

DEMING



HEALTHY BODIES:
HEALTHY MINDS



ACTIVITY



GUIDE

2019-2020

INCLUDING
LUNA COUNTY & COLUMBUS

WELCOME TO DEMING AND LUNA COUNTY, NEW MEXICO:

Healthy Bodies: Healthy Minds

You can walk, hike, bike, and so much else, year-round in Deming and Luna County, New Mexico. The entire region bursts with wildlife, flowers, desert plants, dramatic rocks and minerals. Located on the southwest border of the United States and Mexico. Luna County equals high desert. Southeast of Deming, explore the Florida Mountain Range, and on the way to the village of Columbus half an hour south of Deming, you will spot the Tres Hermanas (Three Sisters) Mountains.

Life unfolds here in an area rich in history: traces of Mimbres and Mogollon Indian cultures—petroglyphs and pottery shards, the Butterfield Mail & Pony Express trail, and Pancho Villa's 1916 invasion over the border of Mexico into Columbus. The cowboy and farming way of life has existed here for over a century. Deming is home to the silver spike driven in 1881 completing the Second Transcontinental Railroad, and it still plays an important role in commercial and passenger rail travel today.

The sun shines almost year-round in Luna County. The temperatures are mild-to-hot in the summer and cold a few days in the winter. And when the mercury rises, it is typically a dry heat accompanied by a cooling breeze. Deming is healthy for those who come. In fact, in the old days and into the 20th century, doctors from all over the nation sent their patients to Deming to regain their health and change their future. Deming, a healthy place to be with plenty of opportunities to stay active.

THE FIFTH EDITION OF THE DEMING, LUNA COUNTY & COLUMBUS ACTIVITY GUIDE salutes each individual in our community, young and grown. Each of you contributes a vital thread to the fabric of our community. The bonds are strong, we support each other in our community. We see a need and fill it. Silas Wilson did. Twenty-nine years later, his summer rec program for kids is more popular than ever.

A foundation of good health is our interest and participation in activities both mental and physical, be it taking a stroll after dinner, going to see kids in a mariachi performance at the high school auditorium, or checking out the latest art on the walls at the Arts Council. This guide continues to be published at your suggestion. Now, the Sherman Community Foundation and its partners have published another 10,000 copies of this fifth edition, distributed to you, families, churches, sports groups, organizations, businesses, or anyone else interested in making the most of what the area has to offer.

The City, County, and Sherman Community Foundation, and all of our sponsors believe in you and want to promote a culture of health in Luna County where residents are more than just healthy because they do not have to go to the doctor.

Creating a new healthy habit can feel hard. It's easier when it's something fun and becomes a regular part of our life. Drink less sugary carbonated drinks and watch the pounds melt off. Park on the other side of the parking lot and, health permitting, walk to the store.

An active, vital population of all ages embracing one hour of activity every day, means walking with your family, taking up an active hobby. No more high statistics of people who are overweight with diabetes, high blood pressure and related chronic diseases. Everybody can find something they love to do. Get connected—get active—get healthier.

Request additional copies of the guide, tel. 575-546-8846 or email

ShermanCommunityFoundation@gmail.com. Let us know when your organization changes their address, phone number, email address or adds a web page or Facebook address. *Look for the interactive guide on the web: www.lunacountynm.us or cityofdeming.org or DemingVisitorCenter.Webs.com.*

2019-2020 ACTIVITY & PARK GUIDEV02



Gathering pinons in the forest.



Luna County has many hunting opportunities

MANY THANKS

The *Activity & Park Guide* is a true community project. Without help from the sponsors, volunteers and contributors listed below, this fifth edition would not be a reality. The Sherman Community Foundation and its partners are indebted to those who have supported this project and its goals of promoting local activities, learning possibilities and wellness throughout Deming, Columbus and Luna County.

CHIEF SPONSORS



SPONSORS



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Bronni Galin ▼ David Galin ▼ Healing House of Luna County, a domestic violence shelter ▼ Health Council of Luna County ▼ Luna County Ranchette Owners Association ▼ Parents as Teachers ▼ TOP—empowering at risk teens



Acknowledgements

Activity Guide Committee is Pauli Galin & Matt Robinson; plus Bill Armendariz—Deming Headlight, City of Deming Community Services & Engineering Depts., Deming/Luna County Health Council, Maria Ehlers, Glory Juarez, Cosetta Lewis, David Monjaras, Aaron Sera, Sherman Community Foundation Board Members (Elizabeth Burr, Deborah Gwin, Jane Fricano, Olivia Páez, Rick Sherman), Gordon Taylor, and many, many others.

Much gratitude to all the teachers, coaches, and volunteers who make the programs and services in this guide possible. You make this community wonderful!

... AND, thank you to every person in this community for making it a wonderful place to live, work, and play.

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CELEBRATING OUR COMMUNITY

USING THIS GUIDE

This Guide is a celebration of Columbus, Deming, and Luna County and the people who make these places unique. Whether you have lived here your entire life, are just visiting, or are new to the community, you will find useful information contained in these pages. Also contained within these pages, you will see a true expression of our culture, camaraderie, and the natural beauty that envelops our piece of the Upper Chihuahuan desert.

A foundation of the community is the ability and willingness of residents to pull together. Examples include the annual Celebration of Life fundraiser to fight cancer, or the thousands upon thousands of volunteer and public service employee hours happening behind-the-scenes to provide important services to the community. Other mainstays featured prominently in this Guide are our business community who continually step forward to give back to others.

Guide developers have worked to capture as much of this information as possible with program descriptions, contact information, maps, and tables. If you would like to add or change information for future editions, contact project developers with the information on the last page.

ONLINE ACCESS

The 2019-2020 Activity Guide, in PDF format, is available on several websites. You can find it hosted by Luna County (www.lunacountynm.us), City of Deming (www.cityofdeming.org), and the Deming-Luna County Chamber of Commerce (www.demingchamber.net).

Also, keep an eye out for the launch of the Online Resource Directory. It will provide users with an easy-to-use and comprehensive searchable directory to access local medical providers, social services, and other programs.



A horseback rider carries the New Mexico flag for the Southwestern New Mexico State Fair rodeo.

Want to get involved or support the project?

Please contact, tel. 575-546-8846 or email ShermanCommunityFoundation@gmail.com. There are many ways to help and support future editions and ongoing work to maintain updated materials. The Guide's fiscal agency and project management sponsor is the Sherman Community Foundation, a 501 (c)(3) non-profit organization.

Keeping Deming Clean: New Poly Cart Program

The City of Deming provides residential and commercial waste collection. Residential and small commercial/business customers may request up to two 96-gallon poly cart. Poly carts are emptied once a week; additional pick up is available at additional cost. Contact City Hall for information about the cost. The poly cart may be placed at curbside no earlier than 6 p.m. on the night before collection or by 6 a.m. on the designated collection date. Tel. 575-546-8848.



ALL YEAR ACTIVITY

OUTDOORS

Gorgeous views, clear skies, and the beauty of the upper Chihuahuan desert provides endless outdoor recreation opportunities throughout Luna County.

Outdoor enthusiasts of all varieties will find adventure in Luna County.

There are limitless opportunities for hiking, biking, hunting, photography, and other outdoor activities throughout the county and surrounding region.



Pictured is a watering hole on public lands commonly used for hunting, ranching, and off-roading.

CULTURE & FESTIVALS

Deming, Luna County and Columbus host festivals and fun events steeped in local culture. With themes revolving around agriculture, southwest life, history, and our diverse population, family-friendly events are a common sight year-round.

We have racing ducks, tasty chile, and engaging events with great food and music. A Community Events Calendar is included with this Guide.



Photo: Cosetta Lewis

Festival goers do their best to stomp grapes at St. Clair Winery.

HOMETOWN SPIRIT

This community truly cares, and it shows through the work of hundreds of volunteers in dozens of organizations. There is no shortage of opportunities to make a real difference in someone's life. Volunteer opportunities are listed in these pages.



Photo: David Monjaras

Members of the Deming Lions Club prep an eye screening for students.

SUMMER PROGRAMS

SWIMMING

COLUMBUS VILLAGE MUNICIPAL POOL

The Municipal Pool, adjacent to Albert Field's Park, is located at 501 N. Hwy 11, Columbus, NM. Open only in the summer. All the amenities: changing rooms, showers, restrooms, plus a kiddie wading pool. The big people pool ranges from 3–5 feet in depth so reserve practicing your diving for somewhere else. A great place to cool off. Certified American Red Cross lifeguard. For information on open hours and days, Mon.-Fri. contact the Village of Columbus, tel. 575-531-2663. Fee is \$2.00 per person: man, woman, and child.

Aquatic Fitness

A 130-pound person swimming freestyle for one hour will burn 590 calories swimming fast, and 413 calories swimming slower. Swimming is a great low impact workout.



SAM BACA AQUATIC CENTER

The Municipal Pool, located at 815 Buckeye St., Deming, NM, opens late May or early June after school ends, and closes as school opens. Tel. 575-546-7958 or go online at demingpool@gmail.com. For information during the off-season, contact the City of Deming, tel. 575-546-8848. Family fun at the pool is available at several locations. Trained high school students are employed during summer break as lifeguards. Pool open many evenings. Look for free days and reduced entrance fees on certain days. Family Nights usually Wednesdays and Thursdays, 7 p.m. to 8:45 p.m. Fees: Children (17 and under) \$2.25, adults \$2.75. Save money, passes of (12) visits can be purchased for reduced fee. Card may be punched for multiple family members at a time. Children and adolescent lessons for a minimal fee are offered for 3-week or 9-week sessions. Classes fill quickly.

RIO MIMBRES COUNTRY CLUB

Rio Mimbres Country Club Pool is open during summers. 2500 E. Pine St., Deming. Tel. 575-546-3023, info@riomimbres.com for information on pool membership.



YOU CAN DO IT POOL PASSES

Collect 45 aluminum cans. Rinse, crush, and bring to the Cooperative Extension office and receive a free pool pass. 210 B Poplar St. Call Joe for info., tel. 575-543-6625.

Water Conservation : Let the Experts Handle the Pools.

City residents are subject to water restrictions between April 1 and Sept. 30, which Code officials vigorously enforce. For a complete list, visit cityofdeming.org or call, tel. 575-546-8848.

During this time, addresses ending in even numbers may water on Monday, Wednesday and Friday. Addresses ending in odd numbers may water on Tuesday, Thursday, and Saturday. All addresses may water on Sunday. No watering may take place between the hours of 10 a.m. and 6 p.m.



Checkout the 150-ft water slide, activity pool, therapy pool, and the competition pool at the Aquatic Center. Pool rental available for private parties.

WILSON SUMMER RECREATION 2019

Silas Wilson's Summer Recreation Program, sponsored by the City of Deming, is a popular, longstanding effort to provide **free** outdoor activities to youth ages 6–12. Program activities include: Basketball, flag football, tennis, dodge ball, jump rope, soccer, kick ball, dancing and swimming. For more information, contact tel. 575-545-9385 or 575-543-5305.

SUMMER LUNCH

Todos los estudiantes del distrito escolar comen el almuerzo gratis

Deming Public Schools Seamless Summer Lunch provides **free** lunch to all children, 1–18 years, Monday–Friday, from 11:30 a.m. to 1 p.m. The program is typically held early June at many area local parks and school sites. This program is offered annually. Dates dependent on school year calendar.

All kids have to do is show up at a serving site. You do not need proof of income or proof of age. Children do not need to be registered, and you do not need meal tickets. All food must be consumed on site. This service is provided through Deming Public Schools Student Nutrition Program as a Federal USDA program. For more information, especially for this year's locations, call/**Persona de Contacto:** Ginger Jones, Student Nutrition Director, tel. 575-546-8841; ginger.jones@demingps.org.

2019

Registration: Monday, June 3 through Friday, June 7

Location: Peppers Supermarket, 812 E. Florida

Time: 8 a.m.–12:00 p.m. and 4:00–6:00 p.m.

Ages: 6–12 years (Boys and Girls)

Program Dates: June 10 through July 18, 2019

Program Days: Monday through Thursday, 8 a.m.–Noon, and Friday, 3 p.m.–5:45 p.m.

Program Location: Various Parks in connection with the free Summer Lunch Program. Friday program takes place at Sam Baca Aquatic Center.

SUMMER READING & ACTIVITY PROGRAMS: STOP THE SUMMER SLIDE

Due to the extended school year of the Kindergarten through Fifth Grade-Plus program, many community programs are abbreviated this 2019 summer season. All children, kindergarten through fifth grade, are encouraged to enroll at their local school.

Children's Reading Foundation of Luna County in past years offered **free** summer reading material in conjunction with the Deming Public Schools Summer Lunch Program. Every child up to age 8 went home with a new book. For information about future events call Ann Chrestman, Chairperson, tel. 575-546-2590 or e-mail readylunacountyoffice@gmail.com, Read Up: Stop the Summer Slide Reading Program.



In the Public Libraries during the summer there are activities and often free books are given away. All ages welcome. Check with your local library in Deming and Columbus.

OTHER SUMMER PROGRAMS

Sports Camps: almost every sport provides special training programs over the summer, often with no fees. Refer to the Youth Sports section for sports leagues like t-ball, soccer, and football and look for notices in the sports section of the Deming Headlight or on local radio KOTS/KDEM.

Football Camp is a great chance for new players to learn the game. Look for this 4-hour opportunity on a Saturday in the summer usually combined with sign-ups for the league at the Shirley Sayre Football Fields on Raymond Reed Blvd. Contact Orlando and Cynthia Jimenez to confirm at tel. 575-567-0153 or 575-567-0166. or Facebook Southwest NM Football League.



Golf PGA Junior League is the golf version of baseball's little league. An opportunity for one-on-one coaching in skills of the game and competitive playing opportunities. Ages 8–13. Equipment provided. Your child will meet weekly for instruction and participate in on-site tournaments. Organized by Deming High golf coach and Rio Mimbres Golf Course Golf Pro James Williams Call him at the pro shop to register and for current cost, days, and times. Tel. 575-546-9481.

Luna Star Dance Studio and Ballet Folklorico Cielitos year-round offer preschool age ballet/tap combo classes, ballet and tap classes for kids ages 5-7, ballet, tap, and hip hop classes for kids 8 and up, and ballet folklorico classes for kids 3 and up.

Summer dance camp: "Introduction to dance," June 17-21. Introduces ballet, tap, hip hop and jazz. Cost \$50.

Ballet folklorico workshop July 22-26 for beginning and intermediate dancers. Will be performing for the 2019 Salsa Festival on July 27. Luna Star Dance Studio is located at 122 S. Silver St. For more information, call tel. 575-636-0272 or email lunastardance@gmail.com.

Mantis Martial Arts. A wide range of classes for all age groups. Afternoon and evening classes for kids in karate and Jiu Jitsu. Located at 111 N. Iron St. (Behind the Cactus Café.) Tel. 832-262-0262, email: mantismatters@gmail.com or explore the program through Facebook: Mantis LLC, or <https://mantismatters.wixsite.com/mantis>.

Summer art classes will include painting, drawing, mixed media and puppetry for kids 7+. Painting classes for adults as well. Dates to be announced at the Luna Star Dance Studio, 122 S. Silver St. For more information, call tel. 575-636-0272 or email lunastardance@gmail.com. Also check out the Art Council for kids' classes!

Photo: Natalyn Rodriguez



Ballet folklorico dancers with Dia De Los Muertos makeup.

Extended Learning Opportunities

While planning summer activities for youth, remember Deming Public Schools has programs for students in grades K–12. All students in grades K–12 are part of DPS' expanded elementary programs, which provides students with four extra weeks of school. If a student participates every year of elementary school, they will receive about one full year of extra education before they enter sixth grade. See the K5+ entry for more information.

Students at the Intermediate School, Middle School and High Schools are also eligible for up to 10 additional days of school before the traditional year begins. Programs differ based on grade level and location. Contact your school for more information.

Yoga workshops for kids, family yoga classes and yoga & meditation workshops. Also TBA via Luna Star Dance Studio, 122 S. Silver St. For more information, call tel. 575-636-0272.

Scouts for Boys & Girls programs run year-round. Join an existing troop if there is room or adult volunteers may start a new troop (no experience necessary!).

- ◆ For Girl Scouts age 5 to 17, contact: Membership Manager Sharon Peyton at tel. 940-399-9007 or speyton@gsdsw.org or via Scout Hut at tel. 575-546-3926. Website: www.gsdsw.org. In Columbus, check at the library.
- ◆ For Boy Scouts age 8 to 18, contact: Contact Art Slaughter, tel. 575-544- 3613, apslaughter@gmail.com or Troy Wertz, Scout Master, Boy Scout Troop 134, tel. 575-543-8329.

YEAR-ROUND RESOURCES

LIBRARIES

Columbus Village Library

Located at 112 West Broadway, open six days a week, Monday through Friday from 8 a.m. to 7 p.m. and Saturday from 8 a.m. until 1 p.m. Free WiFi is always on, look at the window for the password. Check for events and classes.

For more information, contact Maria Ehlers, Library Director, columbuslibrary@vtc.net, tel. 575-531-2612, or see our catalog at columbus.biblionix.com.

This library is the heart of the community and you'll hear laughter and debates. Meet old friends or make new ones. Enjoy free coffee, tea, or hot chocolate. Check out the latest display of local artists. Borrow a movie, an e-book, or an audiobook. Use one of our public computers. Work on a jigsaw puzzle. Free Summer Reading Program and Activities for children in June. Adult workshops offered every month.



Don't forget! Deming High School Library Media Services offers comprehensive access to a number of online resources at <http://dhslibraryservices.weebly.com/>. Users can access the U.S. Library of Congress, University of Arizona Poetry Center, New Mexico State Library and a variety of other useful websites.

Marshall Memorial Library

Over 10,000 people a month come to peruse the 60,000 fiction, non-fiction, and audio books at the library. Open Tuesday through Friday, 8 a.m. to 7:45 p.m. Located at 110 S. Diamond Ave. in Deming between Pine and Spruce streets. Bus stop on Pine St. Check for free events or consult the library at www.deminglibrary.com. For more information, contact Angela Wilds at tel. 575-546-9202.

- ◆ Newspapers and magazines.
- ◆ Wi-Fi access and computers for public use.
- ◆ Children's Library Room and events, including Bingo for Books. Ask Children's Librarian Lucas Marsh what's up.
- ◆ Crazy 8s Club, Build stuff, run and jump, make music all as part of after-school math activities. Imagine what you could do with glow-in-the-dark straws and a stopwatch.
- ◆ Photo Club meets each first and third Monday from 9 a.m. to 11 a.m. Everyone interested in photography is invited to attend. **Free.**
- ◆ Arts and Crafts for the Disabled is held from 1 p.m. to 3 p.m. on Tuesday afternoons. **Free.**
- ◆ Summer Reading Program for Kids. Call for days and times. June through July. **Free.**
- ◆ The Toddler Time Program with story time, songs, and crafts, is held year-round 1x week. 10 a.m. until noon for ages 5 and younger accompanied by an adult. The program begins with Wheels of Wonder on June 5. **Free.**
- ◆ American Sign Language Classes offered weekly on Wednesday. Advanced, 1 p.m. to 2 p.m.; beginner, 2 p.m. to 3 p.m. Offered September through May. **Free.**
- ◆ Toastmasters Club is held 6 p.m. to 7 p.m. on Wednesdays. Public welcome to attend. Hone your public speaking and other skills. **Free.**

Recycling

Available year round, recycling is a great way to help the planet and the community. The City offers several locations to recycle paper, cardboard, tin cans and plastic. You can drop recyclable goods at the Transfer Station, 5470 Hwy 549, and bins behind Peppers Supermarket at 812 E. Florida. Please do not dispose of non-recyclable goods in recycling bins. Keep Luna County Beautiful is a good resource for how to keep your neighborhood picked up, tel. 575-546-6625 to be added to the list of potential clean up sites.

DEMING PARKS

Kids, including toddlers and teens, families, single adults, and seniors, all love Deming's parks where they can play, walk, and socialize with family and friends.

For gatherings over 25 people, contact Mary Mackey, City of Deming at tel. 575-546-8848 or go to the City Administration Building, 309 S. Gold Avenue, to reserve the date, submit an application, and pay the determined deposit and fee.

YOUR PARKS CREW

You might miss them on your next excursion to any of our 25 neighborhood parks, but understand, these unsung heroes are working hard to ensure the community's outdoor spaces remain clean and safe.

The crew, led by Foreman Junior Pacheco, is also responsible for cemetery operations. Team members utilize various machines and old-fashioned elbow grease to get the job done.



Pictured, from left: Julian Chavez, Michael Garcia, Junior Pacheco, Gabriel Ramirez, Jesus Romero, and Carlos Cisneros. Not pictured are Julian Sanchez and Silas Wilson.

Do Your Part!



All city parks have trash bins. Please help keep the community and shared spaces beautiful by throwing away your trash. Remember, this includes the waste your pets leave behind. The city dog parks offer easy-to-use plastic bags to cleanup after your pet. Recycle an old grocery bag to clean up after your pet at other areas.



Cruise by Voiers "Pit Park," 300 N. Country Club, to check out its dinosaur visitors. Please do not climb or play on the dinosaurs!

DOG PARKS

The City of Deming maintains two dog parks. Visiting dogs should be friendly and on a leash before using parks. For full rules and conditions, see postings at the parks or contact the city, tel. 575-546-8848.

- ◆ **Dog Park 1** - Next to Girl Scout Park on S. Granite St. Includes separate sections for large and small dogs.
- ◆ **Dog Park 2** - Across the street from Soccer Fields on Raymond Reed Blvd.

FIVE SEVEN FIVE BMX CLUB

The BMX Park at 1000 E. Ash St. is primarily used by the Five Seven Five BMX Club, a local organization affiliated with a nationwide league. The club hosts regular practices and competitions in which riders can earn points toward regional and national rankings. For more information, visit the Facebook page or call, tel. 575-494-6186.

ON THE HORIZON

The City of Deming has several ambitious projects slated to open in mid-2019. Keep an eye on the Deming Headlight newspaper and an ear on Deming KOTS/KDEM radio to catch updates on the projects taking place at parks around Deming. You can also contact the city directly for more information, tel. 575-546-8848.



A computer-generated image shows plans for the new lake at Voiers "Pit" Park".

PIT PARK

City workers and contractors have been busy working to transform Voiers "Pit" Park, on North Country Club Road, into an approximately 20-million gallon lake. The man-made lake will utilize reclaimed water in this large-scale water conservation project.

Future plans for the lake include stocking to allow fishing. Planned to include native plants on banks and walking paths.

SPLASH PAD

Cool off under the water spouts and fountains of Deming's first splashpad, to be located on Spruce Street across from Nacio Brown Park. This **free** and open to the public attraction will also include shade structures and restrooms. Coming soon.



A design image from planning documents illustrates the layout for the Splashpad.

INCLUSIVE PLAYGROUNDS

Two new all-inclusive playgrounds are on the way to Deming. "All-inclusive" means children of all abilities are able to play and have fun together. The parks are funded by local, state and non-profit fundraising, including significant help by the Luna County Early Childhood Coalition.

- ◆ "Nacio" Herb Brown Park, located at the corner of Spruce and Eighth Streets, will include a new all-inclusive park, improved sidewalks, and other amenities around mid-2019.
- ◆ Voiers "Pit" Park, located on North Country Club Road, will also include a new all-inclusive park, but already has a variety of fiberglass dinosaurs for your amusement and workout stations for adults.



Need Help?

NewMexicoKids Resource and Referral is a free statewide service dedicated to referring ALL New Mexico families to resources. *NewMexicoKids Recursos y Referencias es un servicio del estado gratuito dedicado a ayudarle a toda las familias Nuevo Mexicanas.* Tel. 1-800-691-9067. www.NewMexicoKids.org.

NEIGHBORHOOD PARKS



		restrooms	ramada	water fountain	benches	shaded play area	picnic table(s)	play structures	grass	shade trees	BBQ	electricity	ball fields	basketball	All-inclusive
Elsie Vega "Chicano" Park	Columbus Rd. / E. Hemlock St.			●	●	●	●	●	●	●				●	
Courthouse County Park (Tel. 575-543-6620 to reserve)	700 S. Silver Ave.	●			●		●		●	●		●			
Florida "Water Tower" Park	E. Florida St. / S. Santa Cruz St.		●	●	●	●	●	●	●	●		●	●		
John T. Waits "North Side/ Rabbit" Park	W. 2nd St. / N. Tin St.				●	●	●	●	●				●	●	
Leyendecker Plaza Park	S. Gold Ave. / E. Spruce St.		●		●							●			
Literacy Center "South Side" Park	W. Pear St. / 2301 S. Tin St.			●	●	●		●	●	●				●	
Lloyd Pratt T-Ball Complex *	E. Poplar / S. Grand St.	●		●	●		●	●	●	●		●	●		
Nacio H. Brown Park * (To include Splashpad mid-2019)	W. 8th / W. Spruce St.	●		●	●	●	●	●	●	●	●	●			●
Art Park *	106 E. Pine St.				●					●		●			
Rainbow Water Park	E. Ash / S. Grand		●	●	●		●	●	●	●	●				
Scout Park *	700 S. Granite St.	●		●	●	●	●	●	●	●		●	●		
Belisario, Triangle Park	Columbus Rd. / E. Elm St.								●	●					
Veterans Park	S. Silver Ave. / W. Hemlock St.								●	●					
Viramontes "Milo" Park	E. 1st St. / N. Ruby St.			●	●	●	●	●	●	●		●		●	
Voiers "Pit" Park *	300 N. County Club Rd.	●	●	●	●		●		●			●	●		●

* Electricity available for use by deposit / reservation. Tel. 575-546-8848.

ATHLETIC FIELDS & ACTIVITY PARKS



		restrooms	ramada	water fountain	benches	shaded play area	picnic table(s)	play structures	grass	shade trees	BBQ	electricity	ball fields	fenced	AstroTurf
BMX Bicycle Race Park*	Santa Monica St. / E. Ash St.													●	
E.J. Hooten Complex*	W. Buckeye St. / S. Granite St. Deming High School field and track, softball fields	●		●	●		●		●	●	●			●	
Shirley Sayre Football Fields	Raymond Reed Blvd. / Country Club Rd.		●	●					●			●		●	
Skate Park**	1000 block W. Pine St. / 10th St.													●	
Soccer Fields	Raymond Reed Blvd. / Country Club Rd.													●	

Dog Parks

Dog Park 1	722 S. Granite St. / next to Scout Park.				●				●	●				●	
Dog Park 2	Country Club Rd. / Raymond Reed Blvd.		●	●	●									●	

Village of Columbus Parks

Albert's Field Park	501 N. State Hwy 11				●	●	●							●	
Baseball field ("Astroturf surface")	Wisconsin St. / Pear Ave.											●	●		●
Village Plaza	219 S. State Hwy 11	●		●	●					●					

* For rental or access information, contact the City, tel. 575-546-8848

** Check the Luna County Skate Park Facebook page for event postings

PARK WORKOUTS

Deming parks provide nearly endless physical activity opportunities. Pictured at right is one of the workout stations at Voiers "Pit" Park, 300 N. Country Club. The park is also seeing significant upgrades to the popular walking paths, which regularly host fundraising walks, fun runs, and joggers and walkers.

The path also ties into the city's path and trail circuit, pictured on the following page.



Workout equipment at Voiers "Pit" Park.

City of Deming Parks & Schools



Parks

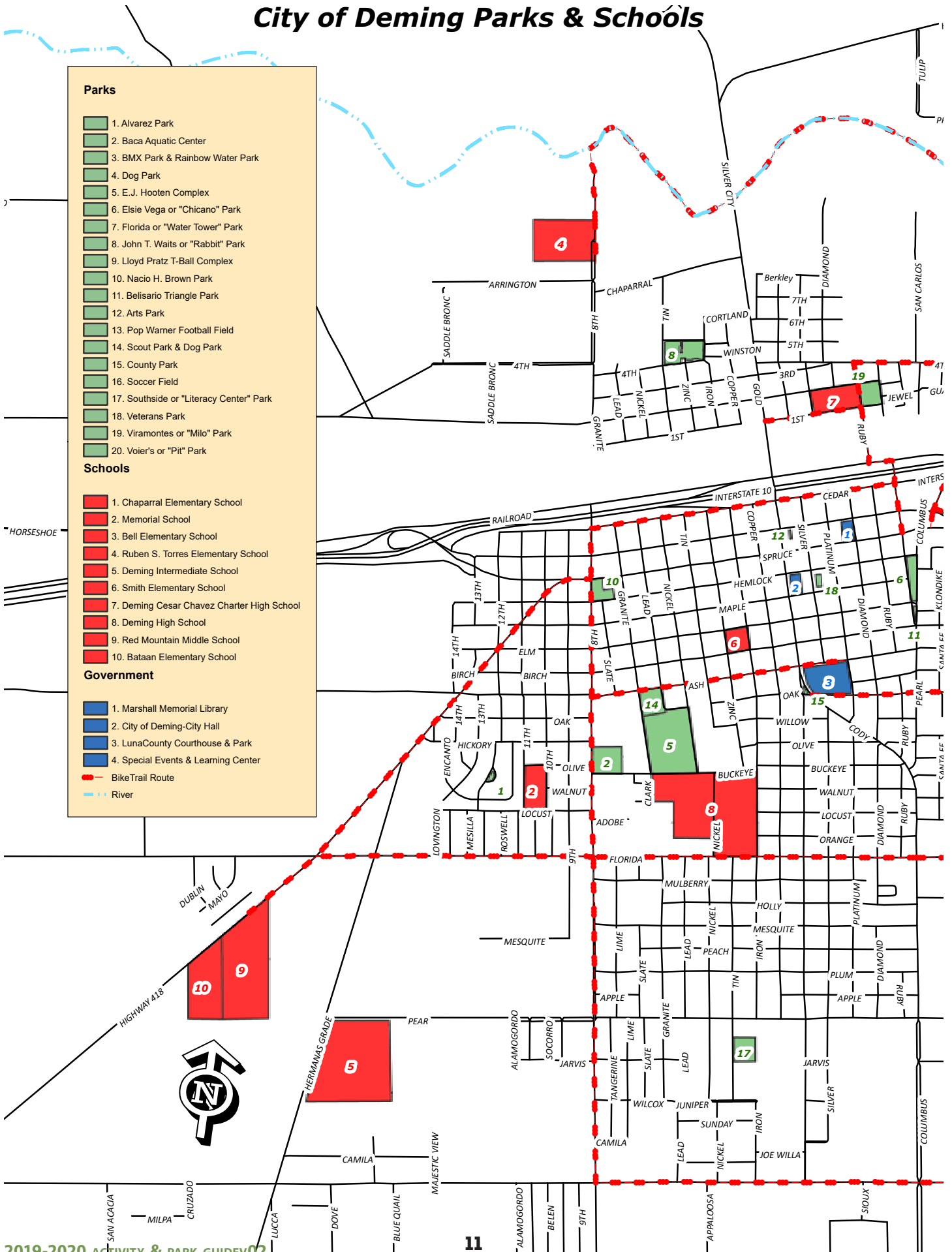
1. Alvarez Park
2. Baca Aquatic Center
3. BMX Park & Rainbow Water Park
4. Dog Park
5. E.J. Hooten Complex
6. Elsie Vega or "Chicano" Park
7. Florida or "Water Tower" Park
8. John T. Waits or "Rabbit" Park
9. Lloyd Pratz T-Ball Complex
10. Nacio H. Brown Park
11. Belisario Triangle Park
12. Arts Park
13. Pop Warner Football Field
14. Scout Park & Dog Park
15. County Park
16. Soccer Field
17. Southside or "Literacy Center" Park
18. Veterans Park
19. Viramontes or "Milo" Park
20. Voier's or "Pit" Park

Schools

1. Chaparral Elementary School
2. Memorial School
3. Bell Elementary School
4. Ruben S. Torres Elementary School
5. Deming Intermediate School
6. Smith Elementary School
7. Deming Cesar Chavez Charter High School
8. Deming High School
9. Red Mountain Middle School
10. Bataan Elementary School

Government

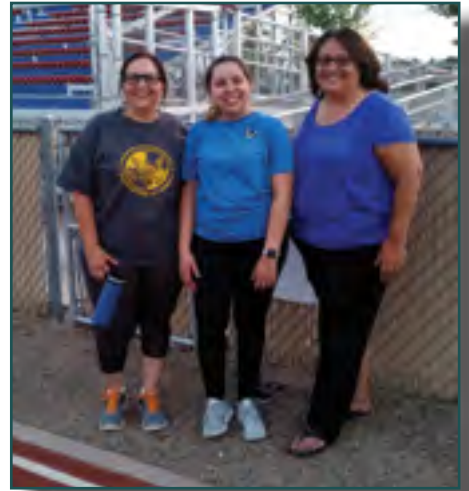
1. Marshall Memorial Library
 2. City of Deming-City Hall
 3. LunaCounty Courthouse & Park
 4. Special Events & Learning Center
-  Bike Trail Route
 River



WALKING PATHS

- ◆ **Voiers "Pit" Park** located at North Country Club and East Cedar Street (multiple paths).
- ◆ **Deming High School Track** (Buckeye Road and Granite Street, across from Deming High School).
- ◆ **Red Mountain School Track** (Hwy 418. Contact school, tel. 575-546-0668 for more information).
- ◆ **Country Club Road Multi-Purpose Path** located along North County Club Road, from south of Pine Street to Dona Aña Road.
- ◆ **Raymond Reed Blvd. Multi-Purpose Path** is along Raymond Reed Blvd. (east of Country Club Road, south side of the soccer fields).
- ◆ **Florida St. Multi-Purpose Path** runs along length of Florida St.
- ◆ **"Safe Routes" Multi-purpose Path to Ruben S. Torres Elementary School** on the north side of town, (N. Gold Ave and W. 2nd St to W. 3rd St and NW. 8th St.)

See the Parks and Schools Map with current paths and keep an eye on local news for the opening of new paths.



These walking buddies enjoy regular visits to the Red Mountain Middle School Track.



This custom bicycle is shown cruising down Pine Street during a Great American Duck Race parade.

BIKING

Biking is both a popular pastime and mode of transportation in Deming. Residents bike to work or just for fun. Multi-purpose paths are being constructed around Deming each year to allow bike riders safer routes.

Secondhand bikes sometimes can be bought at **Deming Helping Hand**, Raymond Reed Blvd., tel. 575-546-2558.

Further afield, if you are really serious about biking off-trail or long distance road biking in southern New Mexico, information and mountain bike trail maps available from Gila National Forest Supervisors Office, 3005 E. Camino del Bosque, Silver City, NM 88061, tel. 575-388-8201. Their website has detailed information on mountain bike trails including mileages and times, www.fs.usda.gov/activity.

Other sources of routes and trails may be found at these Silver City, NM merchants and nonprofits.

- ◆ **Bikeworks** is a non-profit community bicycle workshop. Their goal is to make bicycles accessible to everyone. Tel. 575-388-1444, email silvercitybikeworks@gmail.com.
- ◆ **Gila Hike & Bike**, 103 College St, Silver City, NM 88061. E-mail: brennan5231@comcast.net or jhemp_00@yahoo.com. 575-388-3222.
- ◆ **Twin Sisters Cycling & Fitness**, 303 N Bullard, Silver City, NM 88061, 575-538-3388. Website: twinsisterscycling.com.

WALKING TOURS

In Deming head downtown, with or without available map from the Deming Visitor Center, 800 E. Pine St. or download a map from the city website: cityofdeming.org.

Even without a map, take in the majority of the architectural sites in the 100 to 200 blocks radius of Gold and Silver. Granite plaques mounted on each building share the story of the town.

In Columbus head downtown too, no map necessary, and check out the variety of plaques mounted streetside that share Columbus history. For even more details head over to the Columbus NM Historical Society Museum corner of Hwys 9 and 11.



Prefer a faster pace? Try the running club in Year Round Adult Activities.

STATE PARKS

Luna County is fortunate enough to have three state parks with all the amenities—trails, visitor centers with eye-opening exhibits and docents to tell you all about it. Well maintained restrooms, sheltered picnic spots, and overnight camping and RV accommodations. For locals, stop by and check it out at no cost.

Rockhound State Park and Spring Canyon Recreation Area

In the foothills of the Little Florida Mountains. Offering spectacular views of the desert floor and the craggy granite mountain peaks, this park and adjacent Spring Canyon Recreation Area has picnic facilities, overnight camping, hiking trails, a visitor center, and planned events. Visitors can prospect for rocks and remove small samples of rocks, gems and minerals, such as jasper, perlite, onyx, rhyolite, silica, and other specimens. Manager, tel. 575-546-6182 or visit www.emnrd.state.nm.us.

From Deming, travel on State Road 11, five miles south, to Rockhound Rd., then turn east for nine miles to the park entrance.

- ◆ Day use: \$5 per vehicle. Gate closes at 9 p.m.
- ◆ Visitor's Center is open daily, 10 a.m.–12 p.m.; 1 p.m.–4p.m.
- ◆ Camping Fees are \$8–14. Well-maintained, water, grilling facilities, and restrooms/water.

Friends of Rockhound

True supporters of the world famous state park, the Friends of Rockhound can be reached on Facebook or at the park Visitors' Center, tel. 575-546-6182.

They meet the last Wednesday of the month in back of the Visitors' Center.

Star Parties are held most months, except in monsoon season.

The popular Luminarias celebration begins early evening on second Saturday of December.

The group also serves as a good resource for information on native plants. There is also a native garden and labyrinth walk they maintain at the Visitors' Center. Consider it an easy, family-friendly field trip.

Events are advertised through the Deming Headlight and Deming Radio.



With great weather year round, Rockhound is a popular camping spot for recreational vehicle travelers.

Pancho Villa State Park

In Spring 1916, Pancho Villa and his men raided the border town of Columbus, New Mexico, threatening also to attack Deming. This sparked an international incident with General "Black Jack" Pershing of the US Army, and Theodore Roosevelt and the Rough Riders. Site has national historic significance. Jonathan Horsley, Manager, tel. 575-531-2711, leads plant walks.

- ◆ Visitors Center and Museum: open daily Hours: 9 a.m.–12 p.m. and 1 p.m.–4 p.m. \$5 day use.
- ◆ Camping Fees are \$8–14. Well-maintained, water, grilling facilities, and restrooms/water.
- ◆ The park hosts Camp Furlong Day where they feature speakers related to the historical events that occurred on March 9th, 1916.
- ◆ The Depot Historical Museum, on corner of Hwys 11 & 9, holds a Memorial Ceremony on March 9th every year remembering those military and civilians that lost their lives in the raid.
- ◆ The Village of Columbus, and the Cabalgata Binacional committee in early March host the Cabalgata Binacional/ Fiesta De Amistad event held at the Columbus Village Plaza.
- ◆ Five minutes down the road take a short walk across the Mexican border at the Puerto Palomas border crossing. Bring your passport.



Photo: Cosetta Lewis

Check out the annual poppy bloom at the Florida Mountains, a popular spring attraction for locals, travelers, and shutterbugs. Please use public roads for access to avoid trespassing and pack out all refuse.

City of Rocks State Park

The City of Rocks is a geologic wonder of huge, rounded boulders, formed from volcanic ash 30 million years ago, perfect for hiking, picnicking, and camping. Spectacular vistas. The famous, privately-owned Faywood Natural Hot Springs facility and spa is located next door.

- ◆ Day use: \$5 per vehicle. Gate closes at 9 p.m.
- ◆ Visitors Center: open daily
- ◆ Hours: 10 a.m.–12 p.m. and 1 p.m.–4 p.m.
- ◆ Camping Fees are \$8–14. Well-maintained, water, grilling facilities, and restrooms/water.
- ◆ About 5.5 miles of trails, mountain biking; interpretive trails, birding, picnicking, educational programs, and gardens.
- ◆ Tel. 575-536-2800 for more information.



<https://herrett.csi.edu>

City of Rocks offers outstanding views of the cosmos. Watch for Star Gazing Parties.



Keep Public Spaces Clean

If you spot illegal trash dumping, contact Joe Padilla, Keep Luna County Beautiful, tel. 575-543-6625. A local partnership with Keep NM Beautiful and Bureau of Land Management, all part of one big happy family helping to Keep America Beautiful.

You can do your part to keep our community clean by not only picking up after yourself, but utilizing technology to report illegal dumpsites. Visit Carlos at the link above to download the No Throw App for **free**. The app instantly sends a report to authorities so the sites can be tracked and addressed.

FIELDTRIPS

Nearby, just one to three hours away, is camping, biking, boating, fishing, bird watching, water and snow skiing, rock and gem hunting, and petroglyphs, just to name a few of the activities available

Chihuahuan Desert Nature Park and the **Asombro Institute for Science Education**, for kids and adults. Located north of Las Cruces. Among things to do, investigate the plant identification placards with the plant's scientific name as well as the English and Spanish common names. Experience the composting, waterless toilet facilities. Ramadas and picnic tables. Open Tuesday –Saturday, 7 a.m.–5 p.m. From I-25 in Las Cruces, head east on Highway 70 and take the Mesa Grande Road exit (at Oñate High School), Make a U-turn under the highway to head west and stay in the right lane onto the frontage road. Turn right (north) on Jornada Road. Follow Jornada Road for 6.3 miles and turn left at the park sign. Tel. 575-524-3334.

Gila Cliff Dwellings National Monument offers a peek into the homes and lives of the Mogollon people who lived here over 700 years ago. It is located two hours north of Silver City.

Gila National Forest, the largest wilderness area in the United States with all sorts of wildlife, is about two hours northwest of Deming. It provides recreational choices, including hiking, horseback riding, camping, fishing, hummingbird watching and other birding, and bicycling. Allow two hours from Deming, as the road is narrow and curvy.

Chiricahua Desert Museum in Rodeo, NM, has a great collection of rattlesnakes artifacts as well as a well-stocked gift shop.

Checkout the **Desert Discovery Trail**. There is no need for hiking boots, sunscreen, or water on this virtual tour! www.asombro.org.

Chiricahua National Monument. Although it is in Arizona, entering the east side of the park through Rodeo, NM is only a two-hour drive from Deming. Famous for hiking trails in the craggy peaks and a diverse array of birds attracted to the unique ecosystem and year-round surface water. Camp on the east side near a creek in the park or

Maybe you have a bad back and can't hike or maybe you live in an apartment. We can still bring nature to our window.

Taking care of the pollinators in our life—the bats, birds, bees and butterflies—is one way of making a contribution to our food supply, local and world-wide. Pollinators help make our food and control insects that damage crops or spread diseases, like mosquitos and the Zika virus. And you don't even have to garden! A hummingbird eats insects to build muscle mass, and feathers. The nectar is for energy.

Consider hanging a hummingbird feeder.

The recipe to fill it follows.

Directions for making safe hummingbird food:

1. Mix 1 part sugar with 4 parts water.
(for example, 1 cup of sugar with 4 cups of water), and bring to a boil to kill any bacteria or mold present.
2. Cool and fill a clean feeder.
3. Extra sugar water may be stored in a refrigerator.
Red dye should not be added.



Photo: C. Runoff

The Gila Cliff Dwellings National Monument is a U.S. National Monument created to protect Mogollon cliff dwellings in the Gila Wilderness on the headwaters of the Gila River in southwest New Mexico.

Elephant Butte Lake State Park, a 40-mile long lake, off of I-25, offers water recreation, boating and water skiing, camping, and hiking. It's not even an hour from Deming, just north of Truth or Consequence. Check the water level, as the lake can be impacted by drought.

Caballo Lake State Park. Just south of Elephant Butte Lake on I-25. Boating, windsurfing, fishing and camping are possible.

Mesilla Valley Bosque State Park, located along the western bank of the Rio Grande, southwest of the town of Mesilla, is New Mexico's newest state park. If you are looking for water to walk in, note that the heart of this park is 52 acres of the Rio Grande River, though it can be seasonally dry. Total park acreage is 956 acres of both wetland and the Chihuahuan Desert, though currently only a few miles of trails. 5000 Calle Del Norte, Mesilla, NM 88046, tel. 575-523-4398 or www.nmparks.com

White Sands National Monument offers a spectacular 300 miles of sand dunes. It is about two hours from Deming, along Highway 70 between Las Cruces and Alamogordo. In the summertime check out their offering of full moon, moonlight walks. More information, www.nps.gov/whsa/planyourvisit/.



White Sands National Monument is one of the most unique parks in the United States and worldwide.

Photo: www.nationalparks.org

Carlsbad Caverns National Monument is famous for its limestone caves, second to none, and the exit at dusk of thousands of Mexican free-tail bats. Allow about four and half hours travel time.

Palomas, Mexico, a "sister" Mexican village, immediately over the border from Columbus. Over 700 children from Palomas, who are United States citizens, daily travel over the border to attend Deming Public Schools during the school year. Be sure to have your passport if you intend to visit this village with such strong ties to Luna County.

Free U.S. Park Admission days are held on August 25, National Park Service Birthday; September 28, National Public Lands Day; and November 11, Veterans Day. These holidays and the birthday of Martin Luther King, Jr., and the First Day of National Park Week are free of charge for U.S. national park admittance. Please contact a park or its website for more information.

NUTRITION & HEALTH

GARDENING

Deming has a strong tradition of backyard gardening since the late 1800s. Luna County is an agricultural county, but it is the high desert and can be a challenge. Gardening provides physical activity and great results that you can eat.

Gardening is different here from the rest of the country so be sure to consult your neighbors and other resources. **Jack Blandford, Agriculture Extension Agent, New Mexico Cooperative Extension Services**, Mon.–Fri., tel. 575-546-8806. For more information, including decades of archived Southwest Yard & Garden columns, visit the NMSU Extension Horticulture page (<http://desertblooms.nmsu.edu/>), follow on social media (@NMDesertBlooms), or contact the Extension Office.



Photo: Chala Werber

Greenhouse farmer Keith Nadler is shown holding fresh greens alongside Ben Rasmussen of the SWNM Food Hub.

Dona Aña Master Gardeners Hotline–New Mexico Cooperative Extension Services is available Tuesdays and Friday from 9 a.m.–12 Noon, at tel. 575-625-6649.

Deming Garden Club is held monthly at 1:30 p.m. on the first Monday of the month at the Deming Senior Center. Watch for a booth at the annual Fourth of July celebration at Luna County Courthouse Park. Membership is \$15 per year/family. Members receive store discounts at participating merchants. Call tel. 575-546-5326 for more information.

Friends of Rockhound State Park is a local resource for native plant information. Contact them at the park Visitor Center or via Facebook.

Food as a Business

The Southwest New Mexico Food Hub is a resource for growers in the region. Specializing in marketing, logistics, on-site consultations and food safety, the SWNM Food Hub is here to help your farm start, expand or optimize operations. As a 501 (c)(3) non-profit, the SWNM Food Hub aims to build our regional food system by creating new market opportunities for growers in the region and providing the resources and expertise needed to ensure a successful food business. If you have a farm and are looking for new markets, logistical support or just need some on-site consultation, call tel. 575-597-0032 or email at brasmussen@swchi.org

COLUMBUS COMMUNITY GARDEN

Established in 2014 by the Village of Columbus and Friends of Columbus Community Garden, with support from the District 6 Juvenile Probation and Parole Office, the Luna County Extension Office and Healthy Kids NM/Luna County. The Garden has 28 raised beds, which may be used year-round vegetables all winter long. Fruit trees were added in 2017. Individuals and families from Columbus and surrounding communities are assigned garden beds with all the materials they need, including water, soil, and seeds—**all at no charge**. Beds are still available: Contact the library (575-531-2612) for further info. or to apply for a raised bed.

FRESH LOCAL PRODUCE

Sleeping Dragon Farmers outlet DavMid, LLC, operates a farmers' market with fresh, local food. Open 2 p.m.– 6 p.m., Tues., Thurs., and Sat. Located at 6475 Columbus Road SE, Deming. For more information, contact tel. 575-343-2755 or visit sleepingdragonfarmersoutlet.godaddysites.com.

Deming MainStreet Farmers & Crafters Market will be held on June 8, July 13, August 10, September 14, and TBA Oct., 2019, from 8 a.m.–11 a.m. at Luna County Courthouse Park, 700 South Silver Ave. Fresh produce and locally made crafts. To be a vendor or for other details contact MainStreet director Christie Ann Harvey, tel. 575-546-2674 or stop in the office at 800 East Pine St.

Stong Farm Organic Produce is delivered to the Columbus Library each week. Standard vegetables such as lettuce, spinach, green onions, tomatoes, cucumbers, and peppers are available by unit or by the case. Seasonal items such as cantaloupe are also offered. Contact Lan Stong at stong.lan@gmail.com or call the Library at tel. 575-531-2612 for current information.

OTHER LOCAL OPTIONS

Diaz Produce Stand is off of Rte. 180, just north of Deming. In-season fresh fruit and vegetables including pumpkins, seven days-a-week. Chile roasting, local honey, spices and seasonings, and hay are also available.

Swap Meet is off of Rte. 180, just north of Deming. Across from Diaz Produce, every Saturday morning. Fresh produce, snacks, and other items.

FURTHER AFIELD

Azure Standard is a company who delivers a large variety of bulk, natural foods, and natural personal care items to the public using various drop-off points. Headquartered in Oregon, they have several drop-off points within 27 states, including New Mexico. Tel. 971-200-8350 or www.azurestandard.com.

Mountainview Co-op out of Las Cruces will ship orders of fresh and dry goods via UPS and USPS to the farthest reaches of Luna County. Tel. 575-523-0436 or [shop www.mountainviewmarket.coop](http://shop.www.mountainviewmarket.coop).

\$25 for Health

The New Mexico Women, Infants and Children Farmers' Market Nutrition Program provides eligible participants with free vouchers totaling \$25 for use at farmers' markets and produce stands. Diaz Produce Stand is the only location in Luna County registered to accept the vouchers.



Overeaters Anonymous. have you tried to diet only to fall short of your goal, or to gain it all back? Overeaters Anonymous meets Thursdays afternoons at the Deming Senior Citizens' Center, 800 S. Granite Street. For more information, call Erin R. at tel. 760-447-7474.



BREASTFEED YOUR BABY

GRUPOS DE APOYO DE LACTANCIA MATERINA GRATIS

Breastfeeding is the only natural food designed just for your baby. It helps protect against sickness now and later in life: less ear infections and kids are less likely to become obese and develop diabetes as they grow up. Plus, it is always the right temperature!

Free breastfeeding support groups for breastfeeding and pregnant mothers, provided by Sandy Dawson, RN, CLE from the **Parents as Teachers Home Visiting Program**.

Support groups are held every 2nd and 4th Tuesday of every month from 10:00-11:00 a.m., 205 E. Hemlock St., Deming, NM 88030. For more information, please call 575-546-9254. *Porfavor llame para mas informacio al.*

Luna County Department of Health/Oficina de Salud Pública del Condado de Luna through the Women Infants, and Children/*Mujeres, Infantes y Niños* (WIC) program offers a breastfeeding peer counselor/*madre consejera de lactancia* located at 215 S. Silver Ave or tel. 575-546-2771. Call and make an appointment! *¡Llame y ponga una cita!*

New Mexico Breastfeeding Task Force is a statewide organization with a local face, breastfeedingnm.org. Downloadable resources. Locally contact Anna Barraza at LunaCounty@breastfeedingnm.org or call tel. 505-395-6455, advocating for baby-friendly clinics, hospitals, and workplaces.

FOOD PANTRIES

Emergency food distribution happens at the following locations in Luna County. It is advised to call ahead and confirm the requirements to qualify, the location, and that the individual agency is still participating.

Deming Locations	Sponsoring Agency	Contact Person	Telephone Number	Proof of Need	Population served	Distribution Day
3801 Raymond Reed Blvd, Deming	Deming Helping Hand Inc.	John Scott Wright	575-546-2558	Photo ID and a bill with a physical address in Deming or Luna County (excluding Columbus) with your name on it.	Resident Deming or Luna County (excluding Columbus)	Third Thurs. 9 am – 2 pm Emergency Food Mon – Fri: 11:30 am to 1:30 pm. Serving up to 400 households.
206 W. Pine St.	First Baptist Church	Ask receptionist	575-546-6509	ID such as Driver's License or a Bill	No proof	Third Thurs. Numbers distributed by 8:00 am. Distribute by 10:30 am. Serving up to 125 households.
1101 S. Shelley St.	Mountain View Apartments	Fernando Carreon	575-494-5765	No proof.	Resident of Mountain View Apartments	First Wed. afternoons Serving up to 50 households.
VFW Hall, 4045 Overhill Dr.	Veterans' Assistance Center	Cabrini Martinez	575-640-0960	DD214 or VA card, plus picture ID. Widows also bring marriage certificate.	Veterans, widows, & dependent children of Veterans	First Wed. 9 am Serving up to 125 households. Delivery option for homebound.
Columbus Locations	Sponsoring Agency	Contact Person	Telephone Number	Proof of Need	Population Served	Distribution Day
Old Columbus Elementary School Gym, Columbus	Columbus Elementary Food Pantry	Carmen Porras	575-936-1052	A child who attends Columbus Elementary School.	Families of students attending Columbus Elementary School.	Second Wed. of the month. 1–2:30 pm. Serving up to 50 families
Village Plaza– Broadway and 219 S. State Hwy. 11	Saint Luke's Episcopal Church & Rio Grande Borderland Ministries	Susan Hutchins	267-322-1708	Proof of a physical address. No PO Boxes.	Lottery system: Numbers pulled from a coffee can determines your place in line. Emergency food: Call Susan Hutchins at 267-322-1708.	Second Wed. of every month, starts 1:15 p.m. Serving up to 175 households . Volunteer help welcome.

OTHER RESOURCES

The **Silver Linings Community Meal** is offered Tues., Wed., and Thurs. 11:45 a.m.–1:00 p.m., 212 S. Copper St. Tel. 575-936-4095; outdoor access to port-a-john 24/7.

Non-perishable food and personal items, pet supplies, clothing, bedding, and showers available in same location at the following days and times.

- ◆ Mon. & Fri. 11 a.m.–4 p.m.
- ◆ Tues, Wed., & Thurs. 1–4 p.m.
- ◆ Sat. 9 a.m.–2 p.m.

Roadrunner Food Bank of New Mexico provides much of the food distributed at the above listed sites. The website, www.rafb.org is a good resource for programs statewide, as well as volunteer and donation options.

MENTAL WELLNESS

Trained clinicians can help you deal with the challenges and rigors of life. These local agencies offer a variety of outpatient services. There are also numerous practitioners with individual practices who may be found online or look for a comprehensive listing in the Online Community Resource Directory for Luna County scheduled for release in the near future.

Ben Archer Health Centers in Columbus and Deming offers a variety of health programs on a sliding scale for qualifying clients. bahcnm.org. In Columbus, 626 Taft Street, tel. 575-531-2165. In Deming 125 Chaparral Blvd. NW, tel. 575-546-4800.

Border Area Mental Health Services has been helping people for over 40 years. Seeing children and adults for individual, couples or family counseling for mental health and /or substance abuse. Providing Medication Management and Therapy through Tele-Health Services. Offices include: Deming, 429 E. Olive Street, tel. 575-546-4497; Silver City, 315 S. Hudson Street, Ste. 12, tel. 575-388-4497; and Las Cruces, 1401 S. Don Roser, Ste. F, tel. 575-522-7260. Other services include the Juvenile Community Corrections (JCC) Program for adolescents and certified DWI Offender School for adults. On the web: www.bamhs.org.

Presbyterian Medical Services, Deming Health Center—Behavioral Health, 901 W. Hickory St, Deming, NM, tel. 575-546-2174, www.pmsnm.org. Offering sliding-fee, behavioral health treatment for common challenges including the following: Behavioral health assessments—adults and children, Substance abuse, PTSD and other trauma-related challenges, Anxiety, Depression, Adjustment (reintegration) issues, Domestic Violence, Anger. For those who need more assistance and qualify, offering: Comprehensive Community Support Services: These services can assist with economic and social issues due to an existing behavioral health problem. Psychosocial Rehabilitation Services: These services assist individuals who need assistance reintegrating into social environments.

Recovery Management Center self-referral services include: outpatient addiction counseling for individuals, adults, families, and adolescents; comprehensive substance abuse assessment and evaluation. Offices in Lordsburg, Silver City, and here in Deming, 101 S Copper St., tel. 575-590-8886, enter from the parking lot behind World Finance offices, or see the RMC website for a detailed list of outpatient services, recoverymanagement.wixsite.com/treatment.

Call the **NM Crisis Hotline** if you or a loved one is experiencing any kind of emotional crisis, mental health, or substance use concern, you can find help 24-hours a day, seven days a week, by calling the New Mexico Crisis and Access Line or Peer to Peer Warmline. Call toll free anytime 24/7/365, tel. 1-855-NMCRISIS (662-7474). If you are having a life-threatening emergency, call 911 immediately.



Youth Suicide, Depression, and Prevention

Did you know?

- ◆ According to 2016 national statistics, suicide is the SECOND leading cause of death for ages 10–24.
- ◆ More teenagers and young adults die from suicide than from cancer, heart disease, AIDS, birth defects, stroke, pneumonia, influenza, and chronic lung disease, COMBINED.
- ◆ Every day there is an average of 3,041 attempts by young people grades 9–12.
- ◆ People who have an immediate relative (for example, a parent or sibling) with depression appear to have 2–3 times greater risk of developing it than the general public.

Depression can be triggered by a plethora of things and it is important that we all know the facts as kids face the challenges of life. For some, depression is genetic—and caused by specific brain chemicals and nerve functioning in the brain. For others, it can be triggered by stressful life events or even lack of Vitamin D. In both circumstances, it is important to seek out behavioral health services to address the mood disorder. NEVER assume that you or someone else can “just get over it” – not everyone has the proper bodily functioning to combat depression or the emotional support to move on. Living with depression can cause other unhealthy issues in your life and body—it is vital to seek out help if you or someone you know feels symptomatic. *National 2016 stats compiled by PMS, Deming Health Center- Behavioral Health.*

Tel. 575-546-2174.



4-H member Karlie Hudson is shown leading her prize steer into place for bids at the annual Junior Livestock Sale, held in conjunction with the Southwestern New Mexico State Fair. Participants raise animals to sell to help fund college, and community members and businesses step forward to bid on the animals.

YEAR-ROUND YOUTH ACTIVITIES

4 H PROGRAM

Luna County's award-winning 4-H program has a Governing Council and six group clubs for young people 5-19 years of age. It operates with the Luna County Cooperative Extension Services Office. Clubs deal with leadership, citizenship, cooking, baking, canning, sewing, animal husbandry, and other timely topics. A number of youth raise an animal, such as calf, pig or sheep, which they show and auction at the Southwestern NM State Fair at the Luna County Fairgrounds in October. There are also many competitions in Deming and across the state. There are approximately 180–210 members at any time. While there is no registration fee to join, some of the clubs charge fees for activities and supplies. Contact Jack Blandford, County Extension Agent, tel. 575-846-8806; jbland@nmsu.edu.



AFTERSCHOOL PROGRAMS

Afterschool Programs and Extended Learning Time will be offered at Deming Public Schools. Academic and enrichment programs will be offered in K-8th grades with a focus on Math, English, Fine Arts, Physical Activity, Health, Technology, and Science. The secondary schools will concentrate on tutoring and core content interventions in Math, English, Science, and History. For students that have fallen behind on credits, credit recovery will also be available for high school students. Sports and extracurricular activities will be offered at the high schools. Please contact your local school for more information on available programs and activities.



A volunteer leads an art class for kids.

ART CLASSES FOR KIDS

The **Deming Arts Council** at 100 S. Gold Avenue offers ongoing art and activity classes for kids. Classes are typically held the first Saturday of the month. Space is limited and preregistration is required. Open Monday through Saturday, 10 a.m. to 4 p.m. Instructors interested in volunteering, please inquire. Tel. 575-546-3663 or demingarts.org.

DANCE CLASSES

Luna Star Dance Studio and **Ballet Folklorico Cielitos**

year-round offer preschool age ballet/tap combo classes, ballet and tap classes for kids ages 5-7, ballet, tap, and hip hop classes for kids 8 and up,

and ballet folklorico classes for kids 3 and up. The cost is \$30 a month for the younger dancers (classes are 45 minutes each) and \$35-40 a month for the older dancers (classes run 60 to 90 minutes each). Luna Star Dance Studio is located at 122 S. Silver St. For more information call tel. 575-636-0272 or email lunastardance@gmail.com. Classes run year round with special performances given in December and in the spring.

DANCES FOR TEENS

After prom, **Luna County DWI Prevention Program** holds a BUZZ FREE dance, bowling, movies, food and beverages for high school juniors and seniors, from 11 p.m. to 3:30 a.m., at Starmax Entertainment Complex, 333 N. Country Club Road. The program provides a safe, alcohol and drug free environment for all juniors and seniors. For more information, contact the Luna County DWI Prevention Program tel. 575-544-7377.

FUTURE FARMERS OF AMERICA

At Deming High School, this organization supports young people interested in farming and related fields. Contact Larry Von Tress, Deming High School teacher, at Larry.VonTress@demingps.com.



Photo: P. Galin

A contestant for best outfit and makeup in Dia De Los Muertos poses at the 2018 DDM Art Fest.



Photo: David Monjaras

This group of students and their teacher are feeling groovy on 60s day during spirit week at Deming High School.

Youth groups at DHS and the other schools in Deming provide opportunities for students to express themselves constructively. Contact your school principal or teacher to get involved.

ROCKHOUNDING AND LAPIDARY CLASSES

Open to kids and adults alike, the Deming Gem and Mineral Society located at 4200 Raymond Reed Blvd., across from the fairgrounds, offers supervised time in the shop to kids to learn how to cut and polish stones. Activity and craft classes and events also offered dependent upon available volunteer teachers. Call and inquire. Open to kids 11 to 18 years-old upon signing a waiver to participate in the shop. General meeting is 2 p.m., the fourth Wednesday of the month. Call tel. 575-546-2554 or thedgms@gmail.com or www.thedgms.com. K On-going monthly classes, events, and fieldtrips. No experience required.

SCOUTING

Girl Scouts, a premier leadership development program for girls 5–17 years. Girls meet weekly for fun and friendship all year round, and may start at any time. The program is girl-driven, reflecting the ever changing needs of girls today. There are various ways for girls to participate; Troops, Events, Camp and Special interests. Two adults and five girls may start a new Troop. Individual girls may join an existing Troop if there is room, or just attend any programs that are taking place.

Six progressive levels focus on self-esteem as well as learning the value of community service. Levels are determined by school grade level, Kindergarten through 12th grade, registration of \$25 covers an entire year. Deming Scout Hut is located at 721 S. S. Granite Street, on the western edge of Scout Park, across from the Deming Senior Center.

Membership Manager Sharon Peyton is not always at the center , but can be reached at tel. 940-399-9007 or speyton@gsdsw.org or via Scout Hut at 575-546-3926. Website: www.gsdsw.org. Also look for Girl Scouts Deming, Luna County on Facebook. Check out the website for upcoming events-- including in Columbus, ask at the library.

Boy Scouts has two troops in Deming: Pack 134 for Cub Scouts, ages 8–11 and Troup 134 for Boy Scouts, ages 11–18 years. Deming Boy Scouts emphasize outdoor activities; camping trips 5 or 6 times during the year, with fishing, hiking, and rip line. Scouts earn badges in different interest areas. Summer camps include beautiful Camp Philmont. Contact Art Slaughter, tel. 575-544-3613, apslaughter@gmail.com or Troy Wertz, Scout Master, Boy Scout Troop 134, tel. 575-543-8329.

TEEN OUTREACH PROGRAM

Empowering teens (ages 11 to 18) to become healthy, productive and engaged adults through a variety of activities. Goals are for every teen to build a foundation of success via healthy behaviors, life skills, and a sense of purpose. Civic projects and time put into our community are core elements. Held after school until 5:30 p.m. on the following school campuses: Red Mountain, and Deming High School. Students get paid an incentive at the end of each semester if they join and meet requirements. Programs for parents and guardians as well. Contact individual team leaders at each school or Jessica Jara at the County, 700 S. Silver Ave., Deming, tel. 575-546-6539 or jessica_jara@lunacountynm.us.



Photo: Library of Congress

Be part of the 100-plus year history of the Girl Scouts and learn lifelong skills.

All Year Field Trips!



Luna County is known internationally for its unique rock, like the thunderegg pictured, and mineral deposits, especially those around Rockhound State Park. Take advantage of beautiful weather all year and visit the park. Don't forget sunscreen and be sure to bring plenty of water.

Local rockhounding resources include the Deming Gem and Mineral Society and Trina's Rock Shop, 1812 Columbus Road, tel. 575-546-0348.

LOCAL HERO: JERRY MONTES

One act of compassion and understanding changed Jerry Montes' life forever and set him down a path of paying it forward.

Montes, Woods and Welding Instructor at Red Mountain Middle School, has 22 years of teaching under his belt and a prestigious certification from the American Welding Society, but none of this may have taken shape without help from one of his college professors at New Mexico State University.

"I lost my parents during graduation," he recalled. "I had to build a trailer to graduate and was running out of time."

He described how his professor, Greg Bochler's flexibility and compassion allowed him to work on the project outside of normal class hours. Seeing how this act changed his life and after encouragement by the same professor to enter the education field, he passed on more lucrative opportunities in various industries to return to his hometown to teach.

At RMMS, he utilizes a traditional classroom and large workshop, including a fenced exterior area, to teach newer generations of welders and carpenters.

"The kids want to do this," he said. "We have few behavioral issues and the kids hardly miss class."

He ensures his students are aware of every step of the welding process and teaches his students how to weld with milled steel, stainless steel, aluminum and high pressure. His seventh and eighth grade students are given college-level assignments and allowed to have competitions.

A major program focus is for students to be involved in the community and you can see designs and iron work created in his workshop adorning public spaces around the community. Under his tutelage, students have also made metal signs for elected officials, including Governor Michelle Lujan Grisham and Congresswoman Xochtil Torres Small.



Jerry Montes stands alongside students displaying their work.



Check Out Their Work!

Art work and signs by Montes' students can be seen all over town.

- ◆ John T. Waits "Rabbit" Park (pictured), North 4th St.
- ◆ My Little School, 905 South Zinc St.
- ◆ Bell Elementary, 1000 East Maple St.
- ◆ DPS Migrant Clothing Bank, 500 West Florida St.
- ◆ Red Mountain Middle School (over scoreboard), 2100 Hwy 418



Children take part in a three-legged race at the 2018 4th of July celebration at Courthouse Park.

No shortage of fun

Deming, Luna County, and Columbus host fun events, programs and festivals nearly every month in the year. Most events are **free**, family-friendly, and open to the public.

See the Community Events Calendar, and follow the Deming-Luna County Chamber of Commerce on Facebook to see regular postings of events and activities.

YOUTH CHURCH GROUPS

Local churches, including the First United Methodist Church After School program, have not set their scheduling for the school year. Contact the church office clerk for each pastor/priest to learn about current offerings. **Christ First Karate** is a **free** weekly faith-based martial arts program. Fridays at 6 p.m. at the Methodist Church, 1020 S. Granite. Tel. 575-546-2791.

The Deming Headlight newspaper prints regular notices for church groups and publishes a Church Directory for local contact information. Also see the Resource Directory hosted by Luna County on its site, www.lunacountynm.us.

YOUTH COUNCILS

Youth Councils at Deming High School and Red Mountain Middle Schools focus on developing leadership, citizenship, and understanding of government processes for students, and participating in community service projects like recycling. Grace Flores is advisor to the students at Deming High School, tel. 575-546-2678. At Red Mountain Middle School, contact principal Mr. Jesus Saenz, tel. 575-546-0668 ext 2301.



Photo: David Monjaras

Youth Councils and other student groups routinely participate in community cleanups.



Photo: thetaskagency.blogspot.com

Hula-hooping is a great way to exercise all year. According to health.com, you can burn 300 calories in 30 minutes. Adult-sized hoops are larger and heavier than kids' hoops, making them easier to spin; you have the right size if it reaches your chest when you stand it up in front of you. To start, stand with one foot in front of the other and shift your weight back and forth (versus around in a circle).

At left, a girl shows off her hula-hooping during a festival..

YOUTH SPORTS



Deming's Little League All Star team is shown posing with a district championship banner.

Baseball and Softball Little League for ages 9-16 boys' baseball and girls' softball is held at the Hooten Sports Complex at Deming High School, S. Nickel & S. Granite St. Times of practice/ games varies, usually after school and weekends. The season is 15 weeks. Fee is \$50 per child, which pays umpire, uniform, Little League International, and insurance. Additional siblings \$25. Through Juvenile Justice Continuum of Services (JJCS) and Keep Luna County Beautiful programs, the league is able to offer a discounted registration fee to low income residents. A Medicaid card is necessary at registration to qualify. Birth certificates are also required at the time of registration. Contact Jason Carbajal, tel. 575-636-0153 or Facebook: Deming Little League-DLL or jasoncarbajal9@gmail.com.

Basketball Youth League formed for girls and boys, grades 3rd–6th has been in place for 7-plus years. Funding to continue the program is not confirmed. Notice of registration is announced in the newspaper and radio. Contact Adrian Apodaca at tel. 575-544-1319 or apodaca@demingps.org. Sign-ups begin October at Peppers Supermarket. Practice in November. Games December through late February. Fee is \$40. Includes uniforms and end of the year medals and trophies. Physical required. Volunteer coaches as well as donations for equipment and uniforms are welcome.



Future Wildcats stand proudly with their awards for achievements on the court.

Southwest NM Football League. For ages 4–13 years. Season is August through the first week in November. Generally 200–260 boys and girls sign up. They try not to turn anyone away. Fee is \$55. First sibling plays free; ea. additional sibling fee is \$25. Includes uniforms and equipment that are turned in at the end of the season. Physical required. Scholarships available. Notice of registration is announced in the newspaper and radio in July. Contact Orlando and Cynthia Jimenez at tel. 575-567-0153 or 575-567-0166. Or Facebook Southwest NM Football League.

Sports Physicals

Most sports leagues require participants to have a sports physical conducted before they can play. This examination by a medical professional is not something to put off until practice begins. Contact your health care provider to schedule a physical for your athlete, or watch the newspaper and radio for free/reduced-cost opportunities. Deming Public Schools Activity Office has an event scheduled for May 29, 2019, tel. 575-546-8126.

Gymnastics and Cheer with the **Deming Dust Devils** program has provided gymnastics instruction since 1980 for all ages of boys and girls, with a focus on progression. The competition season usually is October through March. The team competes on floor, vault, bars and balance beam in USA Gymnastics-sanctioned events throughout the state. It is run by coach sisters, Irma Chacon, Nina Ayon, and Elsa Rodriguez, at 113 S. Gold St., tel. 575-546-0371 or demingdustdevils@hotmail.com or Facebook Deming-Dust-Devils-Gymnastics-All-Star-Cheerleading.



They've got moves! The Dust Devils took 4th place at the CheerSport-Denver competition held March 2019.

Mantis Martial Arts. Come learn martial arts and skills to help you prevent a fight and develop critical thinking skills while having fun. Afternoon and evening classes Mon.-Fri. for kids in karate and Jiu Jitsu.



Mr. Reynolds has been in martial arts for over 30 years and has been teaching for 4 years. Located at

111 N. Iron St. (Behind the Cactus Café.) Tel. 832-262-0262, email: mantismatters@gmail.com or explore the program through Facebook: Mantis LLC, or <https://mantismatters.wixsite.com/mantis>.

Soccer Youth League is for ages 4 to 12, open to residents throughout Luna County, including Columbus. Practice and games are held at the City Soccer Fields on Raymond Reed Blvd. There are two seasons: the Spring Season which is held from February through April, and the Fall Season which runs from August through October. There are registration fees and discount programs. Watch the newspaper for dates and times of registration or use Facebook for online registration: Deming Youth Soccer League contact Fabian Ortiz, tel. 575-494-6017.



Photo: Manny Armendariz

Deming Soccer League's "Blue Team" poses before a match.

T-Ball and Coach Pitch Leagues. The fundamentals of baseball can be learned for ages 3–8 years at the Lloyd Pratz T-Ball Complex, Popular and Gra d streets. Age divisions include: T-Ball, ages 3-4; Junior Coach-Pitch, ages 5–6; and Coach-Pitch, ages 7-8 years. League runs for 6 weeks in May & June for \$35 per child (non-refundable) Registration sign-ups are usually at Peppers Supermarket. Watch for registration dates next year in the newspaper and on KOTS radio, beginning mid-to-late February. For more information, contact tel. 575-936-0204 or see Facebook: Deming T-Ball, Jr CP, CP League.

Spotting illegal graffiti? Contact Joe Padilla of Keep Luna County Beautiful, tel. 575-543-6625. County and city officials work to locate, track and remove illegal graffiti throughout the community. Illegal graffiti is no match for modern tools and cleaners.



EDUCATION FOR EVERYONE

On behalf of Deming Public Schools, thank you for your interest in education. Our community provides an exceptional education for children, continuing education options for adults, and a top-notch athletic and activities program. The state-of-the art facilities and opportunities students in Deming, Columbus, and Luna County receive is hard to match. Each year students in this community meet rigorous academic challenges with increasingly higher levels of achievement. Such superior achievement does not happen by chance. It will come as a district result of long-term strategic planning and a collaborative learning community that values success, like reaching your academic goals and beyond, and puts students first. Deming teachers continue to work hard to align our DPS curriculum to academic content standards while simultaneously implementing research-based best teaching practices in their classrooms that demonstrate student achievement results. Thank you to everyone in our community for your support of the Deming Public Schools programs.

Dr. Arsenio Romero, DPS Superintendent



Photo: David Monjaras

The Deming High School Junior Recruit Officers Training Color (ROTC) Guard marches before a crowd at Deming High School's Memorial Stadium.

EARLY CHILDHOOD: GET YOUR CHILD OFF TO THE RIGHT START, A STRONG START **CONSIGA QUE SU HIJO/A COMIENCE CORRECTAMENTE Y QUE TENGA UN COMIENZO SÓLIDO**

As the folks at CHI St. Joseph's Children say, "Babies do come with instructions." Many of these organizations offer parents and caregivers free bilingual information, coaching, and often toys and activities to do with your child from before birth to age five.



Amplified Therapy early intervention for NM children under age three who may be or are at risk of developmental delays or disabilities. Screening and services are provided at no cost and families can self-refer for evaluation in hearing, vision, or other developmental concerns. In Deming call tel. 575-936-4152 or stop by the office at 118 S. Iron St., info@amplifiedtherapy.com or on Facebook: Amplified Therapy Inc.

Ben Archer Health Centers in Columbus and Deming have a variety of community outreach health programs, including the Welcome Baby Program (0 to 3 years of age for parents and guardians).

- ◆ In Columbus 626 Taft Street. Columbus, NM, tel. 575-531-2165
- ◆ In Deming 125 Chaparrel Blvd. NW, Deming, NM, tel. 575-546-4800

CHI St. Joseph's Children will visit all first time parents and caregivers in the home or a location convenient to you throughout Luna County, including Columbus, once a week for the first three years. As a new parent, it's okay to be nervous. Bringing a child into the world is a major life event. It's also an opportunity to learn and grow. There is no income requirement. Tel. 575-543-5900 or 201 E. Pine St., Deming. Enrollment is any time during pregnancy, up to the first 2 months after the birth of the baby. www.stjosephnm.org.

Children's Reading Foundation of Luna County frequently offers books or activities at local events for children from birth to 12th grade. Call for dates and locations, tel. 575-546-2590 or ReadyLunaCountyOffice@gmail.com.

Want more books? Check out your local library and consider online resources such as www.freekidsbooks.org. Book are sorted by reading level and can be downloaded as .pdf files. Choose from thousands of titles.



A girl chooses from books provided at a local event.

Conscious Fathering providing free education and resources for all fathers is also a hands-on class preparing fathers for taking care of their newborn baby. This class is for fathers taught by fathers and is for fathers with newborns and expecting fathers in their second or third trimester. The free class is 2–3 hours covering the topics of holding your baby, feeding, cleaning, comforting, crying patterns, and identifying your baby's basic needs. Contact Joshua Stoller, Conscious Fathering Program Manager, tel. 575-526-6682 or jstoller@aitkids.com. See also full class calendar for southern New Mexico available online at www.consciousfatheringnm.com. Evening and bilingual classes in the mix.



Deming Autism Support Group on Facebook is an organization created to spread awareness, acceptance, and advocate for those in the local community with autism, as well as their families. Everyone is invited to their annual Autism Awareness Community Walk in April, cdevaneygonzales@gmail.com or Facebook Deming Autism Awareness.



HELP-New Mexico Office of Learning & Academic Opportunity, a nonprofit organization federally and state funded to serve families and children in the state of New Mexico. HELP-NM offers free comprehensive school readiness and parent engagement services at eight (8) sites in Luna County; **Early Head Start** (prenatal- **Expecting Mother's Program** to age 35 months), **Head Start** (ages 3 to 5 years of age). **New Mexico State Pre-K** (ages 4-5 years), and **private childcare** for evenings (6 weeks to age 9). Teaching the basic skills necessary to enter kindergarten ready to learn. The program also offers intensive services for families such as Health & Nutrition, Mental Health, and Family Partnerships. Call tel. 575-546-7414 for assistance in locating the center nearest to you or email: [Crystal Peña](mailto:CrystalPeña@helpnm.com), cpena@helpnm.com or [Arminda Munoz](mailto:ArmindaMunoz@helpnm.com), amunoz@helpnm.com.

Dolly Parton's Imagination Library and the Rotary Club of Luna County want to provide free books to each of your children under age five. Sign up and every month a book is mailed to your home. Free. If you start when your child is born, your child will receive a total of 60 books by the time they enter kindergarten. If you move within Luna County, update your address online at imaginationlibrary.com, or to sign up, drop a line to 3017 Putting Green Rd, Deming NM 88030 or swestenhofer@q.com.

Parents as Teachers Home Visiting Program, a free program that promotes the optimal early development, learning, and health of children by supporting and engaging their parents and caregivers. Serves prenatally up to children age five. Offers home visits with fun activities, breastfeeding support groups, labor and delivery classes, car seat classes and distribution, safe sleep prevention, Circle of Security, infant massage, community support and group connections with different topics. Serves all Luna County and is located at 205 E. Hemlock St. Deming, NM, tel. 575-546-9254.

Also check out the new playground! The playground is accessible to the public, though the Parents as Teachers entrance during office hours.



The new Parents as Teachers playground.



Friendship Park is located on Iron and Birch Streets.

Friendship Park

At the corner of 613 S. Iron Street, a fairy tale themed park with playground has been established by Thelma Moore and granddaughter Ariana Saldares. The park is open to the public and **free**.

The park also features a lending library box, which allows people to place and remove books, all for **free**. Watch for continuing developments.

K-5 PLUS EXTENDED LEARNING

For the first time, all Deming Public Schools students can participate in the K-5 Plus program. This program gives students an extra 25 days of school before the traditional school year begins. Students in these grades will begin the 2019-2020 school year on July 2. During the program all school services including busing and meals will be provided to students.

The theme for the extra days of instruction is "Full STEAM Ahead." The district will offer instruction that integrates Science, Technology, Engineering, Arts, and Mathematics activities. Students will take thoughtful risks, engage in experiential learning, enhance problem-solving, embrace collaboration, and work through the creative process.

Another opportunity is for older youth to mentor in the Elementary Schools during this program. Mentoring helps to engage and motivate the students to strive to new heights in their educational career. The district understands that not every child is meant for the college pathway, by offering technical or trade pathways, it can ensure that every child can achieve success. K-5 Plus program and STEAM offer more opportunities to students in our community. For more information or questions about this, contact your local elementary school or tel. 575-546-8841 and ask to talk to the Academics Office.



More Resources for Parents

Early Childhood Coalition of Luna County meets monthly on the fourth Thursday, 1 p.m. to 3 p.m. and invites anyone who works with children or has a child to attend. Community-wide, advocating for our youngest learners. Location can change; contact Vice-Chair Zalenna Pinon, tel. 575-201-8485.

SECONDARY EDUCATION

Deming Public Schools offers students several pathways to a high school diploma or equivalency. Students and parents/guardians should speak with a school administrator or counselor to evaluate learning opportunities.

- ◆ **Deming Cesar Chavez Charter High School.** Flexible and personalized programs for anyone in Luna county seeking a high school diploma that would benefit from services and educational programs using non-traditional methods. Stan Lyons, Principal. 315 East First St. Tel. 575-544-8404, www.dccchs.org.
- ◆ **Deming High School (9-12).** Offers a wide range of course options, career pathways and academic programs. Marlene Padron, Principal. 1300 South Iron. Tel. 575-546-2678, www.dhs.demingps.org.
- ◆ **Early College High School.** Students accepted into the school will complete their core required credits during their first two years of high school and then they will take dual college credit classes for the remaining two years. Bryan Simpson, Principal. 2300 East Pine St., tel. 575-543-1049, or online: echs.demingps.org.
- ◆ **Mimbres Valley High School.** Staff inspires students to meet high expectations to graduate and successfully transition to post-secondary goals. Programs relate to disconnected students with high instructional standards to empower self-reliant, self-advocating graduates. Bryan Simpson, Principal. 720 Buckeye St., Tel. 575-543-1049, or online: mvhs.demingps.org.

WESTERN NEW MEXICO UNIVERSITY

Offers the opportunity to get advanced degrees and certifications in our hometown. 2300 E. Pine St., 575-546-6556, extended.wnmu.edu/deming. Staff will help you apply to WNMU, fill out your financial aid forms, register for classes, and answer your questions. Attend college in Deming and stay at home. **You can save up to \$10,000/year** by not paying for meals in a cafeteria or staying in a residence hall. Get the Pell Grant and the Lottery Scholarship and save even more. Earn your **Certified Nursing Assistant** certificate, or an **Associate, Bachelor or Master's degree** in several degree options. Childcare available in the evening at The Learning Center, 2150 E. Pine St., tel. 575-546-9490.

Seniors citizens are eligible to take classes for the reduced price of \$5/credit hour, for hours per semester.

Save on college costs while you are in high school with dual credit classes. WNMU pays the tuition; Deming High School provides the books. You get both high school and college credit at the same time. Pay only lab, video conferencing or online fees.

Adult Education Services Offered at Western NM University, Estudios Superiores. College-bound, it could be you. / *Destino Universitario, podría ser usted.* The following services are available free of cost to the community: **High School Equivalence Diploma classes (GED)**, including Math and Reading Skills, **English as a Second Language (ESL)** or learn Spanish as a second language, Reading, speaking and listening improvement skills, basic computer skills including keyboarding skills, **Microsoft Office**, internet/e-mail skills
Testing is available for **Adult Basic Education (TABE)**, Comprehensive Adult Student. Assessment Systems (CASAS) and **High School Equivalency Diploma - HiSet or GED tests.**

Locations: Columbus, New Orleans St., Columbus, NM 88029, tel. 575-531-7221; Mimbres Valley Learning Center, Deming, 2300 E. Pine, Deming, NM 88030, tel. 575-546-6556.



up to 6 credit

PRIORITY NO. 1, GET AN EDUCATION: GILBERT PÁEZ

Lifelong education comes in many forms and local resident Gilbert Páez, 64, is proof you can meet your learning goals with enough determination and focus.

As a child and into his teens, he recalled toiling in local farm fields to help make ends meet. He also had several side jobs doing carpentry and waiting tables.

"You're beat down, sun up to sun down, for \$10 a day," he said of working on farms across Luna County. "You have no idea how hard it is."

For most of his youth, he spent time between Palomas, Mexico and Deming, occasionally working on farms or ranches. He would walk from Palomas for a ride to school in Deming. School buses ran, but his work schedule forced him to find other ways to get to and from school. On Fridays, he would return to Palomas to work waiting tables.

A lack of consistent transportation and struggles with learning English created issues for him, but were not enough to stand in his way. He met new people and immersed himself in English to overcome the language barrier.

After he graduated high school in 1973 as one of seven students from Palomas, he moved to Grants, NM where he found himself in the uranium industry working on drilling and mapping projects. He continued working as a waiter and met his wife, Olivia. They were married in 1978 and remain together today with four children and four grandchildren.

One day at the restaurant, a coworker told him he needed to go back to school. She teased and pushed him to continue his education, eventually taking him to get registered for the Job Training Partnership Act of 1982. He opted to train as an electrician. After graduating, he went to work for mines in Morenci, AZ and Playas, and Border Foods (Now Mizkan) where he maintained their infrastructure. Reflecting on his life, he offers advice to anyone seeking to better their own life: work hard, put yourself out there to meet new people, and never stop trying to learn.



Gilbert Páez shows a the yearbook page of his DHS 1973 graduating class, of whom seven lived in Palomas.

Job Training Opportunities

There are several state and federal programs available to those seeking job training. Like Gilbert, your focus and determination can fuel new pathways. Check out New Mexico Workforce Connection for resources at www.jobs.state.nm.us or visit the Deming office, 322 E. Oak St., Tel. 575-546-0192.

DEMING LITERACY PROGRAM / Programa de Alfabetismo de Deming

Offering **free** classes in pre-GED, English as a Second Language (ESL) as well as Spanish as a second language, citizenship, and computer instruction. 2301 S. Tin St., Deming tel. 575-546-7571.

HEP NM'S HIGH SCHOOL EQUIVALENCY PROGRAM/Programa de Preparatoria

Need help getting your GED? Taking only four to six months. Supports migrant and seasonal farmworker and family members (16 years and older) to successfully complete a GED and offer resources for enrollment in higher education, the military, or upgrade employment. Including transportation expenses and materials in English or Spanish.

Contact Annabelle Carbajal, tel. 575-546-2678 ext. 2794. This program has been in place since 1967. **Free.**

*¿Necesita ayuda para obtener su GED? Nuestros estudiantes podrán terminar su GED en cuatro o seis meses. Usted ó un miembro de su familia ha trabajado en el campo por menos 75 días durante los últimos dos años. Tiene al menos 16 años de edad. HEP también ayuda a su gente a continuar con su educación y buscar una carrera de su preferencia. Ellos pueden solicitar su inscripción en el colegio de la comunidad o con el servicio military. Asistencia financiera para los gastos de gasolina y clases, libros, y exámenes están disponibles en los dos idiomas inglés y español. Contactar Annabelle Carbajal, tel. 575-546-2678 ext. 2794. **Gratis.***

NEW MEXICO STATE UNIVERSITY COLLEGE ASSISTANCE MIGRANT PROGRAM

Universidad de Nuevo México (Programa Migrante de Asistencia a la Universidad)

CAMP is a federally-funded program to help migrant or seasonal farm worker students attend college and succeed. Established in 1972. Providing housing, meal plans, textbook stipends, individual academic advising and tutoring services during the freshman year and ongoing academic support until their graduation. In New Mexico, tel. 575-646-5081 or web.nmsu.edu. This program is also available at other schools in other states, tel. 509-368-7132 or www.migrantstudents.org. **Free.**

*Un programa financiado federalmente para ayudar a estudiantes migrantes o trabajadores temporales del campo asistir a la Universidad y ser exitosos. Establecido en 1972. Se provee alojamiento, arreglos de comidas, ayuda monetaria para los libros de texto, asesoramiento académico individual y servicios de tutoría durante el primer año y apoyo académico continuo hasta que se gradué. En Nuevo México, tel. 575-646-5081 o web.nmsu.edu. Este programa también está disponible en otras escuelas en otros estados, tel. 509-368-7132 o www.migrantstudents.org. **Gratis.***

For ideas for Cooking and Nutrition, call the Luna County Cooperative Extension Services offices, Mon.—Fri., tel. 575-546-8806 or 210B Poplar St. and ask about the next classes on serving size/portion control or healthy foods to eat. Realistic ideas and achievable goals. Including Kitchen Creation Classes for those living with diabetes. **Free.** *En Español.*



LUNA COUNTY READING & MATH INTERVENTION PROGRAMS

Focusing on youth between the ages of 12–18 years old (and their siblings ages 5–11) who have not yet acquired age-level literacy or math skills, these free intervention programs are offered through Luna County Juvenile Justice Continuum of Services (JJCS). This evidence-based curriculum builds up a participant's basic skills for a successful education and ultimately graduation and the path to satisfying employment.

An appointment will be scheduled with the student for a short, free assessment who meet the following criteria: Parent Referrals, At Risk Youth (students who are considered to have a higher probability of failing academically or dropping out of school), youth involved with the juvenile justice system, Deming Public Schools Truancy Program, and/or past or current enrollment.

If the participant qualifies for one of the limited spaces in the program, an appointment will be scheduled with the parent/guardian and participant to review the results and complete all program paper work as well as review the program responsibilities. Students meet one-on-one with tutors as well as receive instruction in a group. For questions about the programs or to sign up contact: Desa Malina, Program Coordinator, tel. 575-694-0383. **Free.**

A closing note: Art Education

Lifelong learnings comes in various forms and does not always take place in a classroom. These resources can help you expand your artistic side.

- ◆ **Columbus Library** often is the venue for art classes and workshops and art displayed on the walls. Open Monday through Friday from 8 a.m. to 7 p.m. and Saturday from 8 a.m. until 1 p.m., 112 W. Broadway, Columbus, tel. 575-531-2612.
- ◆ **Deming Arts Council** offers a changing array of classes and workshops for adults and children. Recent offerings included Quilling, Fiber Clay, Alcohol Ink. Call for the latest or see their website. Open Mon.-Sat, 10 a.m. to 4 p.m., 100 S. Gold Ave. Deming, tel. 575-546-3663 or demingarts.org.
- ◆ On-going instruction in multiple mediums with **Dorothy Waddell**, \$10 fee per class. Monday afternoons, 1 to 3 p.m. First Christian Fellowship Hall, 119 W. Maple St., Deming, tel. 575-546-4555. Fiber arts, lace tatting, painting, pastel, painting, pencil, watercolor. Stuck on a piece? Bring it in and get the support you need to finish it. All levels welcome.
- ◆ **Paint and Sip Workshops** hosted at local wineries provide instruction and relaxation. Instruction is given by local artists, and snacks with a beverage are often included. Contact wineries; Luna Rossa Winery, tel. 575-544-1160 and D.H. Lescombes, 575-546-1179.

YEAR-ROUND ADULT ACTIVITIES

ASTRONOMY & STARGAZING

Check at your State Parks listed in this guide for a program called Stars-N-Parks, especially at Rockhound and City of Rocks state parks. Astronomy program participants have the chance to learn about the night skies, observing through a telescope. Participants should arrive at sunset, usually held on Saturdays year-round except monsoon season in June and July. Cost is usually a day-use fee of \$5/car. Astronomical Society of Las Cruces also has great programs. Contact outreach@asic-nm.org.

BINGO

Elks Lodge #2750, hosts games open to the public at 3401 Raymond Reed Blvd. Nonsmoking. Call for times tel. (575) 546-2799. Funds raised support a variety of local causes.

Senior Center hosts games open to the public at 800 S. Granite Street. Nonsmoking. Funds raised benefit services at the center. Call for times, tel. 575-546-8823, 8 a.m. to 4 p.m.

BIRD AND BUTTERFLY WATCHING

One of those **free** activities that you can do anywhere, anytime. With more than 300 species, New Mexico ranks among the best areas in the US for butterfly diversity. Our state parks are great places to bird and butterfly watch!

Audubon Society, Southwestern NM, A group of folks taking monthly field trips. Sign up for email notices or check the website. Contact swnmaudubon@gmail.com, or swnmaudubon.org.

Hummingbird Fever, July in the Lake Roberts area in the forest, or watch them at the feeders the Mimbres Culture Heritage Site, 12 Sage Dr., Mimbres, NM 88049 or tel. 575-536-3333.

Mountain View Cemetery, year-round forum for birds. Ask Junior Pacheco in the office for the species list. Currently over 115 species have been identified here. 3410 E. Pine St., Deming, NM. Also check out the municipal golf course. 2500 E. Pine St.

Waste water plant, 4370 J St., Deming, NM Open weekdays. Be respectful of this working municipal facility. Consult with site manager.

Southwestern Research Station, Chiricahuas National Monument, enter on the Arizona, Portal side for a chance to see the brightly colored trogon, a bird worthy of a trip to the tropics.

State parks, see Year-Round Resources.

BOOK CLUB, COLUMBUS

Meets 2nd Tuesday, 11 am at the library, 112 W. Broadway, tel. 575-531-2612. Books chosen within the group by members. No need to purchase the book; the library orders in extra copies to borrow via interlibrary loan from the NM State Library in Farmington.

BOWLING

Bowling for all ages (16 lanes) occurs at Starmax Entertainment Center, 333 N. Country Club Road. Contact tel. 575-546-7469. Includes league bowling.

Special Olympics League Bowling. Every Tuesday, 5 to 7 p.m. Call Adele Moreno to inquire tel. 575-544-4299. Some seasonal breaks.

CARDS

Keep your mind lively with the mental gymnastics of the game and join the 25 million other Americans who play the game with passion.

Canasta & Contact Bridge: Game every Thursday afternoon, Senior Center, 800 S. Granite St., tel. 575-546-8823

CAMPING

See our county, state and national park listings. There also are a number of private parks in the area with facilities.

DANCING

Deming Performing Arts Theater (DPAT) Sunday afternoon (2 to 4 p.m.) free jam sessions and dancing. Typically December through April. 109 E. Pine St., tel. 575-545-8872. Amazing homemade treats available with coffee; pay by donation. Funds raised support high school student college scholarships.



Senior Center hosts live southwest bands Tuesday afternoons at the Deming Senior Center, 800 S. Granite Street. Call the Deming Senior Center, tel. 575-546-8823, 8 a.m. to 4 p.m. for details. Bring a partner or ask someone at the door!

Zia Zingers, a chapter of the NM Line Dance Organization, holds occasional gatherings. Also classes for beginners. Don't be shy. For more information, contact Liv Johnson at 575-936-6104 or Joyce Peterson at 575-694-5213.

FIBER ARTS

In Columbus, **Knit & Crochet Group** meets weekly at the library, 112 W. Broadway, tel. 575-531-2612, ask for Maria. Offering peer support and company for all ages.

In Deming, socialize, share, or learn more about fiber arts: weavers, spinners, and crochet, and knitters. **Luna County Fiber Arts Group** meets monthly third Tuesday, 10 a.m. at the Luna County Extension Office, 210 E. Poplar St., tel. 575-546-8806 or contact davis.deming@gmail.com. All levels are welcome.



A couple dances to the Horizon band at a 2019 fundraiser.

GOLFING

The **Rio Mimbres Golf Course** is an 18-hole *public* golf course, located next to the private Rio Mimbres Country Club. Deming High School students utilize the golf course as a physical education class at group rates. Weekdays 18-holes for \$20/day; check for special rates: Early Bird, Juniors, Seniors (50-plus), and annual passes.

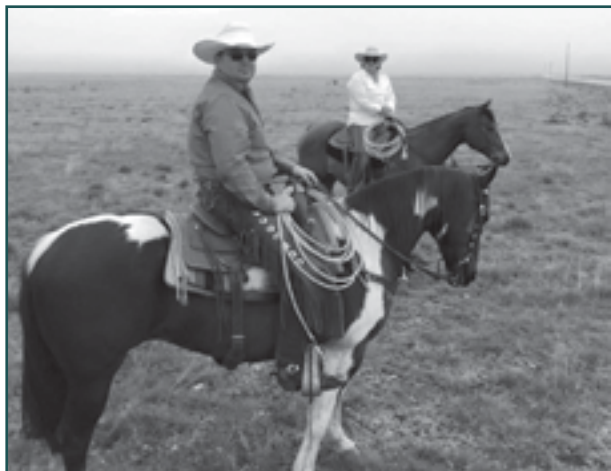
The Proshop is owned and operated by PGA Golf Professional James Williams. He coaches both kids and adults at tel. 575-546-9481, 2500 E. Pine Street, Deming, NM or riomimbres.com/pro-shop.



HIKING

Audubon Society, Southwestern NM, takes monthly field trips in the tri-county area. Contact swnmaudubon@gmail.com, or swnmaudubon.org.

Continental Divide Trail. Columbus is one of three start/end points for this 3,100 mile trek between the nation's southern and northern borders. This is not a journey for beginners, but there are resources to help. Silver City celebrates Trail Days annually in April. See continentaldividetrail.org for more information.



Horses Bella and Jake are shown on a morning ride in Luna County.

HORSEBACK RIDING

There are numerous possibilities for horseback riding through Luna County and the surrounding area. Ask the ranchers. Here are some better known resources, frequently tied with camping and hunting in the wilderness areas nearby.

Kerr Ranch Tours, 255 Sacaton Lane, Animas, NM, tel. 575-313-2606

Gila Wilderness Ventures, Day rides and pack trips on horseback. Contact Leah Gray Jones in Glenwood, NM, tel. 866-677-2008. Leah came from and lived in Deming.

Or try a local rancher. Consider trading work for lessons or access to a horse.

HUNTING

Many individuals in Deming and Luna County hunt for deer, elk, antelope, quail, wild sheep, and wild pig/javelinas and other game.

Be aware of special bow & arrow/archery licenses. Get the low down on what's here at **Rockin' R Archery**, 4301 E. Pine St., Deming, tel. 575-543-5662. or through **NM Department of Game and Wildlife**. Visit www.wildlife.state.nm.us for tag information or contact New Mexico Department of Fish & Game SW Area Office in Las Cruces, tel. 575-632-2100.

MARTIAL ARTS

Mantis Martial Arts has many fun options for adults to learn valued skills for self-defense as well as opportunities to get in shape. Adult evening classes Mon.—Fri., 6 p.m. to 8 p.m. from Jiu Jitsu to self-defense, cardio, and much more. Mr. Reynolds has been in martial arts for over 30 years and has been teaching for 4 years. Located at 111 N. Iron St. (Behind the Cactus Cafe.) Tel. 832-262-0262, email: mantismatters@gmail.com or explore the program through Facebook: Mantis LLC, or <https://mantismatters.wixsite.com/mantis>.

MEDITATION

Heart-Centered Meditation Group is a non-denominational, guided meditation group, meets the first 3 Mondays of each month at 10 a.m. in the First Presbyterian Church, 120 S. Zinc St. Everyone is welcome. A \$10 dollar once per month donation helps cover usage of the church. For more information, contact Debbie at 575-545-3132.

MOTORCYCLE CLUBS

Many motorcycle clubs exist in Luna County, including **Bonifide Saints Club**, who are Deming law enforcement officers. The public can generally join any ride. for flyers. Follow on Facebook for more.

The **Choir Boys in Deming**, organized by regions: AZ, NM, TX, NE, SD. Comprised of past and present enforcement, focuses on yearly benefits for fallen officers and monthly meetings. Call Larry Srader, tel. 575-494-3675.

Combat Veterans Motorcycle Association is an association from all branches of the United States Armed Forces who ride motorcycles as a hobby; we have a local chapter here. mission is to support and defend those who have defended our country and our freedoms, with a focus to help veteran care facilities provide a warm meal, clothing, shelter, and guidance, or simply to say "Thank You." and "Welcome Home." Visit the regional website for more information www.combatvet.us.

American Legion Riders, Chapter 12, Bataan Post 4 Home, 619 W. Spruce St. in Deming, tel. 575-546-6385 is also on Facebook. Keep up with the next ride.



Bikers assemble at Veterans' Park in Deming.

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Photo: Cosetta Lewis

The Luna County Courthouse, 700 S. Silver, is a frequent car show host. Also watch festivals.

MOTORHEADS

Desert Classics Car Club sponsors basic car care and maintenance events in addition to car shows. Contact tel. 575-494-7224 or tel. 214-543-8423 or desertclassicscarclub@gmail.com.

Smok'n Oldies Car Club of Deming is strong after more than two decades—just like their vehicles. Promoting the restoration and preservation of classic vehicles from 1976 and older. No need to own a classic car to join. Meets 7 p.m., on the third Monday of the month at the La Fonda Restaurant, 601 E. Pine St. Contact Dorinda at 575-494-7072 or Jack at 307-680-0608, Facebook: Smok'n Oldies Car Club of Deming, smoknoldies.deming@yahoo.com.



Pickleball players prepare for service at the Methodist Church gym.

PICKLEBALL

A blend of tennis and ping pong ball, but easier to learn and play. No experience necessary. Wear tennis shoes and they loan you the paddle. First United Methodist Church Gym, Mon, Wed. 1 to 3 p.m., and Tu., Th., Fri 8:45 to 11:00 a.m. For evenings, call Brad at the church office for an update tel. 575-546-2791. A donation of \$2.00 is requested for gym access.

PHOTOGRAPHY

The Deming Photo Club meets 9 a.m. on first Tuesday of the month at the Marshall Memorial Library located at 110 S. Diamond St. All who are interested in photography are invited to attend, regardless of age.

QUILTING

The Quilting B, an ongoing club for those interested in quilting, beginning or advanced. Meets 1st and 3rd Tuesday of every month, 9:00 a.m. at Deming Country Club Estates Clubhouse, 3209 Wedge Rd or call Cathy Boutwell tel. 575-495-3155.

RACQUETBALL

Two courts are offered as part of the amenities of the private Rio Mimbres Country Club, available as part of the social membership, if you don't need or want access to the golf course. Contact tel. 575-546-3023, 2500 E. Pine Street, Deming, NM.

ROCKHOUDING & LAPIDARY

Going strong since 1965, the Deming Gem and Mineral Society is located at 4200 Raymond Reed Blvd., across from the fairgrounds. Members have access to the shop and cutting and polishing equipment, plus tenured members make it a practice to share their knowledge and experience. The club has summer and winter hours for the shop.

General meeting is 2 p.m., the fourth Wednesday of the month. Call tel. 575-546-2554 or thedgms@gmail.com or www.thedgms.com. Kids welcome. Adult, family, and junior memberships available. On-going monthly classes, events, and fieldtrips. No experience required.



Run Club members at Voiers "Pit" Park.

RUNNING CLUB

Get It Nutrition, 314 E. Olive, hosts weekly running clubs at 6:30 p.m. on Mondays and Wednesdays. Locations alternate between Pit Park and the Deming High School track. Contact Brandon, tel. 575-494-2074 or Tiffany, tel. 575-694-0713. **Free.**

SENIOR OLYMPICS

The NM Senior Olympics, the largest multi-sport event for senior sports in America no longer has a local coordinator, but you can still participate at the state and national level. Local athletics, 50 years and older may contact the state office tel. 575-623-5777 or

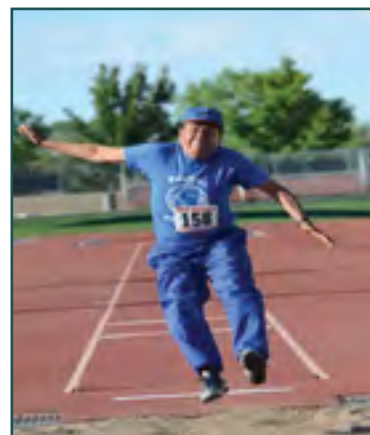


Photo: <http://nmseniorolympics.org>

Events are hosted statewide for Senior olympians.

visit www.nmseniorolympics.org.

SENIOR CENTER

The Deming-Luna County Senior Center located at 800 S. Granite Street offers a variety of fitness classes for those 65 and over. It maintains a small but very well equipped fitness equipment center. Yoga, Tai Chi, and self-defense classes are offered, generally **free**. Tel. 575-546-8823, 8 a.m. to 2 p.m.

SINGING

Deming Community Choir. No audition required to join and members are not affiliated with any church or social organization. Open to high schools students and adults so long as you love to sing a variety of contemporary and classical music or can play an instrument. The group is directed by Barbara Leupold. Practice typically evenings, 6 p.m. at the Methodist Church, 1020 S. Granite St. Feel free to stop by. Or call, tel. 575-546-3758 or main@demingcc.org, or www.demingcc.org. Group takes a summer break.

Deming Community Singers. A group providing songs and enjoyment to nursing homes in the Luna County area. Practice is usually first Friday of the month, 3 p.m. Half-hour sing-along performances at one of the three nursing homes in the area the second Friday of the month. Call Cheryl for details, tel. 575-494-3691 or drop by practice at the Kingdom of the Sun clubhouse, 800 W. Buckeye St. Group takes summer break June through August.

SWIM ALL YEAR

Open all year, but especially nice once the community pools are closed. **Super 8 Hotel**, \$5.00 per person, per hour. 1217 W. Pine St. Deming, tel. 575-546-0481. **Little Vineyard RV Park**, \$50 per person/month. 2901 E. Pine St., Deming, tel. 575-546-3560.

TECHNOLOGY

Ham radio is a popular hobby and service that brings people, electronics and communication together. People use ham radio to talk across town, around the world, or even into space, all without the Internet or cell phones. Deming's group meets 2nd Saturday of the month at the Senior Center, call tel. 575-546-8823 to confirm.

The PC Sugar Computer Club meets third Saturday of the month at the Senior Center, call tel. 575-546-8823 to confirm. Peer support with your computer or cell phone.

TAKING OFF POUNDS SENSIBLY (TOPS)

Two chapters in Deming. Noontime meetings. First Baptist Church, 206 W. Pine St. Call tel. 575-536-9433.

VOLLEYBALL

Public volleyball courts are located across from Deming High School, Buckeye and Granite streets. **Free.**

WALKING & RUNNING MARATHONS

There are a number of running and walking marathons, many that are spontaneously held to support an individual or family with high medical expenses or to cover a disaster.

Watch the Deming Headlight, and for flyers around town for notices. Marathon runs and walks are fun to participate in and support a good cause. A major annual walking benefit is produced by Cancer Support of Deming/Luna County. Called the **Celebration of Life**, it takes place at Voiers "Pit" Park in April/May. Funds raised provide rides to medical appointments for cancer patients and other support services. Another is the annual **Turkey Trot**, a three-mile run or two-mile walk on Thanksgiving Day at 8 a.m. in the morning. Children can participate **free** in the one-mile fun run by donating two cans of food. Contact Ultimate Fitness, tel. 575-546-4300.

WRITING

Deming Writing Group for 15-plus years has welcomed writers of all ages and levels with their projects. Meeting 1st and 3rd Wednesday of every month, 10 am at Rise n' Shine Restaurant, 110 S. Gold Ave. Offering critique, networking, mutual assistance, and support to writers and those who want to write. **No membership fee.** Call Pat McKay tel. 575-545-1399 or email mckay.pat@gmail.com. Interested members from Columbus, inquire at the village library with librarian Maria Ehlers for carpooling possibilities.

YOGA CLASSES

Call or visit websites for current prices, locations, and class times. **Senior Center**, see previous page. Sherry McDaniel of **Grow Your Tree Yoga** in Deming, or tel. 210-872-1510 or slmc.chonghaeng@gmail.com. **Ultimate Fitness Gym**, 700 E. Florida St., Deming, NM 88030. Tel. 575-546-4300. Ask about the 10-day punch pass.



Ultimate Fitness' annual Turkey Trot fundraiser is popular with adults and youth.

ADULT FITNESS

Gabe's Fitness, LLC, offers a personal environment and everything you need to meet your health and fitness goals. Programs include Silver Sneakers, Prime and Corporate Memberships. Classes: Zumba, Spinning, Crossfit, Total Body Toning, and 24-hr access with a wide variety of exercise and weight lifting equipment. Most classes included with membership. Certified Personal Trainers are available for individual and group training. Located at 705 E. Pine St., contact Gabe or Lorraine, tel. 575-546-2724. Follow on Facebook & Instagram @gabesfitnessdeming, www.gabesfitnessdeming.com

One on One Fitness is the newest gym in the community, run by owner and personal trainer Jordan Ramirez. Offering a selection of exercise and weight lifting equipment and the opportunity to work with a National Academy Sports Medicine (NASM) Certified Personal Trainer who also is an active fitness competitor. He is happy to work with you toward your personal goals via nutrition and exercise. Located in Deming at 2303 Columbus Rd. SE, tel. 575-694-0512. Mon.-Fri. 5 a.m. to 9 p.m., Sat. 9 a.m. to 3 p.m., Sun., 10 a.m. to 2 p.m. Follow on Facebook or online, www.1on1fitnessdeming.com.

At **Ultimate Fitness** the staff and instructors are all passionate about providing each member everything they need to be successful and attaining their fitness goals. There are multiple membership options like Corporate, Military, Law Enforcement/First Responders, Silver Sneakers for senior citizens. There is no sign-up fee. Memberships include 24-hour access to the facility, access to any of a large variety of group fitness classes (from CrossFit to yoga and much more), access to group fitness classrooms, a child care area (available Mon.-Thurs., 4 p.m.-8 p.m.), and lockers and showers. Located at 700 E. Florida St, Deming, NM (in the Peppers Shopping Center). Tel. 575-546-4300. Open Mon.-Fri. 5 a.m.-9 p.m., Saturday 9am-1pm.

CONSERVATION

Natural Gas Safety

State law requires all individuals planning to excavate to “Call Before You Dig - 811” at least two days prior to digging. Leaks can be detected several ways: pungent odor much like that of rotten eggs, dead vegetation or discolored soil, blowing dust or a hissing noise in the area near a gas pipeline. If you detect a leak, leave the area immediately. Do not operate any electrical or battery-operated devices that could create a spark including cell phones. Do not smoke or light a match. Report the leak only after leaving the area. To report a leak, contact the City, Tel. 575-546-8848 between 8 a.m. and 5 p.m., or 911 after hours.

Outdoor/Wildlife Societies

- ◆ Audubon Society, Southwestern NM, see below Southwestern New Mexico Audubon Society.
- ◆ Ducks Unlimited New Mexico: Call Cindy Wolfe, cjwolfe@gilanet.com, tel. 575-854-3365.
- ◆ New Mexico Council of Trout Unlimited: Contact William Schudlich, State Council Chairman, highmesa@gmail.com; tel. 505-470-4878 or online newmexicotu.org.
- ◆ New Mexico Dept. of Fish and Game: www.wildlife.state.nm.us, tel. 505-299-5404.
- ◆ New Mexico Quail, Inc.: Call John Moen, tel. 575-544-3936.
- ◆ New Mexico Wild Turkey Federation: Call 505-869-3837; www.nwtf.
- ◆ NMSU Wildlife Society: Call tel. 575-546-1707; twsnmsu@gmail.com.
- ◆ Southwest Environmental Center: Call tel. 575-522-55552; www.wildmesquite.org.
- ◆ Southwestern New Mexico Audubon Society, folks passionate about preserving and appreciating the beauty of nature in all it's forms. Contact swnmaudubon@gmail.com, or swnmaudubon.org, or nm.audubon.org.
- ◆ Wild Sheep Foundation: Call Lanny Rominger, tel. 505-821-5064.

Prescription Drug and Needle Safe Disposal

Drop boxes are preferable to throwing the drugs away or flushing the drugs down the toilet, which can cause chemicals to enter the soil. Drugs can also fall into the wrong hands and be abused. Safely dispose using the dropbox in the lobby of the Deming Police Department, 700 E. Pine St. The lobby is open 8 a.m. to 4:45 p.m., Mon. –Fri. Prescriptions, prescription patches, over-the-counter medicine, vitamins, samples, and pet medications are all accepted. It is a **free** service. *No ID required.* Used needles can safely be dropped 24/7 in the self-serve drop box in the parking lot of the Dept. of Health on the corner of Hemlock and S. Silver. If you are over 18, you can sign up inside for the confidential and free syringe and needle exchange. Tel. 575-546-2771, opt. 4.

ARTS & ENTERTAINMENT

PERFORMING ARTS

Deming Performing Arts Theatre

(DPAT) offers concerts at 109 E. Pine St. in Morgan Hall. Concerts of unusual quality, usually Saturday and Sunday afternoons at 2 p.m. for nominal fees. The **free** music jam sessions offer an opportunity to dance. Consult the newspaper, radio, as well as the visitor center tel. 575-567-1962, especially in the fall/winter/spring for scheduled performances. Proceeds support student scholarships.

Luna Rossa Winery, a family business, offers a venue for music concerts and oven-fired pizza year-round. Call tel. 575-544-1160 or head west beyond the edge of town to 3710 W. Pine St.

Performing Arts Foundation, Luna

County (PAFLC), home of the Luna Players is based out of Columbus: Produces and presents volunteer theatre and music productions at various locations in Deming and Columbus. Tel. July McClure 575-494-0009 or Norma Gomez 575-494-1912 to get involved.

Starmax Entertainment Center offers six first run movies. Consult Deming Headlight for showtimes or starmaxdeming.com. It also offers 16 lanes for bowling, glow-in-the-dark miniature golf, a video arcade, and a restaurant. Located at 333 N. Country Club Rd, Deming. Open generally after 12 p.m. Tel. 575-546-7469.

D.H. Lescombes Winery (formerly St. Clair Winery) has been owned by the D.H. Lescombes family since the early 80s. Offering summertime concerts on the grass, 5:30 to 8:30 p.m. Friday evenings head east on Hwy. 549, 1325 De Baca Rd. Check the website: lescombeswinery.com/deming/ or call tel. 575-546-1179. **Free.**

Tumbleweed Theater Spaghetti Night & Open Mic, 205 Broadway, Columbus NM. Call July McClure to reserve, tel. 575-494-0009. usually Friday evenings. All types of musicians and performance welcome. Also a venue for dinner theater, performing arts, inspirational speakers, and workshops.

Other Opportunities—Keep an eye on the community events listings in the Deming Headlight, at the Chamber of Commerce—sign up for their weekly newsletter, The Quacker 575-546-2674—or an ear tuned to local radio. Many of the organizations, adult and youth, listed in this publication have free public presentations throughout the year, such as the Community Choir or Ballet Folklórico, often at the high school auditorium.



Area actors are shown performing at the Voiers "Pit" Park Amphitheater, which is available for rent, tel. 575-546-8848.

VISUAL ARTS



A piece from Deming Art Center's Youth Art Show.

Columbus Village Library at 112 W. Broadway features changing exhibits of art in various medium, tel. 575-531-2612. **Free.**

Deming Arts Center at 100 S. Gold Ave. offers ongoing juried art shows and events, highlighting local artists work from fiber arts to photography and metal sculpture—often with a twist. Think sculpture by Apache artists or a Bracero themed exhibit highlighting the 1940s agricultural guest worker program with Mexico. Exhibits change monthly with a reception from 1 to 3 p.m. on the first Sunday of the month to meet the exhibiting artist(s). Sometimes with live music. Check out the gift shop and ongoing class offerings for kids and adults. Open Mon.–Sat., 10 a.m.–4 p.m. Tel. 575-546-3663 or demingarts.org. **Free.**

Gold St. Gallery & Frame Shop, for the last 12 years a great bet to see original and local art of all shapes and descriptions. By appointment. 112 S. Gold Ave, tel. 575-546-8200. **Free.**

Grand Motor Inn, 1721 E. Pine St., tel. 575-546-2632. Ongoing, changing presentation of local paintings and drawings on the walls of their dining room. **Free.**

MUSEUMS

Columbus Historical Society and Museum in Columbus, NM hosts a variety of events throughout the year commemorating local history. Located at the junction of New Mexico Highways 9 and 11, the collection is housed in the depot built in 1909 for El Paso and Southwestern railroads. The museum features displays and exhibits depicting the history of Villa's raid on Columbus, railroad history, and period items, as well as Native American pottery. It also has a gift shop, tel. 575-531-2620. **Free.**

The Deming–Luna–Mimbres Museum, regarded as the “Smithsonian of the southwest,” is located at 301 S. Silver Avenue (enter down the steps on Hemlock St.). This museum, organized and run by volunteers, features exhibits about Deming, the region, and New Mexico. Free with a request for a donation. Tel. 575-546-2382. www.lunacountyhistoricalsociety.com.

Across the street, the **Customs House**, a museum unto itself, houses the Deming Historic Society photographic collection. Maintained by Sylvia Ligocky, Archives Director, these records have become an extremely valuable resource for historians and the entire community. Open to the public.

Apache History. You don't have to travel to Santa Fe to the Museum of Indian Arts and Culture to learn more about the history of the Fort Sill Apache Tribe. Today's tribal members are survivors and descendants of the Chiricahua and Warm Springs Apache tribes, whose original territory covered much of what is now the American Southwest including eastern Arizona and western New Mexico, along the United States border with Mexico. Check out the free photo exhibit at Apache Homelands Entertainment Center, 20885 Frontage Rd, Deming, NM, take Akela Exit 102 off of Interstate-10, east of Deming. Tel. 575-544-0073. Appropriate for all ages. **Free.**

WORKING HARD FOR YOU: CHRISTIE ANN HARVEY

Christie Ann Harvey is a true community marvel. You can find her at most events, and her keen organizing skills can be found behind many local events. She has worked tirelessly to grow downtown into a hub of fun, activity, and culture. She sees cultural experiences and connectivity as next steps to improve the area and is working as MainStreet director to achieve that.

“This town has so many resources in the people; it's a very eclectic group,” she said. “There's an incredible collection of talent here; businesses, artists, and people who have done all kinds of wonderful things all over the world.”

She helped champion the 2016 opening of the Art Park, located near the corner of Pine Street and Gold Avenue. A true pocket park, the open space is about the size of neighboring downtown buildings and features benches, trees, and art. A bronze statue by artist John Surra, a Mimbreno receiving pot, and a painting of a Native American woman are featured. The pot and painting are an homage to the area and state's rich history of indigenous people, including the Mimbres, Acoma and Zia Pueblo. The space is available for rent for parties and other events by contacting MainStreet at 575-546-2674.



Christie Ann Harvey is pictured at the Art Park in downtown Deming.

Her efforts also drive the significant improvements at Leyendecker Plaza, located at the corner of Spruce Street and Gold Avenue. The plaza was upgraded with a replica Mimbres pot and other Mimbreno designs. Future improvements will be made to the plaza, she said, to include lighting upgrades. She has been working across the state to build a Mimbres style Ibex—rare hoofed animals of the Florida Mountains—and Zia symbol into the Spruce/Gold intersection. She believes this theme will be an attractive addition to the intersection and will tie together the area to bolster attractiveness and cultural representation. Plans are underway to secure funding to move the project forward.

“There's lots happening around the city to make a difference, and if you want to get involved, you have to get out there,” she said.

CLUBS, ORGANIZATIONS, AND ADULT VOLUNTEER OPPORTUNITIES

Whether your interest is civic, social, or environmental, these organizations will appreciate your call. Often you do not need to be a member of a specific group to volunteer with them or work on a project. Almost all the groups in this guide appreciate volunteer inquiries or donations. Not an exhaustive collection of what we have available. Please tell us what we may have missed.

- ◆ Al-Anon Deming: Al-Anon member meetings are at Santa Ana Parish Center, 400 S. Ruby Street. For more info., call Teresa Garcia, tel. 575-545-9839 or tagtav@gmail.com. Or the church office, tel. 575-546-3343.
- ◆ Al-Anon Columbus: Mon. & Sat. at Community Center on N. Boundry. Call Don for directions, tel. 575-313-0182.
- ◆ Alcoholics Anonymous Deming: Multiple meetings and locations. For more info., call Joe Garcia, tel. 575-545-0078 or jgtg4851@gmail.com.
- ◆ Alcoholics Anonymous Columbus: Mon.—Fri. noon, Baptist Church next door to Post Office. For more info. and a ride, call Joe Garcia, tel. 575-545-0078 or jgtg4851@gmail.com.
- ◆ Alzheimer's Association: the 24/7 Helpline any time, day or night for support or information tel. 800-272-3900. Free services and resources to caregivers and families facing the disease: support groups, care consultations, respite, educational presentations, safety programs, information and referral, and more.
- ◆ American Legion, Columbus #1916 General John J. Pershing, 106 E. Broadway Avenue, Columbus.
- ◆ American Legion, Deming #4 Bataan, Inc., Located at 619 W. Spruce Street, tel. 575-546-6385.
- ◆ AMVETS Deming #30, 2601 E. Pine Street, tel. 360-608-0387 or www.combatvet.us.
- ◆ Animal Guardians: provide free or low cost access to spay and neuter pets, microchipping, and a pet food bank. Tel. 575-544-2209 or see the website, deminganimalguardians.yolasite.com
- ◆ Art Council, Deming. Volunteers welcome. Help hang shows or teach a class or staff the front desk. Open Mon.-Sat, 10 a.m. to 4 p.m., 100 S. Gold Ave. Deming, tel. 575-546-3663 or demingarts.org.
- ◆ Autism Awareness, a Deming organization created to spread awareness, acceptance, and advocate for those in the local community with autism, as well as their families. cdevaneygonzales@gmail.com or Facebook Deming Autism Awareness.
- ◆ Big Brothers Big Sisters is now accepting volunteer mentors for children in Luna County. Call tel. 575-523-9530 or connect online: BBBSMountainRegion.org.
- ◆ Borderbelles of Luna County, part of a nationwide network of cowbelles and cattlwomen, working together to educate the public about all aspects of the beef industry. For more information, go to www.newmexicocowbelles.org.
- ◆ Border Partners *Campañeros de la Frontera*: Helping people help themselves in Palomas, MX. in four general areas, enhancing and extending the support of existing institutions. Ideas to help increase income, improve health and education, and utilize low cost, sustainable technologies. Online borderpartners.org or email admin@borderpartners.org or tel. 575-494-5534.
- ◆ CHANCES (Collaboration to Assure No Child is Exposed to Substances), tel. 575-546-5574. _
- ◆ Children's Reading Foundation of Luna County, Read with a child 20 minutes a day. Offering free quality books for young readers at community events. Ann Chrestman, tel. 575-546-2590 or ReadyLunaCountyOffice@gmail.com.
- ◆ Conscious Fathering, promoting a positive fatherhood community. Preparing fathers for taking care of their newborn baby. Contact Joshua Stoller at jstoller@aitkids.com or tel. 575-526-6682.
- ◆ Court Appointed Special Advocates (CASA), make a life-changing difference for children who have experienced abuse or neglect by advocating for a child's best interest in court. Learn more about the role of a volunteer. Contact Viviana at 220 E. Poplar St., Deming, tel. 575-567-1186 or viviana_silva@lunacountynm.us
- ◆ Deming Animal Guardians Sunshine Haven Intake Project: No kill animal shelter for dogs and cats. On Facebook or www.dagshiprescue.com.



Like to bring the heat? Consider volunteering for the Luna County Salsa Festival, held annually in the last weekend of July. Contact MainStreet, tel. 575-546-2674.

- ◆ Deming Gem & Mineral Society offers members, kids and adults, the opportunity to learn to cut and polish. Ongoing classes and fieldtrips. Call tel. 575-546-2556 or write thedgms@gmail.com, or online www.thedgms.com.
- ◆ Deming Helping Hand, Inc. Provides assistance to low income residents in the form of food, clothing. Contact tel. 575-546-2558.
- ◆ Deming Lions/Deming Sunrise Lions Deming #13557, 1721 E. Pine Street; Luna Evening #099805, same address.
- ◆ Desert Classics Car Club, tel. 575-543-5120 or DesertClassicsCarClub@gmail.com. Also Facebook.
- ◆ Deming Pride, the local LGBT organization. To volunteer in one of their many civic projects or find out more about activities contact via email demingprideofficial@yahoo.com or via FB: deming pride.
- ◆ Deming-Luna-Mimbres Museum. Located at 301 S. Silver Avenue. Call, tel. 575-546-2382.
- ◆ Democrats of Luna County, meets at 6:00 pm, the third Tuesday of each month at the La Fonda Restaurant, 601 E Pine St, Deming, NM or on Facebook.
- ◆ Early Childhood Coalition of Luna County invites anyone who works with children or has a child to attend. Contact Crystal Peña, HelpNM, tel. 575-546-9490 or Zalenna Pinon, Parents as Teachers, tel. 575-201-8485.
- ◆ Elks Lodge Deming #2750, 3401 Raymond Reed Blvd., tel. 575-546-2799 or www.elks.org. Volunteers welcome as a member or not.
- ◆ Fiber Arts, network with other spinners, weavers, and other fiber artists. Luna County Extension Office, 210 S. Poplar St., tel. 575-546-8806.
- ◆ Foster Grandparents, via the Senior Center, Deming-Luna County, 800 S. Granite Street, Deming, tel. 575-546-8823, 8 a.m. to 4 p.m.
- ◆ Friends of Pancho Villa State Park, call the park office tel. 575-531-2711, or contact July McClure, tel. 575-494-0009.
- ◆ Friends of Rockhound State Park work to enhance, preserve, and promote the use of Rockhound State Park through native plant sales and other on-site events to encourage interaction with nature. Contact on Facebook or via Park Phone: 575-546-6182.
- ◆ Friends of the Columbus Library, ask at the Village Library, 112 W. Broadway, Columbus.
- ◆ Friends of the Marshall Memorial Library, ask at the library, 110 S. Diamond Ave., Deming.
- ◆ Garden Club, Deming Senior Center, 800 S. Granite St., tel. 575-546-5326 or DemingGardenClubNM@gmail.com.
- ◆ Girl Scouts Troop Leaders are always welcomed. Training and support are provided to volunteers. Register at www.gsds.org/join. Or call Sharon Peyton tel. 940-399-9007 or 575-546-3926. Or speyton@gsds.org.
- ◆ Habitat for Humanity, contact Richard Hayes, tel. 575-546-4450, or tel. 575-484-0604.
- ◆ Healing House, the domestic violence shelter is located at 522 W. Pine St., tel. 575-546-6539. Friends of Healing House is on FB.
- ◆ Health Council of Luna County meets monthly and welcomes all community members and agencies who have an interest in promoting the physical and mental wellness of residents to attend. Call coordinator Edith Vazquez at tel. 575-543-6524.
- ◆ Humane Society is happy to have you visit the animals. 2135 Onate Rd SE, Deming, tel. 575-546-2024 or on Facebook.
- ◆ Imagination Library and the Rotary Club offer **free** books mailed once a month to Luna County children under age 5. Contact Steve Westenhofer, swestenhofer@q.com or the Rotary. tel. 575-543-8160
- ◆ Keep Luna County Beautiful. This beautification program is located in the Luna County Courthouse at 700 S. Silver Ave. It holds regular events throughout the year. Contact administrator Joe Padilla, tel. 575-543-6625.



Volunteer all-star Vinnie takes a break from cooking a community meal offered by Silver Linings Homeless Coalition.

- ◆ Kiwanis Club Deming Kiwanis #11646 708 W. Pine Street, Deming. Contact Mary Hole, tel. 575-546-7865.
- ◆ Knights of Columbus, Council #15062 St. Michael, Santa Ana Catholic Parish Center, 400 S. Ruby St., Deming, tel. 575-546-3343
- ◆ Knights of Columbus, Council #4256 St. Joseph, Holy Family Catholic Church, 615 S. Copper St, tel. 575-544-7771.
- ◆ Loyal Order of Moose, Lodge 2088, 119 N. Gold St. Members and their qualified guests welcome to Moose activities.
- ◆ Luna Players and the Performing Arts Foundation welcomes volunteers of all ages and skill levels interested in the theater. Acting, lighting, sound system, set building are just some of the possibilities. Call July, tel. 575-494-0009.
- ◆ Masonic Lodge #12, 1600 S. 8th St., Deming, tel. 575-546-9137.
- ◆ Meals on Wheels, delivering meals to home-bound seniors can always use help. Senior Center, Deming-Luna County, 800 S. Granite Street, Deming, tel. 575-546-8823, 8 a.m. to 4 p.m.
- ◆ Narcotics Anonymous, meetings held at NM Health Dept., 215 S. Silver Ave. Contact Diana Martinez, tel. 575-494- 3299, or milbesosczn@yahoo.com.
- ◆ Optimist International Deming #19055, PO Box 253, 4600 E. Pine Street, tel. 575-546-9080, or on Facebook.
- ◆ Order of The Eastern Star Deming #6 Ruth, 1600 S, 8th Street, tel. 575-546-2481.
- ◆ P.E.O. is a philanthropic organization educating women through scholarships, grants, awards, loans and motivating women to achieve their highest aspirations. Several chapters in Deming. Call 575-546-2791 for information or Methodist Church.
- ◆ Photo Club & Photo Group, meets twice a month at Marshall Memorial Library, 110 S. Diamond St., Deming.
- ◆ Play Sharity Children's Museum and Toy Lending Library: keep track of this new community group and events they offer as they continue efforts to fundraise and open in a permanent home in Luna County. Online www.playsharity.com, email: development@playsharity.com or tel. 623-332-6790, or Facebook.
- ◆ Republicans of Luna County, 112 Spruce St, Deming.
- ◆ Rotary Club Deming #5520, 2500 E. Pine Street, tel. 575-543-8160.
- ◆ Senior Center, Deming-Luna County, 800 S. Granite Street, Deming, tel. 575-546-8823 8 a.m. to 4 p.m.
- ◆ Senior Companions, visit with shut-ins, contact Senior Center, Deming-Luna County, 800 S. Granite Street, Deming, tel. 575-546-8823, 8 a.m. to 4 p.m.
- ◆ Silver Linings Homeless Alliance: working to provide community meals and shelter, meets monthly, tel. 575-936-4095 or demingsilverlinings@gmail.com. Services include shower/food/clothing/pet supplies/toiletries, a thrift store, and 24/7 access to a restroom. 212 s. Copper St., Deming.
- ◆ Smok'n Oldies Car Club, going strong for two decades. Promoting restoration and preservation of classic vehicles from 1976 and older. Tel. 575-494-7072 or 307-680-0608 or Facebook or smoknoldies.deming@yahoo.com.
- ◆ Southwestern NM Audubon Society: serves communities in four counties; nm.audubon.org.
- ◆ Suicide Prevention Training, Rebecca Sanchez, DOH, Rebecca.sanchez@state.nm, or tel. 575-546-2771.
- ◆ Toastmaster Club, Deming, hone your public speaking skills. Open to all. Meets weekly, Wed. 6 p.m. to 7 p.m. , Deming Library, 110 S. Diamond Ave. or tel. 575-694-1710. Also on Facebook.
- ◆ Transforming Luna County (TLC): Helping those in need via household goods and small loans for utility bills. Tel. 575-549-2400.
- ◆ Veterans Assistance Center of Luna County, Inc. (also serving veterans of Grant and Hildago counties). Cabrini Martinez, tel. 575-640-0960, 4045 Overhill Dr., Deming.
- ◆ Veterans of Foreign Wars (VFW) Deming #1477 has closed. See 'American Legion' or www.combatvet.us.



Hone your public speaking skills with the Deming Toastmasters club, which meets 6 p.m. to 7 p.m. on Wednesdays at Marshall Memorial Library. Tel. 575-694-1710

TRANSPORTATION

Corre Caminos

The Southwest Regional Transit District operating out of Grant County, NM offers services in Deming and Luna County going all the way down

to Columbus and the border at Palomas, MX as well as limited connecting routes to Lordsburg, Silver City, and Gila. Adult, Senior, and Student rates, also monthly and daily passes available. Buy from your driver. Exact change required.

CORRE CAMINOS TRANSIT



In addition, a **regular route** is offered throughout the **city of Deming, Monday-Friday**, 8 a.m. until 5 p.m. A bus arrives at every stop approximately every hour. *Some of these stops you need to arrange in advance for the driver to drop off/pick up.*

Contact Corre Caminos

Call tel. 866-934- 3866 or tel. 575-388-3180 for more information or to schedule a ride.

Online: correcaminosnm.com.

Deming to Columbus, Monday thru Friday, there is regular bus service.

Deming to Columbus, Saturday-service only two buses, stops are in a slightly different order along the

route and dependent upon the direction of travel: No service on Sunday.

Destination to Destination service is available if you make an appointment for a ride at least 24 hours in advance. For a small fee, the bus will come to your location and take you to your destination. Call, tel. 866-934- 3866, or, tel. 575-388-3180 for more information or to schedule a ride. Online: correcaminosnm.com.

Corre Cantinas—Never Drink and Drive

With this service offered by Corre Caminos, you can get a ride home on Friday and Saturday evenings from 5:30 p.m. until 1:30 a.m. Rides cost \$3.50. Exact change required. Contact the service at tel. 866-934-3866, or tel. 575-388-3180.

Dignity and Pride Charter and Limo, LLC

A Service Disabled Veteran Owned Business. Shuttle transportation available in Deming and beyond. Offering on-demand service, similar to a taxi, 24-hours a day. Rates begin at \$5 per person, nonstop, one-way within Deming city limits. Please call for rates to other destinations. Private limousine service also available. Cash, credit/debit cards accepted for payment. Contact tel. 575-520-1822, dapcharterandlimo@yahoo.com, or www.facebook.com/dignityandpride.

Senior Center

Transportation for seniors 60 years and older plus spouses who cannot drive is offered to and from the center for doctor appointments, shopping, beauty/barber shop, and banking. Trips to Columbus on Wednesdays. Contact Deming Senior Center at least 72 hours in advance to schedule, tel. 575-546-8823, 8 a.m. to 2 p.m.

Cancer Support of Deming and Luna County

Patient advocate support group and provider of many services including transportation to treatment in Silver City and Las Cruces as well as vouchers for medical supplies and early detection testing (mammograms, hemocuccults, PSA). Tel. 575-546-4780, 313 N. Country Club Rd., in the StarMax Movie Theater Plaza. Facebook: Cancer-Support-Of-Deming-Luna-County-Inc.

Transportation Beyond Luna County

Amtrak Train: Stops in Deming behind the Fox Interstate-10 Chevron gas station on 400 East Railroad Avenue, Deming, NM 88030. This is a shelter that is not staffed. The Sunset Limited and Texas Eagle routes stop here. Call tel. 800-872-7245 or TTY tel. 800-523-6590 or go online to www.amtrak.com to make arrangements.

Greyhound National Bus service: Stops in Deming, NM at the Mimbres Food Mart & Gas Station, 420 E. Cedar St., Deming, NM 88030, or tel. (575) 546-9101 or greyhound.com.

Call in U.S. toll-free, tel. 800-231-2222.

Call from outside the U.S., tel. 214-849-8100.

Español (within U.S.), tel. 800-531-5332

TTY/TDD tel. 800-345-3109

El Paso-Los Angeles Limousine Express, Inc.: Bus service since 1966: Serving AZ, CA, CO, NM, NZ, TX, and Mexico. In Deming the bus stops at McDonalds Restaurant, 721 W. Pine Street, tel. 575- 544-0602 or 866-691-9732. Email: eplasales@gmail.com or www.eplalimo.com.

COMMUNITY EVENTS CALENDAR

Most events are **free**. Inquire at
Visitors' Center, tel. 575-567-1962.

2019

MAY

Luna County Fine Arts and Crafts and Fine Arts Show, sponsored by Deming Arts Center tel. 575-546-3663. (Year 2020)

Cactus Carnival, Pancho Villa State Park, Columbus, call, tel. 575-531-2771.

Columbus Cinco de Mayo Celebration, Columbus School, tel. 575-531-2663. (Year 2020)

Deming Cinco de Mayo Celebration, Downtown & Luna County Courthouse, tel. 575-546-2674. (Year 2020)

Deming Pride Sashes pageant. Check on Facebook, or email Manny Carlos, demingprideofficial@yahoo.com.

Great American Spring Cleanup, Meet at the Luna County Courthouse, 8 a.m., tel. 575-543-6625. (Sometimes in April).

Memorial Day Ceremonies, Mountain View Cemetery, Deming tel. 575-546-2674.

Steve Bean Scholarship Golf Tournament, Rio Mimbres Golf Course, tel. 575-546-2674.

JUNE

Fire and Fiber Creations at Deming Arts Center, tel. 575-546-3663.

JULY

Deming July 4th Parade, Jamfest, Fireworks. Downtown & Southwestern NM Fairgrounds. tel. 575-546-2674.

Columbus 4th of July Fireworks, barbecue, and street dancing. tel. 575-531-2663.

Deming Public Schools open. Contact, tel. 575-546-8841.

Deming Hospital Auxiliary Golf Tournament, Rio Mimbres Country Club. tel. 575-546-9481.

Rio Mimbres 66th annual Golf Invitational, Rio Mimbres Country Club, call tel. 575-546-2674.

Hummingbird Festival up in the Mimbres, info: www.mimbrescultureheritagesite.org.

Salsa Festival, July 27, Courthouse Park tel 575-546-2674, Music/Beer Garden/Kid zone/Salsa tasting and cookoff. See www.tastedeming.com

Sylvia Brenner exhibit at Deming Arts Center. Tel, 575-546-3663.

AUGUST

17th Annual Butterfly Flutterby hosted at the Chihuahuan Desert Nature Park, 56501 N. Jornada Rd., Las Cruces NM 575-524-3334 or information@asombro.org.

C.C. Cunningham exhibit at Deming Arts Center. Tel, 575-546-3663.

Great American Duck Race, 39th Annual multiple venues in Deming including McKinley-Duck Downs, Outhouse Races, hot air balloon mass accession, carnival, tel. 575-544-0469. Duck Days BBQ, 1st Methodist Church, Deming, tel. 575-546-2791.

Desert Classics Car Show at the Duck Races, tel. 575-543-45120.

National Night Out, Luna County Courthouse Park, Deming, First Tuesday in August is a fantabulous family evening event held in support of and with our law enforcement officers. Going strong on a national level for 35 years. Activities and fun take-aways. Tel. 575-546-0494.

St. Ann's Fiesta, 70th Annual Beef BBQ, Luna County Courthouse Park, Deming, tel. 575-546-3343.

SEPTEMBER

Desert Quail Ladies Golf Invitational, Rio Mimbres Golf Course, , tel. 575-546-0136.

Health Fair, Sponsored by the County. Typically at Voiers "Pit" Park Pavilion. Contact Edith Vazquez, tel. 575-544-7377.

Lon/Wilhelmina Shelton exhibit at Deming Arts Center. Tel, 575-546-3663.

Toss No Mas Fall Community Clean-Up, Luna County Courthouse Park, Deming tel. 575-543-6643. Sometimes held in October.

Southwestern New Mexico State Fair, Luna County Fairgrounds, Deming, tel. 575-546-5255.

OCTOBER

Columbus Founder's Day Festival, contact Chamber, tel. 575-343-0147.

Community Yard Sale & National Recycle Day Fair, Luna County Courthouse Park, Deming, Booths are free. tel. 575-546-2674 or 575-543-6625

Klobase Sausage Festival & Beef Barbeque, 91st Annual, Luna County Courthouse Park, Deming. A Czech tradition. tel. 575-546-9783. Sometimes held in September.

Membership Exhibit at Deming Arts Center. Tel, 575-546-3663.

NOVEMBER

Chamber Holiday Art Festival, Special Events Center, Deming, tel. 575-546-2674.

Deming Arts Center and Keep Luna County Beautiful presents annual Recycled Art show, enter and win, tel. 575-546-3663.

Dia De Los Muertos Art Fest for Children 2nd annual, at Luna County Courthouse Park, 700 S. Silver. Produced by Play Sharity. www.diademuertosartfest.com or email at diademuertosartfest@gmail.com

Great Pumpkin Candy Drop, in its 6th year, held at John T. Waits "Rabbit" Park, West 4th Street. Contact Visitor Center tel. 575-567-1962.

Guatemalan Mercado at the Deming Arts Council tel. 575-546-3663. Get your holiday shopping done early.

Turkey Trot Thanksgiving Day, 8 a.m, three-mile run, 2-mile walk fundraiser. tel. 575-546-4300.

DECEMBER

Kiwanis Christmas Light Parade & Tree Lighting, Downtown Deming, call 575-546-2674.

Holiday Lights, Rockhound State Park, Visitor's Center, Deming, tel. 575-546-6182. Second Saturday. Santa and hot cocoa.

Luminaria & Tree Lighting Event, Pancho Villa State Park, Columbus, tel. 575-531-2711.

Christmas Boutique at the Deming Arts Center tel. 575-546-3663.

2020

JANUARY

Deming-Luna County Chamber 104th Annual Gala, 2020, Special Events Center, tel. 575-546-2674.

Deming Performing Arts Theater (DPAT) jam sessions and dancing. Check their online calendar for headliners. 109 E. Pine St., tel. 575-567-1962.

Ron Wolfe/Will Keener photography show at Deming Arts Center, 575-546-3663.

FEBRUARY

Deming Performing Arts Theater (DPAT) jam sessions and dancing. (See January info.)

Student Show at Deming Arts Center, tel. 575-546-3663.

Cancer Awareness Dance, Voiers "Pit" Park Pavilion, Deming, call, tel. 575-546-4780. Sometimes held other months.

CHANCES Dinner Dance and Art Auction, funds raised support community education of danger of smoking or drinking during pregnancy and offering tools to quit. chances4babies@gmail.com, Sometimes held other months..

MARCH

Cabalgata Binacional / Fiesta de Amistad, village of Columbus, 2020. 21st Annual festival uniting the U.S. and Mexico, tel. 575-531-2663.

Deming Performing Arts Theater (DPAT) jam sessions and dancing. (See January info.)

Fish Fry all over town. We may not be near the ocean, but in the month leading up to Easter, many organizations in town host this taste treat.

Guatemalan Mercado at the Deming Arts Council tel. 575-546-3663.

Literacy Showcase, 12th Annual, sponsored by the Gila Reading Council. Cheer on our youngest published authors. tel. 575-544-1818.

Rockhound Roundup, 55th Annual, Southwestern NM State Fairgrounds, Deming, tel. 575-546-2554.

Quilt Show at the Deming Arts Center, tel. 575-546-3663.

World Downs Syndrome Day, sponsored by Deming Down Syndrome Families and Bataan Elementary School's Eric Olson. It is always on Mar. 21st in respect to the extra 21st chromosome.

APRIL

Celebration of Life Walk, Voiers Pit Park. Deming, 575-546-4780. Sometimes in May.

Community Yard Sale & Earth Day Recycle Fair, Luna County Courthouse Park, Deming. Booths are free. tel. 575-546-2674 or 575-543-6625.

Day of the Young Child, parade and festival. Contact Crystal Peña, HelpNM, tel. 575-546-9490.

Deming Performing Arts Theater (DPAT) jam sessions and dancing. (See January info.)

Easter Egg Hunt, 4th Annual, Luna County Courthouse Park, 10 a.m.-2 p.m., tel. 575-646-4780. **Desert Classics Car Show** for the adults, email desertclassicscarclub@gmail.com.

Earth Day is mid-month, keep your eye out for multiple events, including a celebration in the plaza in Columbus.

Friends of Rockhound Park Native Plant Sale/Desert Alive! Festival, Rockhound State Park, tel. 575-546-6182. Native plants use less water.

Old Timers of Luna County Reunion, Special Events Center, Deming, tel. 575-546-2674.

Plein Aire Artists at the Deming Arts Center tel. 575-546-3663.

Smokin' Oldies 22nd Annual Car Show, Luna County Courthouse Park, Deming, tel. 575-546-2674.

GENERAL & CIVIC INFORMATION

Columbus Village

The Village Hall is located at 214 W. Broadway, Columbus NM 88029. Tel. 575-531-2663.

Council meets regularly in an open meeting on third Wednesday of the month, at 5 p.m. Ruth Coleman Memorial Annex, 500 W. North Taft St. Advance notice of meeting posted at village hall and the library.

Mayor Esequiel "Bruce" Salas

Trustees:

- ◆ Ricardo Gutierrez
- ◆ Roberto Gutierrez
- ◆ William "Bill" Dean Johnson
- ◆ Paulino "Sonny" Villegas

City of Deming

John Strand Municipal Building (City Hall) located at 309 S. Gold Avenue, Deming, NM 88030. Call, tel. 575-546-8848, or cityofdeming.org. Council meets in an open meeting on the second Monday of the month, 5 p.m. Check online for the agenda and past minutes of meetings.

Mayor Benny Jasso

City Manager: Aaron Sera

City Council:

- ◆ Victor Cruz, MD
- ◆ Roxana Rincon
- ◆ Joe "Butter" Milo
- ◆ David Sanchez

Luna County

The historic Luna County Courthouse is located at 700 S. Silver Avenue, Deming, NM 88030. Call, tel. 575-546-0494, or lunacountynm.us. Commissioners meet in an open meeting on the second Thursday of the month, 10 a.m. in the commission chambers, located on the third floor of the Luna County Courthouse. Check online for the agenda and past minutes of meetings.

County Manager: David McSherry

County Commissioners:

- ◆ Barbara Reedy
- ◆ Linda Smrkovsky
- ◆ John Sweetser

Deming Public Schools

The Dr. Emmett Shockley Administration Building is located at 1001 S. Diamond Avenue, Deming, NM 88030. Tel. 575-546-8841. Board meets in an open meeting on the third Thursday of the month, 5 p.m.

Minutes and agenda available online or sign up for email: www.demingps.org.

Superintendent: Dr. Arsenio Romero

Board of Education:

- ◆ W. Bayne Anderson, Board President
- ◆ Sophia Cruz
- ◆ Patricia "Tris" McSherry
- ◆ Matt Robinson
- ◆ William "Billy" Ruiz

Chambers of Commerce

The **Deming Chamber of Commerce** is located at 800 E. Pine St. Contact, Executive Director, tel. 575-546-2674, demingchamber.net or e-mail executivedirector@demingchamber.com.

The **Columbus Chamber of Commerce** is located directly across from the Village Library at 103 Broadway. Contact Norma Gomez, Tel. 575-343-0147 or 575-494-1912, P.O. Box 1316, Columbus, NM 88029, or online columbusnm.org. The Columbus map available from the Chamber or Village is a useful item to pick up.

City of Deming committee or commissions meet on a regular basis and report to City Council. Check with tel, 575-546-8848, for day, time, and location

- ◆ Airport Commission Meeting
- ◆ Library Board, Marshall Memorial holds an open meeting, last Tuesday of even numbered months, 5 p.m. 110 S. Diamond St., Deming.
- ◆ Parks Commission Meeting
- ◆ Planning & Zoning Commission Meeting
- ◆ Tourism Development Committee Meeting

Deming Visitor Center

The Visitor Center is located at 800 E. Pine St. or tel. 575-567-1962. E-mail demingvisitor@gmail.com, DemingVisitorCenter.Webs.com.

Deming MainStreet

Located at 800 E. Pine St, Deming. Contact Executive Director, tel. 575-546-2674, or e-mail executivedirector@demingmainstreet.org or demingmainstreet.org.

GET INVOLVED

These other meetings are well attended and open to the public. No charge.

Columbus Community Coalition Meeting. Noon, first Thursday of the month. Contact Columbus Village Librarian, Maria Ehlers, tel. 575-531-2612 to confirm and for location.

Deming/Luna County Community Coalition meeting. Noon, first Wednesday of the month at La Fonda Restaurant in the back room, 601 E. Pine St., Deming. No host lunch available, but not required. Contact Mary Mackey, City of Deming, tel. 575-546-8848.

Health Council of Luna County meets monthly and welcomes all community members and agencies who have an interest in promoting the physical and mental wellness of residents to attend. Fourth Thursday of the month, 9 a.m. in the basement of the old courthouse, 700 S. Silver Ave or call coordinator Edith Vazquez at tel. 575-543-6524.

Where to Vote and Register to Vote

There are three main polling places in Deming and one in Columbus. Check with the Luna County Clerk's office to confirm if you are registered and confirm where to vote, Old Courthouse, 700 S. Silver Ave. Deming, NM 88030. Tel. 575-546-0491. *Para más información, por favor llame a la oficina de la Escribana del Condado al 575-546-0491.* Polling places after early voting at the clerk's office closes are as follows.

- ◆ Mimbres Valley Learning Center, 2300 E. Pine St., Deming
- ◆ Holy Family Parish Hall, 615 S. Copper St., Deming
- ◆ Columbus Library 112 W. Broadway, Columbus, NM.

STAY INFORMED

Have an event to publicize or just want to stay in the loop?

Sister radio stations **94.3 KDEM FM / 1230 KOTS AM** are local, run by locals. A good source of information for events and notices of civic changes. Hear Deming city manager, Luna County manager, or our school superintendent speak on alternate weeks on John Krehbiel's morning show.

Stay in the know with these electronic and print publications:

- ◆ **Camino Real Media.** Spanish language monthly newspaper covering the SW border of NM/TX/MX. Call tel. 575-222-2002 for where hard copies are distributed or info@caminorealmedia.com or caminorealmedia.com for the e-version in English or Spanish.
- ◆ **Deming Headlight:** demingheadlight.com
- ◆ **Desert Exposure:** desertexposure.com
- ◆ **Grant County Beat:** grantcountybeat.com
- ◆ **The Ink:** monthly arts newspaper covering the southern portion of NM. Call tel. 575-520-8752 for where hard copies are distributed.
- ◆ **Las Cruces Sun News:** www.lcsun-news.com
- ◆ **Silver City Daily Press:** scdailypress.com
- ◆ **Weekly Quacker,** by Deming Chamber of Commerce, 800 E. Pine St, Deming, NM 88030 or tel. 575-546-2674. Available as an email. Or text 'QUACK' to 42828.

Still Can't Find What You Are Looking For?

May we suggest the *Luna County Online Resource Directory*? An encyclopedic list of city, county, non-profit, and private agencies serving our community. Available online (www.lunacountynm.us) or call the Luna County Health Council's Edith Vazquez, tel. 575-544-7377.

Activity & Park Guide Printed by Signature Offset Publication Services: www.signatureoffset.com.
Project Management by Pauli Galin, 210 South Silver Ave, Deming NM 88030, tel. 575-546-8846, and
Matt Robinson/Broadhead Resources, LLC, P.O. Box 13, Deming, NM 88031, tel. 575-545-4627.

Look for the interactive version of this guide online.

- ◆ www.cityofdeming.org
- ◆ www.demingchamber.net
- ◆ www.lunacountynm.us

The information contained in this Guide should not be interpreted as medical advice. Always consult a medical professional when making health decisions.

WHERE ARE WE?

Adapted from Deming/Luna County Chamber of Commerce



**2 HOURS FROM EL PASO, TX & AN
INTERNATIONAL AIRPORT**

**5 MINUTES FROM PALOMAS, CHIHUAHUA,
MEXICO**

3.5 HOURS FROM ALBUQUERQUE, NM

1 HOUR FROM LAS CRUCES, NM

1 HOUR FROM SILVER CITY, NM

3 HOURS FROM TUCSON, AZ