



MINUTES

Board Meeting
April 26, 2017

Present: Anthony Whitmore, Chair

Judy Cook
Stan Eichenauer
Lou Fries
Caroline Gentry
Jackie Jackson
Edmund Moore
Jim Newby
Paul Porcino

Staff: Jennifer Cox
Andrea Doolittle
Andrea Hoff
Helen Jones-Kelley
Jodi Long
Jonathan Parks
Ann Stevens
Lynn Voisard

Absent Shallon Coleman
Clarence Williams

CALL TO ORDER

A. Whitmore, chair called the meeting of Montgomery County Alcohol Drug Addiction and Mental Health Services to order at 5:30 PM in the offices of the Montgomery County Alcohol Drug Addiction and Mental Health Services with a quorum present.

RECOGNITION OF GUESTS

Director Jones-Kelley introduced the guests present.

APPROVAL OF BOARD MINUTES

#17-013 With no changes to the March 22, 2017 minutes, the minutes approved as distributed.

CONSENT AGENDA

The question was asked if there were any items on the Consent Agenda that needed to be removed and discussed.

The Resolution to Respond to Ohio's Opiate Epidemic Resolution was pulled for further discussion.

- #17-014 S. Eichenauer moved and L. Fries seconded that Montgomery County Alcohol Drug Addiction and Mental Health Services adopt the Resolution *Responding to Ohio's Opiate Epidemic* (see attached) with changes as discussed. Motion carried unanimously.

Burges & Burges Strategists

- #17-015 J. Cook moved and P. Porcino seconded that Montgomery County Alcohol Drug Addiction and Mental Health Services contract with Burges & Burges Strategists to discover, validate and utilize how relevant parts of the community think and talk about drug abuse, addiction and overdose in an amount not to exceed \$85,000 for the time period April 26, 2017 – September 30, 2017. Further that the Executive Director or board designee is authorized to sign any documents necessary to execute this process. Motion carried unanimously.

NEW BUSINESS

Addiction Services – Public Health Dayton & Montgomery County

Director Jones-Kelley reported the need to amend Resolution #16-029 for the contract with Addiction Services – Public Health Dayton & Montgomery to accept carryover from Ohio Mental Health and Addiction Services (OhioMHAS) for FY '16 problem gambling prevention funds into SFY 17.

- #16-029 J. Cook moved and E. Moore seconded that Montgomery County Alcohol Drug Addiction and Mental Health Services contract with Addiction Services – Public Health Dayton & Montgomery and amend Resolution #16-029 for an additional \$74,462 to carryover FY16 problem gambling prevention funds into FY17 for the time period June 1, 2017 – June 30, 2018. Further that the Executive Director or board designee is authorized to sign any documents necessary to execute this process. Motion carried unanimously.

IN-SERVICE TRAINING

This portion of the meeting was approved by Ohio Department of Mental Health and Addiction Services to qualify for annual board member training.

Staff and board members attended NATCON 2017 (National Council of Behavioral Health) in Seattle, Washington; April 3-5. The theme of the conference was *"The Intersection of Innovation and Action."*

Board and staff discussed the future of behavioral health and how it aligns with the Board's Strategic Plan, OhioMHAS Community Plan, Community Health Improvement Plan Priorities and Community Overdose Action Team Priorities.

This year's conference was very inclusive of young people and the impact of technology on the future of behavioral health.

We need to deal with four different generations. Need to look at the current workforce in terms of using and how we use Telehealth/Tele psychiatry.

How we have failed:

- Lack of treatment provided
 - Of the 44 million people in the U.S. with a brain disorder, only about 40% receive treatment
 - Fewer than 1/3 receives optimal care
- Fragmentation of care/Lack of coordination
- Delay in accessing care
 - Treatment of psychosis typical begins 74 weeks (nearly 1 ½ years) after onset
- Quality of care provided is deficient
 - Measurement of quality is based largely upon "clinical judgement"
 - 60% of mental health workforce receive no training in evidence-based psychosocial treatment
 - Treatment tends to be driven by the provider's preference rather than consumer's need
- Stigma (negative attitudes toward receiving care)

Impact of Technology World-wide:

- Expansion over 10 years (2006-2016)
 - Smart phones in use: 65M→2B (31 fold)
 - Google searches per day: 250M→3.5B (14 fold)
 - YouTube hours per day: 65K→1B (15,385 fold)
 - Facebook users: 12M→1.8B (150 fold)

Crisis Text Line

- Anyone in the U.S. can text 741741
- Immediate access to trained crisis counselors

- Users may get support FREE 24/7
- 31M messages since 2013
 - 75% below age 25
 - 1/3 messages – depression and suicide
 - 19% from 10% lowest income zip codes
 - 9% Native American; 14% Hispanic
 - >3K active rescues

7 Cups is the Global Mental Health System

160,000 listeners from 189 countries providing support in 140 languages

- 41% United States
- 12% United Kingdom
- 9% India
- 6% Canada
- 4% Australia
- 1% Germany

Human Forebrain Circuits Under Construction – In a Dish

National Institutes of Health (NIH)-funded neuroscientists have created a 3D window into the human brain's budding executive hub assembling itself during a critical period in prenatal development. They used it to discover defective cell migration caused by autism-related disorder.

ADJOURNMENT

With no further business, the meeting was adjourned.



 Anthony Whitmore, Chair

Prepared by Lynn Voisard



RESOLUTION: Responding to Ohio's Opiate Epidemic

WHEREAS, the members of the Montgomery County Alcohol Drug Addiction and Mental Health Services are committed to leading Montgomery County in advancing recovery to achieve health and wellness.

WHEREAS, Ohio leads the nation in opioid overdose deaths; and Montgomery County is second in the state in opioid overdose rates; and

WHEREAS, the number of fentanyl-related drug overdose deaths throughout Ohio continues to increase each year from 84 in 2013, to 503 in 2014, to 1,155 in 2015; and similarly, 264 in 2014, and 259 in 2015 and 349 in 2016 in Montgomery County.

WHEREAS, an average of eight people die as a result of a drug overdose each day in Ohio, one death every three hours; and two deaths per day in Montgomery County; and

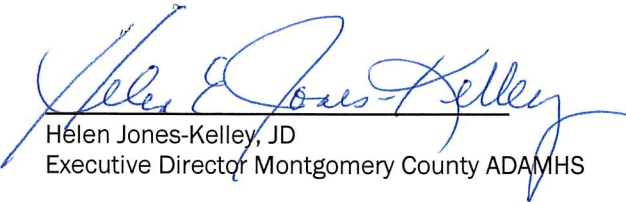
WHEREAS, opiate prescription rates have decreased, but heroin, fentanyl, and carfentanyl continue to be more and more accessible; and

THEREFORE, BE IT RESOLVED that the members of the Montgomery County Alcohol Drug Addiction and Mental Health Services urge the Governor of the State of Ohio, the Ohio General Assembly, and Ohio's Congressional Delegation to declare the opiate epidemic a public health emergency, prioritizing the needs of Ohioans impacted by opioid addiction by dramatically increasing investments in prevention, treatment, recovery support, education, and interdiction efforts to end this epidemic.

Ratified on the 26th day of April, Two Thousand and Seventeen.



Anthony Whitmore
Board Chair, Montgomery County ADAMHS



Helen Jones-Kelley, JD
Executive Director Montgomery County ADAMHS