PREVENT DRUG OVERDOSE

OD SYMPTOMS
• Gurgling or raspy breathing
• Very slow or shallow breathing
• Blue lips or fingernails
• Pale skin
• Very slow pulse
• Limp body
• Vomiting
• Can’t speak or slurred speech
• Dizziness
• Passed out or can’t respond

If someone has these symptoms, CALL 911. Don’t let them try to sleep it off.

PREVENTION
• The best way you can prevent a fatal overdose (OD) from morphine-type drugs like Vicodin™, Percodan™, OxyContintm, methadone, and heroin is not to take them.
• If you don’t stop using these drugs, take them in lower doses and less often.

REDUCE YOUR RISK
• Take only drugs that have been prescribed and use them as directed.
• Tell all your doctors and your pharmacist what medications you are taking.

YOUR RISK INCREASES IF YOU:
• Drink alcohol, use heroin, or take other drugs like Xanax™, Klonopin™, or Valium™ along with morphine-type drugs.
• Buy drugs “off the street.”
• Have a history of drug abuse or addiction.
• Use more than the prescribed dose.

If you need help with drugs, call CrisisCare at (937) 224-4646 or contact a physician or hospital.