

SUMMER 2021



# SUMMER NEWSLETTER

MONTGOMERY COUNTY ALCOHOL,  
DRUG ADDICTION, AND MENTAL HEALTH SERVICES

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## **LETTER FROM THE EXECUTIVE DIRECTOR**

There's something about summer...the sunshine, the blue skies, and the warmth that provides us with so much energy. The light is finally near, as the year-long pandemic comes to an end. With vaccines readily available, mask mandates lifted, and the return to in-person events, it seems the world is experiencing a return to what we know as normal life.

Our organization's strong vision and mission have guided us through these past couple of years of hurdles. As we continue to navigate the impact of the global pandemic, local healing from past summer tragedies, a reckoning of racial inequity, and more - these past years have been a defining moment for Montgomery County and our behavioral health system.

ADAMHS is an agency of hope and inspiration. We believe in the power of people, and the potential of people to bring out the best in our world. Ultimately, everything we do is grounded in a greater purpose; to redefine human potential through the process of transformation. We embrace this unique opportunity to keep leading the way to promote a healthy region and invite you all to continue to join us along the way.

**With gratitude,**

*-Helen Jones-Kelley, J.D.*

# CELEBRATING PRIDE MONTH!



During the month of June, ADAMHS was proud to "go rainbow" for **#PRIDEmonth!**

Unfortunately, LGBTQIA+ individuals often face discrimination, making it difficult to access quality treatment for behavioral health disorders. Many people learn that not all mental health providers understand their experiences, and these negative interactions can deter our loved ones from seeking help when they need it most.

**Become an advocate for the LGBTQIA+ community** through becoming knowledgeable on the issues they face and having resources to share.

## RESOURCES

- **Crisis Text Line:** Text 'LGBTQ' to 741 741 ([www.crisistextline.org](http://www.crisistextline.org))
- **The Trevor Project:** Call 1-866-488-7386, or text the word "Trevor" to 1-202-304-1200 ([www.thetrevorproject.org](http://www.thetrevorproject.org))
- **Trans Lifeline:** Call 1-877-565-8860 ([www.translifeline.org](http://www.translifeline.org))



ADAMHS celebrated **Juneteenth** and encouraged everyone to learn about the historic day!

This Holiday, which is celebrated on June 19th, commemorates the emancipation of enslaved people in the United States. The Holiday was first celebrated in Texas, where on that date in 1865, in the aftermath of the Civil War, slaves were declared free under the terms of the 1862 Emancipation Proclamation.

President Joe Biden signed a bill establishing Juneteenth as a federal holiday on June 17, 2021.

ADAMHS is proud to continue efforts to make the region a more equitable place for all of us.



Learn more about Juneteenth.

## ADAMHS GOES **BLACK, GREEN, AND RED** FOR **JUNETEENTH**





# ADAMHS EMPLOYEES BECOME STIGMA BREAKERS



In May, ADAMHS employees took on a new role as... **stigma breakers!**

Knowing the importance of mental health, our staff members were honored to join the Dayton Children's Hospital **#OnOurSleeves** movement to create a healthier generation and combat the stigma associated with mental health.

ADAMHS is a proud supporter of the Dayton Children's behavioral health program. Join the movement by visiting [childrensdayton.org/onoursleeves](http://childrensdayton.org/onoursleeves).



## NO MENTHOL SUNDAY


Montgomery County ADAMHS invited the community to attend "No Menthol Sunday" on May 7th to learn about the impact Menthol has had on the African American community. Attendees learned about how Menthol relates to health equity and more, with opening remarks made by City of Dayton Commissioner, Jeffrey Mims.

Both Montgomery County and the City of Dayton administered proclamations, declaring May 17th as No Menthol Sunday Day!



Learn more about **No Menthol Sunday**.





Montgomery County ADAMHS invites you to attend **"NO MENTHOL SUNDAY - How this Day Can Change Generations in Montgomery County"**, with opening remarks from Dayton City Commissioner Jeffrey J. Mims, Jr.!

This **FREE** one hour webinar will be held on:


*May 7, 2021*

*from 1 - 2 PM EDT*



[Register here](#)

*Quick Facts about Menthol*

- Menthol makes smoking easier to start and harder to quit.
- Evidence from tobacco industry documents shows that the industry studied smokers' menthol preferences and manipulated menthol levels to appeal to adolescents and young adults.
- As a result of aggressive marketing, African Americans smoke menthol-flavored cigarettes nearly 3x more than White Americans.
- African-Americans also have a more difficult time quitting and are more likely to die from smoking-related illnesses than White Americans.
- If a Menthol ban were in effect, researchers project **340,000 deaths** could be averted from 2011-2050.
- Approx. one third of menthol-related deaths are African-Americans.



NOW AVAILABLE FOR DIGITAL DOWNLOAD!



# RECOGNITIONS & HONORS



Montgomery County ADAMHS is honored to have received the **Premier Health Workplace Diversity Award** at the Dayton Area Chamber of Commerce Annual Meeting on May 26, 2021, at Carillon Historical Park!

This award recognizes organizations that demonstrate outstanding diversity and inclusion efforts, policies, and initiatives within the workplace. Congratulations to the ADAMHS staff for all of the work done to create a more equitable region by spearheading the internally-driven Health Equity Council (HEC), creating diverse marketing campaigns, remaining dedicated to hiring and sustaining diverse talent, and working with our providers to address health equity issues within the behavioral healthcare system.

Congratulations to our very own Senior Program Coordinator Tristyn Ball for being recognized as one of **Dayton Business Journal's Forty under 40!**

Tristyn will accept this award at a ceremony on July 8, 2021.



See the full list of winners!



*Congratulations,*  
**TRISTYN BALL!**



We are proud to announce that our Director of HR and Administrative Services, Andrea Doolittle, graduated from the Dayton Chamber of Commerce **EMPOWER leadership cohort** on June 25th!

Congratulations to our Executive Director, Helen Jones-Kelley, for being the recipient of the **Junior League of Dayton's Katharine Kennedy Brown Award!**



We are proud to announce that our Director of Strategic Initiatives and Communication, Samantha Elder, graduated from the 2020/2021 Dayton Chamber of Commerce **Leadership Dayton** program!

ADAMHS received an **Award of Merit from the Healthcare Advertisement Awards** for the GetHelpNow App advertising campaign in partnership with the Ohlmann Group!

This award recognizes outstanding television advertising and public service announcements.







## ADAMHS HOSTS MODERN WARRIOR LIVE

On May 21st, ADAMHS hosted a performance with **Modern Warrior LIVE** at the LEVITT Pavilion to honor our veterans and first responders.

Attendees enjoyed Modern Warrior LIVE's theatrical performance, highlighting veterans' trauma recovery experience after returning home from combat. Guests also had the opportunity to visit resource booths and participate in a candle-lit moment of silence.



Thank you to everyone who helped make this event a success, including the event sponsor, the Greater Dayton Brain Health Foundation!

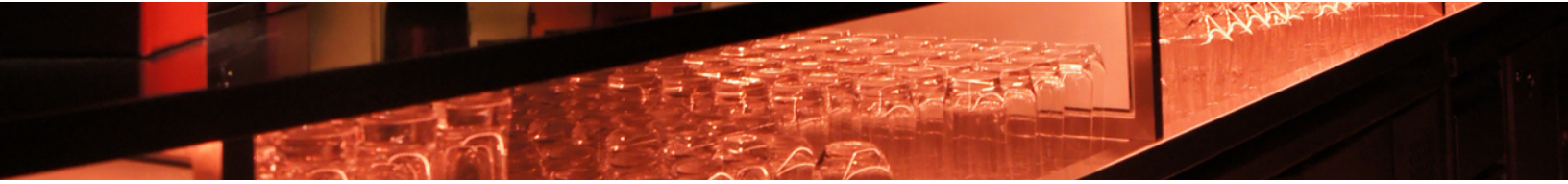


## THANK YOU TO THE ADAMHS BUSINESS DEPARTMENT!

Please join us in showing gratitude to the ADAMHS Business Operations Department for successfully implementing Montgomery County's "Dynamics 365" program over the past few months! Your hard work and dedication to the organization and behavioral health system are greatly appreciated!



# LAUNCH OF A NEW INITIATIVE FOR THE HOSPITALITY INDUSTRY



One of the areas impacted the most by the pandemic has been the hospitality industry, including restaurant and bar professionals.

ADAMHS partnered with **Tender Mercy** to provide mental health resources and trainings to Dayton's local restaurant owners and managers. In April, this initiative was launched with the hopes of equipping hospitality leaders with the proper tools to address mental health challenges among their employees.

The Owner of the Idea Collective, Chris Dimmick, is excited for the initiative partnership, stating, "Most hospitality employees naturally place others' needs ahead of their own both professionally and personally; but the dangerous flip side of that innate character trait is, often they neglect their own needs." Dimmick continued to say, "As a leader in the hospitality industry, it's important that myself and other industry leaders are prepared to address the mental health challenges amongst our employees. I hope that the **Food & Beverage Be Well** initiative will increase mental health awareness and treatment while shining a light on existing resources and support systems available in the Dayton community."

## POSITIV.LY SPREADS TO MORE LOCAL SCHOOLS

Positiv.ly, a web-based app created by ADAMHS and Ascend Innovations, is designed to reduce the stigma associated with mental health to middle and high school students during the pandemic. We are proud to say the app has expanded to include more local schools, including Kettering and Beavercreek!

The app features content created by students to uplift their fellow peers who may be struggling with mental health issues, thoughts of suicide, and bullying. The student featured content is monitored by school administrators and counselors, and features community mental health resources that students can readily access.



Learn more about *Positiv.ly*

#RELATIONSHIPS #TALKING

### Open Conversations Lead To Success



Having open conversations is something that is very important in a relationship. A relationship will become more stable and not ....

3 Kettering Fairmont High School