



USE YOUR COVID-19
KRYPTONITE

- WEAR A MASK •
- AVOID GROUP GATHERINGS •
- STAY HOME IF YOU ARE SICK •
- WASH YOUR HANDS •



Ph. (320) 679-6330

Public Health
Prevent. Promote. Protect.
Kanabec County Community Health

kanabecounty.org



FOLLOW
QUARANTINE
Guidelines

Having close contact to a positive COVID-19 person means you need to quarantine for 14 days after your last date of contact.

Do not go to work or school and avoid public places for 14 days, even if you receive a negative test result.



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TIS THE SEASON TO

CRUSH COVID

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WAITING FOR YOUR

TEST RESULTS



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