

September 2023

LETTER FROM OUR EXECUTIVE DIRECTOR, HELEN JONES-KELLEY



The children are settled back into school, the evenings are becoming a bit cooler, and the leaves are beginning to change colors. That must mean it's fall in Ohio! ADAMHS did not slow down this summer. In fact, the warmer months often meant we were on the go at events, festivals, and fairs in the community, sharing important mental health information. September is Recovery Month, as well as Suicide Prevention Month, so watch our social media for more life-saving information that we hope you will share with others. ADAMHS will be thanking our Providers during Appreciation Week beginning September 18. Find out how on page 3. We continue to be grateful for the opportunities to serve our community. Please reach out to anyone on the ADAMHS team if we can support you.

Helen E. Jones-Kelley

2023 OVERDOSE AWARENESS DAY

Our summer event season ended on August 31st when a thousand people came together to honor Overdose Awareness Day at Levitt Pavilion. Overdose Awareness Day is set aside each year to remember

those lost to overdose and celebrate those in active recovery. In partnership with the Community Overdose Action Team, ADAMHS helped plan and sponsored this community event. More than 30 treatment and prevention providers were there sharing information with concert goers at this family-friendly event.



NEW TRAINING OPPORTUNITIES AVAILABLE



The ADAMHS Q4 training calendar is now available, and spots are filling up fast! [Click here](#) to sign up for Mental Health First Aid, QPR Gatekeeper (Suicide Prevention) and enCompass: A Comprehensive Training on Navigating Addiction.

LOCALHELPNOW

LocalHelpNow is moving from a mobile app to a web app! You will no longer need to download the app to your mobile device. Just go to montgomerycounty.localhelpnowapp.com and pin the web app to your home screen on your mobile device. We have created a quick and easy video to walk you through how to do that on our [YouTube](#) page. There are many advantages to the web app version with the most important one being you will see updates immediately without having to download a new version. We would love to hear your feedback! Email trezash@mcadamhs.org.



HELEN WINS PRESTIGIOUS AWARD

Congratulations to our Executive Director Helen Jones-Kelley for being the recipient of the John E. Moore Sr. Lifetime Achievement Award for Racial Equity. Helen has devoted her life to ensuring all individuals have equal access and opportunity so they can live their best lives. Throughout her career, Helen has been a champion for women and children lending a helping hand to lift others by giving of herself. Helen's story will be featured on November 3 in the Dayton Business Journal.



WDTN-TV HIGHLIGHTS IMPACTFUL WORK OF ADAMHS PROVIDERS

WDTN is featuring ADAMHS providers in a series of news stories that will air on various newscasts for the remainder of the year. The stories will feature impactful work happening in our community. The equine therapy program by South Community, Goodwill Easterseals' A.L.L. Club, and the workforce development program at Daybreak are just a few of the programs that will be highlighted. Make sure you follow us on Facebook so you don't miss these inspiring stories!



AFF REMINDER

The Treatment & Supportive Services Application for Funding deadline is October 20, 2023, at 5:00pm. [Click here](#) to learn how to apply for funding.



ADAMHS PARTNERS WITH PUBLIC HEALTH DAYTON & MONTGOMERY COUNTY TO STOP OVERDOSE



ADAMHS is partnering with Public Health Dayton & Montgomery County to launch a multi-media campaign to stop overdose. According to the Centers for Disease Control and Prevention, drug misuse takes 250 lives per day. The campaign will link people back to the [CDC website](#) to learn more information on how to stop overdose. Watch for these colorful ads to pop up on digital media and social media in our region.

ADAMHS AND THE DPAA SHOW APPRECIATION TO OUR PROVIDERS

Research shows enjoying the arts brings great benefits to our mental wellbeing. That's why ADAMHS partnered with the Dayton Performing Arts Alliance to celebrate and reward the hardworking mental health providers across Montgomery County. Through a grant from OACBHA, ADAMHS purchased tickets to DPAA performances to show our appreciation to the mental health professionals in our community. Appreciation Week is the third week of September during Recovery Month as a time to remember to thank the front-line mental health providers across the state of Ohio.

*We
Thank
You!*

#ADAMHSISEVERYWHERE



- National Night Out
- Never Forget the 9
- African American Wellness Walk
- FOA Families of Addicts Rally
- Overdose Awareness Day
- City of Dayton Health Fair
- Boys and Girls Club Summer Festival

