

### MOUNT KISCO RECREATION

# MILNIEW.

2024

### PROGRAMMING BROCHURE

REGISTRATION BEGINS December 1st, 2023 9:00am

Creating Community Through People, Parks, & Programs

Toda la información en este folleto se puede encontrar en español en Community Pass. Vea la página 4 para más detalles.

### WELCOME...

Our commitment is to you, and your satisfaction is our goal. The Village/Town of Mount Kisco Recreation Department seeks to provide high-quality and well-planned recreational programs for our entire community. It is the department's goal to make your recreation experience an enjoyable one. We are constantly looking for and adding new programs and instructors each season, so be sure to check out all of the programs that we are offering this Spring.

How to See a Good Program Get Cancelled

Registration for our programs closes one week prior to the beginning of class. If we do not have enough participants for the program, it will be cancelled. Please register early.

### **BIENVENIDO...**

Nuestro compromiso es con usted, y su satisfacción es nuestro objetivo. El Departamento de Recreación de la Villa/Pueblo de Mount Kisco busca proporcionar programas recreativos bien planificados y de alta calidad para toda nuestra comunidad. El objetivo del departamento es hacer que su experiencia recreativa sea placentera. Constantemente buscamos y agregamos nuevos programas e instructores cada estación, así que asegúrese de revisar todos los programas que ofrecemos esta primavera.

Cómo ver que se Cancela un Buen Programa

La inscripción para nuestros programas cierra una semana antes del comienzo de la clase. Si no tenemos suficientes participantes para el programa, será cancelado.

Por favor regístrese temprano.

### WHEN TO REGISTER

Winter Program Registration December 1st, 2023 9:00am

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### **CONTACT US AT**

Mount Kisco Recreation, 1 Wallace Drive, Mount Kisco, NY 10549

Phone: (914) 666 - 3059 \* E-mail: recreation@mountkiscony.gov

Website: www.mountkiscony.gov \* Social Media: Facebook.com/VillageofMountKisco

### **FACILITY LOCATIONS**

### **Leonard Park**

The Memorial Pool Complex Charles C. Pieragostini Multi-Purpose Gymnasium 1 Wallace Drive, Mount Kisco, NY 10549

### The J. Edward Fox Senior Center

198 Carpenter Avenue (Behind 200)

Mount Kisco, NY 10549

Phone: (914) 666 - 8766 \* Fax: (914) 666 - 3971 \* Email:seniors@mountkiscony.gov

### **RECREATION DEPARTMENT STAFF**

SUPERINTENDENT OF PARKS & RECREATION

**KYLE THORNTON** 

**RECREATION SUPERVISOR - SENIOR CITIZENS** 

SUSAN MOURIS

SENIOR RECREATION LEADER

**GEORGE PRICE** 

RECREATION LEADER

ALLISON HERSKOVITZ

**RECREATION ASSISTANT** 

**GAIL HALL** 

RECREATION ASSISTANT

**JOSE GUERRA** 

### **VILLAGE BOARD & RECREATION COMMISSION**

Gina D. Picinich, Mayor

Lisa C. Abzun, Deputy Mayor

Anne B. Bianchi, Trustee

Karine P. Patiño, Trustee

Karen B. Schleimer, Trustee

Edward W. Brancati, Village/Town Manager

Kenneth L. Famulare, Assistant Village/Town Manager

Christine Dennett, Chair Person

Bob Byrns

Linda Cindrich

Kathy Feeney

Christy McGinn

Kim Terlizzi

Gallo Trujillo

### **PLEASE NOTE:**

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The Mount Kisco Recreation Department welcomes all residents, school districts, and nonresidents of all abilities. Anyone needing any assistance or information regarding our programs can contact the Mount Kisco Recreation Department via Phone at: (914) 666 - 3059 or via Email: recreation@mountkiscony.gov.

# eneral Information and Detail

### **REFUND POLICY**

### **REFUND REQUESTS**

- 1. Submit in writing to the Mount Kisco Recreation Department via e-mail: recreation@mountkiscony.gov
- 2. Submit at least fourteen (14) days, before the program start date.

### **APPROVED REFUND REQUEST:**

- 1. A 10% administrative fee will be charged, if received at least fourteen (14) days prior to the start date.
- 2. A 50% administrative fee will be charged if received seven thirteen days before any program's start date.
- 3. All approved refunds will follow the Village of Mount Kisco Finance Department's bill payment schedule for refunds.

### **UNAPPROVED REFUND REQUESTS:**

- 1. Requests are received six (6) days or less before any program's start date.
- 2. Requests are received for any program that has begun.
- 3. Requests are received for any permits, trips or pool passes.
- 4. Requests are received where violations of any recreation policy are violated.

### **BEHAVIOR POLICY**

The Mount Kisco Recreation Department is dedicated to providing every participant and instructor with a safe and positive experience. Any participant involved in any of the following actions will automatically be suspended and/or removed from the program permanently, and will forfeit their registration fee for: bullying; fighting, or any other violent action; hateful speech; language; texting of any kind; harassment; name-calling; drawing pictures that may be assumed insulting; theft or vandalism of any kind; running away from the group, and NOT following the rules or instructions of staff members.

### **PHOTO POLICY**

The Mount Kisco Parks and Recreation Department reserves the right to photograph all programs, program participants, and program visitors for publicity purposes. PLEASE NOTE: Registering for any Mount Kisco Parks and Recreation Department program grants consent to the Village/town of Mount Kisco to use any photos or videos for publicity, promotion, or show, and there will be no compensation in regard thereto.

### **INSURANCE**

Accident insurance is **NOT** provided for participants in any activities.

### **INSTRUCTOR POLICY**

All instructors employed by the Village of Mount Kisco Recreation Department meet established minimum certification requirements and employment standards. Therefore, only those individuals properly authorized by the Recreation Department may teach at Village operated facilities.

### **VOLUNTEERS/COMMUNITY SERVICE**

The Mount Kisco Recreation Department recruits volunteers year-round to benefit the Mount Kisco community, its residents, visitors, programs, and events. Volunteers are recruited from all age groups for various programs. Locations, dates, and times may vary depending on the program's needs and season. If you are interested in giving back or need community service hours, the Mount Kisco Recreation Department could use your assistance in adding to the communities we serve. To volunteer, please contact at via email at recreation@mountkiscony.gov

### PROGRAMS FOR INDIVIDUALS WITH DISABILITIES/SPECIAL NEEDS

North East Westchester Special Recreation, Inc. is a voluntary, not-for-profit corporation providing recreation programs and services year-round for youth, teens, and adults with developmental disabilities. For additional information on programs, guidelines, and availability, please contact North East Westchester via Phone at (914) 347 - 4409 or email at info@northeastspecialrec.org. Website: https://northeastspecialrec.org

### **PROGRAM CANCELLATIONS**

Cancellations or postponements will be announced by the vendors, instructors, and/or the Mount Kisco Recreation Department when possible via Text Message, e-mail/Community Pass, Phone, Website, and/or on our Facebook Page.

### **COVID-19 CANCELLATIONS**

Due to COVID, programs may change at any time, either ahead of or during the season. Itemized refunds will be given to any program canceled by the Recreation Department.

### **REGISTRATION WILL BEGIN ON: December 1st at 9:00am for Winter Programs**

There is a 3% fee associated with all credit card transactions. Most communication regarding program changes will be done via E-mail. Please provide us with an accurate and legible E-mail address. Programs may be canceled if there are not enough registered participants, so please register as early as possible. All potential registrants MUST present two (2) acceptable proofs of residency at the time of registration for first time registrants. If it is your first time registering, please call the Recreation Department - (914) 666 - 3059.

The Village of Mount Kisco gladly provides you with three (3) acceptable methods to register for programs: Online, In-Person, or By-Mail. PLEASE NOTE: <u>All</u> families must have/create an account on Community Pass.

### **ONLINE:**

1. Log on to: https://register.communitypass.net

2. **Search for:** Village of Mount Kisco, NY

3. Click on: Create an account for your family now

4. Complete: Enter your account information and click submit.

5. Click on: Register Now to begin registering for programs.

Registering with Community Pass ensures your access to all programs and events we have to offer, plus you'll be the first to hear about new and exciting additions! Please register for the classes that pique your interest as early as possible, and don't wait until the last minute to sign up! If it is your 1st time signing up on Community Pass with us, please call the Recreation Department (914) 666 - 3059.

### **IN-PERSON:**

Registration can be done in person at the Recreation Department.

Location: Leonard Park, 1 Wallace Drive, Mount Kisco, NY 10549.

Office Hours: 8:30am - 4:30pm, Monday - Friday.

Registration Hours: 8:30am - 4:00pm, Monday - Friday

We Accept: Cash, Checks, Money Orders, or Credit Cards - 3% fee (MasterCard and Visa)

as forms of payment.

### MAIL:

Anyone doing mail in registration for a program must have: 1) Have a Community Pass account set up. 2) Acceptable proofs of residency. 3) Full payment (Check/Money Orders). MADE OUT TO: Mount Kisco Recreation 4) List of programs you are registering for.

### **ACCEPTABLE PROOFS OF RESIDENCY:**

To register for programs we require two (2) acceptable proofs of residency:

1) A valid government-issued photo ID (NYS Driver License/Permit/ID, Passport, etc.)

### AND

2) A current; Utility Bill, Rent Receipt, Lease, or a Personal Check (Addressed to you at your address)

**PLEASE NOTE:** Last year's permit, library card, and/or tax bills cannot be used as proof of current residency. The Recreation Department reserves the right to reject any proof it deems questionable. Residents have the burden of proof to prove residency.

### Puedes ver toda la información del programa en español. A continuación se muestra una explicación de cómo hacerlo.

### CÓMO VER TODOS LOS PROGRAMAS DE RECREACIÓN QUE SE OFRECEN EN ESPAÑOL Translate 🔻 ① 10:31:40 AM EDT MOUNT KISCO CommunityPass is a partnership of the local community organizations. From here you can register or an activity, see your account's current registrations or edit your account information. Create an Account **Existing Users** Please Log In CommunityPass is your resource for event and activity registration within your Community. To begin, click the signup link above, complete the signp form and enjoy the convenience of online registration! Username Create an Account Username Please Note If you already have a Co nmunityPass account from another organization or community, please use Password username and password o log in and register for programs offered through this organization. You your existin do not need to create a new account. Password The username or password you entered is incorrect. Reminder - passwords are case Una vez creada su ¿No tienes una cuenta, puede iniciar cuenta? Crea uno aquí Haga clic para traducir al español sesión aquí Forgot username or password

¿Sabías que community pass puede traducir todo al español? Vaya a register.capturepoint.com para crear su cuenta familiar. Puede traducir el sitio web siguiendo las instrucciones anteriores. Una vez que haya creado su cuenta, inicie sesión y explore todas las ofertas de Parques y Recreación. Todas las inscripciones para los programas y la piscina se pueden hacer en línea o en persona. Day Camp y Travel Camp requieren que se registre en persona.

Llame al 914-666-3059 o envíe un correo electrónico a recreacion@mountkiscony.gov para obtener más información.

### SANTA CLAUS SPECIAL MAILBOXES

Children, 8 & Under, are encouraged to write a letter to Santa Claus to express their holiday thoughts and wishes, and mail it to Santa in one of the special mailboxes that he has placed in our town at the Mount Kisco Recreation Department & the Mount Kisco Library to make sure your letter is received. Santa and his helpers put special care into answering each letter.

**PLEASE NOTE:** Please make sure that every letter submitted includes your child's:

- 1) Full Name (First & Last Name)
- 2) Full Mailing Address (Number, Street, Apt, City, State, & Zip Code)

**Drop Off Dates:** Monday, November 27th - Friday, December 15th **Drop Off Locations:** 

- Mount Kisco Recreation Department 1 Wallace Drive
- Mount Kisco Library 100 Main Street

### Times:

- Mount Kisco Recreation Department: 8:30am 4:00pm
- Mount Kisco Library: see library for hours of operations





### **HOLIDAY TREE LIGHTING**

The Village of Mount Kisco and the Mount Kisco Chamber of Commerce will hold their Annual Holiday Tree Lighting Ceremony. Join this community-wide event as we celebrate with caroling, crafts, hot chocolate, and other festivities at the Village Hall.

**PLEASE NOTE:** If we are good, we may even get a visit from Santa Claus himself.

Date: Friday, December 1st

Location: Village/Town of Mount Kisco, Village Hall, 104 Main Street

**Time**: 6:00pm **Fee**: FREE

### **FESTIVAL OF LIGHTS CEREMONY**

Join us for a community-wide ceremony and celebration of the Festival of Lights or Festival of Dedication. Look on and celebrate in the Lighting of the Chanukkiah at Mount Kisco Village Hall, with treats and comradery.

Date: Thursday, December 7th

Location: Village/Town of Mount Kisco, Village Hall, 104 Main Street

Time: 6:30pm Fee: FREE



### ANNUAL FIRE TRUCKS AND HOLIDAY PARTY



This is a very special annual event co-sponsored by: The Mount Kisco Service Organizations, Fire Department, Recreation Department, American Legion Post #136, Lions Club, and the Kiwanis Club of Mount Kisco. Children will have the opportunity to ride on a firetruck with Santa from Leonard Park to the American Legion. Santa will also be on hand to pass out candy and gifts.

PLEASE NOTE: Children under age 7 must be accompanied by an adult.

Date: Saturday, December 9th

Drop Off Location: Leonard Park, Memorial Pool Parking Lot, 1 Wallace Drive

Drop Off Time: 9:45am

Pick Up Location: American Legion, 1 Legion Way

Pick Up Time: 11:15am - SHARP!

Fee: FREE

### **EGG HUNT**

Kids ages 2 - 10 can come collect our hidden eggs and search for "Lucky Winner Prize Eggs". Children must bring their own basket to collect the eggs. Boots should be worn as the ground may be soft or muddy. Please be sure to check our website for weather updates.

Date: Saturday, March 23

Location: Fields at Leonard Park - 1 Wallace Drive, Mount Kisco NY

Time: 10:00am - SHARP!

Fee: FREE



### Crazy Chemworks Mini-Camp

(Register in Fall 2023 on CommunityPass)

**Grades:** 1 - 5

Location: Pieragostini Gym Complex, Leonard Park

**Description:** Come and spark imaginative learning with a week of Mad chemistry. Watch as we combine elements and make them fizz, crackle and change color! We'll dive into molecules and chemical reactions that produce light, gas and even slime!

**PLEASE NOTE:** Mad Science will run their program 9:00am - 3:00pm. Mount Kisco Recreation staff will provide games and activities from 8:30-9:00 and 3:00 - 4:00pm to allow for an earlier drop-off and a later pickup.

Days: Time: Dates: Fee:

Tuesday - Friday 8:30am - 4:00pm December 26 - 29 Resident: \$325 Non-Resident: \$350

### Fun 4 All

Grades: K - 5

Location: Pieragostini Gym Complex, Leonard Park

**Description:** Get ready for an artistic adventure like no other! Fun4All is here to make your February vacation fabulous with our Outside the Lines Art Week. Get ready for a jam packed week of ocean-themed art projects that will have you exploring the depths of your imagination. From sculpting with clay to creating with paper mache and mastering the magic of watercolors, you'll be swimming in a world of artistic wonder. But that's not all – when we're not busy crafting masterpieces, we'll be playing fun games and friendly challenges that'll leave you grinning from ear to ear. We can't wait for you to join us for a week of artistic joy and fun!

**PLEASE NOTE:** Fun4All will run their program 9:00am - 3:00pm. Mount Kisco Recreation staff will provide games and activities from 8:30-9:00 and 3:00 - 4:00pm to allow for an earlier drop-off and a later pickup.

Days: Time: Dates: Fee:

Monday - Friday 8:30am - 4:00pm February 19 - 23 Resident: \$325 Non-Resident: \$350

### TGA Mini Camp

Grades: K - 5

Location: Pieragostini Gym Complex, Leonard Park

**Description:** TGA Premier is hosting a 4-day Tennis & Golf spring break camp at Leonard Park. TGA coaches will teach the game of Tennis & Golf in a fun and welcoming environment. Participants will be broken up into smaller groups based on their age and skill. TGA will provide all of the necessary equipment, and we welcome all skill levels.

Participants MUST provide their own lunch daily. Space is limited.

**PLEASE NOTE:** TGA will run their program 9:00am - 3:00pm. Mount Kisco Recreation staff will provide games and activities from 8:30-9:00 and 3:00 - 4:00pm to allow for an earlier drop-off and a later pickup.

Days: Time: Dates: Fee:

Monday - Thursday 8:30am - 4:00pm April 1 - 4 Resident: \$350 Non-Resident: \$365

### Pre - Camp Iroquois 1-Day Camp

Grades: K - 6

**Location**: Pieragostini Gym Complex, Leonard Park

**Description:** Come join us for 1-day of Camp Iroquois! First year campers or yearly returners can join us for a day filled with arts & crafts, sports, activities at the playground, and more! Our summer day camp - Camp Iroquois - is filled with special activities all summer long, so why not give the campers a day to get excited about Camp Iroquois during the school year.

Day: Time: Dates: Fee:

Friday 9:00am - 3:00pm April 5 Resident: \$50 Non-Resident: \$75

### 2024 TENTATIVE CAMP IROQUOIS INFORMATION

We are currently working on Camp Iroquois information for Summer 2024. Please check our website beginning in January for updates!

Grades: K - 6 Day Camp Hours: 8:30am - 3pm Extended Day Hours: 3 - 6pm

camp Iroquois Information

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# Preschool Programs

### **Preschool Open Gym**

**Ages:** 2 - 4

Location: Pieragostini Gym Complex, Leonard Park

Leader: Allie Herskovitz

**Description:** This program is a good chance to let your kids run free. Kids will run, jump, slide, and more through obstacle courses. Balls, hoola-hoops, and more will be available for kids to play with.

PLEASE NOTE: This program is not instruction based. Parent/Guardian is required to be on site. Price is for all ten weeks!

Day: Time: Dates:

**Mondays** 1:15 - 2:15pm January 8, 22, 29 February 5, 12, 26 March 4, 11, 18, 25

### **Sports & Games**

Residents \$40 Non-Residents \$50

Residents \$45 Non-Residents \$55

Drop-In \$10 CASH

Ages: 2 - 4

**Location**: Pieragostini Gym Complex, Leonard Park

**Instructor**: Allie Herskovitz

**Description**: This program is an introduction to sports and games for kids.

They will have the opportunity the run around and play games with materials they make themselves. This is a fun way to get your kids engaged in different sports and allow them to be creative.

PLEASE NOTE: A Parent/Guardian is required to be on site.

Price is for all six weeks!

Time: Day: **Dates:** 

1:15 - 2:00pm Thursdays January 4, 11, 18, 25 February 1, 8











### **Sensory Exploration**

Residents \$80 Non-Residents \$90

**Ages:** 3 - 5

Location: Pieragostini Gym Complex, Leonard Park

**Instructor:** Allie Herskovitz

**Description:** This program is a great opportunity to create, play, and get messy. We will be exploring all 5 senses. Kids will make crafts like colorful sensory bottles, dig through Jell-O to find surprises, and listen as an ice cube fizzles.

**PLEASE NOTE:** Parent/Guardian is required to be on site.

Price is for all 6 weeks!

Day: Time: **Dates:** 

Thursdays 4:00 - 5:00pm January 4, 11, 18, 25 February 1, 8













### Skyhawks F

### Residents \$155 Non-Residents \$ 165

**Ages**: 2 - 5

Location: Pieragostini Gym Complex, Leonard Park

**Descriptions**: Skyhawks is offering a variety of sports for your little ones to learn the basics. They have programs for 2 - 5 year-olds that will not only teach the fundamentals of sports, but also encourage them to have positive view of teamwork and social interaction with others.

### Parent & Me, Tots, & Squirts Soccer

These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. The instructor-to-student ratio is kept small to maximize individual development, and above all else, we promote fun, fun, fun!

PLEASE NOTE: Parent participation may be required for some programs.

### **Multi-Sport**

This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games & activities, participants explore balance, hand/eye coordination, & skill development at their own pace. **PLEASE NOTE:** Parent participation may be required for some programs.

### Floor Hockey

This program is a safe and fun way for your child to learn the fundamentals of hockey. Goals are to teach basic concepts and techniques of field and ice hockey. Classes will emphasize passing, puck/ball handling, shooting, teamwork, and safety (non-checking). Appropriately sized sticks will be used.

**PLEASE NOTE:** Parent participation may be required for some programs.

Day:	Age:	Program:	Time:	Dates:	
A) Sundays	2 - 3	Parent & Me Soccer	9:00 - 9:45am	Jan 7, 14, 21, 28	Feb 4, 11
B) Sundays	3 - 4	Tots Soccer	10:00 - 10:45am	Jan 7, 14, 21, 28	Feb 4, 11
C) Sundays	4 - 5	Squirts Soccer	11:00 - 11:45am	Jan 7, 14, 21, 28	Feb 4, 11
D) Tuesdays	2 - 3	Multi-Sports	9:00 - 9:45am	Jan 9, 16, 23, 30	Feb 6, 13
E) Tuesdays	3 - 4	Multi-Sports	10:00 - 10:45am	Jan 9, 16, 23, 30	Feb 6, 13
F) Tuesdays	3 - 4	Floor Hockey	4:00 - 4:45pm	Jan 9, 16, 23, 30	Feb 6, 13
G) Tuesdays	4 - 5	Floor Hockey	5:00 - 5:45pm	Jan 9, 16, 23, 30	Feb 6, 13
H) Wednesdays	2 - 3	Parent & Me Soccer	9:00 - 9:45am	Jan 10, 17, 24, 31	Feb 7, 14
I) Wednesdays	3 - 4	Tots Soccer	10:00 - 10:45am	Jan 10, 17, 24, 31	Feb 7, 14
J) Wednesdays	4 - 5	Squirts Soccer	11:00 - 11:45am	Jan 10, 17, 24, 31	Feb 7, 14

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Residents \$225 Non-Residents \$250 Checks or Cash

Grades: K - 5

**Location**: Pieragostini Gym Complex, Leonard Park

**Instructor:** The Grit Ninja

**Description**: The Grit Ninja has packed up equipment and is ready to turn the Pieragostini Gym Complex at Leonard Park into a unique ninja warrior obstacle course! During each

action-packed class, aspiring ninjas will climb, swing, jump and run on our ever-changing equipment.

 Day:
 Grade:
 Time:
 Dates:

 A) Fridays
 K - 1
 4:00 - 4:50pm
 January 5, 12, 19, 26 February 2, 9

 B) Fridays
 2 - 5
 5:00 - 5:50pm
 January 5, 12, 19, 26 February 2, 9

Registration/Payment

To register for this program you <u>MUST</u> contact the recreation department.

All payments must be made in cash or check - made out to The Grit Ninja - and given to the Mount Kisco Recreation Department.

### **TGA Junior Golf**

Residents \$155 Non-Residents \$165

**Grades:** 1 - 5

Location: Pieragostini Gym Complex, Leonard Park

**Instructor: TGA** 

**Description**: TGA brings the golf course to you! Students develop skills and understanding of the game through station-based activities and drills that increase in difficulty throughout our 5-level program. Come tee it up!

PLEASE NOTE: TGA will provide all of the necessary modified equipment.

 Day:
 Grade:
 Time:
 Dates:

 A) Tuesday
 1 - 2
 4:00 - 5:00pm
 January 9, 16, 23, 30
 February 6, 13

 B) Tuesday
 3 - 5
 5:00 - 6:00pm
 January 9, 16, 23, 30
 February 6, 13

### Volleyball

Residents \$75 Non-Residents \$90

**Grades:** 4 - 7

Location: Pieragostini Gym Complex, Leonard Park

**Instructor:** Allie Herskovitz

**Descriptions:** Beginners, interested in learning how to play volleyball? This program is designed to get you on the court to learn how to bump, set, and spike! Each class is designed to teach each participant the rules of volleyball while learning and practicing

their skills. No experience necessary!

Day: Level: Time: Dates:

Wednesdays Beginner 4:30 - 5:30pm January 3, 10, 17, 24, 31 February 7, 14, 28

### **Basketball**

Residents \$75 Non-Residents \$90

**Grades:** K - 6

**Location:** Pieragostini Gym Complex, Leonard Park

Instructor: George Price, Collegiate Hall of Famer, Certified Basketball Official, AAU basketball coach at NY Basketball Academy, former SWBOCES Varsity, JV,

and Modified basketball coach.

**Description**: This basketball program will teach young athletes the fundamentals of basketball, all while combining fun, skill development, and learning about the game of basketball. Participants will practice dribbling, shooting, passing, defense, and pointers to assist and enhance their skill levels. No experience necessary!

Day:	Grade	Time:	Dates:		
A)Mondays	1 - 3	4:00 - 5:00pm	Jan 8, 22, 29	Feb 5, 12, 26	March 4, 11
B)Mondays	4 - 6	5:00 - 6:00pm	Jan 8, 22, 29	Feb 5, 12, 26	March 4, 11
C)Thursdays	K - 1	4:00 - 5:00pm	Jan 11, 18, 25	Feb 1, 8, 15, 29	March 7

### Winter Baseball Clinic Residents: \$75 Non-Residents: \$85

Ages: 6 - 9

**Location**: Pieragostini Gym Complex, Leonard Park

Instructors: Mount Kisco Baseball Coaches

**Description**: The Mount Kisco Recreation Department and Mount Kisco Baseball coaches welcome you to the Winter Indoor Baseball Clinic, for both boys and girls! This program is designed for children interested in playing in the Mount Kisco Little League for the first time this Spring 2024. This is a developmental program and will focus on; fielding, hitting, throwing, and running.

**PLEASE NOTE:** Participants must bring their own baseball glove(s). We encourage early registration. For additional information, please send an E-mail to:

admin@mkll.org.

Day: Time: Dates:

Sundays 3:00 - 4:30pm January 7, 14, 21, 28 February 4, 11

### **Thunder Ridge Ski & Snowboard Lessons**

### **Registration Ends December 1st**

**Ages:** 8 & Up\*

Location: Thunder Ridge Ski Area, 137 Birch Hill Road, Patterson, NY

**Instructor**: Thunder Ridge Ski Staff

**Description**: Do you want to learn a lifelong fun sport? Now's your opportunity to learn how to ski or snowboard in a safe, non-competitive atmosphere with lessons from Thunder Ridge Ski Area in nearby Patterson NY! The Mount Kisco Recreation Department is partnering with Thunder Ridge to offer the residents in our community Ski & Snowboard lessons at a reduced cost... it also makes a great gift. Thunder Ridge will set aside specific days and times for Mount Kisco Recreation Department and offer Ski & Snowboard lessons.

### Registration, Lessons Dates & Times, & Rental Pricing Information

Lessons begin the first week of January.

All forms (Registration & Waiver Forms) and detailed information on program fees, session dates, times, equipment rentals, etc. have been emailed out via Community Pass, are available on our Website: <a href="www.mountkiscony.gov">www.mountkiscony.gov</a>, and hard copies are printed out at the Mount Kisco Recreation Department (Leonard Park - 1 Wallace Drive, Mount Kisco NY)

- You MUST pay in-person via: Check, Cash, and/or Money Order.
- Checks and/or Money Orders should be made out to: Thunder Ridge Ski
- All forms and payment need to be returned to the Mount Kisco Recreation Department at 1 Wallace Drive, Mount Kisco NY.
- Do not delay your sign-ups, these classes fill up quickly.

### **Lesson Packages**

(These packages are based on six 1.5-hour group lessons)

Lift & Lesson: \$540 – includes lift ticket during lesson & remainder of evening. Lift, Lesson, Rentals: \$710 – includes lift ticket & equipment during lesson & remainder of evening.

Season Pass Holder Lesson Only: \$355 – only available to Thunder Ridge Season Passholders. Contact Thunder Ridge directly to purchase season pass. (Must be purchased before the start of lessons.)

\*If the lessons we partner with Thunder Ridge to offer do not include the age/ability of your child, or you would like to inquire about family/sibling passes, please reach out to Thunder Ridge directly, as they offer additional programs. <a href="https://www.thunderridgeski.com">www.thunderridgeski.com</a>.

Youth Programs

**Page** 

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**Indoor Tennis Lessons** 

Residents \$215 Non-Residents \$235

Ages: 4 - 17

**Location:** Pieragostini Gym Complex, Leonard Park

**Instructor**: Shrub Oak Tennis

**Description**: Students will develop essential tennis skills. Programs below are divided by age group, larger groups will also be divided based on beginning/intermediate skill level.

Session 1

Day:	Ages:	Times:	Dates:
A) Saturday	4-6	1:30 - 2:30pm	January 6, 13, 20, 27 February 3, 10
B) Saturday	7 - 10	2:30 - 3:30pm	January 6, 13, 20, 27 February 3, 10
C) Saturday	11 - 15	3:30 - 4:30pm	January 6, 13, 20, 27 February 3, 10

### Session 2

ι, Day:	Ages:	limes:	Dates:	
<b>Day:</b> A) Saturday	4-6	1:30 - 2:30pm	March 2, 9, 16, 23, 30	April 6
B) Saturday	7 - 10	2:30 - 3:30pm	March 2, 9, 16, 23, 30	April 6
C) Saturday	11 - 15	3:30 - 4:30pm	March 2, 9, 16, 23, 30	April 6

### Yoga

Residents \$220 Non-Residents \$240

Ages: 16+

**Location:** Pieragostini Gym Complex, Leonard Park

**Instructor**: Helena Svedin, Yoga Instructor

**Description**: In Slow Flow Yoga we take our time. With a curious mind we observe without judgement. We focus on the internal experience of our practice and we remind ourselves that we have choices; we use interoception to take effective action. Eventually we remember who we are and body, mind and spirit align. Please bring your own yoga mat and any props you need to support your practice.

Dav: Time:

12:00 - 1:00pm **Thursdays** February 1, 8, 15, 29 March 7, 14, 21, 28

Dates:

### Pickleball Yoga

Residents \$320 Non-Residents \$340

Ages: 16+

**Location:** Pieragostini Gym Complex, Leonard Park

Instructor: Helena Svedin, IPTPA Certified Pickleball Instructor & Yoga Instructor

**Description**: This class is for those that know the rules of the game including scoring.

You play pickleball on a regular basis & are familiar with yoga. We start by learning about the yogic concept of the koshas - physical body, breath body thoughts & feelings, wisdom body & bliss body. We continue with a warm up that supports proper body movement, mindfulness & partner communication. We practice pickleball drills, play full games, & end with a slow flow asana practice.

Dav: Level: Time: Dates:

Tuesdays 1 12:00 - 2:00pm Jan 30 Feb 6, 13, 27 March 5, 12, 19 & 26

### **Pickleball Lessons**

### Residents \$280 Non-Residents \$320

**Location:** Pieragostini Gym Complex, Leonard Park

Instructor: Helena Svedin, IPTPA Certified Pickleball Instructor

**Description**: All sessions are played in a fun environment. These are instructional classes. Beginner - Patiently we work on hand eye coordination, footwork and the basic rules of the game. We practice skills such as serve, return, drop, dink and volley. We learn the basic positioning of the players and practice playing full games.

Intermediate - We practice skills such as serve, return, drop, dink and volley. We learn to drive, lob and hit overheads. We repeat the basic positioning and strategy of the game. We

practice playing full games.

Advanced - This class is for you that are passionate about the game and play more than twice a week. In this class we focus on consistency, partner communication and choice making. We discuss the mental side of the game and practice more complex drills. Dates:

Day.	Levei.	rime:
A) Tuesdays		10:30am - 12:00pm
B) Thursdays		9:00am - 10:30am
C)Thursdays	Intermediate	10:30am - 12:00pm
D)Thursdays	Advanced	7:30pm - 9:00pm

Jan 30 Feb 6, 13, 27 March 5, 12, 19, 26 February 1, 8, 15, 29 March 7, 14, 21, 28 March 7, 14, 21, 28 February 1, 8, 15, 29

February 1, 8, 15, 29 March 7, 14, 21, 28

### **OPEN PLAY PROGRAMS**

You must sign up for these programs ahead of time through Community Pass or contact the Recreation Department.

Resident Registration Begins: December 1st, 2023

Non-Resident Registration Begins: December 8th, 2023

### PICKLEBALL OPEN PLAY - MAX 16 PARTICIPANTS

AGFS: 18+ Adult Indoor Pickleball

Pieragostini Gym Complex, Leonard Park LOCATION: 2:00 - 4:00pm AND/OR 7:00 - 9:00pm TIMF: FEE:

Resident \$80 Non-Resident \$100

**Program** registrations are separate for each Open Play time slot.

**Tuesdays** DAY:

Jan 2, 9, 16, 23, 30 **DATES:** 

> Feb 6, 13, 20, 27 March 5, 12, 19, 26 April 2, 9, 16, 23, 30

### **VOLLEYBALL OPEN PLAY - SPACE IS LIMITED**

AGES: 18+ Adult Indoor Volleyball

LOCATION: Pieragostini Gym Complex, Leonard Park

7:00 - 9:00pm TIME:

Resident \$75 FEE: Non-Resident \$95

DAY: Wednesdays

**DATES**: Jan 3, 10, 17, 24, 31

> Feb 7, 14, 21, 28 March 6, 13, 20, 27 April 3, 10, 17, 24



### **OPEN GYM PROGRAMS**

Open gym basketball is a great way to unwind with your friends. Come alone or bring your friends for a game. First come, first served. Dates and times are subject to change. Please check the Mount Kisco Recreation Department page before arriving. You cannot sign up ahead of time for this program.

### MEN'S BASKETBALL OPEN GYM DROP IN

AGES: 18+

Pieragostini Gym Complex, Leonard Park LOCATION:

7:00 - 9:00pm TIME:

\$5.00 - Cash each night FEE:

DAY: **Mondays** 

**DATES:** Jan 8, 22, 29

Feb 5, 12, 26

March 4, 11, 18, 25 April 1, 8, 15, 22, 29



### THE J. EDWARD FOX SENIOR CENTER

**Ages:** 55 & UP

**Location:** 198 Carpenter Avenue (Behind 200)

Website: www.mountkiscony.gov/departments/senior citizen programs

**Day:** Mondays - Fridays **Hours:** 9:30am - 3:00pm

**Senior Recreation** 

Phone: (914) 666-8766

Email: seniors@mountkiscony.gov

**Senior Nutrition & Transportation** 

Phone: (914) 666-8931

Email: pguerra@mountkiscony.gov

### **Mount Kisco Senior Group Mission Statement**

The J. Edward Fox Senior Center is the home of the Mount Kisco Senior Recreation Group and the Mount Kisco Senior Nutrition Program. We invite all active and independent seniors to join us. Please contact us at (914) 666 - 8766 for additional information on programs, activities, trips, and to receive our Monthly Newsletter "The Trolley". You can also go to the village Website at www.mountkiscony.gov to view "The Trolley" for, classes, trips, additions, and changes to programs.

PLEASE NOTE: Activities are open to everyone. However, the Residents of Mount Kisco will have first preference in registration. According to our by-laws, participants MUST refrain from inappropriate speech and behavior. Anyone who fails to comply will be asked to leave. Please sign up as soon as possible for classes, trips, and programs. We would hate to cancel a program because people waited too long to sign up.

### **Classes and Program Information:**

- Pre-Registration is required for most classes.
- · Past Participants must re-register.
- You may register by phone or in person.
- You may only register yourself for classes and/or programs.
- Mount Kisco Residents will have first preference.
- Non-Residents must pay an additional \$3 fee for each class and/or program they attend.

### **Trip Information & Policies:**

- 1. Pre-Registration Is required for all trips. Reservations can only be made <u>in person</u> and only for you (your friends must make their own).
- 2. In Need of Any Assistance We require that you bring a friend/relative (NOT a senior) to assist you, at your own cost.
- 3. Emergency Form Must be on file with our office to attend any trip.
- 4. Deposits Must be made at the time of registration to secure your seat for any trip that requires a fee.
- 5. Final Trip Payments These are due two weeks before the scheduled trip. Unless otherwise stated or other arrangements have been made.
- 6. Bus Seating Will be assigned by health requirements first, then according to the order of registration.
- 7. Footwear Please wear appropriate footwear on all trips. Especially on trips where there will be a lot of walking, or the terrain may not be level.
- 8. Running Late Please call us at (914) 666 8766, and we will let you know if we can wait.
- 9. Cancelations If you need to CANCEL, please notify us 48 hours before the trip. If program payment has not been made by the Senior Group, refunds will be given.



Click "THE TROLLEY" to view additional information on our website for: Classes, Trips, Parties, Special & Educational Programs, as well as Program Revisions, Additions, and Cancelations.



### **LEONARD PARK**

Address: 1 Wallace Drive, Mount Kisco, NY 10549

**About**: Leonard Park is a 116-acre park. Leonard Park offers free parking, outdoor and indoor recreation opportunities, and facilities to participants wanting to engage in various recreational activities including; basketball, baseball, softball, tennis, pickleball, volleyball, swimming (toddler, main, & dive/competition pools), fishing, hiking, ice skating, bird watching, picnic areas, toddler & youth playground areas with swings, and an 18 hole disc/frisbee golf course. Mount Kisco Resident and guests can come experience these activities & many more for kids, adults, seniors, and families year-round. **NO** private training, lessons, practices, leagues/tournaments play without authorization.

### THE CHARLES C. PIERAGOSTINI MULTI-PURPOSE ROOM/GYMNASIUM

The Charles C. Pieragostini Multi-Purpose Room, dedicated in 2016, is an air-conditioned & heated open facility that provides great indoor services, activities, lessons, and opportunities for youth through seniors. The gymnasium features a new vinyl floor, NEW LED lights, an electronic scoreboard and divider, 6 - 10 Ft. regulation baskets, 4 manually adjustable side baskets (7.5 Ft. - 10 Ft.) for basketball games, volleyball and pickleball court with all floor markings, nets, antennas, poles, and 2 private restrooms.

### **MEMORIAL POOL COMPLEX**

The Memorial Pool Complex is a wonderful place for residents to splash away during the summer months. Pool permits and daily admissions are sold throughout the summer. Home to three pools: Wading Pool - Main Pool - Competition(Six Lanes)/Dive Pool: (High & Low Board). Family/handicapped changing rooms, showers, restrooms, snack bar. A variety of pool permits are available for residents, Bedford Central School District (BCSD), non-residents, walk-ins, guests, and large group outings.

### **WALLACE POND**

Located at the entrance of Leonard Park, this freshwater pond contributes to supporting the ecosystem and the diverse plants & wildlife species living in our Mount Kisco. Set in front of "The Tea House", it is also home to public fishing (Must have an NYS Fishing License), our annual youth fishing derby (No Fishing License Required), and winter ice skating location (skate at your own risk, weather permitting). PLEASE NOTE: No Swimming.

### THE TEA HOUSE

Located at the entrance of Leonard Park, set behind Wallace Pond. The Tea House is an authentic Japanese Pagoda brought here from Japan "piece by piece" & reassembled in our beloved Leonard Park. The interior open room concept with large windows allows for 180-degree outdoor views. In addition, the exterior wraparound wooden deck with benches, opens to an additional outside area with permanent picnic tables.

### TENNIS/PICKLEBALL, BASKETBALL/VOLLEYBALL & BOCCE BALL COURTS

**Tennis Courts:** There are 4 courts that provide great outdoor recreational activities for all ages, during the day or under the night-lights in the evening. All 4 Courts have been lined with Pickleball dimensions.

Basketball: Six - 10ft. regulation baskets with 3-point lines. 1 main court or 2 smaller courts.

Volleyball: Two Volleyball courts lined to regulation

**Bocce Ball:** One court, balls may be borrowed and returned to and from the Recreation Department

### BASEBALL/SOFTBALL FIELDS

The David L. Feldman Memorial Field (Little League I, dedicated in 2001), Craig "CJ" Johnson Field (Softball, dedicated in 2000), Little League II, and hardball field provide four fields for great outdoor recreational, league games, and summer day camp baseball opportunities and activities for youth through seniors.

### HIKING/WALKING TRAILS & 18 HOLE DISC/FRISBEE GOLF COURSE

There are numerous trails throughout Leonard Park and some are nestled in the beautifully kept forest. Constructed in 1977. Our course is one of the oldest courses in the nation and is challenging to novices to the most seasoned players in a mature woodsy eastern hardwood forest with many elevation changes and features a 600 Ft. par 4 hole. Compete against yourself, friends, and/or family, simply show up and play. Everyone is encouraged to share the space with those not in the park to play disc golf. For more information, please contact the Westchester Disc Golf Enthusiasts (WeDGE) Email: westchesterdiscgolf@gmail.com.

### PLAYGROUND & PICNIC AREAS

Snuggled towards the back of Leonard Park, our playground area hosts two playground areas for toddlers & youth. These areas have a lot to offer everyone a huge sandbox, jungle gym with slides, rock climbing walls, bucket seat swings for toddlers & regular swings for older kids, open areas, grass fields, a few picnic tables, benches, and much more. There are numerous picnic areas throughout Leonard Park (Wallace Pond area, basketball/volleyball court area, baseball/softball field area, playground, snack bar, hardball field (picnic tables), & disc golf with a picnic table at hole #1. In addition, some are nestled in the beautifully kept forest of Leonard Park.

### J. EDWARD FOX SENIOR CENTER

Address: 198 Carpenter Avenue, Mount Kisco, NY 10549

**About**: The Fox Senior Center offers fun recreational activities and much more for residential and non-residential Seniors 55+ in Westchester County. The Fox Senior Center offers free parking, various programs (nutrition, fitness, meditation, Tai Chi, Yoga, etc.), indoor & outdoor recreation opportunities, workshops, classes (jewelry making, clay, needlepoint, crafts, etc...), computer assistance, trips, comradery, and our own information source the "Trolley" to keep everyone informed and up to date on affairs, programs, etc. Most of these programs are FREE to Mount Kisco Residents. However, all Non-Residents may have to pay an additional \$3 fee, where an instructor is involved. For more information call (914) 666 - 8766, visit our website @ www.mountkisco.gov, or email: seniors@mountkiscony.gov.

### **Indoor Services & Activities:**

Under the direction of Mount Kisco Recreation Department and the Recreation Supervisor / Senior Citizens, the Fox Center, is the home of the Mount Kisco Senior Group. The Fox Center is an air-conditioned and heated facility, which provides various programs to independent seniors, 55 years of age and older, which enhance their quality of life by meeting their mental, physical, and social needs. Programs include but are not limited to: Games, Arts, Exercise, Crafts, Music, Computers, cards, bridge, Mahjongg, Stained Glass, Yoga, Needlecrafts, Music, Writing Programs, Classes offered by WCC Mainstream, Intergenerational Programs, Movies, Entertainment, Parties, Trips, AARP Driving Course, Tax Assistance, Health, and Other Informational programs.

**Senior Nutrition Program:** 

This program is located in the Fox Center Facility. This program has been serving older residents of Mount Kisco since 1975, and it is funded through the Village/Town of Mount Kisco, the U.S. Department of Health and Human Services, The New York State Office for the Aging, and the Westchester Department of Senior Programs and Services. The Senior Nutrition Program provides various programs to gather, socialize, enjoy a hot meal, and participate in a wide range of scheduled activities. Programs include but are not limited to: Weekly Shopping Trips, + Daily delicious and nutritious hot lunch in our dining room at 12noon, Transportation within the Village/Town of Mount Kisco to the program, Home Delivered Meals, Pharmacy and Department Stores, Monthly Blood Pressure Readings, Medicare, Legal and Other Informational Programs.

The "Trolley" Newsletter:

The "Trolley" is our in-house publication to keep our seniors informed about our Services, Upcoming Events, Parties, Health, and Other Informational Programs. Monthly nutrition and special event/trip information will be posted in the newsletter. Please check the Trolley newsletter or call the Fox Center at (914) 666 - 8766 for additional information on and to register for all trips. PLEASE NOTE: Pre-registration is required for all trips.

### J. EDWARD FOX MEMORIAL PARK

Address: 198 Carpenter Avenue, Mount Kisco, NY 10549

**About**: J. Edward Fox Memorial Park is home to the Mount Kisco Senior Center, a basketball court, a little league baseball field, two playground areas, and much more activities and fun for kids, adults, seniors, and families. Fox Park is a 2-acre park, offers free parking, outdoor recreation opportunities, and facilities to participants wanting to participate in various recreational activities. **NO** private training, lessons, practices, league, and/or tournament play without authorization.

### **Basketball Courts:**

1 Main Court, with 2 - 10Ft. regulation baskets with 3 point lines.

### **Baseball Fields:**

The field assists with little league baseball practices, games, and provides great outdoor recreational opportunities and activities for the entire family (youth through seniors).

### **Toddler & Youth Playground Areas:**

Snuggled in the front of Fox Park along the driveway entrance to the side of the basketball court. These two (2) separate playground areas have a lot to offer everyone, a jungle gym with slides, benches, and much more.

### Picnic Areas/ Hiking & Walking Trails:

There are some picnic areas, hiking and walking trails located in Fox Park. Picnic tables, hiking and walking trails are located behind the Fox Senior Center, Marsh stream area.

### 333 FIELD

Address: 333 North Bedford Road, Mount Kisco, NY 10549

**About**: The 333 Field offers free parking and outdoor recreation opportunities including; soccer, football, multi-sports programs, and more to participants wanting to engage in various outdoor recreational activities. Come experience these and much more activities and fun for kids, adults, seniors, and families. **NO** private training, lessons, practices, league, and/or tournament play without authorization.

### Multi-Purpose Field:

The 333 Multi-Purpose Field at 333 North Bedford Road hosts recreational programs and assists with providing great outdoor recreational opportunities and activities for the entire family.

Parks and Facilitie

## Mount Kisco Recreation SPRIME Programming Brochure

Coming \*\*

in \*\*

February \*\*