



2021 TROY Sports Camps



Brought to you by:
Troy Recreation Department & Troy School District

BASKETBALL

GRADES K-8

Participants to be taught dribbling, passing, shooting and movement skills. Offense and defense techniques will be included in older camps.

REQUIRED EQUIPMENT: Gym shoes and water bottle

Girls

LOCATION: Athens Aux Gym

COACH: Helfrich

Act#	Grades	Dates	Time	Fee
4702-A3	3-5	6/21-6/24	1-3:30 pm	\$100
4702-B3	6-8	6/28-7/2	1-4 pm	\$116

Boys (M-Th)

LOCATION: Troy High School

COACH: Fralick

Act#	Grades	Dates	Time	Fee
4703-A3	4-8	6/21-6/24	12-3 pm	\$116
4703-B3	4-8	7/12-7/15	12-3 pm	\$116

Junior Basketball

GRADES: K-2

COACH: Vercellino

LOCATION: Troy Union Elementary

Basic to intermediate instruction of shooting, passing, dribbling and rebounding, as well as defensive techniques.

REQUIRED EQUIPMENT: Gym shoes and water bottle

Act#	Level	Dates	Time	Fee
4704-A3	Beginner	7/12-7/16	10 am-12 pm	\$80
4704-B3	Beginner	7/19-7/23	10 am-12 pm	\$80
4704-C3	Beginner	7/26-7/30	10 am-12 pm	\$80
4704-D3	Intermediate	8/2-8/6	10 am-12 pm	\$80
4704-E3	Intermediate	8/2-8/6	12:30-2:30 pm	\$80

BASEBALL

GRADES 2-6

LOCATION: Athens High School

COACH: Priebe

Fielding, hitting, throwing and game strategies will be taught in this camp.

REQUIRED EQUIPMENT: Glove, cleats or gym shoes, water bottle. Bat optional.

Act#	Grades	Dates	Time	Fee
4701-A3	2-3	6/28-7/2	9-11 am	\$80
4701-B3	4-6	6/28-7/2	9-11:30 am	\$100

CHEERLEADING

GRADES K-8

LOCATION: Troy High School

COACH: Mularski

Learn skills needed to cheer at the middle school or high school level. Brand new cheers each year with chants, dance and skills. Stunts for older division.

REQUIRED EQUIPMENT: Gym shoes, shirt, shorts/sweat pants, and water bottle.

Act#	Grades	Dates	Time	Fee
4705-A3	K-3	7/19-7/23	9-10:30 am	\$70
4705-B3	4-8	7/19-7/23	9 am-12 pm	\$116



**REGISTER FOR GRADE
ENTERING 2021-2022
SCHOOL YEAR**

EXTREME RECESS

GRADES 3–8

LOCATION: Athens High School **COACH:** Larose

Camp is filled with the favorite recess games and fast paced fun. Swimming each day is included.

REQUIRED EQUIPMENT: Gym shoes, swimsuit, towel and water bottle.

Act#	Grades	Dates	Time	Fee
4706-A3	3–8	7/12–7/16	9 am–2 pm	\$138
4706-B3	3–8	8/9–8/13	9 am–2 pm	\$138

FAST PITCH SOFTBALL

GRADES 4–8

LOCATION: Athens High School **COACH:** Brennan

Camp for all skill levels includes fielding, hitting, throwing and game strategies. Instruction tailored to individuals ability, age, and experience.

REQUIRED EQUIPMENT: Glove, cleats or gym shoes, water bottle. Bat optional.

Act#	Grades	Dates	Time	Fee
4707-A3	4–8	7/12–7/16	9–11 am	\$80

FOOTBALL

GRADES 3–8

Footwork, passing, receiving, running and play techniques will be taught. Older age group will work on advanced techniques and skills.

REQUIRED EQUIPMENT: Cleats or gym shoes, shirt and shorts/sweat pants. Water bottle.

Troy Colts Football Camp

COACH: Frasier

Act#	Grades	Dates	Time	Fee
4708-A3	3–5	7/12–7/15	9–11 am	\$70
4708-B3	6–8	7/12–7/15	9–11 am	\$70

Athens Red Hawks Football Camp

COACH: Keenist

Act#	Grades	Dates	Time	Fee
4709-A3	3–5	6/28–6/30	9–11 am	\$60
4709-B3	6–8	6/28–6/30	9–11 am	\$60

TRACK AND FIELD

GRADES 2–8

LOCATION: Athens High School

COACHES: Epple & DuFresne

Proper form, technique and hurdle skills will be taught. All field and track events will be covered. Mini track meet on Friday.

REQUIRED EQUIPMENT: Gym or track shoes. Water bottle.

Act#	Grades	Dates	Time	Fee
4716-A3	2–5	6/21–6/25	9–11:30 am	\$100
4716-B3	6–8	7/19–7/23	9–11:30 am	\$100



GOTTA DANCE

GRADES PRESCHOOL–6

LOCATION: Gotta Dance Studio **DIRECTOR:** Sanitate

Dance program offers tap, jazz and ballet instruction. Questions? Call Dance Director Suzy Sanitate at 248.680.8722.

REQUIRED EQUIPMENT: Proper shoes and comfortable clothing

Tuesdays, June 15–July 6

Act#	Grades	Class	Time	Fee
4724-A3	Pre–K	Tap	5–5:30 pm	\$38
4724-B3	Pre–K	Ballet	5:30–6 pm	\$38
4724-C3	1–3	Ballet	6–6:30 pm	\$38
4724-D3	1–3	Jazz/Hip Hop	6:30–7 pm	\$38
4724-E3	4–6	Ballet	7–7:30 pm	\$38
4724-F3	4–6	Jazz/Hip Hop	7:30–8 pm	\$38
4724-G3	6+	Jazz/Hip Hop	8–8:30 pm	\$38
4724-H3	6+	Ballet	8:30–9 pm	\$38

Mondays, July 19–August 9

Act#	Grades	Class	Time	Fee
4712-A3	Pre–K	Tap	4:30–5 pm	\$38
4712-B3	Pre–K	Ballet	5–5:30 pm	\$38
4712-C3	1–3	Ballet	5:30–6 pm	\$38
4712-D3	1–3	Jazz/Hip Hop	6–6:30 pm	\$38
4712-E3	Pre–K	Ballet	6:30–7 pm	\$38
4712-F3	4–6	Jazz/Hip Hop	7–7:30 pm	\$38
4712-G3	4–6	Ballet	7:30–8 pm	\$38
4712-H3	6+	Jazz/Hip Hop	8–8:30 pm	\$38

RUGBY

GRADES 6–8

LOCATION: Boulan Middle School **INSTR:** Anderson

Learn game rules, skills, techniques, body position and game etiquette. Games of touch rugby will be played. For boys and girls.

REQUIRED EQUIPMENT: None

Act#	Grades	Dates	Time	Fee
4722-A3	6–8	6/21–6/25	5:30–7:30 pm	\$80

SPONSORED BY:



TROY
SCHOOL DISTRICT

Beaumont | CHILDREN'S HOSPITAL

REGISTER FOR GRADE ENTERING 2021-2022 SCHOOL YEAR

SOCCER

GRADES PRESCHOOL-5

LOCATION: Firefighters Park

COACHES: Heugh & Zawislak

Soccer Camp

Camp will work on the basics of shooting, receiving, shielding and goalkeeping.

REQUIRED EQUIPMENT: Cleats or gym shoes, shin guards and water bottle. Premier camp must bring a lunch each day.

Act#	Grades	Type	Dates	Time	Fee
4713-A3	3-5	Rec	6/28-7/2	9-11:30 am	\$100
4713-B3	3-5	Rec	7/12-7/16	9-11:30 am	\$100

Junior Soccer Camp

Jump start little soccer athletes with a fun approach to developing the basic skills.

REQUIRED EQUIPMENT: Cleats or gym shoes, shin guards and water bottle.

Act#	Grades	Dates	Time	Fee
4714-A3	Pre-K	6/28-7/2	9:30-10:30 am	\$55
4714-B3	Pre-K	6/28-7/2	10:30-11:30 am	\$55
4714-C3	1-2	6/28-7/2	10-11:30 am	\$70
4714-D3	Pre-K	7/12-7/16	9:30-10:30 am	\$55
4714-E3	Pre-K	7/12-7/16	10:30-11:30 am	\$55
4714-F3	1-2	7/12-7/16	10-11:30 am	\$70

SPEED & AGILITY (ALL SPORTS)

GRADES K-8

LOCATION: Athens Football Field

COORDINATOR: Dawood

Increase speed to outrun opponents, break away from defenders. Increase agility to improve reaction to opponents. Increase total body strength for improved performance.

REQUIRED EQUIPMENT: Practice clothes, running shoes, water bottle.

Act#	Grades	Dates	Time	Fee
4715-A3	K-8	7/19-7/22	9-11:15 am	\$90

SYNCHRONIZED SWIMMING

GRADES 5-12

LOCATION: Troy High School

COACH: Uchwal

Synchronized swimming is like dancing in the water. This sport combines grace and flexibility with strength and power. Learn specific elements called figures and routines to music.

PREREQUISITE: Swimmers must be able to swim 4 laps of the pool (100 yards) without stopping and be able to tread water for 30 seconds. Please specify experience when registering.

REQUIRED EQUIPMENT: One-piece swimsuit, goggles, and towel. Swim caps suggested.

Act #	Grades	Dates	Time	Fee
4717-A3	5-12	7/12-7/16	6:30-8:30 pm	\$80

TENNIS

GRADES 1-6

LOCATION: Troy High Tennis Courts

COACH: Miska

Learn the fundamentals of tennis: Proper techniques, grips, movement and development of large motor skills.

REQUIRED EQUIPMENT: Tennis racquet

Act#	Grades	Dates	Time	Fee
4725-A3	1-3	6/28-7/2	9-10 am	\$55
4725-B3	4-6	6/28-7/2	10-11:30 am	\$70
4725-C3	1-3	8/2-8/6	9-10 am	\$55
4725-D3	4-6	8/2-8/6	10-11:30 am	\$70

VOLLEYBALL

GRADES 3-8

LOCATION: Athens High School

COACH: Gilbert/Williams

Participants will be taught the basic skills of volleyball including passing, serving, hitting and game strategies. Groups will be divided by ability.

REQUIRED EQUIPMENT: Gym shoes, knee pads and water bottle.

Act#	Grades	Dates	Time	Fee
4718-A3	6-8	7/19-7/23	1-4 pm	\$116
4718-B3	3-5	7/5-7/9	1-4 pm	\$116

ATHLETIC TRAINERS

GRADES 9-12

LOCATION: Athens Training Room

COACH: Baines

Workshop to learn the basics of athletic training, anatomy, injury evaluation, taping, wrapping and first aid. First aid/CPR certificates upon completion.

REQUIRED EQUIPMENT: Bag lunch each day. Includes one hour practice session.

Act#	Grades	Dates	Time	Fee
4700-A3	9-12	8/2-8/6	9 am-2:30 pm	\$138

GOLF

GRADES 3-7

LOCATION: Sanctuary Lake Golf Course

COACH: Toski, Director of Instruction SLGC

REQUIRED EQUIPMENT: Clubs, shoes (gym or golf). No sandals. Clubs available if needed.

Junior Golf Camp - 2½ Hours

Junior camp is designed to introduce golf to new players and develop skills of experienced players. Practice balls and greens fees are included. Tournament held on the last day of camp (extra hour).

Act#	Grades	Dates	Time	Fee
4710-A3	3-7	6/28-7/2	8:30-11 am	\$175
4710-B3	3-7	7/12-7/16	8:30-11 am	\$175
4710-C3	3-7	7/19-7/23	8:30-11 am	\$175
4710-D3	3-7	7/26-7/30	8:30-11 am	\$175
4710-E3	3-7	8/2-8/6	8:30-11 am	\$175
4710-F3	3-7	8/9-8/13	8:30-11 am	\$175
4710-G3	3-7	8/16-8/20	8:30-11 am	\$175

GENERAL SPORTS CAMP INFORMATION

The Troy Recreation Department and the Troy School District are once again offering youth sports camps this summer. All camps are coordinated by a “Blue Ribbon” coaching staff including many state and area Coach of the Year recipients. Visit rec.troymi.gov/camps for more information.

Staff to Camper Ratio: Sports Camps 1:10

Medical Information: If your son/daughter has a medical condition that may affect their participation in the camp program, please make a note on the registration form (allergies, etc.) and inform the instructor on sight.

Required Equipment: For some of the camps, equipment may be required by the participant. Please see the description under the camp for requirements.

Inclement Weather Policy: In case of rain, please call our weather hotline at 248.689.9756. Each camp will discuss their weather procedure the first day. Check for weather cancellations at rec.troymi.gov/weather.

Text/Email Alerts to your Mobile Device: Receive the weather updates you need for your outdoor program right to your mobile device. Visit rec.troymi.gov/alerts. Using the drop down arrow, choose either text alert or email alert. Select to receive one or all of the following alerts: “Recreation Weather Updates”, “Troy Family Aquatic Center Weather Updates”, or “Recreation Alerts” (which would include the Recreation Dept and Community Center programs/events).

Camp Includes: In addition to quality instruction, each camper receives an official Troy Sports Camp t-shirt and a participation certificate. Some camps include a ball to keep.

Registration: All sports camp registrations are open now. Visit rec.troymi.gov/registration to register online or create your household ID. You may also register in person at Troy Community Center. Call 248.524.3484 during admin hours. Phone registrations are NOT accepted. Only Visa and Mastercard are accepted. Some camps have limited enrollments.

Refunds/Transfers: The following refund policy applies to all the programs unless otherwise noted:

- All refunds will be assessed a \$10 administrative fee.
- Refunds will only be granted if requested at least five business days prior to start of class, activity, or camp.
- All refunds/transfers requested after the five-day period must be accompanied by a doctor's note.

Covid-19 protocols will be in place for all camps. This may include limited numbers, masks required, and more depending on the camp. More info at rec.troymi.gov/camps.

1. **Firefighters Park**, 1800 W. Square Lake Rd. Soccer
2. **Troy High School**, 4777 Northfield Pkwy. Boys Basketball, Cheerleading, Football, Tennis, Synchronized Swimming
3. **Boulan Middle School**, 3570 Northfield Pkwy. Rugby
4. **Sanctuary Lake Golf Course**, 1450 E. South Blvd. Golf
5. **Athens High School**, 4333 John R Rd. Girls Basketball, Baseball, Extreme Recess, Fast Pitch Softball, Football, Track & Field, Athletic Trainers, Speed & Agility (all sports), Volleyball
6. **Troy Union Elementary**, 1340 E Square Lake Junior Basketball
7. **Gotta Dance Studio**, 5953 John R Rd.
8. **Troy Community Center**, 3179 Livernois Rd.

