

CITY OF

MOUNDS VIEW

PARKS AND RECREATION 2025 WINTER & SPRING PROGRAM GUIDE



Mounds View Parks & Recreation Community Center

5394 Edgewood Drive | Mounds View, MN 55112 763.717.4040 | parksandrec@moundsviewmn.org

Mounds View Locations

Ardan Park 8307 Long Lake Road City Hall Park 2401 Mounds View Boulevard **Greenfield Park** 2335 Knoll Drive **Groveland Park** 2815 Ardan Drive Hillview Park 7901 Greenwood Drive Lakeside Lions Park 7840 Pleasant View Drive Lambert Park 5324 Jackson Drive

5394 Edgewood Drive

Mounds View Event Center 5394 Edgewood Drive Oakwood Park 5590 Quincy Street Hodges Park 5214 Long Lake Road Silver View Park 2700 Count Road I Woodcrest Park 2752 Woodcrest Drive

Locations Outside of Mounds View

Mounds View Community Center

Arden Hills City Hall: 1245 W Highway 96, Arden Hills Highview Middle School: 2300 7th St. NW, New Brighton

New Brighton Community Center:

400 10th St. NW, New Brighton

Terrace Park: 410 79th Avenue, Spring Lake Park

Badwolf Adventure Studios:

3015 Coon Rapids Blvd NW, Coon Rapids

Spark Music Studios: 1312 81st Ave NE, Spring Lake Park

Save the Date

Explore More Summer Camp registration opens January 15!





Program Registration

Online registration is available at secure.rec1.com/MN/mounds-view-mn/catalog

Phone and walk-in registrations are also accepted at the Mounds View Community Center.

- Online registration closes 1 week prior to the class start date, unless listed.
- The participant grades listed apply to the 2024/2025 school year
- The Mounds View Parks & Recreation department reserves the right to cancel any class or activity due to insufficient enrollment. A full refund will be issued in the event this occurs.
- Full refunds are given only when an activity is canceled by the Parks and Recreation department. When registration is withdrawn before the registration deadline for a program, a 20% administrative fee will be assessed. Unless otherwise noted, the registration deadline is one week before a program start date. Refunds cannot be guaranteed after the registration deadline or after the class/ program has begun.

Photo Policy

Photographs and videos are periodically taken of participants while they are engaged in programs, community events, or enjoying parks. Please be aware that these photographs may appear in the local newspapers and/or Parks and Recreation department publications and marketing including our website, brochure, and social media. If you would prefer that we not use your photo, please let the photographer know.

f Follow Us on Facebook! Mounds View Parks and Recreation

We are

Join the Mounds View Parks and Rec team and make a difference in your community! Help support youth access to sports and programs, foster community togetherness, and implement exciting opportunities for all.

Visit moundsviewmn. org for details and to apply today.



POSTITIONS INCLUDE: - FRONT DESK EMPLOYEES - ICE RINK AND WARMING HOUSE **ATTENDANTS**







MOUNDS VIEW COMMUNITY CENTER

HOURS

Labor Day – Memorial Day

Monday – Saturday 8 am – 8 pm Sunday Closed

Admission Information

Admission fees or membership allows you to enjoy the following areas.

FITNESS CENTER

Features treadmills, stair climber, elliptical trainers, rowing machine, upright and recumbent cycles and more. We also have strength equipment, functional trainer, dumbbells, free weight benches, medicine balls, TRX and more!

- GYMNASIUM
- GROUP EXERCISE CLASSES
- LOCKER ROOMS



Ice Rinks and Warming Houses

Lambert Park Ice Rink

5324 Jackson Dr.

Hillview Park Ice Rink

7901 Greenwood Dr.

Both parks feature a full-sized hockey rink, recreation rink, and warming house.

Season is weather-dependent and typically runs mid-December through mid-February. Watch our Facebook page for opening dates and weather updates.

Weekdays 4 – 8 pm

Weekends 12 – 8 pm

School release days | 12 - 8 pm

Warming houses are closed December 24 and 25.

DAILY ADMISSION RATES

Youth or Senior 65+	Resident	\$3
	Non-Resident	\$5
Adult	Resident Non-Resident	\$5 \$7

MOUNDS VIEW COMMUNITY CENTER MONTHLY MEMBERSHIPS

Youth or Senior 65+	Resident	\$12
	Non Resident	\$22
Adult	Resident	\$25
	Non Resident	\$35
Family	Resident	\$40
	Non Resident	\$50

ANNUAL MEMBERSHIPS

Youth or Senior 65+	Resident	\$120
	Non Resident	\$220
Adult	Resident	\$250
	Non Resident	\$350
Family	Resident	\$400
	Non Resident	\$500

- Adult Resident is anyone who lives or works in Mounds View (must show proper verification)
- Youth Resident is anyone who lives in Mounds View or attends school within the Mounds View School District.

Please contact the recreation office for more information about memberships at 763.717.4040.

GYM RENTAL

The Mounds View Community Center has a full-size gym with two basketball courts. Rent it today for sports teams, birthday parties or private groups.

RATE	MOUNDS VIEW	RESIDENT
Full Gym	\$140	\$95
Half Gym	\$75	\$50



Mounds View parks are a perfect place for you to hold your smaller gatherings.

Park Building	Fee	Resident Fee
Random Park	\$200	\$ 100
Silver View Park*	\$200	\$ 100
Lambert Park**	\$200	\$ 100
Groveland Park	\$200	\$ 100
Hillview Park**	\$110	\$ 55
Lakeside Lions Park*	\$110	\$ 55
City Hall Park/Splash	\$40	\$ 40
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Pad Pavilions*

ALL RATES ARE FOR DAILY RENTALS. Hours are 10 am - 10 pm *Not available ** Warming Houses, December - February

Mounds View Parks & Amenities

	Buil	ding	S	helte	er		Fie	lds		Rir	nks		Соι	ırts				Playg	round	Other
Park	Park Building	Building Capacity	Shelter	Picnic Tables	Grills	Youth Baseball	Softball Field	Soccer	Football	Hockey Rink	General Skating	Tennis	Pickleball	Basketball	Volleyball	Disc Golf	Walking Trail	Play Equipment	Splash Pad	
Ardan 8307 Long Lake Rd																	Ø			Compost Site
City Hall 2401 Mounds View Blvd			②	②	②		Ŷ		Θ						Ŷ		②	②	②	
Greenfield 2335 Knoll Dr				②		*						Ŷ	Ŷ	Ŷ			②	②		
Groveland 2815 Ardan Ave	44	25	*	②	②	©						Ŷ	Ŷ	Ŷ				②		
Hillview 7901 Greenwood Dr	44	25	*	Ø	②	©		0	Θ	Ŷ	©							②		
Lakeside 7840 Pleasant View Dr		50	②	②	②		©								©		②	②		Fishing Pier
Lambert 5324 Jackson Dr	44	25	*	Ø	②	©				Ŷ	©							②		
Oakwood 5590 Quincy St				②														②		
Hodges (Random) 5214 Long Lake Rd	44	35		Ø	Ø									②				②		Zip line
Silver View 2700 County Rd I	44	50	*	Ø	Ø		②	Ø						②	②	②	Ø	②		Sliding Hill Horseshoe
Woodcrest 2752 Woodcrest Dr																	Ø	②		



^{*} Attached to park building





SENIOR CENTER

Monday-Friday Opens at 8 am

MORE THAN JUST COFFEE! The Senior Center's goal is to be the local, trusted place in the community that connects people to the programs, services and opportunities they need to age well. Explore our classes, join us for an excursion or a fitness session. Enjoy doing fun activities together such as eating out, playing cards, Bingo or Miniature Golf. Of course, we do like a good cup of coffee or tea and some good conversation. This is a place to relax and just enjoy being with others. Feel free to join us!

Check out our monthly Newsletter or Facebook for updates and additional programs. Our Monthly Senior Center Newsletter is posted on our website. If you would like to receive a copy by email, send a note to **connie.allen@moundsviewmn.org**

CLASSES ARE FREE WITH SILVER SNEAKERS, SILVER & FIT, RENEW ACTIVE, OR ONEPASS MEMBERSHIP

Get Moving with Senior Chair Combo

This beginner's workout provides low impact movement for strength, stretching and balance exercises designed to provide energy for an active lifestyle.

Mondays 10 am Rate: \$3

Silver Sneakers Gentle Yoga

Silver Sneakers Yoga is appropriate for everybody. It offers light to moderately intense rhythmic and static range of motion, choreography and progressive breathing exercise. Gentle Yoga is performed from a chair or standing and can be modified. Gentle Yoga is shoe friendly, no bare feet.

Tuesdays 9 am Rate: \$3

Senior Exercise

Volunteer led exercises consist of stretching and strengthening, as well as aerobic walking. This is an excellent way to keep muscles flexible and strong while socializing with friends.

Mondays & Thursdays 9 – 10 am Free

Senior Circuit Combo Class

This class offers standing, low impact movement, upper body strengthening with handheld weights, tubing and balls. A chair is available for support. The instructor will offer modifications to match participants abilities.

Wednesdays 9 am Rate: \$3

Legacy to Liquidity

Caring Transitions will continue to help us declutter and downsize with Legacy to Liquidity. Participants are invited to bring along an item they cherish. Suzanne will help us to decide its worth, and if it is a keeper or if we should discard it.

Friday, January 17 10 am



Stretch with Yoga Technique

Class will focus on balance, stretching, and core strength (without doing crunches) To participate you should be able to lie on your tummy and on your back and get down on a yoga mat. You will get down at the beginning of class and up at the end of class. There is no transitioning up and down during the class. Please bring a yoga mat if you have one.

Fridays 9 am Rate: \$3



Pickleball

Pickleball is a combination of tennis, badminton, and ping pong played by four people on a badminton size court with paddles and a perforated poly ball. It is great exercise, easy to learn and lots of fun. Come see what the excitement is all about and participate in this fast growing sport.

Monday – Friday 8 – 11 am Rate: \$3

Senior Resource Panel

Check out our upcoming Senior Panel. Speakers from Home care, downsizing, estate planning, housing and more. All to help us plan for our future. Visit the booths for treats and information

March 26 10am until 12pm

ED'S CARD CLUB

Join Ed for a game or two of cards. Ed and others enjoy playing Cribbage, Bridge, 500 and many other games. The Senior Center is a cozy place to relax as you visit with others and enjoy a favorite pastime.

Tuesdays & Thursdays 1 pm











SENIOR BINGO (FREE)

First & Third Thursdays of each month 10 – 11 am

MINIATURE GOLF

A 9 hole course set up in the Community Center. Enjoy an afternoon on the "links." We have a limited number of putters, feel free to bring your own if you have one. Setting up the course can be as much fun as playing. Come at 12:30 if you'd like to help.

2nd Wednesday 1 pm

Free Christmas Concert With The Silver Ukes

December 2nd at 1 pm

Don't miss this fabulous group, back again this year. Their lively tunes will get you in the Christmas Spirit. The concert is free of charge, but please bring an unwrapped gift for a child o-18 years of age for Operation Joy or a donation for the local food shelf.



Senior Classes

Coffee and Canvas

Join us for some fun while painting on canvas. The instructor, Sandy Danus from Cheerful Hearts Paint, will teach anyone the brush strokes needed to go home with your masterpiece that day. This class takes about 2 ½ hours. Bring a friend, all are welcome!

Dec 5, Jan 9, Feb 6, Mar 6, Apr 13 Thursdays 11am-2pm

\$25 or \$30 due day of class to instructor; You will need to reserve a spot at least one week in advance

55+ Senior Driving Course

Save 10% on your car insurance.

Presented through the Minnesota Highway Safety & Research Center. There is no longer an initial 8 hour course. The 4 hour course is designed for those taking it the first time or for those needing a refresher.

4 hour course

Tuesday, January 28 9 am to 1 pm Tuesday, March 11 1 pm to 5 pm Tuesday, June 10 9 am to 1 pm

Registration through the Minnesota Highway Safety & Research Center. www.mnsafetycenter.org, or by calling 1-888-234-1294.



VISIT THE VIKING'S MUSEUM & LUNCH AT ZE'S DINER

Come see the interactive displays of Artifacts, retired Jerseys, a history of Vikings gear and greatest plays. Pick up at Mounds View 10:30 a.m. Register at Mounds View by February 13.

Friday, Feb 27 10:30 am - 5 pm \$90

FOLSOM PRISON EXPERIENCE -JOHNNY CASH

Step into Folsom Prison in 1968 and participate in the electrifying Johnny Cash show. Lunch Choice made at reservation Paramount Theater St.Cloud. Registration deadline: Dec 16.

Thur, Jan 16 10 am - 5 pm \$107

All Shook Up - Elvis

Get ready to shake things up with "All Shook Up," a jukebox musical comedy set in 1955 featuring the music of Elvis Presley. Buffet lunch included Paramount Theater St. Cloud. Registration Deadline: Jan 3.

Thur, Feb 6 10 am - 5 pm

On the Road Again

On the Road again returns to the Sidekick stage with another memorable concert filled with your favorite country music. Registration Deadline: February 20.

10:30 am - 5 pm \$95 Thu, Mar 20

Day Trips

We are cooperating with Spring Lake Park for day trips. The bus will pick up and drop off at Spring Lake Park City Hall

To register for the following trips, Scan here or call 763-792-7231



SECRET WARRIORS

Inspired by the stories of the Japanese Americans who served as translators and interrogators for the U.S. Armed Forces, Secret Warriors features two men, who took extraordinary risks to save their fellow soldiers in the Pacific Theater during World War II. Lunch Included. Registration Deadline: Mar 20.

Thur, Apr 17 9:15 am - 3 pm 10:30 am - 5 pm \$95 Registration deadline: Apr 1

37 POSTCARDS AT DAY TRIPPERS

In this play, young Avery Sutton and his fiancée return from an eight-year stint in Europe, only to find that his already eccentric family has gone completely insane! Now, Avery and his bride-to-be must decide whether to embrace their family's oddities or leave them behind. Lunch Included. Registration deadline: Mar 23.

Th April 23 11:30 am - 5 pm \$92

PERFECT WEDDING

A comedy and touching love story. A groom wakes up on the morning of his wedding day with a hangover and a strange woman in his bed. Mix in the bride, her mother, the best man, and a maid that knows too much, and you have a recipe for disaster. Lunch included. Registration deadline: Apr 1.

Th, May 1 10:30 am - 5 pm \$95

WHOA, NELLIE! THE OUTLAW KING OF THE WILD MIDDLEWEST

Whoa, Nellie! tells the whirlwind tale of a fake detective (and former child performer), whose countless criminal exploits and penchant for male attire made her a Minnesota media sensation in the late 1800s. Her story brings to light historical realities around gender, addiction, mental health, and celebrity that still resonate today. Lunch Included. Registration deadline: May 1

Th, May 29 9:15 am - 3 pm \$98

GREASE

Grease is back at Chanhassen Dinner Theatres! Experience the nostalgia of high school in the '50s -peer pressure, love, and teenage life set against the campy backdrop of Rydell High! Don't forget the music, with songs like "Summer Nights," "We Go Together," "Beauty School Dropout" and more, including the hits you love from the movie. Registration deadline: Jun 19.

Wed, Jul 16 10:30 am - 5 pm \$107

BEAUTY AND THE BEAST

Step into the magic at Disney's all-new, reimagined 30th Anniversary production of Beauty and the Beast. Experience the story you know and love brought to life with new sets, stunning costumes, and a fresh touch of grandeur. Registration deadline: Jul 9.

Thur, Aug 14

Youth & Family



Starting January 8th

Bring your little ones for a fun-filled morning of free play! Designed specifically for youth under 5 years old, enjoy full access to the gym and a variety of fun equipment, including balls, hoops, scooters, music, and more. Perfect for toddlers and parents to play together, or for caregivers and children to enjoy as the weather turns colder. Whether it's shooting hoops, running around, or trying new activities, there's something for everyone! No pre-registration required.

Wednesdays 8 - 11 am Mounds View Community Center Free with a Community Center membership, OR \$5 drop-in fee per family

School Release Day Programs

Add some fun to your child's days off school! Mounds View Parks and Recreation is partnering with Arden Hills to offer school release day camps on various days throughout the school year. Programs are available for youth Kindergarten – 5th Grade and run from 8:30 - 4:30 pm with pick up and drop off at the Mounds View Community Center. An afternoon snack is provided. All programs are \$45/Day per child.

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January 20	No School Day
January 23	No School Day
January 24	No School Day
February 17	No School Day
March 18	No School Day
March 24 - 28	Spring Break
March 31	No School Day

Parent's Night Out

Take a Break and Enjoy a Romantic Evening!

Parents, treat yourself to a special night out this Valentine's Day weekend while we entertain your kids! Join us for a fun-filled night out at the Mounds View Community Center.

Youth ages 4-II will enjoy gym games, crafts, Valentine'sthemed activities, and dinner with our youth staff. Take the evening to enjoy a romantic dinner or relax—your kids will have a blast! Pick-up and drop-off at the Mounds View Community Center. Children must be potty trained.

February 8 · 3 - 7 pm

Fee: \$30, \$5 discount for additional children Mounds View Community Center

Music Together

Discover the joy of making Music Together! Sing, laugh, move and learn along with your baby, toddler or preschooler for 45-minutes of pure fun each week in these award-winning classes. BOND with your child through song. MAKE NEW FRIENDS. SUPPORT your child's overall development,

knowing that music learning supports all learning. HELP YOUR CHILD learn to sing and dance as naturally as they learn to walk and talk. HAVE FUN. Classes held at the New Brighton Community Center. For ages 0-5. When registering, only register your child.

FREE DEMO CLASSES PRECEDING THE WINTER 2025 SESSION:

Monday	Dec 9	9:45 am - 10:30 am	Free	Register by Dec 2
Monday	Dec 9	4:15 - 5 pm	Free	Register by Dec 2
Monday	Dec 9	5:15 pm - 6 pm	Free	Register by Dec 2
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 Monday
 Jan 6-Mar 10
 9:45 am - 10:30 am
 \$199
 Register by Dec 30

 Monday
 Jan 6-Mar 10
 4:15 - 5 pm
 \$199
 Register by Dec 30

 Monday
 Jan 6-Mar 10
 5:15 pm - 6 pm
 \$199
 Register by Dec 30

FREE DEMO CLASSES PRECEDING THE SPRING 2025 SESSION:

Monday	Mar 17	9:45 am - 10:30 am	Free	Register by Mar 10
Monday	Mar 17	4:15 - 5 pm	Free	Register by Mar 10
Monday	Mar 17	5:15 pm - 6 pm	Free	Register by Mar 10

TEN-WEEK SPRING 25 SESSION CLASSES: No class May 26

Monday	Mar 31-Jun 9	9:45 am - 10:30 am	\$199	Register by Mar 24
Monday	Mar 31-Jun 9	4:15 - 5 pm	\$199	Register by Mar 24
Monday	Mar 31-Jun 9	5:15 pm - 6 pm	\$199	Register by Mar 24

^{*}This program is in partnership with the cities of New Brighton, Spring Lake Park, and Arden Hills



Dungeons and Dragons Classes

AGES 8 & UP

Badwolf Adventure Studios

Classes for young minds blend creativity, teamwork, and critical thinking through Dungeons and Dragons, fostering friendships and empowering each child to a hero.

DUNGEONS & DRAGONS FOR BEGINNERS!

Learn Dungeons and Dragons 5th Edition with a professional Game Master in this intro class. Create a character, explore the basics, and jump into an adventure with miniatures, terrain, and props for a fully immersive experience.

Wednesday, Jan 22 6 - 8 pm Badwolf Adventure
Registration deadline: Jan 21 \$36

Wednesday, Apr 23 6 - 8 pm Badwolf Adventure

Registration deadline: Apr 22 \$36

PARENT/CHILD DUNGEONS & DRAGONS LEARN-TO-PLAY

Join us for a fun learn-to-play session where parents and kids (8+) can discover the basics of tabletop role-playing games together. Create characters, play a short game, and build math, teamwork, and critical thinking skills along the way. Additional child: \$24

Wed, Mar 196 - 8 pmBadwolf AdventureRegistration deadline: Mar 18\$72/pair

MINIATURE MONSTER PAINTING

Join us for a monster-themed miniature painting class! Students will get professional guidance on using model paint and leave with a finished monster miniature to take home. Perfect for beginners—no prior experience needed!

Wed, Feb 19 6 - 8 pm Badwolf Adventure
Registration deadline: Feb 18 \$36



Spark Music Classes

INTRO TO MUSIC

Embark on a magical 5-week musical journey for kids, introducing instruments like piano, drums, guitar, and ukulele. Each student gets an "Intro to Music" book, a treasure map to exploring music. We focus on creating lasting memories, skills, and fun. No experience needed—just bring your love of music and a big smile!

Ages: 6-13 Tue, Feb 4-Mar 45:15 - 6 pm
Registration deadline: Feb 3 \$110

ROCK BAND CLASSES

Help your child connect with others while having a blast. Join our Rock Band class! Here, kids team up to learn teamwork and make awesome music together. We mix kids with different instruments, so they can make friends, learn, and jam out together. Whether your child is a pro or new to the scene, our class is a great chance for them to meet new friends and rock on!

Ages: 12-17 Tues, Feb 4-Mar 4 6 - 6:50 pm
Registration deadline: Feb 3 \$110

Ages: 6-12 Wed, Feb 5-Mar 5 4 - 4:50 pm
Registration deadline: Feb 4 \$110

*All classes held at 1312 81st Ave NE, Spring Lake Park

*This is a partnered program with the city of Spring Lake Park

Youth Dance Classes

All dance programs will end with a dance recital on April 22, 2025.

Tap & ballet shoes are required and will be available for purchase at the first class. (Tap \$30, ballet \$20)

Registration Deadline: Thursday, December 26.

HOP N' TOTS CREATIVE DANCE WITH TAP

This class is for kids with energy to spare! Students will be introduced to beginner tap and ballet techniques.

Tues, 1/7-4/22 Ages 3-4 5:30 - 6:15 pm Arden Hills Community Room \$137 Resident \$145 Non/Resident

CREATIVE DANCE WITH TAP

This isn't your ordinary dance class! We use scarves, pom poms, and rhythm instruments to explore and experience dance. Beginning tap will be introduced throughout the session.

Tues, 1/7-4/22 Ages 5-7 6:15 - 7 pm Arden Hills Community Room \$115 Resident \$125 Non/Resident

TAP, JAZZ, AND BALLET

Learn the basics of tap, jazz, and ballet in a fun, relaxed environment.

Tues, 1/7-4/22 Ages 5-7 7 - 7:45 pm Arden Hills Community Room \$115 Resident \$125 Non/Resident

RevSports Skill Building Classes

RevSports programs teach kids basic sports skills while keeping them active and having fun! Instructors focus on age-appropriate fundamentals through warm-ups, activities, and scrimmages. Each week introduces a new topic that builds on the last. The classes are non-competitive and help develop players of all skill levels.



VOLLEYBALL

Session 1	Thursdays, Jan 9-Jan 30	MVCC	\$67
KinderStars	Age 4-6	5:30 - 6:10 pm	
MightyStars	Age 6-9	6:15 - 6:55 pm	
SkillStars	Age 9-12	7 - 7:40 pm	
Session 2	Thursdays, Feb 6-Feb 27	MVCC	\$67
Session 2 KinderStars	Thursdays, Feb 6-Feb 27 Age 4-6	MVCC 5:30 - 6:10 pm	\$67
	•		\$67

SOCCER

Session 1	Thursdays, Mar 6-Mar 27	MVCC	\$67
KinderStars	3-5	5:30 - 6:10 pm	
MightyStars	4-6	6:15 - 6:55 pm	
SkillStars	6-9	7 - 7:40 pm	
Session 2	Thursdays, Apr 10-May 1	Lakeside Park	\$69
Session 2 KinderStars	Thursdays, Apr 10-May 1	Lakeside Park 5:30 - 6:10 pm	\$69
			\$69



Our Youth Basketball Clinics are the perfect place for young athletes to develop their talents, boost their confidence, and have a blast! Whether your child is a beginner or an experienced player, our clinics cater to all skill levels. With fun drills, exciting games, and team-building activities, your child will love every minute on the court!.

Winter Session

Saturday, Feb 8 – Mar 8

 MVCC

Registration deadline: Feb 5

PreK/Kinder	9 - 9:45 am	\$40
1st & 2nd Grade	9:55 - 10:40 am	\$45
3rd & 4th Grade	10:50 - 11:35 am	\$45

Spring Session

Saturday, Mar 22–Apr 19 MVCC

Registration deadline: Mar 19

 PreK/Kinder
 9 - 9:45 am
 \$40

 1st & 2nd Grade
 9:55 - 10:40 am
 \$45

 3rd & 4th Grade
 10:50 - 11:35 am
 \$45



Will Brown's Taekwondo

In Taekwondo students will learn a combination of combat techniques, self defense, sports, and exercise. For information contact Will Brown: 612.504.8688 or visit willbrownstaekwondo.com

WHEN: Month to Month, No Contract *Uniforms are an extra charge

*First 2 Lessons Free

RATES: \$60; First Student.

*Additional Family Member Discount \$30; Second Student, \$100; Family of 3

M/Tu/Th 5:30 - 6:20 pm Tu/Th 6:30 - 7:20 pm Sat 11 - 11:50 am

12 – 1 pm



Teens Quincy House

Quincy House serves teens enrolled in 6th - 12th grade with after school and summer programs. Our mission is to transform lives by empowering teens to have hope for their future, while providing unconditional love and guidance along the way.

Group Nights take place at the Mounds View Community Center and is a time to play games, meet together and enjoy a family style dinner. Visit Quincyhouse.org for more information.

Mounds View Community Center Tuesdays & Thursdays

3 – 5 pm

Free



SPRING BREAK MIDDLE SCHOOL **3v3 Basketball Tournament**

Recruit your team and get ready to compete for the championship title in Mounds View Community Center's Spring Break Middle School 3v3 Basketball Tournament!

Date: Tuesday, March 25 at Mounds View Community Center Prizes awarded to 1st, 2nd, and 3rd place finishing teams.

Check-in and warm-up 10-11am. ALL TEAMS MUST BE PRESENT BY 11am TO PARTICIPATE. Games begin at 11:15am. *End times may vary based on number of teams participating and team advancement/elimination

*MUST currently be in 6th, 7th, or 8th grade to participate. Friends and family encouraged to attend and spectate!

*Register online or in-person at the MVCC front desk



Teen After School AT THE C.C.

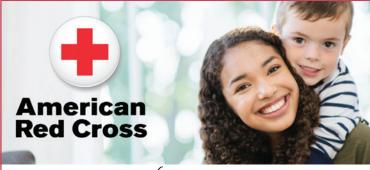
Looking for a safe and fun place to hang out after school? Join us at the Community Center on Mondays and Wednesdays from 3 to 6pm.

- 3 4 pm: Chill Time/Homework Help
- 4 5 pm: Gym Games
- 5 6 pm: Hangout Time

Our dedicated teen program staff are here to help with homework, resumes, job applications, life skills development, or just hang out, all while fostering positive relationships.

- Must currently be in 6th-12th grade
- Must check in at the front desk upon arrival.
- Registration for the school year is required.
- Free with a Community Center membership!

This is your space to unwind, have fun, and connect with friends. See you there!



Babysitters Course

This one-day certification course teaches participants to take care of themselves and others by exploring basic care of infants and children, basic first aid, emergency protocols, home safety, child behavior, developmental milestones, age-appropriate activities, professionalism, leadership and more. We encourage both young men and women to attend this life altering course.

Please pack a water bottle and an allergy-free lunch. This is a partnered program with the city of Spring Lake Park

Ages: 10-17 Sat, Jan 4 9 am - 3:30 pm

Able Park Building (8200 Able St, Spring Lake Park)

Registration deadline: Dec 28 \$60

Ages: 10-17 Sat, April 19 9 am - 3:30 pm

Able Park Building (8200 Able St, Spring Lake Park)

Registration deadline: April 12 \$60

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Paint an

In need of a night out? Grab a friend, make some memories and create a masterpiece you can be proud of! Sandy of Cheerful Hearts Paint will provide a relaxing atmosphere for you to get your creativity flowing, as well as the canvas, paint, brushes, apron and instruction. A cash bar will be available if you would like to sip while you paint.

Fees are due the day of the class to the instructor (cash/check). You will need to reserve a spot at least one week in advance, by calling 763.717.4040 or registering online at secure.rec1.com/ MN/mounds-view-mn/catalog

6-8:30pm Fee: \$35 Jan 29 6-8:30pm Fee: \$35 Mar 25



Join us for an essential First Aid and CPR course designed for all skill levels. This hands-on class will be led by certified instructor Allison Curtis and cover the fundamental techniques for providing first aid and performing CPR in an emergency. Participants will gain valuable knowledge and skills to respond to common injuries and cardiac emergencies with confidence.

Certification available for an additional fee. *Partnered program with the city of Spring Lake Park

Age: 10+ Sa, Feb 15 9 am - 1:30 pm \$65 Register by: Feb 8

MVCC Age: 10+ Sa, Apr 26 1 - 4:30 pm \$65 Registration deadline: April 19

North Metro Adult Leagues

The North Metro Sports Association is a partnership between Fridley, Mounds View, New Brighton, and Spring Lake Park recreation departments to bring adult sports leagues to the North Metro area.

Winter Bag Toss League

Grab a partner and play in our indoor Bag Toss League! Teams are made up of 2 players of any gender combination. League play consists of double headers. Prizes will be awarded to the top teams!

Registrations will be taken on a team basis. Only the team manager will need to complete the registration process.

Thursdays, 1/16-03/6 6-8 pm Mounds View Community Center \$40/team Registration deadline: January 1



Winter Indoor Volleyball League

Grab your friends for some indoor volleyball! Teams will play a 7+ week season, including playoffs. Registrations will be taken on a team basis. Only the team manager will need to complete the registration process.

Don't have a team? Register as an individual and you will be placed on a team with other individual registrants. Pending the makeup of individuals who register, we may build co-ed and/or women's teams. Those teams may be Recreational or Competitive.

*Registrations cost includes referees, championship awards, and sales tax.

Location: Highview Middle School Fee: Ind: \$45 / Team: \$375

Women's Competitive

W, Jan 15 - Mar 26 6 - 10 pm

Co-Ed Rec

W, Jan 15 - Mar 26 6 - 10 pm

Co-Ed Rec

M, Jan 13 - Mar 24 6 - 10 pm

Co-Ed Competitive

M, Jan 13 - Mar 24 6 - 10 pm

Registration Deadline: January 1



PARKS AND RECREATION

Mounds View Community Center 5394 Edgewood Drive, Mounds View, MN 55112

COMMUNITY EVENTS

Community Bonfire at the Rinks

THURSDAY, JANUARY 16 * LAMBERT PARK, 6 – 8pm

Light up the night at the Bonfire Bash! Join us for an evening under the stars with crackling fire, cozy vibes, s'mores, and fun. Warm up while ice skating on our rinks. Bring your friends and family for a night to remember!

Valentine's Day Bingo

SATURDAY, FEBRUARY 8 # 1 - 3 pm

Mounds View Community Center

Join us for an afternoon filled with bingo, fun, and prizes! All ages welcome. Free to attend, bingo cards \$1 each.

St. Patrick's Day Bash

SUNDAY, MARCH 16 * 3 – 5 pm

Get ready to feel the luck of the Irish at our St. Patrick's Day Bash! We're going all out to bring you an unforgettable evening with festive cheer, lively tunes, and plenty of dance-worthy moments.

Puzzle Palooza

SATURDAY, APRIL 12 # 3 - 5 pm

provided.

Ready. Set. Solve! Do you have what it takes to be the Puzzle Master? Put your skills to the test and compete for prizes at our thrilling Puzzle Competition. Teams of up to 4 will compete to complete a 500-piece jigsaw puzzle in the fastest time. Puzzle will be



Holiday Light Map

Planning some impressive holiday decorations this year? Sign-up to have your address added to our 2024 North Suburban Holiday Light Map for families to drive around and enjoy this season.

Prizes will be awarded!



