East Bay Community Action Program (EBCAP) is a private, non-profit 501(c) (3) corporation that provides a wide array of health and human services to the residents of Rhode Island’s East Bay, including the municipalities of East Providence, Barrington, Warren, Bristol, Little Compton, Tiverton, Portsmouth, Middletown, Newport and Jamestown.

Consumers receive services without discrimination, restraint, interference, or recrimination on the basis of race, creed, religion, color, national origin, ancestry, gender, gender identity, sexual orientation, ethnicity, age, marital status, disability, political affiliation or beliefs, or source of financial support. Whereas no one will be denied access to services due to inability to pay.

DENNIS ROY, PRESIDENT & CEO
ebcap.org
facebook.com/ebcap
**NURTURING CHILDREN & FAMILIES**

**Head Start**  
401 367-2001  
Head Start, Early Head Start and Child Care programs provide comprehensive child development services to children, ages birth to five, and their families in center-based and home-based settings.

**Newport and Middletown Family & Child Opportunity Zone**  
401 842-1900, Ext. 4  
Early childhood services and school age programs, parent support and education, supports to military families, health and wellness activities, and connections to community resources are provided for children and their families residing in Newport and Middletown.

**Baby Steps Newport**  
401 533-1160  
Baby Steps Newport engages parents/caregivers with their children from birth to 36 months old through monthly activities and speakers addressing parenting and educational topics.

**Healthy Families America**  
401 847-7821 -or- 401 437-1000  
Fax Referrals: 401 619-7091  
This national evidence-based maternal home visiting program provides free, voluntary, and confidential services, and pairs expectant mothers, or families with newborns, with a home visitor who provides services until the child’s 4th birthday. Funded by RI Dept. of Health.

**Parents As Teachers**  
Newport 401 847-7821  
East Providence 401 437-1000  
This home visiting program is for pregnant women and parents with a child up to kindergarten age who want to learn how to help their child develop, learn, and be healthy.

**DEVELOPING SKILLS**

**Education and Career Pathways**  
401 236-1282  
Free, confidential, one-to-one tutoring and small classes are offered for reading, writing, math, English language skills, preparing for the General Education Diploma (GED), and preparing for U.S. Citizenship. The program also offers coaching in job-readiness and life skills, connections to support services and job training, basic computer instruction, and career path finding. Adults who live or work in East Providence, or in Bristol or Newport counties are eligible. Assistance is also available to parents seeking an Alternative Learning Plan for their 17-year-old children.

**Youth Center**  
401 437-1000 ext. 125  
The Youth Center provides academic skills training and employment/career support for youth, ages 14-24, who reside in the East Bay region. Services vary depending on the participant’s needs, and may include: tutoring, work readiness training, internship placement, unsubsidized job placement or long-term occupational skills training.

**Office of Volunteer Services**  
401 435-7876  
A variety of volunteer, educational, and advisory services are available for people age 55 and over, including: Retired and Senior Volunteer Program (RSVP), Foster Grandparent Program, Senior Health Insurance Program, Career Closet (free business attire), and the VITA tax program (open to all ages; based on income eligibility - IRS-trained tax preparers provide tax preparation services and help clients receive the federal Earned Income Tax Credit).

**INTEGRATED HEALTH & NUTRITION**

**Medical**  
Newport 401 848-2160  
East Providence 401 437-1008  
Barrington 401 246-1195  
Comprehensive primary and behavioral health care are provided through our health centers in East Providence, Barrington and Newport, serving all of the East Bay. Public and private insurance are accepted. Staff can help those who are uninsured. Our services include, but are not limited to: Physicals and well visits • Immunizations • Sick visits • Obstetric care • Comprehensive family planning services • Behavioral Health • Referrals to specialists • Low cost medications for uninsured patients

**Behavioral Health Care**  
24-Hour Emergency/  
Crisis Intervention: 401 246-0700  
Intake: 401 246-1195  
EBCAP’s Behavioral Health division provides short term and long term counseling and psychiatric services for adults and children (including Kids Connect), medication monitoring, and substance use disorder and opioid treatment services at locations in the East Bay, including Barrington, East Providence, and Newport.

**East Bay Recovery Center (EBRC)**  
401 289-2055  
EBRC provides peer-to-peer support, health and wellness activities, employment assistance programs, community outreach, and recovery-oriented social events for people recovering from addiction. Narcan training is available. No appointment is necessary. Visit ebcap.org for hours.

**East Bay Smiles** - preventive and restorative dental care at schools, Head Start, and other child care sites

**The Molar Express** - preventive and restorative dental care at schools, Head Start, and community locations aboard a mobile dental van

**Women Infants & Children Supplemental Program (WIC)**  
Newport 401 619-5970  
Tiverton (Thursdays) 401 625-1364  
East Providence 401 437-1007  
Bristol (Tuesdays/Thursdays) 401 253-7577  
Nutrition assistance and advice are provided to expectant women and families with young children, along with breastfeeding advice and support for pregnant women and new mothers.

**HELPING SENIOR CITIZENS**

EBCAP works with senior centers to provide programs and services, along with support to help seniors stay in their homes.

- Case management and protective services with the goal of helping elders remain independent, including home visits and family involvement 401 437-1000
- Ocean State Senior Dining Program 401 437-1000 ext. 121

**Dental**  
Newport 401 845-0564  
Affordable dental care for uninsured and insured individuals and families.

**Services include, but are not limited to:**  
Routine and emergency exams • Cleanings • Restorative care • X-rays • Extractions

**We also see pediatric dental patients at their schools.**

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