

# Town of Sherman Commission On Aging

Monthly Meeting Minutes  
Monday, January 27, 2020, 4:00 PM

**Members Present:** Chairman—Janet Wey, Lynda Lee Arnold, Rick Hudson, Jeanne McRoberts, A. von Plachecki

**Members Absent:** J. Garcia, C. Sperling, E. Hayes, Sheila J. McMahon,

**Also present:** Beth Trott - Sherman Social Services; Suzette Berger - Sherman Senior Center; M. MacKinnon - clerk; and an audience of four.

**Call to Order Chairman, J. Wey called the meeting to order at 4:02 PM**

## **Approval of Minutes**

**Motion to approve** the minutes of the regular monthly meeting of 18 November 2019 by J. McRoberts.

**Seconded by:** R. Hudson.

**Vote for:** unanimous

## **Senior Center Report by S. Berger**

- an intern named Elona will be completing a 13-week, 8 hours per week, assignment with the Senior Center and was advised that her skills are needed for revisions to the “Directory of Sherman Resources” flyer.
- a Tai Chi instructor will be providing classes this year.

## **Social Services Report by B. Trott:**

- B. Trott, J. Wey and Catharine Cooke attended a “Livable Communities for All Ages: Moving Forward in Connecticut” forum, Nov 20th in Southbury, CT. There were several presentations, including “
- An AARP grant of \$2,000 is available to communities to host a “Community Conversation” with relevant stakeholders. The purpose is to help seniors safely age in place. Loryn Ray, Woodbury’s Senior Services Director, reported this event had been a great success in that town. B. Trott suggested the AARP grant be pursued and added AARP will send a facilitator a “Community Conversation.” J. Wey suggested the event be tentatively planned for the fall, and that AARP would need sufficient notice if Sherman holds the event.

Action item: B Trott to ask AARP how much lead time they need.

**Old Business:****Update: “Directory of Sherman Resources”—form a committee**

R. Hudson confirmed the current directory format cannot be updated. J. Wey asked R. Hudson and J. McRoberts to be on the committee. C. Sperling will be contacted as well. S. Berger suggested a committee member meet with her intern once revisions have been decided upon.

**Report from Feasibility Committee**

The committee met and looked at the McAward property as a possible location. B. Trott spoke with Ron Cooper who confirmed the property is zoned A3, which is both commercial and residential, but is not within the historic district. S. Berger, B. Trott and J. Wey will meet with the Sherman School Architect and members of the School Board on Jan. 29th to explore use of a portion of the school as a future Senior Center.

**Possible dates, times, places to show documentary "Coming of Age in Aging America"**

Another screening will be offered on March 24th at 11:30 AM.

**New Business:****2020-2021 COA budget to Town—keep at \$2,000**

A von Plachecki made a motion to keep the budget at \$2,000.

**Seconded by:** J. McRoberts

**Vote for:** unanimous

**Any new business that comes before COA**

S. Berger announced a Census Bureau representative will provide a presentation on precautions seniors should take when a census is being conducted.

**Comments by Commissioners:****Public Comment:**

- in response to the audience the following information was given:
  - Senior Housing questions should be addressed with the Housing Commission, which meets at 5:00 PM.
  - the COA meeting schedule and minutes are posted on the Town website.
  - the feasibility committee may not conclude its work for another six months.

**Adjournment:**

R Hudson **moved to adjourn the meeting at 4:57 PM**

J McRoberts **seconded the motion.**

**Meeting was unanimously adjourned.**

Respectfully submitted by Michele MacKinnon  
28 January 2020

Next meeting: 24 February 2020 at 4:00 PM