
From: mhernandez@cityhpil.com
Sent: Thursday, July 07, 2022 9:01 AM
To: acivitello@cityhpil.com
Cc: jschrage@cityhpil.com
Subject: NBC Nightly News With Lester Holt

Importance: High

Hello Amanda,

Producer from NBC News, Halle, wants to interview First Responders regarding the July 4th incident. I told her I would pass the information along to you and the Chief. Her contact information is below.

Halle
Producer
NBC News
718.887.5233

Thank you.

Best Regards,
Meriyen Hernandez
Executive Assistant



1130 Central Avenue
Highland Park, Illinois 60035

847.926.1064 Direct
847.433.3110 Office
847.432.0699 Fax

mhernandez@cityhpil.com
cityhpil.com



From: Jim Brick <jim.brick@creditmgt.com>
Sent: Thursday, July 07, 2022 9:06 AM
To: Rodriguez, Deysi
Subject: RE: Statue of Limitations for City of Highland Park

[EXTERNAL EMAIL]

You as well.

Thanks,

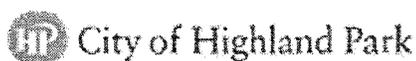
Jim Brick
262-391-7674

From: Rodriguez, Deysi <drosdriguez@cityhpil.com>
Sent: Thursday, July 7, 2022 8:52 AM
To: Jim Brick <jim.brick@creditmgt.com>
Subject: RE: Statue of Limitations for City of Highland Park

Jim,

Thank you very much. I appreciate it greatly. I was on scene the day of the parade. It has been a hard couple of days, we are lucky to have dedicated first responders and a great community around us. I am so sorry to hear about the Waukesha parade, its hard being at the scene of any tragedy like these. I hope you're staying safe.

Take Care,
Deysi Rodriguez
Finance and Customer Service Specialist



1707 St Johns Avenue
Highland Park, Illinois 60035

847.926.1015 Office Phone
847.432.2617 Fax

drosdriguez@cityhpil.com
cityhpil.com



From: Jim Brick <jim.brick@creditmgt.com>
Sent: Wednesday, July 6, 2022 10:55 AM
To: Rodriguez, Deysi <drosdriguez@cityhpil.com>
Subject: RE: Statue of Limitations for City of Highland Park

[EXTERNAL EMAIL]

Deysi,

Hope all is good. So sad to see what happened on the 4th. I was at the parade in Waukesha when the car went through the parade. Very sad. Let me know if you need anything from CMC.

Thanks,

Jim Brick
262-391-7674

From: Rodriguez, Deysi <drodriguez@cityhpil.com>
Sent: Wednesday, June 22, 2022 8:29 AM
To: Jim Brick <jim.brick@creditmgt.com>
Subject: Statue of Limitations for City of Highland Park

Good morning Jim,

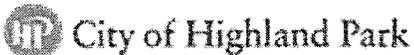
We had to do some research on our end and ask our counsel about the statute of limitations for things in collections. This is the response received from our corporate counsel.

“There’s a new state law (effective last summer) that sets a 7-year statute of limitations for lawsuits to collect debts arising from municipal code violations. That would affect collecting judgments for administrative hearing fines. It may not affect invoices for other (non-Code-related) debts.

We can still try to collect debts after 7 years, but we would not have the ultimate ability to sue the debtor.”

So, we do not have a limit on when we can pursue debt but we cannot sue the debtor after 7 years.

Thank you,
Deysi Rodriguez
Finance and Customer Service Specialist



1707 St. Johns Avenue
Highland Park, Illinois 60035

847.926.1015 Office Phone
847.432.2617 Fax

drodriguez@cityhpil.com
cityhpil.com



From: Robin Dipaolo - [REDACTED]
Sent: Thursday, July 7, 2022 9:08 AM
To: Hersch, Carolyn
Subject: Re: Investigation Perimeter Update
Attachments: image011.png; image012.png; image013.png; image014.png; image015.png; Central First and Second Closure.jpg

[EXTERNAL EMAIL]

Good morning,

I wanted to reach out as a business owner to say thank you for all that the city is doing for this investigation.

I wondered if you can shed light on whether or not we would be able to reopen Friday or Saturday of this week. If not we just want to contact each client to reschedule them remotely. I know you may not know for sure but it would help as we are by appointment to give patrons an answer sooner than the night before.

On another note I have a renter who went to the elm and 2nd street side last night and claims she spoke with an officer who was allowing many people to go in and out of 2nd st. I did call the HP police non emergency to ask if they were opening that part of the street as she claimed happened last night. I was told that no it is not and that should not have happened. I said to maybe have heavier presence there to be sure that doesn't happen again. I wanted my renter not to do it again or any other curious people who do not think that was a "big deal" to walk through the obvious taped off area.

I say all of this to help you know what is going on and to get some clarification for the next few days. I do not want to disturb the investigation at all!

I do appreciate any and all direction you may have for us.

Thank you,
Robin DIPaolo
Owner Blue Orchid Salon and Spa

Sent from my iPhone

On Jul 6, 2022, at 10:22 AM, Hersch, Carolyn <chersch@cityhpil.com> wrote:

Dear Business Owner,

As the FBI and Lake County Major Crimes Unit continue to remain on site for the crime scene investigation, businesses within the investigation perimeter must remain closed until further notice. The perimeter includes: Central Avenue from Green Bay Road to St Johns, First Street from Laurel Avenue to Elm Place, and **Second Street from Laurel Avenue to Elm Place** (map attached). **Note that if your building address is within the perimeter, access to the building will remain closed regardless if the access point is not within the perimeter; this includes businesses in Port Clinton and 1770 First**

Street, which have access from the Port Clinton garage on Laurel Avenue. Please continue to check your email for updates to the investigation perimeter and access to your business.

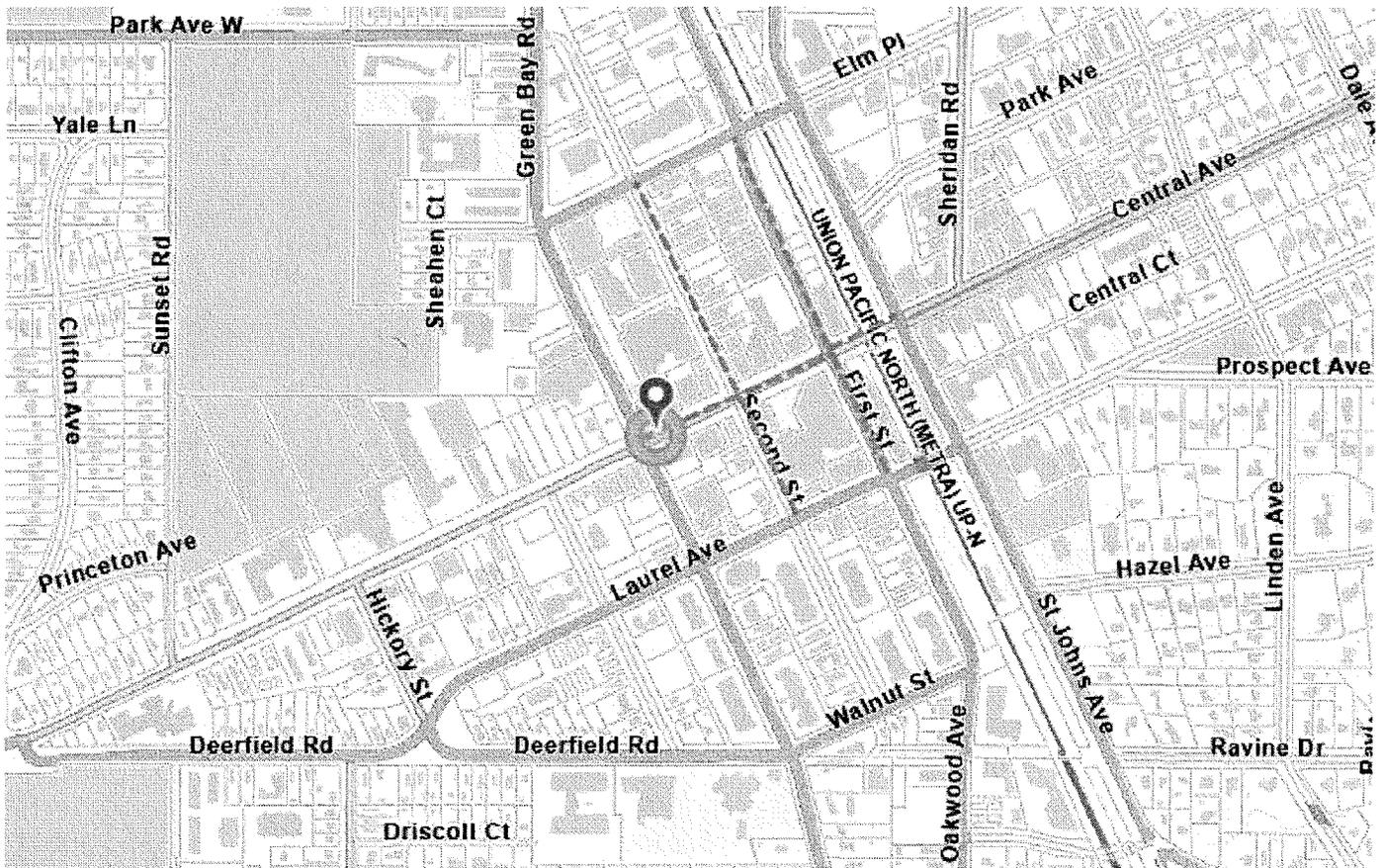
Carolyn Hersch
Business Development Manager



1707 St. Johns Avenue
Highland Park, Illinois 60035

847.926.1027

chersch@cityhpil.com
cityhpil.com



From: Robin Dipaolo <[REDACTED]>
Sent: Thursday, July 07, 2022 9:08 AM
To: Hersch, Carolyn
Subject: Re: Investigation Perimeter Update

[EXTERNAL EMAIL]

Good morning,

I wanted to reach out as a business owner to say thank you for all that the city is doing for this investigation.

I wondered if you can shed light on whether or not we would be able to reopen Friday or Saturday of this week. If not we just want to contact each client to reschedule them remotely. I know you may not know for sure but it would help as we are by appointment to give patrons an answer sooner than the night before.

On another note I have a renter who went to the elm and 2nd street side last night and claims she spoke with an officer who was allowing many people to go in and out of 2nd st. I did call the HP police non emergency to ask if they were opening that part of the street as she claimed happened last night. I was told that no it is not and that should not have happened. I said to maybe have heavier presence there to be sure that doesn't happen again. I wanted my renter not to do it again or any other curious people who do not think that was a "big deal" to walk through the obvious taped off area.

I say all of this to help you know what is going on and to get some clarification for the next few days. I do not want to disturb the investigation at all!

I do appreciate any and all direction you may have for us.

Thank you,
Robin DiPaolo
Owner Blue Orchid Salon and Spa

Sent from my iPhone

On Jul 6, 2022, at 10:22 AM, Hersch, Carolyn <chersch@cityhpil.com> wrote:

Dear Business Owner,

As the FBI and Lake County Major Crimes Unit continue to remain on site for the crime scene investigation, businesses within the investigation perimeter must remain closed until further notice. The perimeter includes: Central Avenue from Green Bay Road to St Johns, First Street from Laurel Avenue to Elm Place, and **Second Street from Laurel Avenue to Elm Place** (map attached). **Note that if your building address is within the perimeter, access to the building will remain closed regardless if the access point is not within the perimeter; this includes**

businesses in Port Clinton and 1770 First Street, which have access from the Port Clinton garage on Laurel Avenue. Please continue to check your email for updates to the investigation perimeter and access to your business.

Carolyn Hersch
Business Development Manager

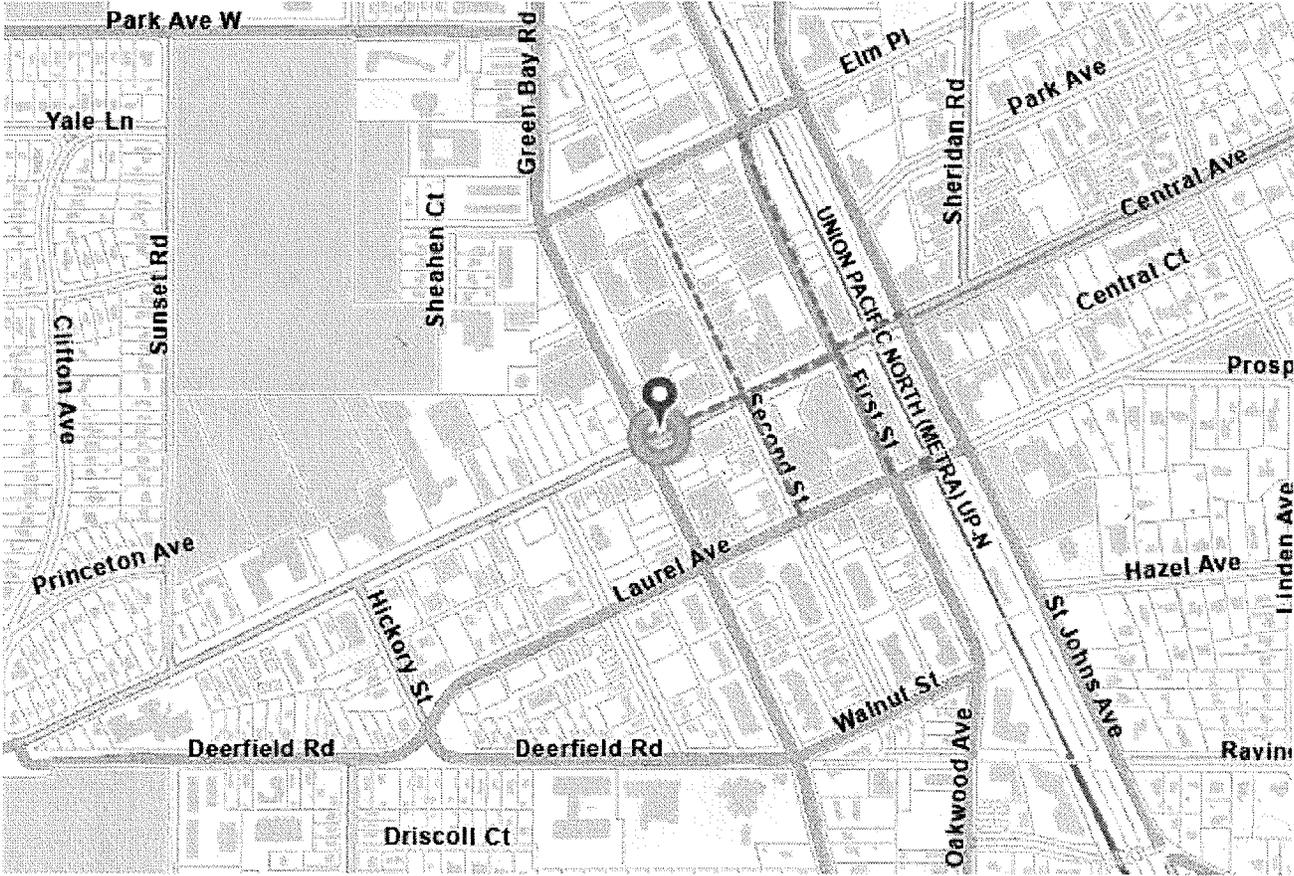


1707 St Johns Avenue
Highland Park, Illinois 60035

847.926.1027

chersch@cityhpil.com

cityhpil.com



From: Hartle, Jeffery <hartleje@musc.edu>
Sent: Thursday, July 07, 2022 9:09 AM
To: Hartle, Jeffery
Subject: Statement and Resources from the National Mass Violence Victimization Resource Center

[EXTERNAL EMAIL]



Attention reporters, editors, and assignment desk editors:

Attached is a press release/resource guide from the National Mass Violence Victimization Resource Center. We hope you find it useful in the aftermath of the tragedy in Highland Park, IL.

A statement from National Mass Violence Victimization Resource Center:

“We at the National Mass Violence Victimization Resource Center share in the great sorrow of the community of Highland Park and the broader Lake County and Chicago community following the devastating attack on the July 4th parade on Monday. Along with the entire Nation, we grieve for the community and for the families of the seven people who were senselessly murdered and dozens of others who were physically injured in this heinous act. A day that was meant to be spent celebrating America with friends and family was turned into a tragic personal nightmare for the victims, survivors, witnesses, and the entire community. Furthermore, we know that events like the Highland Park parade mass shooting can affect everyone’s sense of safety, and may be a trauma cue for people who have previously experienced similar events or other types of victimization.

We have put together resources that we hope will be helpful to everyone in Highland Park and the surrounding communities. Our Center’s free self-help app, TRANSCEND – NMVC, may be particularly helpful to victims and survivors as they begin their difficult journey toward recovery and resilience.

Please visit the many resources on our website that support mass violence victims, survivors, witnesses and those who assist them.”

Please consider sharing the resources below and attached with your readers and viewers:

Resources for Victims, Survivors and Community Members

- The NMVVRC self-help app, Transcend NMVC, is available on both [Apple](#) and [Android](#) mobile phones
- [Tips For Survivors: Coping With Grief After A Disaster Or Traumatic Event via the Substance Abuse and Mental Health Services Administration | Read here.](#)
- [Managing Distress: Grounding Tips For Crime Victims, Survivors And Family Members Of Mass Violence Incidents \(MVIs\) | Read here.](#)
- [How to Identify an Experienced Trauma-Focused Therapist | Read here.](#)
- [Illinois Crime Victims Compensation Program | Read here.](#)
- **STATE OF ILLINOIS** Information about crime victim compensation and advocates: [1-800-228-3368 \(Voice\) | 1-877-398-1130 \(TTY\)](#)

Resources for Parents, Caregivers and Teens

- Assisting Parents/Caregivers in Coping with Collective Traumas, via NCTSN | Read [here](#)
- Parent Guidelines for Helping Youth After the Recent Mass Shooting, via NCTSN | Read [here](#) in English | Read [here](#) in Spanish
- Helping Teens with Traumatic Grief – Tips for Caregivers, via NCTSN | Read [here](#)
- Tips for Talking with and Helping Children and Youth Cope After a Disaster or Traumatic Event: A Guide for Parents, Teachers and Caregivers, via SAMHSA | Read [here](#)
- For Teens: Coping After Mass Violence, via NCTSN | Read [here](#) in English | Read [here](#) in Spanish

Resources for Community Leaders

- Timeline of Activities to Promote Mental Health Recovery: Recommendations Before, During and Following a Mass Violence Incident | Read [here](#).
- Tips for Community Leaders: Rebuilding Your Community | Resources [here](#).

The NMVVR

The National Mass Violence Victimization Resource Center is at the Medical University of South Carolina, Department of Psychiatry & Behavioral Sciences, and receives funding from the U.S. Department of Justice, Office for Victims of Crime. | Click [here](#)

Additionally, please reach out to me (Jeff Hartle) if you'd like to schedule an interview with one of our experts in the field of trauma and mass violence.

My cell phone number is [REDACTED]

About the NMVVR: The National Mass Violence Victimization Resource Center is located at the Medical University of South Carolina, Department of Psychiatry & Behavioral Sciences, and receives funding from the U.S. Department of Justice's Office for Victims of Crime. Learn more about us at <https://www.nmvvr.org/>

This National Mass Violence Victimization Resource Center website is funded through a grant (cooperative agreement number 2017-MU-GX-K114 and 2020-V7-GX-K002) to the Medical University of South Carolina from the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. Neither the U.S. Department of Justice nor any of its components operate, control, are responsible for, or necessarily endorse, this website (including, without limitation, its content, technical infrastructure, and policies, and any services or tools provided).

Jeff Hartle

Public Information Director
 National Crime Victims Research and Treatment Center
 Department of Psychiatry and Behavioral Sciences
 Medical University of South Carolina

67 President Street
 MSC 863, IOP 2- South
 Charleston, SC 29425

P: 843-792-3635
 F: 843-792-5041
 E: hartleje@musc.edu
www.musc.edu/ncvc

From: nbarnes@cityhpil.com
Sent: Thursday, July 07, 2022 9:14 AM
To: asmith@cityhpil.com
Subject: FW: Dominoes Gift Card
Attachments: Domino's®_eGift_Card_2022-07-06 (1).pdf

From: Barnes, Nicholas
Sent: Thursday, July 7, 2022 7:46 AM
To: Neukirch, Ghida <gneukirch@cityhpil.com>; Taub, Emily <etaub@cityhpil.com>
Subject: FW: Dominoes Gift Card

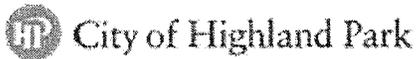
Good morning,

A family in Lake Forest coordinated a Dominoes gift card drive for us. They raised \$2830. The gift card is attached.

Please let me know if and when to strategically utilize this. I would be happy to coordinate the logistics of purchase and delivery.

I don't want to order too early if food donations from elsewhere are still rolling in – that seems like a waste.

Nick Barnes
Human Resources Generalist



1707 St Johns Avenue
Highland Park, Illinois 60035

847.926.1013 direct
847.433.2940 fax

nbarnes@cityhpil.com
cityhpil.com



From: Jessica Phifer - Schubert <[REDACTED]>
Sent: Wednesday, July 6, 2022 9:25 PM
To: Barnes, Nicholas <nbarnes@cityhpil.com>
Subject: Dominoes Gift Card

[EXTERNAL EMAIL]

Nick,

Attached you will find a Dominoes gift card for the employees and first responders of the City of Highland Park and supporting agencies.

We hope that this will continue to keep folks fed in the days and weeks to come.

We are humbled by the service and commitment of all of the city employees and volunteers during this difficult time.

All my best,

Jessica

From: asmith@cityhpil.com
Sent: Thursday, July 7, 2022 9:15 AM
To: [REDACTED]
Subject: Donation Link for Highland Park Shooting Victims
Attachments: image003.gif; image004.png; image005.png; image006.png; image007.png

Good morning Jerold,

Here is the link for the official donation page for Highland Park victims. Thank you for keeping them in your thoughts.

<https://www.hpcfil.org/july-4th-highland-park-shooting-response-fund/>

Thank you and be safe,

Aaron C. Smith
Human Resources Specialist
He / Him / His



1707 St Johns Avenue
Highland Park, Illinois 60035

847.926.1007 direct
847.433.2940 fax

asmith@cityhpil.com
cityhpil.com



From: acivitello@cityhpil.com
Sent: Thursday, July 07, 2022 9:21 AM
To: ejason@cityhpil.com; gneukirch@cityhpil.com
Subject: Fwd: Statement and Resources from the National Mass Violence Victimization Resource Center
Attachments: image001.jpg

[Get Outlook for iOS](#)

From: Hartle, Jeffery <hartleje@muscd.edu>
Sent: Thursday, July 7, 2022 9:09:09 AM
To: Hartle, Jeffery <hartleje@muscd.edu>
Subject: Statement and Resources from the National Mass Violence Victimization Resource Center

[EXTERNAL EMAIL]



Attention reporters, editors, and assignment desk editors:

Attached is a press release/resource guide from the National Mass Violence Victimization Resource Center. We hope you find it useful in the aftermath of the tragedy in Highland Park, IL.

A statement from National Mass Violence Victimization Resource Center:

“We at the National Mass Violence Victimization Resource Center share in the great sorrow of the community of Highland Park and the broader Lake County and Chicago community following the devastating attack on the July 4th parade on Monday. Along with the entire Nation, we grieve for the community and for the families of the seven people who were senselessly murdered and dozens of others who were physically injured in this heinous act. A day that was meant to be spent celebrating America with friends and family was turned into a tragic personal nightmare for the victims, survivors, witnesses, and the entire community.

Furthermore, we know that events like the Highland Park parade mass shooting can affect everyone’s sense of safety, and may be a trauma cue for people who have previously experienced similar events or other types of victimization.

We have put together resources that we hope will be helpful to everyone in Highland Park and the surrounding communities. Our Center’s free self-help app, TRANSCEND – NMVC, may be particularly helpful to victims and survivors as they begin their difficult journey toward recovery and resilience.

Please visit the many resources on our website that support mass violence victims, survivors, witnesses and those who assist them.”

Please consider sharing the resources below and attached with your readers and viewers:

Resources for Victims, Survivors and Community Members

- The NMVVRC self-help app, Transcend NMVC, is available on both [Apple](#) and [Android](#) mobile phones
- Tips For Survivors: Coping With Grief After A Disaster Or Traumatic Event via the Substance Abuse and Mental Health Services Administration | Read [here](#).
- Managing Distress: Grounding Tips For Crime Victims, Survivors And Family Members Of Mass Violence Incidents (MVs) | Read [here](#).
- How to Identify an Experienced Trauma-Focused Therapist | Read [here](#).
- Illinois Crime Victims Compensation Program | Read [here](#).
- **STATE OF ILLINOIS** Information about crime victim compensation and advocates: [1-800-228-3368 \(Voice\)](#) | [1-877-398-1130 \(TTY\)](#)

Resources for Parents, Caregivers and Teens

- Assisting Parents/Caregivers in Coping with Collective Traumas, via NCTSN | Read [here](#)
- Parent Guidelines for Helping Youth After the Recent Mass Shooting, via NCTSN | Read [here](#) in English | Read [here](#) in Spanish
- Helping Teens with Traumatic Grief – Tips for Caregivers, via NCTSN | Read [here](#)
- Tips for Talking with and Helping Children and Youth Cope After a Disaster or Traumatic Event: A Guide for Parents, Teachers and Caregivers, via SAMHSA | Read [here](#)
- For Teens: Coping After Mass Violence, via NCTSN | Read [here](#) in English | Read [here](#) in Spanish

Resources for Community Leaders

- Timeline of Activities to Promote Mental Health Recovery: Recommendations Before, During and Following a Mass Violence Incident | Read [here](#).
- Tips for Community Leaders: Rebuilding Your Community | Resources [here](#).

The NMVVRC

The National Mass Violence Victimization Resource Center is at the Medical University of South Carolina, Department of Psychiatry & Behavioral Sciences, and receives funding from the U.S. Department of Justice, Office for Victims of Crime. | Click [here](#)

Additionally, please reach out to me (Jeff Hartle) if you'd like to schedule an interview with one of our experts in the field of trauma and mass violence.

My cell phone number is [REDACTED]

About the NMVVRC: The National Mass Violence Victimization Resource Center is located at the Medical University of South Carolina, Department of Psychiatry & Behavioral Sciences, and receives funding from the U.S. Department of Justice's Office for Victims of Crime. Learn more about us at <https://www.nmvvrc.org/>

This National Mass Violence Victimization Resource Center website is funded through a grant (cooperative agreement number 2017-MU-GX-K114 and 2020-V7-GX-K002) to the Medical University of South Carolina from the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. Neither the U.S. Department of Justice nor any of its components operate, control, are responsible for, or necessarily endorse, this website (including, without limitation, its content, technical infrastructure, and policies, and any services or tools provided).

Jeff Hartle

Public Information Director
National Crime Victims Research and Treatment Center
Department of Psychiatry and Behavioral Sciences
Medical University of South Carolina

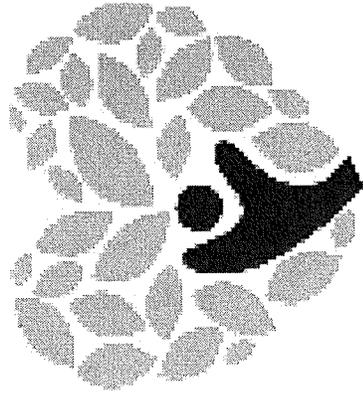
67 President Street
MSC 863, IOP 2- South
Charleston, SC 29425

P: 843-792-3635

F: 843-792-5041

E: hartleje@musc.edu

www.musc.edu/ncvc



NMWR C

Readiness · Response · Resilience

From: rkanapareddy@cityhpil.com
Sent: Thursday, July 7, 2022 9:22 AM
To: MaryEllen.Mack@illinois.gov
Cc: egomez@cityhpil.com
Subject: RE: Sending my prayers
Attachments: image001.png; image012.jpg; image013.png; image014.png; image015.png; image016.png; image017.jpg

Thank you MaryEllen. We do appreciate the support. Our prayers are with the families of the loved ones. The grieving and healing is underway with a somber note that lives lost will be remembered for eternity. All City staff were safe. Even though its Day Four, it still feels unreal.

Thanks,

Ramesh

Ramesh Kanapareddy, P.E., CFM
Assistant City Manager/Director of Public Works



City of Highland Park
Department of Public Works
1150 Half Day Road
Highland Park, Illinois 60035

O: 847.432.0807
F: 847.432.9907

rkanapareddy@cityhpil.com
cityhpil.com



CLICK HERE TO
VIEW YOUR WATER USE
MYWATERUSE.CITYHPIL.COM

From: Mack, MaryEllen <MaryEllen.Mack@illinois.gov>
Sent: Wednesday, July 6, 2022 3:46 PM
To: Gomez, Emmanuel <egomez@cityhpil.com>; Kanapareddy, Ramesh <rkanapareddy@cityhpil.com>
Subject: Sending my prayers

[EXTERNAL EMAIL]

Ramesh, Manny,

I wanted to share my prayers with you and the rest of your group in Highland Park. What a horrible scene at the 4th of July parade! I hope all those affected by this turmoil will be able to heal.

With sadnesss,

Mary Ellen Mack

Illinois Department of Transportation
Local Agency Construction Supervisor

State of Illinois - CONFIDENTIALITY NOTICE: The information contained in this communication is confidential, may be attorney-client privileged or attorney work product, may constitute inside information or internal deliberative staff communication, and is intended only for the use of the addressee. Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify the sender immediately by return e-mail and destroy this communication and all copies thereof, including all attachments. Receipt by an unintended recipient does not waive attorney-client privilege, attorney work product privilege, or any other exemption from disclosure.

From: chersch@cityhpil.com
Sent: Thursday, July 07, 2022 9:22 AM
To: ejason@cityhpil.com
Subject: Fwd: Investigation Perimeter Update

FYI

Carolyn Hersch
Business Development Manager

City of Highland Park
1707 St John's Ave.
Highland Park, IL 60035

847.926.1027

Sent from my iPhone

Begin forwarded message:

From: Robin Dipaolo <[REDACTED]>
Date: July 7, 2022 at 9:08:41 AM CDT
To: "Hersch, Carolyn" <chersch@cityhpil.com>
Subject: Re: Investigation Perimeter Update

[EXTERNAL EMAIL]

Good morning,

I wanted to reach out as a business owner to say thank you for all that the city is doing for this investigation.

I wondered if you can shed light on whether or not we would be able to reopen Friday or Saturday of this week. If not we just want to contact each client to reschedule them remotely. I know you may not know for sure but it would help as we are by appointment to give patrons an answer sooner than the night before.

On another note I have a renter who went to the elm and 2nd street side last night and claims she spoke with an officer who was allowing many people to go in and out of 2nd st. I did call the HP police non emergency to ask if they were opening that part of the street as she claimed happened last night. I was told that no it is not and that should not have happened. I said to maybe have heavier presence there to be sure that doesn't happen again. I wanted my renter not to do it again or any other curios people who do not think that was a "big deal" to walk through the obvious taped off area.

I say all of this to help you know what is going on and to get some clarification for the next few days. I do not want to disturb the investigation at all!

I do appreciate any and all direction you may have for us.

Thank you,
Robin DiPaolo
Owner Blue Orchid Salon and Spa

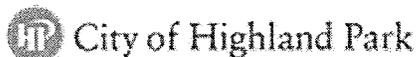
Sent from my iPhone

On Jul 6, 2022, at 10:22 AM, Hersch, Carolyn <chersch@cityhpil.com> wrote:

Dear Business Owner,

As the FBI and Lake County Major Crimes Unit continue to remain on site for the crime scene investigation, businesses within the investigation perimeter must remain closed until further notice. The perimeter includes: Central Avenue from Green Bay Road to St Johns, First Street from Laurel Avenue to Elm Place, and **Second Street from Laurel Avenue to Elm Place** (map attached). **Note that if your building address is within the perimeter, access to the building will remain closed regardless if the access point is not within the perimeter; this includes businesses in Port Clinton and 1770 First Street, which have access from the Port Clinton garage on Laurel Avenue.** Please continue to check your email for updates to the investigation perimeter and access to your business.

Carolyn Hersch
Business Development Manager

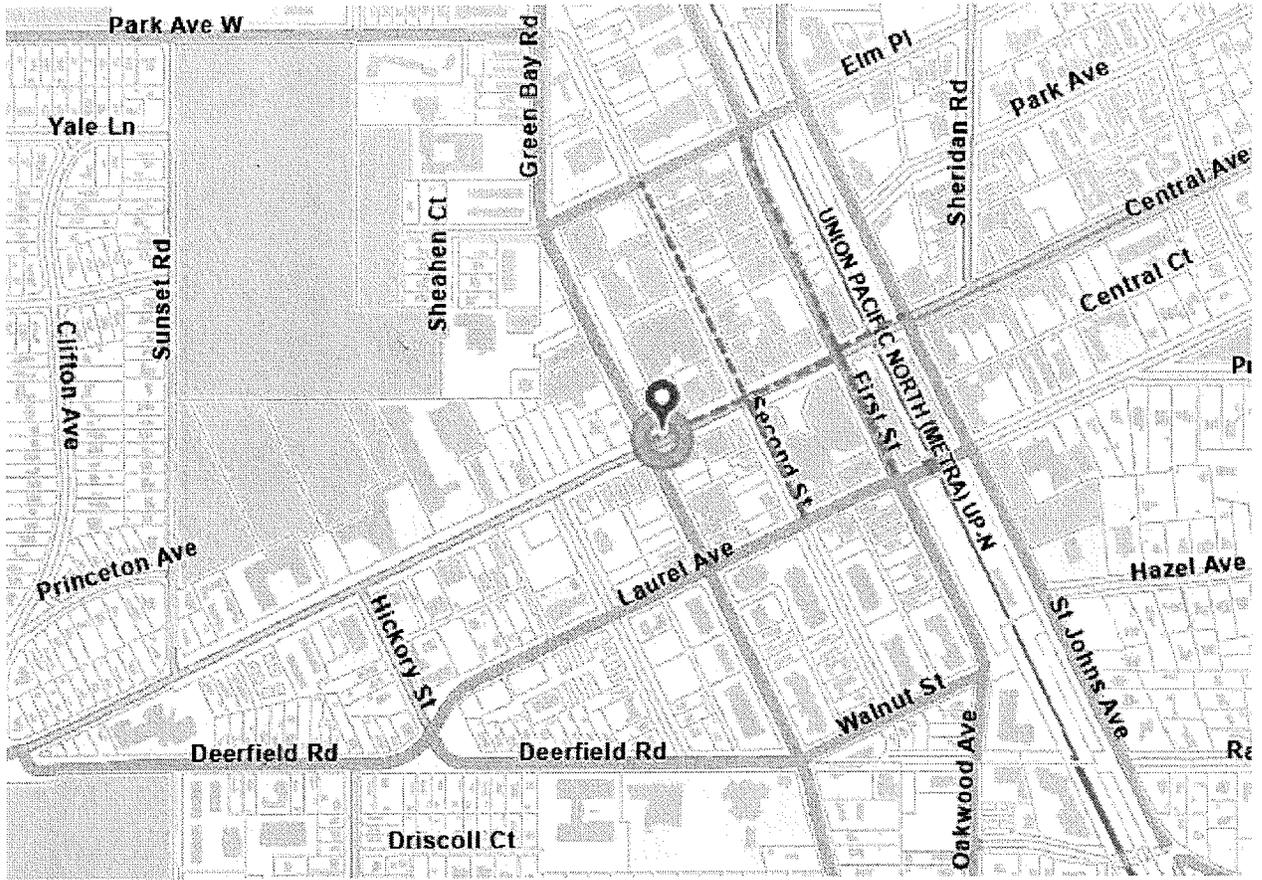


1707 St Johns Avenue
Highland Park, Illinois 60035

847.926.1027

chersch@cityhpil.com
cityhpil.com

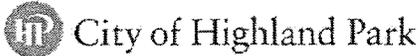




From: gneukirch@cityhpil.com
Sent: Thursday, July 07, 2022 9:22 AM
To: acivitulo@cityhpil.com; ejason@cityhpil.com
Subject: RE: Statement and Resources from the National Mass Violence Victimization Resource Center

This is excellent!

Ghida S. Neukirch, CM
City Manager



1707 St Johns Avenue
Highland Park, Illinois 60035

Direct: 847.926.1003
gneukirch@cityhpil.com



From: Civitello, Amanda <acivitulo@cityhpil.com>
Sent: Thursday, July 7, 2022 9:21 AM
To: Jason, Erin <ejason@cityhpil.com>; Neukirch, Ghida <gneukirch@cityhpil.com>
Subject: Fwd: Statement and Resources from the National Mass Violence Victimization Resource Center

[Get Outlook for iOS](#)

From: Hartle, Jeffery <hartleje@musc.edu>
Sent: Thursday, July 7, 2022 9:09:09 AM
To: Hartle, Jeffery <hartleje@musc.edu>
Subject: Statement and Resources from the National Mass Violence Victimization Resource Center

[EXTERNAL EMAIL]



Attention reporters, editors, and assignment desk editors:

Attached is a press release/resource guide from the National Mass Violence Victimization Resource Center. We hope you find it useful in the aftermath of the tragedy in Highland Park, IL.

A statement from National Mass Violence Victimization Resource Center:

“We at the National Mass Violence Victimization Resource Center share in the great sorrow of the community of Highland Park and the broader Lake County and Chicago community following the devastating attack on the July

4th parade on Monday. Along with the entire Nation, we grieve for the community and for the families of the seven people who were senselessly murdered and dozens of others who were physically injured in this heinous act. A day that was meant to be spent celebrating America with friends and family was turned into a tragic personal nightmare for the victims, survivors, witnesses, and the entire community. Furthermore, we know that events like the Highland Park parade mass shooting can affect everyone's sense of safety, and may be a trauma cue for people who have previously experienced similar events or other types of victimization.

We have put together resources that we hope will be helpful to everyone in Highland Park and the surrounding communities. Our Center's free self-help app, TRANSCEND – NMVC, may be particularly helpful to victims and survivors as they begin their difficult journey toward recovery and resilience.

Please visit the many resources on our website that support mass violence victims, survivors, witnesses and those who assist them."

Please consider sharing the resources below and attached with your readers and viewers:

Resources for Victims, Survivors and Community Members

- The NMVVRC self-help app, Transcend NMVC, is available on both [Apple](#) and [Android](#) mobile phones
- Tips For Survivors: Coping With Grief After A Disaster Or Traumatic Event via the Substance Abuse and Mental Health Services Administration | Read [here](#).
- Managing Distress: Grounding Tips For Crime Victims, Survivors And Family Members Of Mass Violence Incidents (MVIS) | Read [here](#).
- How to Identify an Experienced Trauma-Focused Therapist | Read [here](#).
- Illinois Crime Victims Compensation Program | Read [here](#).
- **STATE OF ILLINOIS** Information about crime victim compensation and advocates: [1-800-228-3368 \(Voice\)](#) | [1-877-398-1130 \(TTY\)](#)

Resources for Parents, Caregivers and Teens

- Assisting Parents/Caregivers in Coping with Collective Traumas, via NCTSN | Read [here](#)
- Parent Guidelines for Helping Youth After the Recent Mass Shooting, via NCTSN | Read [here](#) in English | Read [here](#) in Spanish
- Helping Teens with Traumatic Grief – Tips for Caregivers, via NCTSN | Read [here](#)
- Tips for Talking with and Helping Children and Youth Cope After a Disaster or Traumatic Event: A Guide for Parents, Teachers and Caregivers, via SAMHSA | Read [here](#)
- For Teens: Coping After Mass Violence, via NCTSN | Read [here](#) in English | Read [here](#) in Spanish

Resources for Community Leaders

- Timeline of Activities to Promote Mental Health Recovery: Recommendations Before, During and Following a Mass Violence Incident | Read [here](#).
- Tips for Community Leaders: Rebuilding Your Community | Resources [here](#).

The NMVVRC

The National Mass Violence Victimization Resource Center is at the Medical University of South Carolina, Department of Psychiatry & Behavioral Sciences, and receives funding from the U.S. Department of Justice, Office for Victims of Crime. | Click [here](#)

Additionally, please reach out to me (Jeff Hartle) if you'd like to schedule an interview with one of our experts in the field of trauma and mass violence.

My cell phone number is [REDACTED]

About the NMVRC: The National Mass Violence Victimization Resource Center is located at the Medical University of South Carolina, Department of Psychiatry & Behavioral Sciences, and receives funding from the U.S. Department of Justice's Office for Victims of Crime. Learn more about us at <https://www.nmvrc.org/>

This National Mass Violence Victimization Resource Center website is funded through a grant (cooperative agreement number 2017-MU-GX-K114 and 2020-V7-GX-K002) to the Medical University of South Carolina from the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. Neither the U.S. Department of Justice nor any of its components operate, control, are responsible for, or necessarily endorse, this website (including, without limitation, its content, technical infrastructure, and policies, and any services or tools provided).

Jeff Hartle

Public Information Director
National Crime Victims Research and Treatment Center
Department of Psychiatry and Behavioral Sciences
Medical University of South Carolina

67 President Street
MSC 863, IOP 2- South
Charleston, SC 29425

P: 843-792-3635
F: 843-792-5041
E: hartleje@musc.edu
www.musc.edu/ncvc

From: Surber <[REDACTED]>
Sent: Thursday, July 07, 2022 9:24 AM
To: gneukirch@cityhpil.com
Subject: Training for Police Officers

[EXTERNAL EMAIL]

It was reported on national TV that police officers refused to assume responsibility for the safety of a toddler who was orphaned after the roof top shooter killed both parents. It was reported they said they didn't have time to be a babysitter.

I would be willing to come to Highland Park (at my own expense) to provide training for your insensitive officers who do not know the difference between baby sitting and assuming responsibility for the safety of a child.

Mildred Surber
[REDACTED]
[REDACTED]

From: Baratz, David <dbaratz@usatoday.com>
Sent: Thursday, July 7, 2022 9:25 AM
To: communications@cityhpil.com
Subject: USA Today - Photo Request - Weapon found in Robert Crimo's Car
Attachments: image001.png

[EXTERNAL EMAIL]

Can you please send a copy of the photo released by the Lake County Major Crime Task Force of semi-automatic weapon found in confessed Highland Park shooter Robert Crimo's car ?

The following story references the release of the photo

[Highland Park parade shooting: Investigators release photo of gun found in Robert Crimo's vehicle](#)

Thank you

David Baratz

Visual Editor | USA TODAY



Office: 703.854.4508 | Mobile: [REDACTED]

dbaratz@usatoday.com | Twitter: @davidbaratz | usatoday.com

He/him/his

From: Connor Garrity <[REDACTED]>
Sent: Thursday, July 07, 2022 9:27 AM
To: estteam@nipas.org
Subject: Uvalde After Action

[EXTERNAL EMAIL]

Team,

Attached is the after action report from the Uvalde school shooting. It includes a detailed timeline & info about the different access points that were present on scene.

<https://alerrt.org/r/31>

Another link (found at the bottom of the page) if your phone doesn't jive with the one above:

<https://alerrt.org/reading>

-Garrity

--

Connor T. Garrity

Cell: [REDACTED]

Email: [REDACTED]

Resume: <http://www.linkedin.com/in/connortgarrity>

From: Dean Weinberg [REDACTED]
Sent: Thursday, July 07, 2022 9:28 AM
To: Schrage, Joe
Subject: Praise

[EXTERNAL EMAIL]

Joe -

I am sure you are inundated with all types of communications but I need to reach out to you by sending this.

On Monday morning after seeing you at the parade kickoff Jody and I walked the parade route as we always have and found ourselves in front of Sweet Home Gelato when the shooting started. We ducked into the doorway and then took shelter in Gearhead when the shooting ceased. The staff there was outstanding in providing shelter to many, and Jody and I (and our dog Bear) did what we could to assist.

The purpose of this email is to commend you and your entire department on their actions on Monday. I watched the entire response from Gearhead (although I should have probably moved to the basement with many others) and could not be more proud of you and your entire team as they arrived quickly and worked so very hard to deal with the tragedy that unfolded before us. I know you train for this and have seen firsthand how hard everyone in the department prepares for any situation, but events like this and HPFD's reaction demonstrates how professional our department is and how very special it is to have you all here in our city.

Obviously I wish this tragedy had never happened, but I am so very grateful that we have you and your team here to protect and care for us.

With great pride and appreciation
Dean

From: North Shore School District 112 <northshore112@nssd112.org>
Sent: Thursday, July 07, 2022 9:29 AM
To: North Shore School District 112 Recipients
Subject: Updates - Thursday, July 7, 2022 (Parent Webinar and HPHS Info.)

[EXTERNAL EMAIL]

Having issues? open this email in a browser



Thursday, July 7, 2022

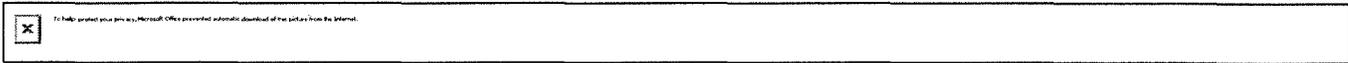
Haga clic aquí para leer la traducción al español

How To Talk to Children about Tragedy for Parents Webinar In-person | at home options

In response to the horrific events that took place in Highland Park on July 4th, Compass Health Center is offering clinician-led, virtual post-crisis support. Today, starting at noon, 12 p.m. How To Talk to Children about Tragedy for Parents will be offered as a webinar open to the entire community. Register at: <https://compasshealthcenter.net/blog/clinician-led-post-crisis-support-groups/>

WATCH IN-PERSON WITH US

District 112 will be hosting families that would like to come together to watch the webinar in-person. The District will have in-person counselors and during the webinar. This will be held at Oak Terrace School (240 Prairie Avenue in HW) and Ravinia School (763 Dean Avenue in HP). The webinar begins at noon however, school officials ask that attendees arrive early to be checked in.



Entry for Counseling Services at HPHS moves to H-Entrance; FBI Releases More Information about Picking Up Personal Effects

July 7, 2022 | 7:35 a.m.

Dear 113 Community,

There are two updates to share with you this morning regarding counseling services and the FBI's Family Assistance Center (FAC) at Highland Park High School.

1. **The entrance to receive services at Highland Park High School has moved from the main entrance on Vine Street to the H-Entrance.** The H-Entrance is on the north side of the school, near St. Johns Avenue and Woodpath Lane. Only the H-Entrance will be open. All visitors will check in at the H-Entrance and per school standard operating procedures, anyone who is not a current District 113 student or staff member who wishes to take advantage of counseling services will need to have a valid driver's license to be cleared to enter the school.
2. **The FBI has released a map and information about personal effects from the parade route that have been cleared for pick up at Highland Park High School.** That information can be found via Twitter at [@FBIChicago](#), or by clicking on the two attached images. When District 113 receives the attached files in the appropriate format, the files will be posted on the District 113 website.

As a reminder:

- Today's hours at Highland Park High School are 9 a.m. to 9 p.m.
- At Deerfield High School, counseling services will also be available during Summer School hours for District 113 students and staff only.
- North Shore School District 112 will be offering counseling services at NSSD 112 locations for NSSD 112 families, and [the details are in this communication.](#)

Bruce Law, Ed.D.
Superintendent of Schools



North Shore School District 112

North is using Smore to create beautiful newsletters

You are receiving this email because of your relationship with North Shore School District 112. If you wish to stop receiving email updates sent through the Blackboard service, please [unsubscribe](#).

North Shore School District 112 | 1936 Green Bay Road, Highland Park, IL 60035 | 224-765-3000

From: cglasco@cityhpil.com
Sent: Thursday, July 7, 2022 9:40 AM
To: [REDACTED]
Subject: Shoes - August Deadline
Attachments: image020.png; image021.png; image022.png; image023.png; image024.png

Hi Jocelin,

Life is ironic, I wanted to raise money for orphans in South America but last night I found out that a HP toddler has become an orphan due to the 4 of July's tragedy. I can't believe the shooter killed both his parents; his father used his own body to shield him :o(

(No money, just new or gently used shoes for adults and kids) All the proceeds will go to help raise this innocent child. The organization sends the shoes to 3rd world countries.

God is good, rather than multiplying fish and bread, I've asked God to help me multiply shoes :o)

I live in HP but would be willing to pick up the shoes from you. I have until August to fill my garage with shoes.

Thanks for you kindness,

Claudia Glasco
847.926.1191

From: Montoya Tree Service [REDACTED]
Sent: Thursday, July 7, 2022 8:48 AM
To: Glasco, Claudia <cglasco@cityhpil.com>
Subject: Re: Tiny favor

[EXTERNAL EMAIL]

Good morning,

We are more than happy to help :)
I will pass the message along to all my co-workers and family.

Are you looking for shoes to be donated or money to buy shoes? or both?

On Wed, Jul 6, 2022 at 4:49 PM Glasco, Claudia <cglasco@cityhpil.com> wrote:

Hi Jocelin,

I'm doing a shoe fundraiser to buy shoes for orphans. Please forgive my boldness but would you please ask your friends and family if they'd be able to donate towards this cause?

I have until August 20th to collect **97 bags** of boots and shoes for **adults and kids** that are in **good condition**. Nothing is impossible if it has God's blessings.

Thank you,

Claudia Glasco
Administrative & Customer Service Specialist



1150 Half Day Rd
Highland Park, Illinois 60035

847.926.1191

cglasco@cityhpil.com

cityhpil.com



Montoya Tree Service

1615 Greenwood Road Glenview, IL 60026

375 N. Wolf Road Wheeling, IL 60090

Office: 847-724-6140

Thank you for choosing Montoya Tree Service. We are committed to great customer service & complete satisfaction.

From: Sandra Alboum <sandra@alboum.com>
Sent: Thursday, July 07, 2022 9:41 AM
To: Civitello, Amanda
Subject: Re: Introducing Amanda

[EXTERNAL EMAIL]

Thanks, Amanda. We're ready to go when you are. Just email your file over when you're ready. I'll take it from there.

Sending hugs from DC
Sandra

--



Sandra Alboum

CEO

Pronouns: She/Her/Hers

Alboum Translation Services

Direct: (571) 765-3060, ext 700

Interpretation Urgent Help Line: (571) 316-1010

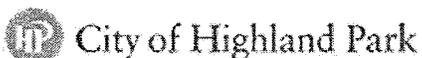
Follow us on Twitter [@alboumsays](https://twitter.com/alboumsays)

From: "Civitello, Amanda" <acivitello@cityhpil.com>
Date: Thursday, July 7, 2022 at 10:29 AM
To: Sandra Alboum <sandra@alboum.com>
Subject: RE: Introducing Amanda

Karen – thank you so much for the introduction!

Sandra – it's so nice to virtually meet you. Thank you so much for your kind words and support. The City would like to share important info regarding the parade shooting in Spanish. We have some urgent needs but we're just finalizing the English copy. I will reach out just as soon as that is ready to go, thank you!

Amanda Civitello
Communications Manager
she / her / hers



1707 St Johns Avenue
Highland Park, Illinois 60035

847.926.1043

acivitulo@cityhpil.com
cityhpil.com



From: Sandra Alboum <sandra@alboum.com>
Sent: Thursday, July 7, 2022 8:31 AM
To: Karen Warner <kwarner@dist113.org>; Civitello, Amanda <acivitulo@cityhpil.com>
Subject: Re: Introducing Amanda

[EXTERNAL EMAIL]

Hi Karen – thanks.

Amanda, we're here for you. How can we help? You can reach me at this email or via my personal cell, [REDACTED]

Best,
Sandra



Sandra Alboum
CEO
Pronouns: She/Her/Hers
Alboum Translation Services
Direct: (571) 765-3060, ext 700
Interpretation Urgent Help Line: (571) 316-1010
Follow us on Twitter [@alboumsays](https://twitter.com/alboumsays)

From: Karen Warner <kwarner@dist113.org>
Date: Thursday, July 7, 2022 at 9:21 AM
To: Sandra Alboum <sandra@alboum.com>, "Civitello, Amanda" <acivitulo@cityhpil.com>
Subject: Introducing Amanda

Hi Sandra,

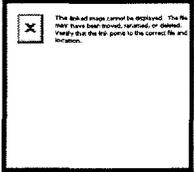
I'm sure you've heard the news at Highland Park. Amanda is the Communications Manager for the City of Highland Park and they have urgent translation needs.

Karen

--

Karen Warner

Director of Communications & Alumni Relations
Township High School District 113
1040 Park Ave. West
Highland Park, IL 60035
(224) 765-1018



From: HR@cityhpil.com
Sent: Thursday, July 07, 2022 9:44 AM
To: [REDACTED]
Subject: RE: Donations?

Good morning Lori,

We do not have an official donation fund set up specifically for first responders but, if you are looking to donate, we are sponsoring a fund through the Highland Park Community Foundation. All contributions to the July 4th Highland Park Shooting Response Fund will go directly to victims and survivors or the organizations that support them.

I have provided the link below in case you would like to donate to that one.

<https://www.hpcfil.org/july-4th-highland-park-shooting-response-fund/>

Thank you and be safe,

Aaron C. Smith
Human Resources Specialist
He / Him / His

1707 St Johns Avenue
Highland Park, Illinois 60035
847.926.1007 direct
847.433.2940 fax
asmith@cityhpil.com
cityhpil.com

-----Original Message-----

From: Lori [mailto:[REDACTED]]
Sent: Wednesday, July 6, 2022 5:03 PM
To: HR <HR@cityhpil.com>
Subject: Donations?

[EXTERNAL EMAIL]

Please let me know if I can help or donate to first responders. I was referred to this email by the city of Highland Park website. I am a resident of Deerfield, raised in Highland Park, and a writing tutor at Deerfield high school.

Lori Harris
[REDACTED]

From: Jennifer Houtz <jhoutz@libertyville.com>
Sent: Thursday, July 7, 2022 9:47 AM
To: Taub, Emily; Smith, Aaron
Subject: FW: Checking In
Attachments: image002.png; How a traumatic event can affect you_US.pdf; Tips for helping your child through a traumatic event_US.pdf; Taking care after traumatic event_US.pdf

[EXTERNAL EMAIL]

Hi guys,

I'm sure you have some great materials but wanted to share the attached if you need any content for special employee communications or the monthly newsletter.

Thinking of your all.

Kind regards,
Jeni

Jennifer A. Houtz
Human Resources
Village of Libertyville

From: Ashley Engelmann <aengelmann@libertyville.com>
Sent: Tuesday, July 5, 2022 12:38 PM
To: Jennifer Houtz <jhoutz@libertyville.com>
Subject: FW: Checking In

FYI- I will have Erin include in this week's S&I.

Ashley R. Engelmann
Deputy Village Administrator
Village of Libertyville
118 W. Cook Avenue
Libertyville, IL 60048
847-918-2108

From: Kelly Amidei <kamidei@libertyville.com>
Sent: Tuesday, July 5, 2022 12:37 PM
To: Ashley Engelmann <aengelmann@libertyville.com>
Subject: FW: Checking In

From: Marina Durso <MDURSO@nwmc-cog.org>
Sent: Tuesday, July 5, 2022 12:25 PM
To: Managers <Managers@NWMC-COG.ORG>; Mayors <Mayors@NWMC-COG.ORG>
Cc: EAP Committee <EAPCommittee@nwmc-cog.org>; Chris Staron <cstaron@nwmc-cog.org>; Ellen Dayan <edayan@nwmc-cog.org>; Eric Czarnota <eczarnota@nwmc-cog.org>; Kendra Johnson <kjohnson@nwmc-cog.org>; Larry Bury <lbury@nwmc-cog.org>; Mark Fowler <MFowler@nwmc-cog.org>
Subject: FW: Checking In

CAUTION: This email originated from outside of the organization. Do not click links or open attachments unless you recognize the sender and know the content is safe.

Good Afternoon Everyone,

Please see email below from LifeWorks.

Thank you,
Marina

From: Ben Sabourin <ben.sabourin@lifeworks.com>
Sent: Tuesday, July 5, 2022 12:18 PM
To: Marina Durso <MDURSO@nwmc-cog.org>
Subject: Checking In

Hi Marina,
I hope you and all your colleagues at NWMC are doing alright today.
The tragic events of yesterday hit very close to home for us all, I know it has shocked me tremendously.

I wanted to let you know that LifeWorks has opened a crisis line which is available to anybody in the US, whether they are a client or not. The number is: 1-877-757-7587
The standard EAP line (1-800-272-2727) is of course also available and I hope it can be of help to any NWMC member who needs it.
I've attached some communications materials for traumatic situations that you might find helpful.
Please let me know if you have any questions about these.
Best,

Ben Sabourin (he, him, his)
Assc Customer Success Manager
134 North LaSalle Street, Suite 2200, Chicago, IL 60602



Twitter LinkedIn

Please note my email has changed. Please update your records and my contact information.

This e-mail communication, including all attachments, may contain private, proprietary, privileged and/or confidential information and is intended only for the person to whom it is addressed. Any unauthorized use, copying or distribution of the contents of this e-mail is strictly prohibited. If you are not the intended recipient of this e-mail, and have received it in error, please delete it and notify the sender immediately.

How a traumatic event can affect you

A traumatic event is any situation that causes a person to experience unusually strong emotional reactions that have the potential to interfere with their ability to function normally at work or at home.



How we react to specific events depends on many things. For example, personal proximity to this traumatic event, if you have previously experienced a traumatic event in your life, or if your present life circumstances are stressful or unstable, you may react more strongly than others. You may find that you have reactions even though you have not been directly involved in the incident.

Recognizing the normal and natural reactions to traumatic events is the first step to being able to cope with the personal aftermath of trauma. The following information will help you understand the reactions you may be experiencing right now and may encounter in the coming days and weeks, and includes helpful strategies to help you get through this challenging period.

Different stages of coping

- Immediately after the experience, you are likely to be in shock, experiencing numbness and feeling out of touch with reality.
- You may become fearful and feel exhausted. This may last a few days or up to a week.
- After a while, you may believe you have mastered your feelings, but later find that the same early emotions keep returning from time to time. Some people describe this feeling as though they are on an emotional roller-coaster. Gradually, feelings of fear decrease in intensity and return less frequently.

Common reactions

- Feeling exhausted for no particular reason

- Difficult or broken sleep patterns
- Lack of energy for normal activities
- Difficulty concentrating on or remember everyday tasks
- Feeling that the normal demands of work and home are overwhelming so you have time to collect your thoughts
- Easily irritated by little things, such as noise
- Abuse of alcohol or drugs, particularly in reaction to difficult emotions or for help in falling asleep

Learning to cope

- Engage in activities you enjoy
- Spend time with good friends and loved ones
- Eat healthy foods and get plenty of rest
- Exercise regularly and listen to your body's needs
- Refrain from using cigarettes, alcohol and drugs
- Talk to others who have experienced a similar event
- Reach out to spiritual leaders and doctors who can also provide good sources of support
- Talk about your feelings with family and friends and share the above information with them so they can also understand your experience
- Talk to others who experienced the event as they may have similar feelings and insight

Tips for helping your child through a traumatic event



Children do not have the ability to communicate worries or concerns through words. They just don't have the vocabulary. Teens have the vocabulary, however, they may lack the maturity and life experience to properly identify the feelings that they are having. Both children and teens are impacted by the influences that surround them.

For a parent or guardian, a traumatic event is frightening. It can be even more frightening and unsettling for children. Like the adults around them, they too experienced the same event. The children in your life have also been exposed to the same photographs, stories in print media and television images.

Children are like sponges, taking in the world. They are very aware when the adults around them are having a strong emotional reaction. They need to have their feelings validated. It is important to remember that a child not talking about an event does not mean that the event is forgotten or has no importance. Children and teens are more likely to express their reactions through their actions rather than words. Be attentive and take special care through this time of chaos and instability.

The children in your life need your reassurance that they are safe with you. It is important to let them know that it is healthy to express emotions and to let them out. During this time, children will likely be highly sensitive and attentive to the adult responses surrounding them.

The children in your care will need reassurance that their safety and security will be taken care of by the adults in their lives. They will need encouragement to express their concerns. An extra hug, talk time or five more minutes before bedtime are some examples of what you can do to encourage and reassure them. Let them tell you what they need by paying attention to what they are doing or asking for.

Potential reactions that you might see in your child

- Irritability, agitation, confusion
- Withdrawn, denial, sadness
- Sleep disturbance, nightmares

- Increased anxiety, intense fear
- Changes in appetite
- Distress due to work or travel related parental absence
- Testing house rules-dress, curfew, chores
- Quietness, less communicative
- Feelings of helplessness or anger
- More prone to accidents/clumsiness
- Verbal outbursts
- Poor concentration
- Return/increase of bed-wetting or other regressive behavior

The reactions are usually temporary and will often subside in three to six weeks. In the meantime though, these reactions can be uncomfortable, impacting concentration, productivity and even disrupting sleep patterns.

What you can do

- Don't leave your child alone in a new place
- Talk to your child about the disaster
- Encourage your child to talk
- Say it is OK to be afraid
- Tell your child about your plans each day
- Be attentive to media coverage adding to you and your child's anxiety/stress level
- Put order in your day as best you can
- Stay together to show you won't go away

- Hold and hug
- Listen
- Let them know that you were afraid too
- Reassure them that they're in a safe place
- As long as it can be done safely, let your child help clean up
- Explain, talk and listen frequently

Bedtime may be difficult. Your child may be afraid of the dark, not want to sleep away from you and/or may have nightmares or begin to wet the bed again.

What you can do at bedtime

- Explain why it gets dark
- Praise the child for good things
- Leave the light on and the door ajar
- Read to your child
- Talk about dreams
- Don't yell
- Agree on a time for your child to go to bed
- Tell a story about something good that happened that day

It is important to help your child externalize the feelings. Keeping reactions inside will only serve to have them go into hiding and come back when least expected. Also speak with other parents, caregivers, your child's teacher or school principal to discuss other ideas and suggestions, support and resources.

Taking care after a traumatic event

A traumatic event is any situation that causes a person to experience unusually strong emotional reactions that have the potential to interfere with their ability to function normally at work or at home.



When you are involved in or witness a traumatic event, your actions and the actions of those around you can be crucial in reducing the effects of the trauma. The 24 to 48 hours after an incident will ultimately affect the amount of reactive stress you'll experience. It can also impact the time needed to recover.

If the traumatic event affects your entire workplace, you may find comfort in knowing that you are not alone in your feelings. The attitude and support of both colleagues and supervisors in the workplace can be a critical aid to recovery.

Tips and tools you can use

If you are personally impacted by trauma and experience immense emotional pain, severe physical symptoms or have difficulty coping, talk to a health professional. While the effects of a traumatic event may sometimes last months or even years, there are some steps that can be taken immediately to help reduce the negative impact. Here are some points to think about:

- Try to maintain a normal routine as much as possible. This will help you rebuild a sense of security and safety.
- Try to exercise within the first 24 hours.
- Cut down on caffeine and tobacco and avoid alcohol and drugs.
- Reduce or limit your sugar intake. This will help you avoid the “slump” experienced after an already high-energy response.
- Eat food at regular mealtimes, even if you don't feel hungry.
- Aim for small helpings of nourishing foods.
- If your sleep is disturbed, get up and do something.

- Realize that emotional responses are normal reactions to a traumatic event. Whether you are angry, fearful, anxious, sad or disoriented, what you are experiencing is common.

You and your family

- Give yourselves time to heal.
- Ask for support from your family and friends.
- Keep a diary.
- Join a local support group.
- Establish or re-establish your routines.
- Avoid major life decisions.
- Become knowledgeable about the feelings you'll likely encounter as time goes by.

Reactions after the initial shock subsides

- Feelings may continue to be intense and unpredictable. Many people feel depressed or more irritable than usual.
- Repeated and vivid memories of the event are common.
- There may be continued difficulty concentrating or making decisions.
- Sleep and eating patterns may be disrupted.
- Recurring emotional reactions, like the sound of sirens, are common.
- Relationships may be strained.
- Social withdrawal may occur.
- Physical symptoms may accompany the stress.

From: Maggie [REDACTED]
Sent: Thursday, July 07, 2022 9:51 AM
To: nrotering@cityhpil.com
Subject: Highland Park July 4th

[EXTERNAL EMAIL]

Good morning Mayor Roterling,

My stepson is a Highland Park Fire Department Firefighter and Paramedic. The horrific act at the July 4th parade took place just 30 seconds behind the fire truck that he, his co workers and their families were in as part of the parade. His wife and children were also on that fire truck.

Those firefighters and paramedics were the first on the scene, assessing the carnage and tending to victims who had been shot and needed immediate attention. Saving lives.

I am proud of all the departments and brave men and women who assisted in getting those in need the help they needed, but I HAVE YET TO HEAR A SINGLE WORD OF ACKNOWLEDGEMENT of the bravery of the Highland Park Firefighter Paramedics. It seems that the Highland Park Police Department is the only entity that is being recognized.

Please make this right. Please give credit to these brave men who, without hesitation, walked away from their own families to help someone elses family.

Thank you.

From: Rotering, Charles (Durbin) <Charles_Rotering@durbin.senate.gov>
Sent: Thursday, July 07, 2022 9:53 AM
To: gneukirch@cityhpil.com
Subject: Senate Resolution - Responding Agencies

[EXTERNAL EMAIL]

Hi Ghida,

Hope you've been hanging in there with everything that's happened over the past few days. Senator Durbin plans to introduce and pass a resolution in the Senate later today in honor of the horrific events that occurred on the Fourth, and I wanted to make sure that each and every agency that assisted Highland Park was mentioned in the resolution - local, county, state, and federal. Do you have a list of all the agencies that responded to the shooting on the Fourth and/or have assisted in the last few days?

Thanks so much,
Charlie Rotering

From: etaub@cityhpil.com
Sent: Thursday, July 7, 2022 9:54 AM
To: acivitulo@cityhpil.com; ejason@cityhpil.com
Subject: FW: Critical incident crisis debriefing
Attachments: image001.png; image002.png

Can you please add this info to the next communication?

From: Nancy Sawle Knobloch <nknobloch@famservice.org>
Sent: Wednesday, July 6, 2022 2:21 PM
To: Taub, Emily <etaub@cityhpil.com>
Cc: Algean Garner <agarner@famservice.org>; Kevin Murphy <kmurphy@famservice.org>
Subject: RE: Critical incident crisis debriefing

[EXTERNAL EMAIL]

Thank you Emily ... we are getting several walk ins from City. Please continue to share with your team and if Ghida could share in newsletter to the community, we would greatly appreciate it. Nancy



Family Service of Lake County

For those seeking someone to talk to

Expanded Hours: We are open **9am – 7pm** for counseling sessions for any member of the community who just needs to talk to someone, just walk in, appointment is not needed

Free Counseling: We will be offering 20-30 minute sessions free of charge

Close Proximity: Our office is located at 777 Central Avenue in Highland Park

Sent from [Mail](#) for Windows

From: [Taub, Emily](#)
Sent: Wednesday, July 6, 2022 2:17 PM
To: [Nancy Sawle Knobloch](#)
Cc: [Algean Garner](#); [Marcia](#)

[Pantell](#)

Subject: RE: Critical incident crisis debriefing

Nancy, Algean and Marcia,

First thank you so much for everything you and the Family Service team are doing and continue to do for the City. My sincere apologies for dropping out of communication. I appreciate you working with Nick and the Highland Park team and making sure the team and the community are well supported during this difficult time.

Thank you again.

Warm regards,
Emily

Emily Taub
Human Resources Manager

847.926.1005 direct
[REDACTED] mobile
etaub@cityhpil.com

From: Nancy Sawle Knobloch <nknobloch@famservice.org>
Sent: Tuesday, July 5, 2022 6:50 AM
To: Taub, Emily <etaub@cityhpil.com>
Cc: Algean Garner <agarner@famservice.org>; Marcia Pantell <mpantell@famservice.org>
Subject: Re: Critical incident crisis debriefing

[EXTERNAL EMAIL]

Emily we are here for you... we will make any time work for you later in the week... and please let me know when you want someone at the senior center.

We are also going to set up a free walk in clinic for community. Working out details this AM. Nancy

From: Taub, Emily <etaub@cityhpil.com>
Sent: Monday, July 4, 2022 6:59 PM
To: Nancy Sawle Knobloch <nknobloch@famservice.org>
Cc: Algean Garner <agarner@famservice.org>; Marcia Pantell <mpantell@famservice.org>
Subject: RE: Critical incident crisis debriefing

Thank you so much for the amazingly supportive and fast response. My apologies for the delay in response, it has been busy here.

I talked with the group here, and I don't think we will be ready to have a debrief tonight. I was informed that the school districts are coordinating community sessions tomorrow, but we would like if possible to have a counselor available at the Senior Center tomorrow for the community if you have anyone available – we can be flexible on time. We would also like to set up a session or two for our staff later in the week if we can make that work.

Emily Taub
Human Resources Manager

847.926.1005 direct
[REDACTED] mobile
etaub@cityhpil.com

From: Nancy Sawle Knobloch <nknobloch@famservice.org>
Sent: Monday, July 4, 2022 6:49 PM
To: Taub, Emily <etaub@cityhpil.com>
Cc: Algean Garner <agarner@famservice.org>
Subject: Fw: Critical incident crisis debriefing

[EXTERNAL EMAIL]

Fyi Emily. Let me know if you want bring people together to debrief the day.

Nancy

From: Algean Garner [REDACTED]
Sent: Monday, July 4, 2022 6:09 PM
To: Nancy Sawle Knobloch <nknobloch@famservice.org>
Subject: Re: Critical incident crisis debriefing

Hi Nancy,

I think they need to do an immediate debriefing, just to talk through their feelings. I can come out tonight or lead via telehealth.

AG

Action may not always bring happiness, but there is no happiness without action. - Benjamin Disraeli

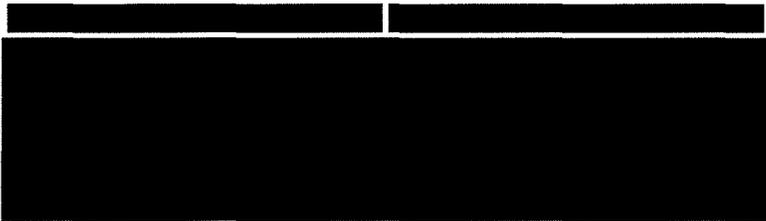
On Monday, July 4, 2022 at 05:56:04 PM CDT, Nancy Sawle Knobloch <nknobloch@famservice.org> wrote:

This looks great. Any guidance for the city staff? They are asking us. What they should do.

From: Algean Garner [REDACTED]
Sent: Monday, July 4, 2022 5:50 PM
To: Nancy Sawle Knobloch <nknobloch@famservice.org>
Subject: Critical incident crisis debriefing

Hi Nancy,

Here is what I thought would be most helpful to us for tomorrow. [Critical Incident Stress Debriefing: How It Works & What to Expect](#)



Critical Incident Stress Debriefing: How It Works & What to Expect

Originally designed for responders to traumatic events, critical incident stress debriefing (CISD) is a structur...

Let me know your thoughts.

AG

Action may not always bring happiness, but there is no happiness without action. - Benjamin Disraeli

From: Eddy, Tyler <Tyler.Eddy@tmj4.com>
Sent: Thursday, July 07, 2022 9:59 AM
To: police@cityhpil.com
Subject: WTMJ Open Records Request

[EXTERNAL EMAIL]

Hello,

Under the Illinois Freedom of Information Act (5 ILCS 140), I am requesting access to ALL video and audio related to the mass shooting at the Highland Park 4th of July parade in 2022.

I understand HIPAA laws may require redaction to some documents. Should heavy redaction be necessary, please contact me to discuss prior to fulfilling the request.

In order to help you determine my status for the purpose of assessing fees, you should know that I am a representative of the news media affiliated with WTMJ TV in Milwaukee, Wisconsin and this request is made as part of news gathering and not for commercial use.

I am willing to pay fees for this request up to a maximum of \$50. If you estimate that the fees will exceed this limit, please inform me first.

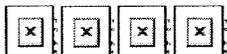
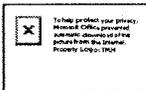
I request a waiver of all fees for this request. Disclosure of the requested information to me is in the public interest because it is likely to contribute significantly to public understanding of the operations or activities of the government and this medical facility and is not primarily in my commercial interest.

I request that the information I seek be provided in electronic format, and I would like to receive it via email if possible.

I ask that my request receive expedited processing because I am a journalist working on deadline.

If you have any questions about handling this request, you may reach me using the information below.

Tyler Eddy
Investigative Producer
TMJ4 News
Cell: [REDACTED]
Website: tmj4.com
Email: tyler.eddy@tmj4.com
720 E. Capitol Drive
Milwaukee, WI 53212



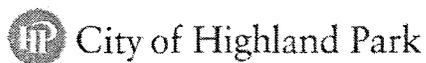
Scripps Media, Inc., certifies that its advertising sales agreements do not discriminate on the basis of race or ethnicity. All advertising sales agreements contain

non-discrimination clauses.

From: gneukirch@cityhpil.com
Sent: Thursday, July 7, 2022 9:59 AM
To: mholleman@cityhpil.com
Subject: Covelli Comments July 5
Attachments: image010.png; image011.png; image012.png; image013.png; image001.png; July 5 Afternoon Briefing .docx

Here you go Michelle -

Ghida S. Neukirch, CM
City Manager



1707 St Johns Avenue
Highland Park, Illinois 60035

Direct: 847.926.1003
gneukirch@cityhpil.com



From: kstone@cityhpil.com
Sent: Thursday, July 07, 2022 9:04 AM
To: gneukirch@cityhpil.com
Subject: Re: Manager's Briefing

If you mean the first logo, I like that best too. I'd maybe change the green to HP blue and leave the grey, or make the grey part green and the rest blue. Not sure why we are using so much green.

How are you doing today?

Kim Stone
Highland Park Councilwoman
Kstone@cityhpil.com
[REDACTED]

On Jul 7, 2022, at 8:55 AM, Neukirch, Ghida <gneukirch@cityhpil.com> wrote:

Mayor & Council,

Several important notes:

The Coroner's Office drafted three logo options so we have a consistent HP Strong message. We all recommend the attached logo marked Preferred. The gray will be replaced with HP blue. Please advise ASAP if you have any concerns.

We have set up with the FBI therapy dogs to be at the HPHS for the counseling sessions.

Director Kelly representing the Illinois State Police conducted a press conference yesterday afternoon given the volume of inquiries they have received. We listened (and asked a question so they could clarify one matter pertaining to the City).

Property reclamation information can be found here: [City of Highland Park,IL \(cityhpil.com\)](http://CityofHighlandPark,IL.com)

The Chicago Botanic Garden in Glencoe is graciously offering complimentary admission and parking from 3 to 8 p.m., through Sunday, July 10 to support our community.

The Village of Glencoe will be co-hosting two events this week with their Clergy Association to show support for those affected by Monday's shooting and provide an opportunity for healing for residents and the surrounding community. We will have this information on our public update tomorrow and it will be on our web site. Councilmember Lidawer suggested that the Council send an email to the group if you are planning to attend a vigil. Please don't text (friendly reminder to not text and send me your screen shots for FOIA purposes). You can email council@cityhpil.com if you are planning to attend a vigil, and if someone else is attending only email that one official. Don't email anyone else so we don't violate the Open Meetings Act. Thanks.

Candlelight Vigil

Thursday, July 7 at 7:30 p.m.
Am Shalom (840 Vernon Avenue)

Interfaith Service

Sunday, July 10 at 4:00 p.m.
Glencoe Union Church (263 Park Avenue)

Candlelight Vigil planned tonight at 7:45 PM at Sunset Woods, coordinated by Jordana Hozman and Liza Tack. I spoke to the organizer as did Commander O'Neill. We are encouraging individuals to coordinate vigils inside given that our resources are focused on the investigation and still managing the the community. wE are also depleting the generosity of our neighboring law enforcement agencies as we have a minimum of 12 different agencies providing support each day. I also spoke to Brian Romes and indicated that we are not issuing any special event permits at this time, particularly if the request is to close roadways or manage events. The group intends to move forward at Sunset park tonight but they agreed not tomarch around the downtown. **They are also planning another event Saturday afternoon tentatively.**

Ghida S. Neukirch, CM
City Manager



City of Highland Park

1707 St Johns Avenue
Highland Park, Illinois 60035

Direct: 847.926.1003
gneukirch@cityhpil.com



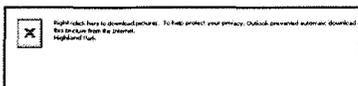
From: ablumberg@cityhpil.com
Sent: Thursday, July 7, 2022 9:06 AM
To: gneukirch@cityhpil.com
Subject: RE: Manager's Briefing
Attachments: image001.png; image002.png; image003.png; image004.png; image005.png

I am fine with the choice of logo. Is this for a limited period?

The remainder is understood and appreciated.

Please call if you have a moment. Non-urgent.

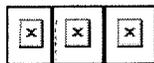
Tony Blumberg
Councilmember



City of Highland Park
1707 St Johns Avenue
Highland Park, Illinois 60035

 312-972-8666

ablumberg@cityhpil.com
cityhpil.com



From: Neukirch, Ghida <gneukirch@cityhpil.com>
Sent: Thursday, July 7, 2022 8:55 AM
To: Mayor and City Council <council@cityhpil.com>
Cc: Elrod, Steve <Steven.elrod@elrodfriedman.com>; Passman, Hart <Hart.passman@elrodfriedman.com>
Subject: Manager's Briefing

Mayor & Council,

Several important notes:

The Coroner's Office drafted three logo options so we have a consistent HP Strong message. We all recommend the attached logo marked Preferred. The gray will be replaced with HP blue. Please advise ASAP if you have any concerns.

We have set up with the FBI therapy dogs to be at the HPHS for the counseling sessions.

Director Kelly representing the Illinois State Police conducted a press conference yesterday afternoon given the volume of inquiries they have received. We listened (and asked a question so they could clarify one matter pertaining to the City).

Property reclamation information can be found here: [City of Highland Park, IL \(cityhpil.com\)](http://City of Highland Park, IL (cityhpil.com))

The Chicago Botanic Garden in Glencoe is graciously offering complimentary admission and parking from 3 to 8 p.m., through Sunday, July 10 to support our community.

The Village of Glencoe will be co-hosting two events this week with their Clergy Association to show support for those affected by Monday's shooting and provide an opportunity for healing for residents and the surrounding community. We will have this information on our public update tomorrow and it will be on our web site. Councilmember Lidawer suggested that the Council send an email to the group if you are planning to attend a vigil. Please don't text (friendly reminder to not text and send me your screen shots for FOIA purposes). You can email council@cityhpil.com if you are planning to attend a vigil, and if someone else is attending only email that one official. Don't email anyone else so we don't violate the Open Meetings Act. Thanks.

Candlelight Vigil

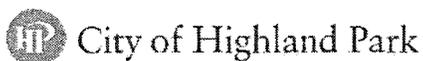
Thursday, July 7 at 7:30 p.m.
Am Shalom (840 Vernon Avenue)

Interfaith Service

Sunday, July 10 at 4:00 p.m.
Glencoe Union Church (263 Park Avenue)

Candlelight Vigil planned tonight at 7:45 PM at Sunset Woods, coordinated by Jordana Hozman and Liza Tack. I spoke to the organizer as did Commander O'Neill. We are encouraging individuals to coordinate vigils inside given that our resources are focused on the investigation and still managing the the community. wE are also depleting the generosity of our neighboring law enforcement agencies as we have a minimum of 12 different agencies providing support each day. I also spoke to Brian Romes and indicated that we are not issuing any special event permits at this time, particularly if the request is to close roadways or manage events. The group intends to move forward at Sunset park tonight but they agreed not tomarch around the downtown. **They are also planning another event Saturday afternoon tentatively.**

Ghida S. Neukirch, CM
City Manager



1707 St Johns Avenue
Highland Park, Illinois 60035

Direct: 847.926.1003
gneukirch@cityhpil.com



From: atapia@cityhpil.com
Sent: Thursday, July 7, 2022 9:29 AM
To: gneukirch@cityhpil.com
Subject: Re: Manager's Briefing
Attachments: image003.png; image004.png; image005.png; image006.png; image007.png;
image003.png; image004.png; image005.png; image006.png; image007.png

Ghida - I hate to say this but I don't like any of them and don't like the preferred one. The arm just looks strange.

I like the elegance of the HPstrong one several of us have been using but would change it to spelling out Highland Park and using our blue.

With logos, when one tries to make it too literal it just loses potency. And there are exclusionary implications. Are we indicating physical strength is strength? Of course not, but then why use a physical strength drawing?

If the font and colors convey strength we don't need an arm. Let the abstract artwork convey the message in a way that people can interpret Strong in any way they want.

- Andrés

Andrés Tapia
Highland Park City Councilmember
Cell [REDACTED]

From: Neukirch, Ghida <gneukirch@cityhpil.com>
Sent: Thursday, July 7, 2022 8:55:08 AM
To: Mayor and City Council <council@cityhpil.com>
Cc: Elrod, Steve <Steven.elrod@elrodfriedman.com>; Passman, Hart <Hart.passman@elrodfriedman.com>
Subject: Manager's Briefing

Mayor & Council,

Several important notes:

The Coroner's Office drafted three logo options so we have a consistent HP Strong message. We all recommend the attached logo marked Preferred. The gray will be replaced with HP blue. Please advise ASAP if you have any concerns.

We have set up with the FBI therapy dogs to be at the HPHS for the counseling sessions.

Director Kelly representing the Illinois State Police conducted a press conference yesterday afternoon given the volume of inquiries they have received. We listened (and asked a question so they could clarify one matter pertaining to the City).

Property reclamation information can be found here: [City of Highland Park, IL \(cityhpil.com\)](http://City of Highland Park, IL (cityhpil.com))

The Chicago Botanic Garden in Glencoe is graciously offering complimentary admission and parking from 3 to 8 p.m., through Sunday, July 10 to support our community.

The Village of Glencoe will be co-hosting two events this week with their Clergy Association to show support for those affected by Monday's shooting and provide an opportunity for healing for residents and the surrounding community. We will have this information on our public update tomorrow and it will be on our web site. Councilmember Lidawer suggested that the Council send an email to the group if you are planning to attend a vigil. Please don't text (friendly reminder to not text and send me your screen shots for FOIA purposes). You can email council@cityhpil.com if you are planning to attend a vigil, and if someone else is attending only email that one official. Don't email anyone else so we don't violate the Open Meetings Act. Thanks.

Candlelight Vigil

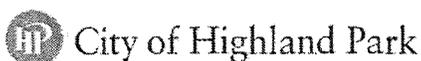
Thursday, July 7 at 7:30 p.m.
Am Shalom (840 Vernon Avenue)

Interfaith Service

Sunday, July 10 at 4:00 p.m.
Glencoe Union Church (263 Park Avenue)

Candlelight Vigil planned tonight at 7:45 PM at Sunset Woods, coordinated by Jordana Hozman and Liza Tack. I spoke to the organizer as did Commander O'Neill. We are encouraging individuals to coordinate vigils inside given that our resources are focused on the investigation and still managing the the community. we are also depleting the generosity of our neighboring law enforcement agencies as we have a minimum of 12 different agencies providing support each day. I also spoke to Brian Romes and indicated that we are not issuing any special event permits at this time, particularly if the request is to close roadways or manage events. The group intends to move forward at Sunset park tonight but they agreed not to march around the downtown. **They are also planning another event Saturday afternoon tentatively.**

Ghida S. Neukirch, CM
City Manager



1707 St Johns Avenue
Highland Park, Illinois 60035

Direct: 847.926.1003
gneukirch@cityhpil.com

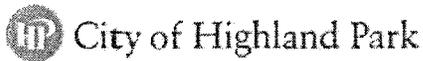


From: acivittello@cityhpil.com
Sent: Thursday, July 07, 2022 9:30 AM
To: sandra@alboum.com
Subject: RE: Introducing Amanda

Karen – thank you so much for the introduction!

Sandra – it’s so nice to virtually meet you. Thank you so much for your kind words and support. The City would like to share important info regarding the parade shooting in Spanish. We have some urgent needs but we’re just finalizing the English copy. I will reach out just as soon as that is ready to go, thank you!

Amanda Civittello
Communications Manager
she / her / hers



1707 St Johns Avenue
Highland Park, Illinois 60035

847.926.1043

acivittello@cityhpil.com
cityhpil.com



From: Sandra Alboum <sandra@alboum.com>
Sent: Thursday, July 7, 2022 8:31 AM
To: Karen Warner <kwarnar@dist113.org>; Civittello, Amanda <acivittello@cityhpil.com>
Subject: Re: Introducing Amanda

[EXTERNAL EMAIL]

Hi Karen – thanks.

Amanda, we’re here for you. How can we help? You can reach me at this email or via my personal cell, [REDACTED]

Best,
Sandra



Sandra Alboum

CEO
Pronouns: She/Her/Hers
Albom Translation Services
Direct: (571) 765-3060, ext 700
Interpretation Urgent Help Line: (571) 316-1010
Follow us on Twitter [@albomsays](https://twitter.com/albomsays)

From: Karen Warner <kwarnner@dist113.org>
Date: Thursday, July 7, 2022 at 9:21 AM
To: Sandra Albom <sandra@albom.com>, "Civitello, Amanda" <acivitello@cityhpil.com>
Subject: Introducing Amanda

Hi Sandra,

I'm sure you've heard the news at Highland Park. Amanda is the Communications Manager for the City of Highland Park and they have urgent translation needs.

Karen

--

Karen Warner
Director of Communications & Alumni Relations
Township High School District 113
1040 Park Ave. West
Highland Park, IL 60035
(224) 765-1018

