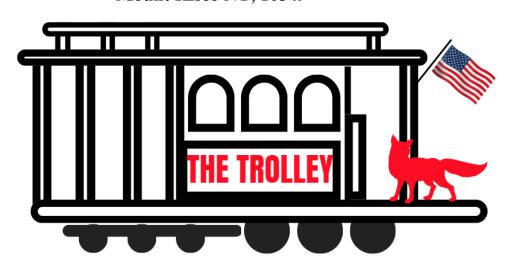
Mount Kisco Recreation
Commission
Activities for Adults 55 & Older
104 Main Street
Mount Kisco NY, 10549

US POSTAGE PAID PRST STD PERMIT NO. 4987 WHITE PLAINS, NY 10610



## NOVEMBER



Monday	Tuesday	Wednesday	Thursday	Friday	
	er 2023 R CALENDAR	Trip: Wind Creek Casino 10:00 Exercise Video 10:00 Needlecrafts 10:45 Do You See 12:45 Jewelry Making 12:45 Mahjong	10:00-12:00 TIPS 10:45 Exercise w/ John 12:45 20/20 Workout 1:00 Easy Listening with John Fritz	9:45 Bingo 10:00 Canasta 3:00 Pizza & Movie	3
10:00 Art Class 10:00 Tai Chi 12:30 Stained Glass 12:30 Bridge 12:45 Veterans Day Program	CENTER CLOSED ELECTION DAY	10:00 Exercise Video 10:00 Needlecrafts 11:00 Business Mtg. 11:30 Speaker: Scams 12:45 Jewelry Making 12:45 Mahjong	10:00-12:00 TIPS 10:45 Exercise w/ John 12:45 20/20 Workout 1:00 Easy Listening with John Fritz	CENTER CLOSED  VETERANS  DAY	10
13 10:00 Art Class 10:00 Tai Chi 12:30 Stained Glass 12:30 Bridge	14 10:30 Cardio Drumming Session 1 & 11:15 Session 2 12:30 Clay Class 12:45 Line Dance	15 10:00 Exercise Video 10:00 Needlecrafts 10:45 Do You See 12:45 Jewelry Making 12:45 Mahjong	16 CRAFT SALE SET UP NO PROGRAMS THIS DAY	CRAFT SALE Friday 10:00 am – 3:00pm & Saturday,18 <sup>th</sup> 10:00 am – 3:00pm	17
10:00 Art Class 10:00 Tai Chi 12:30 Stained Glass 12:30 Bridge	10:30 Laugh Yoga 12:30 Clay Class 12:45 Line Dance	10:00 Exercise Video 10:00 Needlecrafts 12:45 Mahjong	CENTER CLOSED  Happy Thanksgiving!	CENTER CLOSED	24
10:00 Art Class 10:00 Tai Chi 12:30 Stained Glass 12:30 Bridge	10:30 Cardio Drumming Session 1 & 11:15 Session 2 12:30 Clay Class 12:45 Line Dance	10:00 Exercise Video	10:00-12:00 TIPS 10:45 Exercise w/ John 12:45 20/20 Workout 1:00 Easy Listening with John Fritz	Paint with Linda Fridays in Nov. At 7pm. Cable Channel 20 & Verizon Channel 40	

## **Upcoming Events**

#### ANNOUNCMENTS

### MONTH OF NOVEMBER

Wednesday, 1st Trip to Windcreek Casino

**Friday, 3<sup>rd</sup>** Pizza & Movie: "A Castle For Christmas" (Cost \$5 pp. Sign up by Wednesday October 18<sup>th</sup>). Subject to change with availability of network.

Monday, 6th Veterans Day Program

Tuesday 7th CENTER CLOSED ELECTION DAY

Wednesday 8<sup>th</sup> Business Meeting & Speaker on Scams and Raffle Drawing

Friday 10th CENTER CLOSED VETERANS DAY

Friday 17th & Saturday 18th CRAFT SALE

Tuesday 21st Laugh Yoga

Friday 23<sup>rd</sup> & Saturday 24th CENTER CLOSED

THANKSGIVING & BLACK FRIDAY

Wednesday 29th Birthday Party w/ Lou

## MONTH OF DECEMBER

Tuesday 5<sup>th</sup> Tree Trimming (Cost \$3 pp.)

Wednesday 6th & 20th Do You See?

Wednesday 13<sup>th</sup> Holiday Party Mt. Kisco Country Club

Friday 15th Pizza & a Movie

Tuesday 19th Laugh Yoga

Monday 25<sup>th</sup> CENTER CLOSED CHRISTMAS

**Wednesday 27<sup>th</sup>** New Year's Eve Luncheon and Birthday Party

#### **CONTACT INFORMATION**

J. Edward Fox Senior Center 198 Carpenter Avenue Mount Kisco NY 10549

To receive email notifications about our upcoming events and programs, send an email to:

smouris@mountkiscony.gov or cmeli@mountkiscony.gov

Office: (914) 666-8766

#### **Mobile Shredder**

November 15<sup>th</sup> 10:00am-1:00pm Mount Kisco Senior Center 198 Carpenter Avenue

## HELPFUL CONTACTS FOR WESTCHESTER COUNTY SENIOR CITIZENS

**County Dept. of Senior Programs:** (914) 813-6300

**Medicare Info. Line:** (914) 813-6100 **Elder Abuse Hotline:** (914) 813-64326

**George Latimer constituent liaison:** (914) 995-2127

#### Paint Night with Linda

Fridays in November (3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24th) at 7pm. Cable Channel 20<sup>,</sup> and Verizon Channel 40.







The Mount Kisco Seniors Annual Handmade

Craft Sale

at the

Fox Center 198 Carpenter Avenue, Mt. Kisco

Friday, November 17th, 2023 10:00 am-3:00 pm

Saturday, November 18th, 2023 10:00 am-3:00 pm



## **NEW YEAR'S EVE LUNCHEON** AND BIRTHDAY PARTY



Entertainment by Joe

WEDNESDAY DECEMBER 27th 12 NOON - 2:00 PM \$5 per person Sign Up by December 20th

# Paint Nightar With Linda



FRIDAYS at
7pm
November 3rd,
10th, 17th, 24th

Cable: Channel 20 Verizon: Channel 40

New students: \$10/pp

(includes paint, brushes, canvas, easel)

Returning students: \$5/pp (paint and canvas)

To register, call (914) 666-8766



## VILLAGE/TOWN OF MOUNT KISCO SENIOR NUTRITION PROGRAM

FOR INDEPENDENT ADULTS 60+ 914-666-8931

## November 2023

- **❖** FOX CENTER WILL BE CLOSED ON NOVEMBER 7<sup>th</sup>, FOR ELECTION DAY, NOVEMBER 10<sup>th</sup>, FOR VETERANS DAY & NOVEMBER 24<sup>TH</sup> AND 25<sup>TH</sup> FOR THANKSGIVING
- **❖** MOBILE SHREDDER WILL BE AT THE FOX CENTER NOVEMBER 15<sup>TH</sup> FROM 10AM-1PM
- **❖** TRIP TO TJ MAXX/MRS. GREEN'S ON WEDNESDAY, NOVEMBER 8<sup>TH</sup> SIGN-UP SHEET AT DESK ON DAY OF TRIP.
  - ❖ BLOOD PRESSURE WILL BE TAKEN BY TIPS PROGRAM THURSDAYS FROM 10:00 AM-12:00 PM.
    - **❖ DAYLIGHT SAVING TIME ENDS ON NOVEMBER 5<sup>TH</sup>**REMEMBER TO TURN BACK YOUR CLOCK ONE HOUR.

HAPPY THANKSGIVING!

MOUNT KISCO SENIOR NUTRITION HOME DELIVERED MEALS PROGRAM							
Funded by Village of Mount Kisco, Westchester Co Dept. of Senior Programs & Services, NYS Office for the Aging, US Dept. of Health & Human Services							
Monday	Tuesday	Wednesday	Thursday	Friday			
		1	2	3			
PRINCE SS GUERRA							
SITE MANAGER		CHEESE	TURKEY	GERMAN			
		LASAGNA	A-LA-KING	PORK CHOP			
DONNA HARRISON							
PROGRAM ASSISTANT		TARGET 1PM	SHOPRITE 1PM				
6	7	8	9	10			
ITALIANI CUICIZENI	ELECTION DAY	PROCCOLL	VANIZEE	VETERANCERAY			
ITALIAN CHICKEN	ELECTION DAY	BROCCOLI	YANKEE	VETERANS DAY			
SAUSAGE	CENTED CLOSED	& CHEESE QUICHE	POT ROAST	CENTED CLOSED			
	CENTER CLOSED	TIM AND ARM	SUSPRITE ARM	CENTER CLOSED			
13	14	TJ MAXX 1PM	SHOPRITE 1PM	17			
13	14	13	10				
MACARONI	CURRY	FLOUNDER	ITALIAN	HERB ROASTED			
& CHEESE	LAMB	ORANGANATA	MEATBALLS	CHICKEN			
	STOP & SHOP 1PM	TARGET 1PM	SHOPRITE 1PM				
20	21	22	23	24			
CDICDY	DOACT	HONEY MUSTARD	THANKSGIVING	DAY AFTER			
CRISPY BAKED FISH	ROAST TURKEY	CHICKEN	DAY	THANKSGIVING			
DAKEDFISH	TURKET	CHICKEN	CENTER CLOSED	CENTER CLOSED			
	STOP & SHOP 1PM	KOHLS 1PM	CENTER CLOSED	CENTER CLOSED			
27	28	29	30				
				TO CANCEL LUNCH			
SALISBURY	EGGPLANT	BREADED	CHICKEN	CALL 914-666-8931			
STEAK	PARMIGIANA	PORK CHOP	PAPRIKA				
				\$3.00 SUGGE STED			
	STOP & SHOP 1 PM	HOMEGOODS 1PM	SHOPRITE 1PM	CONTRIBUTION			