



Employee Assistance Program

A helping hand when you need it.

There are times in life when you might need a little help coping or figuring out what to do.

Take advantage of the Employee Assistance Program¹ (EAP) which includes WorkLife Services and is available to you and your family in connection with your group life insurance from Standard Insurance Company (The Standard). It's confidential - information will be released only with your permission or as required by law.

Connection to Resources, Support and Guidance

You, your dependents (including children to age 26)² and all household members can contact master's-degreed clinicians 24/7 by phone, online, live chat, email and text. There's even a mobile EAP app. Receive referrals to support groups, a network counselor, community resources or your health plan. If necessary, you'll be connected to emergency services.

The program includes up to three face-to-face assessment and counseling sessions per issue. EAP services can help with:



Emotional well-being



Stress or anxiety with work or family



Family, marital and other relationship issues



Financial and legal concerns



Life improvement and goal-setting



Identity theft and fraud resolution



Addiction



Online will preparation

WorkLife Services

WorkLife Services are included with the Employee Assistance Program. Get help with referrals for important needs like education, adoption, travel, daily living and care for your pet, child or elderly loved one.

Online Resources

Visit workhealthlife.com/Standard3 to explore a wealth of information online, including videos, guides, articles, webinars, resources, self-assessments and calculators.

Contact EAP

888.293.6948 – 24 hours a day, seven days a week

workhealthlife.com/Standard3

¹ The EAP service is provided through an arrangement with Morneau Shepell, which is not affiliated with The Standard. Morneau Shepell is solely responsible for providing and administering the included service. This service is only available while insured under The Standard's group policy.

² Individual EAP counseling sessions are available to eligible participants 16 years and older; family sessions are available for eligible members 12 years and older, and their parent or guardian. Children under the age of 12 will not receive individual counseling sessions.

If you have further questions about the City of Highland Park benefits please contact the City's Human Resources Division at 847.926.1022 or hr@cityhpil.com.