Caution opening links or attachments
Hi Melissa,
Thank you for your kind words of support. I will connect with Mayor Rotering and City Manager Neukirch and follow up with you shortly.
A press briefing will be held at 12:45 PM at Fire Station #33, 1130 Central Ave.
I may be reached on my personal phone at I lost my work phone in the incident and will not be able to respond at the number you typically have on file for me.
Thank you.
Amanda Civitello
Communications Manager
City of Highland Park
1707 St Johns Avenue
Highland Park, Illinois 60035
847.926.1043

acivite)	lo@city	vhpil.com

cityhpil.com

From: Giaimo, Melissa < Melissa. Giaimo@cnn.com >

Sent: Monday, July 4, 2022 12:11 PM

To: Civitello, Amanda **Cc:** Berger, Debbie

Subject: CNN / Situation Room: Police Chief Lou Jogmen (Today, 4-6 CT)

[EXTERNAL EMAIL]

Hi Amanda,

I'm very sorry to reach out under these circumstances. Are you the POC for City officials? Can you assist with interview requests as we cover the shooting.

Can we request an interview with Mayor Nancy Rotering? Police Chief Lou Jogmen? Please advise if you can assist or if there's another person handling police.

The Situation Room is live 4-6 CT / 5-7 ET. Brianna Keilar is in for Wolf.

We could do an interview virtually (CISCO or SKYPE) or could consider phone interview.

MELISSA GIAIMO

Senior Editorial Producer "The Situation Room with Wolf Blitzer"

+ cell

+1-202-351-4406 work

melissa.giaimo@cnn.com

From: acivitello@cityhpil.com

Sent: Monday, July 04, 2022 10:27 PM

Fo: acivitello@cityhpil.com

Subject: Media Release: Person of Interest Taken Into Custody in Highland Park (IL) Fourth of July Parade Shooting

Good evening,

At approximately 6:30PM on Monday, July 4, the North Chicago Police Department identified a Honda Fit with a license plate matching the suspect vehicle, traveling Southbound on IL Route 41 and Buckley in North Chicago. The Officer attempted a traffic stop; a brief pursuit ensued. In coordination with other area law enforcement, the suspect vehicle was stopped at IL Route 41 and Westleigh Road in Lake Forest. The person of interest, Robert (Bobby) E. Crimo III was taken into custody without incident.

Further information is available in the below media release. As always, please do not hesitate to reach out with any questions you may have.

Sincerely,
Amanda Civitello
Communications Manager
City of Highland Park
acivitello@cityhpil.com/

Person of Interest Taken Into Custody in Highland Park (IL) Fourth of July Parade Shooting

Highland Park, Illinois – At approximately 6:30PM on Monday, July 4, the North Chicago Police Department identified a Honda Fit with a license plate matching the suspect vehicle, traveling Southbound on IL Route 41 and Buckley in North Chicago. The Officer attempted a traffic stop; a brief pursuit ensued. In coordination with other area law enforcement, the suspect vehicle was stopped at IL Route 41 and Westleigh Road in Lake Forest. The person of interest, Robert (Bobby) E. Crimo III was taken into custody without incident.

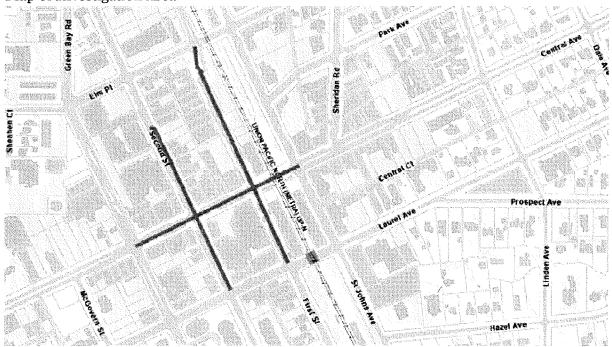
Crimo has been transported to Highland Park Police Department. Despite having a suspect in custody; this remains an active investigation. As the FBI and Lake County Major Crimes Unit continue to remain on site for the crime scene investigation, a perimeter will be maintained around portions of the Central Business District; detours are in place. The updated closure area includes: Central Avenue from Green Bay Road to St Johns, First Street from Laurel Avenue to Elm Place, and Second Street from Laurel Avenue to the southern entrance of the South Street public parking lot (map attached). The Police Department requests that the public continue to send in any tips and/or photos/videos that may be relevant to the investigation for processing.

Individuals still needing to be reunited with loved ones they were separated from during the course of today's events should go to the Highland Park Police Department at 1677 Old Deerfield Rd, Highland Park. Further information regarding this investigation will be posted to cityhpil.com as available.

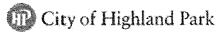
Person of Interest: Robert (Bobby) E. Crimo III



Map of Investigation Area:



Amanda Civitello Communications Manager she / her / hers



1707 St Johns Avenue Highland Park, Illinois 60035

847.926.1043

acivitello@cityhpil.com cityhpil.com







Sent: Monday, July 4, 2022 10:32 PM

To: acivitello@cityhpil.com

Subject:Undelivered Mail Returned to SenderAttachments:Undelivered Mail Returned to Sender

Sent: Monday, July 04, 2022 10:32 PM

To: acivitello@cityhpil.com

Subject: Undelivered Mail Returned to Sender

This is the Email Security Gateway at host spam1.cityhpil.com.

I'm sorry to inform you that the message below could not be delivered. When delivery was attempted, the following error was returned.

<dalambert@chicagotribune.com>: host aspmx.l.google.com[142.251.116.26] said:

550-5.1.1 The email account that you tried to reach does not exist. Please

try 550-5.1.1 double-checking the recipient's email address for typos or

550-5.1.1 unnecessary spaces. Learn more at 550 5.1.1

https://support.google.com/mail/?p=NoSuchUser

m29-20020a056870059d00b000f1be2642besi43153271oap.110 - gsmtp (in reply to

RCPT TO command)

Reporting-MTA: dns; spam1.cityhpil.com

X-Email-Security-Gateway-Queue-ID: 8CC0838F46C

X-Email-Security-Gateway-Sender: rfc822; acivitello@cityhpil.com

Arrival-Date: Mon, 4 Jul 2022 22:31:55 -0500 (CDT)

Final-Recipient: rfc822; dalambert@chicagotribune.com Original-Recipient: rfc822;dalambert@chicagotribune.com

Action: failed Status: 5.1.1

Remote-MTA: dns; aspmx.l.google.com

Diagnostic-Code: smtp; 550-5.1.1 The email account that you tried to reach does

not exist. Please try 550-5.1.1 double-checking the recipient's email

address for typos or 550-5.1.1 unnecessary spaces. Learn more at 550 5.1.1

https://support.google.com/mail/?p=NoSuchUser

m29-20020a056870059d00b000f1be2642besi43153271oap.110 - gsmtp

Civitello, Amanda <acivitello@cityhpil.com>

Sent:

Monday, July 04, 2022 10:27 PM

To:

Civitello, Amanda

Subject:

Media Release: Person of Interest Taken Into Custody in Highland Park (IL) Fourth of

July Parade Shooting

Mail Delivery System <MAILER-DAEMON@LOCALHOST>

Sent:

Monday, July 04, 2022 10:32 PM

To:

acivitello@cityhpil.com

Subject:

Undelivered Mail Returned to Sender

Attachments:

Undelivered Mail Returned to Sender

Mail Delivery System < MAILER-DAEMON@LOCALHOST>

Sent:

Monday, July 04, 2022 10:32 PM

To:

acivitello@cityhpil.com

Subject:

Undelivered Mail Returned to Sender

This is the Email Security Gateway at host spam1.cityhpil.com.

I'm sorry to inform you that the message below could not be delivered. When delivery was attempted, the following error was returned.

<info@wycc.org>: host wycc.org.mail.eo.outlook.com[104.47.55.138] said: 550 5.7.64 TenantAttribution; Relay Access Denied [BN8NAM12FT049.eop-nam12.prod.protection.outlook.com] (in reply to end of DATA command)

Reporting-MTA: dns; spam1.cityhpil.com

X-Email-Security-Gateway-Queue-ID: D7C5738F46A

X-Email-Security-Gateway-Sender: rfc822; acivitello@cityhpil.com

Arrival-Date: Mon, 4 Jul 2022 22:31:59 -0500 (CDT)

Final-Recipient: rfc822; info@wycc.org Original-Recipient: rfc822;info@wycc.org

Action: failed Status: 5.7.64

Remote-MTA: dns; wycc.org.mail.eo.outlook.com

Diagnostic-Code: smtp; 550 5.7.64 TenantAttribution; Relay Access Denied

[BN8NAM12FT049.eop-nam12.prod.protection.outlook.com]

Civitello, Amanda <acivitello@cityhpil.com>

Sent:

Monday, July 4, 2022 10:27 PM

To:

Civitello, Amanda

Subject:

Media Release: Person of Interest Taken Into Custody in Highland Park (IL) Fourth of July

Parade Shooting

Sent: Monday, July 4, 2022 10:32 PM

To: acivitello@cityhpil.com

Subject:Undelivered Mail Returned to SenderAttachments:Undelivered Mail Returned to Sender

Mail Delivery System <MAILER-DAEMON@LOCALHOST>

Sent:

Monday, July 04, 2022 10:32 PM

To: Subject:

Undelivered Mail Returned to Sender

This is the Email Security Gateway at host spam1.cityhpil.com.

I'm sorry to inform you that the message below could not be delivered. When delivery was attempted, the following error was returned.

acivitello@cityhpil.com

<taisje.claiborne@nbcuniversal.com>: host

mxa-00176a04.gslb.pphosted.com[67.231.157.49] said: 550 5.1.1 No such user

- pp (in reply to RCPT TO command)

Reporting-MTA: dns; spam1.cityhpil.com

X-Email-Security-Gateway-Queue-ID: 06D4A38F46F

X-Email-Security-Gateway-Sender: rfc822; acivitello@cityhpil.com

Arrival-Date: Mon, 4 Jul 2022 22:32:14 -0500 (CDT)

Final-Recipient: rfc822; taisje.claiborne@nbcuniversal.com Original-Recipient: rfc822;taisje.claiborne@nbcuniversal.com

Action: failed Status: 5.1.1

Remote-MTA: dns; mxa-00176a04.gslb.pphosted.com Diagnostic-Code: smtp; 550 5.1.1 No such user - pp