



WINTER NEWSLETTER

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LETTER FROM THE EXECUTIVE DIRECTOR

Ask anyone how they are doing today and most often you will hear, "I'm so busy!" But if you really look someone in the eye and genuinely ask how they are doing, you might hear words like sad, worried, or anxious. This month we cross the two-year mark of living with COVID-19. This uninvited guest continues to stay, despite our best efforts to send it packing.

The staff at Montgomery County ADAMHS presses onward serving our community and bringing hope to those who are hurting. In this newsletter, you will find updates on the roll-out of Crisis Now, an innovative approach to providing mental health services to those experiencing a mental health or substance use crisis.

You will learn how ADAMHS is partnering with Dayton Children's to ensure kids and families who need additional support are finding help with a single phone call.

The most vital part of our community, our greatest resource, is our people. As American's are living through the great resignation & facing challenges from all facets of life, ADAMHS also strives to support the Montgomery County workforce by offering free substance use disorder resources to Miami Valley employers.

There is much work to do and the ADAMHS team is full steam ahead. To learn more about our initiatives, we invite you to follow us on Facebook and Instagram or visit our website. <https://www.mcadamhs.org/>

Be well.

CRISIS NOW LAUNCH

The Montgomery County ADAMHS Board, in partnership with RI International, is bringing an innovative treatment option to those who need emergency services for a mental health or substance use crisis. Crisis Now answers calls to a newly created hotline phone number 24 hours a day, 7 days a week.

ADAMHS Executive Director, Helen Jones-Kelley says the need for emergency mental health services in Montgomery County is great. "Montgomery County's residents are still hurting from years of trauma. COVID-19 is still impacting us, overdose deaths are the highest in Montgomery County in 3 years, and calls to the suicide prevention hotline are up 30%. We must take bold action to provide the help and resources people need during this unprecedented time," said Jones-Kelley.

When someone calls the Crisis Now hotline, they will talk with a trained behavioral health professional who will assess their needs and determine the next steps for the individual to access mental health services. "RI International currently operates this Crisis Now model in 10 states. "We know early access to treatment saves lives and that is what we are bringing to the residents of Montgomery County," said Kevin Huckshorn, VP Northeast Region for RI International.

Residents of Montgomery County are encouraged to call the Crisis Now hotline to access services for mental health issues and substance use disorder. The Crisis Now hotline phone number is 833-580-CALL, or 833-580-2255.



CRISIS NOW
Transforming Crisis Services

PREVENTION & EARLY INTERVENTION HIGHLIGHTS

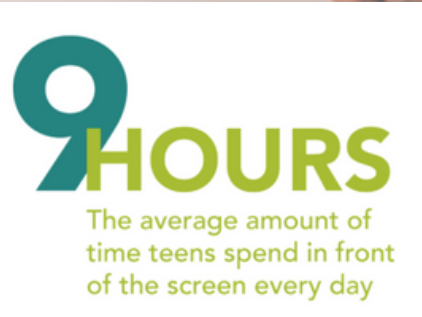
Digital Detox 101 Campaign

Do you think your children may be spending too much time on their devices? Are you starting to notice they may be dependent on their cell phone, tablet, or computer?

Whether you're a mom, dad, or grandparent there is no need to worry. The Montgomery County Prevention Coalition is here to provide you with tips and resources so you and your children can develop a healthy relationship with their devices.

*Click Here For Resources
& Tips*





9 HOURS

The average amount of time teens spend in front of the screen every day

With you, the world is complete.

This message is now proudly displayed at the corner of Troy and Chapel streets as a simple reminder to Montgomery County residents, thanks to the Montgomery County Prevention Coalition (MCPC).

When business owner Marty Smallwood decided to paint the large purple wall outside his building, he wanted a mural that meant something to his Old North Dayton community - a message that provided hope during trying times. He reached out to the Suicide Prevention Committee of the MCPC who quickly mobilized, conducting a call for artists that resulted in designs being submitted from across the country. In the end, they selected the design with a simple, but powerful message submitted by a local artist, Tyler Mackey.

In less than a week, over 60 volunteers came together to paint the mural, including MCPC members, community members, and students. A mural dedication ceremony was held on December 8, 2021, where the final mural design was unveiled, and local elected officials, including Dayton Mayor Jeffrey Mims, joined the celebration. Now, the mural is a standing reminder that a small group of volunteers can make a huge impact - while reminding community members that the world is truly complete with them in it.

Visit The Mural: 416 Troy Street, Dayton, Ohio 45404



Dayton Children's & ADAMHS Partnership

Youth and Family Resource Connection

ADAMHS is marking the one-year anniversary of the Youth and Family Resource Connection Program, in partnership with Dayton Children's.

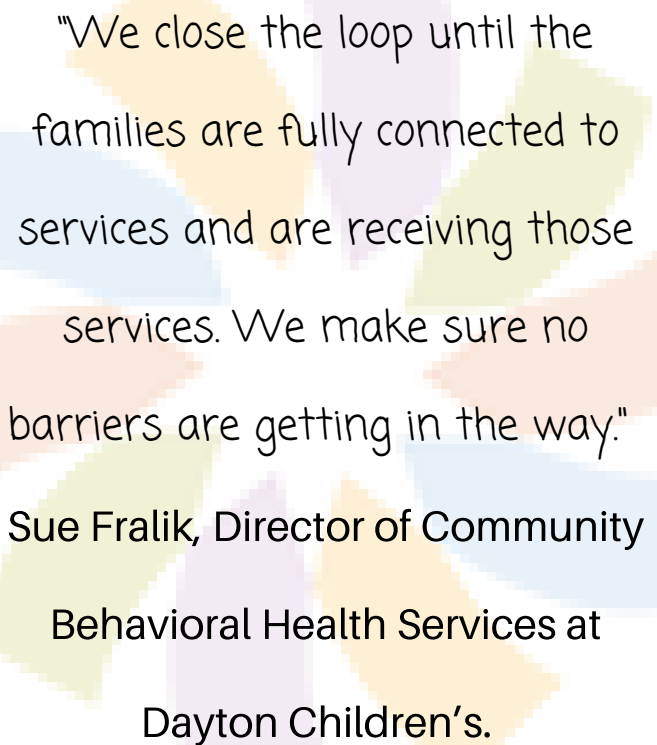
Connectors partner with 103 schools in Montgomery County to ensure the mental health, food, and housing needs of children and families are being fully met.

How the program works:

When someone from the school calls a Connector to make a referral, a chain of events happens to support the family. The child and the family are screened to determine their needs.

Program Funding & Referrals:

The Youth and Family Resource Connection is funded by a grant from the Ohio Disaster Response Project (ODRP) awarded to ADAMHS following the trauma experienced by the residents of Montgomery County in 2019. **To date, 591 referrals have been made to the program.**



"We close the loop until the families are fully connected to services and are receiving those services. We make sure no barriers are getting in the way."

Sue Fralik, Director of Community Behavioral Health Services at Dayton Children's.

Learn more from the families and children being supported by this program in the 2021 ADAMHS Impact Report coming soon!

TREATMENT & SUPPORTIVE SERVICES UPDATES

Community Linkage



ADAMHS has created a new brochure to support individuals leaving the justice system and to help them reintegrate back into the community. Community Linkage is a program for people leaving prison who have a mental illness and/or substance use disorder and have participated in treatment and/or recovery services while incarcerated.



The primary purpose of Community Linkage is to reduce recidivism and improve the continuity of mental health and substance use care for those who qualify upon leaving the prison system. Coordination of services and continuity of care are mutually beneficial to prison and community service providers, the public, and the offender.

Individuals are linked to an agency prior to being released to continue mental health and/or substance use treatment. Other available supports through Community Linkage include employment services, job training and education, peer recovery support, transportation, life skills, relapse prevention, recovery checkups, spiritual support, ID support, job attire, and hygiene items.

[Click HERE](#) to access the Community Linkage brochure.

Top Recovery Supports

- Transportation
- ID Documentation
- Housing
- Peer Support
- Emergency Services



55

Individuals were served by
Community Linkage
between July 1 - December 31, 2021

Assisting Employers in Becoming a Recovery Supportive Workplace



SUR PROGRAM

The nation's substance use epidemic touches us all, including the business community. Employers have jobs to fill but hesitate to hire workers with a drug-use history. Workers recovering from addiction want to work but aren't given the chance. Other workers might be actively using, but go undetected, putting workplace safety at risk. *Our Substance Use Recovery and Workplace Safety Program (SURWSP) can help.*



Brought to you by Montgomery County Alcohol, Drug Addiction, and Mental Health Services and the Ohio Bureau of Workers' Compensation (BWC), this program reimburses employers for:

- Development and legal review of employer policies and procedures about substance use issues.
- Training for employees to understand substance use and their employer's related policies.
- Training to equip supervisors and managers to better manage employees in recovery.
- Recovery-supportive drug testing for prospective and current employees.
- The program also provides access to a free employee wellness incentive program, [BWC's Better You, Better Ohio!](#)

To enroll, complete the Substance Use Recovery Workplace Safety Program Enrollment Form by clicking [here](#), or email SURWSP@mcadamhs.org for more details.

Check out other ADAMHS Workforce Initiatives [HERE](#)



Let's look ahead!

Application For Funding Deadline

Montgomery County ADAMHS has released the Application for Funding (AFF) for proposals to be implemented from July 1, 2022, through June 30, 2023, for behavioral health and early intervention programs. Proposals should address Montgomery County's behavioral health needs and align with Montgomery County priority populations identified in the ADAMHS Community Plan. Statutorily mandated services will be given priority.

Those interested in applying for funding must meet the applicable funding guidelines and complete an online application via the AFF portal.

Proposals are due by Thursday, April 7, 2022, by 5 PM.
Late or incomplete proposals will not be accepted.

Please click [HERE](#) for more details.

DEI Launch

Diversity, Equity, and Inclusion (DEI) represent specific values that the Alcohol, Drug Addiction, and Mental Health Services Board strives toward in every aspect of our work. To elevate that work, we have created a new position and welcomed Tazeen Ahmed into the role of Senior Program Manager of DEI Initiatives. We will share stories of our DEI work on our website, on Facebook, and on Instagram in the coming months so stay plugged into MCADAMHS as we lead the way in promoting a healthy region for all.

International Women's Day!

Tuesday, March 8, 2022



ADAMHS celebrates the historical,
cultural, and political achievements of
women everywhere!