

Safe Routes Coordinators work with schools, youth organizations and community groups that want to increase physical activity and encourage safe walking and bicycling habits for youth and their families.

## Elementary and Middle School level programs:

- **Pedestrian & Bike Traffic Safety** –Students learn safety rules of the road. How to navigate to and from school or around their neighborhoods.
- **Helmets & Hand Signals** – Learn why it is important to wear a properly fitting helmet with demonstration activity. Students also learn the importance of communication with vehicle traffic using hand signals.
- **Bike Skills Course** - aka bike rodeo- Students move through stations understand basic bike maintenance, balance and control, intersection crossing, traffic signals, hand signals and more. Advance riders may partner this with a group ride.
  - *This is not a learn to ride course however trikes, bikes, or scooters can all be used to help build rider skills and confidence.*
- **Place It! Workshop**- A model building transportation journey through the senses and experiences. Can be used as a lesson in transportation planning and engineering or environmental sustainability that focuses on active and shared transportation.

Meet with a coordinator to customize a program to fit your goals. Most programs can meet remotely some are best in person. Loaner kits with activity guides are also available by request for self lead programs with coordinator support.

## School and Community Initiatives:

- Walking School Bus and Bike Trains
- School Traffic Safety or Wellness Plans
- PTO and student leadership projects
- Community education and awareness events
- Walk & Bike to School Days
- Bike Month activities
- Winter Walking Challenge

**Safe Routes to School Coordinator**

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