Since 2009, SHIP has worked to create healthier communities, reduce healthcare costs, and prevent chronic disease by expanding opportunities for physical activity, healthy eating and tobacco-free living. SHIP also funds communities to serve the elderly by helping delay the onset or slow the progression of dementia.

SHIP supports local projects in all 87 counties and 10 tribal nations. More than 5,200 partner sites are engaged in helping people make healthy choices across the state.

Between 2016 and 2018, SHIP:

- Helped to expand or establish new farmers' markets, increasing access to healthy, local foods for nearly 680,000 Minnesotans.\(^1\)
- Supported smoke-free policies in 1,000 multi-unit properties, reducing exposure to secondhand smoke for nearly 84,000 Minnesotans.\(^1\)
- Helped to establish fall prevention programs in 76 communities, reaching more than 270,000 elderly Minnesotans.\(^1\)
- Influenced community planning efforts to create safer, more accessible places and spaces for more than 4.4 million Minnesotans to walk and bike.\(^1\)

SHIP is contributing to lower rates of obesity and commercial tobacco use and saving Minnesota health care costs.

- Minnesota's adult smoking rate is at a record low.\(^2\)
- Minnesota's adult obesity rate is firmly below our neighbors.\(^2\)

\(\text{\$365 million}\) in spending was averted since 2011 by putting the brakes on rising adult obesity rates.\(^3\)

\(\text{\$252 million}\) in spending was averted since 2011 by accelerating the drop in adult smoking rates.\(^3\)

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1. Reach Data: Minnesota Department of Health, Office of Statewide Health Improvement Initiatives (OSSHII), 2019
2. Map source: CDC, BRFSS, 2017
3. Spending averted: National cost studies adapted for Minnesota by the Minnesota Department of Health and were used to generate estimates. For additional information visit www.health.mn.gov/ship.

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State and local partners support maintaining SHIP funding at $35 million per biennium.