

Montgomery County Sheriff's Office

Corrections Officer Physical Agility Test



Montgomery County Sheriff's Office utilizes a Corrections Officer Physical Agility Test (COPAT) to assess an applicant baseline ability to complete simulated activities of a corrections officer. This test is comprised of two events: a range of motion exercise and a short obstacle course.

Range of Motion Activity: This activity is not timed. There will be a six foot X on a wall. The applicant will place one hand in the center of the X and the other hand at the top of either side of the X. The applicant will trace the side of the X from top to bottom and back without removing the hand from the center of the X. The applicant will complete this three times on one side. Once complete, the applicant will switch sides and complete the same range of motion three times on the opposite side of the X.

Obstacle Course: This activity is timed. The applicant will have 2 minutes to complete this activity which incorporates a 30 second pause.

From the location of the X, the applicant will run to the stairwell door, open the door, run up the first flight of stairs, open the half gate and run up the second flight of stairs. At the top of the second floor, the applicant may pause for a 30 seconds. After the 30 second pause, the applicant will run back down both flights of stairs, open the door to the hallway, locate the 90 pound dummy to left of the stairwell door and drag the dummy approximately 40 feet to the X on the floor.

At the end of the dummy drag, the applicant will perform one burpee. This activity assesses the ability of the candidate to recover quickly in the event of fall.

This will complete the COPAT.