

Corewell Health Trenton Hospital Trauma Services presents...

ThinkFirst to Prevent Falls

FREE Community Education

Wednesday, September 18, 1:00pm – 2:00pm

Riverview Recreation Center
14100 Civic Park Drive, Riverview, MI 48193

ThinkFirst to Prevent Falls program was designed to help individuals recognize their concerns about falling and the hazards in their home and community that contribute to falls. The program is a 1-hour presentation that will discuss fall prevention topics such as home safety, safety in the community, talking with your physician, nutrition, the significance of exercise, vision, and medications.

To register contact Karen Roberts at 734.281.4219 or at kroberts@cityofriverview.com.

For information on other courses offered contact:
Brandy Osborn at brandy.osborn@corewellhealth.org (734.362.6700) or
Joe Gomez at joseph.gomez@corewellhealth.org (734.642.2132)