

Mount Kisco Recreation FALL Programming Brochure 2023

REGISTRATION BEGINS

August 28th, 2023

9:00am

*Creating Community Through
People, Parks, & Programs*

Toda la información en este folleto se puede encontrar en español en Community Pass.

Vea la página 4 para más detalles.



WELCOME...

Our commitment is to you, and your satisfaction is our goal. The Village/Town of Mount Kisco Recreation Department seeks to provide high-quality and well-planned recreational programs for our entire community. It is the department's goal to make your recreation experience an enjoyable one. We are constantly looking for and adding new programs and instructors each season, so be sure to check out all of the programs that we are offering this Spring.

How to See a Good Program Get Cancelled

Registration for our programs **closes one week** prior to the beginning of class. If we do not have enough participants for the program, it will be cancelled. **Please register early.**

BIENVENIDO...

Nuestro compromiso es con usted, y su satisfacción es nuestro objetivo. El Departamento de Recreación de la Villa/Pueblo de Mount Kisco busca proporcionar programas recreativos bien planificados y de alta calidad para toda nuestra comunidad. El objetivo del departamento es hacer que su experiencia recreativa sea placentera. Constantemente buscamos y agregamos nuevos programas e instructores cada estación, así que asegúrese de revisar todos los programas que ofrecemos esta primavera.

Cómo ver que se Cancela un Buen Programa

La inscripción para nuestros programas **cierra una semana** antes del comienzo de la clase. Si no tenemos suficientes participantes para el programa, será cancelado.
Por favor regístrese temprano.

WHEN TO REGISTER

Fall Program Registration

August 28th, 2023
9:00am

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Leonard Park

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Memorial Pool Complex
Wallace Pond
The Tea House
Tennis/Pickleball & Basketball/Volleyball & Bocce Ball Courts
Baseball/Softball Fields
Hiking/Walking Trails & 18 Hole Disc/Frisbee Golf Course
Playground & Picnic Areas

J. Edward Fox Senior Center

Indoor Services & Activities
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The "Trolley" Newsletter

J. Edward Fox Memorial Park

Basketball Courts
Toddler & Youth Playground Areas
Picnic Areas/Hiking and Walking Trails

333 Fields

Multi-Purpose Field

FALL PROGRAMMING BROCHURE

19

Coming in August



CONTACT US AT

Mount Kisco Recreation, 1 Wallace Drive, Mount Kisco, NY 10549
 Phone: (914) 666 - 3059 * E-mail: recreation@mountkisco.ny.gov
 Website: www.mountkisco.ny.gov * Social Media: Facebook.com/VillageofMountKisco

FACILITY LOCATIONS

Leonard Park

The Memorial Pool Complex
 Charles C. Pieragostini Multi-Purpose Room Gym
 1 Wallace Drive, Mount Kisco, NY 10549

The J. Edward Fox Senior Center

198 Carpenter Avenue (Behind 200)
 Mount Kisco, NY 10549
 Phone: (914) 666 - 8766 * Fax: (914) 666 - 3971 * Email: seniors@mountkisco.ny.gov

RECREATION DEPARTMENT STAFF

SUPERINTENDENT OF PARKS & RECREATION

KYLE THORNTON

RECREATION SUPERVISOR - SENIOR CITIZENS

SUSAN MOURIS

SENIOR RECREATION LEADER

GEORGE PRICE

RECREATION LEADER

ALLISON HERSKOVITZ

RECREATION ASSISTANT

GAIL HALL

RECREATION ATTENDANT

JOSE GUERRA

VILLAGE BOARD & RECREATION COMMISSION

Gina D. Picinich, Mayor	Christine Dennett, Chair Person
Lisa C. Abzun, Deputy Mayor	Bob Byrns
Anne B. Bianchi, Trustee	Linda Cindrich
Karine P. Patiño, Trustee	Kathy Feeney
Karen B. Schleimer, Trustee	Christy McGinn
Edward W. Brancati, Village/Town Manager	Kim Terlizzi
Kenneth L. Famulare, Assistant Village/Town Manager	Gallo Trujillo

PLEASE NOTE:

The Mount Kisco Recreation Department welcomes all residents, school districts, and nonresidents of all abilities. Anyone needing any assistance or information regarding our programs can contact the Mount Kisco Recreation Department via Phone at: (914) 666 - 3059 or via Email: recreation@mountkisco.ny.gov.

REFUND POLICY

REFUND REQUESTS

1. Submit in writing to the Mount Kisco Recreation Department via e-mail: recreation@mountkiskonyc.gov
2. Submit at least fourteen (14) days, before the program start date.

APPROVED REFUND REQUEST:

1. A 10% administrative fee will be charged, if received at least fourteen (14) days prior to the start date.
2. A 50% administrative fee will be charged if received seven - thirteen days before any program's start date.
3. All approved refunds will follow the Village of Mount Kisco Finance Department's bill payment schedule for refunds.

UNAPPROVED REFUND REQUESTS:

1. Requests are received six (6) days or less before any program's start date.
2. Requests are received for any program that has begun.
3. Requests are received for any permits, trips or pool passes.
4. Requests are received where violations of any recreation policy are violated.

BEHAVIOR POLICY

The Mount Kisco Recreation Department is dedicated to providing every participant and instructor with a safe and positive experience. Any participant involved in any of the following actions will automatically be suspended and/or removed from the program permanently, and will forfeit their registration fee for: bullying; fighting, or any other violent action; hateful speech; language; texting of any kind; harassment; name-calling; drawing pictures that may be assumed insulting; theft or vandalism of any kind; running away from the group, and NOT following the rules or instructions of staff members.

PHOTO POLICY

The Mount Kisco Parks and Recreation Department reserves the right to photograph all programs, program participants, and program visitors for publicity purposes. PLEASE NOTE: Registering for any Mount Kisco Parks and Recreation Department program grants consent to the Village/town of Mount Kisco to use any photos or videos for publicity, promotion, or show, and there will be no compensation in regard thereto.

INSURANCE

Accident insurance is NOT provided for participants in any activities.

INSTRUCTOR POLICY

All instructors employed by the Village of Mount Kisco Recreation Department meet established minimum certification requirements and employment standards. Therefore, only those individuals properly authorized by the Recreation Department may teach at Village operated facilities.

VOLUNTEERS/COMMUNITY SERVICE

The Mount Kisco Recreation Department recruits volunteers year-round to benefit the Mount Kisco community, its residents, visitors, programs, and events. Volunteers are recruited from all age groups for various programs. Locations, dates, and times may vary depending on the program's needs and season. If you are interested in giving back or need community service hours, the Mount Kisco Recreation Department could use your assistance in adding to the communities we serve. To volunteer, please contact at via email at recreation@mountkiskonyc.gov

PROGRAMS FOR INDIVIDUALS WITH DISABILITIES/SPECIAL NEEDS

North East Westchester Special Recreation, Inc. is a voluntary, not-for-profit corporation providing recreation programs and services year-round for youth, teens, and adults with developmental disabilities. For additional information on programs, guidelines, and availability, please contact North East Westchester via Phone at (914) 347 - 4409 or email at info@northeastsspecialrec.org. Website: <https://northeastsspecialrec.org>

PROGRAM CANCELLATIONS

Cancellations or postponements will be announced by the vendors, instructors, and/or the Mount Kisco Recreation Department when possible via Text Message, e-mail/Community Pass, Phone, Website, and/or on our Facebook Page.

COVID-19 CANCELLATIONS

Due to COVID, programs may change at any time, either ahead of or during the season. Itemized refunds will be given to any program canceled by the Recreation Department.

REGISTRATION WILL BEGIN ON: August 28th, 9:00am for Fall Programs

There is a 3% fee associated with all credit card transactions. Most communication regarding program changes will be done via E-mail. Please provide us with an accurate and legible E-mail address. Programs may be canceled if there are not enough registered participants, so please register as early as possible. All potential registrants **MUST** present two (2) acceptable proofs of residency at the time of registration for first time registrants. If it is your first time registering, please call the Recreation Department.

The Village of Mount Kisco gladly provides you with three (3) acceptable methods to register for programs: Online, In-Person, or By-Mail. **PLEASE NOTE:** All families must have/create an account on Community Pass.

ONLINE:

1. **Log on to:** <https://register.communitypass.net>
2. **Search for:** Village of Mount Kisco, NY
3. **Click on:** Create an account for your family now
4. **Complete:** Enter your account information and click submit.
5. **Click on:** Register Now to begin registering for programs.

Registering with Community Pass ensures your access to all programs and events we have to offer, plus you'll be the first to hear about new and exciting additions! Please register for the classes that pique your interest as early as possible, and don't wait until the last minute to sign up!

IN-PERSON:

Registration can be done in person at the Recreation Department.

Location: Leonard Park, 1 Wallace Drive, Mount Kisco, NY 10549.

Office Hours: 8:30am - 4:30pm, Monday - Friday.

Registration Hours: 8:30am - 4:00pm, Monday - Friday

We Accept: Cash, Checks, Money Orders, or Credit Cards - 3% fee (MasterCard and Visa) as forms of payment.

MAIL:

Anyone doing mail in registration for a program must have: 1) Have a Community Pass account set up. 2) Acceptable proofs of residency. 3) Full payment (Check/Money Orders). MADE OUT TO: Mount Kisco Recreation 4) List of programs you are registering for.

ACCEPTABLE PROOFS OF RESIDENCY:

To register for programs we require two (2) acceptable proofs of residency:

- 1) A valid government-issued photo ID (NYS Driver License/Permit/ID, Passport, etc.)

AND

- 2) A current; Utility Bill, Rent Receipt, Lease, or a Personal Check (Addressed to you at your address)

PLEASE NOTE: Last year's permit, library card, and/or tax bills cannot be used as proof of current residency. The Recreation Department reserves the right to reject any proof it deems questionable. Residents have the burden of proof to prove residency.

Puedes ver toda la información del programa en español. A continuación se muestra una explicación de cómo hacerlo.

CÓMO VER TODOS LOS PROGRAMAS DE RECREACIÓN QUE SE OFRECEN EN ESPAÑOL

The screenshot shows the Mount Kisco CommunityPass website. At the top, there is a 'Translate' dropdown menu. Below it, the 'Home' and 'Facilities' links are visible. The main header features the Mount Kisco logo and the text 'VILLAGE/TOWN OF MOUNT KISCO NEW YORK'. The main content area explains that CommunityPass is a partnership of local community organizations and provides a link to 'Create an Account'. A red arrow points from the 'Translate' dropdown to a red box containing the text '¿No tienes una cuenta? Crea uno aquí'. Another red arrow points from the 'Create an Account' link to a red box containing the text 'Haga clic para traducir al español'. A third red arrow points from the 'Log In' button to a red box containing the text 'Una vez creada su cuenta, puede iniciar sesión aquí'. The 'Existing Users' section includes a 'Please Log In' form with fields for 'Username' and 'Password', a 'Log In' button, and links for 'Forgot username or password' and 'Need Help?'. A message below the form states: 'The username or password you entered is incorrect. Reminder - passwords are case sensitive.'

¿No tienes una cuenta? Crea uno aquí

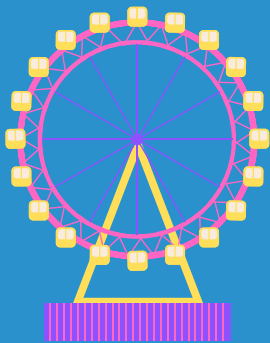
Haga clic para traducir al español

Una vez creada su cuenta, puede iniciar sesión aquí

¿Sabías que community pass puede traducir todo al español? Vaya a register.capturepoint.com para crear su cuenta familiar. Puede traducir el sitio web siguiendo las instrucciones anteriores. Una vez que haya creado su cuenta, inicie sesión y explore todas las ofertas de Parques y Recreación. Todas las inscripciones para los programas y la piscina se pueden hacer en línea o en persona. Day Camp y Travel Camp requieren que se registre en persona.

Llame al 914-666-3059 o envíe un correo electrónico a recreacion@mountkisco.ny.gov para obtener más información.

Registration Information



September Fest

Friday - Sunday

September 8th, 9th, 10th

2023



Location: Downtown Mount Kisco, South Moger Avenue
 Times & Fees: Varies, please visit the website below.
 For More Info: Please visit: www.mtkiscochamber.com

It's bigger, it's bolder, and it's SeptemberFest! Celebrating "All things Kisco". The Mount Kisco Chamber of Commerce, in conjunction with the Village of Mount Kisco, presents SeptemberFest 2023! Join us, on September 8th, 9th and 10th. We will once again be featuring favorites such as a full-sized Carnival, Food & Beer Court, live Music, a Street Fair, plus a few surprises! Mark your calendars and be ready to enjoy the weekend. Fun for the whole family!

Halloween Festival

Saturday

October 28th

9:00am - 11:00am



Location: 1 Wallace Drive, Mount Kisco

Fees: FREE for the Festival, \$5 to decorate a pumpkin

This event is perfect for children 2 - 10 years of age. Games will be set up for children to play and win small prizes (Toys & Candy). A limited number of pumpkins for decorating will be sold at a first come/first served basis. First 30 children will receive a FREE goodie-bag.

PLEASE NOTE: Volunteers are needed, for additional information and to volunteer, E-mail:
recreation@mountkisco.ny.gov



The Annual Mount Kisco 5K Run & Annual Kids Dash

Location: Mount Kisco Train Station

Date: Sunday, September 10th

Time: MKFD Fired Up 5K - 8:30am

Kids Dash - 9:30am

Fees: Visit the website below.

We happily announce our Annual Mount Kisco 5K Run & Kid Dash. This event annually hosts 500+ Runners and Walkers and is open to all.

Website: <https://runsignup.com/Race/Events/NY/MountKisco/Kisco5K>

Pumpkin Decorating Contest

Grades: K - 5th

Template: Can be found on our website: www.mountkisco.ny.gov > departments> recreation

BEGINS: Monday, October 2nd

ENDS: Wednesday, October 25th

Fee: FREE

Children grades K - 5 can decorate a paper pumpkin provided by the Recreation Department beginning Monday, October 2nd. Pumpkins must be decorated by the child using any markers, crayons, paint, glitter, etc. All entries must be dropped off at the Recreation Department by 4pm on Wednesday, October 25th. A special award will be given out for each grade, at the Halloween Event on Saturday, October 28th. Winners will be called ahead of time.

Turkey Decorating Contest

Grades: K - 5th

Template: Can be found on our website: www.mountkisco.ny.gov > departments> recreation

BEGINS: Wednesday, November 1st

ENDS: Friday, November 17th

Fee: FREE

Children grades K - 5 can decorate a paper pumpkin provided by the Recreation Department beginning Wednesday, November 1st. Turkeys must be decorated by the child using any markers, crayons, paint, glitter, etc. All entries must be dropped off at the Recreation Department by 4pm on Friday, November 17th. Winners will be called ahead of time, and a special award will be given out for each grade.

TGA 1-Day Golf & Tennis Programs

Grades: K - 8

Location: Leonard Park Tennis Courts & Fields

Description: TGA Premier is hosting 1-day Tennis & Golf out-of-school programs at Leonard Park. TGA coaches will teach the game of Tennis & Golf in a fun and welcoming environment. Participants will be broken up into smaller groups based on their age and skill. TGA will provide all of the necessary equipment, and we welcome all skill levels. Participants **MUST** provide their own lunch, snack & water daily. **Space is limited.**

Days:

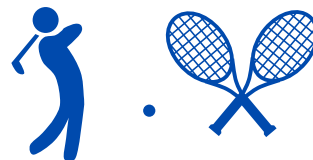
Time:

Dates:

Fee:

Monday 9:00am - 3:00pm September 25 Resident:\$125 / Non-Resident: \$140

Friday 9:00am - 3:00pm October 27 Resident:\$125 / Non-Resident: \$140



Crazy Chemworks Winter Mini-Camp (Registration will begin in early December)

Grades: K - 8

Location: Pieragostini Gym Complex, Leonard Park

Description: Come and spark imaginative learning with a week of Mad chemistry. Watch as we combine elements and make them fizz, crackle and change color! We'll delve into molecules and chemical reactions that produce light, gas and even slime!

Days:

Time:

Dates:

Fee:

Tuesday - Friday 9:00am - 3:00pm December 26 - 29 Resident: \$325 / Non-Resident: \$350

Preschool Open Gym

Ages: 2 - 4

Location: Pieragostini Gym Complex, Leonard Park

Instructor: Allie Herskovitz

Description: This program is a good chance to let your kids run free. Kids will run, jump, slide, and more through obstacle courses. Balls, hoola-hoops, and more will be available for kids to play with. Parent/Guardian is required to be on site. Price is for all eight weeks!

Day:

Mondays

Time:

1:15 - 2:15pm

Dates:

Sept 11, 18, 25 Oct 2, 16, 23, 30 Nov 6, 13, 20

Residents \$45 Non-Residents \$55

Drop-In \$10 CASH

Sports & Games

Ages: 2 - 4

Location: Pieragostini Gym Complex, Leonard Park

Instructor: Allie Herskovitz

Description: This program is an introduction to sports and games for kids.

They will have the opportunity the run around and play games with materials they make themselves. This is a fun way to get your kids engaged in different sports and allow them to be creative. Price is for all six weeks! A Parent/Guardian is required to be on site.

Day:

Thursdays

Time:

1:15 - 2:00pm

Dates:

Sept 14, 21 Oct 5, 12, 19, 26

Residents \$40 Non-Residents \$50



Sensory Exploration

Ages: 3 - 5

Location: Pieragostini Gym Complex, Leonard Park

Instructor: Allie Herskovitz

Description: This program is a great opportunity to create, play, and get messy. We will be exploring all 5 senses. Kids will make crafts like colorful sensory bottles, dig through Jell-O to find surprises, and listen as an ice cube fizzes. Parent/Guardian is required to be on site. Price is for all 6 weeks.

Day:

Thursdays

Time:

4:00 - 5:00pm

Dates:

Sept 14, 21 Oct 5, 12, 19, 26

Residents \$80 Non-Residents \$90



Universal Moms Programming Residents \$275 Non-Residents \$295

Ages: 1 - 4

Location: Pieragostini Gym Complex, Leonard Park

Descriptions:

Tiny Tots Running Club - introduces young toddlers to Track & Field. We combine a wide variety of events covering multiple disciplines such as running, jumping, and throwing. Toddlers will be toddlers and FUN is always the goal, so why not throw in bubbles, parachute, obstacle courses, and music at the end of each class? **PLEASE**

NOTE: All participants **MUST** be able to walk to participate in this program.

Fun With Our Senses - class has a sensory and messy element to it. Perfect opportunity to work on enhancing the senses. Kids are explorers, they want to see what happens when they mix colors, cut pasta, or paint their hands. Please bring a change of clothes, and/or baby wipes as participants will get messy!

Day:	Program:	Time:	Dates:
A) Wednesdays	Tiny Tots Running	10:00 - 10:45am	Sept 20, 27 Oct 4, 11, 18 Nov 1, 8, 15, 29 Dec 6
B) Wednesdays	Fun with Senses	11:00 - 11:45am	Sept 20, 27 Oct 4, 11, 18 Nov 1, 8, 15, 29 Dec 6

Skyhawks

Residents \$140 Non-Residents \$155

Ages: 2 - 5

Location: Leonard Park Fields - Next to Tea House

Descriptions: These soccer-themed motor skill classes are very easy for youngsters to get into.



Parent & Me Soccer - Younger age groups focus on developing motor skills and self-confidence an element of light competition. Instructor-to student ratio is kept small to maximize individual development, and above all else, we promote fun, fun, fun! **PLEASE NOTE:** Adult participation is required.

Tots Soccer - Older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Instructor-to student ratio is kept small to maximize individual development, and above all else, we promote fun, fun, fun! **PLEASE NOTE:** Adult participation is required.

Squirts Soccer - Your young athlete will gain the technical skills and sports knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting, and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends, and improved their soccer skills.

Day:	Age:	Program:	Time:	Dates:
A) Saturdays	2-3	Parent & Me Soccer	9:30 - 10:15	Sept 16, 23, 30 Oct 7, 14, 21
B) Saturdays	3-4	Tots Soccer	10:30 - 11:15	Sept 16, 23, 30 Oct 7, 14, 21
C) Saturdays	4-5	Squirts Soccer	11:30 - 12:15	Sept 16, 23, 30 Oct 7, 14, 21

Volleyball

Residents \$70 Non-Residents \$90

Grades: 5 - 7

Location: Pieragostini Gym Complex, Leonard Park

Instructor: Allison Herskovitz

Descriptions: Beginners interested in learning how to play volleyball? This new program is designed to get you on the court to learn how to bump, set, and spike! Each class is designed to teach each participant the rules of volleyball while learning and practicing their skills. No experience necessary!



Day:	Level:	Time:	Dates:
Wednesdays	Beginner	4:30 - 5:30pm	Sept 13, 20, 27 Oct 4, 11, 18, 25 Nov 1

TGA Junior Golf

Residents \$165 Non-Residents \$185

Grades: K - 8

Location: Leonard Park Fields

Instructor: TGA

Description: TGA brings the golf course to you! . Students develop skills and understanding of the game through station-based activities and drills that increase in difficulty throughout our 5-level program. Come tee it up!

PLEASE NOTE: TGA will provide all of the necessary modified equipment.



Day:	Grade:	Time:	Dates:
A) Wednesday	K - 3	4:30 - 5:30pm	Sept 13, 20, 27 Oct 4, 11, 18
B) Wednesday	4 - 8	5:30 - 6:30pm	Sept 13, 20, 27 Oct 4, 11, 18
C) Fridays	K - 3	4:30 - 5:30pm	Sept 15, 22, 29 Oct 6, 13, 20
D) Fridays	4 - 8	5:30 - 6:30pm	Sept 15, 22, 29 Oct 6, 13, 20

Grit on the Go

Residents \$245 Non-Residents \$265

Grades: K - 5

Location: Pieragostini Gym Complex, Leonard

Instructor: The Grit Ninja

Description: The Grit Ninja has packed up equipment and is ready to turn the Pieragostini Gym Complex at Leonard Park into a unique ninja warrior obstacle course. During each action-packed class, aspiring ninjas will climb, swing, jump and run on our ever-changing equipment!

Checks made out to Grit Ninja

Payment

All payments must be made by cash or check - made out to The Grit Ninja - and given to the Mount Kisco Recreation Department.

Day:	Grade:	Time:	Dates:
A) Tuesdays	K - 1	3:30 - 4:20pm	Sept 12, 19, 26 Oct 3, 10, 17, 24
B) Tuesdays	2 - 5	4:30 - 5:20pm	Sept 12, 19, 26 Oct 3, 10, 17, 24

Universal Running Club

Residents \$225 Non-Residents \$250

Ages: 5 - 18

Location: Leonard Park Fields

Instructor: Universal Moms

Description: Our running club combines technical development & fundamental techniques with an emphasis on fun. Exercises & drills prepare athletes for a future in cross-country, track & field, & distance running. The fundamentals of proper stretching, warm-ups, body positioning, strides, & cool-down techniques are also covered.



Day:	Time:	Dates:
Fridays	5:00 - 5:45pm	Sept 22, 29 Oct 6, 13, 20, 27 Nov 3, 17

Tennis

Residents \$215 Non-Residents \$235



Ages: 4 - 17

Location: Leonard Park Tennis Courts

Instructor: Shrub Oak Tennis

Description: Programs are divided below by age group, larger groups will also be divided based on beginning/intermediate skill level. Please bring your own racket.

Ages 4 - 6 "Lollipops" - Students start to develop basic essential skills – handling and swinging racquet, throwing, rolling and catching.

Ages 7 - 10 "Pee Wees" - Basic stroke shape will be introduced along with proper movement & recovery. Students will be put in competitive situations & learn match format & scoring.

Ages 11 - 17 "Jr Beginning / Intermediate" - Students will learn basic form and stroke mechanics. The main goal is to establish form and timing of all major shots.

Day:	Ages:	Times:	Dates:		
A) Wednesday	4 - 6	4:15 - 5:15pm	Sept 13, 20, 27	Oct 4, 11, 18, 25	Nov 1
B) Wednesday	7 - 10	4:15 - 5:15pm	Sept 13, 20, 27	Oct 4, 11, 18, 25	Nov 1
C) Wednesday	11 - 17	5:15 - 6:15pm	Sept 13, 20, 27	Oct 4, 11, 18, 25	Nov 1
D) Saturday	4 - 6	9:00 - 10:00am	Sept 16, 23, 30	Oct 14, 21, 28	Nov 4, 11
E) Saturday	7 - 10	9:00 - 10:00am	Sept 16, 23, 30	Oct 14, 21, 28	Nov 4, 11
F) Saturday	11 - 17	10:00 - 11:00am	Sept 16, 23, 30	Oct 14, 21, 28	Nov 4, 11

Basketball

Residents \$75 Non-Residents \$90



Grades: K - 6

Location: Pieragostini Gym Complex, Leonard Park

Instructor: George Price, Collegiate Hall of Famer, Certified Basketball Official, AAU basketball coach at NY Basketball Academy, former SWBOCES Varsity, JV, and Modified basketball coach.

Description: This basketball program will teach young athletes the fundamentals of basketball, all while combining fun, skill development, and learning about the game of basketball. Participants will practice dribbling, shooting, passing, defense, and pointers to assist and enhance their skill levels. No experience necessary!

Day:	Grade	Time:	Dates:		
A) Mondays	1 - 3	4:00 - 5:00pm	Oct 16, 23, 30	Nov 6, 13, 20, 27	Dec 4
B) Mondays	4 - 6	5:00 - 6:00pm	Oct 16, 23, 30	Nov 6, 13, 20, 27	Dec 4
C) Thursdays	K - 1	4:00 - 5:00pm	Oct 12, 19, 26	Nov 2, 9, 16, 30	Dec 7

Skyhawks

Residents \$175 Non-Residents \$195

Ages: 5 - 10

Location: Leonard Park Fields & Outdoor Basketball Court

Descriptions:

Mini Hawk Multi-Sport - This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

Sports & Games - Our patient and knowledgeable staff use a variety of skill-building games and activities to give each athlete a complete understanding and overview of many different popular sports and games. Sports and games include capturing the flag, soccer, ultimate frisbee, kickball, baseball, 4 square, flag football, team handball, and many more.

Day:	Age:	Program:	Time:	Dates:	
A) Thursdays	5 - 7	Mini Hawk Multi-Sport	4:30 - 5:30pm	Sept 14, 21, 28	Oct 5, 12, 19
B) Thursdays	7 - 10	Sports & Games	5:30 - 6:30pm	Sept 14, 21, 28	Oct 5, 12, 19

Parent & Child Pickleball Lessons

Residents \$205 Non-Residents \$215

Ages: 5 - 11

Location: Leonard Park Pickleball/Tennis Courts

Instructor: Helena Svedin, IPTPA Certified Pickleball Instructor

Description: This class is for you and your child. We work on hand-eye coordination and footwork. We practice skills such as dink, serve, return, rally, and volley. We play mini-games in the non-volley zone. We learn some rules and try to play full-court games. Please bring your own paddle.

Day:

Time:

Dates:

Thursdays

5:15 - 6:00pm

Sept 14, 21, 28 Oct 5, 12, 19, 26 Nov 2



Teens Pickleball Lessons

Residents \$220 Non-Residents \$230

Ages: 12 - 15

Location: Leonard Park Pickleball/Tennis Courts

Instructor: Helena Svedin, IPTPA Certified Pickleball Instructor

Description: We work on hand-eye coordination, footwork, and the basic rules of the game such as the two-bounce rule, the non-volley zone, and scoring. We practice skills such as serve, return, drop, and dink. We learn to volley, block and hit winners. We learn the basic positioning of the players. We practice playing full games. If time allows we learn to drive, lob, and hit overheads. Please bring your own paddle.

Day:

Time:

Dates:

Tuesdays

5:00 - 6:00pm

Sept 12, 19, 26 Oct 3, 10, 17, 24 Nov 14



Thunder Ridge Ski & Snowboard Lessons

Fees: TBD

Ages: TBD

Location: Thunder Ridge Ski Area, 137 Birch Hill Road, Patterson, NY

Instructor: Thunder Ridge Ski Staff

Description: Do you want to learn a lifelong fun sport? Now's your opportunity to learn how to ski or snowboard in a safe, non-competitive atmosphere with lessons from Thunder Ridge Ski Area in nearby Patterson NY! The Mount Kisco Recreation Department is partnering with Thunder Ridge to offer the residents in our community Ski & Snowboard lessons at a reduced cost, and it also makes a great gift. Thunder Ridge will set aside specific days and times for Mount Kisco Recreation Department and offer Ski & Snowboard lessons.

Registration, Lessons Dates & Times, & Rental Pricing Information

Lessons typically begin the first week of January. All registration information on; lesson dates, times, equipment rentals, prices, etc. for these programs will be posted online once it becomes available. Once available, all forms (Registration & Waiver Forms) and Fees will be emailed out via Community Pass, available on our Website: www.mountkisco.ny.gov, and Printed Out at the Mount Kisco Recreation Office (1 Wallace Drive).

Information & Sign up details for these programs are usually posted on our website (www.mountkisco.ny.gov > Recreation) in early October.

- You MUST pay in -person via: Check, Cash, and/or Money Order.
- Checks and/or Money Orders should be made out to: Thunder Ridge Ski
- All forms and forms of payment need to be returned to the Mount Kisco Recreation Department at 1 Wallace Drive, Mount Kisco NY.
- Do not delay your sign-ups, these classes fill up quickly.

YOUTH BASKETBALL LEAGUE

GRADES: 3 - 8

This youth basketball league cooperates with neighboring Village and Towns Recreation Departments. This is an opportunity to represent Mount Kisco in a semi-competitive league against neighboring communities. We hold in-house games, where everyone plays and has fun. Each participant will receive a jersey to keep. Registration is on a first-come, first-served basis or until teams fill. The number of teams in each division will be devised based on the number of registered participants, and additional criteria, so please register early.

PLEASE NOTE: No Experience is Necessary. Participants should always bring water, and dress appropriately for practices and games. Girls are encouraged to sign up and play. However, there are no separate Girls' Divisions/teams.

For more information: Please contact the Mount Kisco Recreation Department at (914) 666 – 3059 or Gprice@mountkisco.ny.gov.

TENTATIVE INFORMATION

Teams/Divisions: 3rd & 4th Grades, 5th & 6th Grades, and 7th & 8th Grades

Registration Begins: September for all teams.

Registration Ends: November 1st, for player evaluations and teams to be determined.

Player Evaluations:	Grades:	Dates:	Times:
	3rd & 4th Graders	Monday, November 6th	6:00 - 7:30pm
	5th & 6th Graders	Friday, November 3rd.	6:00 - 7:30pm
	7th & 8th Graders	Wednesday, November 8th	6:00 - 7:30pm

Player Placement: All players will be selected to a team by Monday, November 13th, Unless an additional Player Evaluation is needed.

Practices: Begin in November right after the player evaluations are completed and end in March depending on the league schedule. Practice times will take place during the weekdays in the late afternoon/evening hours. Practice times will be determined by the facility and coaches' availability.

No Sessions:	Holiday Recess:	12/25/2023 - 1/1/2024
	Martin Luther King, Jr. Day:	1/15/2024
	Winter Recess:	2/19/2024 - 2/23/2024

Game Days: Saturdays

Games Begin: Saturday, January 6, 2024

Games End: Saturday, March 9, 2024

Game Dates: 8 Games - Jan 6, 13, 20, 27 Feb 3, 10 March 2, 9 (Dependant on weather.)

Game Times: Varies, Based on the league schedule.

Game Locations: Varies, Based on the league schedule.

Coaches: VOLUNTEER COACHES ARE NEEDED FOR EACH TEAM!

Fees: Residents: \$140 Non-Residents: \$160

Tennis

Residents \$215 Non-Residents \$235



Ages: 18+

Location: Leonard Park Tennis Courts

Instructor: Shrub Oak Tennis

Description: Students will develop more consistency, directional control, generating spins, and control power. Singles and doubles strategies will be introduced. The main goal is to get students ready for matches. Students are expected to play out points using a variety of play patterns learned during class.

Day:	Time:	Dates:
A) Wednesdays	6:15 - 7:15pm	Sept 13, 20, 27 Oct 4, 11, 18, 25 Nov 1
B) Wednesdays	7:15 - 8:15pm	Sept 13, 20, 27 Oct 4, 11, 18, 25 Nov 1
C) Saturdays	11:00 - 12:pm	Sept 16, 23, 30 Oct 14, 21, 28 Nov 4, 11
D) Saturdays	12:00 - 1:00pm	Sept 16, 23, 30 Oct 14, 21, 28 Nov 4, 11

Pickleball Lessons

Residents \$310 Non-Residents \$320



Ages: 16+

Location: Leonard Park Pickleball/Tennis Courts

Instructor: Helena Svedin, IPTPA Certified Pickleball Instructor

Description: All sessions are played in a fun environment. These are instructional classes, basic Pickleball tips will be provided. Please bring your own paddle. Advanced beginner must have some experience. Space is limited.

Beginner - This class is for those who are fairly new to Pickleball but has a background in other racket sports. We learn the basic rules of the game such as the two-bounce rule, the non-volley zone, and scoring. We practice skills such as serve, return, drop, and dink.

Intermediate - This class is for you that know the rules of the game including scoring. You are working on getting your serves and returns deep and sometimes you hit a third shot drop. You understand basic partner positioning. You play regularly and want more. In this class, we focus on consistency, strategy, and choice-making.

Day:	Level:	Time:	Dates:
A) Tuesdays	Beginner	6:00 - 7:30pm	Sept 12, 19, 26 Oct 3, 10, 17, 24 Nov 14
B) Tuesdays	Intermediate	7:30 - 9:00pm	Sept 12, 19, 26 Oct 3, 10, 17, 24 Nov 14
C) Thursdays	Beginner	6:00 - 7:30pm	Sept 14, 21, 28 Oct 5, 12, 19, 26 Nov 2
D) Thursdays	Intermediate	7:30 - 9:00pm	Sept 14, 21, 28 Oct 5, 12, 19, 26 Nov 2

Pickleball Yoga

Residents \$160 Non-Residents \$



Ages: 16+

Location: Pieragostini Gym Complex, Leonard Park

Instructor: Helena Svedin, IPTPA Certified Pickleball & Yoga Instructor

Description: Bring your mind, body, & spirit to the pickleball court! This is a class for those who have played for a while & are starting to realize what a mind game pickleball can be. Together we learn about the yoga concept of the koshas - physical body, breath body, thoughts & feelings, wisdom body, & bliss body - and how this impacts our game. Please bring your own paddle, yoga mat, & water. Space is limited.

Day:	Times:	Dates:
Tuesdays	7:00 - 9:00pm	November 21 & 28 December 5 & 12

OPEN GYM PROGRAMS

Adult Programs

Open gym program is a great way to unwind with your friends. Come alone or bring your friends for a game. Enjoy a pickup games of all kinds. First come, first served. Dates and times are subject to change. Please check the Mount Kisco Recreation Department page before arriving. [Click Here for Recreation Website](#)

MEN'S BASKETBALL OPEN GYM

AGES: 18+
LOCATION: Pieragostini Gym Complex, Leonard Park
TIME: 7:00 - 9:00pm
FEE: \$5.00 - Cash each night

DAY: Mondays
DATES: September 11, 18, 25
October 2, 16, 23, 30
November 6, 13, 20, 27



PICKLEBALL OPEN GYM

AGES: 18+
LOCATION: Pieragostini Gym Complex, Leonard Park
TIME: 7:00 - 9:00pm (Residents ONLY 7 - 7:30pm)
FEE: \$5.00 - Cash each night

DAY: Tuesdays*
DATES: September 12, 19, 26
October 3, 10, 17, 24, 31
November 14

DAY: Wednesdays
DATES: September 13, 20, 27
October 3, 17, 24, 31
November 8, 15, 22, 29

*Tuesday, November 21 & 28 and December 5 & 12 will be used for PickleYoga. You must sign up for this program. See page ___ for details.



PLEASE NOTE

Limited space for pickleball each night - Max of 16 players per night. Running clock will be in use for 15 minute matches, or first to 11.

THE J. EDWARD FOX SENIOR CENTER

Ages: 55 & UP

Location: 198 Carpenter Avenue (Behind 200)

Day: Mondays - Fridays

Hours: 9:30am - 3:00pm

Senior Recreation

Phone: (914) 666-8766

Email: seniors@mountkiskonny.gov

Senior Nutrition & Transportation

Phone: (914) 666-8931

Email: pguerra@mountkiskonny.gov

Mount Kisco Senior Group Mission Statement

The J. Edward Fox Senior Center is the home of the Mount Kisco Senior Recreation Group and the Mount Kisco Senior Nutrition Program. We invite all active and independent seniors to join us. Please contact us at (914) 666 - 8766 for additional information on programs, activities, trips, and to receive our Monthly Newsletter "The Trolley". You can also go to the village Website at www.mountkiskonny.gov to view "The Trolley" for, classes, trips, additions, and changes to programs.

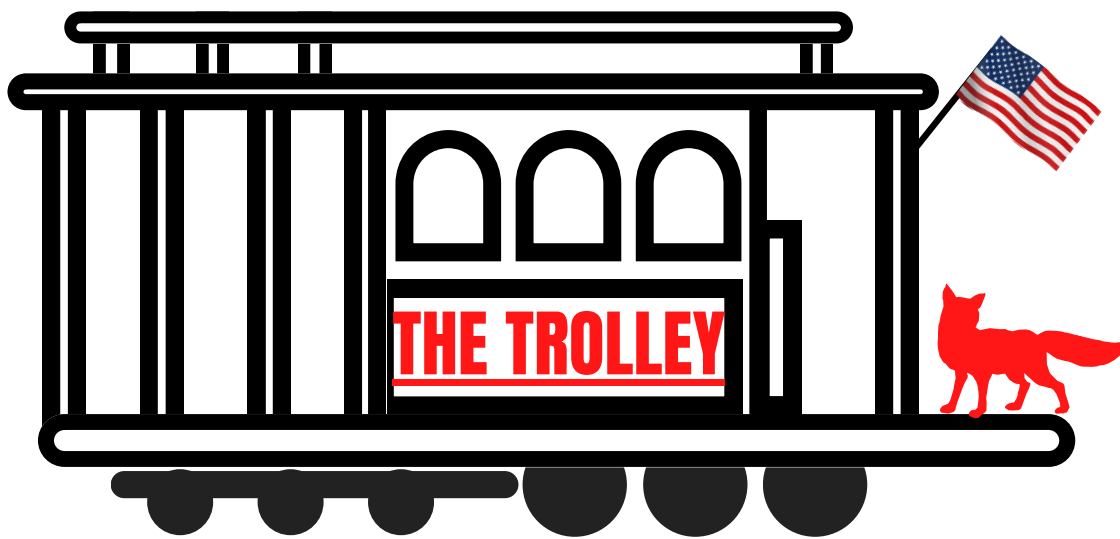
PLEASE NOTE: Activities are open to everyone. However, the Residents of Mount Kisco will have first preference in registration. According to our by-laws, participants MUST refrain from inappropriate speech and behavior. Anyone who fails to comply will be asked to leave. Please sign up as soon as possible for classes, trips, and programs. We would hate to cancel a program because people waited too long to sign up.

Fall Classes and Program Information:

- Pre-Registration is required for most classes and begin in September.
- Past Participants must re-register.
- You may register by phone or in person.
- You may only register yourself for classes and/or programs.
- Mount Kisco Residents will have first preference.
- Non-Residents must pay an additional \$3 fee for each class and/or program they attend.

Trip Information & Policies:

1. Pre-Registration - Is required for all trips. Reservations can only be made in person and only for you (your friends must make their own).
2. In Need of Any Assistance - We require that you bring a friend/relative (NOT a senior) to assist you, at your own cost.
3. Emergency Form - Must be on file with our office to attend any trip.
4. Deposits - Must be made at the time of registration to secure your seat for any trip that requires a fee.
5. Final Trip Payments - These are due two weeks before the scheduled trip. Unless otherwise stated or other arrangements have been made.
6. Bus Seating - Will be assigned by health requirements first, then according to the order of registration.
7. Footwear - Please wear appropriate footwear on all trips. Especially on trips where there will be a lot of walking, or the terrain may not be level.
8. Running Late - Please call us at (914) 666 - 8766, and we will let you know if we can wait.
9. Cancellations - If you need to CANCEL, please notify us 48 hours before the trip. If program payment has not been made by the Senior Group, refunds will be given.



Click “THE TROLLEY” to view additional information on our website for:
Classes, Trips, Parties, Special & Educational Programs, as well as Program
Revisions, Additions, and Cancelations.

SENIOR RECREATION

Senior Programs

Mondays	10:00am	Tai Chi - You MUST be pre-registered to attend
	10:00am	Drawing & Painting - 8 week course, Begins September 25th
	12:30pm	Bridge - Join us for a gam of bridge!
Tuesdays	10:30am	Cardio Drumming - 8 Week classes
	12:30pm	Clay Workshop - Beginning September 26th. Join us to learn the wonderful world of clay building. 8 week course
	12:30pm	Jewelry Making - Dates TBD. Learn the basics and make stunning accessories.
	12:45pm	Line Dance - Join us as we dance our way to fitness!
Wednesdays	10:00am	Exercise Video - Keep young & fit in these workouts with Vivian.
	10:00am	Needlecraft - Learn to knit and/or crochet, get assistance with your project(s), or just come and socialize.
	10:45am	Do You See: The Long Journey - Join our town Historian, Harry McCartney on a geological, historical, cultural, & geographical trip around Mount Kisco & the Hudson Valley.
	12:45pm	Mah Jong
Thursdays	10:30am	Crafts - Enjoy crafting & socializing. If new to the program, please inform us 1-week in advance.
	10:45am	Exercise Class - Keep young & fit with these workouts.
	12:45pm	20/20 Combo: Cardio & Strength - Get your heart pumping & your muscles moving! This fun energetic 45 minute workout will challenge & inspire you to achieve more.
	1:00pm	Easy Listening - Listen to old favorites and piano playing
Fridays	9:45am	Bingo - Come & have lots of fun!
	10:00am	Canasta - Play is ongoing.

Please remember before starting any exercise classes/programs, we recommend that you please check with your doctor first.

LEONARD PARK

Address: 1 Wallace Drive, Mount Kisco, NY 10549

About: Leonard Park is a 116-acre park. Leonard Park offers free parking, outdoor and indoor recreation opportunities, and facilities to participants wanting to engage in various recreational activities including; basketball, baseball, softball, tennis, pickleball, volleyball, swimming (toddler, main, & dive/competition pools), fishing, hiking, ice skating, bird watching, picnic areas, toddler & youth playground areas with swings, and an 18 hole disc/frisbee golf course. Mount Kisco Resident and guests can come experience these activities & many more for kids, adults, seniors, and families year-round. **NO** private training, lessons, practices, leagues/tournaments play without authorization.

THE CHARLES C. PIERAGOSTINI MULTI-PURPOSE ROOM/GYMNASIUM

The Charles C. Pieragostini Multi-Purpose Room, dedicated in 2016, is an air-conditioned & heated open facility that provides great indoor services, activities, lessons, and opportunities for youth through seniors. The gymnasium features a new vinyl floor, NEW LED lights, an electronic scoreboard and divider, 6 - 10 Ft. regulation baskets, 4 manually adjustable side baskets (7.5 Ft. - 10 Ft.) for basketball games, volleyball and pickleball court with all floor markings, nets, antennas, poles, and 2 private restrooms.

MEMORIAL POOL COMPLEX

The Memorial Pool Complex is a wonderful place for residents to splash away during the summer months. Pool permits and daily admissions are sold throughout the summer. Home to three pools: Wading Pool - Main Pool - Competition(Six Lanes)/Dive Pool: (High & Low Board). Family/handicapped changing rooms, showers, restrooms, snack bar. A variety of pool permits are available for residents, Bedford Central School District (BCSD), non-residents, walk-ins, guests, and large group outings.

WALLACE POND

Located at the entrance of Leonard Park, this freshwater pond contributes to supporting the ecosystem and the diverse plants & wildlife species living in our Mount Kisco. Set in front of "The Tea House", it is also home to public fishing (Must have an NYS Fishing License), our annual youth fishing derby (No Fishing License Required), and winter ice skating location (skate at your own risk, weather permitting). PLEASE NOTE: No Swimming.

THE TEA HOUSE

Located at the entrance of Leonard Park, set behind the Wallace Pond. The Tea House is an authentic Japanese Pagoda brought here from Japan "piece by piece" & reassembled in our beloved Leonard Park. The interior open room concept with large windows allows for 180-degree outdoor views. In addition, the exterior wraparound wooden deck with benches, opens to an additional outside area with permanent picnic tables.

TENNIS/PICKLEBALL COURTS & BASKETBALL/VOLLEYBALL COURTS & BOCCE BALL COURT

The Newton E. Comstock Tennis Complex: Dedicated in 1988, and refurbished in 2021, the complex has 4 courts that provide great outdoor recreational activities for youth through seniors during the day or under the night-lights in the evening. All 4 Courts have been lined with Pickleball dimensions.

Basketball: 6 - 10ft. regulation baskets with 3-point lines. 1 main court or 2 smaller courts.

Volleyball: 2 Volleyball courts lined to regulation

Bocce Ball: 1 court, balls may be borrowed and returned to and from the Recreation Department

BASEBALL/SOFTBALL FIELDS

The David L. Feldman Memorial Field (Little League, dedicated in 2001) and Craig "CJ" Johnson Field (Softball, dedicated in 2000), and hardball field provide four (4) fields for great outdoor recreational, league games, and summer day camp baseball opportunities and activities for youth through seniors.

HIKING/WALKING TRAILS & 18 HOLE DISC/FRISBEE GOLF COURSE

There are numerous trails throughout Leonard Park and some are nestled in the beautifully kept forest. Constructed in 1977. Our course is one of the oldest courses in the nation and is challenging to novices to the most seasoned players in a mature woodsy eastern hardwood forest with many elevation changes and features a 600 Ft. par 4 hole. Compete against yourself, friends, and/or family, simply show up and play. Everyone is encouraged to share the space with those not in the park to play disc golf. For more information, please contact the Westchester Disc Golf Enthusiasts (WeDGE) Email: westchesterdiscgolf@gmail.com.

PLAYGROUND & PICNIC AREAS

Snuggled towards the back of Leonard Park, our playground area hosts two playground areas for toddlers & youth. These areas have a lot to offer everyone a huge sandbox, jungle gym with slides, rock climbing walls, bucket seat swings for toddlers & regular swings for older kids, open areas, grass fields, a few picnic tables, benches, and much more. There are numerous picnic areas throughout Leonard Park (Wallace Pond area, basketball/volleyball court area, baseball/softball field area, playground, snack bar, hardball field (picnic tables), & disc golf with a picnic table at hole #1. In addition, some are nestled in the beautifully kept forest of Leonard Park.

J. EDWARD FOX SENIOR CENTER

Address: 198 Carpenter Avenue, Mount Kisco, NY 10549

About: The Fox Senior Center offers fun recreational activities and much more for residential and non-residential Seniors 55+ in Westchester County. The Fox Senior Center offers free parking, various programs (nutrition, fitness, meditation, Tai Chi, Yoga, etc.), indoor & outdoor recreation opportunities, workshops, classes (jewelry making, clay, needlepoint, crafts, etc...), computer assistance, trips, comradery, and our own information source the "Trolley" to keep everyone informed and up to date on affairs, programs, etc. Most of these programs are FREE to Mount Kisco Residents. However, all Non-Residents may have to pay an additional \$3 fee, where an instructor is involved. For more information call (914) 666 - 8766, visit our website @ www.mountkisco.gov, or email: seniors@mountkisco.ny.gov.

Indoor Services & Activities:

Under the direction of Mount Kisco Recreation Department and the Recreation Supervisor / Senior Citizens, the Fox Center, is the home of the Mount Kisco Senior Group. The Fox Center is an air-conditioned and heated facility, which provides various programs to independent seniors, 55 years of age and older, which enhance their quality of life by meeting their mental, physical, and social needs. Programs include but are not limited to: Games, Arts, Exercise, Crafts, Music, Computers, cards, bridge, Mahjonn, Stained Glass, Yoga, Needlecrafts, Music, Writing Programs, Classes offered by WCC Mainstream, Intergenerational Programs, Movies, Entertainment, Parties, Trips, AARP Driving Course, Tax Assistance, Health, and Other Informational programs.

Senior Nutrition Program:

This program is located in the Fox Center Facility. This program has been serving older residents of Mount Kisco since 1975, and it is funded through the Village/Town of Mount Kisco, the U.S. Department of Health and Human Services, The New York State Office for the Aging, and the Westchester Department of Senior Programs and Services. The Senior Nutrition Program provides various programs to gather, socialize, enjoy a hot meal, and participate in a wide range of scheduled activities. Programs include but are not limited to: Weekly Shopping Trips, + Daily delicious and nutritious hot lunch in our dining room at 12noon, Transportation within the Village/Town of Mount Kisco to the program, Home Delivered Meals, Pharmacy and Department Stores, Monthly Blood Pressure Readings, Medicare, Legal and Other Informational Programs.

The "Trolley" Newsletter:

The "Trolley" is our in-house publication to keep our seniors informed about our Services, Upcoming Events, Parties, Health, and Other Informational Programs. Monthly nutrition and special event/trip information will be posted in the newsletter. Please check the Trolley newsletter or call the Fox Center at (914) 666 - 8766 for additional information on and to register for all trips. PLEASE NOTE: Pre-registration is required for all trips.

J. EDWARD FOX MEMORIAL PARK

Address: 198 Carpenter Avenue, Mount Kisco, NY 10549

About: J. Edward Fox Memorial Park is home to the Mount Kisco Senior Center, a basketball court, a little league baseball field, two playground areas, and much more activities and fun for kids, adults, seniors, and families. Fox Park is a 2-acre park, offers free parking, outdoor recreation opportunities, and facilities to participants wanting to participate in various recreational activities. **NO** private training, lessons, practices, league, and/or tournament play without authorization.

Basketball Courts:

1 Main Court, with 2 - 10Ft. regulation baskets with 3 point lines.

Baseball Fields:

The field assists with little league baseball practices, games, and provides great outdoor recreational opportunities and activities for the entire family (youth through seniors).

Toddler & Youth Playground Areas:

Snuggled in the front of Fox Park along the driveway entrance to the side of the basketball court. These two (2) separate playground areas have a lot to offer everyone, a jungle gym with slides, benches, and much more.

Picnic Areas/ Hiking & Walking Trails:

There are some picnic areas, hiking and walking trails located in Fox Park. Picnic tables, hiking and walking trails are located behind the Fox Senior Center, Marsh stream area.

333 FIELD

Address: 333 North Bedford Road, Mount Kisco, NY 10549

About: The 333 Field offers free parking and outdoor recreation opportunities including; soccer, football, multi-sports programs, and more to participants wanting to engage in various outdoor recreational activities. Come experience these and much more activities and fun for kids, adults, seniors, and families. **NO** private training, lessons, practices, league, and/or tournament play without authorization.

Multi-Purpose Field:

The 333 Multi-Purpose Field at 333 North Bedford Road hosts recreational programs and assists with providing great outdoor recreational opportunities and activities for the entire family.



Mount Kisco



Winter



Programming Brochure



Coming



in



November

