

Minutes of Senior Services Commission  
Meeting of March 1, 2023  
Kallsen Conference Center

CALL To ORDER:

The Tinley Park Senior Services Commission meeting was called to order at 3:01 p.m. by Chairman Bob Hayes.

ROLL CALL:

Commissioners Present: Bob Hayes, Chairman  
Andy Ashmus  
Sam Avalos  
Phyllis Groberski  
Marisa Harrison  
Vicki Hayes

Denise Maly-Politano, Commission Secretary  
Trustee William Brady

Absent: Celeste Figliulo  
Theresa Flowers  
Roxane Tyssen, Senior Center Administrator

**APPROVAL OF AGENDA:**

After a revision to the Agenda made by Commission Secretary Denise Maly-Politano, Chairman Bob Hayes declared the Agenda approved.

**APPROVAL OF MINUTES:**

Motion made by Vicki Hayes, seconded by Marisa Harrison, to approve the January 4, 2023 minutes of the Senior Services Commission meeting.

**REPORTS:**

**Senior Center Updates and Reports (Roxane Tyssen)**

**A. Financial Report:**

Senior Center Administrator Roxane Tyssen provided a handout in her absence, read by Chairman Bob Hayes and Commission Secretary Denise Maly-Politano.

Postage – end up going over budget for postage. Hard copies of newsletter has been decreased to reduce costs, however, postage went up again.

Community Center budget has remaining funds. Partial desk components were approved at a prior meeting and Roxane would like to move forward with the desk. Chairman Bob Hayes did not think the desk was approved and will follow up. Marisa Harrison suggested contacting Public Works for any desks they might have in storage.

Programs & Events – Currently a balance which will be used up with the upcoming trip to Drury Lane.

**B. Membership:**

Membership remains steady.

Luncheon will be catered by Winston's in March with corned beef and cabbage.

**NEW BUSINESS:**

**1) Need for Two Different Bowls for Creamer/Sugar and Salt/Pepper**

**Roxane Tyssen** would stress that there needs to be two different bowls for creamer/sugar and another for salt/pepper as she has stated in her notes. This will help with separating the items, storage and general use when needed.

**2) Guest Speaker**

Senior Center Administrator Roxane Tyssen reported that Jen Care Senior Medical Center provided us with a guest speaker on Friday, February 24<sup>th</sup>. A medical doctor from their facility was present to discuss options they offer. Six people attended.

Jen Care is also providing us with two guest speakers on Tuesday, March 14<sup>th</sup> at 10:00 a.m. They will be providing an expert on navigating Medicare and present a Medicare 101 session. Following the presentation there will be an attorney present to discuss estate planning and sessions will be followed by a Q&A.

New to the Center will be a class led by Patricia Leeson. This class utilizes Ageless Grace fitness practices to increase mental and physical fitness among adults and seniors. Her neuroplasticity class will be held every 3<sup>rd</sup> Tuesday of the month at 1:30 p.m. Class begins March 21<sup>st</sup>.

**Game Day:**

Bingo continues to be very popular. Members love the Bingo Caller, Mark and he really gets the group participating. We continue to have our Yahtzee tournament every 4<sup>th</sup> Tuesday of the month. Generally get a decent turnout of 7-10 people.

**Outings/Trips:**

Next trip is Wednesday, March 15<sup>th</sup> to see *A Chorus Line* at Drury Lane. Lunch is included.

Some members inquired about a casino trip. Roxane is looking for someone to organize and chaperone if this trip is scheduled as she will not be able to attend.

Also looking into a trip to White Fence Farm and the possibility of members meeting there rather than having a bus. [Discussion continues on the pros/cons of having a bus to White Fence Farm.]

**Bookmobile:**

Unfortunately the Bookmobile has not been as popular as we had hoped and the library is going to discontinue the service at the senior center.

**Snacks:**

Have been purchasing healthier snack options and many of the members are noticing and appreciating it. Lower calorie items as well as items with better nutritional value have been offered.

**OLD/ONGOING BUSINESS:**

N/A

**GOOD OF THE ORDER**

Senior Center Administrator Roxane Tyssen passed along condolences for Lucy Venditti, one of the members who passed away last week.

Andy Ashmus stated that Marcie Hecht, one of the Senior Center Commissioners from a few years ago also passed away last week.

One of our Tinley Park residents will turn 101 on March 7<sup>th</sup>. The mayor's office, Trustees and the Fire and Police Chiefs have been notified. A card from the village will be sent to her.

If you are aware of any seniors in our community that will be centenarians, please be sure to let Roxane or Denise know so we can pass the information along.

If anyone has any ideas of ways the Commission and Senior Community Center can work together to create some relationships or programs that focus on the service side of our senior community, please let Roxane or Denise know so we can work together to better our senior community.

Roxane Tyssen wanted to give a shout out to Public Works. Michael and Mark came by the center on Monday and Tuesday and cleaned out the heating elements. They found a lot of debris in there and now when the heaters kick on that stuff is not going to be getting thrown back into the air.

Roxane also asked David Galati that this cleaning be put on the annual maintenance schedule along with carpet cleaning. Carpet should be cleaned in the next few months. If any of the commissioners would like to drop them a note of thanks for their extra work they can be reached at: [dgalati@tinleypark.org](mailto:dgalati@tinleypark.org) and [jurbanski@tinleypark.org](mailto:jurbanski@tinleypark.org)

### **Receive Comments from the Public**

Andy Ashmus passed on some information he received from members at the luncheon. 1) Suggestion box; 2) disappointed in the mayor not asking if they had any questions at the luncheon; and 3) disappointed with Bingo. Games are still being called when they are collecting prizes. Also disappointed to find out that the Bingo caller is being paid.

Sam Avalos thought paying the Bingo caller was a small price to pay for entertainment.

### **Adjournment**

Motion to adjourn made by Vicki Hayes, seconded by Sam Avalos, to adjourn.

Meeting adjourned at 3:40 pm.

/dmp