



## **Counseling Services Available for City of Highland Park Employees and their Families**

Stress from life's transitions affects everyone at one time or another, and when one or more members of the family are experiencing difficult times, it often affects the whole family. The City of Highland Park has an agreement with **Family Service**, where employees and/or their family members can receive prioritized service at a subsidized cost for consultation, assessment and/or counseling as needed.

The staff of **Family Service of Lake County** is experienced in helping people with a variety of individual and family problems. This counseling service is confidential. Whether or not the City knows you are receiving counseling is entirely your choice. Family Service will only report non-identifying, statistical information to the City.

### **Cost for Counseling**

#### **First 15 Sessions**

The City of Highland Park will pay 100 percent of the \$100 per hour counseling fee.

#### **Sessions 16 or More**

The employee will be responsible for 100 percent of the standard fee either through self pay or private insurance based on ability to pay.

### **To Make an Appointment**

To make an appointment, to obtain more information, or to refer someone, please call:  
(847) 432-4981 Ext. 200

### **Counseling Availability**

Counseling is available at Family Service of Lake County 9 AM to 5 PM Monday—Friday with evening appointments available.

#### **Family Service of Lake County**

777 Central Avenue, Suite 17  
Highland Park, IL 60035  
[www.famservice.org](http://www.famservice.org)

If you have further questions about the City of Highland Park benefits please contact the City's Human Resources Division at 847.926.1022 or [hr@cityhpil.com](mailto:hr@cityhpil.com).