

July 2023

LETTER FROM OUR EXECUTIVE DIRECTOR, HELEN JONES-KELLEY



The [2022 ADAMHS Impact Report](#) is HERE! It's humbling to reflect on the work happening in our community and the impact our providers and partners are having on adults and youth seeking mental wellness. That is why we asked some courageous people to share their personal stories with you. Inside the 2022 Impact Report, you will find QR codes that will take you to the videos that truly tell the story of our impact on our neighbors. We all have a story to tell, and we would love to hear your story. If you would like to share yours on our social media or in our newsletters, please email Tina Rezash Rogal at trezash@mcadamhs.org.

I hope you can take time to rest and recharge this summer. If you need some great ideas on unplugging with your family and friends, we invite you to check out [Digital Detox 101](#).

Be well.

Helen E. Jones-Kelley

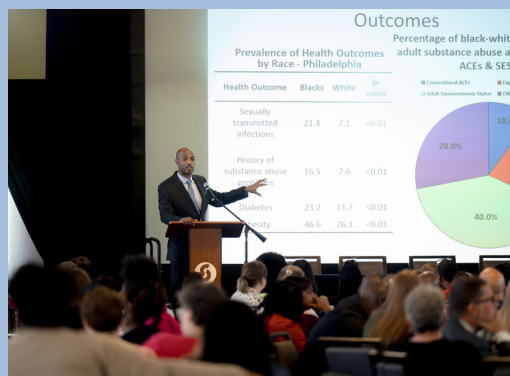
2023 CULTIVATING RESILIENCE SUMMIT

ADAMHS was pleased to welcome 175 guests to the Cultivating Resilience Summit on July 13th at the Sinclair Conference Center. The day-long event brought together local partners to transform Montgomery County into a healing-centered, trauma-responsive community. Summit attendees learned about the PROTECT (Promoting Resilience Over Time to Eradicate Childhood Trauma) Council's efforts to support the prevention, treatment, and healing of the consequences of toxic stress. Sessions discussed wellness policies to improve Black youth mental health, including suicide prevention.



The summit was supported by a grant from the U.S. Department of Health and Human Services Office of Minority Health to promote Black youth mental health. "Research shows Black children under the age of 13 are twice as likely to die by suicide compared to their White peers. We want to better understand how ACEs impact our youth, so we can do a better job of screening children and then providing skills for them to build resilience," said Tristyn Ball, Director of Prevention and Early Intervention for Montgomery County ADAMHS. "Resilient youth are much more likely to grow into healthy adults."

Guests traveled from across Ohio to attend the Cultivating Resilience Summit.



MCPC PARTNERS WITH ALTER HIGH SCHOOL

The Montgomery County Prevention Coalition (MCPC) was the proud sponsor of The Anxiety Project at Alter High School. Student actors and mental health experts held a panel discussion after the show to discuss the impact of the emotional musical on the students and the community.

[Click here](#) to watch a news story that aired statewide.



ADAMHS BOARD NEWS

The end of June marked the departure of three long-serving ADAMHS Board Members. We are grateful to Clarence Williams, Jacqueline Jackson, and Jim Newby for their passion and dedication to the most vulnerable among us. All three brought the highest level of professionalism and expertise to our Board and will be deeply missed.



At our July Board meeting, we will welcome Teresa Russel, S. Tyler Wright, and Jay Wainscott to the ADAMHS Board. We look forward to their leadership and partnership.

\$3 MILLION GRANT

The Substance Abuse and Mental Health Services Administration ([SAMHSA](#)) has awarded Montgomery County ADAMHS \$3 million over four years to create new and enhance existing mobile crisis response teams. The teams will respond to mental health and substance use crises in high-need



areas in coordination with local law enforcement. "Everyone experiencing a mental health crisis in America should have access to rapidly responsive, culturally competent care," said Health and Human Services Secretary Xavier Becerra. "These grants will further expand America's crisis response system and get people the help they need."



"This is one more way the work we are doing here in Montgomery County is being recognized at the federal level as groundbreaking and important work," said Helen Jones-Kelley, Executive Director of ADAMHS. "We are honored that SAMHSA is investing in our crisis model to deliver a full continuum of crisis services to our most vulnerable citizens."

ADAMHS IN THE NEWS

- [ADAMHS Talks Quitting E-Cigarettes \(wdtn.com\)](#)
- [\\$3M in federal funding to help Montgomery County \(spectrumnews1.com\)](#)
- [Experts share how to keep your kids mental health healthy as social media pressures grow | WRGT](#)
- ['Every single word matters,' LGBTQ+ rights in classrooms continue to be controversial | WRGT \(dayton247now.com\)](#)
- [ADAMHS urging residents to use drug deactivation bags | WRGT](#)
- [County agencies working to reduce jail population with mental health strategies \(daytondailynews.com\)](#)



AWARDS

ADAMHS is honored to receive three 2023 Achievement Awards from the National Association of Counties.

- Retailers Care
- Zero Suicide Grant
- Creating a Crisis Continuum of Care



Congratulations to our Executive Director Helen Jones-Kelley on receiving three prestigious awards! Helen was named a 2023 Pillar by the Miami Valley Urban League, along with Thomas Maultsby, Karen Townsend, and Sharon White. Helen was also named Newsmaker of the Year by PRSA Dayton for being a trusted resource when local and statewide media cover stories about mental health. The Dayton Business Journal honored Helen with the Power 50 Award for the 4th year for her impact on our community. Congratulations, Helen! We are proud to have you as our leader.



PRIDE ROCKS!

The National Conference for Community & Justice of Greater Dayton (NCCJ) hosted PRIDE ROCKS! on May 13 at the Levitt Pavilion.



PRIDE ROCKS! focuses on mental health and suicide prevention for the LGBTQ+ community in the Miami Valley. Despite the threat of rain, hundreds attended enjoying food trucks, music, vendor booths, and camaraderie.

BRUCE BARCELO BIDS GOODBYE

After nearly 15 years as a dedicated public servant, Bruce Barcelo bids goodbye to ADAMHS, and hello to a life of retirement with his lovely bride, Karen. Bruce is a passionate teacher and speaker about the health risks of smoking and vaping. Bruce has traveled all over the country speaking to teens and adults, encouraging them to stay away from tobacco products to live a long, happy life! He also makes frequent appearances on all our local news stations sharing his knowledge, hence earning the nickname of "Media Darling." While Karen plans to enjoy time in the garden, Bruce will continue his work with the Ohio Department of Education and remain on as faculty of the Breathing Association to continue to champion healthy, tobacco-free living. Bruce's retirement date is July 31. Congrats, Bruce, we will certainly miss your warm smile and dapper wardrobe!



#ADAMHSISEVERYWHERE

