



For Immediate Release

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City Of Kentwood and Georgetown Township Partner for Senior Health

Kentwood, Michigan, March 20, 2018 – The City of Kentwood and Georgetown Township are teaming up for the 19th Annual Spotlight on Seniors Health & Fitness Expo.

The Expo is slated for Tuesday, April 17 at the Kentwood Activities Center, 355 48th St. SE from 8:30 a.m. to 12 p.m. Each year more than 400 seniors attend the Expo, which features products and services to promote their health and wellness.

“As we age, our health needs change,” said Lorraine Beloncis, assistant director of the City of Kentwood Parks and Recreation Department. “The Expo connects seniors to organizations that are committed to providing the resources they need to stay active and healthy.”

The Expo will host more than 70 local businesses and organizations whose goal is to provide outstanding services to West Michigan seniors. Complimentary morning snacks and lunch will be served, and attendees will have the opportunity to win door prizes.

“Many vendors will be providing free health screenings,” Beloncis said. “Your overall health is made up of many parts. With free screenings to help you understand your heart health, spinal health and stroke risk, you can start to see the full picture of your overall wellness.”

Event sponsors to date include Blue Cross Blue Shield of Michigan-Senior Health Services and Hospice of Holland.

The event is free and open to the public. Information is available online at www.kentwood.us/parks or by calling 616.656.5270

For questions, please contact Lorraine Beloncis at beloncisl@kentwood.us or 616.656.5278.

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