Strategies to Slow the Spread of COVID-19 in Minnesota

To protect public health and slow the rate of transmission of COVID-19, the Minnesota Department of Health recommends implementing the following mitigation strategies.

**MDH Recommends Postponing or Canceling Certain Events**

These events include:

- Large events of 250 or more people should be postponed or canceled
  - This includes but is not limited to concerts, conferences, and professional, college, and school performances or sporting events
- Smaller events that are held in venues that do not allow social distancing of 6 feet per person
  - This includes gatherings in crowded auditoriums, rooms or other venues
- Events where the majority of participants are at higher risk for severe illness from COVID-19 should be limited to no more than 10 people
  - This includes gatherings at retirement facilities, assisted living facilities, developmental homes, and health support groups

**MDH Recommends Immediately Implementing Mitigation Strategies**

<table>
<thead>
<tr>
<th>Individuals and Families at Home</th>
<th>Schools and Childcare Centers</th>
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</thead>
<tbody>
<tr>
<td>• Monitor local information about COVID-19 in your community</td>
<td>• Cancel or postpone all large events and gatherings of more than 250 people</td>
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<td>• Practice personal protective measures, including keeping social distance of at least 6 feet and washing hands frequently</td>
<td>• Limit school-to-school events</td>
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<td>• Put household preparation plan in action</td>
<td>• Provide alternative learning environments for high-risk children</td>
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<td>• Individuals at higher risk for severe illness should avoid large gatherings, avoid travel, and stay home as much as possible</td>
<td>• Sick students and staff should stay home until symptom-free for at least one day</td>
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- Incorporate extra handwashing into the daily routine and reinforce proper cover-your-cough procedures
- Cancel interstate and international travel

**Assisted Living Facilities, Senior Living Facilities, and Adult Day Programs**
- Implement social distancing measures
- Reduce large gatherings
- Alter schedules to reduce mixing, such as staggering meals and other activities
- Have residents stay in facility
- Limit visitors and programs with external staff
- Screen attendees, staff, and visitors for temperature and respiratory symptoms
- If cases occur among staff or residents, consider short-term closures for cleaning and contact tracing

**Workplaces**
- Encourage staff to telework when feasible
- Implement social distancing measures if not teleworking, including requiring at least 6 feet between workers, staggering work schedules, and limiting in-person meetings or gatherings
- Limit non-emergency work travel
- Consider temperature and respiratory symptom screening of staff and visitors entering buildings
- Require workers who are ill to stay home
- Provide accommodation for individuals at higher risk for severe illness, such as teleworking or separate office

**Community and Faith-Based Organizations**
- Follow general guidance for group gatherings
- Consider offering video or audio of events
- Determine ways to continue providing support services to individuals at increased risk of severe disease