



MINUTES

Board Meeting
October 24, 2018

Present: J. Cook, Chair
S. Coleman
C. Gentry
J. Newby
J. Startzman
A. Whitmore
C. Williams

Staff: J. Cox
P. Cosby
A. Hoff
H. Jones-Kelley
J. Logan
J. Long
D. Thompson
L. Voisard

Unable: J. Jackson
M. McKewen
M. Patterson

CALL TO ORDER

Chair Judy Cook, called the meeting of Montgomery County Alcohol Drug Addiction and Mental Health Services to order at 5:30 PM in the offices of Montgomery County Alcohol Drug Addiction and Mental Health Services with a quorum present.

RECOGNITION OF GUESTS

Director Jones-Kelley welcomed tonight's guests.

APPROVAL OF BOARD MINUTES

With no changes or revisions, the minutes of the September 12, 2018 Board Meeting stand approved as distributed.

CONSENT AGENDA

The question was asked if there were any items to be withdrawn for further discussion. There was none.

A question was asked that all recommendation coming before the board for approval that the agencies are in compliance with fiscal and program standards. Yes, they are.

C. Williams moved, and C. Gentry seconded that the Montgomery County Alcohol Drug Addiction and Mental Health Services approve the consent agenda with the providers in the table below. Further that the Executive Director or designee is authorized to sign any documents necessary to execute the process. Motion carried unanimously.

ADMINISTRATIVE COMMITTEE – OCTOBER 10, 2018					
Resolution #	Agency & Brief Service Description	Type of Service	Amount	Source of Funding	Time Period
18-082	Montgomery County Sheriff Office - BH Jail Services	Treatment Services	\$948,000	Levy	1/1/2019 – 12/31/2019
18-083	Submission of 2019 Budget Proposal – Human Service Levy				
PROGRAM & SERVICES POLICY COMMITTEE – OCTOBER 10, 2018					
Resolution #	Agency & Brief Service Description	Type of Service	Amount	Source of Funding	Time Period
Rescind #18-075 – this is part of Resolution #18-074	Ascend Innovations, Inc. Health Information exchange/Medical Records Integration	Professional Services Agreement	\$60,000	Levy	7/1/2018 – 6/30/2019
18-084	UMADAOP – Circle of Recovery Program	Treatment Services	\$75,354	OHHMHAS Pass Through	7/1/2018 – 6/30/2019
18-085	Warriors Supporting Wellness	Training	\$125,000 for 3 years total \$375,000	SAMHSA Grant	9/30/2018 – 9/29/2021

Resolution #	Agency & Brief Service Description	Type of Service	Amount	Source of Funding	Time Period
18-086	Children Matter Montgomery County – Wraparound Services	Prevention	\$605,443 + 1:1 match for a total of \$1,210,886	SAMHSA/Levy	9/30/2018 – 9/29/2019
18-087	South Community – CMMC Contract	High fidelity Wraparound; Prevention; Social media/Marketing	\$1,142,725	SAMHSA/Levy	9/30/2018 – 9/29/2019
18-088	NAMI-MC – CMMC Contract	Family Engagement Services	\$20,160	SAMHSA/Levy	9/30/2018 – 9/29/2019
18-089	University of Dayton – Business Research – CMMC Contract	Evaluation Services	\$48,000	SAMHSA/Levy	9/30/2018 – 9/29/2019
18-090	Montgomery County Educational Services Center – Schools of Excellence in Prevention Coordinator	Prevention	\$94,010 Brings total prevention contract from \$892,075 to \$986,085	Levy (part of required match for DFC Grant)	11/1/2018 – 9/29/2018
18-091	Wright State University/SARDI – Warriors Supporting Wellness	Evaluation Services	\$12,500	SAMHSA	11/1/2018 – 9/29/2019
18-092	C3Group	Professional Services	\$75,000	OHMHAS Grant	11/1/2018 – 3/1/2019

EXECUTIVE DIRECTOR REPORT

Director Jones-Kelley provided the following report:

1. ADAMHS Board's 50th Anniversary – Montgomery County celebrated 50 years of service to the community with keynote speaker Kevin Hines. Kevin is one of only thirty-six (less than 1%) to survive the fall and he is the only Golden

- Gate Bridge jump survivor who is actively spreading the message of living mentally healthy around the globe.
2. The Ohio Bureau of Workers' Compensation launched a pilot program in October to support employers who hire employees working to overcome an addiction to opioids and other dangerous substances. The Opioid Workplace Safety Program will provide up to \$5 million over two years to help employers in Montgomery, Ross, and Scioto counties hire, manage, and retain employees in recovery from addiction.
 3. Crisis Intervention Team Training is an intensive 5-day session that provides law enforcement with the knowledge and skills for responding to a person during a mental health crisis. The training is conducted by local CIT trained officers, mental health professionals, family advocates and consumers; offering practical techniques for de-escalating crisis situations.
 4. Quality Talks – Jodi Long and I attended Quality Talks which is a series of stirring, succinct talks by current and emerging health care leaders with ideas about how we can collaboratively improve American health care. In addition to the dynamic and thought-provoking speakers, the event features interactive dialogue among all attendees about advancing the health care system and improving patient care.
 5. Montgomery County ADAMHS co-sponsored a two-day seminar which was presented by the COAT and co-sponsored by Premier Health, Kettering Health, Public Health Dayton/Montgomery County and ADAMHS. It was designed for all medical practitioners who can prescribe opioids, including advanced practice nurses, pharmacists PA's, etc. but offers useful information for anyone in our field.
 6. Budget Hearing with Office Management and Budget on October 10th; the meeting went well and ADAMHS received compliments and County sees the reasons for the innovation of services and programs.
 7. U.S. Senator Rob Portman issued a statement after the U.S. Department of Justice's (DOJ) Comprehensive Opioid Abuse Site-based Program awarded Comprehensive Addiction & Recovery Act (CARA) grants totaling more than \$1.4 million to help prevent and treat opioid addiction in Montgomery County:
 8. The City of Dayton was awarded a \$494,638 CARA grant that will support the development of partnerships between first responders and treatment providers who respond to overdoses as a team. Montgomery County Public Health was awarded a \$1 million CARA grant that will help local and state agencies leverage information from a variety data sources to analyze substance abuse issues and identify potential solutions from public health, treatment, and public safety perspectives.
 9. Interviewed by the New York Times for a story on opioids in this area and our success in turning the epidemic around and success with collaboration and bring in additional funding.
 10. H.R. 6 includes Medicaid, Medicare, and public health reforms to combat the opioid crisis by advancing treatment and recovery initiatives, improving

prevention, protecting communities, and bolstering efforts to combat illicit synthetic drugs like fentanyl.

a. Top Ten changes include:

- i. Lifts IMD exclusion; Medicaid 30 days of treatment without questions
- ii. Crackdown on illegal patient brokering whereby it is illegal to pay or receive payments in return for referring a patient to recovery housing or treatment facilities.
- iii. Re-authorizes Drug Free Communities Program – Youth Prevention
- iv. Enhances communication with a patient's family in time of crisis and allows notifying families during emergencies.
- v. Allows ER's to develop and enhance protocols to screen, treat and expand access.
- vi. Expands access to Medication Assisted Treatment (MAT); public treatment facilities must provide two kinds of MAT
- vii. Helps prevent Fentanyl from entering through US Mail
- viii. Expands Recovery Support Services – creates standards for Recovery Housing, expands peer support and wraparound services.
- ix. Expands treatment workforce by creating student loan repayment program; helps states with treatment work shortages
- x. Provides services to moms and babies with neonatal abstinence syndrome with needed services.

11. Will be moderating a panel on Considering Alternative Pools of Candidates as part of University Dayton's Regional Talent Forum.

12. FDA approved a new drug which is 5-10x more potent than Fentanyl and 500X more potent than Morphine.

BOARD SPOTLIGHT

Jen Cox, Director of Training provided the final project report for the East Dayton Aware Project (EDAP).

Montgomery County Alcohol Drug Addiction Mental Health Services received a three year \$300,000 grant (AWARE-C Advancing Wellness and Resilience Education) from SAMHSA to provide Mental Health First Aid (MHFA) training to school personnel, emergency responders, law enforcement, faith-based leaders, caregivers, and other youth-serving adults.

The East Dayton AWARE Project (EDAP) provided MHFA training to adults who interact with transitioned-aged youth ages 16-24, in the 45403 and 45410 zip codes.

Purpose:

- To increase mental health literacy
- Be able to recognize and respond to those with a mental health issue
- Assist in reducing the stigma associated with mental health
- Increase the referrals for community and professional supports.

Goals/Performance Measures

1. Number of individuals who are both trained and certified to be MHFA Instructors
 - a. Goal 3; Actual 9
2. Number of individuals who are trained as MHFA First Aiders
 - a. Goal 900; Actual 941
3. Number of transition-aged youth referred to a mental health or related service
 - a. Goal 900; Actual 2,093
4. Proportion of MHFA Aiders to Youth Population
 - a. Goal 1/6; Actual 1/5
5. Impact on Perceived Stigma, Knowledge & Confidence of First Aiders
 - a. All areas saw an increase

Final Report Attached

CHAIR REPORT

State Issue 1 – Montgomery County ADAMHS Statement

J. Cook shared that the Ohio Association of County Behavioral Health Authorities (OACBHA) and Executive Directors have crafted a statement on State Issue 1.

**Montgomery County ADAMHS Statement
Issue 1**

Montgomery County ADAMHS firmly believes that non-violent individuals with a substance use disorder are better served through treatment instead of incarceration. This is particularly true for marginalized populations, who are overrepresented in Ohio's prisons and often go unserved. We oppose this constitutional amendment because it does not address the problem as intended, nor does it allow for timely, critical updates when needed. We implore the Ohio General Assembly to immediately bring together a bi-partisan coalition of concerned Ohioans to take action to address these issues through a legislative solution.

C. Gentry moved, and C. Williams seconded that the Montgomery County Alcohol Drug Addiction and Mental Health Services adopt the Statement regarding State Issue 1: Further that the Executive Director or board designee is authorized to sign any documents necessary to execute the process. Motion carried unanimously.

EXECUTIVE SESSION

J. Newby moved and C. Williams seconded that the Montgomery County Alcohol Drug Addiction and Mental Health Services enter into Executive Session to discuss a personnel matter. A roll call vote was taken.

S. Coleman – Aye

J. Cook – Aye

M. McKewen – absent

J. Startzman – Aye

C. Gentry – Aye

J. Jackson - absent

J. Newby - Aye

M. Patterson - absent

A. Whitmore - absent

C. Williams – Aye

RECONVENE

J. Newby moved and C. Williams seconded that the Montgomery County Alcohol Drug Addiction and Mental Health Services reconvene business session. A roll call vote was taken.

S. Coleman – Aye

J. Cook – Aye

M. McKewen – absent

J. Startzman – Aye

C. Gentry – Aye

J. Jackson - absent

J. Newby - Aye

M. Patterson - absent

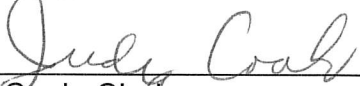
A. Whitmore - absent

C. Williams – Aye

#18-093 C. Williams moved and S. Coleman seconded that the Montgomery County Alcohol Drug Addiction and Mental Health Services accept the Executive Director 2017 Performance Evaluation Summary. Motion carried unanimously.

ADJOURNMENT

C. Williams moved and J. Newby seconded that with no further business the meeting is adjourned.




Judy Cook, Chair


Prepared by Lynn Voisard

EDAP : Final Project Report


Jennifer Cox
Director of Training / EDAP Project Director




"Now is the Time" Project AWARE Community Grant



SAMHSA Grant: The purpose of this program is to support the training of a broad array of adults who interact with youth through their programs at the community level, including parents, law enforcement, faith-based leaders, and other adults, in Mental Health First Aid (MHFA).



The program is expected to increase the mental health literacy among youth-serving adults, policy-makers, and administrators of programs serving youth.

Federal funding of \$300,00 over three years.

AWARE- C - Advancing Wellness and Resilience Education

Mental Health First Aid training to school personnel, emergency responders, law enforcement, faith-based leaders, caregivers, and other youth-serving adults.

- The East Dayton AWARE Project (EDAP) will provide Mental Health First Aid (MHFA) trainings to adults who interact with transitioned-aged youth, ages 16-24, in the 45403 and 45410 zip codes.
- Focus Audience: Adults who live, work, worship, or serve in these zip codes and work youth with ages 14-24.
- The purpose:
 - To increase mental health literacy
 - Be able to recognize and respond to those with a mental health issue.
 - Assist in reducing the stigma associated with mental health
 - Increase the referrals for community and professional supports

GPRA Performance Measure:

The number of individuals who are both trained and certified to be MHFA Instructors

Goal / Actual	Achieved, Exceeded, or Not Met
Year 1: <u>1 / 9</u>	Year 1: <u>Exceeded (900%)</u>
Year 2: <u>1 / 0</u>	Year 2: <u>Not Met</u>
Year 3: <u>1 / 0</u>	Year 3: <u>Not Met</u>
Total: <u>3 / 9</u>	Total: <u>Exceeded (300%)</u>

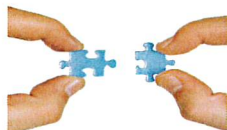


The number of individuals who are trained as MHFA First Aiders

Goal / Actual	Achieved, Exceeded or Not Met
Year 1: <u>300 / 237 / 296</u>	Year 1: <u>79.0% Met</u>
Year 2: <u>300 / 261</u>	Year 2: <u>87.0% Met</u>
Year 3: <u>300 / 443</u>	Year 3: <u>Exceeded (144%)</u>
Total: <u>900 / 941</u>	Total: <u>Exceeded (105%)</u>

The number of transition-aged youth referred to a mental health or related service

Goal / Actual	
• Year 1: <u>300 / 107</u>	• Year 1: <u>35.7% Met</u>
• Year 2: <u>300 / 766</u>	• Year 2: <u>Exceeded (255%)</u>
• Year 3: <u>300 / 1220</u>	• Year 3: <u>Exceeded (407%)</u>
• Total: <u>900 / 2093</u>	• Total: <u>Exceeded (233%)</u>



Proportion of MHFAiders to Youth Population

- Given that there are 5,450 youth between the ages of 5 and 18 in this area

- Thus, the goal is that there would be approximately 1 First Aider for every 6 youths in the 45403 and 45410 zip code areas at the end of the funding period.

Goal / Actual	Achieved, Exceeded or Not Met
Year 1: <u>1/18 / 1/22</u>	Year 1: <u>81.8% Met</u>
Year 2: <u>1/2 / 1/11</u>	Year 2: <u>81.8% Met</u>
Year 3: <u>1/6 / 1/5</u>	Year 3: <u>Exceeded (118%)</u>
Total: <u>1/6 / 1/5</u>	Total: <u>Exceeded (118%)</u>


Impact on Perceived Stigma, Knowledge & Confidence of First Aiders


- Participants' attitudes about individuals with mental health problems were more positive three months after YMHFA training.

Outcome	Mean Score Before Training	Mean Score After Training	Significance (p)
Recognition	7.35	8.59	$p < .001$
Treatment Knowledge	27.48	30.64	$p < .001$
Confidence	34.95	39.67	$p < .001$

Type of Referrals	Number of Referrals
Mental Health Services	799
Substance Abuse Services	653
Medical Services	642
Peer Support	596
Faith-Based Support	220
Self-Help Resources	502
Followed Through	798

Referral Types

2016	2017	2018
 <ul style="list-style-type: none"> • South Community • Eastway Behavioral Healthcare • Samaritan Behavioral Health, INC • MC Juvenile Court • Sinclair CC Peace Officer Academy • East End Community Center • Life Enrichment Center • Wright State University • NAMI-Montgomery County • Goodwill Easter Seals • YWCA 	<ul style="list-style-type: none"> • Miami Valley Hospital • YWCA of Dayton • Wright State University • Community Training • Central State University • MC Job & Family Services • Community Training • The Vineyard Church • Community Training • MC Sheriff's Office • Sinclair CC Corrections Academy • MC Job & Family Services • Community Training • Living Word Church • Sinclair Community College 	<ul style="list-style-type: none"> • Wright State University • Ronald McDonald House • Charities of the Miami Valley • Sinclair Community College • WSU Boonshoft School of Medicine • Living Word Church • Wright State University • Central State University • Church of the Brethren • Mt. Pisgah Church • Community Action Partnership



Much Gratitude to YOU:

- ADAMHS Board Members
- Community Partners
- Executive Director
- Grant Writer
- Adult Mental Health First Aid Instructors

Specifically our
ARMS & FEET &

