

SHERMAN COMMISSION ON AGING

Regular Monthly Meeting Minutes

Monday, 18 March 2019, 6:00 PM

Mallory Town Hall

Members Present: Chairman, J.Wey, S.J. McMahon, P. Werme, R. Hudson, J. McRoberts,
E. Hayes, J. Garcia

Members Absent: A. Jellen

Also: L. Whitney, clerk, S. Berger, B. Trott

Call to Order: Chairman, J.Wey called the meeting to order at 6:00 PM

Approval of Minutes:

Motion to approve the minutes of Regular Monthly Meeting of 25 Feb. 2019 with the following changes:

- S. Berger requested an increase in salary and hours for clerks in her budget request.
- The upcoming Community Safety Program will feature presentations by the State Trooper and the Fire Dept., not the ADA representative.

Motion to Approve 2/25 minutes with the above changes by:R. Hudson

Seconded by:J. McRoberts

Vote for: unanimous

Senior Center/Social Services Report:

B. Trott reported on the ADA Committee. They are working on a complaint form for those individuals who feel they have been discriminated against because of their disabilities. The complaint form is in the editing phase by the committee.

B. Trott reported that there is a reference book available through the Department of Justice with ADA guidelines. B. Trott will give an overview of these guidelines for the Feasibility Committee.

Mallory Town Hall has a new, ADA compliant, speaker system.

J. Wey mentioned that she was recently at a meeting at the ESF and that it was very difficult to hear the presentation.

S. Berger presented the Senior Center report. The St. Patrick's Day Luncheon was held on 13 March 2019 at the JCC. The kitchen required cleaning prior to cooking the lunch and the tables were difficult to access.

ON 13 June 2019 Kathryn, a social worker from the VNA, has been invited to speak at the Senior Center. S. Berger asked for suggestions for the speaker. S.J.McMahon suggested, "What's normal in aging?" J. McRoberts suggested, "Neuropsychology", as she attended a test being administered to a friend that tested cognitive functioning and discussed the parts of the brain used for different mental functioning. J. Wey mentioned that there is money in the budget to fund a Lunch and Learn.

S. Berger is developing a new program called "Conversations in Sherman." Periodically local community members will be invited to be guest speakers at the Senior Center. Business owners, charities, employees, community members and summer residents will be featured as guest speakers.

Old Business:

Update on the 28 April 2019 showing of the documentary, *Aging in America*, with a speaker at the library. J. Wey presented the flyer from the library for the COA to approve. S.J. McMahon recommended adding the word SUNDAY before the date on the flyer.

R. Hudson made a motion for the COA to provide 2 cases of water for the event. The library may be providing cookies.

The motion was seconded by S. J. McMahon.

Vote For: Unanimous

R. Hudson will pick up the water at the IGA for the event.

The library will distribute the flyer and advertise the showing on the town website. Flyers will also be posted at the Senior Center.

There were no updates on the Feasibility Committee. Updates are expected after the Board of Selectmen meeting (where it will be discussed) on 28 March 2019.

The Senior Art Show is scheduled to run from 29 Aug. 2019 through 9 Oct. 2019. The opening reception is scheduled for 7 Sept. 2019 from 4:00 PM - 6:00 PM, pending Library Board approval. J. McRoberts made a motion for the COA to provide food for the reception.

R. Hudson seconded the motion.

Vote For: Unanimous

Each COA member will donate a bottle of wine for the reception.

S. Berger presented the flyer from 2 years ago and will update it and place it on the back page of the Senior Center newsletter. The first flyer will make an appeal for artists (55 and older) to participate, the next flyers will advertise the show.

The COA and the library have the waivers necessary for the art work.

New Business:

The COA reexamined the 2018 By-Laws. Changes were needed to Part F due to the town ordinance regarding the commission. A motion was made by S. J. McMahon to amend Part F of the by-laws to read:

Members of the Commission shall be residents of Sherman. All members shall be appointed by the Board of Selectmen. The members so appointed shall be persons interested in the needs and well-being of aging. The membership shall be composed of at least seven (7) but not more than nine (9) members with the First Selectman as an ex-officio member without voting authority.

The motion was seconded by J. McRoberts.

Vote For: All

Amended by-laws will be submitted to the Board of Selectmen and posted on the town look it over and suggest website. The Town Hall Directory of Sherman Resources needs to be updated. COA members were asked to check it for any changes necessary, time permitting. A formal updating will be done after the art show.

Comments by Commissioners:

Adjournment:

R. Hudson moved to adjourn the meeting at 7:20 PM

E. Hayes seconded the motion

Meeting was unanimously adjourned

The next meeting will be 15 April 2019 at 6:00 PM

Respectfully submitted by,

Linda Whitney

18 March 2019

