

# Impact Report



**#ADAMHS**IsEverywhere

### **Board Members**

#### Dr. Verb Washington

Chair | Ph.D. Lecturer, Assistant Dean for Student Affairs, College of Arts and Sciences, University of Dayton

#### **Kevan B. Beamon** Community Manager, Greater Dayton Premier Management

#### **Jill Bucaro**

Manager of Holistic Defense Services, Montgomery County Public Defender's Office

Katherine Emrick Security Assistant, ARCTOS, WPAFB

**Dr. Sherry Gale** Director of College Credit Plus and Scholarships, Dayton Public Schools

**Robert W. Gurry** Attorney & CEO, Gurry Law, LLC

**Dr. Victor McCarley** Psy.D. Behavioral Health Consultant

**Margaret Patterson** Addiction Therapist, Dayton Veterans Administration

**Teresa Russell** Director of Criminal Justice Outreach, Montgomery County Sheriff's Office

#### Jeffrey Startzman, ESQ.

Attorney, Administrator, Magistrate & Prosecutor, retired, Village of Brookville

#### Jay Wainscott

Mental Health / Suicide Prevention Program Manager, Department of Veterans Affairs, Dayton VA Medical Center

#### Gregory West

Business Agent, OPCMIA 132, Founder/Director of Felons With A Future

**David A. White** Retired, Montgomery County Probate Court

#### S. Tyler Wright Public Information Officer,

Montgomery County Probate Court



### Mission

The innovative work of Montgomery County ADAMHS supports accessible, equitable behavioral health care and supportive resources for people in need to elevate individual and community well-being.

### Vision

We envision an inclusive community that promotes mental well-being so everyone has the opportunity to live a life of fulfillment.

### **Contact Info**

Montgomery County ADAMHS 409 E. Monument Ave., Suite 102 Dayton, Ohio 45402

937.443.0416 | mcadamhs.org



ADAMHS is an accredited Culture of Quality organization and is a member in good standing of the Ohio Association of Behavioral Health Authorities. ADAMHS earned the COQ renewal in 2023 for a three-year period.

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- @MontgomeryCountyADAMHS6568

#### MCADAMHS | Letter from the Executive Director

# A Letter from the Director

Each year, as we turn our attention toward a fresh start, it is also essential to consider the previous year's accomplishments. Planning for our annual Impact Report allows us to reflect on the partnerships and collaborations that make the work of Montgomery County ADAMHS possible. The 2023 Impact Report is filled with examples of how the spirit of innovation in our community is found in those collaborations.

Alongside our nearly 50 treatment, prevention, and housing providers, we also came together with professionals from our hospital systems, law enforcement, the justice system, and support agencies, who all share a goal of ensuring everyone has the opportunity to enjoy mental well-being. In the fall of 2023 the ADAMHS Board of Trustees developed a two-year Strategic Plan which fosters the importance of collaborative purpose and commitment. We invite you to read how we will direct our energy and steward our resources in the coming years.

Prevention efforts focused on implementing PROTECT: Promoting Resiliency Over Time to Eradicate Childhood Trauma. This federally funded initiative provides screening tools to local agencies serving youth with adverse childhood experiences (ACEs). The goal is to identify these challenges as early as possible to provide them and their families with resources to build resiliency.

Expanding access to crisis mental health services is a focus of the new Strategic Plan. More than 20,000 times in 2023, an individual called the Crisis Call Center seeking support.

As a data-driven organization, our partnership with Ascend Innovations is critical to ensure we make informed decisions about the services needed and where we should focus our outreach efforts. Technology is a top priority in our Strategic Plan.



We are grateful to those who walk alongside us in this vital work. Our new Vision Statement guides us: "We envision an inclusive community that promotes mental well-being, so everyone has the opportunity to live a life of fulfillment".

Be well.

Heler E. Jones Kelley

Helen Jones-Kelley Executive Director

Treatment & Supportive Services | 2023 Services & Outcomes

# Treatment & Supportive Services

### Services

- Adolescent / Teen
- Crisis Continuum
- Eldercare
- Employment
- Guardianship
- Housing

- Maternal Support
- Mentorship
- Peer Support
- Mental Health Treatment
- Substance Use Treatment
- Social Support

# 95,017 INDIVIDUALS SERVED

# 2023 Outcomes

Supportive Employment:

8,809 SERVICES PROVIDED

1,383 INDIVIDUALS EMPLOYED Crisis Services:

20,582 CALLS RECEIVED

**1,220** MOBILE CRISIS RESPONSES Housing:

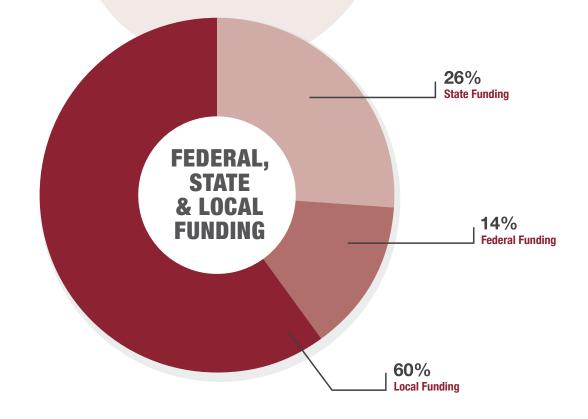
108 308 INDIVIDUALS SERVED IN **RESIDENTIAL CARE FACILITIES** 

INDIVIDUALS SERVED In **Recovery** Housing

336

INDIVIDUALS SERVED IN **Supported** Living Treatment & Supportive Services | 2023 Funding

# **2023 Division Funding**



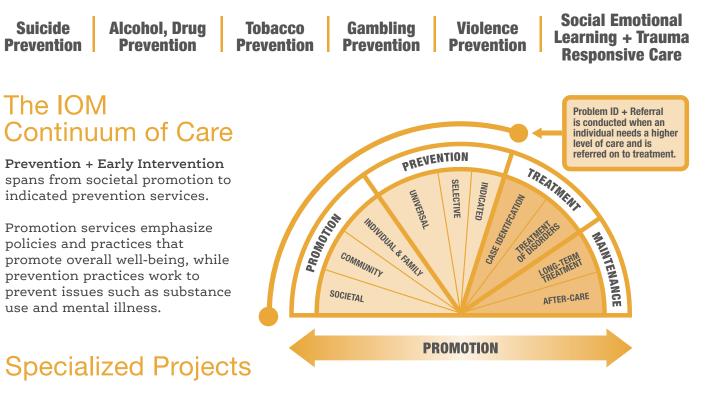


### Testimonial

"Goodwill Easterseals Miami Valley serves our community in many ways, including job readiness, behavioral health, child services, senior services, developmental disabilities, and more. Community partners like ADAMHS allow us to add innovative programs and expand our reach into the community."

- Jen Bonifas Vice President, Program Services Goodwill Easterseals Miami Valley Prevention & Early Intervention | 2023 Specialized Projects & Outcomes

# **Prevention & Early Intervention**



#### **STATE FUNDED**

Ohio School Wellness Initiative

76,971 INDIVIDUALS SERVED

- Older Adult Behavioral Wellness Initiative
- Collection Community Impact Model for Change (CCIM4C)

#### **FEDERALLY FUNDED**

- Drug-Free Communities: Montgomery County Prevention Coalition MCPC
- <u>Promoting Resilience Over Time to Eradicate</u> <u>Childhood Trauma (PROTECT)</u> Project
- Zero Suicide in Healthcare Systems

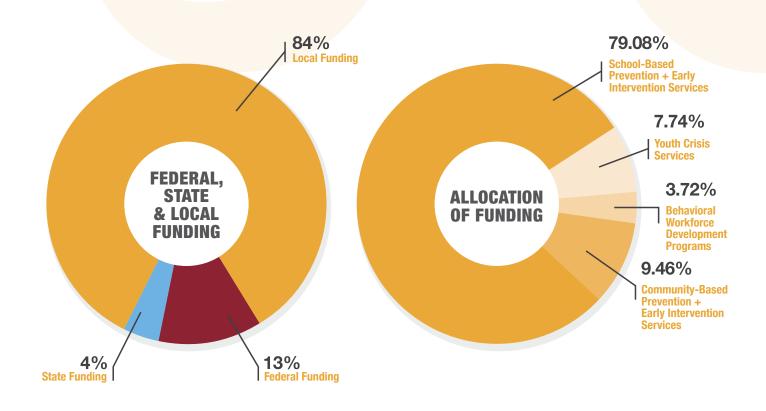


# 2023 Outcomes

PROGRAMS DELIVERED THROUGHOUT MONTGOMERY COUNTY

#### Prevention & Early Intervention | 2023 Funding

# **2023 Division Funding**





### Testimonial

"We appreciate the specific focus on mental health and suicide prevention for black youth. Omega CDC served 833 children in 2023, a majority of them are black. Mental wellness and the reduction of adverse childhood experiences are key to achieving our mission."

Rachel Ward
Vice President, Omega CDC

# Community Training & Staff Development

### 2023 Courses Offered:

#### **ADDICTION/SUD**

- enCompass: A Comprehensive Training on Navigating Addiction
- Responding to Addiction
- Substance Use Disorder 101

#### **CLINICAL**

- Postvention
- Motivational Interviewing

#### **COMMUNITY**

- The Power of Words: How our language can help or hurt those with mental health or substance use disorders
- Crisis Management & De-escalation
- Stewards of Children
- PAX Tools

#### **MENTAL HEALTH FIRST AID**

• Adult, Youth, Older Adult, Higher Education, Public Safety, Corrections, Fire/EMS

#### PREVENTION

- Foundations in Prevention
- Prevention Ethics
- SBIRT (Screening, Brief Intervention, and Referral to Treatment) Academy

#### **RESILIENCE**

- **B.O.U.N.C.E.:** Six Strategies to Build Resilience in Yourself and Others
- You Can't Pour From an Empty Cup: taking care of yourself while caring for others
- Deepen Your Resilience with the Social Resilience Model

#### **SUICIDE PREVENTION**

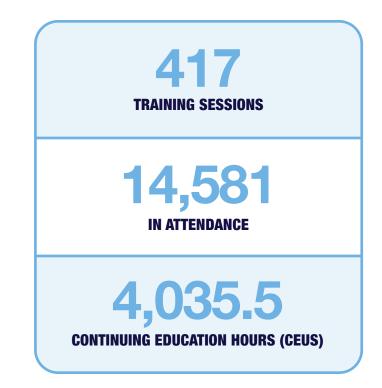
- ASIST (Applied Suicide Intervention Skills Training)
- QPR (Question, Persuade, Refer)

#### **SOCIAL EQUITY**

- Diversity, Equity & Inclusion/Cultural Humility
- LGBTQ+

#### TRAUMA

- **Trauma 101:** Understanding Trauma, Resilience, and Trauma-Informed Approaches
- Trauma 101: the Basics of a Trauma-Informed Approach in a School/Youth Setting
- Trauma 101: Creating a Shift in Thinking
- Brain Architecture Game



Community Training | 2024 Calendar & Community Partners

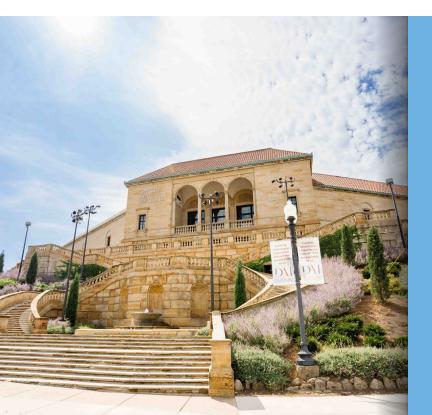
# **2024 Training Calendar**

### ACCESS THE 2024 TRAINING CALENDAR BY CLICKING THE CALENDAR ICON

### **Community Partners**

ADAMHS partnered with 62 community organizations to provide staff training. Here is a small sample of our trusted partners:





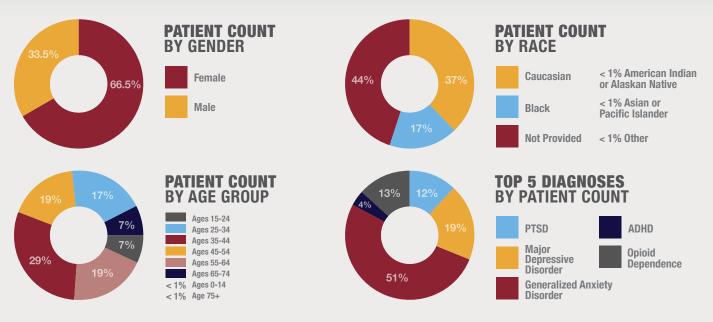
### Testimonial

"I attended Mental Health First Aid training with my Leadership Dayton Class of '23. I knew the team at Dayton Art Institute would benefit from having a better understanding of mental health. We are grateful to ADAMHS for coming on-site to equip us with critical tools should a patron need mental health support. I recommend Mental Health First Aid training for everyone!"

- Kim Spurgeon VP of Finance & Operations | Dayton Art Institute

#### MCADAMHS | Who We Serve

# Who We Serve



\*Source – The ADAMHS Community Insights Dashboard/Results for 2023

ADAMHS links arms with nearly 50 treatment, supportive services, and prevention providers across Montgomery County. Prevention and early intervention programs include alcohol and drug, tobacco, suicide, violence prevention, and more. Working with school districts, prevention providers consider social determinants of health such as food, stable housing, and education that evidence proves give children the best start at life. The goal is always to intervene early to provide support and services to children and families.

Treatment providers are committed to working together to offer a full continuum of care for those seeking support for optimal behavioral health. The Montgomery County Crisis Receiving Center opened in 2023, offering law enforcement a new location to take individuals needing immediate access to crisis services. The team at the Crisis Receiving Center provides the care necessary to stabilize the individual and then refers them to providers across our community to continue the appropriate level of care.



Crisis Call Center: 20,582 Calls Received Mobile Crisis Response Team: 1,220 Responses

# **Financials**

#### PREVENTION VS. TREATMENT CONTRACTS **REVENUES FEDERAL** FUNDS PREVENTION STATE FUNDS **USE OF** TOTAL RESERVES \$8,008,693 % OF TOTAL **REVENUE:** CONTRACTS \$49,455,611 LOCAL FUNDS TREATMENT <u>\$20,000,868</u> 79%

### **EXPENDITURES**

Board Operations	\$6,060,372
Direct Service (Providers)	
Housing & Residential Services	\$2,593,712
Treatment & Recovery Services	\$22,368,665
Prevention Services	\$8,948,049
Youth Specialized Treatment Services	\$1,522,341
Jail Behavioral Health Services	\$1,598,827
Crisis Service Response	\$4,249,995
Guardian and Payeeship Services	\$196,215
Forensic Centers & Monitoring	\$1,462,691
Workforce Development	\$450,031
Total Providers	\$43,390,526
Capital	\$4,713
Total Expense	\$49,455,611

#### MCADAMHS Video Outreach & News Stories

# Video Outreach

2023 was the year we started telling more stories using video. People remember stories of courage and hope. We added 11 new stories to our YouTube channel that will inspire you. These stories range from horses helping humans overcome anxiety and depression, a man who spent his teen years in a homeless shelter now serving kids, and LBGTQ+ youth finding a safe place and acceptance with a program called Visible and Resilient.





**SCAN THE QR CODE TO VIEW OUR** YOUTUBE CHANNEL!

These are just a few of the many stories being shared across Montgomery County. Check them out!

# In The News

2023 was the year the news media relied on the subject-matter experts at ADAMHS to shine the light on mental wellness like never before. ADAMHS was mentioned in 597 news stories, receiving eight million impressions across broadcast TV, cable, digital news websites, and print.

### **Featured Stories:**

- ADAMHS Staff Provide Mental Health Support in East Palestine
- National Stress Awareness Month
- Ohio Teen Dies Following Tik Tok Challenge
- Governor DeWine Cuts the Ribbon on the **Crisis Receiving Center**
- **County Agencies Working to Reduce** Jail Population
  - \$3 Million Grant to ADAMHS to Boost Local Response

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**The Anxiety Project** 

- The Link Between Teen Mental Health and Social Media
- PRSA Newsmaker of the Year Helen Jones-Kelley
  - Addressing Childhood Trauma Cultivating **Resilience Summit**



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Shine the Light on Mental Health -Community Event at the University of Dayton

Suicide Prevention Mural Dedication

Read About Us Online! mcadamhs.org

#### MCADAMHS | Awards & Events



## **Events**

Cultivating Resilience Summit - ADAMHS was pleased to welcome 170 guests to the Cultivating Resilience Summit on July 13, 2023, at the Sinclair Conference Center. The day-long event brought together local partners to transform Montgomery County into a healing-centered, trauma-responsive community. Summit attendees learned about the Adverse Childhood Experiences (ACEs) Prevention Advisory Council's efforts to support the prevention, treatment, and healing of the consequences of toxic stress. Sessions discussed wellness policies to improve Black youth mental health, including suicide prevention. Guests traveled from across Ohio to attend this important event. The Cultivating Resilience Summit 2.0 is set for July 30-31, 2024, at Sinclair Conference Center.

# Awards

Power 50 Leaders Helen Jones-Kelley

Gem City PRISM Awards Newsmaker of the Year **Helen Jones-Kelley** 

DBJ Business of the Year Community Supporter Finalists

National Association of Counties NACo Awards **Three Achievement** Awards

DBJ INNO Fire Awards for Innovation

Urban League Pillar Awards Helen Jones-Kelley

DBJ John E. Moore Sr. Diversity Lifetime Achievement Award **Helen Jones-Kelley** 

Coalition of the Year Award Montgomery County Prevention Coalition

UMADAOP Diversity Leader of the Year **Helen Jones-Kelley** 

Leadership Dayton Community Partner of the Year



**Overdose Awareness Day** – ADAMHS was honored to support the Community Overdose Action Team (COAT) for Overdose Awareness Day at Levitt Pavilion on August 31, 2023. Overdose Awareness Day is set aside each year to remember those lost to overdose and celebrate those in active recovery. ADAMHS helped plan this community event enjoyed by more than 1,000 people. Thirty treatment and prevention providers shared information with attendees at this family-friendly concert. The grant for Overdose Awareness Day has been extended for another five years!

ADAMHS participated in 23 events in 2023, reaching more than 9000 people!

## Top ADAMHS Accomplishments in 2023

### Familiar Faces Initiative

Familiar faces are individuals who frequently cycle through jails, homeless shelters, emergency departments, and other crisis services. Over time, these individuals become familiar to county and city workers in these sectors. Familiar faces often have complex health and behavioral health conditions that can result in the overuse of these costly services without improving their situations. After six months of planning, 2023 was the year ADAMHS launched the Montgomery County Familiar Faces Initiative. Leaders from across sectors, including treatment providers, criminal justice systems, social service agencies, hospital systems, homeless systems, and others who support the familiar faces in our community, began meeting quarterly, with work groups meeting more often. Our collective goal was to create partnerships to focus on these individuals, ensure they were connected to the appropriate resources, and communicate ongoing progress across the partners.

Due to this innovative collaboration, 40 case consultations were convened to discuss the best pathway to provide care to 25 of our most vulnerable citizens.

To learn more about the Familiar Faces Initiative, go to **https://familiarfaces.naco.org/** 

### enCompass Training

### PROTECT PROMOTING RESILIENCE OVER TIME TO ERADICATE CHILDHOOD TRAUMA

Thanks, in part, to a \$1.2 million grant from the U.S. Department of Health and Human Services (HHS) Office of Minority Health (OMH), Montgomery County ADAMHS was able to launch the PROTECT initiative in 2023. The focus of the grant is to influence policy change that impacts Black youth who are at a greater risk for death by suicide compared to their white peers. The three-year grant has encouraged greater collaboration between community partners who serve children to provide early intervention to those who have experienced trauma. Partners are being trained to screen for Adverse Childhood Experiences (ACEs) to determine if a child is experiencing mental unwellness. If so, the Montgomery County Network of Care provides support for specific behavioral health needs and the Social Determinants of Health. Interest in this project is growing, and currently consists of more than 30 community partners who can support youth across sectors, including healthcare, housing, law enforcement, nutrition, education, juvenile justice, faith communities, and more.

Due to these community partnerships, implementation sites have identified staff who will participate in ACEs screening, the development of toxic stress mitigation plans, and appropriate referrals. Through a newly acquired referral software platform, two-way communication will happen between implementation sites and referral sources to ensure that no child gets lost in the system. Screenings will begin in early 2024 and will result in youth and families being connected to supportive services to fill the gaps and build stronger families in Montgomery County.

To learn more about PROTECT, go to https://www.mcadamhs.org/prevention/aces\_protect.php

In partnership with the Addiction Policy Forum, 2023 was the year Montgomery County ADAMHS added enCompass training to our menu of training opportunities. What is enCompass? EnCompass is a resource for family members, caregivers, clergy, law enforcement, first responders, and anyone trying to navigate the complex world of addiction and help loved ones achieve recovery. The training includes in-depth information about substance use disorders, treatment options, communication strategies, and self-care tips. Created by the Addiction Policy Forum, ADAMHS offers enCompass to residents in Montgomery County and was a host location for two Train the Trainer events. As a result, **36 people have now been added to the ranks of certified trainers in enCompass,** exponentially increasing the number of people who are able to take advantage of this important training opportunity.

To learn more about enCompass Training, go to https://www.mcadamhs.org/training/index.php

#### MCADAMHS | Community & Staff Photos

# #ADAMHSisEverywhere





























#### It takes the support of the entire community to do this work. Creative

collaborations and relentless pursuit of innovation led the way in 2023 and will continue to be front and center in 2024.

We offer special thanks to our *Montgomery County Commissioners Carolyn Rice, Judy Dodge, and Debbie Lieberman for prioritizing our community's mental health.* We link arms with the other organizations that benefit from the generous support of our citizens through the Human Services Levy. We are grateful to the hundreds of dedicated professionals who offer their lives to serve the most vulnerable and ensure that everyone has access to quality behavioral health services.



Most importantly, we honor the thousands of people in 2023 who found the courage to seek help and are living their best lives.

As our new vision statement says, we envision an inclusive community that promotes mental well-being, so everyone has the opportunity to live a life of fulfillment. Until that day, the staff at Montgomery County ADAMHS is at your service.



### Visit the NEW LocalHelpNow web app today!





Find help at mc.localhelpnow.org

