

## Senior Services Commission

The Senior Services Commission is charged with fostering the development of senior services within the Village, communicating to the Village Board areas concerning senior services and developing a close working relationship with local providers striving to develop a seamless network of services that define and meet the needs of senior citizens. This nine-member commission encourages the spirit of volunteerism, recognizes the contributions of senior citizens and facilitates the participation and utilization of this most valuable resource.

The Senior Services Commission meets at 3 p.m. the first Wednesday of the month in the Kallsen Center at Tinley Park Village Hall, 16250 S. Oak Park Ave. Agendas, minutes and meeting presentations are posted on the Village website.

### **Commissioners Members:**

- Bob Hayes, Chairman
- Andy Ashmus
- Samuel Avalos
- Lisa Butler
- Estelle Campos
- Celeste Figliulo
- Phyllis Groberski
- Marisa Harrison
- Vicki Hayes

**Secretary:** Denise Maly-Politano

**Trustee Liaison:** William Brady

**Staff Liaison:** Kristin Thirion

### **Senior Community Center Administrator:**

- Roxane DeVos Tyssen

## Village of Tinley Park Information:

### Tinley Park Village Hall

16250 S. Oak Park Avenue Tinley Park, IL  
60477 708-444-5000 | Fax 708-444-5099

### **STAY IN TOUCH**

**TinleyPark.org** hosts information on the latest news and events.

**Community Email** delivers weekly information to your email. Subscribe by visiting the Village website and clicking on the **“Stay Informed”** quick link.

**CodeRED:** Sign up for the Village’s Emergency Notification System at [www.tinleypark.org/StayInformed](http://www.tinleypark.org/StayInformed).

**Tinley TV** airs constantly on Comcast Channel 4 and U-verse Channel 99.



<https://www.facebook.com/VillageofTinleyPark>



<https://twitter.com/VillageTinleyPk>



Access the Youtube channel at:  
[https://www.youtube.com/channel/UCuObz0s\\_dSopQF34rdf-WOA/](https://www.youtube.com/channel/UCuObz0s_dSopQF34rdf-WOA/)  
featured



<https://www.instagram.com/villageoftinleypark/>



## Join the Senior Community Center today!

**You may become a member of the Senior Community Center and enjoy all of its opportunities if you are a resident of Tinley Park and 55 years or older.**

Join us on our **outings** to various attractions in the Chicago area. Prices are reasonable and trips are always fun. These activities have a limited number of seats, so sign up early!

***Watch out for the monthly newsletter for additional information on all activities.***

We are all interested in maintaining our health. **Free blood pressure checks** are performed by a Fire Department EMT, on the first Monday of the month from 10 - 11 a.m. at our Senior Community Center before bingo begins.

**The Senior Community Center is located in the southwest corner of the John T. Dunn Public Safety Building  
17355 S. 68th Court  
First Floor  
Tinley Park, Illinois 60477  
Phone: 708-444-5150\***

***\*Please leave a message if there is no answer, we will get back to you on the next day the Center is open\****

## Welcome to the Tinley Park Senior Community

The Tinley Park Senior Community Center offers members a variety of social events and volunteer opportunities for Tinley Park seniors 55 years and older.

**The Senior Community Center is open Mondays and Thursdays from 10:00 a.m. until 3:00 p.m.**

The Senior Center hosts a number of activities such as crafting, card and board games, dominoes, and dice games. Bring your own or use ours!

Bingo games are free and held on the **1st MONDAY** of each month. We start at 11 a.m. and play until eight games are completed. Prizes awarded. **Bring your own lunch.**

On the **3rd MONDAY** of the month we now feature Neuroplasticity Exercises utilizing the Ageless Grace practices. Come in and exercise both your body and your brain.

On the **4th MONDAY** of the month we have our monthly game tournament day. Come and play games like Yahtzee or Uno and compete for prizes.

We have a collection of books that you can cozy up with in our book nook or borrow and take home to read.

We offer complimentary coffee, tea, and snacks, **bottled water and soda are available for purchase for \$1.00 each**, during hours of operation for our members & guests.

## Member Benefits

As a member you will receive our **monthly newsletter** to keep you informed of our activities as well as trips and events.

Join us for informational programs and **guest speakers** who apprise our members about what is happening in the Village and with issues concerning our seniors. Speakers include village officials, police & fire officials, and local providers of services geared towards seniors.

Delicious and affordable luncheons are a monthly favorite and are held on the **2nd WEDNESDAY** of each month at Tinley Park Village Hall in the Kallsen Center Conference Room. Join us for some savory dishes and great conversation. Price includes a catered meal, beverage and dessert. Seats **must** be reserved in advance. The cost is \$5.00 per **member**. **There is a 65 resident Tinley Park resident member limit.** Doors open at 12-noon, **please do not** arrive before 11:45 a.m.



**Weekly Hours of Operation  
Monday and Thursday  
10:00 a.m. - 3:00 p.m.**